Entering his tenth season as head coach at Old Dominion University, Mitch Brindley has solidified his place among the nation’s best sailing coaches.

The Monarchs were able to repeat as the ICSA Women’s Singlehanded Champions last year, giving ODU their 14th national title and Anna Tunnicliffe a spot in the ODU history books as she became the first Monarch sailor ever to win back-to-back women’s singlehanded championships. In 1997-98 Brindley guided his teams to national titles in the ICRYA Team Race and the ICRYA Co-ed Dinghy Championships. As both a crew member and coach, Brindley has been directly involved in obtaining eight of Old Dominion’s 14 national championships. He is currently the President of the Inter-Collegiate Sailing Association (ICSA), the national governing body for collegiate sailboat racing.

Brindley formerly served as an assistant coach at Old Dominion for four years under former head coach K.C. Fullmer, who left the program in 1995. As an assistant, Brindley helped guide the Monarchs to a sloop national championship in Hawaii in 1992.

As a competitor for Old Dominion, Brindley was twice named team captain and twice selected to Sailing World’s All-Star Crew. He crewed for the Monarchs when they won the ICRYA Sloop Nationals in 1988, the Dinghy National Championship team in 1989, and the team’s fifth place finish in the Team Race National Championship in the spring of 1989.

Despite the demands of coaching, Brindley remains an active competitor in national and international sailing. The Sugarland, Texas native graduated from Old Dominion in 1989 with a degree in economics. He and his wife Dawn currently reside in Smithfield.
One of the premier collegiate sailing programs in the nation, the Old Dominion sailing team will look to continue their winning ways in 2004-05.

The Monarchs captured their 14th national championship last year, as Anna Tunnicliffe (Perrysburg, OH) became the first Monarch sailor ever to win back-to-back ICSA Women’s Singlehanded National Championships. Tunnicliffe was a finalist for the Quantum Award last year, which is given annually to the best female collegiate sailor. A member of the U.S. National Sailing Team and a 2004 U.S. Olympic Trials participant, look for Tunnicliffe to be the leader of a very talented ODU squad. Despite the graduation of fellow All-American Cara Gibbons-Neff, the women’s team will once again look strong.

The Monarchs will be a young team in 2004-05, with 13 newcomers joining the team in the off-season. ODU will look for the upperclassmen to guide the team to success. Watch for Emily Bartlett (Annapolis, MD), Michael Collins (Bayport, NY) and Shannon Kernan (Virginia Beach, VA) to be the freshmen to have an immediate impact on the team.

Bartlett should compete for starting time as crew, with her tremendous experience. She should be a valuable light-air crew for the Monarch squad. Michael Collins has a good array of skills and will look to be a skipper. Collins will look to compete in several of the higher tier regattas this season. Shannon Kernan is new to the sport, but has picked it up quickly and should be able to translate her athletic ability to success on the waters.

“There’s definitely an interesting dynamic in having a large freshman class,” Head Coach Mitch Brindley says. “We’re going to look to our starting skippers and their good leadership to help educate the newcomers.”

Seniors Anna Tunnicliffe, Christabelle Fernandez (Virginia Beach, VA) and Maureen Castruccio (Pleasanton, CA) will be the leaders of the women’s team. Anna Tunnicliffe will once again serve as the women’s team captain. Last season, Tunnicliffe and Fernandez paired up for several victories in A division, and will be looked upon to continue their chemistry this season.

“Anna and Christabelle have so much time sailing together,” Brindley say, “and they form a very good team.”

Seniors Bill Berg (Longwood, FL) and Vincent Fontimayor (Virginia Beach, VA), as well as Junior Charles Higgins (Arlington, TX) will be the leaders of the men’s team. Bill Berg will serve as team captain once again. Sophomore David Tunnicliffe (Perrysburg, OH), a very diverse sailor, will be looked to have an increased role in the team this year, particularly in the singlehanded events.

The Monarchs will once again compete in some of the toughest regattas in collegiate sailing. Competing in one of the toughest districts in the country—The Middle Atlantic Intercollegiate Sailing Association—ODU will face tough squads from perennial powers Hobart/William Smith, Navy, St Mary’s and Georgetown among others. In non-district action, ODU will face competition from Yale, College of Charleston, Tufts, Harvard and many others.

