Entering his eleventh season as head coach at Old Dominion University, Mitch Brindley has solidified his place among the nation’s best sailing coaches. The Monarchs were able to repeat as the ICSA Women’s Singlehanded Champions last year, giving ODU their 15th national title and Anna Tunnicliffe a spot in the ICSA history books as she became the first college sailor ever to win three back-to-back women’s singlehanded championships. In 1997-98 Brindley guided his teams to national titles in the ICYRA Team Race and the ICRAA Co-ed Dinghy Championships. As both a crew member and coach, Brindley has been directly involved in obtaining nine of Old Dominion’s 15 national championships. He is currently the President of the Inter-Collegiate Sailing Association (ICSA), the national governing body for collegiate sailboat racing.

Brindley formerly served as an assistant coach at Old Dominion for four years under former head coach K.C. Fullmer, who left the program in 1995.

As an assistant, Brindley helped guide the Monarchs to a sloop national championship in Hawaii in 1992.

As a competitor for Old Dominion, Brindley was twice named team captain and twice selected to Sailing World’s All-Star Crew. He crewed for the Monarchs when they won the ICYRA Sloop Nationals in 1988, the Dinghy National Championship team in 1989, and the team’s fifth place finish in the Team Race National Championship in the spring of 1989.

Despite the demands of coaching, Brindley remains an active competitor in national and international sailing. The Sugarland, Texas native graduated from Old Dominion in 1989 with a degree in economics. He, his wife Dawn, and son Pierce currently reside in Smithfield.

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One of the most storied collegiate sailing programs in the nation, the Old Dominion sailing team will go after their 16th national championship in 2005-06.

The Monarchs captured their 15th national championship last year, as Anna Tunnicliffe (Perrysburg, OH) became the first person in collegiate history to capture three straight ICSA North American Singlehanded National Championships. Although Tunnicliffe graduated at the conclusion of last year’s season, the women’s team looks strong for the 2005-06 season.

The Monarchs will be a young team this season, with only five seniors on the 29-person roster. ODU will look for some of the more experienced juniors and seniors to bring some of the new freshman crews up to speed. “Having a young team is initially going to be a weakness,” head coach Mitch Brindley says, “but we have always done a really good job with training people and really making them versatile crews.”

Among those joining the roster this year Alissa Ayers (Trenton, NJ), Bobby Noonan (Fort Lauderdale, FL), and local sailors Gillen Elders (Norfolk, VA), Michael Brown (Hampton, VA), and Jaci Finney (Newport News, VA) are all expected to have an immediate impact on the team.

Returning for their senior year are veteran sailors Charles Higgins (Arlington, TX), Stephnie Dyer (Virginia Beach, VA), Mike Smith (Newport News, VA), and Maureen Castruccio (Pleasanton, CA). Look for Castruccio to lead the women’s team with teammate Cara Disanti a junior from Seafcliff, New York. “The two have worked during the preseason very hard together to organize the rest of the women,” Brindley comments, “Together they have shown great leadership.” Higgins will look to pair up with Mike Smith to lead the men’s team. “As a crew they are going to be pretty good leaders,” Brindley says, “They’re great guys and everyone has a great deal of respect for them.”

Brittany Bowen (Eldersburg, MD) and Michael Collins (Bayport, NY) will both be returning to the roster after sitting a year out due to injury. Each should be a contributor to the men and women’s crews this season. David Tunnicliffe (Pittsburgh, PA) and Brian McEwing (Cape May, NJ) will be moved into more of a skippering role this season, while Ryan Kozoriz and Bobby Shulz will be tough crews.

The Monarchs will once again compete in some of the toughest regattas in collegiate sailing. Competing in one of the toughest conferences in the county—The Middle Atlantic Intercollegiate Sailing Association—ODU will face tough squads from perennial powers Hobart/William Smith, Navy, St Mary’s and Georgetown among others. In non-conference action, ODU will face competition from Yale, College of Charleston, Boston College, USC and many others.

