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CREDITS:
The 2003 Old Dominion University Field Hockey Brochure is a publication of the Old Dominion University Athletic Public Relations Office. Written by: Kimberly Zivkovich, Assistant Sports Information Director. Layout and Design by: Tina Price, Director of Athletic Publications. Special Assistance by: Debbie Byrne, Associate Athletic Director; Public Relations & Marketing, Marc Comstock, Sports Information Secretary, DeAndre Phillips, Sports Information Student Assistant, Chrissie Henn, Sports Information Student Assistant. Photography: Nick Wright, Fest Events, JMU Photography, Dennis Welch (NCAA) and Scott Brown (CAA). Printing: Letton Gooch of Norfolk, Virginia.

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The Old Dominion University Sports Information Office welcomes all coverage of the women’s field hockey program and its student-athletes. Statistics, photos, or story ideas can always be obtained from Sports Information Director Carol Hudson, Jr. or from Assistant Sports Information Director/Field Hockey contact Kimberly Zivkovich.

To assist you in your coverage of Old Dominion field hockey, here are a few brief points to keep in mind:

**Interviews:**
Head Coach Sue Myers will be available for interviews immediately following all home games, after a ten minute cool down period. Player interviews are asked to be set up through the sports information office. Coach Myers is available during the week for interviews before and after practice and on game days after competition. Please contact the sports information office at (757) 683-3372 for more information.

**Photographers**
Only working photographers will be allowed on the playing field during games. Credentials must be secured at least 24 hours in advance of games. Photographers will be asked to wear a press photo pass at all times when shooting.

**Colonial Athletic Association**
Field hockey statistics for CAA schools are compiled throughout the fall at the conference office in Richmond, Va. and can be obtained through the office’s website at www.caasports.com.

**Press Box Facilities**
A fully enclosed press box high above the turf at Foreman Field serves a maximum of 32 media members at all home games. Three radio booths and a print media area are available for use. Old Dominion University’s Sports Information Office will furnish a complete NCAA box immediately following the conclusion of all home games upon request.

**Radio Broadcast Lines**
Visiting teams wishing to broadcast games from the Foreman Field are asked to contact the sports information office at least two weeks prior to the game. The stadium is located at Bluestone and 49th. All radio lines must be secured through the Verizon office in Norfolk, by calling (757) 683-5368.

More information on all Old Dominion athletic teams is available through our web site on the internet at:

www.odusports.com

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**Monarch Quick Facts**

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<tr>
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<tr>
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</tr>
<tr>
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</tr>
<tr>
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<tr>
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</tr>
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<td>Capacity</td>
</tr>
<tr>
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<tr>
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<table>
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</tr>
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<tr>
<td>SID Fax:</td>
</tr>
<tr>
<td>Zivkovich Email:</td>
</tr>
<tr>
<td>ODU Website:</td>
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<table>
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<th>Team Outlook:</th>
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<td>Letterwinners Returning/Lost:</td>
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<td>Name:</td>
</tr>
<tr>
<td>Angie Loy</td>
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<tr>
<td>Rosalinda Banuelos</td>
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<tr>
<td>Melissa Leonti</td>
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<th>Key Losses:</th>
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<tr>
<td>Tiffany Snow</td>
</tr>
<tr>
<td>Little Bant</td>
</tr>
<tr>
<td>Tara Hermann</td>
</tr>
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<td>Mandyth Freeman</td>
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<tbody>
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<tr>
<td>M</td>
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<tr>
<td>B</td>
</tr>
</tbody>
</table>

**WHY MONARCHS?**

Many people have wondered how the Old Dominion University athletic teams came to be officially known as the Monarchs.

For many years, the athletic teams of the Norfolk Division of the College of William & Mary (as Old Dominion was formerly called) were known as the Braves. This was a derivation of the William & Mary nickname of Indians. As Old Dominion achieved its own four-year status and saw its enrollment surpass that of its Williamsburg neighbor, it was no longer suitable or acceptable to have its teams called the Braves.

The name Monarchs evokes much of the early history of the Commonwealth of Virginia and of Old Dominion’s mother institution, the College of William and Mary. The nickname “Old Dominion” was first coined to the Virginia colony by King Charles II after Virginia’s loyalty to the crown during the English Civil War. Furthermore, William III and Mary II, whose patronage helped found the College of William and Mary in 1693, ruled England at the invitation of Parliament as “joint monarchs.”

