Mitch Brindley, head coach of the ODU sailing team, has been integral in building the Monarchs to a national powerhouse in the world of intercollegiate racing. Now in his 15th season at the helm for the Monarchs, Brindley has solidified his place among the nation’s best sailing coaches.

ODU has seen a great deal of success recently with Brindley guiding the team, including four National Championships in the last eight years. The head coach has been directly involved in obtaining eight of Old Dominion’s 15 national titles.

Last season, ODU qualified for four of the six national championship events. Kyle Rogachenko tied for first, losing the tiebreaker, at the Singlehanded National Championships. The Monarchs also made an impressive run at both the ICSA Women’s National Championship and ICSA/Gill Dinghy National Championship, finishing 4th at both events.

ODU has won four national championships in the last eight years under Brindley, and the women’s team has qualified for nine of the last 10 national championship regattas.

In the summer of 2008, Brindley served as the personal coach for Anna Tunnicliffe during her Olympic campaign and ultimately her gold medal. In 2009, Brindley continued to serve as a coach for the U.S. Sailing Team Alphagraphics in the Laser, Laser Radial, and Finn classes.

In 1997-98 Brindley guided his teams to national titles in the ICYRA Team Race and the ICRYA Co-ed Dinghy Championships. As both a crew member and coach, Brindley has been directly involved in obtaining nine of Old Dominion’s 15 national championships. He is currently the president of the Inter-Collegiate Sailing Association (ICSA), the national governing body for collegiate sailboat racing.

Brindley formerly served as an assistant coach at Old Dominion for four years under former head coach K.C. Fullmer, who left the program in 1995.

As a competitor for Old Dominion, Brindley was twice named team captain and twice selected to Sailing World’s All-Star Crew. He crewed for the Monarchs when they won the ICYRA Sloop Nationals in 1988, the Dinghy National Championship team in 1989, and the team’s fifth place finish in the Team Race National Championship in the spring of 1989.

Despite the demands of coaching, Brindley remains an active competitor in national and international sailing. The Sugarland, Texas native graduated from Old Dominion in 1989 with a degree in economics. He, his wife Dawn and two children, currently reside in Smithfield.
The Old Dominion Sailing team returns a wealth of veteran experience and young talent for the 2009-10 season. Head Coach Mitch Brindley and the Monarchs have set lofty, but attainable goals for what hopes to be a very promising year.

A year after qualifying for four of the six Inter-Collegiate Sailing Association (ICSA) national championship events, Old Dominion returns to the water hoping to improve on an excellent season. Expectations are so high in part because both the women’s and co-ed teams start the year off ranked in the top 10 nationally.

The women’s team, ranked No. 4 in Sailing World’s 2009 preseason rankings, should once again prove to be a major strength for ODU sailing. The return of junior skippers Stephanie Roble and Morgan Wilson, as well as senior Katrina Williams and crews Arianna Baker and Ashley Brusso should significantly bolster the Lady Monarchs 2009-10 roster.

Both Roble and Wilson qualified for their second consecutive trips to the ICSA Singlehanded National Championships a year ago. Roble finished seventh and Wilson took home ninth. Roble also was named team Most Valuable Player and earned Honorable Mention Women’s All-American honors.

Senior Katrina Williams will be another significant contributor for ODU. Williams had a great spring in 2009, leading ODU to its ninth ICSA Women’s Dinghy Championship in the last 10 years.

The co-ed team begins the year ranked No. 9 in the country after finishing fourth at the ICSA/Gill Co-Ed National Championships last season. The fourth-place finish was the best for the co-ed team since winning it in 1998.

ODU returns Wilson Stout, Alan Alkins, Roble and Michael Komar off last year’s national qualifying team. Additionally, the Monarchs welcome back other major contributors off last year’s squad, numerous talented freshmen and a handful of transfers that could contribute immediately.

As the Monarchs prepare for the 2009-10 season, a challenging fall and spring schedule awaits, but with the talent and depth on this year’s roster, ODU will certainly be able to obtain many of their lofty goals.
Charles Higgins will be in his second year as an assistant coach at his alma mater during the 2009-10 season. He returned to ODU a year ago to continue his collegiate coaching career after one year of coaching at the U.S. Merchant Marine Academy in King’s Point. Higgins was an impact sailor in his career at Old Dominion as a leader in Team Racing and Sloop sailing.

While coaching at the USMMA the team had an ICSA Women’s Singlehanded National Championship Qualifier and the co-ed team also qualified for the ICSA Coed National Championship in the Spring of 2008. Before his term in New York, Higgins coached at Norfolk Collegiate High School where the team won the 2006 Fall District Championship.

As a sailor at ODU, Higgins earned a trip to the MAISA Singlehanded Championships in each of his final three seasons.

He earned national championship experience his junior season, as he helped the team finish sixth at the ICSA Dinghy National Championship in the Spring. As a senior, he won the A division sailing at the War Memorial Regatta and posted nine Top Ten finishes as a versatile asset to the program.

Higgins has continued sailing since his graduation and won the Vanguard 15 Class National Championship in 2006, leading to an invitation to the US Sailing Championship of Champions in San Diego where he finished fifth. He also won the U.S. Team Race Association midwinter championship in 2008.

Charles graduated from Old Dominion with a degree in Business Management in 2006 and currently resides in Norfolk.

Jeanne Walker Sinclair returns to her alma mater to join the ODU sailing coaching staff for the 2009-10 season. She was a member of the Old Dominion University Intercollegiate Sailing Team from 1994-1997.

During her stellar career, Sinclair qualified to participate in the 1996 and 1997 ICYRA Women’s Championships and she competed in the 1997 ICYRA Team Race Nationals. Additionally, Sinclair was a team co-captain from 1996-1997.

After graduation, Sinclair made sailing her career. She has since worked as an instructor, trainer, coach, delivery captain and sailing school business owner. She has been a racing coach for all different ages and has trained and evaluated other instructors.

In addition to graduating from Old Dominion, Sinclair also received her Masters of Science in Education from Southern Illinois University in 2002.
# Meet the Monarchs

## Alan Alkins

**Skipper**

**Senior**

**Port-of-Spain, Trinidad**

**St. Mary’s**

2008-09: Sailed with Wilson Stout, Kyle Rogachenko and Jaclyn Finney in the A division at the Co-Ed National Championships and finished third in the division and fourth overall...Competed with Michael Komar in the A Division at the Riley Cup, where ODU claimed first...Played major support role in many intercollegiates.