With the addition of new talent in the Monarch sailing program, ODU will count on their talented young sailors to carry the team to continued prosperity this season. “With the talent we have, I think we’re going to surprise a lot of coaches and teams this season,” Brindley explains.
Samantha Ficksman returns to the Monarchs for her second year as an assistant coach, under Head Coach Mitch Brindley.

Ficksman helped the Monarchs win the Women’s Intersectional during her sophomore year. She received the All-Star Crew, All-American and ICYRA Sportsman of the Year awards during her collegiate days.

Samantha re-joined the Monarchs in their 2003 season after spending the 2003 summer as a sailing instructor at the J. World Sailing School in Annapolis, MD. She is a certified sailing instructor and Coast Guard captain. Samantha previously piloted various boats around the nation for both commercial and private interests.

Sam continues to enjoy sailing competitively. In 2005 she focused on J22’s. Sailing with Team DPP they finished top 5 in three of the six events they sailed together with Sam on the foredeck. She finished the season competing in the Rolex International Women’s Keelboat Championship where her team finished 8th of 42 boats. During 2004, Sam sailed in dinghy and keelboat events, the highlight being a 6th place finish of 128 boats in the J22 World Championships. She also crewed in V15 Midwinter’s for an 8th place finish out of 66 boats and sailed Team Race Midwinter’s.

Samantha graduated from ODU with a degree in recreation & leisure studies in 1996 and currently resides in Norfolk.

Trophy Case

1996  Women’s Dinghy
       North America’s: 4th in B Division
            with crew Shelly Caplan

       Team Race North America’s: 4th place

1995  Team Race North America’s: 4th

1994  Women’s North America’s crewing
       with Christine Accetella
JENNIFER ADAMS

• Crew  • Montclair, VA
• Sophomore  • Gar-Field

Career: 2004-2005: Placed 1st in the Navy Women’s Spring Intersectional with teammate Anna Tunniclife in A division...Teamed up with Cara Disanti to place 10th in A division at the Charleston Women’s Intersectional...Placed 4th in B division at the MAISA Women’s Regatta...Prep: Member of the National Honor Society while attending Gar-Field High School...Competed in the ICSA Nationals in Austin, Texas...Personal: Born May 14, 1987...Daughter of Charles and Patricia Albert...Has a brother Daniel (17)...Favorite movie is Old School...Most impressive person she’s ever met is Steve Spence...Majoring in Civil Engineering.

ELYSSA ALBERT

• Crew  • Leesburg, VA
• Freshman  • Loudan Valley

Prep: Four-sport athlete while attending Loudan Valley High School, softball, cross country, track, and swimming...All District and All Regional runner...Captain of track and cross country teams...Personal: Born January 14, 1987...Daughter of Charles and Patricia Albert...Has a brother Daniel (17)...Favorite movie is Old School...Most impressive person she’s ever met is Steve Spence...Majoring in Biology.

ALYSSA AYRES

• Skipper/Crew  • Trenton, NJ
• Freshman  • Ewing

Prep: Competed in swimming all four years while attending Ewing High School...Captain of swimming team her senior year...Personal: Born May 1, 1987...Daughter of Carl and Debra Ayres...Has two brothers Joshua DiToro (25), and Michael Ayres (24)...Favorite movie is “Remember the Titans”...Favorite book is “Catcher in the Rye”...Majoring in Elementary Education.

MARK BIRKMEIER

• Skipper/Crew  • Delphos, OH
• Sophomore  • Culver Military Acad.

