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To the Media
The 2009-10 Old Dominion University Media Guide was prepared specifically to assist the media in its coverage of Old Dominion University women’s basketball.

Credentials
Members of the media who wish to cover a Lady Monarch home basketball game must obtain a media pass at least 24 hours in advance by either writing the Sports Information Office, by calling 757-683-3372 between the hours of 8:00 a.m. and 5:00 p.m. Monday through Friday or by e-mailing Rob Silsbee at Rsilsbee@odu.edu.

Working Area
All working press will be seated at courtside. Non-working press may sit at press row only if space is available. Spouses, guests and children are not permitted on press row or in the press room, in compliance with the working code of the U.S. Basketball Writers Association. Visiting radio and television stations are also seated at press row. Photographers must shoot from the end lines of the court. Additional lighting and strobe lights must be cleared in advance of the game. Space along the end lines of the court is on a first-come, first-served basis.

Filing Stories
Internet access, both ethernet and wireless, along with a FAX machine will be made available in the Constant Center press room.

Press Room
The press room for Lady Monarch basketball is located under section 106 in the Constant Convocation Center. Drinks and food are available in the adjacent media hospitality room prior to tip-off and at halftime. Post-game press conferences will also be held in this room. Admittance is limited to those with media passes.

Post-Game Interviews
Locker room interviews are not granted at Old Dominion University Lady Monarch basketball games. Coach Wendy Larry and players selected by the media will grant interviews in the press room 10 minutes after the conclusion of the game. For more information on post-game interviews, or to request individual players from either the Lady Monarchs or their opponents, please contact Assistant Sports Information Director Rob Silsbee or Sports Information Director Carol Hudson, Jr.

Radio Setup
All visiting radio stations must contact the Constant Center events manager, Mike Fryling, for telephone requests for game coverage in the Constant Convocation Center. He may be reached by calling 757-683-5518.

Web Site
Up-to-date scores and statistics on the Lady Monarch basketball team may be obtained from Old Dominion University’s athletic web page at http://www.odusports.com.
LADY MONARCHS and THE MEDIA

Print Media
Virginia Pilot
Rich Radford
150 W. Brambleton Avenue
Norfolk, VA. 23510
Phone: (757)464-2366
Fax: (757)464-2366
Website: www.pilotonline.com

Newport News Daily Press
7859 Warwick Blvd
Newport News, VA. 23607
Phone: (757)247-4630 or 4643
Fax: (757)247-9420
Website: www.dailypress.com

Richmond Times Dispatch
Vic Dorr
P.O. Box 8533
Richmond, VA. 23293
Phone: (804)464-6544
Fax: (804)353-8500
Website: www.timesdispatch.com

Washington Post
1150 19th Street, NW
Washington, DC. 20036
Phone: (202)334-7685
Fax: (202)334-7785
Website: www.washingtonpost.com

Philadelphia Inquirer
Mel Greenberg
400 North Broad Street
Philadelphia, PA. 19102
Phone: (215)854-5725
Fax: (215)854-5725

Sports Illustrated
Time and Life Building
Rockefeller Center
New York, NY. 10020
Phone: (212)552-4543
Fax: (212)522-1212
Website: www.sportsillustrated.com

CBS College Sports
2035 Corte Del Nogal
Suite 200
Carlsbad, CA. 92009
Phone: (760)431-8221
Website: www.collegesports.com

Internet Provider
Associated Press
Suite 1310
700 E. Main Street
Richmond, VA. 23219
Phone: (804)464-6546
Fax: (804)464-6546

Radio Broadcasts
Head Coach Wendy Larry is featured weekly during the season on ESPN Radio 1310. The call-in format allows fans to talk directly to Coach Larry about games, opponents, and more. Coach Larry will be featured weekly on Tuesdays from 6-7 pm. Check www.odusports.com for the most up-to-date schedule.

Coaches Call-In Show
Head Coach Wendy Larry is featured weekly during the season on ESPN Radio 1310. The call-in format allows fans to talk directly to Coach Larry about games, opponents, and more. Coach Larry will be featured weekly on Tuesdays from 6-7 pm. Check www.odusports.com for the most up-to-date schedule.

Radio Broadcasts
The Lady Monarchs are in their second decade on the airwaves, and ESPN 94.1 FM radio, a member of the Max Media Group. Heading the play-by-play is Tony Mercurio, 14-time sportscaster of the year, along with color commentary by former Lady Monarch Assistant Coach Susan Montgomery.

Tony Mercurio
Voice of the Lady Monarchs

Conference
Colonial Athletic Association
Niki DeSantis
Director of Communications
6826 Patterson Ave.
Richmond, VA. 23229-6349
Phone: (804)784-1616
Fax: (804)784-1830
Website: www.caasports.com

LADY MONARCHS and THE MEDIA

Print Media
The Lady Monarch basketball program has been followed by the local, regional and national press for over 25 years, and was among the first programs in the country to have full-time coverage in major daily newspapers.

Locally, The Virginian-Pilot newspaper, which serves the southside of Hampton Roads and boasts a circulation of 170,000-plus, covers the program on a continuous basis, both at home and on the road. Across the river in Newport News and Hampton, the Daily Press newspaper, serving the Peninsula with a combined circulation of more than 100,000, provides up-to-date coverage on the team. Through its weekly release from the sports information office, Lady Monarch information is provided to more than 250 media, including hometown coverage for all Lady Monarch players.

Television
Long before it was fashionable for women’s basketball to be on television, the Lady Monarchs were pioneering their way into millions of living rooms.

In the late 1970’s and early 1980’s, Old Dominion basketball, both men and women, were featured on the Christian Broadcasting Network (CBN), which was then the second-largest cable system in the United States. Since those groundbreaking days, the Lady Monarchs have been featured on ESPN in the first regular season game aired by that network (Old Dominion at Texas in 1985-86), on both CBS and NBC in national championship contests and on many local and regional broadcasts.

Lady Monarch Head Coach Wendy Larry is a media favorite. She and the rest of the staff and student-athletes are easily accessible for interviews through the Sports Information Office.

Website: www.maceandcrown.com
Phone: (804)784-6546
Fax: (804)784-6935

Website: www.wvec.com
Phone: (757)628-6200
Fax: (757)628-5855

Website: www.wkrl.com
Phone: (757)446-1352
Fax: (757)446-2366
Old Dominion University began its tradition of excellence when it was founded in 1930 by the College of William and Mary, the second oldest university in the United States. Established as an extension of William and Mary in Williamsburg, and Virginia Polytechnic Institute in Blacksburg, Old Dominion began educating teachers and engineers. The two-year school rapidly evolved into a four-year institution, and was granted independence in 1962 as Old Dominion College. It attained university status in 1969.

Today, Old Dominion enrolls more than 23,500 students, including approximately 6,200 graduate students. The university offers 70 bachelor's degrees, 60 master's degrees, 36 doctoral degrees and two educational specialist degrees, and consists of six colleges: Arts and Letters, Business, and Public Administration, Education, Engineering and Technology, Health Sciences and Sciences. The university has achieved designation as a Research University (high research activity) from the Carnegie Foundation for the Advancement of Teaching.

Proud of its past, Old Dominion constantly looks to the future and prides itself on its continually expanding research and teaching programs. A forward-focused, public doctoral research university, it serves students from around the world who want a rigorous academic experience in a profoundly multicultural community. At Old Dominion, nationally recognized faculty use real-world expertise and innovative teaching methods to challenge students to achieve their highest goals. The university's entrepreneurial approach to problem solving drives cutting-edge research, eminent scholarship and strategic partnerships with government, business, industry, organizations and the arts.

Approximately 730 full-time and 650 part-time faculty members bring a wealth of talent to Old Dominion classrooms each day. Many have been recognized on the state and national levels with awards for teaching, research and service. Since 1990, Old Dominion faculty have won three professor of the year awards from the Carnegie Institute for the Advancement of Teaching, one Humboldt Award, three Virginia Outstanding Scientist awards, and 22 Virginia Outstanding Faculty Awards that are sponsored by the State Council of Higher Education for Virginia.

The students at Old Dominion share a special sense of excitement derived in part from the rich tapestry of backgrounds, cultures and ages represented on campus. Students hail from all 50 states and more than 100 countries. Studying in this multicultural environment, and taking advantage of a guaranteed internship program, offers students a true edge after they graduate and begin to compete for jobs.

Among ODU's outstanding students in recent years are a Rhodes Scholar, Truman Scholar and three USA Today Academic All-Americans, as well as the first undergraduate in Virginia to earn a patent.

Situated on 188 acres near downtown Norfolk, Old Dominion's main campus stretches from the Elizabeth River to the Lafayette River. With its garden areas, reflecting pools and spacious green lawns bordered by tree-lined walkways, the campus offers the best of both worlds – a beautiful setting and just minutes away from Hampton Roads' largest cities.

One of the most exciting developments on the campus today is the University Village, with its impressive centerpiece, the Ted Constant Convocation Center, which opened its doors in 2002 and hosts everything from basketball games to concerts to commencements. This 75-acre development at the east end of campus is home to 960 modern student apartments, a variety of restaurants and shops, a hotel, research facilities, an art gallery and bookstore.

On the main campus, at the west end of the grassy, five-acre Kaufman Mall, lies Webb University Center, a spacious facility for student life that dazzles with its two-story glass facade. At the north end of campus is the Williamsburg Lawn, with its towering willow oak trees and 1930s-era buildings, offering students and visitors a trip back in time to the beginnings of the university.

Recent additions to the campus include an indoor tennis center, orchid conservatory and research building, student recreational center, and residence halls.

The university is located approximately 200 miles south of Washington, D.C., and is a short drive to Virginia Beach, Williamsburg and the Outer Banks of North Carolina. Prospective students and families are welcome to visit the campus Monday through Saturday throughout the year.
OUR FACULTY

Students have the opportunity to learn and work alongside Old Dominion University’s outstanding faculty. With a student to faculty ratio of 17:1, ODU’s classrooms provide the optimal learning environment. Our faculty challenges and engages students, motivating them to think and perform at their best.

Our professors have received numerous awards and accolades recognizing their teaching skills, public service, and innovation.

ACHIEVEMENTS INCLUDE:
• 24 SCHEV Outstanding Faculty Award winners since 1991
• 3 Virginia Scientists of the Year
• 38 Fulbright Award winners among current faculty
• 3 CASE - U.S. Professors of the Year
• 1 Alexander von Humboldt Award winner
• 33 Eminent scholars
• 9 American Physical Society fellows

OUR ACADEMICS

Old Dominion University offers 70 undergraduate degree programs, 60 Masters programs, and 36 doctoral programs; many of which are nationally recognized.

Flexible and customizable studies are also available, in addition to numerous minors.

OUR STUDENTS

Over 23,500 students are enrolled at ODU, including 16,066 undergraduates. Students hail from all 50 states, along with over 1,100 international students from 108 countries.

In addition to being diverse, ODU also has some of the brightest students in the nation.

OUR SCHOLARS INCLUDE:
• 1 Rhodes Scholar
• 3 All-USA Academic Team honorees
• 2 Jack Kent Cooke Foundation scholarship honorees
• 1 Truman Fellow
• First undergraduate student in Virginia to earn a patent

OUR ORGANIZATIONS / ACTIVITIES

With over 200 student organizations and an active Greek system, there are plenty of opportunities to become involved at ODU.

OUR CAMPUS

ODU is growing and changing fast. Several large projects are underway and many will start soon.

Some recent on-campus projects have included an indoor tennis center, 2-story bookstore, the Innovation Research Park, Springhill Suites Hotel, and a new student recreation center.
Norfolk serves as the cultural, financial and business hub of the Hampton Roads Metropolitan Area, which comprises the cities of Norfolk, Portsmouth, Virginia Beach, Chesapeake, Suffolk, Hampton, and Newport News. With a combined population of 1.5 million, the Hampton Roads area is the 27th largest Metropolitan Statistical Area in the U.S.

Founded in 1682, Norfolk has been a gateway to Virginia for commerce and industry since the early 17th century. The city is home to the Norfolk Naval Base, the world’s largest naval installation and homeport to the U.S. Navy’s Atlantic and Mediterranean fleets; the MacArthur Memorial, the final resting place of famed General Douglas MacArthur; The Chrysler Museum, an art museum showcasing the collection of Walter P. Chrysler, son of the auto company founder; and Norfolk Botanical Garden, host to many celebrations including the International Azalea Festival.

Norfolk’s 12,000-seat Harbor Park is home to the Norfolk Tides, the top minor league team in the Baltimore Orioles organization. Waterside marketplace and Town Point Park create a lively waterfront activity center for outdoor concerts, many festivals, and dining with the best sunset views around.

Tall ship cruises, harborside shops, the quaint whistle of the Elizabeth River Ferry, the new Nauticus, one of the nation’s premier maritime museums and learning centers, and a climate ranked among the nation’s most desirable, all make Norfolk an exciting location for university studies.

Just 20 minutes from downtown Norfolk is the oceanfront resort city of Virginia Beach, with its miles of beaches on the Atlantic Ocean and the Chesapeake Bay.

Hampton is home to NASA’s Langley research center as well as Langley Air Force Base, while Newport News is the location of the Newport News Shipbuilding Company, manufacturer of the Nimitz-class aircraft carriers.

Just 45 minutes west of Norfolk is the Jamestown-Williamsburg-Yorktown triangle, where, it can be said, the nation was founded, debated its independence, and then won it on the battlefield.

Also within an easy drive are Richmond, the capital of Virginia and former capital of the Confederacy during the Civil War; the North Carolina Outer Banks, including the Wright Brothers Memorial at Kitty Hawk and the Cape Hatteras National Seashore; and the nation’s capital in Washington, D.C.
Norfolk is just one of 16 cities that make up Hampton Roads, Virginia.

From the ocean front in Virginia Beach, to the museums, sporting events in downtown Norfolk, and the historical attractions of Williamsburg and Busch Gardens, there is plenty for a Monarch to do in Hampton Roads.

Opposite page: (top): Mermaids on Parade: One of the most distinctive sights around Norfolk is the individually designed mermaids. Fashioned after the city’s logo celebrating a New Norfolk, the Mermaids on Parade were conceived as a community campaign to benefit the arts. (far left): Berthed at Nauticus in downtown Norfolk, the Battleship Wisconsin is one of the largest and last battleships ever built by the U.S. Navy. First commissioned in 1944, the USS Wisconsin was used from World War II through the Desert Storm conflict. Admission to the ship and tours are free to the public. (right): The Virginia Zoo in Norfolk has become the perfect mid-Atlantic port for launching cruise vacations to Bermuda, the Bahamas, the Caribbean and Canada / New England.

This page: (top): The Virginia Beach ocean front is only minutes from the Old Dominion campus. (left top): The sand castle competition is the highlight of the annual Neptune festival in Virginia Beach. (left bottom): The Virginia Zoo in Norfolk. (Below): Harbor Park is proud to be the home of the Norfolk Tides, the Baltimore Orioles AAA baseball team.

DISTANCE To...

<table>
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<tr>
<th>Destination</th>
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<tr>
<td>Oceanfront</td>
<td>18 mi</td>
</tr>
<tr>
<td>Williamsburg</td>
<td>45 mi</td>
</tr>
<tr>
<td>Outer Banks – NC</td>
<td>70 mi</td>
</tr>
<tr>
<td>Richmond</td>
<td>100 mi</td>
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<tr>
<td>Washington, D.C.</td>
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<tr>
<td>Baltimore</td>
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<tr>
<td>Philadelphia</td>
<td>265 mi</td>
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<tr>
<td>Charlotte</td>
<td>325 mi</td>
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<tr>
<td>New York</td>
<td>360 mi</td>
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<tr>
<td>Boston</td>
<td>575 mi</td>
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<tr>
<td>Atlanta</td>
<td>600 mi</td>
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Old Dominion University prides itself on being able to offer the student-athlete the best possible facilities to achieve maximum potential on the field.

The Intercollegiate Athletics Building, which underwent a renovation in 2006, houses both strength training and athletic training facilities which are always at the full disposal of the student-athlete. The expanded building is also the home of the Jacobson Athletic Academic Center.

The athletic training room provides the best in modern rehabilitation equipment for athletic injuries. The seven-foot deep running pool, located in the hydrotherapy room, along with three whirlpools and jacuzzi, provides Old Dominion athletes the opportunity to rehabilitate through exercise in water. The room also includes nine training tables, a Kinkom rehabilitation machine, and a traction table. The athletic training room is under the supervision of Head Athletic Trainer Marty Bradley, M.S., A.T.C., and his five full-time assistants, along with a staff of graduate assistants and student assistants.

The strength training room, built specifically for student-athlete use includes the most up-to-date in nautilus and free weight equipment, all under the supervision of the Head Strength and Conditioning Coach, Paul Helsel.

The Intercollegiate Athletics Building also houses the administrative staff including the athletic director, the associate and assistant athletic directors, the offices of sports information, ODU Sports Properties, athletic camps, and wrestling. The Athletic Support Office and Buildings and Grounds offices are also located in the Intercollegiate Athletics Building, which is located in the middle of the athletic quadrant of the campus that includes the 4,000 seat Old Dominion Soccer Stadium, the 2,500 seat Bud Metheny Baseball Complex, the Folkes-Stevens Indoor Tennis Center, and the Student Recreation Center.

The Old Dominion Sailing Center is located on the Elizabeth River on the western side of the campus and serves as home to the Monarch sailing program. Featuring a 200-foot pier and launch area, the Sailing Center also has storage space for the entire Old Dominion fleet of FJ's, Lasers, 420's, and various support craft, locker rooms, classrooms, workshop, and office space for the sailing coaches.

Foreman Field at S.B. Ballard Stadium, located behind Rollins Hall on the northern edge of the campus, is home field for Monarch football.

In 2008, the university opened the Powhatan Sports Center. This new facility houses the football, field hockey and lacrosse programs. The Center includes offices, locker rooms, meeting rooms, a weight room, football practice fields and a new stadium for field hockey and lacrosse.
(Opposite Page): The Ted Constant Convocation Center, (Above): Foreman Field at S.B. Ballard Stadium, home of ODU football, (Right): The Powhatan Sports Complex, the home for field hockey, women’s lacrosse and football and the ODU soccer complex, (below): the athletic administration building and the Folkes-Stevens Indoor Tennis Center.
The Athletic Administration Building Weight Room, supervised by the Director of Strength and Conditioning, Paul Helsel, features state-of-the-art equipment from Power Lift and Hammer Strength.
Was your effort today worthy of a championship?
For many years, the athletic teams of the Norfolk Division of the College of William & Mary (as Old Dominion was formerly called) were known as the Braves. This was a derivation of the William & Mary nickname of Indians. As Old Dominion achieved its own four-year status and saw its enrollment surpass that of its Williamsburg neighbor, it was no longer suitable or acceptable to have its teams called the Braves.

The name Monarchs evokes much of the early history of the Commonwealth of Virginia and of Old Dominion's mother institution, the College of William and Mary. The nickname “Old Dominion” was first coined to the Virginia colony by King Charles II after Virginia's loyalty to the crown during the English Civil War. Furthermore, William III and Mary II, whose patronage helped found the College of William and Mary in Virginia in 1693, ruled England at the invitation of Parliament as “joint monarchs.”

The Monarch used by Old Dominion has a royal crown on a lion's head, representing a historic past and a strong future.
The Lady Monarchs donate their time and energy through the University’s Monarch Reachout Program. Photos below are from the Lady Monarchs volunteer projects with The Susan G. Komen for the Cure 2009 Race for the Cure and (next page) Norfolk public school reading program.
Mini Monarchs Kids Club
Paw Pals, Locker Room Night, Newsletter, Birthday Specials and more!
MARKETING THE LADY MONARCHS

- Posters
- Schedule Cards
- Season Ticket Brochures
- Newspaper Ads
- Magnets

Old Dominion University
COACHING STAFF

2009-2010
Heading into the 2009-10 season, the Lady Monarch women's basketball team is united toward a common goal. That “one” goal is to return the CAA Championship to Norfolk for the 18th time in 19 seasons and earn a trip to the NCAA Tournament. After missing the NCAA Tournament in each of the last three seasons, Old Dominion is hungrier than ever before to reach that goal and is ready to work. Stay tuned as the Lady Monarchs face a super-charged schedule and battle for a return trip to the Big Dance.

Head coach Wendy Larry's squad returns four players with at least 10 starts a year ago, including All-CAA Second Team forward Jessica Canady, the lone senior on this year's team. Canady is a pre-season All-CAA first teamer and ranked second in the league in rebounding last year, hauling in 9.6 rebounds per contest. Also among the returners are juniors Jasmine Parker and Shadasia Green and sophomore center Maiir Buchan. Parker is a pesky defender with terrific shooting ability and Green stepped into her own during her sophomore campaign, averaging 6.0 rebounds and 9.3 points. Buchan, as a true freshman, played in 30 games and will be a big factor in the ODU backcourt this season. Added to the mix are four newcomers who join the ranks with impressive résumés and excited, upbeat attitudes about contributing right away for ODU.

BACKCOURT:
The Lady Monarchs graduated a pair of senior point guards, Jazzmin Walters and Jen Nacchio, that led ODU's backcourt last season. However, this season Old Dominion will be extremely deep at the guard position, returning two key starters and bringing in four talented newcomers.

At the shooting guard slot, Parker will return and play a huge role for the Lady Monarchs. She played in all 30 games a year ago and was the team's third leading scorer, averaging over 10 points per game. A sharp-shooter from outside (career 35.4% 3-point percentage), Parker also has the ability to put the ball on the floor and get to the basket. Parker is also a tough defender on the outside, posting 96 steals in her first two years. Her playing time has continued to rise after coming off the bench full-time her rookie year and then starting 14 games for Larry last season. Look for the junior guard to be a scoring option this season, as well as a facilitator for her teammates. Also expect her to stay away from contact, seemingly always in position for a charge in big situations.

Shadasia Green will also return as a junior this season and will certainly be a key piece for the ODU backcourt. Green started 21 of the 23 games she played last season and was a major factor offensively, scoring 9.3 points per game and averaging 6.0 rebounds per. A 5-9 guard, Green was the team’s leading rebounder in six contests, including grabbing 11 boards in a pair of games in 2008-09. She heated up as the season went on posting the first two double-doubles of her career and finished the season averaging over 28 minutes a game. Green’s ability to drive to the basket makes her a dynamic player that can also post up and work for buckets on the block. Green should also see time at the small forward position for ODU this season.

At the point, ODU brought in three players who have significant playing experience and could step in right away, with junior Jasmine Parker already posting minutes at the point in her career as well. Carolann Cloutier, a 5-8 point guard out of Montreal, played with Team Canada in the World University Games and brings the ODU backcourt a bit of international flavor. She played on the Junior Women's National Team in 2008 and was an All-Star for the U17 National Championship runner-ups in 2006. The MVP of league champion Dawson College, Cloutier plays with a cool head and is a smart point guard. Another international one guard with experience is Maiir Buchan's Scottish National teammate Becca Allison. Boasting tremendous quickness, Allison was named the MVP of her squad every year since 2006-07 and will add depth at the point. Transferring in from Miami-Dade Junior College, Kyaunise Byrd will be listed as a junior for the Lady Monarchs and should also log significant minutes as the court manager. Byrd was the nation's third leading scorer at Miami-Dade a year ago and will give Coach Larry options with speed and shooting ability.

Coach Larry will have near unprecedented depth coming off the bench at guard this season, with nine guards on the team. Junior Victoria Collier played in 11 games last season and was shooting over 36% from the field before suffering a knee injury. Collier is eager to return for the Lady Monarchs this season after three years of Larry’s tutelage. Also returning at guard is sophomore Prynces Tate-Dublin. Pulled out of her redshirt year due to mass team injuries last season, Prynces is a 5-10 guard with a history of impressive play out of Sultand, Maryland, including 26.4 points and 11.0 rebounds as an Honorable Mention All-Met honoree during her time at Potomac High School. JoNiqua Guilford will return for her redshirt freshman season after suffering a season-ending injury last year after just five appearances. Jo is the all-time leading scorer at Wilson High School in nearby Portsmouth, Virginia and is a terrific shooter.

Finally, bolstering the depth at both the guard and small forward position will be redshirt freshman JoNiqua Guilford, a McDonald's All-American nominee and WBCA Honorable Mention All-American, and Cook is a proven champion out of Hinckley, Ohio. Standing 6-0 tall, Cook averaged a double-double in both her junior and senior seasons, leading her team to a state championship in 2009.

FRONTCOURT:
Old Dominion loses the services of First Team All-CAA forward Tiffany Green, a big hit considering that Green was a full-time starter and the team's leading scorer (13.7 ppg) and second-leading rebounder (8.9 rpg). However, despite losing Green, the Lady Monarchs have reason to be optimistic about the 2009-10 bigs, starting with second team All-CAA forward Jessica Canady.

Canady suffered an injury last season, causing her to miss six games, but even with the lost time, she led the team and was second in the CAA in rebounding with 9.6 per game. She will be a senior this season, coming off a season where she shot 47% from the field and led the team in 20-point games. Coining the team motto, “one team, one dream, one goal!” this summer, Canady has stepped right into her role as the team leader and will be leaned on heavily in 2009-10. She will be the only senior on the squad this year and one of just four Lady Monarchs on the team with CAA Championship experience. Coach Larry will certainly look to Canady to bring that veteran presence to the court throughout this season.

Canady will have the help of Maiir Buchan on the front line after one year of experience there last season. Buchan played in all 30 games and made 10 starts for ODU last season, finishing the season with 5.2 points per game, 3.3 rebounds per game. She added 11 steals and 19 blocks as a 38.2% shooter and also showed the ability to step outside, as she drained 14 3-pointers. Buchan was named Rookie of the Week in the final week of the season, showing her work ethic paying off as she improved throughout the season. This year, she will be one of the premiere forwards in the ODU system.

Sophomore transfer student Tia Lewis will finally get to debut for ODU as well, after sitting out a year due to NCAA transfer regulations. Lewis was the Conference USA Rookie of the Year in 2007-08 after starting 30 games and leading the team in scoring and rebounding. She led the league in rebounding at the University of Central Florida.
2009-2010 OUTLOOK

and was ranked fifth in the nation with 11.5 per game and was also an efficient shooter, ranking 37th in the nation in field-goal percentage at 53.3%. Lewis is anxious to contribute for Coach Larry after watching from the sidelines a year ago and will be a big factor up front this season. Her ability to rebound and also to get out and run on the break will bring a dynamic presence to the quick Old Dominion offense.

As mentioned earlier, Shadasia Green and Jackie Cook will also factor heavily in the small forward group. Green started 21 games last season and played the three primarily, so fans should expect her to be able to flex back into that position easily. Her size and tenacity makes her a dangerous weapon for the Lady Monarchs in the half-court game as an extra body up front. Cook, the Lady Monarchs lone newcomer that will play in the frontcourt, also has terrific size for a guard and will give the coaching staff options in a third frontcourt position. Her experience in Ohio will afford her minutes early in her career and what she does with that opportunity will pave just how much she contributes in her first year.

Alena “Russia” Voronina rounds out the depth up front, returning for her junior campaign in 2009-10. As a reserve forward in her first two years she has shot over 34% from the field in 34 appearances. After going from 2.5 minutes per game her rookie year to 6.7 minutes per last season, the 6-2 forward will be leaned on to provide valuable minutes off the bench again this season.

THE SCHEDULE:

Despite coming off the first season in nearly 20 years that ODU failed to reach the postseason, Coach Wendy Larry did not shy away from top tier competition in 2009-10. The schedule will offer fans opportunity to witness tremendous athletes and competition right from the start, as 2009 national semi-finalist Stanford travels into Norfolk on November 13.

“This is the most difficult schedule we have had in a decade, top to bottom,” said Coach Larry.

The schedule kicks off the with November 13 tilt against the Cardinal, followed by a trip to College Park to face 2009 Sweet 16 participant Maryland on November 19. After a home game against North Carolina State, ODU will hit the tarmac and head to the Cancun Thanksgiving Classic in Mexico. The road trip will feature a game against national runner-up Louisville and another against Syracuse, coming off a trip to the WNIT.

The Lady Monarchs return home in December for three straight at the Ted against Ole Miss, Florida and Hampton University. Mississippi and Florida both reached the postseason in 2008-09, but ODU has been terrific at defending the home court since the Ted opened in 2004. ODU has posted a 92-15 overall record in the confines of the Constant Center, including a 67-2 CAA record. ODU wraps up non-conference play on the road against St. Joe’s and the annual trip to face the University of Tennessee. This season’s game is in Knoxville, after ODU narrowly lost to the Lady Vols in Norfolk last season, 81-76.

Conference play begins right after the New Year, on the road against Delaware and Northeastern. ODU’s conference slate will be strenuous more so than usual, as the Lady Monarchs will neither be on the road or at home for any more than two games in a row all season. The home conference opener against 2008-09 CAA Champions and the team that bounced Old Dominion out of the tournament for the first time in school history, Drexel University on January 10. Pre-season player of the year Gabriela Marginean leads Drexel and the Lady Monarchs will look to hold her and the rest of the Dragons down this season.

ODU will close out the regular season with three of four games at home, against James Madison on February 21 in the annual Think Pink game, against William & Mary on February 25 and Senior Day on March 3 against Towson University.

The conference tournament will again be at the JMU Convocation Center in Harrisonburg, Virginia, as the Lady Monarchs seek their 18th title in 19 years. The chance to fulfill its one goal this season will begin for ODU on March 11 with the CAA Championship game being played on March 14.

Old Dominion will again play host to the NCAA Tournament First and Second Rounds this season, on March 21 and 23, 2010. One of 16 sites for the first and second rounds in 2010, the Ted Constant Convocation Center will welcome four of the nation’s best teams for the 2010 NCAA Basketball Championship.
Larry’s achievements have not gone without recognition. She has been the recipient of nine Coach of the Year awards from three different leagues, most recently in 2008 with her seventh CAA Coach of the Year nod. She has also been recognized on the national level as well with WBCA District III, RCA, Sporting News, and United States Women’s Basketball Writers Association (USBWA) Coach of the Year accolades.