With the infusion of new talent into the Monarch sailing program, ODU will count on a very talented core group of upperclassmen to carry the team to continued prosperity this season.
Samantha Ficksman returns to the Monarchs for her second year as an assistant coach, under Head Coach Mitch Brindley.

Ficksman helped the Monarchs win the Women’s Intersectional during her sophomore year. She received the All-Star Crew, All-American andICYRA Sportsman of the Year awards during her collegiate days.

Samantha re-joined the Monarchs last season after spending the 2003 summer as a sailing instructor at the J. World Sailing School in Annapolis, MD. She is a certified sailing instructor and Coast Guard captain. Samantha previously piloted various boats around the nation for both commercial and private interests.

Samantha graduated from ODU with a degree in recreation & leisure studies in 1996 and currently resides in Virginia Beach.

**Trophy Case**

- 1996  Women’s Dinghy North America’s 4th B Division: 4th with crew Shelly Caplan  
  Team Race North America’s: 4th
- 1995  Team Race North America’s: 4th
- 1994  Women’s North America’s crewing with Christine Accetella
EMILY BARTLETT

Career: Was a sailing crew member of the Annapolis Yacht Club Junior Race Team, under the direction of Ted Kazmarski in 2002... This past summer, she finished 5th of 120 in the Falmouth Regatta, 6th of 120 at Buzzards Bay, 1st out of 120 at Hyannis and 7th out of 10 at the Sears Cup...Personal: Born October 22, 1986... Daughter of Jonathan and Molly Bartlett... Has a sister, Ann (15)... Favorite movie is "A League of their Own"... Is related to Josiah Bartlett, signer of the Declaration of Independence... Majoring in Art.

BILL BERG

Career: 2003-04: Finished 3rd in the Navy Laser Open in the fall... Placed 4th in C division in the Nevin's Trophy... Helped the Monarchs to a 3rd place finish at the John Jackson Memorial Team Race in the spring... 2002-03: Recorded a sixth place finish at the Laser Qualifier... Helped his crew finish second in the B Division at the Navy Fall Intersectional... Skipped the A Division team to an eighth place finish in the Atlantic Dinghy... Captured a fifth place finish at the Georgetown Team Race regatta... 2001-02: Teamed with Jack Kerr to place first at NY Maritime Open... Also won the War Memorial in October with Funk and Biondi... His A division team finished 2nd at the Truxtun Umsted regatta... Member of the ODU team that finished 4th at the Dinghy National Championships... Also played golf at Bishop Moore High School in Orlando, FL... Personal: Born September 9, 1982... Son of Bill and Karen Berg... Has two older sisters, Nicole (32) and Kristen (29)... Favorite sports personality is Bob Costas... Favorite movie is "Napoleon Dynamite"... Majoring in Business Marketing and Sports Management.

MAUREEN CASTRUCCIO

Career: 2003-04: Finished 6th in the MAISA Women's Singlehanded Championship in the fall... Teamed with Rachel Wright to finish 4th in B division at the Stu Nelson regatta... Teamed with Stefanie Dyer to finish 2nd in A division at the MAISA/SAISA... Finished 3rd in B division at the MAISA Women's Dinghy Championship, along with Cara Gibbons-Neff and Cara DiSanti... 2002-03: Collaborated with Capozzi to obtain second place finishes at the Navy Women's Intersectional, third at the Charleston Spring Women's, and fourth place at the Tufts Spring Women's regattas... Prep: Member of the Amador Valley swim team for two years... Personal: Born April 3, 1983... Daughter of Tony and Jane Castuccio of Pleasanton, CA... Has one sister, Meghan (18) and brother, Michael (16)... Favorite movie is "Zoolander"... Favorite book is "Where the Red Fern Grows"... Majoring in Finance.
Michael Collins

Career: Was a four-year letterwinner in winter track in high school...Competed at states in spring track...Was on the cross country team for a season. Personal: Born September 5, 1986...Son of Timothy and Kathleen Collins...Has a sister, Erin (21)...Works as a sailing instructor during the summer...Favorite movie is "Dumb and Dumber"...Undecided on major.