Career: 2004-05: Red Shirted his freshman year...Prep: Was a three-year sailor in high school, where he was named team captain...Won the Bill Koch Sailing Award...Personal: Born May 26, 1986...Son of Stephen and Auis Birkmeier...Has a brother, David (18), and a sister, Carie (14)...Most impressive person met is George Steinbrenner...Goal in life is to win the America’s Cup...Majoring in Business Management...
BRITTANY BOWEN
• Crew  • Eldersburg, MD
• Sophomore  • Liberty

Prep: Ran cross country while in high school...Captain of cross country team her senior year...Valedictorian of 2004 graduating class...Personal: Born May 16, 1986...Daughter of William and Stacey Bowen...Has one brother and one sister Bill (24), Katherine (17)...Favorite movie is “A Beautiful Mind”...Favorite book read is “The Fountainhead”...Majoring Political Science.

MICHAEL BROWN
• Crew  • Hampton, VA
• Freshman  • Kecoughtan

Prep: Sailed for four years in high school as a skipper...Also was a long distance track runner and wrestled while he attended Kecoughtan...Personal: Born June 17, 1982...Son of Michael and Janelle Brown...Has three sisters and two brothers Stephen (32), Leslie (30), Tyler (27), Meghan McGuire (25), Emily (19)...Was a sailing instructor during the summer...Favorite book is “Green Eggs and Ham”...Undecided in major.

MAUEREN CASTRUCCHIO
• Skipper/Crew  • Pleasanton, CA
• Senior  • Amador Valley

Career: 2004-2005: She placed third at the Szambecki Team Race...Placed 4th MAISA Women’s Singlehanded Regatta in...2003-04: Finished 6th in the MAISA Women’s Singlehanded Championship in the fall...Teamed with Rachel Wright to finish 4th in B division at the Stu Nelson regatta...Finished 3rd in B division at the MAISA Women’s Dinghy Championship...2002-03: Collaborated with Capozzi to obtain second place finishes at the Navy Women’s Intersectional, third at the Charleston Spring Women’s, and fourth place at the Tufts Spring Women’s regattas...2001-02: Had an immediate impact after joining the Monarch squad from California...Personal: Born April 5, 1983...Daughter of Tony and Jane Castuccio of Pleasanton, CA...Has one sister, Meghan (20) and brother, Michael (17)...Favorite movie is “Zoolander”...Favorite book is “Where the Red Fern Grows”...Majoring in Finance.

MICHAEL COLLINS
• Skipper/Crew  • Bayport, NY
• Sophomore  • Bayport-Blue Point

Career: 2004-05: Teamed with Ryan Kozoriz to place 1st in A division at the Hampton Bay Days Regatta, helping the Monarchs clinch 1st place overall...Teamed with Joseph Tyler Obara in A division to place 4th at the MAISA/SABSA Open...Prep: Was a four-year letter-winner in winter track in high school...Competed at states in spring track...Was on the cross country team for a season...Personal: Born September 5, 1986...Son of Timothy and Kathleen Collins...Has a sister, Erin (21)...Works as a sailing instructor during the summer...Favorite movie is “Dumb and Dumber”...Undecided on major.
Gillen Elder

- Skipper
- Freshman
- Norfolk, VA
- Norfolk Collegiate

Prep: Five-sport athlete while attending Norfolk Collegiate, wrestling, soccer, lacrosse, sailing, and cross country...Captain of the sailing team...Co-Captain of the wrestling squad...Personal: Born May 12, 1987...Son of Mark and T.J. Elder...Has a sister, Sarah (27)...Works as a sailing instructor, and a deckhand on the Elizabeth River Ferry during the summer...Favorite Sports Personality is Dexter Manley...Majoring in Engineering.

Jacylyn Finney

- Crew
- Freshman
- Hampton, VA
- Kecoughtan

Prep: Joins the team from Kecoughtan High School...Lettered three years in swimming at Kecoughtan...Was captain of the swimming team...Personal: Born August 26, 1987...Daughter of Richard Finney and Ruthanne Neary...Has two brothers and a sister Patrick Finney (27), Lauren Triggs (28), Joe Neary (22)...Favorite book is "The Bell Jar"...Undecided in Major.