Returning to her alma mater as head coach of the Lady Monarchs in 1987, Larry immediately made her impact, being named the Sun Belt Coach of the Year as her squad advanced to the NCAA Tournament. During the next two seasons, Old Dominion collected over 20 wins each year and advanced to second round NCAA play, posting marks of 23-9 (1988-89) and 21-10 (1989-90). In 1991-92, the team posted a 20-11 mark and advanced to the NCAA East Region.

The following season saw Larry and Old Dominion reach the NCAA Mideast second round with a record of 22-8. The Lady Monarchs reached the East Regional Round with a 25-6 ledger in 1993-94 and then the Sweet Sixteen in 1995-96 with a 29-3 mark.

In the late 90’s, Old Dominion enjoyed a resurgence of national success with an appearance in the 1997 NCAA National Championship game against the Lady Vols of Tennessee in Cincinnati, Ohio. Closing out the ’90s, the Lady Monarchs were regulars in the “Sweet 16.”

Larry’s Lady Monarchs have remained a force to be reckoned with into the next century. Continuing their winning ways, Old Dominion remained the juggernaut of the CAA and danced onto “Elite Eight” in 2002 upsetting Georgia, Purdue, and Kansas State along the way, as well as a captivating “Sweet 16” march just last season. The Lady Monarchs enthralled a national ESPN audience in 2008 with a thrilling overtime upset second round victory over Virginia and Old Dominion finished the year ranked 10th in the both the Associated Press and ESPN/USA Today Poll with a 31-5 overall record, the most wins since the Lady Monarchs’ national championship appearance.
Larry's success stories have also transcended to the professional ranks. Nine of her former Old Dominion student-athletes reach the pro ranks as Old Dominion joined Connecticut with the most athletes selected in the draft. In fact, once a Monarch, always a Monarch held true for former Lady Monarchs Ticha Penicheiro and Hamchetou Maiga-Ba as they won the 2005 WNBA Championship with Sacramento Monarchs. Maiga-Ba, now with the Houston Comets, was also featured on the world's stage as she joined her native Mali national team to the Beijing Olympics in August of 2008.

Larry's impact has also reached the coaching ranks. Old Dominion legend and former assistant Anne Donovan led Charlotte in 2001 to the WNBA Finals, Seattle to the WNBA championship trophy in 2004, and most recently as the head coach of the gold-medal winning Team USA at the 2008 Beijing Olympics. Additionally, Alisa Scott, a six-year member of Larry's staff, served an assistant coach for the three-time WNBA Champion Houston Comets.

Prior to her current post at Old Dominion, Larry was the head coach at nearby Virginia Wesleyan College from 1978-79 and Arizona from 1985-87. She was named the PAC West Coach of the Year during the 1985-86 campaign as her Wildcat team posted a 19-9 record. In addition, Larry spent one year as the head coach at Cape Henry Collegiate High School in Virginia Beach.

Larry first returned to her alma mater under the guidance of women's basketball hall of famer Marianne Stanley for the 1979-80 season as a graduate assistant coach before being elevated to a full-time assistant. During that span, she was part of two Old Dominion national championships - 1980 (AIAW) and 1985 (NCAA).

An active member of several committees and boards away from the hardwood, she served a two-year term as President of the Women's Basketball Coaches Association (WBBA) and is a member of the USA Basketball Collegiate Committee. She has also been involved with the USA Today Coaches Poll board, the NCAA East Regional Women's Basketball Advisory Committee, and the advisory committee for Coaches vs. Cancer.

Larry is also committed to many civic organizations through the Hampton Roads area. She has served on the Board of Directors for the Hampton Roads Habitat for Humanity and created the "Wendy Walk" to help raise money for Habitat's cause. Wendy and her team are also supporters of "The Buddy Walk of Hampton Roads," an effort to raise money and awareness of Down's Syndrome. She has also been involved with Coaches Care in an effort to help raise money for the victims of Hurricane Katrina. Larry also served as the honorary chair of the 2003 Race for the Cure in Hampton Roads. She and her teams over the past years have been active with the annual race, as well as the annual "Hoops for a Cure" event at the Ted Constant Convocation Center, which helps raise money for the Tidewater Chapter of the Susan G. Komen Foundation.

A native of Bloomingdale, New Jersey and a huge New York Yankees fan, Larry and her boat, The Larryacht, call Virginia Beach home.

YEAR-BY-YEAR with Wendy Larry

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OVERALL RECORD: 569-209 (25 seasons)
RECORD AT ODU: 520-178 (22 seasons)

17 CAA Championships
3 Sun Belt Championships
20 NCAA Tournament Appearances

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WENDY LARRY
COACHING HONORS

PACIFIC 10 CONFERENCE

‘PAC WEST’ COACH OF THE YEAR, 1985-86

SUN BELT CONFERENCE

COACH OF THE YEAR, 1987-88

The Sporting News

NATIONAL COACH-OF-THE-YEAR, 1996-97

RCA

NATIONAL COACH OF THE YEAR, 1996-97

U.S. BASKETBALL WRITERS ASSOCIATION

NATIONAL COACH OF THE YEAR, 1996-97

PACIFIC 10 CONFERENCE

COACH OF THE YEAR,
1992-93, 2001-02, 2007-08

Past President

WBCA

Coaches Association of America
Nikita Lowry Dawkins begins her sixth season as a member of the Old Dominion women’s basketball coaching staff. Dawkins serves as the Lady Monarchs’ recruiting coordinator. Dawkins served as an assistant coach with the Lady Monarchs in 2004 and 2005 followed by a season as the top assistant at Texas Tech. She returned to the Old Dominion sidelines in 2007.

Combined, Dawkins has helped Old Dominion to a 119-42 overall mark, four CAA Tournament titles leading to an unprecedented 17 overall league titles for the Lady Monarchs, and four NCAA appearances, including the memorable run to the “Sweet 16” in 2008. Old Dominion has remained the dominating force in the CAA as Dawkins has seen the Lady Monarch record 77 league wins and only 13 conference losses in her tenure.

An All-American and Hall of Fame Member of The Ohio State women’s basketball team, Dawkins came to Old Dominion with vast coaching and playing experience, including head coaching stints at New Mexico State and Detroit Mercy, as well as assistant coaching positions at New Mexico State, Ohio State, and Michigan.

Internationally, Dawkins has been active with USA Basketball, both as a coach and a player. In 2002, she was an assistant with the U.S. 20-and-Under squad that won the gold medal at the COPASA Young Women’s World Championships in Ribeirao Preto, Brazil. During her collegiate days, Lowry Dawkins was a member of two USA Select Teams (1988 & 1990), the World University Team (1989), and the Junior National Team (1987).

Beginning her coaching career with the University of Michigan in 1991, Dawkins spent two seasons as a member of the Wolverine coaching staff before returning to her alma mater, The Ohio State, for a three-year stint in 1993. While on the sidelines the Buckeyes posted a combined record of 52-40, which culminated with a 21-13 record in 1995-96 and a trip to the NCAA Tournament.

Dawkins took over the reigns of the Detroit Mercy program in 1996, coaching the Titans to a Midwestern Collegiate Conference (MCC) title and the school’s first-ever NCAA appearance in 1997. In all, Dawkins coached 10 All-Midwestern Collegiate Conference athletes at Detroit Mercy, as well as 20 honor students.

Following her three-year stint at Detroit Mercy, Dawkins spent three seasons at New Mexico State as both an assistant and head coach. As an assistant, Dawkins served as the Aggies recruiting coordinator and worked closely with the post players. In her first season as head coach at New Mexico State, her team set an NCAA record for most three-point field goals in a game (21), ranked second nationally with a 8.4 three-point field goal average, and set a New Mexico State record shooting 76.3 percent from the free throw line. Additionally, the Aggies earned the most wins since 1995-96 seasons.

As a player, Dawkins was a four-year letterwinner for The Ohio State from 1985-1989 where she helped lead the Buckeyes to four NCAA Tournament appearances and three BIG TEN titles. During her senior campaign, she was named a Kodak and Street & Smith All-American, the Big Ten Player of the Year by the Chicago Tribune, and was a unanimous all-conference selection. During her final season, she led OSU to a 24-6 overall record and a 16-2 mark in Big Ten play, as well as a share of the Big Ten Championship. Dawkins also led the league in field goal percentage, steals, and tied for the lead in rebounding as a junior, and became the first Buckeye women’s player to average over 20 points per game since 1979.

In 2000, Dawkins was inducted into Ohio State’s Hall of Fame and in 2002 she was named to the Buckeye’s All-Century Team.

Following her graduation with a degree in economics, Dawkins spent a year abroad playing professionally for the Italmeco Bari Club in Bari, Italy.

Dawkins, a member of the Delta Sigma Theta Sorority, Inc., and her husband, Tony, a men’s college, NBDL, and WNBA official, reside in Chesapeake, Virginia.

Sixth Season • Ohio State ’89
Lady Monarch Basketball 2009-2010

ASSISTANT COACH

CELESTE HILL BROCKETT

Third Season • Old Dominion '94

One of the most recognizable faces on the floor in Lady Monarch women’s basketball history starts her second season to the sidelines at her alma mater as an assistant coach for the Lady Monarchs. One of the most decorated players in Lady Monarch history, Celeste Hill Brockett returned to Old Dominion after serving as the head coach of Holmes High School in her hometown of Covington, Kentucky.

In October, Hill Brockett was named to the Colonial Athletic Association 25th Anniversary Team. As part of its 25th Anniversary celebration in 2009-10, the CAA is recognizing Silver Anniversary teams in 21 championships sports. Celeste was selected by a panel of current and former head coaches in the conference as one of the 25 greatest women’s basketball players in CAA history.

The 2008-09 season marked the second stint for Hill Brockett as an assistant, having begun her coaching career with the Lady Monarchs during 1998-99 after playing basketball overseas in Israel and Greece.

As a student-athlete, Hill Brockett helped Old Dominion begin its 17-year reign of Colonial Athletic Association titles, earning Player of the Year honors from the CAA three times. While donning the Lady Monarch uniform, Hill Brockett’s teams compiled a 72-46 overall record and won three CAA conference championships. During her final two years, the Lady Monarchs were a perfect 28-0 in league play.

Besides her all-conference accolades, Hill Brockett was named the CAA Most Valuable Player in 1994, Player of the Year in the State of Virginia, and earned Kodak District III All-American honors. As a freshman, she was named the Sun Belt Rookie of the Year.

Hill Brockett performed the “double-double” 49 times in 118 career games, scored in double figures 107 times, and also performed a “triple-double” against Virginia Commonwealth in the 1993-94 season, scoring 20 points with ten rebounds and twelve steals. She ranked eighth nationally in field goal percentage (.616) her senior season and was also ranked 19th in the category as a freshman shooting 58.9 percent from the floor.

Continuing her career on the professional level, Hill-Brockett was a member of Ano Liosia in Athens, Greece and Ramat-Chen in Ramat Gan, Israel from 1998-2000.

Hill Brockett’s coaching career began during 1998-99 season at her alma mater, where she helped guide the Lady Monarchs to their eighth CAA title and the “Sweet 16” of the NCAA Tournament. Old Dominion collected a 28-4 overall record and ranked as high as fifth nationally.

Following her second stint playing overseas, Hill Brockett returned to her hometown of Covington in Kentucky as her high school’s assistant varsity and head junior varsity coach for four seasons before becoming the head coach in 2004. During her time with Holmes High School as an assistant coach, Hill Brockett’s teams were the state runners-up in 2002 and captured the ninth regional championship. She also taught mathematics at Holmes and served as a Drop Out Prevention Coordinator and Covington Summer Youth Program Coordinator.

Graduating from Old Dominion in 1994 with a degree in human services and counseling, Hill Brockett is currently pursuing a master’s degree in education from Northern Kentucky University. She was inducted into the Old Dominion Sports Hall of Fame in 2002, the Northern Kentucky Sports Hall of Fame in September of 2006, and the Behringer-Crawford Museum in April 2008.

She and her husband Gary Alexander Brockett currently reside in Virginia Beach, Virginia. They recently welcomed a son, Kingston, to the family, last May.
Belle Koclanes begins her second season as an assistant coach at Old Dominion. Koclanes joined the Lady Monarch women's basketball staff after four seasons as an assistant coach at the University of Pennsylvania and having been a standout on the University of Richmond's squad.

Koclanes (pronounced ko-clan-ss), a 2002 Richmond graduate, was a four-year starting point guard and three-year captain, compiling 1,205 points and a school record 793 assists. Her total assist mark ranks her 25th in career assist leaders at the Division I level and her name can also be found in the Colonial Athletic Association (CAA) record books ranking second in assists average in a season (7.6) and at seventh in career assists (575).

In 2002, she was an All-America nominee, Naismith Award candidate, Third Team All-Atlantic-10 honoree, and Atlantic-10 All-Academic selection. Koclanes was also a member of the CAA All-Tournament Team in 1999 and a First Team All-CAA selection in 2001.

Following her collegiate career, Koclanes played professionally overseas competing and traveling throughout Greece and Bulgaria. She was a member of Panserraikos, a member of the Foreign International Basketball Association (FIBA).

Koclanes' coaching career began as the director of basketball operations at Ivy League member, Columbia. While a member of the Lions staff, she also worked as a personal trainer in general and sport-specific conditioning before joining the University of Pennsylvania.

Earning her degree in leadership studies from Richmond, Koclanes also received a Master's in culture and communication from New York University in 2004. She is fluent in Italian and also speaks Spanish and Greek.

A native of Pelham, New York, Koclanes currently resides in Virginia Beach, Virginia.
Allison Halsey is in her second season as the Lady Monarchs’ Director of Women’s Basketball Operations in June of 2008. In her role, Halsey is responsible for coordinating the team’s travel and community service projects, as well as assisting with scouting duties and scheduling.

Halsey joined the Lady Monarchs after serving as an Associate Project Director and Project Coordinator with Fallon Medica, LLC in New Jersey. In her positions, Halsey coordinated all logistical details for continuing medical education programs nationwide and communicated with top doctors, medical societies, and sales representatives in determining project guidelines, timelines, and objectives.

A 2002 cum laude graduate of Saint Anselm College in Manchester, New Hampshire, with a degree in business, Halsey was a four-time member of the Northeast Ten Conference Academic Team. She was also a member of Pi Gamma Mu - an international honor society in social science, Omicron Delta Epsilon - an economic honor society, and Delta Epsilon Sigma - a national scholastic honor society.

An active member of the community, Halsey has participated with Relay for Life, the ALS Walk, and the Arthritis Foundation. She was also a member of the Monmouth Women’s Basketball League and the Red Bank YMCA Women's Basketball League.

A native of Middletown, New Jersey, Halsey currently resides in Norfolk.
Women’s Basketball Secretary

Annette Chester begins her 21st season as the office services assistant to Wendy Larry and the rest of the Lady Monarch coaches, managers and students. A vital part of Old Dominion women’s basketball, Chester handles the day-to-day administration of the office, as well as overseeing budgets and travel plans.

Originally from Nebraska, Chester moved to the area in 1988. She resides in Virginia Beach with her husband John, an audio technician.

Women’s Basketball Managers

Mike Motta
- Junior
- Wethersfield, CT
- Third Year
- Majoring in Sports Management

Natasha Smith
- Junior
- Virginia Beach, VA
- Second Year
- Majoring in Sports Management

James Sorokos
- Junior
- Yorktown, VA
- Second Year
- Majoring in Marketing

Nick Thessin
- Junior
- Alexandria, VA
- First Year
- Majoring in Sports Management

Athletic Trainer

Synthia Goode

Synthia Goode is in her second year at her alma mater as an assistant athletic trainer, with primary responsibilities for the nationally ranked Lady Monarch women’s basketball program, as well as assisting with Old Dominion’s other varsity programs.

Goode served the previous three years as an assistant trainer at Appalachian State University working with the women’s basketball and cheerleading squads. She also served as an exercise specialist and athletic trainer at Menchville High School in Newport News, Virginia during the 2005-06 academic year.

Goode received both a B.S. in exercise science and a Master’s in education from Old Dominion. She was also a member of the ODU Dance Team while an undergrad.
MEET THE LADY MONARCHS

Front Row (left to right): Manager Natasha Smith, Manager James Sorokos, Prynecess Tate-Dublin, Becca Allison, Carolann Cloutier, Jessica Cianady, Jasmine Parkèr, Shadasia Green, Kquanise Byrd, Manager Mike Motta, Manager Nicholas Thessin. Back Row (left to right): Assistant Coach Belle Koclanes, Assistant Coach Nikita Lowry Dawkins, Head Coach Wendy Larry, Jackie Cook, Mairi Buchan, Tia Lewis, Alena “Russia” Voronina, Vicki Collier, JoNiquia Guilford, Assistant Coach Celeste Hill Brockett, Athletic Trainer Cynthia Google, Director of Basketball Operations Allison Halsey.
Jessica Canady

Senior, Forward
6-0, Williamsburg, VA
Jamestown HS

2008-09 (JUNIOR): Second Team All-CAA...Ranked 2nd in the CAA and 30th nationally in rebounding with 9.6 rebounds per game...CAA Player of the Week (3/8)...Despite missing six games to a fractured thumb, still led the team in rebounding (9.6 rpg) and ranked second on the team in scoring (12.6 ppg)...Posted eight double-doubles on the season, four 20-point games and 11 double-digit rebound games...Also ranked 8th in the league in steals (2.3 spg)...Her career-high 19-rebound performance against Norfolk State (11/30) was the highest total in the CAA in 2008...She also added 24 points in that game with two assists and three steals...Shot 50% or better from the field in 13 contests, including a career high field goals made and attempted in her 10-19 performance vs. Dayton, where she scored 23 points...Led team in rebounding (14) and steals, with a career-high six, in 78-70 victory over #18/#11 Virginia...Led team in scoring seven times...Led team in rebounding 14 times...Led team in steals eight times...Led team in blocked shots six times, including a career-high six against #11/#13 Tennessee...

2007-08 (SOPHOMORE): ODU's "Sixth Lady"...Appeared in all 36 contests serving as the Lady Monarchs' super-sub...Averaged 11.0 points and 6.5 rebounds in her second season with ODU...Ranked 19th in the CAA in scoring...Notched double figures in 21 games...Tallied double figures in seven of the season's final nine games...Averaged 12.3 points during ODU's NCAA Tournament run...Led the team in scoring in six games...Ranked 14th in the CAA in rebounding...Placed 11th in the league in defensive rebounding (4.25)...Posted five double-doubles including a 12-point, 10-rebound performance against Virginia (3-25-08) in the second round of the NCAA Tournament and a 13-point, 10-rebound game against Connecticut (3-30-08) in the "Sweet 16" of the NCAA Tournament...Her 233 rebounds on the year rank her ninth on the ODU sophomore rebounding list...Led ODU in rebounding in six contests...Led the CAA in field goal percentage (.565)...Shot above .500 from the floor 25 times...Ranked 13th in the CAA in free throw percentage (.742)...Shot perfect from the free throw line 11 times...Named CAA Player of the Week twice...Earned her first CAA weekly award accolade the week ending 1/8/08, after helping the Lady Monarch improve to 17-0 all-time in CAA openers by coming off the bench to pour in 21 points and 10 rebounds...She shot 7-9 from the field and 7-of-7 from the free throw line in the win at George State (1-6-08)...Her second conference Player of the Week honor came the week ending 1/18/08 after averaging 23.5 points, 11.0 rebounds, and shooting 68 percent from the field in back-to-back 30 + point wins for the Lady Monarchs...Added in a career-high 29 points, including 22 first half points along with a string of 14 consecutive points, at Northeastern (2-14-08) and collected 19 points and a career-high 15 rebounds in a victory at Delaware (2-27-08)...Averaged 1.3 steals per game including a career-high four against #1 Connecticut (11-23-07) at the Paradise Jam in St. Thomas...Recorded a career-high four blocks at Kentucky (12-28-07)...

2006-07 (FRESHMAN): Appeared in 31 contests in her first year with the Lady Monarchs...Averaged 2.9 points and 2.0 rebounds per game...Netted a career-high 12 points at Georgia State (1-3-07)...Led team in rebounding 14 times...Led team in steals eight times...Led team in blocked shots six times, including a career-high six against Chicago State (12-9-06), in head coach Wendy Larry's 500th career victory, and at Charlotte (12-17-06)...Also collected four rebounds against four teams including East Carolina (11-21-06) in head coach Wendy Larry's 450th win at Old Dominion...Went perfect from the field four times including 3-of-3 performances against Chicago State (12-9-06), ODU's largest victory of the season and at Drexel (1-21-07)...Swatted away two shots against East Carolina (11-21-06)...Also registered three steals against the Pirates (11-21-06) and at Georgia State (3-1-07)...Went perfect from the free throw line in six contests including 3-of-3 at Middle Tennessee State (12-19-06)...Played a career-high 22 minutes against #8/#1 Duke (11-29-06) at famed Cameron Indoor Stadium...

Prior to Old Dominion: Honorable Mention McDonald's High School All-American Team...Jamestown High School's all-time (girls and boys) leading scorer, rebounder, and shot blocker with 2,204 points and 1,280 rebounds...Ranks eight all-time in Virginia high schools girls scoring and fourth all-time in Virginia high schools girl rebounding...Set a state tournament record by grabbing 63 rebounds in three games...Scored a career-high 50 points versus Bruton High School...Jamestown went 102-1 during her four years winning the Group AA State Championship, two Region I Championships, four Bay Rivers District regular season championships and four Bay River District Tournament Championships...High school team went 85-1 against district competition winning 82 in a row during her career...Averaged 22.4 points and 12.1 rebounds as a senior en-route to the Group AA State Title...Named the 2006 Region and Daily Press Player of the Year...A VHSCA All-Star team member...A three-time first team All-District, first team All-Daily Press, and first team All-Virginia Gazette honoree...As a junior she led Jamestown to a 24-3 overall record averaging 22.4 points and 11 rebounds, earning first team All-State from The Virginia High School Coaches Association (VHSCA), in addition to first team All-Region I and Second Team All-State from the Associated Press...Named to the Naples Daily News Holiday Shoot-Out and Greene County Ladies Classic All-Tournament Team...

PERSONAL: Born Jessica Canady on August 8, 1988...Daughter of Gregory Ransome and Robin Canady...Has one sister, Tonya (29), and a niece, Breanna (10)...Majoring in sports management and minoring in communications.
TROPHY CASE:
2008-09: Second Team All-CAA
2008-09: CAA Player of the Week (3/8/09)
2007-08: Third Team All-CAA
2007-08: CAA Field Goal Percentage Leader
2007-08: Ninth on ODU all-time sophomore rebounding list
2007-08: CAA Player of the Week (1/6/08)
2007-08: CAA Player of the Week (1/28/08)

CAREER STATISTICS:

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<th>3FG-3FGA/Pct.</th>
<th>FT-FTA/Pct.</th>
<th>Reb-Avg</th>
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2008-09 Season Highs:
- Points: 23 vs. Dayton (1/16/08)
- FG: 10 vs. Dayton (1/16/08)
- FGA: 19 vs. Dayton (11/16/08)
- 3PT FG: 1 vs. six teams
- 3PT FGA: 3 vs. Maryland (12/2/08)
- FT: 8 vs. two teams
- FTA: 9 vs. two teams
- Rebounds: 19 vs. Norfolk St. (1/16/08)
- Blocks: 6 vs. Tennessee (12/18/08)
- Assists: 4 vs. two teams
- Steals: 6 vs. Virginia (11/21/08)
- Minutes: 36 vs. two teams

Career Highs:
- Points: 28 at Northeastern (1/24/08)
- FG: 19 vs. Dayton (11/16/08)
- FGA: 19 vs. Dayton (11/16/08)
- 3PT FG: 1 vs. eight teams
- 3PT FGA: 3 vs. Maryland (12/21/08)
- FT: 8 vs. three teams
- FTA: 10 vs. two teams
- Rebounds: 19 vs. Norfolk St. (1/16/08)
- Blocks: 6 vs. Tennessee (12/18/08)
- Assists: 4 vs. two teams
- Steals: 6 vs. Virginia (11/21/08)
- Minutes: 36 vs. two teams

CAA Highs:
- Points: 28 at Northeastern (1/24/08)
- FG: 10 vs. Northeastern (1/24/08)
- FGA: 18 vs. UNC Wilmington (2/13/09)
- 3PT FG: 1 vs. six teams
- 3PT FGA: 2 vs. six teams
- FT: 8 vs. two teams
- FTA: 9 vs. two teams
- Rebounds: 15 vs. two teams
- Blocks: 5 vs. UNC Wilmington (3/13/09)
- Assists: 4 vs. two teams
- Steals: 5 vs. Towson (2/26/09)
- Minutes: 36 vs. UNC Wilmington (2/13/09)
2008-09 (REDSHIRT SOPHOMORE): Played in 11 games before suffering knee injury...Averaged 10.5 minutes per game and posted 2.5 points per game, 1.8 rebounds per game...Collected 27 points on 11-30 shooting and added 20 rebounds...Posted career-high eight points in back-to-back games on 3-of-5 shooting against UNC Wilmington (1/8/09) and on 3-of-6 shooting against Northeastern (1/11/09)...

2007-08 (REDSHIRT FRESHMAN): Missed the season due to knee injury...

2006-07 (FRESHMAN): Redshirted...

PRIOR TO OLD DOMINION: McDonald’s All-American Nominee...Top Ten Adidas All-American...Played for Riverdale Baptist her senior season...Fourth Team All-Met by the Washington Post...Netted over 1,000 career points and was 50 rebounds shy of reaching 1,000...First Team All-Conference...Averaged 21.4 points, 10.0 rebounds, and 4.0 assists as a junior at Largo High School...Led the conference in scoring...Earned MVP of the Largo’s First Christmas Tournament after netting 31 points and hauling in 19 rebounds in the championship game...Named Honorable Mention All-Met by the Washington Post, second team All-Gazette & PG Journal, and first team All-League as a sophomore...Played eight years of AAU Basketball...Participated at the 15 & Under AAU National Champion Competition, the Deep South Classic, the Addias Classic, and the Junior Nationals...Also a member of the track and volleyball teams...Member of the 4A State Track Champions capturing championships in the regional and state high jump...Was also the state champion in the triple jump her senior year...First team all-county and gazette...Named Most Valuable Player of her volleyball team...Awarded first team all-county as a junior...Played one season of softball as a freshman...Named first team all-county...An Honor Roll Student...

PERSONAL: Born Vicki Michelle Collier on July 18, 1988...Daughter of Robert and Barvenia Wooten-Collier...Has one brother, Robert Jr. (25)...Mother is in the Virginia Union Hall of Fame after starting all four years and leading VUU’s women’s basketball team to the national championship in 1983...Majoring in accounting with a minor in Sports Management.

CAREER STATISTICS:

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2008-09 Season Highs:
Points: .............................................. 8 vs. two teams
FG: .................................................. 3 vs. two teams
FGA: ............................................... 6 vs. two teams
3PT FG: ............................................ N/A
3PT FGA: .......................................... N/A
FT: ................................................... 2 vs. two teams
FTA: .............................................. 4 vs. Norfolk St. (1/1/30/08)
Rebounds: ...................................... 4 vs. two teams
Blocks: ............................................ N/A
Assists: ......................................... 4 at Northeastern (1/1/1/09)
Steals: ............................................ 1 vs. Norfolk St. (1/1/30/08)
Minutes: ........................................ 23 at Northeastern (1/1/1/09)

Career Highs:
Points: .............................................. 8 vs. two teams
FG: .................................................. 3 vs. two teams
FGA: ............................................... 6 vs. two teams
3PT FG: ............................................ N/A
3PT FGA: .......................................... N/A
FT: ................................................... 2 vs. two teams
FTA: .............................................. 4 vs. Norfolk St. (1/1/30/08)
Rebounds: ...................................... 4 vs. two teams
Blocks: ............................................ N/A
Assists: ......................................... 4 at Northeastern (1/1/1/09)
Steals: ............................................ 1 vs. Norfolk St. (1/1/30/08)
Minutes: ........................................ 23 at Northeastern (1/1/1/09)

CAA Highs:
Points: .............................................. 8 vs. two teams
FG: .................................................. 3 vs. two teams
FGA: ............................................... 6 vs. two teams
3PT FG: ............................................ N/A
3PT FGA: .......................................... N/A
FT: ................................................... 2 vs. two teams
FTA: .............................................. 3 at UNC Wilmington (1/8/09)
Rebounds: ...................................... 4 vs. George Mason (1/15/09)
Blocks: ............................................ N/A
Assists: ......................................... 4 at Northeastern (1/1/1/09)
Steals: ............................................ N/A
Minutes: ........................................ 23 at Northeastern (1/1/1/09)
2008-09 (SOPHOMORE): Started 21 of the 23 games she played in for Old Dominion as a sophomore...Finished fifth on the team in scoring, with 9.3 points per game...Also third on the team in rebounds with 6.0 per contest...Averaged over 28 minutes per game with a .378 shooting percentage from the field...Led team in scoring three times, including a career-high 19 points against Northeastern (2-5-09)...Was the team’s leading rebounder in six games, including hauling in 11 boards twice and had double-digit rebounds in four contests...Career-high 19 points came on 8-of-12 shooting in 32 minutes off the bench...Posted first two career double-double’s this season, with a 14 points, 11 rebound performance against St. Joseph’s (12-12-08) and against James Madison (3-1-09) with 13 points and 10 rebounds...Shot 7-of-8 from the free throw line in the JMU game...Just missed third double-double in following game against William & Mary (3-4-09) with 11 points and nine rebounds...Also collected 11 blocks and 22 steals on the season, with 38 assists...