The Monarch used by Old Dominion has a royal crown on a lion’s head, representing an historic past and a strong future. The school’s current family of athletic logos were adopted in April of 2002.
Media Outlets

Print Media
The Virginian Pilot
Sports Desk
150 W. Brambleton Avenue
Norfolk, VA  23510
757-446-2366
FAX: 757-533-9004

Newport News Daily Press
Sports Desk
7505 Warwick Blvd.
Newport News, VA  23607
757-247-4639
FAX: 757-247-9420

Richmond Times-Dispatch
Sports Desk
P.O. Box 8333
Richmond, VA  23293
804-649-6554
FAX: 804-775-8085

The Mace and Crown
Sports Editor
Webb University Center
Norfolk, VA  23529
757-683-3456

Radio
ESPN Radio 1310 AM
Tony Mercurio, Sports Director
5589 Greenwich Road
Virginia Beach, VA  23462
757-671-1000
FAX: 757-671-1313

WODU AM 1630
Sports Director
Webb University Center
Norfolk, VA  23529
757-683-3441

National Media
USA Today
Sports Department
1000 Wilson Blvd.
Arlington, VA  22223
703-276-3400; ext. 3721
FAX: 703-276-3527

Washington Post
Sports Department
1150 15th Street NW
Washington, DC  20071
202-334-7350
FAX: 202-334-7685

Television
WTTR TV-3 (CBS)
Ted Alexander, Sports Director
720 Boush Street
Norfolk, VA  23510
757-446-1352
FAX: 757-446-1376

WAYV TV-10 (NBC)
Bruce Rader, Sports Director
300 Wavy Street
Portsmouth, VA  23704
757-396-6181
FAX: 757-397-8279

WVEC TV-13 (ABC)
Scott Cash, Sports Director
613 Woodis Avenue
Norfolk, VA  23510
757-628-6215
FAX: 757-628-5855

Finding Your Way To Foreman Field

Getting to Old Dominion

FROM THE NORTH: Highway 13 down the Eastern Shore, and through the Chesapeake Bay Bridge-Tunnel. Follow 13 (Northampton Blvd.) onto I-64 West. Take the I-564 / Naval Base exit (exit 276) off I-64 West, and take the Terminal Blvd. exit off I-564. Turn left onto Hampton Blvd. Proceed approx. 4 miles and turn right onto 49th Street.


FROM THE WEST: I-64 East through the Hampton Roads Bridge-Tunnel. Take the I-564 / Naval Base exit (exit 276) off I-64 East, and then take the Terminal Blvd. exit off I-564. Approximately 2 miles, turn left onto Hampton Blvd. Approximately 4 miles, turn right onto 49th Street.

From Foreman Field:
Proceed west off Hampton Blvd. onto 49th Street (this will be a right hand turn if coming from I-564 / Terminal Blvd.; a left hand turn if coming from downtown Norfolk). Turn right onto Bluestone Avenue; the stadium entrance will be the second parking lot on the right. Bus parking is available inside the stadium gates with prior notice.

Teams requiring additional information are asked to contact Greg Smith, Asst. A.D. for Event Management, at (757) 683-5924.
THE GAME OF
FIELD HOCKEY
THE PATRIARCH OF ALL "STICK AND BALL" GAMES

THE BASICS

- Two halves, 35 minutes each
- 11 players per side, one of whom is a goalkeeper
- The field is 100 yds. long and 60 yds wide, divided into two halves by a center line. A striking or shooting circle is marked 16 yds. out from each goal post.
- The goal cage measures seven feet high, and is 12 feet wide. Boards are attached to the back and sides of the cages, 18 inches high.
- Two umpires on the field; an additional umpire may sit at the scorer’s table during tournament play.

A goal is scored when an attacker strikes the ball into the goal within the shooting circle.
Goalkeepers wear protective ice hockey equipment to block the ball with their stick, body, hands, and feet. They must be inside the shooting circle to kick-clear or body save shots.

THE EQUIPMENT

THE STICK
The stick has a flat face on the left-hand side. The head is made of wood, and must have no metal fittings, sharp edges, or splinters. It must be narrow enough to pass through a ring with an interior diameter of 2 inches. Maximum weight: 23 oz.