Brendan Gay

- Skipper
- Sophomore
- Owings, MD
- Northern

Career: Captured a 3rd place finish sailing with teammate Amanda Martin in B division at the CNU Open...Teamed with Katie Sowell in B division to place 13th at the MAISA Freshman Regatta held at Cornell University...Prep: At Northern High School, competed on the lacrosse team in the midfield position for three years, was a cornerback/receiver on the football team for a season and ran cross-country for a year...Personal: Born August 12, 1986...Son of William and Robin Gay...Works as a sailing instructor during the summer...Majoring in Civil Engineering.
Charles Higgins  
•Skipper  •Arlington, TX  
•Senior  •Lamar  

Career:  2004-05: Came off the bench in B division at the ICSA Gill Dinghy National Championship to help the team finish sixth overall and seventh in his division. Collaborated with teammates to catch 3rd place at the Szembecki Team Race. Teamed with David Tunnicliiffe, Thomas Lewin, and Wade Schon to place 9th at the MAISA Sloops Championship. Placed 3rd in the Navy South Laser qualifier. 2003-04: Placed sixth in the Navy Laser Open. Teamed with Christabelle Fernandez to finish sixth in A division at the St. Mary’s Open. Placed 12th in the MAISA Men’s Singlehanded Championship. 2002-03: Made an immediate impact during his rookie season by placing first in the A Division at the Hampton Bay Days regatta in September. Teamed with Marriner to finish first at the Old Dominion Open, third at the Tom Curtis regatta, and fourth at the MAISA Freshman regatta. The duo also had a third place performance at the MAISA/SAISA. Prep: Played soccer and golf at Lamar High School in Arlington, TX. Personal: Born April 29, 1984. Son of Finlay and Deborah Higgins of Arlington, TX. Works as a sailing instructor during the summer. Favorite sports personality is Howard Cosell. Goal in life is to compete in the America’s Cup. Majoring in Business Management.

Matthew Kepner  
•Crew  •Sodus Point, NY  
•Freshman  •Allendale Colombia  


Ryan Kozoriz  
•Crew  •Yortown, VA  
•Junior  •Tabb  


Matthew McCoy  
•Crew  •Norfolk, VA  
•Sophomore  •Maury  

BRIAN MCEWING

Skipper • Cape May, NJ
Junior • Lower Cape May

Career: 2004-05: Joined the Monarchs for his first season...Teamed up with Shannon Kernan to place 1st in B division at the Hampton Bay Days Regatta where the Monarchs placed 1st overall...Teamed up with Lisa Shapiro to place 2nd in A division at the CNU Open...Placed 4th at the Hanbury Cup in A division with teammate Brittany Bowen, the Monarchs finished in 1st place overall...Personal: Born July 31, 1985...Son of Brian and Lori McEwing...Has a brother, Ian (15)...Favorite movie is “Vanilla Sky”...Favorite book is “The Things They Carried”...Majoring in Political Science.

BOBBY NOONAN

Skipper • Ft. Lauderdale, FL
Sophomore • Ft. Lauderdale

Prep: Was a five-sport athlete while attending Fort Lauderdale High School, soccer, football, volleyball, baseball, and sailing...Personal: Born January 14, 1986...Son of Raymond and Donna Noonan...Taught sailing during the summer...Favorite sports personality is Robert Scheidt...Favorite movie is “Step into Liquid”...Majoring in Business.

JOSEPH OBARA

Crew • Yorktown, VA
Sophomore • Grafton

Career: 2004-05: Placed 4th with teammate Michael Collins in A division at the MAISA/SAISA Regatta...Collaborated with teammates Wade Schon, Lisa Shapiro, Federico de la Puente Gomez, Cara DiSanti, Matthew McCoy, and Bryan McEwing to place 8th in the MAISA Team Race...Personal: Born October 16, 1985...Son of Clifford and Anne Obara...Has a sister, Emily (15)...Works as a swimming coach during the summer...Favorite movie is “Good Will Hunting”...Majoring in Computer Engineering.