2007-08 (FRESHMAN): Appeared in 19 games in her first season with the Lady Monarchs...Averaged 3.7 points and 2.8 rebounds per game...Netted a season-high and team-high 10 points at Tennessee (12-5-07)...Also collected a season-high 10 points against Hofstra (3-6-08)...Dished out the assist to Jazzmin Walters for the game-winning three against Virginia to help send Old Dominion to the “Sweet 16” for the first time since 2002...Grabbed a season-high eight rebounds against Delaware State (12-20-07)...Hauled in five or more rebounds in six games...PRIOR TO OLD DOMINION: McDonald’s All-American nominee...Two-time Herald News Player of the Year...Led Eastside to its sixth consecutive Passaic County Tournament Championship, North 1, Group 4 section title, and a trip to the Group 4 final...Passaic County Tournament MVP...Three-time First Team All-Area and All-Passaic County...Finished career with 1,437 points...Selected to play in the North-South All-Star Game...Averaged 21 points and five rounds during her senior campaign...Scored 25 points in a comeback against North Bergen for the sectional title and 24 points, including 14 in the fourth quarter, in the Group 4 semifinal against Perth Amboy...Ghost finished with a 26-4 overall mark and No. 8 ranking in the Star-Ledger Top 20...Averaged 15 points and five rebounds during her junior season...Also helped Eastside to a 25-5 record and No. 9 ranking in The Star-Ledger Top 20 as a junior...Named to the 2007, 2006, and 2005 WGHT All-Area Girls Basketball Team...Netted a career-high 30 points in the Lady Ghosts win over Wayne Hills and netted a 20-point effort in North 1, Group 4 semifinals her junior season.....

PERSONAL: Born Shadasia Amanda Green on August 7, 1989...Daughter of Rechelle Green and Gregory Fair...Has three brothers Gregory (19), Tyras (19), and Tydis (13), and a sister, Tiarah (17)...Majoring in recreation and tourism studies.

CAREER STATISTICS:

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<th>Year</th>
<th>GP/GS</th>
<th>Min-Avg</th>
<th>FG-FGA/Pct.</th>
<th>3FG-3FGA/Pct.</th>
<th>FT-FTA/Pct.</th>
<th>Reb-Avg</th>
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Old Dominion University
2008-09 Season Highs:

Points: ........................................ 19 vs. Northeastern (2/5/09)
FG: ...................................... 8 vs. Northeastern (2/5/09)
FGA: ........................................ 14 vs. Towson (2/26/09)
3PT FG: ...................................... 1 vs. five teams
3PT FGA: ........................................ 3 vs. Drexel (3/14/09)
FT: ...................................... 6 vs. Saint Joseph’s (1/2/08)
FTA: ........................................ 9 vs. Saint Joseph’s (1/2/08)
Rebounds: .................................... 11 vs. two teams
Blocks: ........................................ 4 vs. St. Mary’s (11/15/08)
Assists: ...................................... 6 at UNC Wilmington (1/8/09)
Steals: ........................................ 4 vs. St. Mary’s (11/15/08)
Minutes: .................................... 35 at Hofstra (2/19/09)

Career Highs:

Points: ........................................ 19 vs. Northeastern (2/5/09)
FG: ...................................... 8 vs. Northeastern (2/5/09)
FGA: ........................................ 14 vs. Towson (2/26/09)
3PT FG: ...................................... 1 vs. five teams
3PT FGA: ........................................ 3 vs. Drexel (3/14/09)
FT: ...................................... 6 vs. Saint Joseph’s (1/2/08)
FTA: ........................................ 9 vs. Saint Joseph’s (1/2/08)
Rebounds: .................................... 11 vs. two teams
Blocks: ........................................ 4 vs. St. Mary’s (11/15/08)
Assists: ...................................... 6 at UNC Wilmington (1/8/09)
Steals: ........................................ 4 vs. St. Mary’s (11/15/08)
Minutes: .................................... 35 at Hofstra (2/19/09)

CAA Highs:

Points: ........................................ 19 vs. Northeastern (2/5/09)
FG: ...................................... 8 vs. Northeastern (2/5/09)
FGA: ........................................ 14 vs. Towson (2/26/09)
3PT FG: ...................................... 1 vs. two teams
3PT FGA: ........................................ 3 vs. Drexel (3/14/09)
FT: ...................................... 3 vs. two teams
FTA: ........................................ 5 vs. Northeastern (2/5/09)
Rebounds: .................................... 10 at UNC Wilmington (1/8/09)
Blocks: ........................................ 2 vs. Delaware (2/15/09)
Assists: ...................................... 6 at UNC Wilmington (1/8/09)
Steals: ........................................ 2 vs. five teams
Minutes: .................................... 35 at Hofstra (2/19/09)
2007-08 (FRESHMAN): CAA All-Rookie Team member...Appeared in all 36 games in her rookie season with the Lady Monarchs...Averaged 6.4 points per game...One of the top Lady Monarchs off the bench...Captured eight double figure outings...Collected a season-high 18 points against UNC-Wilmington (2-3-08)...One of the top Lady Monarch free throw shooters...Went 73-of-100 to shoot 73.0 percent...Ranked 14th in the CAA in free throw percentage...Shot perfect from the charity stripe in 16 games...Went 4-of-4 from the line against Virginia Commonwealth (2-21-08) and Hofstra (3-6-08)...Dished out 1.8 assists per game...Three-point threat who shot 36.0 percent from beyond the arc...Went a perfect 4-of-4 from three-point range against Virginia Commonwealth (2-21-08)...Registered a season-high six assists against Delaware State (12-20-07)...Handed out five or more assists on three occasions...Averaged 1.5 rebounds per game...Grabbed a season-high four boards against four different teams...Played a season-high 23 minutes against Northeastern (2-14-08) and Virginia (2-25-08) in ODU's second round NCAA victory...

PRIOR TO OLD DOMINION: Two-time Eastern District Player of the Year...Averaged 19.3 points, five steals and six assists per game as a senior...Virginia Preps Second Team AAA All-State...First Team All-District, All-Regional, and All-Tidewater...Scored over 1,130 career points at Maury and nearly 2,000 career points including her sophomore, freshman and eighth grade seasons at Norfolk Collegiate...Named Second Team All-Tidewater and earned First Team All-Conference at Norfolk Collegiate...Also played field hockey and soccer...Two-time First Team All-State...All-Eastern Region by the Daily Press...Team placed second in the state championships and finished with a 19-4-1 record...

PERSONAL: Born Jasmine Patrice Parker on November 2, 1988...Daughter of Edward Parker and Terrell Heckstall...Has one brother, Joseph (18), and one sister, Jailyn (9)...Goes by the nickname “J.P.“...Majoring in Sports Management.

CAREER STATISTICS:

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Lady Monarch Basketball 2009-2010

2008-09 Season Highs:

Points: ..................................... 21 at Drexel (2/12/09)
FG: ........................................ 7 vs. Saint Joseph's (12/12/08)
FGA: ....................................... 18 at William & Mary (1/22/09)
3PT FG: .................................... 4 vs. four teams
3PT FGA: ................................... 8 vs. four teams
FT: ......................................... 9 at Drexel (2/12/09)
FTA: ...................................... 10 at Drexel (2/12/09)
Rebounds: ............................... 6 vs. JMU (1/25/09)
Blocks: ................................... 1 vs. nine teams
Assists: ................................. 6 vs. Northeastern (2/5/08)
Steals: ................................. 4 vs. six teams
Minutes: ............................... 36 vs. George Mason (1/15/09)

Career Highs:

Points: ..................................... 21 at Drexel (2/12/09)
FG: ........................................ 7 vs. two teams
FGA: ....................................... 18 at William & Mary (1/22/09)
3PT FG: .................................... 4 vs. five teams
3PT FGA: ................................... 8 vs. four teams
FT: ......................................... 9 at Drexel (2/12/09)
FTA: ...................................... 10 vs. two teams
Rebounds: ............................... 6 vs. James Madison (1/25/09)
Blocks: ................................... 1 vs. ten teams
Assists: ................................. 6 vs. three teams
Steals: ................................. 4 vs. five teams
Minutes: ............................... 36 vs. George Mason (1/15/09)

CAA Highs:

Points: ..................................... 21 at Drexel (2/12/09)
FG: ........................................ 7 vs. UNC Wilmington (2/3/08)
FGA: ....................................... 18 at William & Mary (1/22/09)
3PT FG: .................................... 4 at VCU (2/21/08)
3PT FGA: ................................... 8 vs. two teams
FT: ......................................... 9 at Drexel (2/12/09)
FTA: ...................................... 10 vs. two teams
Rebounds: ............................... 6 vs. James Madison (1/25/09)
Blocks: ................................... 1 vs. seven teams
Assists: ................................. 6 vs. Northeastern (2/5/08)
Steals: ................................. 4 vs. four teams
Minutes: ............................... 36 vs. George Mason (1/15/09)
2008-09 (SOPHOMORE): Played in 13 games as a reserve forward for Old Dominion...Shot 33% from the field with an 8-of-24 mark and total of 18 points...Grabbed 18 rebounds for an average of 1.4 per game...Had three steals...On the road against UNC Wilmington (1-8-09), went 3-of-3 from the field, had three rebounds and six points in 13 minutes, all career-bests...

2007-08 (FRESHMAN): Appeared in 21 games for the Lady Monarchs in her freshman campaign...Averaged 0.6 points and 0.4 rebounds per game...Netted a season-high three points against Delaware State (12-20-07) and UNC-Wilmington (2-3-08)...Hauled in a season-high three rebounds versus George Mason (2-28-08)...Logged a season-high nine minutes against Delaware State (12-20-07)...

PRIOR TO OLD DOMINION: Helped Forsyth Country Day to a 32-3 record as a senior...Led the NCISAA Piedmont League in rebounds, steals, and blocked shots, and ranked third in points.... Averaged 1 1.3 points and 8.1 rebounds along with 53 blocked shots during her junior year ... Her high school team advanced to the finals of the North Carolina Independent School Athletic Association Tournament and finished the year with a 19-10 overall record during junior season...A two-time first-team all-conference selection...Also played AAU basketball for the Lady Phoenix fellow teammate Sierra Little...Joins the long-line of international students to wear the Lady Monarch uniform...

PERSONAL: Born Alena Alexandra Voronina on August 5, 1988...Nickname is “Russia”...Born in Yekaterinberg, Russia, but grew up in Brisbane, Australia...Only child of Alexander Voronina and Tanya Ebert...Moved to North Carolina her junior year in high school...Majoring in international business.

### CAREER STATISTICS:

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2008-09 Season Highs:
Points: 6 at UNC Wilmington (1/8/09)
FG: 3 at UNC Wilmington (1/8/09)
FGA: 5 vs. Georgia State (1/18/09)
3PT FG: 1 vs. two teams
3PT FGA: 2 vs. George Mason (1/15/09)
FT: 2 vs. Georgia State (1/18/09)
FTA: 3 vs. Georgia State (1/18/09)
Rebounds: 3 vs. two teams
Blocks: 1 vs. UNC Wilmington (3/13/09)
Assists: 1 vs. St. Mary’s (11/15/08)
Steals: 1 vs. six teams
Minutes: 13 at UNC Wilmington (1/8/09)

Career Highs:
Points: 6 at UNC Wilmington (1/8/09)
FG: 3 at UNC Wilmington (1/8/09)
FGA: 5 vs. Georgia State (1/18/09)
3PT FG: 1 vs. two teams
3PT FGA: 2 vs. two teams
FT: 2 vs. Georgia State (1/18/09)
FTA: 3 vs. Georgia State (1/18/09)
Rebounds: 3 vs. three teams
Blocks: 1 vs. two teams
Assists: 1 vs. St. Mary’s (11/15/08)
Steals: 1 vs. six teams
Minutes: 13 at UNC Wilmington (1/8/09)

CAA Highs:
Points: 6 at UNC Wilmington (1/8/09)
FG: 3 at UNC Wilmington (1/8/09)
FGA: 5 vs. Georgia State (1/18/09)
3PT FG: 1 vs. UNC Wilmington (2/3/08)
3PT FGA: 2 vs. two teams
FT: 2 vs. Georgia State (1/18/09)
FTA: 3 vs. Georgia State (1/18/09)
Rebounds: 3 vs. two teams
Blocks: 1 vs. UNC Wilmington (3/13/09)
Assists: N/A
Steals: 1 vs. four teams
Minutes: 13 at UNC Wilmington (1/8/09)
2008-09 (FRESHMAN): CAA Rookie of the Week (3/8)...Played in all 30 games including 10 starts...Averaged 5.2 points and 3.3 rebounds per game in her first year...Netted career-high 15 points twice, vs. St. Mary’s (1/15) and at William & Mary (1/22)...Scored in double digits four times...Grabbed career-high nine boards vs. St. Mary’s (1/15)...Assisted on season-high seven buckets vs. George Mason (1/15)...Had 10 points and eight rebounds in that game...Led team in blocked shots in five games...Led team in assists in three games...Went 5-of-6 from the field vs. William & Mary (3/4), the second best percentage of the year for an ODU player...Went perfect from long range twice, including a 3-for-3 night vs. UNC Wilmington (2/8)...Went a perfect 6-for-6 from the free-throw line vs. JMU (1/25)...Ranked third on the team in field goal percentage (.382) and blocked shots (0.6)... 

PRIOR TO OLD DOMINION: Joins the long line of international student-athletes to play at Old Dominion...First Scottish female player to attend a Top 25 Division I university in the US...Represented Scotland on the U18 and U16 National Team and Great Britain on the U20 Team...Participated in the U18 European B Division Championships in Macedonia and with the U20 squad in Poland during the summer of 2008...Was a European Division C gold medalist competing in Aberdeen, Scotland in 2005 with the U18 team and in Luxembourg in 2006 with the U16 team...Averaged 18.4 points and 8.4 rebounds with the U18 Scottish team this past summer...Vice Captain of the U18 team...In 2007, posted 9.4 points and 8.6 rebounds with the U18 team...Poured in an average of 15.0 points and 14.8 rebounds with the U16 team in 2006...Averaged 18.2 points and 13.0 rebounds in 2005 with the U16 program...During the 2007-08 season while a member of Falkirk Fury was named Senior MVP, U18 MVP, and Female Player of the Year...Leading scorer in the Senior Women’s National League at 26 points per game during the 2007-08 season, including a career-high 54 points in a U18 game...Helped the U16 team to the Scottish Cup in 2006 and the U18 Scottish Cup championship game in 2008...U18 Captain from 2005-08...Earned MVP honors in 2006-07 with the U18 team and during the 2005-06 season with the U16 squad...First player selected to the new 2012 Potential Programme in preparation for the 2012 Olympic Games in London...

PERSONAL: Born Mairi Cowan Stevenson Buchan on April 8, 1990...Daughter of Allan and Mairi Buchan...Has one brother, Cameron (16)...Majoring in biology (Pre-Med).

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**2008-09 Season Highs:**

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<td>Blocks</td>
<td>3 vs. Georgia State (1/18/09)</td>
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<tr>
<td>Assists</td>
<td>7 vs. George Mason (1/15/09)</td>
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<td>Steals</td>
<td>3 vs. George Mason (1/15/09)</td>
<td></td>
</tr>
<tr>
<td>Minutes</td>
<td>33 vs. VCU (1/5/09)</td>
<td></td>
</tr>
</tbody>
</table>
2008-09 (REDSHIRT): Sat out season due to NCAA Transfer Regulations...

PRIOR TO OLD DOMINION: 2007-08 (FRESHMAN - at Central Florida): The 2007-08 Conference USA Freshman of the Year ... Also named to Third Team All-Conference USA...And Conference USA's All-Freshman Team...The only UCF player to start all 30 games of the season ... Led the team in scoring and rebounding with 12.0 points and 11.5 rebounds ... Ranked 19th in Conference USA in scoring and first in rebounding ... Finished the season ranked fifth in the nation in rebounding ... Also ranked first on the team and 37th in the nation in field-goal percentage with a 53.3 percent (154-of-289) clip from the floor ... UCF's all-time single-season rebounds leader (345) ... One of only two players in C-USA to average a double-double ... Recorded 14 double-doubles on the year, which ranked second in the nation in double-doubles by a freshman ... Topped the squad and eighth in the conference in minutes played with 34.27 mpg ... Played 30 or more minutes in 25 games, including 38 or more minutes on eight occasions ... Was the team's leading rebounder in 22 games ... Brought down seven or more rebounds in each of the Knights' 30 games ... Tallied double-figure rebounds in 19 games ... Scored in double figures in 21 contests ... Registered a career-high 17 rebounds at UAB (2/28/08) in 34 minutes of action ... Played a full 45 minutes vs. Marshall (1/31/08)...Tallied 17 points, blocked a career-best three shots and had 11 rebounds vs. Southern Miss (1/5/08)...Scored a career-high 22 points vs. North Florida (11/15/07) ...

HIGH SCHOOL: Played for head coach Tim Hathcock at Worth County High School... A three-time all-state selection... Nominated for the McDonald's All-American girls' basketball team ... Averaged 19.1 points and 19.3 rebounds an outing as a junior... Earned First-Team All-State honors as a senior after recording 19 points, 17 rebounds and three blocks per contest ... Twice named Tifton County Player of the Year...Also received Atlanta-Journal Constitution all-state recognition...helped the Lady Rams post a 25-5 record en route to winning the regional championship...

PERSONAL: Born Quintierra Lewis on June 20, 1989...Daughter of John and Bertha Lewis...Has three brothers, John Jr. (31), Quintard (24), and Kenobi (22)...Goes by the nickname “Tia”...Person in history she'd most like to meet is Michael Jordan...Majoring in recreation and tourism studies.

CAREER STATISTICS:

<table>
<thead>
<tr>
<th>Year</th>
<th>GP/GS</th>
<th>Min-Avg</th>
<th>FG-FGA/Pct.</th>
<th>3FG-3FGA/Pct.</th>
<th>FT-FTA/Pct.</th>
<th>Reb-Avg</th>
<th>A</th>
<th>TO</th>
<th>BLK</th>
<th>ST</th>
<th>PTS-Avg</th>
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<td>2007-08</td>
<td>30-30</td>
<td>1028-34.3</td>
<td>154-289/533</td>
<td>0-0/000</td>
<td>52-90/578</td>
<td>345-11.5</td>
<td>26</td>
<td>82</td>
<td>13</td>
<td>34</td>
<td>360-12.0</td>
</tr>
<tr>
<td>TOTALS</td>
<td>30-30</td>
<td>1028-34.3</td>
<td>154-289/533</td>
<td>0-0/000</td>
<td>52-90/578</td>
<td>345-11.5</td>
<td>26</td>
<td>82</td>
<td>13</td>
<td>34</td>
<td>360-12.0</td>
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</tbody>
</table>
TROPHY CASE:
2007-08: Conference USA Freshman of the Year
2007-08: Third Team All-Conference USA
2007-08: Conference USA All-Freshman Team
2007-08: Conference USA Leading Rebounder

CAREER / 2007-08 Season Highs:
Points: ........................................ 22 vs. North Florida (1/15/07)
FG: ........................................ 8 vs. two teams
FGA: ...................................... 15 vs. Southern Miss (1/5/08)
3PT -FG: ..................................... N/A
3PT -FGA: .................................... N/A
FT: ......................................... 8 vs. North Florida (1/15/07)
FTA: ...................................... 1 1 vs. North Florida (1/15/07)
Rebounds: .................................. 17 vs. UAB (2/28/08)
Assists: .................................... 3 vs. two teams
Steals: ...................................... 4 vs. Appalachian State (12/19/07)
Blocks: ..................................... 3 vs. Southern Miss (1/15/08)
Minutes: ..................................... 45 vs. Marshall (1/31/08)
2008-09 [FRESHMAN]: Played in 11 games for the Lady Monarchs after pulling out of her redshirt season...Scored 15 points and grabbed 13 rebounds...Added two assists and two steals in the limited action...Averaged 8.6 minutes...Went 6-of-8 from the free-throw line...Played season-high 18 minutes against Delaware (2-15-09)...

PRIOR TO OLD DOMINION: Played for head coach Michael Strother at Potomac High School in Oxon Hill, Maryland...McDonald’s All-American nominee...Honorable Mention All-Met...Also named to the All-County, All-League, and All-Gazette Teams during her scholastic career...Averaged double digit scoring in three of her four years at Potomac...Poured in 26.4 points and 11.0 rebounds as a senior in 2008...Collected 13.0 points and six rebounds as a junior in 2007...As a sophomore in 2006, averaged 11.0 points and six boards a game...Helped Potomac to the state title in 2005 as a freshman averaging nine points and three rebounds per game...Also played two seasons of volleyball...Nominated to the Honor Society...

PERSONAL: Born Pryncess-Quinsetta Tate-Dublin on June 20, 1990...Daughter of Aaron and Trina Dublin...Has a sister, Jenae (7), and a godsisiter, Danielle (15)...Distant cousin is former Chicago Bull Scottie Pippen...Majoring in Health Sciences.

CAREER STATISTICS:

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<td>1-7/.143</td>
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<td>15-1.4</td>
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<td>4-26/.154</td>
<td>1-7/.143</td>
<td>6-8/.750</td>
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### 2008-09 Season Highs:

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<tr>
<td>FG</td>
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<tr>
<td>FGA</td>
<td>9 at VCU (2/1/09)</td>
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<tr>
<td>3PT FG</td>
<td>1 at VCU (2/1/09)</td>
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<tr>
<td>3PT FGA</td>
<td>2 vs. two teams</td>
</tr>
<tr>
<td>FT</td>
<td>3 vs. Delaware (2/15/09)</td>
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<td>4 vs. Delaware (2/15/09)</td>
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<td>Rebounds</td>
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<td>1 vs. two teams</td>
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<td>Steals</td>
<td>1 vs. two teams</td>
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<tr>
<td>Minutes</td>
<td>18 vs. Delaware (2/15/09)</td>
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### Career Highs:

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<tr>
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<td>3PT FG</td>
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<td>3PT FGA</td>
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<tr>
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<tr>
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<tr>
<td>Rebounds</td>
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<tr>
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<tr>
<td>Steals</td>
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<td>Minutes</td>
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<tr>
<td>FG</td>
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<tr>
<td>FGA</td>
<td>9 at VCU (2/1/09)</td>
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<td>3PT FG</td>
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<td>3PT FGA</td>
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<td>FTA</td>
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<tr>
<td>Rebounds</td>
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<td>1 vs. two teams</td>
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<tr>
<td>Minutes</td>
<td>18 vs. Delaware (2/15/09)</td>
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2008-09 (TRUE FRESHMAN): Played in five games before suffering season-ending knee injury...Averaged 2.2 points per game on 4-of-16 shooting in 6.6 minutes per contest...Nailed two of her five three-point attempts...Added eight rebounds, three assists, two steals and two blocks...

PRIOR TO OLD DOMINION: Played for head coach Roger Smith at Wilson High School in nearby Portsmouth, Virginia...Wilson’s all-time leading scorer with 2,350 points...As a senior was named the Eastern District Player of the Year...Averaged 21 points per game...Also awarded the Portsmouth Sports Club Winter Female Athlete of the Year for the second time...Named to First Team Eastern Region, Second Team AAA AP All-State, and Virginia Prep All-State Team...Joined the 2,000 point club...As a junior averaged 27 points per game...Was named the Eastern District Offensive Player of the Year...Also named First Team AAA AP All-State, First Team Eastern District, First Team All-Tidewater, and First Team Virginia Prep All-State...Earned Second Team All-State honors...A Checkered Flag Player of the Week...As a sophomore was named Eastern District Defensive Player of the Year...Earned First Team All-Tidewater and Eastern District accolades...Second Team Eastern Region...Named Wilson’s Co-MVP for the second straight season...Awarded Portsmouth Sports Club Player of the Year her sophomore, junior, and senior seasons...As a freshman earned First Team Eastern District, Second Team All-Tidewater, and Honorable Mention All-State...Also named Wilson’s Co-MVP...Graduated with honors...Top 20 of Wilson’s Class of 2008...Recipient of the Math Superintendent Award...

PERSONAL: Born JoNiquia Daneice Guilford on May 31, 1990...Daughter of Kimberly Guilford and Joseph Daniels and step-daughter of Vernon “Stormie” Greene...Has two brothers, Bruce (24) and Daquan (19), and a sister, Shikim (15)...Goes by the nickname “Jo”...Favorite sports personality is Lisa Leslie...Majoring in Criminal Justice.

CAREER STATISTICS:

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<td>2-5/400</td>
<td>1-2/500</td>
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<td>6</td>
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<td>2</td>
<td>11.2</td>
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<tr>
<td>TOTALS:</td>
<td>5/0</td>
<td>33.6</td>
<td>4-16/250</td>
<td>2-5/400</td>
<td>1-2/500</td>
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<td>3</td>
<td>6</td>
<td>2</td>
<td>2</td>
<td>11.2</td>
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</table>
2008-09 Season Highs:

Points: 5 vs. Saint Joseph's (12/12/08)
FG: 2 vs. Saint Joseph's (12/12/08)
FGA: 8 vs. Norfolk St. (11/30/08)
3PT FG: 1 vs. two teams
3PT FGA: 2 vs. Saint Joseph's (12/12/08)
FT: 1 vs. Norfolk St. (11/30/08)
FTA: 2 vs. Norfolk St. (11/30/08)
Rebounds: 6 vs. Norfolk St. (11/30/08)
Blocks: 1 vs. two teams
Assists: 2 vs. Norfolk St. (11/30/08)
Steals: 2 vs. #14/13 Texas (11/16/08)
Minutes: 13 vs. Norfolk St. (11/30/08)

Career Highs:

Points: 5 vs. Saint Joseph's (12/12/08)
FG: 2 vs. Saint Joseph's (12/12/08)
FGA: 8 vs. Norfolk St. (11/30/08)
3PT FG: 1 vs. two teams
3PT FGA: 2 vs. Saint Joseph's (12/12/08)
FT: 1 vs. Norfolk St. (11/30/08)
FTA: 2 vs. Norfolk St. (11/30/08)
Rebounds: 6 vs. Norfolk St. (11/30/08)
Blocks: 1 vs. two teams
Assists: 2 vs. Norfolk St. (11/30/08)
Steals: 2 vs. #14/13 Texas (11/16/08)
Minutes: 13 vs. Norfolk St. (11/30/08)
PRIOR TO OLD DOMINION: Played with teammate Mairi Buchan on the Scottish National team...Averaged over 10 points per game in the European "B" Championships in Macedonia...Played for the COE Kool Kats...Won the Scottish National League in U16, U18 and Senior league seasons...Won the Scottish Cup and was team captain during her U16 & U18 seasons...Also won the Scottish Cup in her senior season...Named MVP every year since 2006-07 and was named Women's Player of the Year in 2008-09...

PERSONAL: Born Rebecca Ann Allison on March 29, 1991...Daughter of Jenny and Fergus Allison...Has one sister, Megan (22), and one brother, Gregor (20)...Favorite sports personality is British gold medalist Kelly Holmes...Undecided in major.
PRIOR TO OLD DOMINION: Played at Miami-Dade Junior College in Florida...First Team All-Conference...First Team All-State...MVP of the team as the leading scorer in the state of Florida and the third ranked scorer in the nation (24.4 ppg)...At Lakewood HS, was Player of the Year in the league and the team MVP...

PERSONAL: Born Kquanise Montre Byrd on October 26, 1988...Parents are Martin Byrd and Otiser Frederick...Has three siblings, Kandis (18), Omunique (16) and Kyavis (13)...Goes by the nicknames "Q" or "Byrd"...Favorite sports personality is Kobe Bryant because of his dedication to the game and leadership...Majoring in Psychology.
PRIOR TO OLD DOMINION: Played with Team Canada at the World University Games...Scored 21 points at the World University Games and added four assists, three steals and five rebounds...Played on the Junior Women’s National Team in 2008...All-Star for the U17 National Championship runner-up in 2006...MVP and point guard of league champion Dawson College Blues...Scored 26 points at the 30th Provincial basketball AAA Championship game...Only guard named to 2008-09 First All-Star Team of CEGEP AAA Women’s league...

PERSONAL: Born October 18, 1989...Parents are Robert Cloutier and Carole Tremblay...Goes by the nicknames “Caro” or “C”...Favorite sports personality is Kobe Bryant...Undecided in major.
PRIOR TO OLD DOMINION: 2009 WBCA Honorable Mention All-American...McDonald’s All-American nominee...Four-year letter winner at Regina HS...All-State player in Ohio...Akron Touchdown Club inductee...First Team All-Gazette...Plain-Dealer First Team...First Team Medina County...Averaged a double-double in both her junior (23 ppg/12 rpg) and senior (19 ppg/10 rpg) years, leading team to state championship in 2009...Only team in Ohio to go undefeated in 2009...MVP of Herald All-Star Game...OHSAA Scholar-Athlete Award...All-time leading scorer as a freshman, sophomore, and junior in Medina County...Leading rebounder and scorer in Northeastern Ohio...

PERSONAL: Born Jacqueline Francis Cook on October 25, 1990...Daughter of Chris and Donna Cook...Both parents played Division I sports, her mother basketball at the University of Cincinnati and her father football at the University of Indiana...Has one brother, Connor (16)...Goes by the nickname "J-Cook"...Favorite sports personality is LeBron James...Hobbies include swimming, biking and rock climbing...Majoring in Communications.
## NUMERICAL ROSTER

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<tr>
<th>No.</th>
<th>Name</th>
<th>Pos.</th>
<th>Cl.</th>
<th>Ht.</th>
<th>Hometown / High School</th>
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<tbody>
<tr>
<td>2</td>
<td>Jasmine Parker</td>
<td>G</td>
<td>Jr.</td>
<td>5-6</td>
<td>Norfolk, Va./Maury</td>
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<tr>
<td>3</td>
<td>Mairi Buchan</td>
<td>C</td>
<td>So.</td>
<td>6-2</td>
<td>Stirlingshire, Scotland/Denny</td>
</tr>
<tr>
<td>4</td>
<td>Becca Allison</td>
<td>G</td>
<td>Fr.</td>
<td>5-8</td>
<td>Edinburgh, Scotland/Portobello</td>
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<tr>
<td>5</td>
<td>Alena Voronina</td>
<td>F</td>
<td>Jr.</td>
<td>6-2</td>
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<td>Jr.</td>
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<td>35</td>
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<td>So.</td>
<td>6-3</td>
<td>Poulan, Ga./Worth County/Central Florida</td>
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</tbody>
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## PRO-NUN-SEE-A-SHUN GUIDE

Mairi (Mary) Buchan (Buck- en)  
Voronina (Vor – o – nina)  
Kquanise (QUAN-eese)  
Guilford (Gull – ford)  
Cloutier (clue-tee-ay)  
Shadasia (Shuh-day-suh)

## ALPHABETICAL ROSTER

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<td>G</td>
<td>So.</td>
<td>5-10</td>
<td>Suitland, Md./Potomac</td>
</tr>
<tr>
<td>5</td>
<td>Alena Voronina</td>
<td>F</td>
<td>Jr.</td>
<td>6-2</td>
<td>Brisbane, Australia/Forsyth Country Day</td>
</tr>
</tbody>
</table>

**Head Coach:** Wendy Larry (Old Dominion ’77)  
**Assistant Coaches:** Nikita Lowry Dawkins (Ohio State ’89)  
Celeste Hill-Brockett (Old Dominion ’94)  
Belle Koclanes (Richmond ’02)  

**Dir. of Basketball Operations:** Allison Halsey (Saint Anselm ’02)  
Old Dominion University
A Closer Look at Old Dominion
John R. Broderick was named the eighth president of Old Dominion University in May 2009. As president, Broderick guides the university’s six colleges, more than 10 economic development and research centers, and numerous partnerships with government and business organizations and agencies. He oversees an operating budget of $441.3 million and more than 2,500 faculty and staff members. He served as acting president for one year before being named president.