THE BALL
The ball is made of hard plastic, with a circumference of approximately 8-3/4 inches, and weighing between 5-1/2 and 5-3/4 oz.

SOURCES: History of the sport of field hockey, rules, and facts supplied by United States Field Hockey Association. Field and equipment information from USFHA and Rules of the Game: the complete illustrated encyclopedia of all the sports of the world.
The Rules of the Game

Basic Rules

- Ball must be passed or “dribbled” down the field with the flat side of the stick.
- Players may not stand still to shield the ball using their body.
- A goal can only be counted if shot inside the shooting circle.

Fouls

A player must not:

- Trip an opponent;
- Shove or charge an opponent while trying to play the ball;
- Hit the ball with the rounded side of the stick;
- Interfere in the game without a stick;
- Undertake or play the ball in a potentially dangerous way;
- Stop the ball in the air or on the ground with any part of the body;
- Use the foot or leg to support the stick in order to resist an opponent;
- Pick up, kick, throw, carry, or propel the ball except with the stick;
- Hit, hook, hold, or interfere with an opponent’s stick.

Free Hits

A free hit is awarded to the non-offending side for infringement and are usually taken at the area where the foul occurred. The ball must be stationary and be hit along the ground with a legitimate stroke a minimum distance of one yard. A free hit is taken 16 yards from the backline where the ball crossed.

Penalty Corners

Penalty corners are awarded against defenders for deliberate fouls on the ball or making a deliberate foul within the striking circle; committing a foul within the striking circle; committing a deliberate foul within the 25 yd. line. A penalty corner is a free hit awarded to an attacking player from a point on the back line, at least 10 yards away from the goal. All remaining attackers must be outside the striking circle before the hit is taken. A maximum of five defenders may be behind the goal line, while the remaining defenders must be beyond the center line. Typically, the attacking player taking the free hit passes the ball toward their teammates positioned outside the striking circle. A player will step with their ball, while another player will move in and hit the ball toward the goal.

16-Yard Hits/Defense Hits

When the attacking team plays the ball over the backline, the defense receives a 16-yard hit. The free hit is taken 16 yards from the backline where the ball crossed.

The Push-In / Hit-In

A push-in or hit-in is awarded to the opposition if a player hits the ball wholly over the sideline. A push-in or hit-in is played along the ground with the stick. Opposing players and their sticks must be at least 5 yards away (beyond the 5 yd. lines, which are marked on the endlines, the center line, and the 25 yd. lines). The person putting the ball into play may not touch it again until another player has touched it first. Any violation by the player putting the ball into play is penalized by a free hit to the opposition.

Penalty Strokes

A penalty stroke is a one-on-one shot where the offensive player positions seven yards in front of the goal vs. goalkeeper on the goal line, with all other players beyond the 25 yd. line. A penalty stroke is awarded for any intentional breach by the defenders in the circle, or an unintentional breach by the defenders which prevents a sure goal. The attacking player is permitted only one step while shooting, and the shot must be executed without a backswing of the stick. The goalkeeper may not move from the goal line until the stroker moves the ball.

Card Reprimands

Umpires carry three different colored cards to warn players of bad behavior or dangerous play:
- Green - caution;
- Yellow - five minute or more suspension;
- Red - Ejection.

Substitutions

Player substitution is very similar to ice hockey, as the number is unlimited and players being replaced have unlimited reentry. The player being substituted for must run completely off the side of the field near the center before the substitute may enter the field. Only two subs may enter at a given time. No substitutions are permitted during penalty corners or strokes.

The History of Field Hockey

Field hockey is one of the few early sports where women were allowed to engage in strenuous activity and actually compete feverishly in a team athletic situation. Although field hockey began as an activity for primitive man, modern women has definitely made her mark on the sport.

The origins of field hockey go back further than the ancient Greeks, but there is no conclusive evidence exactly how and where the game began. The earliest tangible record of field hockey (then known only as hockey) is a drawing done in 2050 B.C. on a tomb at Beni-Hasan in the Nile Valley in Egypt.

On the wall of one tomb, six drawings of athletic activities were sketched. One illustration depicted two men holding sticks with curved ends. Between the sticks is a round object, possibly a hoop or a ball. Because of this evidence, historians believe field hockey is the patriarch of all sports played with such implements.