WADE SCHON

Skipper/Crew • Millington, NJ
Junior • Seton Hall Prep

Career: 2004-05: Teamed up with Emily Bartlett to place 3rd in A division at the Tom Curtis Memorial Regatta...Collaborated with teammates to place 3rd at the Szambecki Team Race held at Old Dominion University...Also teamed up with David Tumidilife, Thomas Lewin, and Charles Higgins to place 3rd in the MAISA Sloops Championships held in Annapolis, Maryland 2003-04: Had impressive freshman season for the Monarchs, acting as the heavy air crew in many regattas...Teamed with Vincent Fontimayor to finish 4th in B division at the Tom Curtis Cup...Placed third in A division at the War Memorial, with Jack Kerr and Cara Gibbons-Neft...Competed on the ODU team that finished 4th at the St. Mary’s College MAISA Team Race...Prep: Was on the soccer and wrestling teams during high school...Personal: Born June 27, 1984...Son of Michael and Denise Schon...Has three brothers, Matthew (15), Dave (15), and Greg (11)...Enjoys sailing, skiing and water skiing...Sails and hikes during the summer...Most impressive person met is Shaquille O’Neal...He will be spending Fall 2005 semester in Spain...Majoring in International Business.
JAMES SMITH

- Crew
- Durham, NC
- Freshman
- Jordan

Prep: Played golf for two years while attending Jordan High School... Personal: Born March 6, 1987... Son of Wick and James Smith... Was a camp counselor during the summer... Favorite sports personality is Tiger Woods... Most impressive person he’s ever met is Jack Nicklaus... Majoring in Engineering.

MICHAEL SMITH

- Skipper/Crew
- Newport News, VA
- Senior
- Menchville

Career: 2004-05: Was the heavy crew for Anna Tunnicliffe most of the year including the sixth place A division finish at the ICSA Gill Dinghy National Championship... Paired with Bryan Otis to take 1st place in B division at the Hanbury Cup helping the Monarch team come in 1st place overall... Collaborated with teammates Anna Tunnicliffe, Bill Berg, Emily Bartlett, Wade Schon, Charles Higgins, Maureen Construccio, and Ryan Kozuriz to place 3rd at the Szambecki Team Race... 2003-04: Teamed with Jack Kerr and Cara Gibbons-Neff to finish 3rd in A division at the Hobart/William Smith Fall Intersectional... Placed 4th with Ignacio Saralegui in B division at the Hoyt Trophy... Helped ODU place 3rd at the John Jackson Memorial Team Race... Served as the heavier weight with Anna Tunnicliffe and Christabelle Fernandez in B division of The America Trophy...

Prep: Was a member of the sailing team at Menchville for three seasons... Personal: Born June 6, 1983... Son of Johnny and Diane Smith of Newport News, VA... Has one sister, Elizabeth (26)... Works as a sailing instructor and gives swimming lessons during the summer... Favorite movie is “Willow”... Majoring in Electrical Engineering.

LISA SHAPIRO

- Crew
- Reston, VA
- Sophomore
- Oakton

Career: 2004-2005: Had an impressive freshman season for the Monarchs, bringing home 2nd place in A division at the CNU Open where she paired with teammate Brian McEwing... Again she paired up with McEwing to place 7th out of 17 in B division helping the Monarchs place 8th overall at the ODU Spring Open... Prep: Joins the Monarchs squad from Oakton High School... Sailed recreationally... Personal: Born March 30, 1986... Daughter of Carl and Helene Shapiro... Has two sisters, Marianne (19), and Alanna (8), and one brother, Jason (15)... Favorite movie is “Troy”... Majoring in Interdisciplinary Studies.
David Tunnicliffe
• Skipper/Crew • Pittsburgh, PA
• Junior • Perrysburg High

Career: 2004-05: Teamed up with Charles Higgins and Thomas Lewin to place 3rd in the MAISA Sloops held in Annapolis, Maryland... Participated in the team that brought home a 4th place finish at the Bob Bavier Team Race held at the College of Charleston... Placed 6th out of 20 sailors at the Navy South Laser Open...