During his tenure, Broderick commissioned a university-wide enrollment management study that has resulted in a plan to integrate all of Old Dominion’s programs, practices, policies and planning to achieve optimal future enrollment and growth. The plan establishes institutional priorities and provide the basis on which to make decisions for the future of the university.

Additionally, Old Dominion has drafted its 2009-2014 Strategic Plan, which will position the university to further develop its growing research reputation, enhance its residential campus, and strengthen its partnerships and contributions to the region.

Prior to becoming acting president, Broderick served as vice president of institutional advancement and admissions and chief of staff to the president. His areas of responsibility included admissions, athletics, community relations, governmental relations, licensing, marketing, media relations, military affairs, photography, publications, special events and student financial aid.

In addition to his administrative duties, Broderick annually teaches graduate courses in the Darden College of Education.

He has been recognized for his contributions to higher education and the Hampton Roads community with the Virginia Center for Inclusive Communities’ Humanitarian Award, the Urban League of Hampton Roads’ Marian Palmer Capps Award and the College Communicators Association Distinguished Service Award. He was a finalist for the national PR News’ Professional of the Year Award.

Throughout his career, Broderick has been actively engaged in numerous community and professional organizations. He currently is a board member of the Hampton Roads Partnership, Urban League and Virginia Beach Vision, and serves as a director of the Virginia Center for Inclusive Communities.

Prior to joining Old Dominion University, Broderick was a faculty member in the University of Pittsburgh system and an administrator at St. Bonaventure University. He received a bachelor’s degree from Northeastern University and a graduate degree from St. Bonaventure.
The success of the Old Dominion University athletic program is unprecedented in the state of Virginia over the course of the last four decades, with 28 team national titles and four individual national titles, countless Olympians, All Americans and conference titles and a 90 per cent exhausted eligibility graduation rate. Dr. Jim Jarrett, who will retire in June as the long serving Division I athletic director, has been providing the guidance and leadership for the Monarchs for four decades as one of the most respected athletic directors in the nation.

Jarrett began his 40th year as athletic director in 2009, taking over the reigns in 1970 when Bud Metheny stepped down from that position. As one of the youngest athletic directors in the nation at that time, Jarrett quickly began to make a name for himself and ODU. In 1974, Jarrett became the first athletic director in the state of Virginia to award grant-in-aids to women student-athletes. It was a bold move at the time for a young athletic director and equally young university, but one that paid great dividends. Just five years later, in 1979, the Lady Monarchs won the first of three national championships in women’s basketball, and led the nation in attendance.

Under his leadership, the department’s athletic venues have tripled. They include the construction of the Bud Metheny Baseball Complex, the ODU Sailing Center, the Athletic Administration Building, the ODU Soccer Complex, the 8,500 seat Constant Convocation Center, the Folkes-Stevens Indoor Tennis Center and the Powhatan Sports Complex. Most recently, Jarrett oversaw the renovation of Foreman Field, where the Monarchs played football in 2009.

For all his efforts, Jarrett has been honored many times by national and local groups. Most recently, Jarrett was given Lifetime Achievement awards from NCAA and VaSID. In 2003, he was named the Southeast Regional Athletic Director of the Year by NCAA. Other awards he has received include the Collegiate Director’s Award from the Women’s Basketball Coaches Association, and the Norfolk Sports Club Man of the Year. He served as a member of the NCAAWomen’s Basketball Committee and is a past president of the Colonial Athletic Association and the Virginia Sports Hall of Fame, and was inducted into the Hampton Roads Sports Hall of Fame in October.

An avid golfer, Jarrett and his wife Sugie reside in Norfolk.
Celebrate With Us

25th Anniversary of the CAA

Delaware • Drexel • George Mason • Georgia State • Hofstra • James Madison
Unc Wilmington • Northeastern • Old Dominion • Towson • VCU • William & Mary

Friday, March 5
First Round Games
Gm. 1 #8 seed vs. #9 seed Noon
Gm. 2 #5 seed vs. #12 seed 2:30 p.m.
Gm. 3 #7 seed vs. #10 seed 6:00 p.m.
Gm. 4 #6 seed vs. #11 seed 8:30 p.m.

Saturday, March 6
Quarterfinal Games
Gm. 5 #1 seed vs. #8/#9 seed Noon
Gm. 6 #4 seed vs. #5/#12 seed 2:30 p.m.
Gm. 7 #2 seed vs. #7/#10 seed 6:00 p.m.
Gm. 8 #3 seed vs. #6/#11 seed 8:30 p.m.

Sunday, March 7
Semifinal Games
Gm. 9 Winner of Gm 5 vs. Winner of Gm. 6 3:00 p.m.
Gm. 10 Winner of Gm 7 vs. Winner of Gm. 8 5:30 p.m.

Monday, March 8
Gm. 11 Men’s Championship Game 7:00 p.m.

Contact the box office of your favorite CAA team to order tickets. Tickets are also available through Ticketmaster.com or at 800-745-3000.

Thursday, March 11
First Round Games
Gm. 1 #8 seed vs. #9 seed Noon
Gm. 2 #5 seed vs. #12 seed 2:30 p.m.
Gm. 3 #7 seed vs. #10 seed 5:00 p.m.
Gm. 4 #6 seed vs. #11 seed 7:30 p.m.

Friday, March 12
Quarterfinal Games
Gm. 5 #1 seed vs. #8/#9 seed Noon
Gm. 6 #4 seed vs. #5/#12 seed 2:30 p.m.
Gm. 7 #2 seed vs. #7/#10 seed 5:00 p.m.
Gm. 8 #3 seed vs. #6/#11 seed 7:30 p.m.

Saturday, March 13
Semifinal Games
Gm. 9 Winner of Gm 5 vs. Winner of Gm. 6 Noon
Gm. 10 Winner of Gm 7 vs. Winner of Gm. 8 2:30 p.m.

Sunday, March 14
Gm. 11 Women’s Championship Game 12:30 p.m.

Contact the box office of your favorite CAA team to order tickets. Tickets are also available through the James Madison ticket office at 540-568-3853.
The Old Dominion University Athletic Department offers a wide variety of programs to assist the academic and personal well-being of the student-athlete. The Jacobson Athletic Academic Center was built in 2006 to accommodate all student-athletes. The center provides all the essential needs to become successful in the classroom, including: computers, printers, tutor rooms, and study hall, along with the academic advisor’s offices.

SUPERVISED STUDY SESSIONS
Supervised study sessions are required for all freshmen, transfer student-athletes, and select upperclassmen. Study sessions are held day and evening in the Jacobson Athletic Academic Center.

THE LIFE SKILLS PROGRAM
The Life Skills Program provides a comprehensive approach to the overall academic and personal development of student-athletes at Old Dominion University. With the student-athlete welfare in mind, the Athletic Department provides:

The Academic Commitment
• Academic, major choice and career counseling
• Academic advising - class scheduling and eligibility review
• Supervised study sessions
• Tutoring program by request and/or referral
• UNIV 100 (University Orientation) class
• Academic progress/attendance reports during each semester
• Intervention - illness, injuries, etc. reported to faculty
• Laptops, calculators, tape recorders checkout for athletic travel

The Personal Development Commitment
• Educational programming for new students and teams
• Understanding Values, Appreciating Diversity, Personal Health (Sexual Responsibility, Alcohol Choices, Stress Management), Interpersonal Communication and Media Relations, Social Development, and Fiscal Responsibility.
• Networking and appropriate campus program promotion

The Career Development Commitment
• Networking and referral are provided in cooperation with our career management center
• Educational programming
• UNIV 120 (Career Planning) class
• Interview, cover letter, and resume techniques.

STUDENT ATHLETE ADVISORY COMMITTEE (SAAC)
The SAAC serves as a voice for student-athletes to address issues common to all teams. The committee allows student-athletes to address concerns with administrators to improve the student-athlete experience.

The CAA selects an athlete from each school in the conference to attend a student-athlete advisory meeting in the spring of each year. The selected college representatives are given the opportunity to discuss issues at the conference level.
ACADEMIC SUPPORT
List of Majors

COLLEGE OF ARTS & LETTERS

MAJOR DEGREE PROGRAMS
• African Studies
• Art Education
• Art History
• Art Studio
• Asian Studies
• Communications
• Criminal Justice
• Dance
• English
• Fine Arts
• Foreign Languages & Literatures
• Geography
• History
• Music
• Philosophy & Religious Studies
• Political Science
• Sociology
• Theatre
• Women's Studies

INTERDISCIPLINARY MAJORS
• Interdisciplinary Studies
• Interdisciplinary Studies - Teacher Preparation
• Individualized Integrative Studies
• International Studies
• Professional Communications
• Work and Professional Studies

FRANK BATTEN COLLEGE OF ENGINEERING & TECHNOLOGY
• Civil & Environmental Engineering
• Electrical & Computer Engineering
• Mechanical Engineering
• Engineering Technology

COLLEGE OF HEALTH SCIENCES
• Cytotechnology
• Dental Hygiene
• Environmental Health
• Health Sciences
• Medical Technology
• Nursing BSN
• Nursing RN-BSN
• Nuclear Medicine Technology
• Ophthalmic Technology

COLLEGE OF SCIENCES
• Biology
• Biology - Secondary Education
• Biology - Premedical, dental or veterinary
• Marine Biology
• Chemistry
• Biochemistry
• Computer Science
• Mathematics & Statistics
• Ocean & Earth Sciences
• Physics
• Psychology

COLLEGE OF BUSINESS & PUBLIC ADMINISTRATION
• Accounting
• Decision Sciences
• Economics
• Finance, Insurance and Real Estate
• Information Technology
• International Business
• Management
• Maritime and Supply Chain Management
• Marketing

DARDEN COLLEGE OF EDUCATION

EDUCATIONAL LEADERSHIP & COUNSELING
• Human Services

EARLY CHILDHOOD, SPEECH LANGUAGE PATHOLOGY, & SPECIAL EDUCATION
• Speech Language Pathology and Audiology

EXERCISE SCIENCE, SPORT, PHYSICAL EDUCATION & RECREATION, & SPECIAL EDUCATION
• Health and Physical Education
• Sport Management
• Exercise Science
• Recreation and Tourism Studies

OCCUPATIONAL & TECHNICAL STUDIES
• Fashion
• Industrial Technology
• Technology Education
• Marketing Education
• Training Specialist

Lady Monarch Basketball 2009-2010
HOME OF THE

LADY MONARCHS

Ted Constant Convocation Center
Ted Constant Convocation Center

The Ted Constant Convocation Center, an 8,600 seat facility is the home for the Old Dominion University basketball programs. Athletic Director Jim Jarrett says, “The ability-to provide our student-athletes and fans with a state-of-the art, on campus basketball venue is the best statement the University can make regarding the priority placed on our basketball program. The excitement of a facility with its great atmosphere and quality fan amenities that depicts the great tradition of Old Dominion University athletics is unparalleled in our program’s history.”

Building Location
Hampton Boulevard, across from the Batten Arts and Letters Building. The Center is the cornerstone for the planned 67-acre University Village features shopping centers, restaurants, a variety of retail shops, research labs and residence halls.

Architects
The team of Mosley/Rossetti was a joint venture of one of the nation’s leading sports facility designers and planners and a leading Virginia multidiscipline firm. Rossetti’s projects range in scope from the internationally acclaimed Palace of Auburn Hills to the new Van Andel Arena in Grand Rapids, Michigan.

Number of Seats
The center has 8,600 fixed seats, including 836 for club/priority seating. In addition, there are sixteen suites with 12 seats each and a group box in the private concourse level. There are 85 barrier free seats with 85 companion seats in the facility. When seating is added on the floor, capacity is about 10,000.

Building Size
The center has 215,000 gross square-feet and consists of four parts: the seating bowl, multiple spaces for support functions for patrons; “back of the house” spaces to support center operations and a 10,000 square foot area of multi-purpose rooms that can be used for conferences, meetings, pre-and-post activity gatherings, etc.

Flexibility
The bowl has been designed to allow ‘downsizing’ for a variety of University events ranging in size from 1,500 to 2,000 attendees and up. Retractable seating allows for events such as concerts, lectures and commencements.

Technology
The Center has state-of-the-art audio and video technology that includes a jumbo four-sided video scoreboard, four LED message boards, a video wall in the lobby and 46 closed-circuit television monitors throughout the arena.

Parking Facilities
A 1,400-car garage and an 800 car garage are located adjacent to the facility to the north and south, and a shuttle bus system transports people from a variety of campus locations to Center events.

Call 757-683-4444 for more information.

Above, the ODU Sports Hall of Fame is located in the lobby of the Convocation Center, one of the arena’s sixteen luxury suites and the Lady Monarchs locker room facilities in the Convocation Center.
The locker rooms in the Constant Convocation Center contain a players lounge, coaches office and professional style lockers.
The Old Dominion Fieldhouse served as a palace for the women’s basketball team’s fortunes. The Lady Monarchs have been a leader in women’s basketball attendance over the past four decades, leading the nation in the late 1970’s and early 1980’s with packed crowds on a nightly basis. The Hampton Roads community opened its heart to the Lady Monarch basketball program, and the team rewarded their fans by bringing home three national championships (‘79, ‘80, and ‘85), five Sun Belt Conference titles and eleven Colonial Athletic Association championships during their tenure at the Fieldhouse.

In addition to drawing top crowds, the Fieldhouse played a major part in the overwhelming success of the Lady Monarch program. Winning streaks, like the 64-game streak that extended from Feb. 4, 1977 to Feb. 16, 1981 (the longest men’s or women’s streak at that time), helped convince Old Dominion opponents of the wrath of the Fieldhouse. Another streak followed in 1983 through 1984 at 44 games. More importantly, Old Dominion only had one losing season in the Fieldhouse since the building opened its doors in 1970. The Lady Monarchs owned an astounding 383-74 record in the building, including post-season and exhibitions.

All-Time Fieldhouse Record 1970-2002

<table>
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<th>OPPONENT</th>
<th>DATE</th>
<th>OUTCOME</th>
<th>ATTENDANCE</th>
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<tr>
<td>Connecticut</td>
<td>12-29-01</td>
<td>L 70-84</td>
<td>5,211</td>
</tr>
<tr>
<td>William &amp; Mary</td>
<td>2-20-98</td>
<td>W 110-51</td>
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<td>Tennessee</td>
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<tr>
<td>James Madison</td>
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<td>W 81-59</td>
<td>5,155</td>
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<td>Texas</td>
<td>2-25-80</td>
<td>W 74-45</td>
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<tr>
<td>UCLA</td>
<td>1-3-79</td>
<td>W 90-60</td>
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</tr>
<tr>
<td>Ohio State</td>
<td>2-16-80</td>
<td>W 85-56</td>
<td>5,055</td>
</tr>
<tr>
<td>Louisiana Tech</td>
<td>2-4-84</td>
<td>W 66-64</td>
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</tbody>
</table>

383 wins
74 Losses

83.8 Winning Percentage

Largest Lady Monarch Fieldhouse Crowds

The Lady Monarch Fieldhouse, the former home of the Lady Monarch dynasty. Fans of all ages routinely packed the Fieldhouse to cheer their Lady Monarchs on to victory!
The Old Dominion University name has grown nationally over the years to mean the best in competition...honesty...integrity...and championships, lots of championships.

Thirty-two national titles. The number is overwhelming, the hardware impressive. And each national title only adds to the Old Dominion legend as "The Home of Champions."

The first national title came in 1975, when the men's basketball team claimed the Division II title in Evansville, Ind. A year later, Old Dominion made the move to NCAA Division I, and the titles continued.


Additionally, nearly every team that competes in conference championships has won a title.
Nancy Lieberman (1976-80)

Lieberman’s impact on the sport of women’s basketball is immeasurable. “Lady Magic,” as she was known in the media during her days at Old Dominion, helped her Lady Monarch teams collect an astounding 72-2 record during their back-to-back championship seasons.

She never backed down from a challenge...not even from the 7-2, 280-pound Russian center Uljana Semjonova. In the 1976 Montreal Olympics, the 16-year-old Lieberman courageously took a charge from the towering Semjonova and things were never the same.

That feisty attitude has crowned her as one of basketball’s trailblazers and ambassadors. The three-time All-American remains Old Dominion University’s leader in career assists (651), free throws attempted (209), and free throws made (148), as well as single game records for field goals attempted (33), rebounds (28 vs. Longwood College on March 3, 1979).

A two-time Wade Trophy Finalist, Lieberman was named the team’s MVP during the 1978, 1979, and 1980 seasons as well as the Outstanding Female Athlete of the Year at ODU in 1980. In 1978, Lieberman led Old Dominion to the National Women’s Invitational Tournament Championship and ended a fine career by leading the Lady Monarchs to the AIAW National Championships in 1979 and 1980.

A two-time national champion with the 1979 and 1980 Lady Monarchs, Inge Nissen left her indelible mark on Old Dominion women’s basketball during a stellar playing career. What she left from Norfolk, Virginia, she brought with her to Miami, Florida where she is now a co-head coach with former Old Dominion University assistant Cindy Russo at Florida International University.

Inge Nissen (1976-80)

A two-time national champion with the 1979 and 1980 Lady Monarchs, Inge Nissen left her indelible mark on Old Dominion women’s basketball during a stellar playing career. What she left from Norfolk, Virginia, she brought with her to Miami, Florida where she is now a co-head coach with former Old Dominion University assistant Cindy Russo at Florida International University.

Nissen earned Kodak All-American honors during her senior campaign with the Lady Monarchs and was also named to the Street and Smith All-American team. A four-year starter, Nissen ended her career with 2,647 points and 1,459 rebounds. Both numbers are second only to Anne Donovan in the Lady Monarch record books. In addition, Nissen holds several individual season records, including field goals attempted (651), free throws attempted (209), and free throws made (148), as well as single game records for field goals attempted (33) and rebounds (28 vs. Longwood College on March 3, 1979).

Nissen was inducted into the Old Dominion Hall of Fame in 1985 and is currently the head coach of the Florida International women’s basketball team.

Anne Donovan (1979-83)

Perfection is the sort of thing that kept Anne Donovan going strong through her basketball career and perfection is what keeps Donovan in one of the top positions throughout Lady Monarch basketball history.

After her gold medal performance in the 1984 Los Angeles Olympics, Donovan was ready to retire but opted not to hang up her high tops when rumors spread that the United States cruised to a gold because the Russians boycotted the LA Games. Desperately wanting to prove the masses wrong, Donovan returned to the 1988 Seoul Olympics and, at the ripe old age of 26, co-captained her team to a repeat gold medal.

That consummate attitude made Donovan a pioneer in her sport and has earned her a spot among one of the first women to be honored by the Basketball Hall of Fame. Inducted in 1995, Donovan was rewarded for the hard work and dedication that is scrawled throughout the chronicles of Lady Monarch basketball history.

A multi-honored athlete for the Lady Monarchs, Donovan remains the school’s leader in career scoring (2,719 points), career rebounding (1,976 boards), and career blocked shots (801 blocks). In addition, the three-time All-American and 1983 Naismith National Player of the Year owns several single-game and single-season records.

A former assistant at her alma mater, Donovan is a member of the Basketball Hall of Fame, the Women’s Basketball Hall of Fame, the Old Dominion Sports Hall of Fame, the Virginia Sports Hall of Fame and the GTE/CoSida Academic All-American Hall of Fame. She is currently the head coach of the WNBA’s Seattle Storm and has also coached the Indiana Fever and Charlotte Sting. Her 2004 Seattle Storm captured the 2004 WNBA Championship and her 2001 Sting squad advanced to the WNBA Finals. Donovan led the U.S women to a gold medal in Beijing in the 2008 summer games as head coach.
Ticha Penicheiro (1994-98)

Ticha Penicheiro can be described with many words, but the lasting impression she has made on Lady Monarch basketball can be fully portrayed by one word – heart-stopping. Penicheiro’s playing style, one of a unique mixture of panache and skill, has earned her many a fan in the Hampton Roads area and around the country. It has also earned her jersey a spot in the rafters.

Numbers don’t lie for Penicheiro, who along with Mery Andrade and Clarisse Machanguana, comprised the fan-favorite “Portuguese Connection” that re-cultivated a national pride with the Old Dominion Lady Monarch program. This Figueira da Foz native helped her Lady Monarch squads to an impressive 119-14 overall record, a 61-1 Colonial Athletic Association record, four consecutiveCAA crowns, and an appearance in the 1997 NCAA National Championship game.

During her playing time at Old Dominion, Penicheiro collected 1,304 points over 133 games. She finished her career as Old Dominion’s all-time steal leader with 591 and second on the all-time assist board, behind only fellow All-American Nancy Lieberman, with 939. She is the CAA’s all-time leader on both counts.

A two-time Kodak All-American, Penicheiro collected a plethora of honors during her stay in Norfolk. She became Old Dominion’s second winner of the prestigious Lifetime/Wade Trophy and the first international player to win the honor. A four-time All-CAA honoree, Penicheiro was named the conference’s Player of the Year in 1995-96 and 1996-97, while also claiming the Rookie of the Year honor in 1994-95.

Penicheiro is a member of the WNBA’s Sacramento Monarchs, which recently captured the 2005 WNBA Championship. Her Monarch squad also reached the 2006 championship game. She is a four-time WNBA All-Star and two-time All-WNBA first team selection.

Clarisse Machanguana (1994-98)

Machanguana’s style and power helped lead a great resurgence in Lady Monarch basketball in the late 90’s and left an indelible mark on the Old Dominion dynasty. With Machanguana on the floor, the Lady Monarchs won an incredible 89 percent (90-11) of their games, captured three CAA conference crowns, and advanced to the 1997 NCAA Championship game. It was during her career that “The Streak” began with the Lady Monarch posting 44 straight conference victories during her final two seasons en route amassing a total of 131 consecutive CAA wins.

One of the most prolific scorers in recent memory, the 6-5 forward completed her career with 1,813 career points, which ranked her ninth all-time in Old Dominion history. Every year she stepped onto the hardwood for the Lady Monarchs she led her teams in scoring and field goal percentage, placing her name besides the greats in Old Dominion women’s basketball history. Machanguana finished fifth in single season scoring and recorded six games with 30 points or more. Additionally, she shot .624 from the floor and averaged 7.6 rebounds per game in 99 contests during her career.

A Kodak All-American and Naismith Player of the Year finalist in 1997, she helped lead Old Dominion to a 34-2 record and their third Final Four appearance. During her career she also earned All-America honors by the Sporting News, BasketballTimes, and Associated Press and was a three-time All-CAA First Team selection and two-time conference tournament MVP.

Since completing her career at Old Dominion, Machanguana has played for San Jose in the ABL, followed by stints with Los Angeles, Charlotte, and Orlando in the WNBA. In 2001, Machanguana helped her Sting squad advance to the WNBA finals under head coach and fellow Old Dominion legend Anne Donovan. She currently resides in Italy with her husband and son, Nico, where she is continuing her professional career.

Tracy Claxton (1983-85)

Tracy Claxton’s time at Old Dominion may have been short, but it was nothing but impressive. In her senior season in 1985, Claxton an her Lady Monarch squad brought home the school’s third national championship with women’s basketball with the NCAA title. Claxton spent two seasons at Kansas before transferring to Old Dominion in 1983. During her two seasons, Old Dominion went 55-8 culminating as Tournament Most Valuable Player at the 1985 NCAA Championship.

The 6-1 forward from New Haven, Connecticut is sixth on Old Dominion’s all-time scoring leaders list just shy of the 2,000 point mark with 1,999 career points. Her 1,434 career rebounds place her third on the all-time list.

Claxton scored a career high 28 points against UCLA and grabbed 20 rebounds twice during her career, the first against Long Beach State in 1984, and the second in the 1985 NCAA final against Georgia. Her 37 rebounds collected during the national semifinals and finals are still at Final Four record over 20 years later. Overall, she performed the double-double 37 times.

Claxton earned All-District honors in 1984 and 1985 and she was named All-American in 1984 and 1985 by the National Sports Federation. She graduated from ODU in 1985 with a degree in Health and Physical Education. She currently resides in New Haven, Connecticut, with her son.
In the Pros

On April 24, 1996, women’s basketball announced “We Got Next” as the NBA Board of Governors approved the concept of a Women’s National Basketball Association (WNBA) to begin play in June 1997 and former Lady Monarchs have been a huge part of its success.

The WNBA has not been the only avenue through which former Lady Monarchs have flourished. Professional women’s basketball has been in existence since the 1980s, beginning with the now-defunct Women’s Profesional Basketball League (WBL) and the American Women’s Basketball League (ABL).

A natural connection between Old Dominion alumni and the professional basketball leagues has grown over the last 27 years. From the first WBL draft in 1980 to the resurgence of professional women’s basketball with the ABL, to the WNBA drafts of recent years, and the 2005 WNBA Championship and 2006 WNBA Championship finale featuring two former standouts, Lady Monarch greats have been continuing their careers in the professional ranks with great success.

In 1980, seven members of the 1979-80 national championship squad were drafted by the Women’s Professional Basketball League, with three of those players going in the first round. Hall of Famers Nancy Lieberman, Inge Nissen, and Chris Critelli were the first three of off long line of Lady Monarch basketball stars to become first round draft picks.

Nine Lady Monarchs have been drafted into the professional ranks of the WNBA with another handful picked up as free agents. Both of Old Dominion’s first round draftees, Ticha Penicheiro in 1998, and Hamchetou Maiga in 2002, captured the 2005 WNBA Championship with the Sacramento Monarchs and returned to the finals once again in 2006. Additionally, Old Dominion had the distinction of tying 2002 national champion, Connecticut, as the school with the most student-athletes selected in the that year’s draft. Four of the Lady Monarch seniors who helped ODU dance to the "Elite Eight" were selected - Hamchetou Maiga, Lucienne Berthieu, Sharon Francis, and Tiffany Thompson.

Old Dominion alumni are not necessarily restricted to playing on the hardwood in WNBA. Anne Donovan ('83) coached the Seattle Storm to the 2004 WNBA Championship, while former players Maura McHugh ('75), Nancy Lieberman ('80), and former ODU coach, Marianne Stanley, have all taken turns patrolling the sidelines on the professional level of women’s basketball.

Women’s basketball has come a long way since its beginnings in 1892 when Senda Berenson adapted James Naismith’s basketball rules for women. And with the continued growth of the WNBA, the sport is sure to go even further. For Old Dominion fans, the opportunity is here to enjoy the talents of many former players for years to come.
Lady Monarch Basketball 2009-2010

Lady Monarchs In the Pros

Mery Andrade
1999-2002 Cleveland Rockers
2004 Charlotte Sting
* 2nd Round Draft Pick

Hamchétou Maïga-Ba
2002-2006 Sacramento Monarchs
2007-Present Houston Comets
* 1st Round Draft Pick

Lucienne Berthieu
2002-2003 Cleveland Rockers
2004 Houston Comets
* 2nd Round Draft Pick

Ticha Penicherio
1998-Present Sacramento Monarchs
* 1st Round Draft Pick
* WNBA All-Time Assist Leader
* Four-time WNBA All-Star
* 1999 First Team All-WNBA
* 2002, 2003 Second Team All-WNBA

Adrienne Goodson
1999-2002 Utah Starzz
2003-2004 San Antonio Silver Stars
2005 Houston Comets/Charlotte Sting
* 3rd Round Draft Pick
* 2002 WNBA All-Star

Clarisse Machanguana
1999-2000 Los Angeles Sparks
2001 Charlotte Sting
2002 Orlando Miracle
* 2nd Round Draft Pick

Monique Coker
2004 Los Angeles Sparks
* Free Agent

Donna Harrington
2000 Indiana Fever
* Free Agent

Hamchétou Maïga-Ba
2002-2006 Sacramento Monarchs
2007-Present Houston Comets
* 1st Round Draft Pick

Ticha Penicherio
1998-Present Sacramento Monarchs
* 1st Round Draft Pick
* WNBA All-Time Assist Leader
* Four-time WNBA All-Star
* 1999 First Team All-WNBA
* 2002, 2003 Second Team All-WNBA

Lady Monarch Basketball 2009-2010 69
COACHING In the Pros

Anne Donovan ’83
* 2009 - Head Coach - New York Liberty
* 2003 - 2007 - Head Coach - Seattle Storm
* 2001-2002 Head Coach - Charlotte Sting
* 2000 - Head Coach - Indiana Fever
* 1998 - Head Coach - Philadelphia Rage (ABL)

Nancy Lieberman ’80
* 1998 - Head Coach/General Manager - Detriot Shock

Maura McHugh ’74
* 2001 - 2003 - Head Coach - Sacramento Monarchs
* 1999 - 2000 - Assistant Coach - Sacramento Monarchs

Marianne Stanley (ODU head coach 1976 -1987)
* 2008 - Assistant Coach - LA Sparks
* 2004 - 2005 Assistant Coach - New York Liberty
* 2002 - 2003 - Head Coach - Washington Mystics
* 2001 - Assistant Coach - Washington Mystics
* 2000 - Assistant Coach - Los Angeles Sparks

* 1998 - 2004 - Assistant Coach - Houston Comets
Lady Monarch Basketball 2009-2010

2002-WNBA
Hamchetou Maiga  Sacramento  1st Round
Lucienna Bertheju  Seattle  2nd Round
Sharron Francis  Minnesota  4th Round
Tiffany Thompson  Los Angeles  4th Round

2000-WNBA
Donna Harrington  Indiana  Free Agent
Marianne Stanley  Los Angeles  Asst. Coach

1999-WNBA
Clarisse Machanguana  Los Angeles  2nd Round
Mery Andrade  Cleveland  2nd Round
Adrienne Goodson  Utah  3rd Round

1998-WNBA
Ticha Penicheiro  Sacramento  1st Round
Nyree Roberts  Houston  2nd Round

1997-ABL
Clarisse Machanguana  San Jose  1st Round
Esther Benjamin  Richmond  Alternate
Celeste Hill  Seattle  Alternate

1996-WNBA
Nancy Lieberman-Cline Phoenix  2nd Round

1996-ABL
Adrienne Goodson  Richmond  3rd Round

1982-WBL
Rhonda Rompola  Dallas

1980-WBL
Nancy Lieberman  Dallas  1st Round
Inge Nissen  Chicago  1st Round
Chris Critelli  New York  1st Round
Angela Cotman  Houston  2nd Round
Jan Trombly  Colorado  4th Round
Sue Richardson  Tampa Bay  6th Round
Sue Brown  Tampa Bay  7th Round
Linda Jerome  St. Louis  8th Round

In the Draft
Hamchetou Maiga '02
Ticha Penicheiro '98

Lady Monarch Basketball 2009-2010  71
Be a Part of the Tradition
Lady Monarch Basketball Camps

Day Camp
Ages: 8 and up
Time: 9:00 a.m. to 4:00 p.m.