From pre-Christian times to Roman prominence and through the Middle Ages, the game of hockey - or a similar activity - was enjoyed by people in many lands. Rules have differed and playing surfaces have changed, but the concept of a two team stick-and-ball game remains the same.

It was not until the first half of the 19th century, however, that field hockey became firmly established. The first club was Blackheath, headquartered in southeast London prior to 1861. The club played on a large piece of open ground with crudely designed sticks. The ball was a solid cube of black rubber. There were little offensive or defensive tactics to the game.

Field hockey’s role as a liberator also took hold at this time. For some time in the second half of the 19th century, it was considered the only proper team sport for women. A women’s club was started in Surrey, England in 1887 and the first national association - the Irish Ladies Hockey Union - emerged in Dublin seven years later.

Beth Anders' Ledger

HONORS RECEIVED

1975/76 All-World All-Star Team
1980 U.S. Olympian (Co-Captain)
1980 Sportswoman of the Year by the United States Olympic Committee (Field Hockey)
1981 Sportswoman of the Year by the Olympic Committee (Field Hockey)
1984 Southland Olympic Athlete
1984 U.S. Olympian (Bronze Medal Winner - Co-captain)
1984 Amateur Olympic Athlete of the Year (Field Hockey)
1984 Philadelphia Sportswriters Amateur Athlete of the Year
1984 Virginia Coach of the Year
1984 Virginia Beach Sports Club Coach of the Year
1984 Portsmouth Sports Club Coach of the Year
1984 Ursinus College Hall of Fame
1988 Portsmouth Sports Club Coach of the Year
1988 Virginia Beach Sports Club Coach of the Year
1988 United States Field Hockey Association Hall of Fame
1990 Portsmouth Sports Club Coach of the Year
1991 CAA Coach of the Year
1991 Special Citation from Norfolk City Council and Mayor
1992 CAA Coach of the Year
1992/93 Norfolk Sports Club Coach of the Year
1992/93 Honored by Virginia State Senate and House of Representatives
1992/93 Old Dominion University Citation for Distinguished Service from Board of Visitors
1992/93 Special Citation from Norfolk City Council and Mayor
1997 CAA Coach of the Year
1998 CAA Coach of the Year
1999 NFHCA/NCCA National Coach of the Year
1999 Portsmouth Sports Hall of Fame
1999 Norfolk City Council Citation
1999 Norfolk Sports Club Coach of the Year
1999 Norfolk Sports Club MACE Award
1999 CAA Coach of the Year
2000 CAA Coach of the Year
2000 CAA Coach of the Year
2000 NFHCA/NCCA National Coach of the Year
2000 NFHCA/NCCA Coach of the Year
2001 Portsmouth Sports Club Coach of the Year
2001 Dita/NFHCA South Region Coach of the Year
2002 CAA Coach of the Year

MISCELLANEOUS

- Participated in the 1998 World Cup coaches clinic
- 14 years on the US National Field Hockey Team, with the last five as team captain
- Holds the Olympic scoring record for most goals scored in one Olympiad (8 in 1984).
- Scored over 100 goals in international play.
- Led the U.S. in most goals scored.
- As head coach of the U.S. field hockey team, took the bronze medal in the 1991 Pan American Games and qualified for the 1994 World Cup.
- Wrote several articles and books on the sport of field hockey, its fundamentals, and methods of teaching. Latest book "Steps for Success," was released summer of 1999.


YEAR RECORD
1988 19-1-0
1989 23-0-0
1990 25-1-0
1991 17-7-0
1992 18-5-0
1993 22-3-0
1994 24-2-0
1995 26-0-0
1996 25-0-0
1997 17-5-1
1998 22-3-0
1999 19-5-0
2000 17-7-0
2001 18-5-0
2002 14-0

TOTALS 128-64-7

YEAR HIGHEST RANKING
1980 Fifth nationally - AIAW
1981 Third place - NCBA
1982 NCBA National Champions
1983 NCBA National Champions
1984 NCBA National Champions
1985 Fourth nationally - NCBA
1986 NCBA National Champions
1987 NCBA National Champions
1988 NCBA National Champions
1989 NCBA National Champions
1990 NCBA National Champions
1991 NCBA National Champions
1992 NCBA National Champions
1993 NCBA National Champions
1994 NCBA National Champions
1995 NCBA National Champions
1996 NCBA National Champions
1997 NCBA National Champions
1998 NCBA National Champions
1999 NCBA National Champions
2000 NCBA National Champions
2001 NCBA National Champions
2002 NCBA National Champions

Susan Myers enters her 16th year as a member of the Lady Monarch coaching staff, taking over the reigns of the program in 2003 as Lady Monarch head coach Beth Anders serves as the head coach of the U.S. National Team.