2003-04: Placed third in the Navy Laser South in the fall... Teamed with Maggie Graham to finish 2nd in A division on the ODU Blue team at the Henry Luce Trophy... Finished 6th in D division at the Navy Fall Intersectional...

Prep: Tunnicliffe was a three-sport competitor in high school... Spent four years on cross country and track teams... Spent three years on the swimming team...

Personal: Born October 14, 1984... Son of Paul and Joanna Tunnicliffe... Brother of Old Dominion Sailing alumnus Anna Tunnicliffe (23)... Works as a lifeguard and sailing coach during the summer... Favorite movie is "Monty Python"... Majoring in Accounting and Management.
1982-83
K.C. Fullmer (All-American)
1984-85
Stacy Ench (All-Star Crew)
1985-86
Stacy Ench (All-Star Crew)
James C. Malm (Honorable Mention)
Mike Martin (Honorable Mention)
1986-87
April Eliot (All-Star Crew)
Terry Hutchinson (All-American)
James C. Malm (Honorable Mention)
Jim Weber (All-American)
Flurry Normann (All-American)
1987-88
Mitch Brindley (All-Star Crew)
Terry Hutchinson (All-American)
Mike Martin (Honorable Mention)
Flurry Normann (All-American)
Jim Weber (All-American)
1988-89
Mitch Brindley (All-Star Crew)
Mike Devlin (All-Star Crew)
Terry Hutchinson (Sailor of the Year)
Marty Kullman (All-American)
Kim Logan (All-American)
Dawn Philips (All-Star Crew)
Jim Weber (All-American)
1989-90
Mike Devlin (All-Star Crew)
Todd Hudgins (Honorable Mention)
Terry Hutchinson (Sailor of the Year)
Marty Kullman (All-American)
Kim Logan (All-American)
Dawn Philips (All-Star Crew)
Jim Weber (All-American)
1990-91
Todd Hudgins (All-American)
Donna Kuhl (All-American)
Marty Kullman (All-American)
Ian Lay (All-Star Crew)
Kim Logan (All-American)
Shell Schepker (All-Star Crew)
1991-92
Marty Kullman (All-American)
Shell Schepker (All-Star Crew)
Heidi Thoma (All-American)
1992-93
Patrick Downey (All-American)
Brian Hutchinson (All-Star Crew)
Heidi Thoma (All-American)
1993-94
Patrick Downey (All-American)
Christine Accettella (All-American)
Bill Hardesty (All-American)
Kristin Graham (All-Star Crew)
1994-95
Patrick Downey (All-American)
Samantha Ficksman (All-Star Crew)
Mitchell Rogers (Honorable Mention)
John Torgerson (All-American)
1995-96
Evangeline Callahan (All-American)
Samantha Ficksman (ICYRA Sportsman of the Year & All-American)
Mitchell Rogers (All-American)
Stephanie Sharlow (All-American Crew)
Aaron Szambecki (Honorable Mention)
1996-1997
Rob Rapisdale (All-American Crew)
Jennifer Palt (All-American Crew)
John Torgerson (All-American)
1997-98
Ward Cromwell (Honorable Mention)

Three-time All-American Anna Tunnicliffe

Old Dominion All-Americans

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1996-1997
Rob Rapisdale (All-American Crew)
Jennifer Palt (All-American Crew)
John Torgerson (All-American)
1997-98
Ward Cromwell (Honorable Mention)

Three-time All-American Anna Tunnicliffe
Senior Anna Tunnicliffe made collegiate history this year, capturing her third straight Intercolligate Sailing Association North American singlehanded National Championship in Wayzata, MN. No one has ever won three singlehanded titles.