Overnight Camp
Ages: 10 and up

Register online at...

Please call the Old Dominion University Athletic Camp Office for more information at 757-683-3375
It was a roller coaster of a season for the Old Dominion Women’s Basketball team.

The Lady Monarchs, coming off a 30-win campaign and a “Sweet 16” appearance the previous season, returned only a pair of starters and a relatively young roster, but began the season in the nation’s top 25 by ESPN and the Associated Press. However, as the season wore on, injuries would riddle the Lady Monarchs’ depth. Key losses during the season included senior point guard Jazz Walters who missed eight games with a broken leg, and junior forward Jessica Canady, who missed six games with a broken thumb, and sophomore Vicki Collier, who sustained another knee injury halfway through the season.

The Old Dominion schedule was once again chocked full of challenges. The Lady Monarchs opened the season at the World Vision Classic in Austin, Texas with wins against St. Mary’s and Dayton before dropping a game to tournament host and 13th ranked Texas.

The Lady Monarchs returned home from the Lone Star State to the friendly confines of the Constant Center for a rematch with 11th ranked Virginia. Fans who remembered the great win the previous season when the Lady Monarchs defeated the Cavs to earn a spot in the NCAA Sweet 16 were certainly not disappointed in another thriller between the two squads. Not to be denied, ODU again took care of business as Jessica Canady scored a double-double to lead the Lady Monarchs to a 78-70 win and continue ODU’s home win streak to 27 straight, a streak which ranked second nationally.

After a tough loss at 24th ranked Michigan State, the Lady Monarchs blew past Norfolk State and St. Joseph’s to extend their streak to 29 before hosting 11th ranked Tennessee and 15th ranked Maryland at the Ted. The Lady Monarchs battled, leading The Lady Vols, 71-70 with 1:51 remaining, and Maryland, 63-62 with 3:56 left, but fell short in both contests. After another tough non-conference loss at Ole Miss, the Lady Monarchs readied themselves for conference play.

Colonial Athletic Association action saw Old Dominion once again looking to dominate conference play with no thought that this might be the year the 17-year streak of CAA titles would end. Led by senior center Tiffany Green’s 15 points, the Lady Monarchs opened league play, edging last year’s CAA runner-up VCU by a point, then proceeded to put five more wins under their belt leading up to the always hotly contested match-up with arch rival James Madison.

JMU snapped Old Dominion’s 37-game CAA win streak by topping the Lady Monarchs, 72-67. Losing the services of Walters that game, injuries continued to whittle away the Lady Monarch roster as Old Dominion turned to its bench and its youth to fill in the holes left behind.

With one of the most youthful teams to take the court for Old Dominion, the Lady Monarchs would go on to finish with an 11-7 league record, going 8-1 at home. Freshman Mairi Buchan became the first Lady Monarch rookie to earn a starting spot in four seasons, while sophomore Jasmine Parker saw starting time right after the start of the league schedule. Classmate Shadasia Green was also a key contributor in the young line-up as well. ODU capped off the regular season with an 87-72 victory against William and Mary as fans honored seniors Green, Walters, and Jen Nuzzo in their final appearance in Norfolk.
With a number four seed, the Lady Monarchs opened the CAA Tournament in Harrisonburg, Virginia with a 61-56 win over UNC Wilmington, then readied for a match with the top seed Drexel Dragons. The top-seeded Dragons prevailed with a 62-41 win. With the loss, the Lady Monarchs saw their 17-year reign in the CAA end and a 51-game CAA Tournament win streak halted.

Three Lady Monarchs earned postseason accolades. Nuzzo won the prestigious Dean Ehler's Leadership Award for her outstanding contributions on the floor, in the classroom, and in the community. Nuzzo was the first Lady Monarch to receive the award since All-American Clarisse Machanguana in 1997. Green was selected First Team All-CAA, and Jessica Canady earned second team all-league honors.

Green ranked among the top five in the CAA in scoring (14.3), rebounding (9.1), field goal percentage (48.5), and blocked shots (1.9). Green completed her career with 990 career rebounds, which ranks her eighth on the Lady Monarch all-time list and 1,394 career points, putting her name 19th on the all-time ODU list. Canady transitioned into the starting lineup for 12.3 points per game and a CAA leading 9.5 rebounds per game. Despite missing the early part of the CAA slate with a fractured thumb, she returned to the court to have eight double figure scoring contests and six double figure rebounding games.

Jen Nuzzo – Dean Ehler's Award

Jen Nuzzo, a senior point guard from Newport News, was chosen as co-recipient of the Dean Ehlers Leadership Award. Nuzzo and Peterson are the first co-winners of the award, which is presented annually to the women's basketball student-athlete who “embodies the highest standards of leadership, integrity and sportsmanship in conjunction with her academic athletic achievement.” Nuzzo became just the third Lady Monarch to win the prestigious award, after Shonda DeBerry in 1995-96 and Clarisse Machanguana in 1996-97.

Nuzzo started all 30 games in the backcourt for the Lady Monarchs in 2008-09 and contributed 6.8 points per game and 93 assists. The ODU senior crushed her career marks in every statistical category, including points (204), rebounds (87), minutes per game (32.1) and assists. She was a First Team CAA All-Academic team member three times, including her senior season and also received Dean's List honors every semester in her collegiate career. A constant participant in the ODU Monarch Reachout program, Nuzzo was exemplary in her leadership for the Lady Monarchs.
## 2008-09 Team Statistics

### Overall

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**FG**: Field Goals - FG%: Field Goal Percentage - FT**: Free Throws - FT%**: Free Throw Percentage

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**Mississippi vs. Old Dominion**

**Box Score**

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**MIN: 40**

**FG**: Field Goals - FG%: Field Goal Percentage - FT**: Free Throws - FT%**: Free Throw Percentage

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**UCW vs. Old Dominion**

**Box Score**

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**MIN: 40**

**FG**: Field Goals - FG%: Field Goal Percentage - FT**: Free Throws - FT%**: Free Throw Percentage

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**Box Scores**

- **December 21, 2008**
  - Old Dominion vs. Maryland
  - Old Dominion vs. Old Dominion

- **January 2, 2009**
  - Old Dominion vs. Old Dominion

- **January 8, 2009**
  - Old Dominion vs. Old Dominion

---

**Officials**

- Old Dominion: Eric Brewton, Bryan Enterline, Felicia Grinter
- Connecticut: Mark Zentz, Taqua Stewart, Dawn Marsh
- Old Dominion: Mark Zentz, Tagus Stewart, Dawn Marsh

---

**ATT: 6188**

**Odds**

- Old Dominion University

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**ATG**

- Official: James Nathan, Tony Lipps, John Almassary

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**Attendance**

- Old Dominion vs. Old Dominion: 3660
- Old Dominion vs. Old Dominion: 4052
- Old Dominion vs. Old Dominion: 4052
- Old Dominion vs. Old Dominion: 6592

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**ATT: 2701**

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**Notes**

- Old Dominion vs. Old Dominion: 3088
- Old Dominion vs. Old Dominion: 3088
- Old Dominion vs. Old Dominion: 3088
- Old Dominion vs. Old Dominion: 3088

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**References**

- Old Dominion vs. Old Dominion: 3088
- Old Dominion vs. Old Dominion: 3088
- Old Dominion vs. Old Dominion: 3088
- Old Dominion vs. Old Dominion: 3088

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**Thank you!**
**NORTHEASTERN: 66**

**OLD DOMINION: 73**

**OLD DOMINION**

**Box Scores**

**January 11, 2009**

Ted Constant Convocation Center * Norfolk, Va.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

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**January 18, 2009**

Ted Constant Convocation Center * Norfolk, Va.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

---

**January 25, 2009**

Ted Constant Convocation Center * Norfolk, Va.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

---

**January 27, 2009**

Kaplan Arena * Williamsburg, Va.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

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**January 29, 2009**

JSU Sports Arena * Atlanta, Ga.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

---

**February 9, 2009**

Ted Constant Convocation Center * Norfolk, Va.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

---

**February 26, 2009**

Kaplan Arena * Williamsburg, Va.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

---

**March 6, 2009**

Hampton Convocation Center * Hampton, Mass.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

---

**March 13, 2009**

Ted Constant Convocation Center * Norfolk, Va.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

---

**March 17, 2009**

Ted Constant Convocation Center * Norfolk, Va.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

---

**March 20, 2009**

Hampton Convocation Center * Hampton, Mass.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

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**March 24, 2009**

Ted Constant Convocation Center * Norfolk, Va.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

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**March 27, 2009**

Ted Constant Convocation Center * Norfolk, Va.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

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**March 28, 2009**

Ted Constant Convocation Center * Norfolk, Va.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

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**March 29, 2009**

Ted Constant Convocation Center * Norfolk, Va.

**ODU: 17 25 42**

**GMASON: 34 16-16 0-0 2-2 2 2 1 1 3 10**

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**March 30, 2009**

Ted Constant Convocation Center * Norfolk, Va.
February 1, 2009
Ted Constant Convocation Center * Norfolk, Va.

OLD DOMINION ........................................... 51

TIDEWATER ................................................ 10

February 8, 2009
Ted Constant Convocation Center * Norfolk, Va.

OLD DOMINION ........................................... 66

TIDEWATER ................................................ 46

February 15, 2009
Ted Constant Convocation Center * Norfolk, Va.

OLD DOMINION ........................................... 66

TIDEWATER ................................................ 46

FOOTBALL

February 19, 2009
Mack Sports Complex * Hempstead, N.Y.

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HOFSTRA .................................................... 41

FOOTBALL

One Team. One Dream.
**Box Scores**  
**February 22, 2009**  
**Patriot Center * Fairfax, Va.**

### OLD DOMINION

**GEORGE MASON**

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*Officials: Edward Sidlasky, Rachelle Jones, Paula Adams*

### JAMES MADISON

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*Officials: Angie Lewis, Angel Stanton, Tony Lippa*

### Box Scores

#### OLD DOMINION

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*Officials: John Morningstar, Norma Jones, Bill Keaton*

### Box Scores

#### OLD DOMINION

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*Officials: Susan Blauch, Brian Brunnette, Norma Jones*

### BOX SCORES

#### OLD DOMINION

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*Officials: John Morningstar, Norma Jones, Bill Keaton*

### March 1, 2009  
**JMU Convocation Center * Harrisonburg, Va.**

### OLD DOMINION

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*Officials: John Morningstar, Norma Jones, Bill Keaton*

### March 14, 2009  
**JMU Convocation Center * Fairfax, Va.**

### OLD DOMINION

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*Officials: John Morningstar, Norma Jones, Bill Keaton*

### March 15, 2009  
**JMU Convocation Center * Harrisonburg, Va.**

### OLD DOMINION

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*Officials: John Morningstar, Norma Jones, Bill Keaton*

### March 13, 2009  
**UNC-Wilmington**

### OLD DOMINION

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*Officials: John Morningstar, Norma Jones, Bill Keaton*

### March 12, 2009  
**CAA Tournament Quarterfinals**

### OLD DOMINION

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*Officials: John Morningstar, Norma Jones, Bill Keaton*

### March 13, 2009  
**CAA Tournament Semifinals**

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*Officials: John Morningstar, Norma Jones, Bill Keaton*
FROM THE NORTH: Highway 13 down the Eastern Shore, and through the Chesapeake Bay Bridge-Tunnel. Follow 13 (Northampton Blvd.) to exit 64 W to Richmond. Take Terminal Blvd. exit approximately 2 miles, turn left on Hampton Blvd. Approximately 4 miles, turn right on 49th or 43rd Streets.

FROM THE SOUTH: I-95 North to U.S. 58 (Emporia, Va.) OR I-85 North to U.S. 58 East (South Hill, Va.). Follow U.S. 58 East to Norfolk. Take 64 E to 264 to downtown Norfolk. Take Waterside Drive to Brambleton Ave. Left on Brambleton Ave. Follow Brambleton around to Hampton Blvd. Take Hampton Blvd for approx. two miles. Turn left onto 43rd or 49th Streets.

FROM THE WEST: I-64 East through the Hampton Roads Bridge-Tunnel. Take Terminal Blvd. exit. Approximately 2 miles, turn left on Hampton Blvd. Approximately 4 miles, turn right on 49th or 43rd Streets.
SPORTS INFORMATION

February 11 – Constant Center

7-11/9th

2008-09 Record:

5/0

Starters Returning/Lost:

Last Meeting:

ODU leads 12-3

Letterwinners Returning/Lost:

Chris Campbell (Duke ‘96)

(Bridgette Gordon

(Tennessee ’89)

30-61 (3 seasons)

54-68 (4 seasons)

Career Record:

146-72 (7 seasons)

School Record:

96-84 (6 seasons)

Career Record:

163-194 (15 seasons)

School Record:

96-84 (6 seasons)

Career Record:

131-194 (15 seasons)

School Record:

60-86 (9 seasons)

Career Record:

30-61 (9 seasons)

School Record:

30-61 (9 seasons)

Assistant Coaches:

Vicki Wanelo (Marsil ‘04)

Chelsey Perry (Long Island ‘97)

Jody Burrows (Northeastern ‘07)

Coach:

Dayna LaForce Mann

Head Coach

Kim Carr

Gabriela Marginean

Brittany Poundseder

Jeri Porter

Head Coach

Head Coach

Home Court:

Bob Carpenter Center (5,000)

Bernard M. Muir

President:

Dr. Patrick T. Harker

Athletic Director:

C.R. ”Chuck” Pennoni

Interim President:

Dr. Eric Zillmer

Athletic Director:

Dr. Joseph Aoun

President:

Jeff Bourne

Athletic Director:

醫師 Aoun

President:

Jan. 17 – Harrisonburg, VA

February 21 – Constant Center

JMU

Home Court:

Convocation Center (7,156)

Sports Information:

WWB SID: Britt Faulstick

Phone: 540-568-6710

Fax: 540-568-3703

Website: www.JMUSports.com

COACHING STAFF

Head Coach: Joel Porter

(Liberty ‘91)

Assistant Coaches:

Greg Pulliam (Liberty ‘99)

Melissa Dunne (Temple ‘02)

Jana Ashley

(Alabama ‘02)

Simon Edwards (Iowa ‘07)

Kyle O’Dell

(Albany ‘05)

Assistant Coaches: Dee Dee Merriweather

(Tennessee ‘89) Jackie Smith Carson

(Furman ‘00)

30,714

Enrollment:

Fairfax, VA

Location:

Harrisonburg, VA

Location:

Philadelphia, PA

Enrollment:

Fairfax, VA

Location:

Philadelphia, PA

Enrollment:

11/9/09

11:29:39 PM

www.BlueHens.com

Kim Carr

Head Coach

www.BlueHens.com

Kim Carr

Head Coach

302-831-8715

372-373

7530

Email:

mattmoore@jmu.edu

Press Row:

Email:

dreisig@gmu.edu

Press Row:

Email:

wisecams@jmu.edu

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staylor@gmu.edu

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Email:

antoine@gmu.edu

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railey@gmu.edu

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SPORTS INFORMATION

Home Court: Towson Center (5,000)

Athletic Director: CAA

Colors: Gold, White & Black

Nickname: Tigers

Enrollment: 21,111

Location: Towson, MD

2008-09 Record: 17-13

Conference Record: 6-12/10th

Series VS. ODU: 6-12/10th

Record: ODU leads 12-4

Last Meeting: Mar. 21, 2009 – W, 58-51 @ ODU

List of Lady Monarch Basketball 2009-2010 Opponents:

**TOWSON**
January 24 – Towson, MD
March 3 – Constant Center

**WILLIAM & MARY**
January 28 – Williamsburg, VA
February 25 – Constant Center

**HOFSTRA**
January 31 – Constant Center

**UNC-WILMINGTON**
February 4 – Wilmington, NC

**VCU**
February 7 – Constant Center
February 28 – Richmond, VA

COACHING STAFF

Head Coach: Joe Mathews (Radford '91)

Career Record: 95-138 (8 seasons)

School Record: 95-138 (8 seasons)

Assistant Coaches: Jai Jefferson (Northeastern '05)

Morgan Valley (Connecticut '05)

**TEAM INFORMATION**

2008-09 Record: 12-13

Conference Record: 6-12/10th

Letterwinners Returning/Lost: 11/3

Starters Returning/Lost: 4/1

Series VS. ODU: ODU leads 13-0

Last Meeting: Feb. 26, 2009 – W, 95-57 @ ODU

**SPORTS INFORMATION**

WBB SID: Megan O'Brien
Phone: 410-704-2232
Fax: 410-704-3861
Email: mobrien@towson.edu
Press Row: 410-704-2200
Website: www.towsontigers.com

COACHING STAFF

Head Coach: Joe Mathews (William & Mary '96)

Career Record: 113-179 (10 seasons)

School Record: 113-179 (10 seasons)

Assistant Coaches: Meg Barber (NYU '99)

Jewonda Bright (Monmouth '04)

Erin Rewalt (Dartmouth '99)

**TEAM INFORMATION**

2008-09 Record: 14-17

Conference Record: 6-12/10th

Letterwinners Returning/Lost: 11/3

Starters Returning/Lost: 4/1

Series VS. ODU: ODU leads 44-3

Last Meeting: Mar. 4, 2009 – W, 87-72 @ ODU

NON-CONFERENCE OPPONENTS

STANFORD
November 13 - Constant Center
Tara VanDerveer
Head Coach
Jayne Appel
Assistant Coach
Lauren Johnson
Assistant Coach
Jayne Appel
Assistant Coach

MARYLAND
November 19 – College Park
Brenda Frese
Head Coach
Lynetta Kizer
Assistant Coach
Nikka Garza
Assistant Coach

NC STATE
November 23 – Constant Center
Kellie Harper
Head Coach
Quentin Hillsman
Head Coach
Nicole Michael
Assistant Coach

SYRACUSE
November 26 – Cancun, Mexico
Cancun Thanksgiving Classic
Quentin Hillsman
Head Coach
Kim Pemberton
Head Coach

LOUISVILLE
November 28 – Cancun, Mexico
Cancun Thanksgiving Classic
Jeff Walz
Head Coach

GENERAL INFORMATION
Location: Stanford, CA
Enrollment: 15,140
Nickname: Cardinal
Colors: Cardinal & White
Conference: Pac-10
President: John Hennessy
Athletic Director: Bob Boughley
Home Court: Maples Pavilion (17,550)

SPORTS INFORMATION
WBB SID: Aaron Juarez
Phone: 650-725-7277
Fax: 650-725-2957
Email: ar@stanford.edu
Press Row: 650-733-4181
Website: www.gostanford.com

COACHING STAFF
Head Coach: Tara VanDerveer
Assistant Coach: Jayne Appel
Assistant Coach: Lauren Johnson
Assistant Coach: Jayne Appel
Assistant Coach: Lauren Johnson
Assistant Coach: Jayne Appel

TEAM INFORMATION
2008-09 Record: 31-5
Conference Record: 13-1
Starting Returning/Lost: 9/11
Starters Returning/Lost: 2/3

SERIES VS. ODU
Record: Maryland leads 11-8
Last Meeting: Dec. 21, 2008 – L, 60-64 @ ODU

GENERAL INFORMATION
Location: Raleigh, N.C.
Enrollment: 32,782
Nickname: Wolfpack
Colors: Red and White
Conference: Atlantic Coast
President: Dr. D.C. Mote Jr.
Athletic Director: Deborah A. Yow
Home Court: Reynolds Coliseum (8,560)

SPORTS INFORMATION
WBB SID: Mark Kimmel
Phone: 919-515-1183
Fax: 919-515-3624
Email: mark_kimmel@ncsu.edu
Press Row: 919-515-3624
Website: www.GoPack.com

COACHING STAFF
Head Coach: Kellie Harper
Assistant Coaches: Stephanie McCormick, Tina Langley
Assistant Coaches: Marlin Chinn, Brenda Frese
Assistant Coaches: Steve Tashjian, Tom Jurich
Assistant Coaches: Bobbie Kelsey
Assistant Coaches: Marlene Chiou
Assistant Coaches: Jeff Walz
Assistant Coaches: Bobbi Kelsey

TEAM INFORMATION
2008-09 Record: 34-5
Conference Record: 17-1
Starting Returning/Lost: 9/11
Starters Returning/Lost: 8/12

SERIES VS. ODU
Record: NC State leads 15-2
Last Meeting: Nov. 30, 1997 – L, 77-39 @ ODU

GENERAL INFORMATION
Location: Syracuse, N.Y.
Enrollment: 12,440
Nickname: Orange
Colors: Orange
Conference: BIG EAST
Chancellor: Dr. Nancy Cantor
Athletic Director: Tom Jurich
Home Court: Carrier Dome (33,633)

SPORTS INFORMATION
WBB SID: Josh Waldman
Phone: 315-443-3608
Fax: 315-443-3405
Email: jwaldman@syr.edu
Press Row: 315-443-4241
Website: www.suathletics.com

COACHING STAFF
Head Coach: Quentin Hillsman
Assistant Coach: Jami Barlow
Assistant Coach: David Adkins
Assistant Coach: Marsha Byrd
Assistant Coach: Matt Luneau
Assistant Coach: Rayindy Colisius
Assistant Coach: Mike Moretti
Assistant Coach: Tommy Law

TEAM INFORMATION
2008-09 Record: 5-9
Conference Record: 0-9
Starting Returning/Lost: 8/9
Starters Returning/Lost: 5/5

SERIES VS. ODU
Record: ODU leads 2-0
Last Meeting: Nov. 24, 2007 – L, 61-69 @ ODU

GENERAL INFORMATION
Location: Louisville, KY
Enrollment: 22,000
Nickname: Cardinals
Colors: Red, Black and White
Conference: BIG EAST
President: Dr. James Ramsey
Athletic Director: Tom Jurich
Home Court: Freedom Hall (18,360)

SPORTS INFORMATION
WBB SID: Kim Pemberton
Phone: 502-852-6581
Fax: 502-852-7401
Email: kapembb@louisville.edu
Press Row: 502-852-5567
Website: www.louisvilleathletics.com

COACHING STAFF
Head Coach: Jeff Walz
Assistant Coach: Michelle Clark-Heard
Assistant Coach: Stephanie Norman
Assistant Coach: Bethann Ord
Assistant Coach: Michelle Clark-Heard
Assistant Coach: Stephanie Norman
Assistant Coach: Tom Jurich
Assistant Coach: Bethany Ord

TEAM INFORMATION
2008-09 Record: 34-5
Conference Record: 17-1
Starting Returning/Lost: 9/11
Starters Returning/Lost: 9/11

SERIES VS. ODU
Record: ODU leads 2-0
Last Meeting: Nov. 30, 1997 – L, 77-39 @ ODU

GENERAL INFORMATION
Location: Syracuse, N.Y.
Enrollment: 12,440
Nickname: Orange
Colors: Orange
Conference: BIG EAST
Chancellor: Dr. Nancy Cantor
Athletic Director: Tom Jurich
Home Court: Carrier Dome (33,633)

SPORTS INFORMATION
WBB SID: Josh Waldman
Phone: 315-443-3608
Fax: 315-443-3405
Email: jwaldman@syr.edu
Press Row: 315-443-4241
Website: www.suathletics.com

COACHING STAFF
Head Coach: Quentin Hillsman
Assistant Coach: Jami Barlow
Assistant Coach: David Adkins
Assistant Coach: Marsha Byrd
Assistant Coach: Matt Luneau
Assistant Coach: Rayindy Colisius
Assistant Coach: Mike Moretti
Assistant Coach: Tommy Law

TEAM INFORMATION
2008-09 Record: 5-9
Conference Record: 0-9
Starting Returning/Lost: 8/9
Starters Returning/Lost: 5/5

SERIES VS. ODU
Record: ODU leads 2-0
Last Meeting: Nov. 24, 2007 – L, 61-69 @ ODU
Lady Monarch Basketball 2009-2010

NON-CONFERENCE OPPONENTS

OLE MISS
December 6 - Constant Center
Renee Ladner
Head Coach
Bianca Thomas

FLORIDA
December 11 - Constant Center
Amanda Butler
Head Coach
Steffi Swirsken

HAMPTON
December 20 - Constant Center
David Six
Head Coach
Bernadette Furrue

ST. JOSEPH’S
December 22 - Philadelphia, PA
Cindy Griffin
Head Coach
Brittany Ford

TENNESSEE
December 30 - Knoxville, TN
Pat Summit
Head Coach
Angie Bjorklund

GENERAL INFORMATION
Location: Oxford, MS
Enrollment: 15,061
Nickname: Lady Rebels
Colors: Cardinal Red & Navy Blue
Conference: Southeastern
President: Dr. Dan Jones
Athletic Director: Pete Boone
Home Court: C.M. Tud Smith Coliseum (8,061)

SPORTS INFORMATION
WWW SID: Jay D’Abramo
Phone: 662-915-7096
Fax: 662-915-7086
Email: jy dabamo@olemiss.edu
Press Row: 662-236-1931
Website: www.OleMissSports.com

COACHING STAFF
Head Coach: Renee Lacher
(o/a Miss ‘81)
Career Record: 31-31 (2 seasons)
School Record: 31-31 (2 seasons)
Assistant Coaches:
Marlene Stollings (Ohio ’98)
Jocelyn McGilberry (Auburn ’90)
Amorie Price (Ole Miss ’07)

TEAM INFORMATION
2008-09 Record: 16-15
Conference Record: 9-5/5th
Lettermen Returning/Returning: 12/1
Starters Returning: 4/1

SERIES VS. ODU
Record: ODU leads 6-2
Last Meeting: Jan. 2, 2009
– L, 72-79 @ Ole Miss

GENERAL INFORMATION
Location: Gainesville, FL
Enrollment: 5,576
Nickname: Gators
Colors: Orange & Blue
Conference: Southeastern
President: Dr. J. Bernard Machen
Athletic Director: C.M. Tad Smith
Home Court: Stephen C. O’Connell Center (12,000)

SPORTS INFORMATION
WWW SID: Kathy Calzone
Phone: 352-375-4683
Fax: 352-316-4809
Email: kathy@gators.ufl.edu
Press Row: 352-367-1801
Website: www.GatorZone.com

COACHING STAFF
Head Coach: Amanda Butler
(Florida ’95)
Career Record: 83-44 (4 seasons)
School Record: 43-22 (2 seasons)
Assistant Coaches:
Sue Gaudry (Georgia ’86)
Brenda Mosk Kirkpatrick
(Wake Forest ’90)
David Lowery
(Mississippi State ’00)

TEAM INFORMATION
2008-09 Record: 24-8
Conference Record: 9-5/4th
Lettermen Returning/Returning: 9/5
Starters Returning: 3/2

SERIES VS. ODU
Record: ODU leads 6-0
Last Meeting: Mar. 2, 1997
– W, 53-51 @ NCAA Tour.

FLORIDA
December 11 - Constant Center
Amanda Butler
Head Coach
Steffi Swirsken

HAMPTON
December 20 - Constant Center
David Six
Head Coach
Bernadette Furrue

ST. JOSEPH’S
December 22 - Philadelphia, PA
Cindy Griffin
Head Coach
Brittany Ford

TENNESSEE
December 30 - Knoxville, TN
Pat Summit
Head Coach
Angie Bjorklund

GENERAL INFORMATION
Location: Knoxville, TN
Enrollment: 26,400
Nickname: Lady Volunteers
Colors: Orange & White
Conference: Southeastern
President: Dr. Jan Simek
Athletic Director: Joan Cronan
Home Court: Thompson-Boling Arena (4,878)

SPORTS INFORMATION
WWW SID: Debby Jennings
Phone: 615-974-4275
Fax: 615-974-8875
Email: djennings@utk.edu
Press Row: 615-974-8110
Website: www.UTLadyVols.com

COACHING STAFF
Head Coach: Pat Summit
(Tennessee-Martin ’74)
Career Record: 1005-193 (35 seasons)
School Record: 1005-193 (35 seasons)
Assistant Coaches:
Wolly Harlick
(Tennessee ’91)
Dean Lockwood
(Spring Arbor ’82)
Dadra Charles-Fulow
(Tennessee ’91)

TEAM INFORMATION
2008-09 Record: 22-11
Conference Record: 9-5/5th
Lettermen Returning/Returning: 10/2
Starters Returning: 4/1

SERIES VS. ODU
Record: Tennessee leads 33-9
Last Meeting: Dec. 19, 2008
– L, 76-81 @ ODU

OleMiss
Colonial Athletic Association

The Colonial Athletic Association celebrates its 25th Anniversary in 2009-10 with memories of a proud and storied past and visions of an exciting future.