2007-08: Led ODU to 3rd place finish at the Tom Curtis Memorial Regatta with 3rd place effort in A division, sailing with Amanda Rendall...Also placed 3rd at the South Spring #1 finishing 4th in B division with Wick Smith...Sailed to 5th place overall and 4th place in A division with Sonya Mendoza at the Riley Cup...Also finished 5th at the MAISA Fall Open, sailing with Rendall in B division to 6th place, and to 5th at the SAISA-MAISA Regatta with Ashley Pellenture and Dixie House in A division...In the spring, added a win of B division with John Shockley at the MAISA Spring Open, leading ODU to a 4th place finish...

2006-07: Sailed to 4th place overall and 5th place in A division with Wick Smith at NY Maritime Open...With Stephen Waters in B division, led ODU to 2nd place finish at MAISA Open in the fall by winning B division...Sailed to 2nd place in A division with Amanda Rendall, leading ODU to 3rd overall at the Spring MAISA/SAISA Event...

**Prep:** Competed in sailing as a skipper all four years under Head Coach Ben Earl...Also sails competitively and manufactures sailboats during the summer months.

**Personal:** Born November 29, 1987...Son of David and Peta Alkins...Has one brother, Anthony (17)...Favorite sports personality is Ben Ainslie...Favorite book is “Angels and Demons”...Favorite movie is “Grandma’s Boy”...Goal in life is to excel in sailing...Majoring in Civil Engineering.

## Ashley Brusso

**Crew**

**Senior**

**Portsmouth, VA**

**Churchland HS**

2008-09: Won the A Division at the St. Mary’s Women’s Intersectional along with Jaclyn Finney...Major player as crew for Katrina at ICSCA Women’s Nationals in San Francisco.

2007-08: Consistent B division crew for the Monarchs...Finished 5th at the Hoyt Trophy and at the C of C Women’s Intersectional...Crewed for Mikey Brown in A division at the St. Mary’s Open to a 7th place finish...Sailed to a top ten finishes at the St. Mary’s Women’s Fall Dinghy Championship...

2006-07: Sailed in B division with Patty O’Bryan to 10th place at ODU Riley Cup in the fall...Sailed to 9th overall and 11th in B division with Michael Collins at the Hobart/William Smith Fall Intersectional...Sailed to 6th overall and 6th in B division with Robert Kushner at the Fall MAISA Open...Earned 10th overall and 12th in A division with Michael Brown at Co-Ed Spring Intersectional...One of just four freshman to contribute in Team Racing...

**Prep:** Four-sport athlete while attending Churchland HS: field hockey, cross country, tennis and soccer...Four years of field hockey capped by a 1st team All-District selection her senior year; named team captain.

**Personal:** Born September 22, 1988...Has one brother, Keith (24)...Goes by the nickname “Bruce”...Worked on the Elizabeth River Ferry during the summer...Dream vacation is a trip to Italy...Favorite sports personality is Rock Cartwright...Most impressive person met is Coach K...Has a superstition that she can only pick up a penny if its heads up...Favorite book is “I Have Lived A Thousand Years”...Majoring in Nuclear Medicine and Psychology.

## Arielle Darrow

**Crew**

**Senior**

**Chesapeake, VA**

**Great Bridge HS**

2008-09: Sailed with Bryan Stout and Miles Marschink to a second place finish in the B Division at the Riley Cup, where ODU claimed first as a team...Fourth in the B Division at the Old Dominion Open...

2007-08: Made college sailing debut in the spring, helping ODU claim 2nd place in the Icefree 2-on-2 at CNU, sailing to 3rd place in B division with John Shockey as skipper...Finished 3rd at MAISA/SAISA Regatta in the spring, with 5th place A division effort with Gillen Elder...Sailed with Stephanie Roble in A division at South Spring #2 regatta to 3rd place, assisting in the ODU finish and career-high finish of 2nd place...

**Prep:** Played four years of varsity field hockey, two years of varsity track and one year of junior varsity soccer at Great Bridge High School...

**Personal:** Born September 22, 1988...Has one brother, Keith (24)...Goes by the nickname “Ret”...Sailed and worked as a veterinary assistant over the summer...Dream vacation would be a trip to Italy...Person in history she’d most like to meet is John Coltrane...Hobbies include horseback riding...Majoring in Biology/Teaching.
Michael Komar

• Skipper/Crew
• Senior
• Edison, NJ
• J.P. Stevens HS

08-09: Sailed with Mikey Brown, Stephanie Robie and Alissa Ayres in the B division at the Co-Ed National Championships and finished sixth in the division and fourth overall... Sailed with Alan Atkins in the A Division at the Riley Cup, where ODU claimed first... Finished fifth in the A Division at the America Trophy Regatta along with Kyle Rogachenko and Alissa Ayres.

07-08: Finished 5th overall and 5th in A division with crew Jane Bleakney at the Hampton Bay Days regatta... Contributed to 5th place finish at Hoyt Trophy... Also contributed to 7th place finish at America Trophy, sailing in both A division and B division... Also sailed in several Team Racing events...

06-07: Contributed to ODU Team Racing 13th place finish at the Southern New England Tem Race... Sailed to 8th place finish in B division and 5th place overall with Kyle Rogachenko as ODU narrowly missed qualifying for ICSA Nationals...

Prep: Sailed recreationally for Raritan Yacht Club in New Jersey for 11 years.

Personal: Born July 30, 1988... Son of Maurice and Diane Komar... Has a twin brother, Matthew (20), and one sister, Lauren (18)... Was a sailing coach during the summer... Hobbies include skiing, sailing, camping and hiking... Favorite movie is “Wedding Crashers”... Majoring in Technology Education.

Thomas O’Bryan

• Skipper
• Senior
• Hampton, VA
• Kecoughtan

08-09: Sailed with Kaitlyn Paulsen on ODU’s silver team at the Riley Cup, where the Monarchs finished second... Finished first in the A Division as ODU won the Hampton Bay Days... Claimed fifth in the Silver B Division at the MAISA Fall Open...