Tunnicliffe then teamed with freshman Emily Bartlett to win the A division Championship at the Women’s North American National Championships which were held in Austin, TX. The duo also placed second at the women’s MAISA district championships. As a team, the Lady Monarchs finished fourth overall. ODU also placed sixth at the Co-Ed Dinghy National Championships, also held in Austin, TX.

Tunnicliffe became one of the most decorated sailors in ODU history. She was named the ICSA 2005 Quantum Trophy winner as the Women’s Collegiate Sailor of the Year. She was also named Ronstan first team All-American in the women’s and Co-ed Divisions. She is the second Lady Monarch to earn Sailor of the Year honors as Corrie Clement earned that honor in 2003. She was also a three-time collegiate All-American.

Tunnicliffe was named by The Old Dominion University Alumni Association Female Athlete of the Year. She was named winner of the prestigious Tom Scott award from the Norfolk Sports Club which is given annually to the top senior athlete at ODU. Tunnicliffe also repeated as the Portsmouth Sports Club’s Female Collegiate Athlete of the Year in Virginia.

A member of the USA National sailing squad, Tunnicliffe took the silver medal in February at the annual Rolex Miami Olympic Class Regatta.

Emily Bartlett was one of only three freshmen sailors to earn All-American honors this year, as she was selected to the first team All-American crew squad. She not only teamed with Tunnicliffe at the Women’s National Championships which they won A Division, but also took third at the America Trophy in Annapolis, MD. She was also part of the sixth place Co-Ed Dinghy National Championship squad.

Overall, ODU sailors took first at the ODU/BYO Radial, MAISA Women’s Singlehanded, the Hampton Bay Days, B division at the Hanbury Cup, A division at the Navy Spring Women’s regatta, A Division at the Women’s Dellenbaugh Regatta in Providence, RI, as well as the Singlehanded nationals and A division at the women’s nationals.

<table>
<thead>
<tr>
<th>National Sailing Titles</th>
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<tbody>
<tr>
<td>1982 Women’s National Champions Seattle, Wash.</td>
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<tr>
<td>1987 Women’s National Champions New York, N.Y.</td>
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<tr>
<td>1989 Sloop National Champions Santa Cruz, Calif.</td>
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<td>1990 Sloop National Champions Charleston, S.C.</td>
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<tr>
<td>1992 Sloop National Champions Honolulu, Hawaii</td>
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<tr>
<td>1992 Singlehanded National Champions Charleston, S.C.</td>
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<tr>
<td>2002 Women’s National Championship Honolulu, Hawaii</td>
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<td>2002 Women’s Singlehanded National Championship Houston, TX</td>
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<td>2003 Women’s Singlehanded National Championship St. Petersburg, FL</td>
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<td>2004 Women’s Singlehanded National Championship Wayzata, MN</td>
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<th>Fowle Trophy</th>
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<td>1989 National Champions</td>
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At Old Dominion University we understand that there’s more to education than books and classrooms alone can provide. We are a versatile university, committed to our students, their education, personal development, and overall success.

Because of our location, Old Dominion can offer programs that other universities can’t. The city of Norfolk is situated on the Chesapeake Bay and within a short drive to Virginia Beach and the Outer Banks of North Carolina; students use the local waters as their oceanography classroom. Specialized engineering courses that deal with bay dredging and bridge building are also offered. Our campus is thirty miles from the NASA/Langley Research Center, and research technology. The Hampton Roads area is home to internationally recognized business and industry giants, setting the stage for courses in business and international relations. Students enjoy a lively cultural community with theater, music and museums. With historic areas such as Williamsburg and Yorktown nearby, students can experience their lessons first hand. Old Dominion University is a great place to prepare for the future.

**WHY MONARCHS?**

Many people have wondered how the Old Dominion University athletic teams came to be officially known as the Monarchs. For many years, the athletic teams of the Norfolk Division of the College of William & Mary (as Old Dominion was formerly called) were known as the Braves. This was a derivation of the William & Mary nickname of Indians. As Old Dominion achieved its own four-year status and saw its enrollment surpass that of its Williamsburg neighbor, it was no longer suitable or acceptable to have its teams called the Braves.