Federico de la Puente Gomez

Career: 2003-04: Had a solid first year campaign for the Monarchs...Helped the Monarchs to a 5th place finish in the MAISA Team Race Open...Crewed at the MAISA Team Race, as ODU finished 4th...Teamed with Ben Pongrantz to finish 2nd in B division at the CNU Open...Prep: Accomplished sailor from Spain...Began sailing in 1988...Placed 11th at the Spanish Cadet Cup in 2001...Placed 10th at the Spanish Cadet Championship in 2001...Personal: Born December 11, 1983...Son of Federico de la Puente Haroto and Marjurita Gomez Latonne...Has two brothers, Eduardo (18) and Ricardo (12)...Enjoys modeling, soccer and computer games...Favorite book is "Nuclear Panic" by Tom Clancy...Majoring in Computer Science.

Cara DiSanti

Career: 2003-04: Teamed with Ryan Kozoriz to place 5th in the B division at the MAISA Freshman regatta and 3rd in B division at the MAISA/SAISA regatta...Placed 3rd in B division at the MAISA Women’s Dinghy Championship, with Maureen Castruccio and Cara Gibbons-Neff...Teamed with Stefanie Dyer to finish 1st in B division with the ODU Silver team at the Henry Luce Trophy...Prep: Played soccer, softball and winter track in high school...Was a strong regional sailor in Long Island...Sailing instructor during the summer...Enjoys hanging out with friends, sports, music and snowboarding...Personal: Born September 24, 1985...Daughter of Mark and Susan DiSanti...Has a sister, Catie (15)...Favorite movie is "Biodome"...Majoring in Civil Engineering Technology.
Stefanie Dyer

Career: 2003-04: Made great strides in first year with sailing team...Won A division with Tom Lewin at the Hanbury...Placed 1st with Cara DiSanti in B division, on the ODU Silver squad at the Henry Luce Trophy...Took first with Shane Vanstrom and Wade Schon at the CNU Open...Placed 2nd with Maureen Castruccio in A division at the MAISA/SAISA...Prep: Joins the Monarch sailing team from nearby Bayside High School...Should gain valuable experience as a crew...Competed on tennis and swimming teams during high school...Personal: Born November 8, 1982...Daughter of Scottie and Spring Dyer...Enjoys playing tennis...Favorite movie is “Die Hard III”...Majoring in Math Education.

Christabelle Fernandez

Career: 2003-04: Teamed with Anna Tunnicliffe for much of the season...Placed first with Tunnicliffe in A division at the Navy Fall Women’s Intersectional, the MAISA Women’s Fall Intersectional, the SMC Women’s Intersectional and the MAISA Women’s Dinghy Championships...Placed third with Tunnicliffe and Michael Smith in B division at The America Trophy...Prep: Joins the Monarch sailing team from nearby Bayside High School...Should gain valuable experience as a crew...Competed on tennis and swimming teams during high school...Personal: Born June 3, 1983...Daughter of Angelito and Dorothea Fernandez...Member of the National Honor Society at Salem...Favorite movie is “Eurotrio”...Majoring in Psychology and Communications.

Vincent Fontimayor

Career: 2003-04: Was a valuable member of the Monarch team that finished 3rd at the ODU-hosted Aaron Szambecki Team Race, 4th in the MAISA Team Race, 5th in the Bob Bavier Team Race and teamed with Wade Schon to finish 4th in B division at the Tom Curtis regatta...Prep: Fontimayor is joining the Monarch sailing team from nearby Tallwood High School in Va. Beach...Member of the wrestling team at Tallwood...Personal: Born October 20, 1982...Son of Dante and Veronica Fontimayor of Va. Beach, VA...Has two brothers, Dan Alex (23), and Kyle (12)...Named to THE VIRGINIAN-PILOT Scholastic Achievement Team in high school...Favorite movie is “Office Space”...Majoring in Electrical Engineering Technology.
Brendan Gay

- Crew
- Freshman
- Owings, MD
- Northern

Career: At Northern High School, competed on the lacrosse team in the midfield position for three years, was a cornerback/receiver on the football team for a season and ran cross-country for a year…Was an active competitor in youth events on the Chesapeake Bay…Personal: Born August 12, 1986…Son of William and Robin Gay…Works as a sailing instructor during the summer…Majoring in Civil Engineering.