07-08: Sailed to 6th in the B division with Amanda Rendall and 5th overall at the Riley Cup... Sailed to 5th in B division with Lisa Shapiro and 3rd overall at the Tom Curtis Memorial Regatta... Sailed to 5th in A division with Kristen Cumming and 5th overall at the MAISA Fall Open... Sailed to 7th in B division with Kaitlyn Paulsen and 5th overall at the SAISA-MAISA... Finished 1st in A division with Ashley Pellerito and 2nd overall at the Icefree 2-on-2...

06-07: Sailed to 10th in B division with Ashley Brusso and 8th overall at the ODU Riley Cup... Sailed to 9th in A division with Laura Skees and 7th overall at the Tom Curtis Memorial Regatta... Finished 5th in B division with Jillian Martin and 6th overall at the MAISA Open in the fall... Finished 3rd in B division with Sonya Mendoza and 3rd overall at the MAISA/SAISA Spring Regatta...

Prep: Sailed four years at Kecoughtan HS... Competed as a swimmer for three years.

John Shockey

• Skipper
• Senior
• New Albany, OH
• New Albany HS

08-09: Finished fifth at the Laser South #2... Claimed third in the B Division at the Icefree 2-on-2... Competed in several intersectionals as the C Division laser sailor... Won the B Division along with Wilson Stout and Ashley Pellerito at the South Spring #2... Won the B Division with Alan Atkins at the MAISA Spring Open.

07-08: Won B division with Wilson Stout and Ashley Pellerito, leading ODU to a 2nd place finish at the South Spring #2... Also won B division with Alan Atkins at the MAISA Spring Open, helping ODU finish 4th overall... Finished 2nd in B division with Ashley Pellerito and 3rd overall at the MAISA/SAISA... Sailed to 4th in B division with Dixie House and 5th overall at the Hampton Bay Days Regatta... Sailed to 6th in B division and 11th overall at the Navy Fall Intersectional... Sailed to 3rd in B division with Gillen Eldor, Jennifer Chazanow and Arielle Darrow and to 2nd overall at the Icefree 2-on-2... Finished in 3rd in the B division with Michael Brown, Jaclyn Finnly and Michael Komar and 7th overall at the America Trophy...

06-07: Finished 9th at the Navy Laser South Qualifier with 118 points...

Kevin Shockey

• Skipper
• Senior
• New Albany, OH
• New Albany HS

08-09: Finished sixth at the Laser South #2... Claimed ninth at the Laser South #1... Was part of ODU’s seventh place finish at the MAISA Sloops.

07-08: Sailed to 8th overall at the Navy Laser Open... Sailed to 12th in the C division and to 9th overall at the Nevins Trophy... Sailed to 10th overall at the Navy South Laser Qualifier... Placed 13th in the C division and 11th overall at the Navy Fall Intersectional... Placed 7th overall with Michael Collins and Wilson Stout at the MAISA Sloops... Finished 15th in the C division and 14th overall at the Truxtan Umstead... Finished 11th in the C division and 11th overall at the Admiral’s Cup...

06-07: Finished 20th at the Navy Laser Open... Sailed with 230 points... Finished 5th overall at the Laser South Qualifier with 66 points, just missing qualifying by two points...

Prep: Varsity letter winner in four years of soccer at New Albany... Also played one season of basketball... Finished 19th in the 2007 Canadian Singlehanded Nationals... Finished 14th in Thistle Nationals out of 72... Thistle Junior National Champion in 2004... Took 8th place at the 2006 Snythe Singlehanded Junior Nationals.

Personal: Born June 30, 1988... Son of Brad and Barb Shockey... Has two sisters, Stacie (23) and Marcie (22), and a twin brother, John (20) who is also a Monarch sailor... Nickname is “K-Shock”... Favorite sports personality is Thierry Henry... Favorite movie is “The Patriot”... Hobbies include sailing and hunting... Majoring in Marketing and Real Estate.
**Wilson Stout**

- Skipper/Crew
- Senior
- Annapolis, MD
- Archbishop Spalding

08-09: Sailed with Kyle Rogachenko, Alan Atkins and Jaclyn Finney in the A division at the ICSA National Championships and finished third in the division and fourth overall...Finished fifth in the A Division along with Kyle Rogachenko and Jaclyn Finney at the America Trophy Regatta...

07-08: Won B division with John Shockey and Ashley Pellerito at the South Spring #2, leading ODU to a 2nd place finish...Sailed to 16th in B division with Michael Brown and 11th overall at the Naving Fall Intersectionals...Placed 7th overall with Michael Collins and Kevin Shockey at the MAISA Sloops...Sailed to 18th in B division with Michael Brown and Jaclyn Finney and 18th overall at the Atlantic Coast Dinghy Champs...Sailed to 10th in A division with Kyle Rogachenko and 11th overall at the Admiral's Cup.

06-07: Sailed to an overall 4th place and 5th place in B division with Stephen Waters at NY Maritime Open... Finished 4th in B division with Jane Bleakney and 7th overall at the Tom Curtis Memorial Regatta...Helped win A division with skipper Bobby Noonan at War Memorial regatta; Monarchs finished in 3rd to qualify for ACC's...Tied for 12th with Noonan in A division as ODU finished 17th at the Atlantic Coast Championship...Sailed to 5th overall and 5th in B division with Jillian Martin at the SAISA/MAISA Fall Event...Finished in 19th place in A division with Wade Schon and Michael Collins as ODU finished 17th at the Admiral's Cup...Was a major contributor during the team racing season...Finished 4th in A division with Noonan and Ryan Kozoriz in A division and 5th overall at the America Trophy regatta...

**Personal:** Born July 14, 1988...Son of Alex and Lorrie Stout...Has one brother, Bryan (18), who is also an ODU sailor...Hobbies include Photography, Arts and Crafts...Would love to learn how to play the Guitar...Dreams of vacationing in Japan or Canada...Worked as a sailing coach over the summer...Majoring in Graphic Design.

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**Katrina Williams**

- Skipper
- Senior
- Pembroke, Bermuda
- Bermuda HS

08-09: Led the Lady Monarchs to their ninth ICSA Women's Dinghy Championship in the last 10 years, finishing fourth, ODU's best finish since winning it in 2002...Finished second at the ODU/BYOD Radial... Finished sixth at the MAISA Women's Singlehanded Championships...Claimed third in the B Division at the Women's Intersectional along with Arianna Baker and Jaclyn Finney...Sailed with Arianna Baker and Alissa Ayres at the St. Francis Intersectional, garnering fifth-place in the B Division...Finished fifth in the A Division along with Ayres at the MAISA Women's Championship.