Regarded as one of the nation’s top collegiate conferences, the CAA encompasses five of the nation’s nine largest metropolitan areas with a geographic footprint that stretches from Boston to Atlanta. The conference has produced 16 national team champions in five different sports, 33 individual national champions, 12 national coaches of the year, 12 national and conference titles for men’s and women’s soccer teams, and 12 Honda Award winners. Just as impressive, however, are the honors accumulated away from competition, which include five Rhodes Scholars and 20 NCAA post-graduate scholars. In 2008-09, the CAA had more than 1,700 of the league’s 4,000 student-athletes received the Commissioner’s Academic Award after posting at least a 3.2 grade point average while lettering in a varsity sport. The conference ranked in the top 10 in the nation in 12 of its 23 sports in the latest APR report released by the NCAA.

The landscape of the conference stretches along the majority of the East Coast, and includes six of the nation’s top 25 media markets – New York (1), Philadelphia (4), Boston (7), Atlanta (8), Washington, D.C. (9) and Baltimore (25). The number of television homes in the CAA market exceeds 20 million.

The CAA currently sponsors 23 sports with the addition of a 12-team football league in 2007 and women’s rowing in 2009. Male athletes compete for championships in baseball, basketball, cross country, football, golf, lacrosse, soccer, swimming & diving, tennis, track & field and wrestling. Female athletes battle for conference titles in basketball, cross country, field hockey, golf, lacrosse, rowing, soccer, softball, swimming & diving, tennis, track & field and volleyball. In 2008-09, 28 teams earned NCAA Tournament berths and 45 student-athletes received All-America honors.

The conference has made its presence known nationally in men’s basketball with a league-record five teams advancing to postseason play in 2008-09. Conference champion VCU made its third NCAA Tournament appearance in the last six years, while George Mason reached the postseason for the seventh time in a decade in the NIT. Old Dominion, making its fifth straight postseason trip, captured the inaugural CIT championship, while James Madison made the CIT semifinals. Northeastern reached the quarterfinals of the CBI. In 2006, George Mason captured the nation’s imagination by becoming the first mid-major program since 1979 to reach the Final Four, knocking off powerhouses Michigan State, North Carolina, Wichita State and Connecticut along the way. The Patriots were ranked No. 8 in the final ESPN/USA Today Top 25 poll, which was the highest ever for a CAA team.

The CAA has had at least three women’s basketball teams participate in post-season play for the past four seasons. Delaware captured its first CAA championship in 2009 and was joined in the NCAA Tournament by VCU, giving the league multiple teams in the Big Dance for the second time in three years. James Madison earned a post-season berth for the fourth year in a row in the WNIT. Perennial power Old Dominion, which has won three national championships (1979, 1980, 1985) and was national runner-up in 1997, claimed an NCAA-record 17 straight CAA titles before seeing its incredible streak come to an end last year.

The conference also excels in many other sports. CAA squads have combined to win 10 field hockey national titles since the championship began in 1981. Delaware and Towson have each reached the Final Four of the NCAA Men’s Lacrosse Championship. Three women’s soccer teams have reached the second round of the NCAA Tournament for the past two seasons and at least one men’s soccer team has advanced to the final 16 of the NCAA Championship in five of the last seven years. In men’s cross country, William & Mary placed 16th nationally as a team in 2008 and Georgia State’s Mark Steeds earned All-America status after a 12th-place individual effort. On the mat, ODuj’s Ryan Williams was one of three wrestling All-Americans after finishing as the national runner-up at 141 pounds. The CAA has sent multiple teams to the NCAA Baseball Championship in nine of the last 12 years and has had 12 or more players selected in the last seven Major League Baseball drafts.

CAA member institutions are committed to excellence in the classroom. The Colonial Academic Alliance was created in 2002 by the league’s presidents with a goal of expanding their partnership to all aspects of university life outside of intercollegiate athletics. Among the programs already established are an undergraduate research conference, coordination of study abroad programs and granting visiting academic status to student-athletes traveling to an away contest so that they have access to libraries, academic resource centers and computer labs.

In 2002, two faculty members from CAA institutions were awarded academia’s most coveted distinction – the Nobel Prize. John B. Fenn, a research professor in the Department of Chemistry at Virginia Commonwealth University, received the Nobel Prize for chemistry, and Vernon Smith, a professor of economics and law at George Mason University, shared the Nobel Prize in economic sciences.

Commissioner Thomas E. Yeager has guided the CAA since its inception. The conference traces its roots back to 1981 when three of its current members – George Mason University, James Madison University, and the College of William and Mary - were aligned with East Carolina University, Delaware and Towson as part of the University of North Carolina as a basketball league (ECAC South). During the next two years, the league added 11 sports, acquired two new members (the University of North Carolina at Wilmington and American University) and decided to form a new association. The transformation from ECAC South to CAA took place on June 8, 1983.

Charter members George Mason, James Madison, UNCWilmington and William and Mary were joined by Old Dominion University in 1991 and by Virginia Commonwealth University in 1995. The conference added the University of Delaware, Drexel University, Hofstra University and Towson University in 2001. Georgia State University and Northeastern University became members of the conference on July 1, 2005.

Celebrating its 25th Anniversary, the CAA takes great pride in producing student-athletes who stand out in the playing field and in the classroom.
THE SCHOOLS OF THE CAA & WHERE THEY’RE LOCATED...

DREXEL UNIVERSITY
Location: Philadelphia, PA
Founded: 1891
Enrollment: 21,537
Nickname: "Dragons"
Game manager: Sean Joyce: 215-895-1588

UNIVERSITY OF DELAWARE
Location: Newark, DE
Founded: 1743
Enrollment: 16,000
Nickname: "Fighting Blue Hens"
Game manager: Kate Pohlig: 302-831-3542

GEORGE MASON UNIVERSITY
Location: Fairfax, VA
Founded: 1957
Enrollment: 30,714
Nickname: "Patriots"
Game manager: Jay Marsh: 703-993-9319

GEORGIA STATE
Location: Atlanta, GA
Founded: 1913
Enrollment: 29,000
Nickname: Panthers
Game manager: Dexter Benning 404-651-4310

HOFSTRA UNIVERSITY
Location: Hempstead, NY
Founded: 1935
Enrollment: 12,400
Nickname: "Pride"
Game manager: Larry Bloom: 516-463-6625

JAMES MADISON UNIVERSITY
Location: Harrisonburg, VA
Founded: 1908
Enrollment: 18,000
Nickname: "Dukes"
Game manager: Ty Phillips: 540-568-1762

UNC WILMINGTON
Location: Wilmington, N.C.
Founded: 1947
Enrollment: 12,100
Nickname: "Seahawks"
Game manager: Jamie Sischo: 910-962-3465

NORTHEASTERN
Location: Boston, MA
Founded: 1898
Enrollment: 15,339
Nickname: Huskies
Game manager: Mark Coates: 617-373-2181

OLD DOMINION UNIVERSITY
Location: Norfolk, VA
Founded: 1930
Enrollment: 23,833
Nickname: "Monarchs"
Mike Fryling: 757-683-9518

TOWSON UNIVERSITY
Location: Towson, MD
Founded: 1866
Enrollment: 21,111
Nickname: "Tigers"
Game manager: Mark Temmel: 410-704-4176

VIRGINIA COMMONWEALTH UNIV.
Location: Richmond, VA
Founded: 1838
Enrollment: 32,000
Nickname: " Rams"
Game manager: Nate Doughty: 804-827-1002

COLLEGE OF WILLIAM AND MARY
Location: Williamsburg, VA
Founded: 1693
Enrollment: 7,625
Nickname: "Tribe"
Game manager: Robb Dunn: 757-221-8055
Old Dominion University 92

Sun Belt Honorees

<table>
<thead>
<tr>
<th>YEAR</th>
<th>NAME</th>
<th>CONFERENCE</th>
<th>TEAM</th>
<th>PLAYERS-OF-THE-YEAR</th>
<th>TOURNAMENT MVP</th>
<th>GAMES</th>
<th>Coach of the Year 1987-88</th>
</tr>
</thead>
<tbody>
<tr>
<td>1986-87</td>
<td>Adrienne Goodson</td>
<td>Freshman-of-the-Year</td>
<td>1st Team</td>
<td>Adrienne Goodson 1989-90</td>
<td></td>
<td></td>
<td>Wendy Larry</td>
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<tr>
<td>1987-88</td>
<td>Kelly Lyons</td>
<td>Freshman-of-the-Year</td>
<td>1st Team</td>
<td>Lee J. Jones 1990-91</td>
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<td>Wendy Larry</td>
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</table>

Colonial Athletic Association Honorees

<table>
<thead>
<tr>
<th>YEAR</th>
<th>NAME</th>
<th>THE TEAM</th>
<th>PLAYERS-OF-THE-YEAR</th>
<th>TOURNAMENT MVP</th>
<th>GAMES</th>
<th>Coach of the Year 1987-88</th>
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<tbody>
<tr>
<td>2000-01</td>
<td>Sharron Francis</td>
<td>All-Academic Team</td>
<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>2001-02</td>
<td>Celeste Hill</td>
<td>All-Academic Team</td>
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<td>2002-03</td>
<td>Tiffaany Green</td>
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<td>2003-04</td>
<td>Monique Coker</td>
<td>All-Academic Team</td>
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<tr>
<td>2004-05</td>
<td>Tish Lyons</td>
<td>All-Academic Team</td>
<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>2008-09</td>
<td>Jen Nuzzo</td>
<td>All-Academic Team</td>
<td>Adrienne Goodson 1989-90</td>
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HONORED Lady Monarchs

TOURNEY MVP

<table>
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<tr>
<th>YEAR</th>
<th>NAME</th>
<th>THE TEAM</th>
<th>PLAYERS-OF-THE-YEAR</th>
<th>TOURNAMENT MVP</th>
<th>GAMES</th>
<th>Coach of the Year 1987-88</th>
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<tbody>
<tr>
<td>1985-86</td>
<td>Medina Dixon</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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<td>1986-87</td>
<td>Celeste Hill</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>1987-88</td>
<td>Adrienne Goodson</td>
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<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>1988-89</td>
<td>Kelly Lyons</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>1989-90</td>
<td>T.J. Jones</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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ONE TEAM ONE DREAM ONE GOAL

John Randolph Inspirational Award

<table>
<thead>
<tr>
<th>YEAR</th>
<th>NAME</th>
<th>THE TEAM</th>
<th>PLAYERS-OF-THE-YEAR</th>
<th>TOURNAMENT MVP</th>
<th>GAMES</th>
<th>Coach of the Year 1987-88</th>
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</thead>
<tbody>
<tr>
<td>1987-88</td>
<td>Medina Dixon</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>1988-89</td>
<td>Celeste Hill</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>1989-90</td>
<td>Adrienne Goodson</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>1990-91</td>
<td>Kelly Lyons</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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ONE TEAM ONE DREAM ONE GOAL

All-Uni Belt

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<th>NAME</th>
<th>THE TEAM</th>
<th>PLAYERS-OF-THE-YEAR</th>
<th>TOURNAMENT MVP</th>
<th>GAMES</th>
<th>Coach of the Year 1987-88</th>
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<tbody>
<tr>
<td>1985-86</td>
<td>Medina Dixon</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>1986-87</td>
<td>Celeste Hill</td>
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<td>Adrienne Goodson 1989-90</td>
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<td>1987-88</td>
<td>Adrienne Goodson</td>
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<td>Adrienne Goodson 1989-90</td>
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<td>1988-89</td>
<td>Kelly Lyons</td>
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<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>1989-90</td>
<td>T.J. Jones</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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ONE TEAM ONE DREAM ONE GOAL

ROOKIES-OF-THE-YEAR

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<th>THE TEAM</th>
<th>PLAYERS-OF-THE-YEAR</th>
<th>TOURNAMENT MVP</th>
<th>GAMES</th>
<th>Coach of the Year 1987-88</th>
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<tbody>
<tr>
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<td>Celeste Hill</td>
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<tr>
<td>1994-95</td>
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<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>1995-96</td>
<td>Kelly Lyons</td>
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<td>Adrienne Goodson 1989-90</td>
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<td>1996-97</td>
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<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>1997-98</td>
<td>Kelly Lyons</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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ONE TEAM ONE DREAM ONE GOAL

ONE TEAM ONE DREAM ONE GOAL

All-Defensive Team

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<tr>
<th>YEAR</th>
<th>NAME</th>
<th>THE TEAM</th>
<th>PLAYERS-OF-THE-YEAR</th>
<th>TOURNAMENT MVP</th>
<th>GAMES</th>
<th>Coach of the Year 1987-88</th>
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<tbody>
<tr>
<td>1993-94</td>
<td>Celeste Hill</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>1994-95</td>
<td>Esther Benjamin</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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<td>1995-96</td>
<td>Adrienne Goodson</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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<td></td>
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<tr>
<td>1996-97</td>
<td>Kelly Lyons</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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ONE TEAM ONE DREAM ONE GOAL

ONE TEAM ONE DREAM ONE GOAL

All-Rookie Team

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<tr>
<th>YEAR</th>
<th>NAME</th>
<th>THE TEAM</th>
<th>PLAYERS-OF-THE-YEAR</th>
<th>TOURNAMENT MVP</th>
<th>GAMES</th>
<th>Coach of the Year 1987-88</th>
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</thead>
<tbody>
<tr>
<td>1993-94</td>
<td>Celeste Hill</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>1994-95</td>
<td>Adrienne Goodson</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>1995-96</td>
<td>Kelly Lyons</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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<tr>
<td>1996-97</td>
<td>Adrienne Goodson</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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</tr>
<tr>
<td>1997-98</td>
<td>Kelly Lyons</td>
<td>Freshman-of-the-Year</td>
<td>Adrienne Goodson 1989-90</td>
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ONE TEAM ONE DREAM ONE GOAL

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ONE TEAM ONE DREAM ONE GOAL
### All-Americans

<table>
<thead>
<tr>
<th>Year</th>
<th>Name</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>1977-78</td>
<td>Nancy Lieberman</td>
<td>(Kodak, NWIT)</td>
</tr>
<tr>
<td>1977-78</td>
<td>Anne Donovan</td>
<td>(Kodak)</td>
</tr>
<tr>
<td>1977-78</td>
<td>Inge Nissen</td>
<td>(NWIT First team)</td>
</tr>
<tr>
<td>1977-78</td>
<td>Angela Catman</td>
<td>(NWIT Honorable Mention)</td>
</tr>
<tr>
<td>1978-79</td>
<td>Nancy Lieberman</td>
<td>(Kodak, National Scouting Association)</td>
</tr>
<tr>
<td>1978-79</td>
<td>Inge Nissen</td>
<td>(National Scouting Association)</td>
</tr>
<tr>
<td>1979-80</td>
<td>Nancy Lieberman</td>
<td>(Kodak)</td>
</tr>
<tr>
<td>1979-80</td>
<td>Inge Nissen</td>
<td>(Kodak)</td>
</tr>
<tr>
<td>1979-80</td>
<td>Anne Donovan</td>
<td>(District III)</td>
</tr>
<tr>
<td>1980-81</td>
<td>Anne Donovan</td>
<td>(Kodak)</td>
</tr>
<tr>
<td>1980-81</td>
<td>Jean Wolling</td>
<td>(District III)</td>
</tr>
<tr>
<td>1981-82</td>
<td>Anne Donovan</td>
<td>(Kodak, American Women's Sports Foundation, Women's Basketball Coaches Association)</td>
</tr>
<tr>
<td>1981-82</td>
<td>Inge Nissen</td>
<td>(Kodak)</td>
</tr>
<tr>
<td>1981-82</td>
<td>Anne Donovan</td>
<td>(District III)</td>
</tr>
<tr>
<td>1984-85</td>
<td>Medina Dixon</td>
<td>(Kodak, National Player-of-the-Year, Converse, Champions)</td>
</tr>
<tr>
<td>1984-85</td>
<td>Clarisse Machanguana</td>
<td>(Naismith Trophy Finalist)</td>
</tr>
<tr>
<td>1997-98</td>
<td>Ticha Penicheiro</td>
<td>(Wade Trophy winner, Naismith Trophy Finalist)</td>
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### National Players-of-the-Year

<table>
<thead>
<tr>
<th>Year</th>
<th>Name</th>
<th>Team</th>
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<tbody>
<tr>
<td>1978-79</td>
<td>Nancy Lieberman</td>
<td>(Wade Trophy)</td>
</tr>
<tr>
<td>1978-79</td>
<td>Inge Nissen</td>
<td>(Wade Trophy Finalist)</td>
</tr>
<tr>
<td>1979-80</td>
<td>Nancy Lieberman</td>
<td>(Wade Trophy, Brocunck Cup)</td>
</tr>
<tr>
<td>1979-80</td>
<td>Inge Nissen</td>
<td>(Wade Trophy Finalist)</td>
</tr>
<tr>
<td>1981-82</td>
<td>Anne Donovan</td>
<td>(Wade Trophy Finalist, Street &amp; Smith)</td>
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<td>1982-83</td>
<td>Anne Donovan</td>
<td>(Naismith National Player-of-the-Year, Converse, Champions)</td>
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<tr>
<td>1996-97</td>
<td>Clarisse Machanguana</td>
<td>(Naismith Trophy Finalist)</td>
</tr>
<tr>
<td>1999-00</td>
<td>Lucienne Berthieu</td>
<td>(AP Honorable Mention, Women's Basketball Journal Defensive 1st Team)</td>
</tr>
<tr>
<td>1999-00</td>
<td>Inge Nissen</td>
<td>(AP Honorable Mention, Women's Basketball Journal Defensive 1st Team)</td>
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<td>1999-00</td>
<td>Anne Donovan</td>
<td>(NWIT First team)</td>
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<tr>
<td>2001-02</td>
<td>Lucienne Berthieu</td>
<td>(Kodak District II, Basketball Times Honorable Mention)</td>
</tr>
<tr>
<td>2001-02</td>
<td>Ticha Penicheiro</td>
<td>(Kodak District II, Basketball Times Honorable Mention)</td>
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<tr>
<td>2003-04</td>
<td>Shareese Grant</td>
<td>(Kodak/PWBC, Honorable Mention)</td>
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### Olympians

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<thead>
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<th>Year</th>
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<th>Country</th>
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<tr>
<td>1976</td>
<td>Nancy Lieberman</td>
<td>Canada</td>
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<tr>
<td>1976</td>
<td>Chris Critelli</td>
<td>Canada</td>
</tr>
<tr>
<td>1980</td>
<td>Anne Donovan</td>
<td>United States</td>
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<tr>
<td>1980</td>
<td>Chris Critelli</td>
<td>Canada, Canada</td>
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<td>1984</td>
<td>Anne Donovan</td>
<td>United States</td>
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<tr>
<td>1984</td>
<td>Jan Trombly</td>
<td>United States</td>
</tr>
<tr>
<td>1988</td>
<td>Anne Donovan</td>
<td>South Korea</td>
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<td>1992</td>
<td>Anne Donovan</td>
<td>Greece</td>
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<tr>
<td>2004</td>
<td>Anne Donovan</td>
<td>Greece</td>
</tr>
<tr>
<td>2008</td>
<td>Anne Donovan</td>
<td>United States</td>
</tr>
<tr>
<td>2008</td>
<td>Hamchetou Maja-Ba</td>
<td>Mali</td>
</tr>
</tbody>
</table>

### National Players-of-the-Year

<table>
<thead>
<tr>
<th>Year</th>
<th>Name</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>1978-79</td>
<td>Nancy Lieberman</td>
<td>(Wade Trophy)</td>
</tr>
<tr>
<td>1978-79</td>
<td>Inge Nissen</td>
<td>(Wade Trophy Finalist)</td>
</tr>
<tr>
<td>1979-80</td>
<td>Nancy Lieberman</td>
<td>(Wade Trophy, Brocunck Cup)</td>
</tr>
<tr>
<td>1979-80</td>
<td>Inge Nissen</td>
<td>(Wade Trophy Finalist)</td>
</tr>
<tr>
<td>1981-82</td>
<td>Anne Donovan</td>
<td>(Wade Trophy Finalist, Street &amp; Smith)</td>
</tr>
<tr>
<td>1982-83</td>
<td>Anne Donovan</td>
<td>(Naismith National Player-of-the-Year, Converse, Champions)</td>
</tr>
<tr>
<td>1984-85</td>
<td>Medina Dixon</td>
<td>(Naismith Trophy Finalist)</td>
</tr>
<tr>
<td>1996-97</td>
<td>Clarisse Machanguana</td>
<td>(Naismith Trophy Finalist)</td>
</tr>
<tr>
<td>1999-00</td>
<td>Lucienne Berthieu</td>
<td>(AP Honorable Mention, Women's Basketball Journal Defensive 1st Team)</td>
</tr>
<tr>
<td>1999-00</td>
<td>Inge Nissen</td>
<td>(AP Honorable Mention, Women's Basketball Journal Defensive 1st Team)</td>
</tr>
<tr>
<td>1999-00</td>
<td>Anne Donovan</td>
<td>(NWIT First team)</td>
</tr>
<tr>
<td>2001-02</td>
<td>Lucienne Berthieu</td>
<td>(Kodak District II, Basketball Times Honorable Mention)</td>
</tr>
<tr>
<td>2001-02</td>
<td>Ticha Penicheiro</td>
<td>(Kodak District II, Basketball Times Honorable Mention)</td>
</tr>
<tr>
<td>2003-04</td>
<td>Shareese Grant</td>
<td>(Kodak/PWBC, Honorable Mention)</td>
</tr>
</tbody>
</table>

### Academic All-Americans

<table>
<thead>
<tr>
<th>Year</th>
<th>Name</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>1997-98</td>
<td>Ticha Penicheiro</td>
<td>(Kodak 1st team, AP 1st team)</td>
</tr>
<tr>
<td>1997-98</td>
<td>N tymore Roberts</td>
<td>(AP 2nd team, Women's Basketball Journal 2nd Team)</td>
</tr>
<tr>
<td>1998-99</td>
<td>Merry Andrade</td>
<td>(AP Honorable mention, Women's Basketball Journal Defensive 1st Team)</td>
</tr>
<tr>
<td>1999-00</td>
<td>Lucienne Berthieu</td>
<td>(Kodak District III, Women's Basketball Journal, 3rd Team)</td>
</tr>
<tr>
<td>2001-02</td>
<td>Lucienne Berthieu</td>
<td>(Kodak District II, Basketball Times Honorable Mention)</td>
</tr>
<tr>
<td>2001-02</td>
<td>Hamchetou Maja-Ba</td>
<td>(Basketball Times Honorable Mention)</td>
</tr>
<tr>
<td>2003-04</td>
<td>Shareese Grant</td>
<td>(Kodak/PWBC, Honorable Mention)</td>
</tr>
</tbody>
</table>

### NCAA Post-Graduate Scholarship

1983 Anne Donovan
LETTERWINNERS

Abraham, Carolyn 1976-1977
Abraham, Terri 1974-1976
Adams, Annette 1971-1972
Andrade, Mery 1995-1999
Aston, Kim 1998-1992

Baggett, Marianne 1974-1976
Baldy, Dee 1973-1974
Beasley, Donna 1975-1976
Beatty, Arlene 1970-1971
Bellinghausen, Nicole 1996-2000
Benjamin, Esther 1993-1996
Berg, Jill 1993-1996
Berthiaume, Lucienne 1998-2002
Belz, Eric 1969-1970
Bisose, Anne 1971-1972
Blais, Lisa 1981-1985
Bradley, Kelly 1994-1998
Brower, Mary J. 1969-1970
Brown, Angela 2003-2006
Brown, Robin 1972-1973
Brown, Sue 1978-1980
Buchan, Malini 2008-present
Burgoon, Ruthann 1975-1977
Burke, Sandy 1976-1979

Caldwell, Melea 2003-2005
Cathwell, Cassie 2002-2004
Campbell, Beth 1978-1979
Canady, Jessica 1986-present
Cattell, Tammy 1989-1990
Gheate, Holly 1974-1975
Charles, Sharenia 2000-2002
Christian, Marie 1983-1987
Clayton, Tracey 1983-1985
Clemente, Fran 1977-1979
Coker, Monique 2000-2004
Collier, Vicki 2006-present
Coleman, Dawn 2007-2008
Copeland, Nancy 1970-1971
Corcoran, Angela 1974-1977
Cranston, Carlie 1990-1994
Crister, Chris 1978-1980
Cullen, Dawn 1982-1986

Davis, Lavona 2002-2006
Davis, Janet 1980-1982
Davis, Leslie 1987-1990
Davy, Sue 1975-1978
Deberry, Shonda 1992-1996
Delano, Sandra 1972-1973
Diaz, Natalie 1996-2000
Dixon, Medina 1982-1985
Doherty, Heidi 1976-1977
Dorowian, Anne 1979-1983

Ebben, Aubrey 1995-1999
Eker, Amber 1994-1998
Elliot, Pam 1980-1984
Ellisport, Lorraine 1985-1986
Ehler, Janice 1973-1975
Evans, Kim 1981-1982

Francis, Sharon 1998-2002
Froudig, Nicole 1995-1998
Friskorn, Mary 1975-1976

Gamber, Stephanie 1985-1988
Gawdreau, Jerry 1975-1976
Giddens, Kim 1999-2003
Gilmore, Stephanie 1989-1993
Glazer, Clarisa 1971-1973
Gooding, Terry 1971-1972
Goodston, Adrienne 1984-1988
Gholson, Kathy 1988-1990
Grant, Shannon 1991-1993
Green, Tiffany 2004-2009

Hall, Sharon 1976-1977
Harvey, Margaret 2008-present
Hart, Misty 1994-1995
Harrington, Donna 1984-1988
Hill, Celeste 1990-1994
Himes, Stacy 1993-1997
Holden, Sandy 1974-1975
Hollerman, Bev 1970-1973
Holloway, Kit 1975-1976
Howard, Keshia 1999-2003
Hubbell, Bev 1972-1974
Hunt, Diane 1969-1972
Huntley, Pam 1990-1993
Jackson, Angela 1988-1990
Jenkins, Alphella 1981-1985
Jenkins, Bridget 1982-1987
Jerome, Linda 1977-1980
Johnson, Carole 1969-1970
Jordan, T.J. 2004-2008

Kazecwich, Nancy 1973-1974
Karvonen, Janet 1980-1982
Keegan, Debbie 1969-1970
Keenan, Emmora 1997-1999
Kemether, Norreen 1979-1980
Kennedy, Jackie 1987-1991
Koukounivou, Marañanis 2000-2004
Kubin, Laura 1986-1990

Lacy, Venus 1985-1986
Landolfi, Doreen 1980-1982
Lampert, Patty 1980-1981
Larkin, Katie 1973-1977
Laray, Wendy 1971-1973
Lawrence, Janet 1972-1973
Leigh, Debbie 1997-1999
Lemons, Amanda 1970-1972
Lieberman, Nancy 1976-1980
Liston, Angie 1993-1997
Little, Sierra 2007-2009
Love, Bettina 1997-1999
Lubich, Melody 1969-1973
Lyons, Kelly 1986-1990
Machanguana, Clarisse 1994-1997
Maiga, Jametou 1998-2002
Malone, Helen 1981-1983
McGowan, Beth 1993-1995
McHugh, Maura 1971-1975
McQuarter, Kim 1985-1988
Miller, Regina 1982-1984
Mols, Yvonne 1988-1990
Moore, Shannon 1989-1990
Muxini, Paula 2002-2006
Mwenentanda, Mamissia 1998-1999

Nelson, Amy 1988-1989
Nelson, Jeannine 1976-1977
Nhassengo, Max 2002-2004
Nissen, Inge 1976-1980
Nuzzo, Jen 2004-2009

Olley, Mandy 1997-2001

Parker, Jasmine 2007-present
Parish, Janet 1970-1971
Penicheiro, Ticha 1994-1998
Picache, Abigail 1991-1993
Pont, Nina 1985-1987
Pym, Megan 2004-2008

Ransburg, Tamagoo 2005-2007
Renn, Joan 1973-1976
Reynolds, Michele 1991-1993
Richard, Debbie 1978-1978
Richardson, Site 1976-1980
Robinson, Lateefa 1990-1994
Rompolova, Rhonda 1978-1981
Russo, Cindy 1972-1975

Schneeweis, Traci 1975-1977
Singleton, Rhonda 1990-1994
Small, LaToya 1996
Smith, Peggy 1979-1980
Spence, Alii 1999-2001
Spence, Myrah 2000-2004
Swadeba, Jeanie 1969-1972

Tate-Dublin, Pyness 2008-present
Thompson, Tiffany 1998-2002
Triggs, Sherida 2003-2007
Trombley, Jan 1978-1981
Turner, Corrina 2000-2005
Twine, Cassandra 1990-1992

Van Buskirk, Dolly 1978-1981
Van Doren, Ann 1988-1989
Van Petersen, Karen 1974-1978
Vander Plas, Deanna 1990-1994
Voronina, Russia 2007-present

Wallach, Jean 1980-1981
Walsh, Patty 1977-1978
Walters, Sharri 1969-1971
Walshal, Susan 1972-1975
Warren, Cetta 1972-1973
Wilkeren, Beth 1979-1984
Williams, Jessica 1997-1999
Williams, Shahida 2004-2008
Willeyrd, Sarah 1992-1996
Wilson, Lisa 1980-1981
Wilson, Shantele 2003-2007
Woolston, Suzanne 1980-1982

Yard, Althea 1983-1984

Zontini, Cetta 1969-1970

Bold denotes active player
Includes all letterwinners since records of active letterwinners were kept beginning in 1969.