Charles Higgins

- Skipper
- Junior
- Arlington, TX
- Lamar

Career: 2003-04: Placed sixth in the Navy Laser Open…Teamed with Christabelle Fernandez to finish sixth in A division at the St. Mary’s Open…Placed 12th in the MAISA Men’s Singlehanded Championship…2002-03: Made an immediate impact during his rookie season by placing first in the A Division at the Hampton Bay Days regatta in September…Teamed with Marriner to finish first at the Old Dominion Open, third at the Tom Curtis regatta, and fourth at the MAISA Freshman regatta…The duo also had a third place performance at the MAISA/SAISA…Prep: Played soccer and golf at Lamar High School in Arlington, TX…Personal: Born April 29, 1984…Son of Finlay and Deborah Higgins of Arlington, TX…Works as a sailing instructor during the summer…Favorite sports personality is Howard Cossell…Goal in life is to compete in the America’s Cup…Majoring in Business Management.

Shannon Kernan

- Crew
- Freshman
- Virginia Beach, VA
- Va. Beach Friends School

Career: Competed on the high school swimming team for four years and played forward on the basketball team for three seasons…Personal: Born August 19, 1986…Daughter of Joe and Jan Kernan…Has one brother, Sean (21)…Enjoys boats and being at the beach…Undecided on major.

Ryan Kozoriz

- Crew
- Sophomore
- Yorktown, VA
- Tabb

Career: 2003-04: Joined the Monarchs for his first season…Teamed with Ben Pongratz to finish 2nd in B division at the Hanbury…Finished 5th with Cara DiSanti in B division at the MAISA Freshman…Teamed with Shane Vanstrom to finish 3rd in B division on the ODU Blue team at the Henry Luce Trophy…Partnered with Cara DiSanti to finish 3rd in the spring MAISA/SAISA regatta…Personal: Born June 9, 1985…Son of C. Paul and Judy Kozoriz…Has a brother, Justin (16)…Interned at NASA during the summer…Favorite book is “The Long Walk”…Majoring in Mechanical Engineering.
THOMAS LEWIN

• Skipper • Newport News, VA
• Sophomore • Heritage

Career: 2003-04: Teamed with Ryan Kozoriz to finish 2nd in B division at the Hanbury and 3rd in A division at the Tom Curtis Cup...Competed on the Monarch team that finished 5th in the Washington College MAISA Team Race Open...Prep: Sailed for four years in high school...Named best sailor two years...Also played lacrosse and hockey...Personal: Born February 26, 1985...Son of Tom and Dian Lewin...Has a brother, Tim (16), and a sister, Deandra (13)...Enjoys sailing, skateboarding and skiing...Works as a sailing coach during the summer...Favorite sports personality is Terrell Owens...Favorite movie is "Zoolander"...Undecided on major.

BRIAN MCEWING

• Skipper • Cape May, NJ
• Sophomore • Lower Cape May

Career: Was a three-year letterwinner in soccer and two-year letterwinner in tennis at Lower Cape Mary High School...Personal: Born July 31, 1985...Son of Brian and Lori McEwing...Has a brother, Ian (15)...Favorite movie is "Vanilla Sky"...Favorite book is "The Things They Carried"...Majoring in Political Science.

JOSEPH TYLER OBARA

• Crew • Yorktown, VA
• Freshman • Grafton

Career: Lettered in swimming for four years at Grafton High School, where he was the team captain in 2003-04...Placed 15th in the State AA swim meet during the 2002-03 season...Personal: Born October 16, 1985...Son of Clifford and Anne Obara...Has a sister, Emily (15)...Works as a swimming coach during the summer...Favorite movie is "Good Will Hunting"...Majoring in Computer Engineering.