07-08: Named a repeat winner of the Female Sailor of the Year in Bermuda presented by OMEGA...ICSA Women's Singlehanded National Qualifier, finished 3rd at National Championship...ainted 9th in Laser Radial event at the Pan-American Games...Sailed to 1st overall at the ODU/BYOD Radial...Placed 5th overall at the MAISA Women's Singlehanded...Sailed to 3rd in A division with Alissa Ayres and 2nd overall at the USF Women's Intersectionals...Finished 6th in A division with Ayres and 4th overall at the Navy Fall Women's Intersectionals...Finished 8th in A division with Morgan Wilson, Jaclyn Finney and Jane Bleakney and 5th overall at the Navy Women's Spring Intersectionals...Sailed to 10th in A division with Jaclyn Finney and Kristen Cumming...and 9th overall at the St. Mary's Women's Intersectionals...Placed 5th in A division with Alissa Ayres and 5th overall at the MAISA Women's Championships.

2006-07: Named Bermuda's Female Sailor of the Year by OMEGA for 2006...Top B division skipper for Old Dominion's nationally ranked women's team...Qualified for two ICSA National Championships...Finished 8th at the ICSA Women's Singlehanded Championship...Sailed to a 4th place finish at the MAISA Singlehanded Championship to qualify for nationals...Sailed to 13th overall and 14th in B division with Albert at the ICSA Women's National Championship...Qualified for Nationals with Albert in B division with a 5th place effort in B division and overall finish...Sailed to 11th overall and 10th in B division with Elyssa Albert at the Yale Women's Intersectionals...Finished in 4th place in B division with Albert and 9th overall at the Atlantic Coast Championship Women's regatta...Sailed to 9th overall and 10th in B division with Albert at the C of C Women's Spring Intersectionals...Finished 8th overall and 9th in B division with Albert at the Navy Women's Spring Intersectionals...Sailed to 4th in B division with Jane Bleakney and 8th overall at the St. Mary's Spring Intersectionals...Sailed to 11th in B division with Albert and 13th overall at the Dellenbaugh Women's Regatta...

**Prep:** Competed in swimming, track and field, and netball at Bermuda High School...Competed in sailing recreationally...Won the 420 Nationals in 2003 and 2004...15th out of 60 racers at CORK Radial Gold...4th at CORK Radial Female...Top Youth and 3rd overall at Radial Nationals...Placed 6th in the Small Island Games and 21st at the ISAD Volvo Youth Worlds in 2004.

**Personal:** Born December 22, 1988...Daughter of Alastair and Kelly Williams...Has one brother, Gareth (22)...Works as a sailing instructor during the summer...Dreams of vacationing in Australia...Leisure time activities include sleeping and shopping...Favorite movie is "Big Daddy"...Person in history she would most like to meet would be Marilyn Monroe...Has set a life goal to sail in the 2012 Olympics...Majoring in Sports Management.

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**Ashley Pellerito**

- Crew
- Juniors
- Chester, MD
- Kent Island HS

08-09: Sailed with Zach Kelchner to a first place finish in B division at the Riley Cup, where the ODU silver team claimed second... Finished second in the B Division at the NY Maritime Fall Open along with Kelchner...Claimed fifth in the B Division sailing with Kelchner at the Hobart/William Smith Fall Intersectionals...Finished first in the A Division sailing with Kelchner at the ODU Open...

07-08: Won B division with Wilson Stout and John Shockey and placed 2nd overall at the South Spring #2...Also won A division with Thomas O'Bryan and placed 2nd overall at theIsofree 2-on-2...Sailed to 2nd in B division with John Shockey and 3rd overall at the MAISA/SAISA...Sailed to 5th in A division with Alan Atkins and Dixie House and 5th overall at the SAISA/MAISA...Sailed to 9th in B division with Michael Brown and to 11th overall at the Admiral's Cup...Also contributed in Team Racing...

**Prep:** All-State and All-Mid-Shore Field Hockey player...Also lettered in Lacrosse and Indoor Track...Member of the National Honor Society and was nominate as a Maryland Distinguished Scholar and Student Athlete of the Year with a GPA of 4.18

**Personal:** Born February 26, 1989...Daughter of Tina Pellerito...Has one sister, Heather (17)...Dreams of vacationing in Prague...Worked as a Sailing Instructor over the summer...Hobbies include playing all sports and painting...Favorite movie is "Boondock Saints"...Goal in life is to be successful in what I do in life...Majoring in Civil Engineering.
**Stephanie Roble**

- Skipper
- Junior
- East Troy, WI
- Catholic Central-Burlington HS

08-09: Qualified for her second consecutive trip to the ICSA Singlehanded National Championship and finished seventh... Finished second at the MAISA Women's Singlehanded Championships... Was named the team's MVP and earned Honorable Mention Women's All-American honors... Competed at the St. Francis Intersectional with Jaclyn Finney and led the Lady Monarchs to a win of the women's division and a sixth place finish overall... Guided the co-ed team to a second consecutive trip to the ICSA Eastern Semifinal where the team then qualified for the ICSA/Gill National Championship... Sailed with Mikey Brown, Michael Komar and Alissa Ayres in the B division at the C-Ed National Championships and finished sixth in the division and fourth overall... Finished first at the ODU/BYO Radial... Claimed third in the C Division at the Navy Fall Women's Intersectional... Finished first in the A Division along with Jaclyn Finney at the MAISA Women's Fall Dinghy... Won the A Division at the St. Mary's Women's Intersectional along with Ashley Brusso and Jaclyn Finney... Claimed second in the B Division at the MAISA Women's Championship along with Jaclyn Finney.

07-08: ICSA Women's Singlehanded National Championship Qualifier, where she finished 4th as a rookie... Finished 2nd in B Division with Erin Green and 2nd overall at the USF Women's Intersectional... Sailed to 2nd in A Division with Alissa Ayres and 5th overall at the CofC Women's Intersectional... Sailed to 1st in A Division with Arielle Darrow and 2nd overall at the South Spring #2... Finished 2nd with Jaclyn Finney and 5th overall at the MAISA Women's Championships... Sailed to 5th in B Division with Elyssa Albert and 10th overall at the Women's Victorian Coffee Cup... Added three more top ten finishes her first year...