Old Dominion University
**ALL-TIME Starting Lineups**

<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
<th>Lineup</th>
</tr>
</thead>
<tbody>
<tr>
<td>1977-78 (23-9)</td>
<td>WAC First Round</td>
<td>F Heidi Doherty, 6-1, Sr.</td>
</tr>
<tr>
<td>1980-81 (28-7)</td>
<td>NCAA Final Four</td>
<td>F Linda Jordan, 5-11, Jr.</td>
</tr>
<tr>
<td>1983-84 (29-6)</td>
<td>NCAA Final Four</td>
<td>F Shrida Tripp, 6-1, Sr.</td>
</tr>
<tr>
<td>1999-00 (25-5)</td>
<td>NCAA Second Round</td>
<td>F Tisha Cele, 5-11, Sr.</td>
</tr>
</tbody>
</table>

**2001-02 (28-6) NCAA Eighth**
- F Lucienne Bertheau, 6-2, Sr. | G Monique Coker, 6-1, Fr. | C Tiffany Thompson, 5-6, Sr. |
- F Shonda DeBerry, 5-8, So. | G Shaunn Francis, 5-6, Jr. | F Shonda DeBerry, 5-8, So. |

**2002-03 (11-11)**
- F Tina Howard, 5-5, Jr. | C Sharetta Grant, 5-11, So. | F Myrah Spencer, 5-6, Sr. |

**2003-04 (25-7)**
- F Monique Coker, 6-1, Jr. | G Myrah Spencer, 6-0, So. | F Tish Lyons, 5-10, Sr. |

**2004-05 (22-9)**
- F Tina Howard, 5-5, Jr. | C Sharetta Grant, 5-11, So. | F Myrah Spencer, 6-0, So. |

**2005-06 (22-9)**
- F Myrah Spencer, 6-0, So. | C Tish Lyons, 5-10, Sr. | G Marisa Davis, 5-11, So. |

**2006-07 (24-9)**
- F Shrida Tripp, 6-1, Sr. | G Cindy Smith, 5-10, Sr. | C Tiffany Green, 6-2, Jr. |

**2007-08 (31-5)**
- F Megan Pym, 6-4, Sr. | G Shrida Tripp, 6-1, Sr. | G Tiffany Green, 6-2, Jr. |

**2008-09 (17-13)**
- F Jessica Canady, 5-10, Sr. | G Adrianne Goodson, 5-11, Jr. | F Shrida Tripp, 6-1, Sr. |

**2009-10**
- F Tish Lyons, 5-10, Sr. | C Tish Lyons, 5-10, Sr. | G Tiffany Green, 6-2, Jr. |

**2010-11**
- C Tiffany Green, 6-2, Jr. | F Tish Lyons, 5-10, Sr. | G Tiffany Green, 6-2, Jr. |

**2011-12**
- F Tish Lyons, 5-10, Jr. | C Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2012-13**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2013-14**
- F Tish Lyons, 5-10, Jr. | C Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2014-15**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2015-16**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2016-17**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2017-18**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2018-19**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2019-20**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2020-21**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2021-22**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2022-23**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2023-24**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2024-25**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2025-26**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2026-27**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2027-28**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2028-29**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |

**2029-30**
- C Tish Lyons, 5-10, Jr. | F Tish Lyons, 5-10, Jr. | G Tiffany Green, 6-2, Jr. |
RECORDS

SEASON WON/LOST RECORDS

Season: 5, 1997-98.
Victories: 37 (37-3) in 1979-80.
Season: 608 in 1979-80.
Season High: 3,212 in 1979-80.
Season Low: 387 in 1974-75.
Season Average: 84.8 in 1978-79.
Season Low: 316, in 1985-86.
Season: 49.5 (1,249-2,505) in 1978-79.
Field Goal Percentage:
Game Low: 90 (90-122) in 1990-91.
Game Low: 44 vs. NC State (Mar. 7, 1983 in College Park, Md.).
Game High: 122 vs. Va. Union (Nov. 16, 1979) at Harrisonburg.
Game Low: .000 (0-0) vs. Maryland (Feb. 9, 1983, College Park, Md.).
Season: 570 in 1996-97.
Season: 3,212 in 1979-80.
Season: 608 in 1979-80.
Game: 30, vs. Rutgers (Dec. 2, 1993 in Piscataway, N.J.)
Game: 2. Field Goal Percentage:
Game Low: 44 vs. NC State (Mar. 7, 1983 in College Park, Md.).
Game High: 122 vs. Va. Union (Nov. 16, 1979) at Harrisonburg.
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Season: 570 in 1996-97.
Season: 3,212 in 1979-80.
## Individual Records

### GAMES PLAYED
- Season: 38, by Anne Donovan, Rhonda Rompola and Angela Cotman in 1979-80.
- Career: 140, by Angela Cotman, 1976-80.

### POINTS SCORED

### FREE THROWS
- Game: 17, by Shareese Grant (17-18) vs. Rutgers (Dec. 5, 2004).

### THREE-POINTERS

### GAMES STARTED
- Season: 37, by Inge Nissen, 1978-80.

### MINUTES PLAYED
- Season: 1,159, by Anne Donovan, 1980-81.
- Career: 4,341, by Anne Donovan, 1979-83 (31.9)

### FIELD GOALS MADE
- Career: 1,170, by Anne Donovan, 1979-83.

### FIELD GOALS ATTEMPTED
- Career: 1,170, by Anne Donovan, 1979-83.

### BLOCKED SHOTS
- Season: 37, by Inge Nissen, Anne Donovan, Nancy Lieberman, and Rhonda Rompola in 1979-80.

### REBOUNDS

### THREE-POINT PERCENTAGE

### PERSONAL FOULS

### REBOUND AVERAGE

### BLOCKED SHOT AVERAGE

### FREE THROW PERCENTAGE
- Game: 1,000 (10-10), by Celeste Hill vs. Notre Dame (Jan. 2, 1994).
- Season: 935 (39-45) by Kelly Bradley in 1985-86.

### STEALS

### FREE THROW ATTEMPTS
- Season: 1,159, by Anne Donovan, 1980-81.

### ASSISTS
- Game: 19, by Nancy Lieberman vs. Radford (March 5, 1978).

### PERSONAL FOULS
- Game: 10, by T.J. Jordan at Northeastern (Feb. 8, 2007).

### REBOUND AVERAGE

### STEAL AVERAGE

### THREE-POINTERS
- Game: 10, by T.J. Jordan at Northeastern (Feb. 8, 2007).

### THREE-POINT PERCENTAGE
- Game: 5 shot min; 1,000 (6-6) by Okiesha Howard vs. UNC-Wilmington (3-11-00).
- Season: 482 (26-54), by T.J. Jones, 1988-90.

### BLOCKED SHOTS
- Game: 15, by Anne Donovan vs. San Francisco (Jan. 9, 1980).

### REBOUNDS

### STEAL AVERAGE

### PERSONAL FOULS
- Game: 5 shot min; 1,000 (6-6) by Okiesha Howard vs. UNC-Wilmington (3-11-00).
- Season: 482 (26-54), by T.J. Jones, 1988-90.

### THREE-POINT PERCENTAGE

### PERSONAL FOULS
- Game: 5 shot min; 1,000 (6-6) by Okiesha Howard vs. UNC-Wilmington (3-11-00).
- Season: 482 (26-54), by T.J. Jones, 1988-90.
### Career Records

#### CAREER SCORING

<table>
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<tr>
<th>No</th>
<th>Name</th>
<th>GP</th>
<th>Ast</th>
<th>Apg.</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>Anne Donovan (79-83)</td>
<td>170</td>
<td>33</td>
<td>13.7</td>
</tr>
<tr>
<td>2</td>
<td>Inge Nissen (76-80)</td>
<td>180</td>
<td>13</td>
<td>11.0</td>
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<tr>
<td>3</td>
<td>Nancy Lieberman (76-80)</td>
<td>170</td>
<td>11</td>
<td>11.0</td>
</tr>
<tr>
<td>4</td>
<td>Kelly Lyons (86-90)</td>
<td>170</td>
<td>22</td>
<td>12.9</td>
</tr>
<tr>
<td>5</td>
<td>Celeste Hill (90-94)</td>
<td>120</td>
<td>11</td>
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<tr>
<td>6</td>
<td>Tracy Claxton* (80-85)</td>
<td>130</td>
<td>11</td>
<td>11.0</td>
</tr>
<tr>
<td>7</td>
<td>Medina Dixon** (82-85)</td>
<td>120</td>
<td>11</td>
<td>11.0</td>
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<tr>
<td>8</td>
<td>Nyree Roberts (94-98)</td>
<td>130</td>
<td>11</td>
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<td>9</td>
<td>C. Machanguana (94-97)</td>
<td>120</td>
<td>11</td>
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<tr>
<td>10</td>
<td>Mery Andrade (95-99)</td>
<td>120</td>
<td>11</td>
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#### CAREER REBOUNDING

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*Played two seasons at Kansas  
*Played one season at South Carolina

### Single Season Leaders

#### SCORING (AVG.)

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### Single Game Scoring Records

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*Played two seasons at Kansas  
*Played one season at South Carolina
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5.) Celeste Hill
5-11 Forward
Covington, Ky.

6.) Tracy Claxton
6-1 Forward
New Haven, Conn.
Wilbur Cross

7.) Medina Dixon
6-3 Forward
Cambridge, Mass.
Rindge-Latine

8.) Nyree Roberts
6-3 Center
Jersey City, N.J.
St. Anthony

9.) Clarisse Machanguana
6-5 Forward
Maputo, Mozambique
Santarem Club

10.) Mery Andrade
6-1 Forward
Lisbon, Portugal
Amadora Club

Lady Monarch Basketball 2009-2010
### 1,000 POINT Club

#### MEMBERS

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### 1,000 Rebound Club

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Old Dominion University
MEMBERS

101
11/9/09   11:33:07 PM

Wendy Larry, 20 vs. Virginia Commonwealth on 12/6/74

Inge Nissen, 20 vs. Hampton Institute on 12/9/76

Inge Nissen, 20 vs. William & Mary on 2/16/77

Anne Donovan, 20 vs. Norfolk State on 2/19/80

Anne Donovan, 20 vs. Maryland on 1/4/81

Anne Donovan, 20 vs. Drake on 1/23/82

Tracy Claxton, 20 vs. Georgia on 3/31/85

Anne Donovan, 21 vs. East Carolina on 12/3/80

Anne Donovan, 21 vs. Virginia Tech on 1/28/81

Anne Donovan, 21 vs. East Carolina on 2/11/82

Anne Donovan, 21 vs. Norfolk State on 12/18/82

Tracy Claxton, 21 vs. NE Louisiana on 3/29/85

Anne Donovan, 21 vs. Kentucky on 1/21/80

Inge Nissen, 21 vs. North Carolina on 12/2/82

Inge Nissen, 21 vs. William & Mary on 2/21/87

Inge Nissen, 21 vs. Florida State on 2/28/87

Inge Nissen, 21 vs. Hampton Institute on 12/9/76

Wendy Larry, 20 vs. Virginia Commonwealth on 12/6/74


8.   Suzanne Woolston 146 1981-82

7.   Nancy Lieberman 294 1979-80


5.   Nyree Roberts 384 1997-98

4    Ticha Penicheiro 239 1997-98

3.   Sharron Francis 180 2001-02

2.   Ticha Penicheiro 226 1995-96

1.   Anne Donovan 295 1979-80

SENIORS

7.   Nancy Lieberman 294 1979-80


5.   Nyree Roberts 384 1997-98

4    Ticha Penicheiro 239 1997-98

3.   Sharron Francis 180 2001-02

2.   Ticha Penicheiro 226 1995-96

1.   Anne Donovan 504 1982-83

SENIORS


8.   Helen Malon 538 1982-83

7.   Medina Dixon 558 1983-84

6.   Anne Donovan 613 1982-83

5.   Celeste Hill 636 1982-83

4    Anne Donovan 646 1982-83

3.   Inge Nissen 644 1982-83

2.   Nyree Roberts 642 1982-83

1.   Kelly Lyons 764 1989-90

SENIORS

RECORDS

TOP PERFORMANCES

Inge Nissen, 14 vs. Virginia Union in 1978

Anne Donovan, 11 vs. Valdosta State on 2/1/80

Anne Donovan, 12 vs. Stephen F. Austin on 2/2/80

Anne Donovan, 13 vs. South Carolina on 2/10/77

Anne Donovan, 14 vs. Norfolk State on 2/1/77

Ticha Penicheiro, 16 vs. UNC Wilmington 2/17/98

Ticha Penicheiro, 15 vs. St. Francis 3/13/98

Jazzmin Walters, 12 at East Carolina on 11/13/07

Alli Spence, 12 vs. UCLA on 12/18/00

Jazzmin Walters, 12 vs. VCU 2/23/99

Ticha Penicheiro, 12 at Texas on 1/5/96

Marie Christian, 12 vs. South Florida on 3/6/86

Rhonda Rompola, 12 at Boston University on 12/28/80

Nancy Lieberman, 12 at UCLA on 11/1/80

Anne Donovan, 12 vs. Penn State on 3/16/83

Anne Donovan, 12 at Louisiana Tech on 12/6/82

Anne Donovan, 12 at East Carolina on 11/28/82

Anne Donovan, 21 vs. Georgia on 2/12/80

Kim Giddens, 20 vs. James Madison 3/15/03

Hamchetou Maiga, 20 vs. Southern Methodist on 3/20/00

Adrienne Goodson, 20 vs. South Alabama on 12/1/87

Tracy Claxton, 20 vs. Georgia on 3/11/85

Tracy Claxton, 20 vs. CSU Long Beach on 1/11/84

Anne Donovan, 20 vs. Drake on 1/23/82

Angie Donovan, 20 vs. Maryland on 1/14/81

Anne Donovan, 20 vs. Louisiana Tech on 1/20/81

Anne Donovan, 20 vs. Norfolk State on 2/19/80

Inge Nissen, 20 vs. North Carolina on 12/22/77

Inge Nissen, 20 vs. William & Mary on 2/16/77

Inge Nissen, 20 vs. Idaho on 2/28/77

Inge Nissen, 20 vs. Hampton Institute on 12/9/76

Wendy Larry, 20 vs. Virginia Commonwealth on 12/6/74
# Year-by-Year Leaders

## Records

### Scoring

<table>
<thead>
<tr>
<th>Year</th>
<th>Name / Cl.</th>
<th>FGA</th>
<th>Pct</th>
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<tbody>
<tr>
<td>1979-80</td>
<td>Anne Donovan / Sr.</td>
<td>675</td>
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<td>1981-82</td>
<td>Claire Mancaguna / So.</td>
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<td>1984-85</td>
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### Rebounds

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<tr>
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<td>Heddy Doberfi / Jr.</td>
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<tr>
<td>1983-84</td>
<td>Heddy Doberfi / Jr.</td>
<td>126</td>
<td>239.5</td>
</tr>
<tr>
<td>1984-85</td>
<td>Heddy Doberfi / Sr.</td>
<td>126</td>
<td>239.5</td>
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<td>1985-86</td>
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### Field Goal Pct.

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<td>1979-80</td>
<td>Heddy Doberfi / Jr.</td>
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<td>239.5</td>
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<tr>
<td>1981-82</td>
<td>Heddy Doberfi / Jr.</td>
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<td>239.5</td>
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### Free Throw Pct.

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<th>FG</th>
<th>Pct</th>
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<td>1979-80</td>
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<td>239.5</td>
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<td>1982-83</td>
<td>Heddy Doberfi / Jr.</td>
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<td>239.5</td>
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<tr>
<td>1983-84</td>
<td>Heddy Doberfi / Jr.</td>
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## Year-by-Year Leaders

### Assists

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<th>Name / Cl.</th>
<th>FG</th>
<th>Pct</th>
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<td>239.5</td>
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<tr>
<td>1981-82</td>
<td>Heddy Doberfi / Jr.</td>
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<td>239.5</td>
</tr>
<tr>
<td>1982-83</td>
<td>Heddy Doberfi / Jr.</td>
<td>126</td>
<td>239.5</td>
</tr>
<tr>
<td>1983-84</td>
<td>Heddy Doberfi / Jr.</td>
<td>126</td>
<td>239.5</td>
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</tbody>
</table>

### One Dream One Goal

Old Dominion University
1969-1970 16-7 Overall
Virginia Wesleyan...W 96-13
Christopher Newport...W 29-17
Roanoke...W 68-31
at Lynchburg...L 28-41
at Christopher Newport...W 71-18
at VCU...W 49-36
Chowan J.C. ...W 50-21
at Bridgewater...W 56-33
East Carolina...W 52-47
James Madison...W 41-28
at Chowan J.C. ...W 43-23
at VCU...W 60-37
at Longwood...L 35-53
at Westminster...W 46-41
William and Mary...W 62-22
Lynchburg...W 44-27
at James Madison...W 41-21
Longwood...W 41-24

Coach: Mary Jackson

1970-1971 16-9 Overall
Christopher Newport...W 66-33
at Christopher Newport...W 68-31
Norfolk State...W 57-33
East Carolina...W 36-34
Chowan J.C. ...W 78-15
VCU...W 52-37
at East Carolina...L 49-70
at VCU...W 66-35
Longwood...W 64-24
Lynchburg...W 61-41
Roanoke...W 63-32
VCU (1)...W 54-28
James Madison (1)...L 44-65

1 - Virginia State Tournament - Lynchburg, Va.

1971-1972 12-7 Overall
Christopher Newport...W 59-10
Norfolk State...W 50-47
at Christopher Newport...W 59-15
at Norfolk State...W 49-93
East Carolina...W 39-50
Bridgewater...W 37-31
at VCU...W 65-43
at East Carolina...L 41-60
James Madison...W 38-51
Va. Commonwealth...W 46-35
at Longwood...L 32-55
Lynchburg (1)...W 41-21
Lynchburg (1)...W 43-29
Roanoke...W 40-39
Bridgewater...W 42-35
Winthrop (2)...W 58-30
Murray State (2)...W 55-38
Western Carolina (2)...L 67-53

1 - Virginia State Tournament - Richmond, Va.
2 - AAWU East Coast Regional

Coach: Mary Jackson

1972-1973 7-9 Overall
at Va. Commonwealth...L 35-56
Federal City...L 39-56
Norfolk State...W 54-36
at James Madison...W 53-18
at Virginia...W 54-33
Virginia Tech...W 52-39
at Bridgewater...W 54-27
Va. Commonwealth...L 44-52
East Carolina...W 60-44
at Roanoke...W 46-39
at Norfolk State...W 65-33
at William and Mary...L 46-55
at East Carolina...L 40-59
Virginia Wesleyan...W 79-39
Mary Baldwin...W 51-42

VCU (1)...L 46-06
## YEAR-bY-YEAR Results

### 1985-1986 15-13 Overall - 4-5 Sun Belt

<table>
<thead>
<tr>
<th>Team</th>
<th>Wins</th>
<th>Losses</th>
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<tbody>
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<td>1985-1986</td>
<td>15</td>
<td>13</td>
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<td>4-5 Sun Belt</td>
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### 1986-1987 18-12 Overall - 5-1 Sun Belt

<table>
<thead>
<tr>
<th>Team</th>
<th>Wins</th>
<th>Losses</th>
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<tr>
<td>1986-1987</td>
<td>18</td>
<td>12</td>
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<tr>
<td>5-1 Sun Belt</td>
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<td>1</td>
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### NCAA Sweet 16

<table>
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<th>Year</th>
<th>Sweet 16 Team</th>
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<tr>
<td>1987</td>
<td>Texas</td>
</tr>
<tr>
<td></td>
<td>W, 76-67</td>
</tr>
<tr>
<td></td>
<td>1987 Final USA Today Ranking: #17</td>
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</tbody>
</table>

### NCAA Regionals

<table>
<thead>
<tr>
<th>Region</th>
<th>Team</th>
<th>Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>Virginia</td>
<td>W, 86-76</td>
</tr>
<tr>
<td></td>
<td>vs. Pittsburgh (1)</td>
<td>W, 98-64</td>
</tr>
<tr>
<td></td>
<td>W, 83-75</td>
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</tbody>
</table>

### NCAA Elite Eight

<table>
<thead>
<tr>
<th>Year</th>
<th>Team</th>
<th>Results</th>
</tr>
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<tbody>
<tr>
<td>1988</td>
<td>Marianne Stanley</td>
<td>W, 92-78</td>
</tr>
<tr>
<td></td>
<td>vs. Missouri (1)</td>
<td>W, 92-78</td>
</tr>
<tr>
<td></td>
<td>vs. Missouri (2)</td>
<td>W, 78-56</td>
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</table>

### NCAA Final Four

<table>
<thead>
<tr>
<th>Year</th>
<th>Team</th>
<th>Results</th>
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</thead>
<tbody>
<tr>
<td>1988</td>
<td>Marianne Stanley</td>
<td>W, 92-78</td>
</tr>
<tr>
<td></td>
<td>vs. Missouri (1)</td>
<td>W, 92-78</td>
</tr>
<tr>
<td></td>
<td>vs. Missouri (2)</td>
<td>W, 78-56</td>
</tr>
</tbody>
</table>
1987-88 17-12 Overall - 6-0 Sun Belt NCAA SECOND ROUND

Final AP Ranking: #6
Final USA Today Ranking: #21
Coach: Wendy Larry

1988-89 21-10 Overall - 4-2 Sun Belt SECOND ROUND - SUN BELT CHAMPS


Final AP Ranking: #5

1990-91 23-8 Overall - 5-1 Sun Belt NCAA SECOND ROUND


1 – NCAA Second Round – Chapel Hill, N.C.

Final AP Ranking: #6

1991-92 22-8 Overall - 14-0 CAA NCAA SECOND ROUND

D 8 at VCU 67-72 9 at Maryland 54-83 10 vs. Virginia Tech (3) 63-76 11 vs. Florida Intnl. (1) 67-71 12 vs. Oklahoma (1) 69-84 13 vs. Michigan (1) 21-76 14 vs. Tennessee 66-88 15 vs. Rutgers 55-64 16 vs. South Carolina 65-67 17 at Georgia Mason* 81-48 18 at American* 75-56 19 at Richmond* 75-51 20 at James Madison 71-42 21 at UNC Wilmington 79-54 22 at William & Mary 64-48 23 vs. N.C. State (2) 81-67 24 at St. Peter’s 69-66 25 at Georgia Mason* 84-57 26 at American* 75-49 27 at Richmond 91-66 28 vs. James Madison 85-74 29 at East Carolina 71-59 30 at UNC Wilmington 83-59 31 at William & Mary* 79-52 32 at UNC Wilmington (3) 75-42 33 at East Carolina (3) 65-51 34 at William & Mary (3) 65-35 35 at Tennessee Tech (4) 77-70 36 vs. Iowa (5) 56-82

*CAA game

1992-93 25-6 Overall - 14-4 CAA NCAA SECOND ROUND

N 27 vs. South Carolina 79-69 28 vs. Wake Forest 63-82 29 at Rutgers* 73-82 30 vs. Radford 78-61 31 vs. Maryland 61-63 32 vs. VCU* 80-39 33 at N. C. State 65-37 34 vs. Providence* 70-51 35 at Montana* 72-64 36 vs. Notre Dame 76-67 37 at Richmond* 87-66 38 at Tennessee 62-90 39 at James Madison* 71-49 40 vs. UNC Wilmington 72-90 41 at East Carolina* 87-53 42 vs. American* 71-57 43 at UNC Wilmington 87-57 44 at American* 67-44 45 at East Carolina* 65-49 46 vs. William & Mary 57-64 47 vs. East Carolina (2) 87-57 48 at South Florida 76-42 49 vs. George Mason (2) 78-66 50 at South Florida 56-55 51 at UNC (4) 52-65

*CAA game


Final AP Ranking: #4

1993-94 26-7 Overall - 12-1 CAA NCAA SECOND ROUND


*CAA game


Final AP Ranking: #5

1994-95 21-8 Overall - 13-2 CAA NCAA SECOND ROUND


*CAA game

Lady Monarch Basketball 2009-2010

105
YEAR-RUNNING RESULTS

1995-1996

29-3 Overall - 16-0 CAA
CAAC CHAMPIONS
NCAA SWEET 16

N 25
21
20
19
18
17
16
15
14
13
12
11
10
9
8
7
6
5
4
3
2
1

◆ CAA Tournament - Norfolk, Va.
≤ NCAA First Round - Lexington, Ky.
≤ CAA First Round - Charlottesville, Va.

1996-1997

34-2 Overall - 16-0 CAA
CAAC CHAMPIONS
NCAA RUNNER-UP

N 15
14
13
12
11
10
9
8
7
6
5
4
3
2
1

◆ CAA Tournament - Norfolk, Va.
≤ NCAA First Round - Lexington, Ky.
≤ CAA First Round - Charlottesville, Va.

1997-1998

29-3 Overall - 16-0 CAA
CAAC CHAMPIONS
NCAA SWEET 16

N 23
22
21
20
19
18
17
16
15
14
13
12
11
10
9
8
7
6
5
4
3
2
1

◆ CAA Tournament - Norfolk, Va.
≤ NCAA First Round - Lexington, Ky.
≤ CAA First Round - Charlottesville, Va.

1998-1999

28-4 Overall - 16-0 CAA
CAAC CHAMPIONS
NCAA SWEET 16

N 15
14
13
12
11
10
9
8
7
6
5
4
3
2
1

◆ CAA Tournament - Norfolk, Va.
≤ NCAA First Round - Lexington, Ky.
≤ CAA First Round - Charlottesville, Va.

2000-2001

21-9 Overall - 15-1 CAA
CAAC CHAMPIONS
NCAA FIRST ROUND

N 12
11
10
9
8
7
6
5
4
3
2
1

◆ CAA Tournament - Norfolk, Va.
≤ NCAA First Round - Lexington, Ky.
≤ CAA First Round - Charlottesville, Va.
## YEAR-by-YEAR Results

### 2002-2003

**CAA CHAMPIONS**
**NCAA FIRST ROUND**

<table>
<thead>
<tr>
<th>Year</th>
<th>Opponent</th>
<th>Score</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002</td>
<td>Virginia</td>
<td>W, 56-67</td>
<td>St. Louis, Mo.</td>
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<tr>
<td>2002</td>
<td>Penn State</td>
<td>W, 75-68</td>
<td>St. Louis, Mo.</td>
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<td>2002</td>
<td>Georgia Tech</td>
<td>W, 80-58</td>
<td>Greensboro, N.C.</td>
</tr>
</tbody>
</table>

**CAA game**

**2002-2003 21-11 Overall - 12-3 CAA**

**2002-2004**

**22-9 Overall - 15-6 CAA**

**CAA CHAMPIONS**
**NCAA FIRST ROUND**

<table>
<thead>
<tr>
<th>Year</th>
<th>Opponent</th>
<th>Score</th>
<th>Location</th>
</tr>
</thead>
<tbody>
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<td>2003</td>
<td>Georgia Tech</td>
<td>W, 64-71</td>
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<tr>
<td>2003</td>
<td>Virginia Tech</td>
<td>W, 87-56</td>
<td>Greensboro, N.C.</td>
</tr>
<tr>
<td>2003</td>
<td>East Tennessee St.</td>
<td>W, 86-52</td>
<td>Greensboro, N.C.</td>
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<tr>
<td>2003</td>
<td>Georgia</td>
<td>W, 64-69</td>
<td>Greensboro, N.C.</td>
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<tr>
<td>2003</td>
<td>Hofstra</td>
<td>W, 75-58</td>
<td>Greensboro, N.C.</td>
</tr>
<tr>
<td>2003</td>
<td>at Towson</td>
<td>W, 72-59</td>
<td>Towson, Md.</td>
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**CAA game**

**2003-2004 25-7 Overall - 17-5 CAA**

**CAA CHAMPIONS**
**NCAA FIRST ROUND**

<table>
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<th>Location</th>
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</thead>
<tbody>
<tr>
<td>2004</td>
<td>Georgia Tech</td>
<td>W, 70-60</td>
<td>Athens, Ga.</td>
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**CAA game**

**2004-2005**

**22-9 Overall - 15-6 CAA**

**CAA CHAMPIONS**
**NCAA FIRST ROUND**

<table>
<thead>
<tr>
<th>Year</th>
<th>Opponent</th>
<th>Score</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2005</td>
<td>Georgia</td>
<td>W, 64-69</td>
<td>Athens, Ga.</td>
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<td>2005</td>
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<td>Towson, Md.</td>
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**CAA game**

**2005-2006**

**22-9 Overall - 17-5 CAA**

**CAA CHAMPIONS**
**NCAA FIRST ROUND**

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<tr>
<th>Year</th>
<th>Opponent</th>
<th>Score</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2006</td>
<td>Georgia Tech</td>
<td>W, 70-60</td>
<td>Athens, Ga.</td>
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<tr>
<td>2006</td>
<td>Georgia</td>
<td>W, 64-69</td>
<td>Athens, Ga.</td>
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<tr>
<td>2006</td>
<td>at Towson</td>
<td>W, 72-59</td>
<td>Towson, Md.</td>
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**CAA game**

**2006-2007**

**24-8 Overall - 17-6 CAA**

**CAA CHAMPIONS**
**NCAA FIRST ROUND**

<table>
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<tr>
<th>Year</th>
<th>Opponent</th>
<th>Score</th>
<th>Location</th>
</tr>
</thead>
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<tr>
<td>2007</td>
<td>at Georgia</td>
<td>L, 72-79</td>
<td>Athens, Ga.</td>
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<tr>
<td>2007</td>
<td>Georgia Tech</td>
<td>W, 70-60</td>
<td>Athens, Ga.</td>
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<tr>
<td>2007</td>
<td>Georgia</td>
<td>W, 64-69</td>
<td>Athens, Ga.</td>
</tr>
<tr>
<td>2007</td>
<td>at Towson</td>
<td>W, 72-59</td>
<td>Towson, Md.</td>
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</table>

**CAA game**

**2007-2008**

**31-4 Overall - 17-4 CAA**

**CAA CHAMPIONS**
**NCAA CHAMPIONS**

<table>
<thead>
<tr>
<th>Year</th>
<th>Opponent</th>
<th>Score</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008</td>
<td>Middle Tenno</td>
<td>L, 76-70</td>
<td>St. Louis, Mo.</td>
</tr>
<tr>
<td>2008</td>
<td>at East Carolina</td>
<td>W, 88-66</td>
<td>Greenville, N.C.</td>
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<tr>
<td>2008</td>
<td>at Charlotte</td>
<td>W, 87-69</td>
<td>Charlotte, N.C.</td>
</tr>
<tr>
<td>2008</td>
<td>vs. #2/2 UConn (1)</td>
<td>W, 83-72</td>
<td>St. Louis, Mo.</td>
</tr>
<tr>
<td>2008</td>
<td>vs. #19/20 Vanderbilt</td>
<td>W, 83-72</td>
<td>St. Louis, Mo.</td>
</tr>
<tr>
<td>2008</td>
<td>vs. #4/4 Vanderbilt (2)</td>
<td>W, 83-72</td>
<td>St. Louis, Mo.</td>
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</table>

**CAA game**

### Final AP Ranking 2008-2009

<table>
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<tr>
<th>Year</th>
<th>Opponent</th>
<th>Score</th>
<th>Location</th>
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<tr>
<td>2009</td>
<td>vs. Marquette (4)</td>
<td>L, 83-72</td>
<td>St. Louis, Mo.</td>
</tr>
<tr>
<td>2009</td>
<td>vs. Delaware (3)</td>
<td>L, 83-72</td>
<td>St. Louis, Mo.</td>
</tr>
<tr>
<td>2009</td>
<td>vs. #12/11 Hofstra</td>
<td>W, 83-72</td>
<td>St. Louis, Mo.</td>
</tr>
<tr>
<td>2009</td>
<td>vs. #10/11 Duke</td>
<td>W, 83-72</td>
<td>St. Louis, Mo.</td>
</tr>
</tbody>
</table>

**CAA game**

### 2009-2010

**29-6 Overall - 16-4 CAA**

**CAA CHAMPIONS**
**NCAA FIRST ROUND**

<table>
<thead>
<tr>
<th>Year</th>
<th>Opponent</th>
<th>Score</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010</td>
<td>vs. St. Mary’s (1)</td>
<td>L, 83-72</td>
<td>St. Louis, Mo.</td>
</tr>
<tr>
<td>2010</td>
<td>vs. Dayton (1)</td>
<td>W, 83-72</td>
<td>St. Louis, Mo.</td>
</tr>
</tbody>
</table>

**CAA game**

### Final AP Ranking 2009-2010

<table>
<thead>
<tr>
<th>Year</th>
<th>Opponent</th>
<th>Score</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010</td>
<td>vs. St. Mary’s (1)</td>
<td>L, 83-72</td>
<td>St. Louis, Mo.</td>
</tr>
<tr>
<td>2010</td>
<td>vs. Dayton (1)</td>
<td>W, 83-72</td>
<td>St. Louis, Mo.</td>
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**CAA game**

### 2010-2011

**29-8 Overall - 17-5 CAA**

**CAA CHAMPIONS**
**NCAA FIRST ROUND**

<table>
<thead>
<tr>
<th>Year</th>
<th>Opponent</th>
<th>Score</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>2011</td>
<td>vs. Marquette (4)</td>
<td>L, 83-72</td>
<td>St. Louis, Mo.</td>
</tr>
<tr>
<td>2011</td>
<td>vs. Delaware (3)</td>
<td>L, 83-72</td>
<td>St. Louis, Mo.</td>
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<tr>
<td>2011</td>
<td>vs. #12/11 Hofstra</td>
<td>W, 83-72</td>
<td>St. Louis, Mo.</td>
</tr>
<tr>
<td>2011</td>
<td>vs. #10/11 Duke</td>
<td>W, 83-72</td>
<td>St. Louis, Mo.</td>
</tr>
</tbody>
</table>

**CAA game**
Lady Monarch Basketball on USA National Teams

1976 - Montreal, Canada
Nancy Lieberman (Basketball - U.S. - Silver Medal)
Chris Critelli (Basketball - Canada)

1980 - Moscow, Soviet Union
Anne Donovan (Basketball - U.S. - Boycotted)
Chris Critelli (Basketball - Canada - Boycotted)

1984 - Los Angeles, United States
Anne Donovan (Basketball - U.S. - Gold Medal)
Jan Trombly (Handball - U.S.)