BEN PONGRATZ

• Skipper • Newport News, VA
• Senior • Heritage

Career: 2003-04: Teamed with Ryan Kozoriz to finish 2nd in B division at the Hanbury...Placed 2nd in B division at the CNU Open with Federico de la Puente Gomez...2002-03: Took first at the Hampton Bay Days regatta in September...Finished fourth in the B division at the Washington Fall Open...Placed fourth in the B Division at the Robert P. Arrigan Memorial regatta. Prep: Sailed for three years at local Heritage High School in Newport News, VA...Also a member of the golf and swimming teams...Will bring talent as a skipper to add depth to the Monarch squad...Personal: Born May 3, 1982...Son of George and Susan Pongratz of Newport News, VA...Has on brother, Paul (26), and one sister, Elizabeth (19)...Named to the National Honor Society in high school...Favorite movie is "Old School"...Works as a sailing teacher during the summer...Majoring in Civil Engineering.
WADE SCHON

• Skipper/Crew • Millington, NJ
• Sophomore • Seton Hall Prep High

Career: 2003-04: Had impressive freshman season for the Monarchs, acting as the heavy-air crew in many regattas...Teamed with Vincent Fontimayor to finish 4th in B division at the Tom Curtis Cup...Placed third in A division at the War Memorial, with Jack Kerr and Cara Gibbons-Neff...Helped win the A division at the CNU Open with Shane Vanstrom and Stefanie Dyer...Competed on the ODU team that finished 4th at the MAISA Team Race Championship...Prep: Was on the soccer and wrestling teams during high school...Personal: Born June 27, 1984...Son of Michael and Denise Schon...Has three brothers, Matthew (15), Dave (15), and Greg (11)...Enjoys sailing, skiing and water skiing...Sails and hikes during the summer...Most impressive person met is Shaquille O'Neal...Majoring in International Business.

MICHAEL SMITH

• Crew • Newport News, VA
• Junior • Menchville

Career: 2003-04: Teamed with Jack Kerr and Cara Gibbons-Neff to finish 3rd in A division at the Hobart/William Smith Fall Intersectional...Placed 4th with Ignacio Saralegui in B division at the Hoyt Trophy...Helped ODU place 3rd at the John Jackson Memorial Team Race...Served as the heavy-air crew with Anna Tunnicliffe and Christabelle Fernandez in B division of The America Trophy...2002-03: Teamed with Ignacio Saralegui and Vincent Fontimayor to take first in B division at New York Maritime Open...Teamed with Rebecca Legge to finish 6th in B division at the MAISA Freshman competition...Prep: Was a member of the sailing team at Menchville for three seasons...Personal: Born June 6, 1983...Son of Johnny and Diane Smith of Newport News, VA...Has one sister, Elizabeth (26)...Works as a sailing instructor and gives swimming lessons during the summer...Made the ODU Dean's List during freshman year...Favorite movie is “Willow”...Majoring in Electrical Engineering.

LISA SHAPIRO

• Crew • Reston, VA
• Freshman • Oakton

Career: Joins the Monarchs squad from Oakton High School...Sailed recreationally...Personal: Born March 30, 1986...Daughter of Carl and Helene Shapiro...Has two sisters, Marianne (19), and Alanna (8), and one brother, Jason (15)...Favorite movie is “Troy”...Majoring in Interdisciplinary Studies.
### ANNA TUNNICLiffe