**Prep:** Ran cross country for two years and track for one... Graduated with high honors.

**Personal:** Born May 31, 1989... Daughter of Dale and Nancy Roble... Has one brother, Bradley (22)... Was a Chicago Yacht Club Sailing Instructor over the summer... Dream vacation would be to backpack around Europe... Hobbies include wakeboarding, snowboarding and running... Wears the same sailing clothes each day at a regatta as a superstition... Favorite movie is "Sex and the City"... Has set a goal in life to travel the world and sail in the Olympics... Majoring in Marketing.

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**Morgan Wilson**

- Skipper
- Junior
- Arnold, MD
- Annapolis HS

08-09: Qualified for her second consecutive trip to the ICSA Singlehanded National Championship and finished ninth... Finished third at the MAISA Women's Singlehanded Championships... Finished fourth at the ODU/BYO Radial... Along with Alissa Ayres, claimed fourth in the B Division at the MAISA Women's Fall Dinghy, as ODU finished third overall... Sailed with Arianna Baker to a third place finish in the B Division at the College of Charleston Women's Intersectional... Was part of ODU's fifth place finish at the MAISA Team Racing Championships.

07-08: Qualified for ICSA Women's Singlehanded National Championship with 4th place effort at the MAISA Women's Singlehanded... Finished 11th overall at the ICSA Singlehanded Nationals... Sailed to 9th in B Division with Elyssa Albert and 4th overall at the Navy Fall Women's Intersectional... Sailed 7th in B Division with Elyssa Albert and 5th overall at the Navy Fall Intersectional... Sailed in A Division with Katrina Williams and Kristen Cumming and 10th overall at the Women's Victorian Coffee Cup... Sailed in B Division with Ashley Brusso and 5th overall at the C of C Women's Intersectional... Finished 6th in A Division with Katrina Williams, Jaclyn Finney and Jane Bleakney and 9th overall at the Navy Women's Spring Intersectional... Also contributed in Team Racing events...

**Prep:** Sailed as a skipper all four years in high school... Named Team Captain... A member of the National Honor Society...

**Personal:** Born December 27, 1988... Daughter of Doug and Chris Wilson... Has one sister, Madeline (5)... Was a sailing coach over the summer... Favorite sports personality is Lance Armstrong... Dreams of vacationing in Fiji... Most impressive person met is U.S. Olympian and ODU alum Anna Tunncliffe... Has set a goal in life to sail in the Olympics... Majoring in Biology.

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**Arianna Baker**

- Skipper/Crew
- Sophomore
- East Moriches, NY
- Manorville HS

08-09: Claimed third in the B Division at the Yale Women's Intersectional along with Katrina Williams and Jaclyn Finney... Sailed with Morgan Wilson to a third place finish in the B Division at the College of Charleston Women's Intersectional... Claimed fourth in the B Division sailing with Rachel Pokorny at the MAISA/SAISA event... Sailed with Katrina Williams and Alissa Ayres at the St. Francis Intersectional, garnering fifth-place in the B Division... Finished eighth at the ODU/BYO Radial.

**Prep:** Was a swimmer from 2000-2005 on club team... AP Scholar with distinction... Principal's Honor Roll

**Personal:** Born September 7, 1990... Daughter of Roger and Collette Baker... Spent the summer teaching sailing at Bellport Bay Yacht Club... Favorite sports personality is Amanda Clark... Dream vacation would be backpacking through Europe... Hobbies include reading, swimming and films... Favorite movies are "Fight Club" and "Eternal Sunshine of the Spotless Mind"... Superstitions include never wearing event apparel until after the event... Majoring in Ocean, Earth & Atmospheric Science.
Zack Kelchner

- Skipper
- Sophomore
- Fort Lauderdale, FL
- St. Thomas Aquinas

08-09: Sailed with Ashley Pellerito to a first-place finish in the B division at the Riley Cup, where the ODU silver team claimed second... Finished second in the B Division at the NY Maritime Fall Open along with Pellerito... Claimed fifth in the B Division sailing with Pellerito at the Hobart/William Smith Fall Intersectional... Finished first in the A Division sailing with Pellerito at the ODU Open.  
Personal: Born Zachery Peet Kelchner on February 25, 1990... Son of Greg Kelchner and Georgie Peet... Favorite sports personality is Brad Funk... Dream vacation is a trip to Costa Rica... Hobbies include surfing and skimboarding... Most impressive person met is Jimmy Buffett... Favorite movie is "Anchorman"... Goal in life is to become an America's Cup skipper... Majoring in Mechanical Engineering.

Collin Leon

- Skipper
- Sophomore
- Oyster Bay, NY
- Friends Academy

Prep: Transfer from the College of Charleston in South Carolina. Did not compete at Charleston, but is expected to make an immediate impact for the Monarchs co-ed team.  
Personal: Born June 9, 1990... Son of Daniel and Alison Leon... Has two sisters, Molly and Jackie and one brother, Tyler.

Miles Martschink

- Skipper
- Sophomore
- Mount Pleasant, SC
- Porter-Gaud

08-09: Sailed with Bryan Stout and Arielle Darrow to a second place finish in the B Division at the Riley Cup, where ODU claimed first as a team... Finished fourth in the B Division along with Jessica Milligan as ODU claimed second at the SAISA-MAISA Regatta... Fourth in the B Division at the Old Dominion Open.  
Prep: Four years of Sailing at Porter-Gaud High School in Charleston, SC coached by Jenny Gervis... Nominated captain during junior and senior campaign... Has sailed competitively for 11 years.  
Personal: Born February 26, 1990... Son of Miles and Elizabeth Martschink... Worked as a sailing instructor over the summer for the Carolina Yacht Club... Dreams of vacationing in New Zealand... Hobbies include restoring boats... Favorite movie series is James Bond... Goal in life is to be an All-American Skipper... Majoring in Mechanical Engineering.