1988 - Seoul, South Korea
Anne Donovan (Basketball - U.S. - Gold Medal)

1992 - Barcelona, Spain
Medina Dixon (Basketball - U.S. - Bronze Medal)

2004 - Athens, Greece
Anne Donovan - Asst. Coach (Basketball - U.S. - Gold Medal)

2008 - Beijing, China
Anne Donovan - Head Coach (Basketball - U.S. - Gold Medal)
Hamchétou Maïga-Ba (Basketball - Mali)
Marianne Stanley
1986 Assistant Coach of the World Championship U.S. National Team and 2002 WNBA Coach of the Year.

Mark West
1982 USA World Champ. Team

Anna Tunnicliffe
Sailing '08 Beijing Olympics Gold Medal Winner

Hamchétou Maïga-Ba
2008 Beijing Olympics

Tiffany Snow
Field Hockey '08 Beijing Olympics

Nancy Lieberman
1976 Montreal, Canada Olympics Silver Medal Winner

Jan Trombly
1984 Los Angeles Handball U.S.

Oliver Purnell
Men's Basketball '04 Athens Olympics

Medina Dixon
Women's Basketball '92 Barcelona Olympics Bronze Medal Winner
25th Anniversary Lady Monarchs

In 2008-09, the Colonial Athletic Association celebrated its 25th year by honoring Silver Anniversary Teams in each of the league’s sports. The women’s basketball 25th Anniversary Squad, selected by a panel of current and former head coaches in the conference, featured 11 Lady Monarchs, nearly half of the honored athletes. The team as a whole included 17 former CAA Players of the Year, 10 All-America selections and nine WNBA draft picks.

Mery Andrade
- CAA Co-Player of the Year and CAA Defensive Player of the Year in 1998-99
- Ranks fourth in CAA history with 382 career steals

Lucienne Berthieu
- Three-time CAA Player of the Year
- 2000 Third Team All-American

Monique Coker
- 2001 CAA Tournament MVP and four-time CAA All-Tournament team selection
- 951 Career Rebounds

Natalie Diaz
- Two-time CAA Tournament MVP
- First Team All-CAA and CAA All-Defensive team in 1999-2000
Shareese Grant
- Three-time CAA Tournament MVP
- Honorable Mention All-American in 2004-05

Celeste Hill
- Three-time CAA Player of the Year
- Ranks second on the CAA's all-time scoring list (2,112 points) and second in career rebounds (1,124)

T.J. Jordan
- Two-time CAA Tournament MVP
- CAA record holder for 3-pointers made in a game (10), season (101) and career (323)

Clarisse Machanguana
- Two-time Kodak and Associated Press All-American
- 1995 CAA Player of the Year and two-time CAA Tournament MVP

Hamchetou Maiga
- 2001 CAA Player of the Year
- Played for native Mali in 2008 Beijing Olympics

Ticha Penicheiro
- Received Wade Trophy as the 1998 National Player of the Year
- Two-time First Team All-American and two-time CAA Player of the Year
- CAA's all-time leader in assists (939) and steals (591)

Nyree Roberts
- 1998 CAA Player of the Year
- Among CAA's career top 10 in scoring (1,854 points), rebounds (986) and blocks (214)
Seventeen-Time Champions

Old Dominion University

One Team. One Dream.

NCAA®

Record for Most Conference Championships
Seventeen-Time
CHAMPIONS

1991-92 CAA Champions (20-11)
Regina Miller, Kim Aston, Carlita Craven, Celeste Hill, Michele Reynolds, Abigail Picache, Tiffani Green, Sierra Little, Shadasia Green, Alena Voronina, Jasmine Parker and Head Coach Wendy Larry.

1992-93 CAA Champions (22-8)
Tiffany Green, Sierra Little, Shadasia Green, Alena Voronina, Jasmine Parker and Head Coach Wendy Larry.

1993-94 CAA Champions (25-6)
Tiffany Green, Sierra Little, Shadasia Green, Alena Voronina, Jasmine Parker and Head Coach Wendy Larry.

1994-95 CAA Champions (27-6)
Tiffany Green, Sierra Little, Shadasia Green, Alena Voronina, Jasmine Parker and Head Coach Wendy Larry.

1995-96 CAA Champions (23-9)

1996-97 CAA Champions (34-2)
Front Row: Manager Kenisha Matthews, Jazzmin Walters, Vicki Collier, Shantel Wilson, Shareese Grant, Manager Leslie Underwood, Tiffany Thompson, Tarijuana Napoleon, Audrey Eblin, Natalie Diaz, Stacy Himes.

1997-98 CAA Champions (29-3)
Front Row: Athletic Trainer Andrew Nolan, Manager Sherry Harris, Ashley McGhee, Natalie Diaz, Jennifer Underwood, Western Maryland, Nicole Bellinghausen, Many Olley, Assistant Coach Allison Greene, Assistant Coach Cindy Roper.

1998-99 CAA Champions (28-4)
Front Row: Manager Sara Jackson, Manager Quiana Warren, Amanda Levens, Natalie Diaz, Tisha Lyons, Jennifer Rawn, Herschel Thomas, Nicole Bellinghausen, Many Olley, Assistant Coach Stacy Himes, Head Coach Wendy Larry.

2000-01 CAA Champions (21-9)
Front Row: Manager Sara Jackson, Manager Quiana Warren, Amanda Levens, Natalie Diaz, Tisha Lyons, Jennifer Rawn, Herschel Thomas, Nicole Bellinghausen, Many Olley, Assistant Coach Stacy Himes, Head Coach Wendy Larry.

2001-02 CAA Champions (26-8)
Front Row: Manager Sara Jackson, Manager Quiana Warren, Amanda Levens, Natalie Diaz, Tisha Lyons, Jennifer Rawn, Herschel Thomas, Nicole Bellinghausen, Many Olley, Assistant Coach Stacy Himes, Head Coach Wendy Larry.

2002-03 CAA Champions (21-11)
Front Row: Manager Sara Jackson, Manager Quiana Warren, Amanda Levens, Natalie Diaz, Tisha Lyons, Jennifer Rawn, Herschel Thomas, Nicole Bellinghausen, Many Olley, Assistant Coach Stacy Himes, Head Coach Wendy Larry.

2003-04 CAA Champions (25-7)
Front Row: Manager Sara Jackson, Manager Quiana Warren, Amanda Levens, Natalie Diaz, Tisha Lyons, Jennifer Rawn, Herschel Thomas, Nicole Bellinghausen, Many Olley, Assistant Coach Stacy Himes, Head Coach Wendy Larry.

2004-05 CAA Champions (22-9)
Front Row: Manager Sara Jackson, Manager Quiana Warren, Amanda Levens, Natalie Diaz, Tisha Lyons, Jennifer Rawn, Herschel Thomas, Nicole Bellinghausen, Many Olley, Assistant Coach Stacy Himes, Head Coach Wendy Larry.

2005-06 CAA Champions (22-9)
Front Row: Manager Sara Jackson, Manager Quiana Warren, Amanda Levens, Natalie Diaz, Tisha Lyons, Jennifer Rawn, Herschel Thomas, Nicole Bellinghausen, Many Olley, Assistant Coach Stacy Himes, Head Coach Wendy Larry.

2006-07 CAA Champions (24-9)
Front Row: Manager Sara Jackson, Manager Quiana Warren, Amanda Levens, Natalie Diaz, Tisha Lyons, Jennifer Rawn, Herschel Thomas, Nicole Bellinghausen, Many Olley, Assistant Coach Stacy Himes, Head Coach Wendy Larry.
### Records

#### 100 Point Games

<table>
<thead>
<tr>
<th>ODU-Opp.</th>
<th>Opponent</th>
<th>Date</th>
<th>Points</th>
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<tbody>
<tr>
<td>11/26</td>
<td>vs. Virginia Union</td>
<td>Nov. 16, 1977</td>
<td>73-71</td>
</tr>
<tr>
<td>11/26</td>
<td>vs. George Mason</td>
<td>Dec. 4, 1977</td>
<td>70-60</td>
</tr>
<tr>
<td>12/27</td>
<td>vs. East Carolina</td>
<td>Jan. 21, 1980</td>
<td>92-86</td>
</tr>
<tr>
<td>13/10</td>
<td>vs. Clemson</td>
<td>Nov. 30, 1979</td>
<td>92-76</td>
</tr>
<tr>
<td>10/12</td>
<td>vs. William &amp; Mary</td>
<td>Dec. 12, 1977</td>
<td>102-62</td>
</tr>
<tr>
<td>11/26</td>
<td>vs. VCU</td>
<td>Feb. 24, 1981</td>
<td>101-35</td>
</tr>
<tr>
<td>11/67</td>
<td>vs. Richmond</td>
<td>Jan. 14, 2000</td>
<td>100-68</td>
</tr>
<tr>
<td>11/46</td>
<td>vs. VCU</td>
<td>Feb. 4, 2002</td>
<td>100-66</td>
</tr>
<tr>
<td>11/42</td>
<td>vs. Norfolk State</td>
<td>Feb. 19, 1980</td>
<td>100-60</td>
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<tr>
<td>11/22</td>
<td>vs. Hostia</td>
<td>Feb. 12, 2004</td>
<td>100-59</td>
</tr>
<tr>
<td>11/47</td>
<td>at William and Mary</td>
<td>Jan. 1, 2002</td>
<td>100-58</td>
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<td>11/49</td>
<td>at William and Mary</td>
<td>Feb. 2, 1996</td>
<td>100-57</td>
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<tr>
<td>11/92</td>
<td>vs. Richmond</td>
<td>Dec. 6, 1998</td>
<td>100-56</td>
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<tr>
<td>11/49a</td>
<td>vs. Virginia Union</td>
<td>March 4, 1977</td>
<td>100-56</td>
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<tr>
<td>11/40</td>
<td>vs. UNC-Wilmington</td>
<td>Dec. 23, 1998</td>
<td>100-56</td>
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<td>11/49b</td>
<td>at American</td>
<td>Jan. 24, 1997</td>
<td>100-55</td>
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#### Overtime Games (10-3)

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<tr>
<th>Date</th>
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<th>Result:</th>
</tr>
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<tbody>
<tr>
<td>3/12/95</td>
<td>Delaware (CAA) (N)</td>
<td>W, 78-74</td>
</tr>
<tr>
<td>2/9/93</td>
<td>JMU (A)</td>
<td>L, 98-95</td>
</tr>
<tr>
<td>6/6/03</td>
<td>UNC (A)</td>
<td>W, 98-95</td>
</tr>
<tr>
<td>3/18/02</td>
<td>Purdue (NCAA) (A)</td>
<td>W, 74-70</td>
</tr>
<tr>
<td>3/8/02</td>
<td>George Mason (CAA) (H)</td>
<td>W, 68-63</td>
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<tr>
<td>12/6/01</td>
<td>Penn State (H)</td>
<td>W, 80-80</td>
</tr>
<tr>
<td>11/17/00</td>
<td>Syracuse (H)</td>
<td>L, 84-85</td>
</tr>
<tr>
<td>3/16/97</td>
<td>Purdue (NCAA) (H)</td>
<td>W, 69-65</td>
</tr>
<tr>
<td>1/27/94</td>
<td>George Mason (A)</td>
<td>W, 82-76</td>
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<tr>
<td>2/6/90</td>
<td>St. John’s (A)</td>
<td>W, 92-86</td>
</tr>
<tr>
<td>11/22/93</td>
<td>Western Kentucky</td>
<td>L, 80-84</td>
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<tr>
<td>3/2/94</td>
<td>N.C. State (NCAA) (H)</td>
<td>W, 73-71</td>
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<tr>
<td>11/30/92</td>
<td>Tennessee (A)</td>
<td>W, 78-72</td>
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### Year-by-Year with the Lady Monarchs

<table>
<thead>
<tr>
<th>Year</th>
<th>Record</th>
<th>Conf.</th>
<th>Coach</th>
<th>National Finish</th>
<th>State or Conf. Championships</th>
<th>Vs. Virginia Schools</th>
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<tbody>
<tr>
<td>1969-70</td>
<td>16-2</td>
<td>ODU</td>
<td>Mary Jackson</td>
<td>VIFSW Champions</td>
<td>32-3-5</td>
<td>12-2</td>
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<td>1970-71</td>
<td>8-9</td>
<td>ODU</td>
<td>Mary Jackson</td>
<td>VIFSW Champions</td>
<td>32-3-5</td>
<td>7-1</td>
</tr>
<tr>
<td>1971-72</td>
<td>12-7</td>
<td>ODU</td>
<td>Mary Jackson</td>
<td>VIFSW Champions</td>
<td>32-3-5</td>
<td>13-3</td>
</tr>
<tr>
<td>1972-73</td>
<td>7-9</td>
<td>ODU</td>
<td>Mary Jackson</td>
<td>VIFSW Champions</td>
<td>32-3-5</td>
<td>7-6</td>
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<tr>
<td>1973-74</td>
<td>4-13</td>
<td>Virginia</td>
<td>Pam Parsons</td>
<td>NCAA National Champions</td>
<td>32-3-5</td>
<td>12-7</td>
</tr>
<tr>
<td>1974-75</td>
<td>15-13</td>
<td>Virginia</td>
<td>Pam Parsons</td>
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<td>32-3-5</td>
<td>15-4</td>
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<td>1976-77</td>
<td>16-20</td>
<td>Virginia</td>
<td>Pam Parsons</td>
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<td>32-3-5</td>
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<td>1977-78</td>
<td>30-0</td>
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<td>Pam Parsons</td>
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<td>43-12 (782)</td>
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<td>1978-79</td>
<td>35-1</td>
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<td>15-0</td>
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<td>1979-80</td>
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<td>8-0</td>
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<td>1981-82</td>
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<td>32-3-5</td>
<td>4-0</td>
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<td>1982-83</td>
<td>29-2</td>
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<td>32-3-5</td>
<td>13-3</td>
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<td>1983-84</td>
<td>24-5</td>
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<td>4-0</td>
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<td>1984-85</td>
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<td>13-3</td>
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<tr>
<td>1985-86</td>
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<td>1986-87</td>
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<td>3-2</td>
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<td>1987-88</td>
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<td>Wendy Larry</td>
<td>NCAA National Championships</td>
<td>32-3-5</td>
<td>43-3-3 (913)</td>
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<td>1988-89</td>
<td>23-9</td>
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<td>2-2</td>
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<td>21-10</td>
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<td>32-3-5</td>
<td>5-0</td>
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<tr>
<td>1990-91</td>
<td>5-21</td>
<td>Virginia</td>
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<td>32-3-5</td>
<td>4-1</td>
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<td>1992-93</td>
<td>22-8</td>
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<td>NCAA National Championships</td>
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<td>1993-94</td>
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<td>9-2</td>
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<td>12-0</td>
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<td>1995-96</td>
<td>29-3</td>
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<td>Wendy Larry</td>
<td>NCAA National Championships</td>
<td>32-3-5</td>
<td>10-1</td>
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<td>1996-97</td>
<td>34-2</td>
<td>Virginia</td>
<td>Wendy Larry</td>
<td>NCAA National Championships</td>
<td>32-3-5</td>
<td>13-0</td>
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<tr>
<td>1997-98</td>
<td>29-3</td>
<td>Virginia</td>
<td>Wendy Larry</td>
<td>NCAA National Championships</td>
<td>32-3-5</td>
<td>12-0</td>
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<tr>
<td>1998-99</td>
<td>28-4</td>
<td>Virginia</td>
<td>Wendy Larry</td>
<td>NCAA National Championships</td>
<td>32-3-5</td>
<td>16-0</td>
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<tr>
<td>1999-00</td>
<td>29-5</td>
<td>Virginia</td>
<td>Wendy Larry</td>
<td>NCAA National Championships</td>
<td>32-3-5</td>
<td>13-0</td>
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<tr>
<td>2000-01</td>
<td>21-9</td>
<td>Virginia</td>
<td>Wendy Larry</td>
<td>NCAA National Championships</td>
<td>32-3-5</td>
<td>12-3</td>
</tr>
<tr>
<td>2001-02</td>
<td>26-6</td>
<td>Virginia</td>
<td>Wendy Larry</td>
<td>NCAA National Championships</td>
<td>32-3-5</td>
<td>10-1</td>
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<tr>
<td>2002-03</td>
<td>21-11</td>
<td>Virginia</td>
<td>Wendy Larry</td>
<td>NCAA National Championships</td>
<td>32-3-5</td>
<td>4-3</td>
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<td>2003-04</td>
<td>25-7</td>
<td>Virginia</td>
<td>Wendy Larry</td>
<td>NCAA National Championships</td>
<td>32-3-5</td>
<td>10-7</td>
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<td>2004-05</td>
<td>22-9</td>
<td>Virginia</td>
<td>Wendy Larry</td>
<td>NCAA National Championships</td>
<td>32-3-5</td>
<td>14-2</td>
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<td>2005-06</td>
<td>24-9</td>
<td>Virginia</td>
<td>Wendy Larry</td>
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<td>32-3-5</td>
<td>8-2</td>
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<tr>
<td>2006-07</td>
<td>31-5</td>
<td>Virginia</td>
<td>Wendy Larry</td>
<td>NCAA National Championships</td>
<td>32-3-5</td>
<td>10-1</td>
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<td>2007-08</td>
<td>17-13</td>
<td>Virginia</td>
<td>Wendy Larry</td>
<td>NCAA National Championships</td>
<td>32-3-5</td>
<td>6-1</td>
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<td>2008-09</td>
<td>11-7</td>
<td>Virginia</td>
<td>Wendy Larry</td>
<td>NCAA National Championships</td>
<td>32-3-5</td>
<td>303-33 (902)</td>
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### CAREER

<table>
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<tr>
<th>CAREER</th>
<th>526-176 (745)</th>
<th>32 years</th>
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### TIES

| TIES | 899-368 (745) | 351-73 (829) |
Lady Monarch Basketball 2009-2010

Post-Season History

NCAA Tournament (34-24)

St. Peter's W 79-77 Norfolk, Va.
Kansas State* L 76-63 Raleigh, N.C.

1983
St. John's W 86-63 Norfolk, Va.
Marist W 74-57 University Park, Pa.
Penn State W 76-40 UConn, St. Paul Park, Minn.
La Tech (Final Four) L 74-71 Minneapolis, Minn.

1984
UConn W 87-65 Norfolk, Va.
Oregon State* L 82-71 Norfolk, Va.

1985
Saint Mary's W 88-63 Norfolk, Va.
Ohio State* L 72-68 Norfolk, Va.
N.E. La (Final Four) L 57-67 Austin, Texas
Georgia (Champ.) W 70-65 Austin, Texas

1986
North Carolina W 76-58 Chapel Hill, N.C.
Auburn W 67-61 Albuquerque, N.M.

1988
Georgetown L 88-78 Providence, R.I.

1989
UConn W 66-41 Norfolk, Va.
University of Mass.

1990

1991
North Carolina W 60-54 Chapel Hill, N.C.

1993
Tennessee Tech W 77-60 Norfolk, Va.
Iowa W 82-56 Austin, Texas

1994
North Carolina W 63-52 Chapel Hill, N.C.

1995
Florida Int. L 45-76 Kansasville, Tenn.

1996
Holy Cross W 83-56 Norfolk, Va.
Tennessee L 72-66 Norfolk, Va.

1997
Purdue (OT) L 69-65 Cleveland, Ohio
Louisiana State W 62-56 W. Lafayette, Ind.
Florida W 53-52 W. Lafayette, Ind.
Stanford (Final Four) W 81-62 South Bend, Ind.
Tennessee (Champ.) L 68-59 Champaign, Ill.

1998
St. Francis W 92-39 Northeastern, N.J.
Nebraska W 75-40 Dayton, OH

1999
Mary W 72-69 Norfolk, Va.

2000
Florida Int. W 74-48 Gainesville, Fla.

2001
Southern Methodist W 96-76 Section 9, Blvd.

2002
Georgia W 68-54 W. Lafayette, Ind.
Purdue W 74-50 W. Lafayette, Ind.

2003
Boston College College W 74-64 Kansas City, Mo.

2004
Washington W 67-65 Gainesville, Fla.

2005
Georgia* W 68-54 W. Lafayette, Ind.
Texas W 74-62 Madison, Wisc.

2006

2007
Florida State W 75-65 Palo Alto, Ca.

2008
Liberty W 82-62 Norfolk, Va.

NCAA Tournament Seeds

1982 ** First
1983 ** First
1984 ** Second
1985 ** First
1986 ** First
1987 ** Second
1988 ** First
1989 ** First
1990 ** Second
1991 ** Second
1992 ** Second
1993 ** Second
1994 ** Second
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1996 ** Second
1997 ** Second
1998 ** Second
1999 ** Second
2000 ** Second
2001 ** Second
2002 ** Second
2003 ** Second
2004 ** Second
2005 ** Second
2006 ** Second
2007 ** Second
2008 ** Second

National Championship Game Boxes

NCAA All-Tournament

Final Four
1983 Anita DeMouyer
1985 Tracey Claxton (MVP), Medina Dixon
1997 Clarisse Macharguana, Ticha Penicheiro, Nyree Roberts

East Regional
1983 Medina Dixon (MVP)
1998 Marsha Brooke
1999 Marsha Brooke

Midwest Regional
1987 Donna Harrington
1997 Ticha Penicheiro, Mery Andrade, Aubrey Eblin
2002 Lucienne Berthieu

IAW Tournament

1977 Marquette State W 77-67 Memphis, Tenn.
Tennessee L 60-61 Memphis, Tenn.
N.C. State L 75-72 Memphis, Tenn.

1978 Memphis State W 64-51 Chapel Hill, N.C.
N.C. State L 75-57 Chapel Hill, N.C.

1979 North Carolina* W 81-60 Knoxville, Tenn.
N.C. State L 78-70 Knoxville, Tenn.

1980 North Carolina W 89-61 Columbia, S.C.
N.C. State L 70-59 Columbia, S.C.

South Carolina W 73-71 Norfolk, Va.
Tennessee L 64-65 Norfolk, Va.
Stephen F. Austin W 60-54 Norfolk, Va.
Long Beach State W 56-68 Tennessee (Final Four)
Northern Cal. (3rd) W 68-65 E. Oregon

NCAA National Championship
March 31, 1985, Austin, Texas

IAW Collegiate National Championship
March 25, 1979, Greensboro, N.C.

Greenboro Coliseum

Old Dominion 75, Louisiana Tech 65

Tennessee 97, 1980, Knoxville, Tenn.

NCAA Championship

Old Dominion 68, Tennessee 53

Tennessee 80, 1980, Knoxville, Tenn.

NCAA Championship
March 30, 1981, Austin, Texas

AIAW Tournament

AIAW Collegiate National Championship
March 31, 1985, Austin, Texas

Erwin Center
Old Dominion 75, Georgia 65

NCAA National Championship
March 30, 1997, Cincinnati, Ohio

Riverfront Coliseum

Old Dominion 68, Old Dominion 59

NCAA Tournament
March 30, 2009, Columbia, South Carolina

Old Dominion 68, Old Dominion 59

Tennessee (68)

AIAW Tournament
March 30, 1979, Cincinnati, Ohio

Riverfront Coliseum

Old Dominion 68, Old Dominion 59

Tennessee (68)

Kenmore (34), HighSchool 11-20, 3-20

Wheatley 2, 1980, Austin, Texas

Old Dominion 75, Old Dominion 59

Tennessee (68)

AIAW Tournament
March 30, 1979, Cincinnati, Ohio

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**Lady Monarchs vs. Opponents**

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Old Dominion University
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<tr>
<td>12/9/82</td>
<td>(H) W, 70-77</td>
<td></td>
</tr>
<tr>
<td>11/1/84</td>
<td>(A) L, 74-76</td>
<td></td>
</tr>
<tr>
<td>11/29/89</td>
<td>(H) L, 68-80</td>
<td></td>
</tr>
<tr>
<td>12/18/89</td>
<td>(A) L, 76-82</td>
<td></td>
</tr>
<tr>
<td>12/18/00</td>
<td>(H) W, 86-62</td>
<td></td>
</tr>
</tbody>
</table>

**Valdosta State (2-0)**

1976-77 (A) W, 77-77 (NWIT) 2/21/80 (H) W, 89-57

**Vanderbilt (4-1)**


**Villanova (1-0)**

3/15/89 (H) W, 66-41 (CANA Tournament)

**Virginia (18-14)**


**Virginia Tech (7-4)**


**Texas El Paso (1-0)**

2/23/71 (A) W, 74-71 (Women's Light Tournament)

**Texas Tech (2-1)**


**Texas (7-4)**


**Tennessee (2-1)**


**Tennessee Tech (2-1)**


**Texas (7-4)**


**Texas El Paso (1-0)**

2/23/71 (A) W, 74-71 (Women's Light Tournament)

**Texas Tech (2-1)**


**Texas (7-4)**


**Tennessee (2-1)**


**Texas (7-4)**

Lady Monarchs in the Polls

USA Today Poll

1986-87
3-2, 20th
3-10, 19th
Final: 17th

1988-89
3-8, 20th
3-13, 19th
Final: 21st

1994-95
3-4, 24th
3-14, 25th

1995-96
13-27, 23rd
12-4, 23rd
12-11, 22nd
12-17, 22nd
12-18, 20th
14-1, 17th
1-14, 15th
1-14, 15th
1-22, 12th
12-28, 10th
2-12, 8th
2-13, 8th
2-14, 8th
3-3, 8th
3-11, 4th
Final: 15th

1996-97
11-7, 7th
11-12, 8th
11-26, 8th
12-29, 8th

1997-98
11-23, 9th
11-30, 8th

1998-99
11-5, 18th
11-12, 18th

2001-02
Final: 12th

2002-03
11-1, 23
11-18, 22

2007-08
11-10, 20th
11-18, 24th
11-24, 20th

1999-00
11-22, 15th
11-30, 16th
12-7, 20th
12-14, 21st
12-21, 19th
12-27, 18th
12-28, 14th
1-4, 12th
1-11, 10th
1-18, 11th
1-25, 14th
2-1, 12th
2-8, 9th
2-11, 8th
3-4, 16th
3-11, 15th
Final: 7th

2007-08
12-3, 24th
12-10, 25th
12-17, 25th
12-24, 23rd
12-31, 19th
1-19, 18th
1-19, 18th
1-21, 13th
1-28, 13th
2-4, 13th
2-11, 13th
2-18, 10th
2-25, 11th
3-3, 16th
3-10, 14th
Final: 11th

2008-09
11-10, 25th
11-17, 25th
11-24, 23rd

1995-96
11-17, 15th
11-22, 16th
11-30, 8th
12-13, 10th
12-26, 18th
1-7, 18th
1-14, 15th
1-21, 13th
1-28, 13th
2-4, 13th
2-11, 13th
2-18, 10th
2-25, 11th
3-3, 16th
3-10, 14th
Final: 11th

2001-02
11-10, 20th
11-18, 24th
11-24, 20th

The 1984-85 Lady Monarchs celebrate with the NCAA Trophy in Austin, Texas.

Old Dominion University