**Career: 2003-04:** Tunnicliffe made history during her junior year, becoming the first Monarch sailor ever to win back-to-back ICSA Women’s Singlehanded National Championships, accomplishing the feat in November...Placed 1st with Christabelle Fernandez in A division at the MAISA Women’s Dinghy to secure ODU’s spot at the ICSA Women’s Championship...Won the MAISA Women’s Singlehanded Championship...Placed 1st with Christabelle Fernandez in A division at the Navy Fall Women’s Intersectional...Helped lead Monarchs to victory at the Stu Nelson regatta, winning A division with Fernandez... Took 1st with Fernandez in A division at the MAISA Women’s Fall Intersectional...In the spring, partnered with Fernandez for 1st place finish in A division at the SMC Women’s Intersectional...Placed 4th in the Europe Class division of the U.S. Olympic Trials, making the U.S. National Team...Named Women’s Sailing Team MVP...**2002-03:** Tunnicliffe had a very successful sophomore campaign winning ODU’s first North American Women’s Singlehanded Championship in November...Named a finalist for the Quantum Award, given to the nation’s top female skipper...Had third place finishes in the District Dinghy and the District Singlehanded Championships...Recorded a first place finish at the BYO Radial regatta in September...Partnered with Fernandez to finish second at the Women’s Fall Intersectional, third at the St. Mary’s Women’s Intersectional, and fifth at the Stu Nelson Trophy regattas...Led her squad to a fourth place finish at the Georgetown Team Race regatta in March...**2001-02:** Turned heads with a third place showing at the BYO Radial last fall...Teamed with Liz Biondi to finish second at the Navy Fall Intersectional...First victory came at the MAISA Freshman regatta at Old Dominion...Also won the Navy Women’s Intersectional...Part of the B Division squad that helped win the National Championship...Played a large role in the Monarchs’ success this year despite her rookie status... Participated in cross country, track and swimming while at Perrysburg...**Personal:** Born October 17, 1982...Daughter of Paul and Joanna Tunnicliffe...Has one brother, David (19)...Always wears her lucky bathing suit in competition...Goal in life is to win Olympic Gold in sailing...Majoring in Accounting and Decision Sciences.

### DAVID TUNNICLiffe

**Career: 2003-04:** Placed third in the Navy Laser South in the fall...Teamed with Maggie Graham to finish 2nd in A division on the ODU Blue team at the Henry Luce Trophy...Finished 6th in D division at the Navy Fall Intersectional...**Prep:** Tunnicliffe was a three-sport competitor in high school...Spent four years on cross country and track teams...Spent three years on the swimming team...**Personal:** Born October 14, 1984...Son of Paul and Joanna Tunnicliffe...Brother of fellow skipper Anna Tunnicliffe (21)...Works as a lifeguard and sailing coach during the summer...Favorite movie is “Monty Python”...Majoring in Accounting and Management.
2004

SAILING ACTION

Halloween Practice 2004
OLD DOMINION
ALL-AMERICANS

1982-83
K.C. Fullmer (All-American)

1984-85
Stacy Ench (All-Star Crew)

1985-86
Stacy Ench (All-Star Crew)
James C. Malm (Honorable Mention)
Mike Martin (Honorable Mention)

1986-87
April Eliot (All-Star Crew)
Terry Hutchinson (All-American)
James C. Malm (Honorable Mention)
Jim Weber (All-American)
Flurry Normann (All-American)

1987-88
Mitch Brindley (All-Star Crew)
Terry Hutchinson (All-American)
Mike Martin (Honorable Mention)
Flurry Normann (All-American)
Jim Weber (All-American)

1988-89
Mitch Brindley (All-Star Crew)
Mike Devlin (All-Star Crew)
Terry Hutchinson (Sailor of the Year)
Marty Kullman (All-American)
Kim Logan (All-American)
Dawn Philips (All-Star Crew)
Jim Weber (All-American)

1989-90
Mike Devlin (All-Star Crew)
Todd Hudgins (Honorable Mention)
Terry Hutchinson (Sailor of the Year)
Marty Kullman (All-American)
Kim Logan (All-American)
Dawn Philips (All-Star Crew)
Jim Weber (All-American)

1990-91
Todd Hudgins (All-American)
Donna Kuhl (All-American)
Marty Kullman (All-American)
Ian Lay (All-Star Crew)
Kim Logan (All-American)
Shell Schepker (All-Star Crew)

1991-92
Marty Kullman (All-American)
Shell Schepker (All-Star Crew)
Heidi Thoma (All-American)

1992-93
Patrick Downey (All-American)
Brian Hutchinson (All-Star Crew)
Heidi Thoma (All-American)

1993-94
Patrick Downey (All-American)
Christine Accertella (All-American)
Bill Hardesty (All-American)
Kristin Graham (All-Star Crew)

1994-95
Patrick Downey (All-American)
Samantha Ficksman (All-Star Crew)
Mitchell Rogers (Honorable Mention)
John Torgerson (All-American)

1995-96
Evangeline Callahan (All-American)
Samantha Ficksman (ICYRA Sportsman of the Year & All-American)
Mitchell Rogers (All-American)
Stephanie Sharlow (All-American Crew)
Aaron Szambecki (Honorable Mention)