Jessica Milligan

- Crew
- Sophomore
- Chesapeake, VA
- Great Bridge

08-09: Claimed first in the B Division sailing with Gavin Rudolph at the Hampton Bay Days... Competed with Miles Martschink and finished fourth in the B Division at the SAISA-MAISA.  
Personal: Born September 20, 1990... Daughter of Wayne and Carol Milligan... Has one brother, Sean... Majoring in Exercise Science at ODU.

Emily Reich

- Crew
- Sophomore
- Oak Bluffs, MA
- Martha’s Vineyard Regional

Prep: Transfer from Roger Williams University where she sailed under head coach Amanda Callahan in the fall of 2008.  
Personal: Born May 14, 1990... Daughter of Bill Reich and Kathy Cowley... Has a brother, Willy... Majoring in Recreation and Tourism Management at ODU.
08-09: Finished first in the B Division along with Jessica Milligan as ODU won the Hampton Bay Days…Fourth in the B Division at the Old Dominion Open…Claimed fourth along with Catherine Vogel in the A Division at the MAISA/SAISA event.

Personal: Born January 24, 1990…Son of Glenn and Barbara Rudolph…Has one sister, Jaimie (19)...Worked as a summer sailing coach at Corinthian Sailing Club and Great Harbor Yacht Club…Favorite sports personality is Tiger Woods…Dreams of vacationing on a deserted tropical island…Hobbies include sailing, going to the beach, and surfing...Majoring in Mechanical Engineering.

08-09: Added depth to the ODU Sailing Team during the 2008-09 season…Claimed fourth along with Catherine Vogel in the A Division at the MAISA/SAISA event.

Personal: Born March 5, 1990…Daughter of John and Bonnie Vogel…Majoring in Marine Biology at ODU.

Prep: Began sailing in 2006 at Severn Sailing Association…sailed two years under Coach Brent Ostbye.

Personal: Born June 12, 1990…Daughter of John and Janet Stock...Has an older sister, Jennifer…Majoring in Ocean and Earth Studies at ODU.

08-09: Added depth to the ODU Sailing Team during the 2008-09 season…Claimed fourth along with Gavin Rudolph in the A Division at the MAISA/SAISA event.

Personal: Born March 5, 1990…Daughter of John and Bonnie Vogel…Majoring in Marine Biology at ODU.

Personal: Born November 12, 1990…Daughter of Kristine Cox…Has one sister, Courtney…Majoring in Political Science at ODU.

Personal: Born October 16, 1991…Daughter of Thomas and Catherine Harris…Has one brother, Thomas…Majoring in Health Sciences at ODU.
COLLIN KIRBY

•Skipper
•Freshman
•Purcellville, VA
•Loudoun Valley

Personal: Born July 20, 1991…Son of Doug and Shelly Kirby…Has one sister, Sarah…Majoring in Business at ODU.

DILLON PAIVA

•Skipper
•Freshman
•Raleigh, NC
•Leesville

Personal: Born April 15, 1991…Son of Roland Paiva and Diana Young-Paiva…Has an older brother, Coleman and a younger brother, Cooper…Majoring in Education at ODU.

ZACHARY RUNCI

•Skipper
•Freshman
•Duxbury, Mass.
•Duxbury

Personal: Born October 9, 1990…Son of Edward Runci and Sally Austin-Runci…Has a younger sister, Liz…Majoring in Marine Biology at ODU.

SHANNON WILKINS

•Crew
•Freshman
•Kennett Square
•Unionville

Personal: Born September 5, 1990…Daughter of Allan and Sharlene Wilkins…Has a younger brother, Brendon…Majoring in Exercise Science, Physical Therapy at ODU.
ALL-AMERICANS

1982-83
K.C. Fullmer (All-American)

1984-85
Stacy Ench (All-Star Crew)

1985-86
Stacy Ench (All-Star Crew)
James C. Malm (Honorable Mention)
Mike Martin (Honorable Mention)

1986-87
April Eliot (All-Star Crew)
Terry Hutchinson (All-American)
James C. Malm (Honorable Mention)
Jim Weber (All-American)
Flurry Normann (All-American)

1987-88
Mitch Brindley (All-Star Crew)
Terry Hutchinson (All-American)
Mike Martin (Honorable Mention)
Flurry Normann (All-American)
Jim Weber (All-American)

1988-89
Mitch Brindley (All-Star Crew)
Mike Devlin (All-Star Crew)
Terry Hutchinson (Sailor-of the Year)
Mike Martin (All-American)
Flurry Normann (All-American)
Charlie Ogletree (All-American)
Jim Weber (All-American)

1989-90
Mike Devlin (All-Star Crew)
Todd Hudgins (Honorable Mention)
Terry Hutchinson (Sailor-of the Year)
Marty Kullman (All-American)
Kim Logan (All-American)
Dawn Philips (All-Star Crew)
Jim Weber (All-American)

1990-91
Todd Hudgins (All-American)
Donna Kuhl (All-American)
Marty Kullman (All-American)
Ian Lay (All-Star Crew)
Kim Logan (All-American)
Shell Schepker (All-Star-Crew)

1991-92
Marty Kullman (All-American)
Shell Schepker (All-Star Crew)
Heidi Thoma (All-American)

1992-93
Patrick Downey (All-American)
Brian Hutchinson (All-Star Crew)
Heidi Thoma (All-American)

1993-94
Patrick Downey (All-American)
Christine Accetella (All-American)
Bill Hardesty (All-American)
Kristin Graham (All-Star Crew)

1994-95
Patrick Downey (All-American)
Samantha Ficksman (All-Star Crew)
Mitchell Rogers (Honorable Mention)
John Torgerson (All-American)

1995-96
Evangeline Callahan (All-American)
Samantha Ficksman (ICYRA Sportsman of the Year & All American)
Mitchell Rogers (All-American)
Stephanie Sharlow (All-American Crew)
Aaron Szambecki (Honorable Mention)

1996-97
Rob Ragsdale (All-American Crew)
Jennifer Pait (All-American Crew)
John Torgerson (All-American)

1997-98
Ward Cromwell (Honorable Mention)
Jennifer Pait (All-American Crew)
Heather Pescatello (All-American Crew)
John Torgerson (All-American)
Mark Zagol (All-American)

1998-99
Adam Burns (All-American)
Heather Pescatello (All-American Crew)
Lora Saunders (All-American Crew)
Mark Zagol (All-American)