The name Monarchs evokes much of the early history of the Commonwealth of Virginia and of Old Dominion’s mother institution, the College of William and Mary. The nickname “Old Dominion” was first coined to the Virginia colony by King Charles II after Virginia’s loyalty to the crown during the English Civil War. Furthermore, William III and Mary II, whose patronage helped found the College of William and Mary in Virginia in 1693, ruled England at the invitation of Parliament as “joint monarchs.”

The Monarch used by Old Dominion is a royal crown on a lion’s head, representing an historic past and a strong future.

Old Dominion adopted its current family of logos (including the one to the left) in April of 2002.
SAILING AT ODU

Old Dominion became a charter member of the South Atlantic Intercollegiate Sailing Association in 1964, participating on a club basis. In 1977, thirteen years after joining the SAISA Old Dominion made its first move to elevating the sport to varsity status by organizing a sailing committee. One year later, Gary Bodie was named the Waterfront Director and Sailing Coordinator. In 1980, two Monarch sailors, K.C. Fullmer and Joe Gander, captured individual SAISA honors. The Monarchs captured the SAISA Fall Dinghy Championship, hosted the Singlehanded National Championships and were ranked 19th nationally.

In the summer of 1981, seventeen years after the club began, sailing was elevated to varsity status. In 1982, the Sailing Center was constructed and in 1984 Old Dominion moved into a new conference, the Mid-Atlantic Intercollegiate Sailing Association (MAISA), helping it become a national powerhouse.

Now established as one of the top sailing programs in the country, Old Dominion is now an annual host to numerous sailing events, including the Riley Cup, BYO Radial Open, ODU Open and the Aaron Szambecki Team Race. In the fall of 2001, Old Dominion played host to the ICSA Men’s and Women’s Singlehanded National Championships, and has previously hosted the spring nationals on two occasions.

Old Dominion has captured 14 national titles and has produced 90 All-Americans and 40 All-Star crews since 1982-1983, with 40 of those awards having been won under the program’s current coach, Mitch Brindley. In 1989 and 1990, Terry Hutchinson earned Sailor of the Year honors and Samantha Ficksman was named ICYRA Sportsman of the Year in 1995-96.

When former head coach K.C. Fullmer resigned in 1995, the Old Dominion program did not have to look far to find his replacement. Former All-American and assistant coach Mitch Brindley was named to the post, and the winning tradition continues to this day.

FACILITIES & HISTORY

OLD DOMINION SAILING CENTER

Formally dedicated in the fall of 2001, the sailing center at Old Dominion has helped elevate the sailing program to a new level. Complete with locker rooms, classrooms, showers, offices and a work area, the addition is the centerpiece for the waterfront sailing complex.

Located adjacent to the new sailing center, Old Dominion’s boathouse provides storage for the program’s fleet of 18 new FJ’s, Lasers, 420’s and various support craft, and is also home to Old Dominion’s recreational sailing program. A 200-foot pier and launching ramp completes the complex.

Thanks to the gracious donations of donors, the sailing center addition helps maintain Old Dominion University’s dominance as one of the premier programs in the nation and helped ensure a future of smooth sailing for student-athletes and teams to come.

The ODU Sailing Center

Head Coach Mitch Brindley presents Corrie Clement (left) and Anna Tunnicliffe (right) with the 2004 Hanson Rescue Medal on behalf of U.S. Sailing. Clement and Tunnicliffe made a dramatic rescue at the 2003 Rolex Women’s Keelboat Championship.
The top three finishers at the MAISA Women’s Singlehanded, Singlehanded, and Dinghy championships qualify for the ICSA Championship, while only the top two finishers at the MAISA Sloop and Women’s Dinghy championships qualify for the ICSA Championship.