1996-1997
Rob Ragsdale (All-American Crew)
Jennifer Paet (All-American Crew)
John Torgerson (All-American)

1997-98
Ward Cromwell (Honorable Mention)
Jennifer Paet (All-American Crew)
Heather Pescatello (All-American Crew)
John Torgerson (All-American)
Mark Zagol (All-American)

1998-99
Adam Burns (All-American)
Heather Pescatello (All-American Crew)
Lora Saunders (All-American Crew)
Mark Zagol (All-American)

1999-00
Adam Burns (All-American)
Heather Pescatello (All-American Crew)
Sally Barkow (Honorable Mention)

2000-01
Brad Funk (All-American)
Sally Barkow (All-American)
Emily Rustler (All-American)
Elizabeth Biondi (All-American)

2001-02
Brad Funk (All-American)
Sally Barkow (All-American)
Matt Allen (All-American)
Corrie Clement (All-American)
Anna Cobb (All-American Crew)
Elizabeth Biondi (All-American Crew)
Elizabeth Bower (All-American Crew)

2002-2003
Liz Bower (All-American)
Debbie Capozzi (All-American)
Corrie Clement (All-American & Quantum Female College Sailor of the Year)
Anna Tunnicliffe (All-American)

2003-2004
Anna Tunnicliffe (All-American)
Cara Gibbons-Neff (All-American)

Three-time All-American Sally Barkow
The Old Dominion University sailing team continued to be a national power in college sailing during the 2003-04 season, as the Monarchs won their 14th national title and the school’s 31st national championship. The Monarchs had an impressive fall campaign, capped by Anna Tunnicliffe’s (Perrysburg, OH) repeat win of the ICSA Women’s Singlehanded Championship off the waters of Eckerd College in St. Petersburg, FL. She became the first Monarch sailor ever to win back-to-back women’s national championships.

The women’s team finished the fall campaign with a #2 ranking in the Sailing World poll, while the Co-ed team was ranked #11. Tunnicliffe had a repeat win in the ODU BYO Radial to start off the season before also taking the MAISA Women’s Singlehanded Championship in October. Bill Berg (Longwood, FL), Charles Higgins (Arlington, TX) and David Tunnicliffe (Perrysburg, OH) all qualified for the MAISA Men’s Singlehanded Championship in September. ODU took home the Stu Nelson Trophy in October and won the Henry Luce and MAISA Women’s Fall Intersectional to cap off another winning campaign for the ODU Sailing team.

Anna Tunnicliffe placed 4th in the Europe Class at the U.S. Sailing Olympic Trials, just missing out on a chance to compete in Athens, Greece for the 2004 Olympics. Tunnicliffe, however, did qualify for the U.S. National Team by finishing in the top five.

During the spring campaign, ODU won the MAISA Women’s Dinghy, held at the ODU Sailing Center, in dominating fashion to qualify for the ICSA Dinghy Championship at Cascade Locks, OR, where the Lady Monarchs finished 11th. Tunnicliffe and Christabelle Fernandez (Virginia Beach, VA) led the Monarchs to victory in A division at the MAISA Women’s Dinghy. Tunnicliffe and Cara Gibbons-Neff (Annapolis, MD) both received All-American honors, while Tunnicliffe finished a close second in the Quantum Award final standings, given to college sailing’s top female sailor.

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<tr>
<th>National Sailing Titles</th>
<th>American CHAMPIONSHIP</th>
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<tr>
<td>1982 Women’s National Champions</td>
<td>Seattle, Wash.</td>
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<tr>
<td>1987 Women’s National Champions</td>
<td>New York, N.Y.</td>
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<td>1989 Sloop National Champions</td>
<td>Santa Cruz, Calif.</td>
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<tr>
<td>1990 Sloop National Champions</td>
<td>Charleston, S.C.</td>
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<tr>
<td>1992 Sloop National Champions</td>
<td>Honolulu, Hawaii</td>
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<tr>
<td>1996 Singlehanded National Champions</td>
<td>Charleston, S.C.</td>
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<tr>
<td>2002 Women’s National Championship</td>
<td>Honolulu, Hawaii</td>
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<td>2002 Women’s Singlehanded National Championship</td>
<td>Houston, TX</td>
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<td>2003 Women’s Singlehanded National Championship</td>
<td>St. Petersburg, FL</td>
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<th>Fowle Trophy</th>
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<td>1989 National Champions</td>
<td>1990 National Champions</td>
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At Old Dominion University we understand that there’s more to education than books and classrooms alone can provide. We are a versatile university, committed to our students, their education, personal development, and overall success.