1999-00
Adam Burns (All-American)

2000-01
Brad Funk (All-American)
Sally Barkow (All-American)
Emily Ruiter (All-American)
Elizabeth Biondi (All-American)
Adam Burns (All-American)
Corrie Clement (Honorable Mention)

2001-02
Brad Funk (All-American)
Sally Barkow (All-American)
Molly Allen (All-American)
Elisabeth Biondi (All-American)
Corrie Clement (All-American)

2002-2003
Liz Bower (All-American)
Debbie Capozzi (All-American Honorable Mention)
Corrie Clement (All-American & Quantum Female College Sailor of the Year)
Anna Tunnicliffe (All-American)

2003-2004
Anna Tunnicliffe (All-American)
Cara Gibbons-Neff (All-American)

2004-2005
Anna Tunnicliffe (Women’s and Coed All-American & Quantum Women’s Sailor of the year)
Emily Bartlett (All-American)

2005-06
Jaci Finney (All-American)
Stephanie Roble (Honorable Mention)

2007-2008
Liz Bower (All-American)
Debbie Capozzi (All-American Honorable Mention)
Corrie Clement (All-American & Quantum Female College Sailor of the Year)
Anna Tunnicliffe (All-American)

2008-2009
Anna Tunnicliffe (All-American)
Cara Gibbons-Neff (All-American)
2008-2009 in Review

The ODU Sailing Team qualified for four of the six Inter-Collegiate Sailing Association (ICSA) national championship events in 2008-09, marking one of the most successful seasons in program history. Led by junior skipper Kyle Rogachenko and sophomore skipper Stephanie Roble, both the co-ed and women’s teams were nationally ranked throughout the entire year.

Rogachenko qualified for the ICSA Singlehanded National Championship for the first time in his career, after winning the Laser South #1 and finishing fourth in a comeback effort at the MAISA Championship regatta. At the National Championship, Rogachenko led the fleet all three days and finished in a tie for first, only falling to Cy Thompson (Roger Williams) on a tiebreaker of first place finishes, 3-2. He was the first male national qualifier since Brad Funk finished second in 2001.

On the women’s side, sophomores Stephanie Roble and Morgan Wilson qualified for their second consecutive trip to the ICSA Singlehanded National Championship. Roble finished seventh and Wilson took ninth. Both would be key in the top ten women’s program in the spring season, especially Roble, who was named MVP and earned Honorable Mention Women’s All-American honors. Senior crew Jaclyn Finney became the first Monarch All-American in three years as she and the women’s team dominated in the spring.

Notably, Finney and Roble sailed together at the St. Francis Intersectional, a prestigious regatta in San Francisco, and led the Lady Monarchs to a win of the women’s division and a 6th place finish overall. Junior skipper Katrina Williams and senior crew Alissa Ayres also made big impacts in the spring as the Lady Monarchs cruised to their ninth ICSA Women’s Dinghy Championship in the last ten years. In San Francisco, the Lady Monarchs teetered between first and second in the first two days, eventually falling to fourth overall matching the best finish since winning in 2002.

The co-ed team would not be left behind, though, as the ODU sailors qualified for a second consecutive trip to the ICSA Eastern Semifinal, held in Boston, Massachusetts. Behind the efforts of Rogachenko, Finney, Roble and Ayres, the co-ed sailors slipped past the 15th ranked Vermont Catamounts for the ninth and final qualifying slot by just one point. ODU would take advantage of their opportunity at the national event, matching the women’s finish of fourth place in California.

At the ICSA/Gill Co-Ed National Championship, Rogachenko sailed with Wilson Stout, Alan Alkins and Finney in A division to a third place finish while senior skipper Mikey Brown sailed with Roble, Ayres and Michael Komar to sixth in B division. The fourth place finish was the best for the co-ed sailors since winning in 1998.

ODU finished among the top ten teams in 16 of 18 spring events and, in the fall, won the Hampton Bay Days and the Riley Cup regattas.
Old Dominion University began its tradition of excellence when it was founded in 1930 by the College of William & Mary, the second oldest university in the United States. Established as an extension of William and Mary in Williamsburg, and Virginia Polytechnic Institute in Blacksburg, Old Dominion began educating teachers and engineers. The two-year school rapidly evolved into a four-year institution, and was granted independence in 1962 as Old Dominion College. It attained university status in 1969.

Today, Old Dominion enrolls more than 23,000 students, including approximately 6,200 graduate students. The university offers 70 bachelor’s degrees, 60 master’s degrees, 36 doctoral degrees and two educational specialist degrees, and consists of six colleges: Arts and Letters, Business and Public Administration, Education, Engineering and Technology, Health Sciences and Sciences. The university has achieved designation as a Research University (high research activity) from the Carnegie Foundation for the Advancement of Teaching.

Proud of its past, Old Dominion constantly looks to the future and prides itself on its continually expanding research and teaching programs. A forward-focused, public doctoral research university, it serves students from around the world who want a rigorous academic experience in a profoundly multicultural community. At Old Dominion, nationally recognized faculty use real-world expertise and innovative teaching methods to challenge students to achieve their highest goals. The university’s entrepreneurial approach to problem solving drives cutting-edge research, eminent scholarship and strategic partnerships with government, business, industry, organizations and the arts.

Approximately 730 full-time and 650 part-time faculty members bring a wealth of talent to Old Dominion classrooms each day. Many have been recognized on the state and national levels with awards for teaching, research and service. Since 1990, Old Dominion faculty have won three professor of the year awards from the Carnegie Institute for the Advancement of Teaching, one Humboldt Award, three Virginia Outstanding Scientist awards, and 22 Virginia Outstanding Faculty Awards that are sponsored by the State Council of Higher Education for Virginia.

The students at Old Dominion share a special sense of excitement derived in part from the rich tapestry of backgrounds, cultures and ages represented on campus. Students hail from all 50 states and more than 100 countries. Studying in this multicultural environment, and taking advantage of a guaranteed internship program, offers students a true edge after they graduate and begin to compete for jobs.

Among ODU’s outstanding students in recent years are a Rhodes Scholar, Truman Scholar and three USA Today Academic All-Americans, as well as the first undergraduate in Virginia to earn a patent.

Situated on 188 acres near downtown Norfolk, Old Dominion’s main campus stretches from the Elizabeth River to the Lafayette River. With its garden areas, reflecting pools and spacious green lawns bordered by tree-lined walkways, the campus offers the best of both worlds – a beautiful setting and just minutes away from Hampton Roads’ largest cities.

One of the most exciting developments on the campus today is the University Village, with its impressive centerpiece, the Ted Constant Convocation Center, which opened its doors in 2002 and hosts everything from basketball games to concerts to commencements. This 75-acre development at the east end of campus is home to 960 modern student apartments, a variety of restaurants and shops, a hotel, research facilities, an art gallery and bookstore.

On the main campus, at the west end of the grassy, five-acre Kaufman Mall, lies Webb University Center, a spacious facility for student life that dazzles with its two-story glass facade. At the north end of campus is the Williamsburg Lawn, with its towering willow oak trees and 1930s-era buildings, offering students and visitors a trip back in time to the beginnings of the university.

Recent additions to the campus include an indoor tennis center, orchid conservatory and research building, student recreational center, and residence halls.

The university is located approximately 200 miles south of Washington, D.C., and is a short drive to Virginia Beach, Williamsburg and the Outer Banks of North Carolina. Prospective students and families are welcome to visit the campus Monday through Saturday throughout the year.
SAILING AT ODU

Old Dominion became a charter member of the South Atlantic Intercollegiate Sailing Association in 1964, participating on a club basis. In 1977, thirteen years after joining the SAISA Old Dominion made its first move to elevating the sport to varsity status by organizing a sailing committee. One year later, Gary Bodie was named the Waterfront Director and Sailing Coordinator. In 1980, two Monarch sailors, K.C. Fullmer and Joe Gander, captured individual SAISA honors. The Monarchs captured the SAISA Fall Dinghy Championship, hosted the Singlehanded National Championships and were ranked 19th nationally.

In the summer of 1981, seventeen years after the club began, sailing was elevated to varsity status. In 1982, the Sailing Center was constructed and in 1984 Old Dominion moved into a new conference, the Mid-Atlantic Intercollegiate Sailing Association (MAISA), helping it become a national powerhouse.

Now established as one of the top sailing programs in the country, Old Dominion is now an annual host to numerous sailing events, including the Riley Cup, ODU Open and the Aaron Szambecki Team Race Intersectional. In the spring of 2007, Old Dominion played host to the ICSA Women’s National Championship, and in 2001 hosted the Men’s and Women’s Singlehanded event. The campus has also hosted the Spring Nationals on two previous occasions.

Old Dominion has captured 15 national titles and has produced 92 All-Americans and All-Star crews since 1982-1983, with 42 of those awards having been won under the program’s current coach, Mitch Brindley. In 1989 and 1990, Terry Hutchinson earned Sailor of the Year honors and Samantha Ficksman was named ICYRA Sportsman of the Year in 1995-96. In 2003, Connie Clement was Quantum Women’s Sailor of the Year honors and Samantha Ficksman was named ICYRA Sportsman of the Year in 1995-96. In 2003, Connie Clement was Quantum Women’s Sailor of the Year. In 2005, Tunnicliffe was named the Quantum Women’s Sailor of the Year, and Sally Barkow earned the first of two Rolex Yachtswoman of the Year awards. The second came in 2007.

In 2008, Hutchinson and Tunnicliffe were named U.S. Sailing Rolex Yachtsman & Yachtswoman of the Year. Tunnicliffe was awarded the 2009 ISAF Rolex Yachtswoman of the Year, the highest honor in sailing.
MAISA AND THE ICSA

2009-2010 Sailing Championships

ICSA Championships
ICSA Women’s – May 25-28, 2009/Wisconsin, Madison, WI
ICSA Team Race – May 29-31, 2010/Wisconsin, Madison, WI
ICSA/GILL Dinghy – June 1-3, 2010/Wisconsin, Madison, WI
ICSA/LaserPerformance Singlehanded – November 6-8, 2009/Corpus Christi, TX
ICSA Sloop – October 23-25, 2009/USCG, New London, CT

Mid-Atlantic Intercollegiate Sailing Association Championships
MAISA Team Race – April 10-11, 2010/NY Maritime, Bronx, NY
MAISA Women’s – April 24-25, 2010/Navy, Annapolis, MD
MAISA Dinghy – April 17-18, 2010/Cornell, Ithaca, NY
MAISA Men’s Singlehanded – October 10-11, 2009/Navy, Annapolis, MD
MAISA Women’s Singlehanded – September 26-27, 2009/Navy, Annapolis, MD
MAISA Sloops – October 3-4, 2009/Navy, Annapolis, MD

For more information, visit CollegeSailing.org

Outstanding ODU Olympians

ODU’s solid sailing program extends beyond the university. The United States Olympic Sailing Team has recruited five former Monarchs.

Anna Tunnicliffe (2005)
Tunnicliffe is the top-ranked Radial sailor in the United States and by the International Sailing Federation (ISAF). After making history at ODU by winning back-to-back-to-back national singlehanded championships, Tunnicliffe has continued to be a force in sailing competition all over the world. She reached the pinnacle of her sport at the 2008 Summer Olympics, winning the gold medal for the United States.

Brad Funk (2002)
Funk is the second ranked men’s Laser sailor in the United States. Funk has been active in the ISAF since 1995 and has been a top American sailor since his days at Old Dominion. Funk and Tunnicliffe frequently train and sail together when not competing in their respective singlehanded divisions. At the U.S. Olympic Trials, Funk narrowly missed the victory and was an alternate for the USA in the 2008 Olympic Games in Beijing.

Sally Barkow (2003) and Debbie Capozzi (2003)
Barkow and Capozzi are two staple members of the top United States Yngling team. The two women and crew won three world championships in four months in 2005 and U.S. Sailing and Rolex named Barkow the 2005 Yachtswoman of the Year. Capozzi won the 2006 Women’s Match Racing Championship. At the 2008 Summer Olympics, the duo finished seventh overall in the Yngling class.

Charlie Ogletree (1989)
Ogletree is a crew member on the top-ranked Tornado team. He was on the 2004 world silver medal Tornado team. He also competed in his fifth Olympic Games in the summer of 2008. In his first four Olympics, Ogletree never finished out of the top-eight. He has been sailing competitively for over 30 years.