Because of our location, Old Dominion can offer programs that other universities can’t. The city of Norfolk is situated on the Chesapeake Bay and within a short drive to Virginia Beach and the Outer Banks of North Carolina; students use the local waters as their oceanography classroom. Specialized engineering courses that deal with bay dredging and bridge building are also offered. Our campus is thirty miles from the NASA/Langley Research Center, and research technology. The Hampton Roads area is home to internationally recognized business and industry giants, setting the stage for courses in business and international relations. Students enjoy a lively cultural community with theater, music and museums. With historic areas such as Williamsburg and Yorktown nearby, students can experience their lessons first hand. Old Dominion University is a great place to prepare for the future.

**WHY MONARCHS?**

Many people have wondered how the Old Dominion University athletic teams came to be officially known as the Monarchs.

For many years, the athletic teams of the Norfolk Division of the College of William & Mary (as Old Dominion was formerly called) were known as the Braves. This was a derivation of the William & Mary nickname of Indians. As Old Dominion achieved its own four-year status and saw its enrollment surpass that of its Williamsburg neighbor, it was no longer suitable or acceptable to have its teams called the Braves.

The name Monarchs evokes much of the early history of the Commonwealth of Virginia and of Old Dominion’s mother institution, the College of William and Mary. The nickname “Old Dominion” was first coined to the Virginia colony by King Charles II after Virginia’s loyalty to the crown during the English Civil War. Furthermore, William III and Mary II, whose patronage helped found the College of William and Mary in Virginia in 1693, ruled England at the invitation of Parliament as “joint monarchs.”

The Monarch used by Old Dominion is a royal crown on a lion’s head, representing an historic past and a strong future.

Old Dominion adopted its current family of logos (including the one to the left) in April of 2002.
SAILING AT ODU

Old Dominion became a charter member of the South Atlantic Intercollegiate Sailing Association in 1964, participating on a club basis. In 1977, thirteen years after joining the SAISA Old Dominion made its first move to elevating the sport to varsity status by organizing a sailing committee. One year later, Gary Bodie was named the Waterfront Director and Sailing Coordinator. In 1980, two Monarch sailors, K.C. Fullmer and Joe Gander, captured individual SAISA honors. The Monarchs captured the SAISA Fall Dinghy Championship, hosted the Singlehanded National Championships and were ranked 19th nationally.

In the summer of 1981, seventeen years after the club began, sailing was elevated to varsity status. In 1982, the Sailing Center was constructed and in 1984 Old Dominion moved into a new conference, the Mid-Atlantic Intercollegiate Sailing Association (MAISA), helping it become a national powerhouse.

Now established as one of the top sailing programs in the country, Old Dominion is now an annual host to numerous sailing events, including the Riley Cup, BYO Radial Open, ODU Open and the Aaron Szambecki Team Race. In the fall of 2001, Old Dominion played host to the ICSA Men’s and Women’s Singlehanded National Championships, and has previously hosted the spring nationals on two occasions.

Old Dominion has captured 14 national titles and has produced 86 All-Americans and All-Star crews since 1982-1983, with 40 of those awards having been won under the program’s current coach, Mitch Brindley. In 1989 and 1990, Terry Hutchinson earned Sailor of the Year honors and Samantha Ficksman was named ICYRA Sportsman of the Year in 1995-96.

When former head coach K.C. Fullmer resigned in 1995, the Old Dominion program did not have to look far to find his replacement. Former All-American and assistant coach Mitch Brindley was named to the post, and the winning tradition continues to this day.
The top three finishers at the MAISA Women’s Singlehanded, Singlehanded, and Dinghy championships qualify for the ICSA Championship, while only the top two finishers at the MAISA Sloop and Women’s Dinghy championships qualify for the ICSA Championship.