Myers’ coaching career began in 1973 when she became Carlisle Senior High School’s head coach of basketball, field hockey, and softball. She was also the coach of the state champion 4 X 100 relay team of the track and field squad. She held that post at the Pennsylvania school for 12 years, before becoming a graduate assistant coach at Old Dominion in 1987. During the 1988 season, Myers became a full-time assistant in the post she currently holds today. Alongside Anders, Myers also helped coach the United States National field hockey team during the 1990-93 seasons.

A seven-time United States National Team member, Myers was a superior field hockey player during her athletic career. She captained the Lady Rockets of Slippery Rock during her junior and senior campaigns and was her team’s leading scorer for three seasons.

Myers was an active member of the national field hockey scene. She was on the United States National Team from 1972-79 and played on the very first United States World Cup team of 1975.

After her college career, Myers was an active player in club field hockey. A five-time national club team champion, Myers was a player and co-founder of the Red Rose Field Hockey Club based in southeastern Pennsylvania from 1975-85, where she played alongside Anders on the club circuit.

A four-sport athlete in college, Myers also participated in basketball, softball, and track and field. She was an MVP selection of her basketball team and played with Rutgers head women’s basketball coach C. Vivian Stringer.

A veteran ASA fast-pitch softball class AAA player, Myers was a four-time Eastern United States League batting champion while playing for teams based out of Harrisburg, Pennsylvania.

She has co-authored several field hockey publications with Anders, including the most recent Steps to Success, which was released in the summer of 1999.

**COACHING CAREER**


**PERSONAL**

Hometown: Wellsville, Pennsylvania
Alma Mater: Slippery Rock University, 1973; B.S. in health and physical education and recreation.

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### OLD DOMINION YEAR-BY-YEAR COACHING TOTALS

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<tr>
<th>YEAR</th>
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<td>1991</td>
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<td>145/10</td>
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<td>25-0-0</td>
<td>163/4</td>
<td>NCAA Champions</td>
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<td>Ranked 7th</td>
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<td>17-6-1</td>
<td>69/18</td>
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<td>160/26</td>
<td>NCAA Champions</td>
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<td>18-5-0</td>
<td>87/25</td>
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**PROGRAM TOTAL**: 482-114-14 (.801)
Amanda Melton returns for her third season with the Lady Monarch program as an assistant coach. Prior to joining the Old Dominion staff, Melton served as an assistant coach for her alma mater, Frostburg State University in Maryland. She was part of their program as both a player and a coach for six years. Melton played four years as a midfielder and defender for Frostburg State and was the team's captain her senior season. She was also a student assistant coach for the 1999 squad that finished 13-5, and earned the No. 4 seed for the ECAC Tournament. Melton also patrolled the sidelines as an assistant with the women's lacrosse team. The Annapolis, MD, native graduated from Frostburg State in December of 2000 with a bachelor's degree in health and physical education. She is currently pursuing her master's degree in sports management at ODU.

PERSONAL: Hometown: Annapolis, Maryland
Alma Mater: Frostburg State University, 2000; B.S. in Health & Physical Education
Amanda is the daughter of Ellen Hartley and Bruce Melton. She has two brothers, Ryan (23) and Luke (4).

Kathy Fosina Mustain begins her first season as an assistant coach with the Lady Monarchs. When Kathy Fosina Mustain completed her career in the fall of 1991, she had the lowest goals against career average in NCAA history at 0.48 and 71 career shutouts. In all, she was a part of three NCAA National Championship squads in 1988, 90 and 1991. The 1991 team allowed only ten goals and went 26-0 on the season.

In 1990, Fosina Mustain did not allow a goal in the three NCAA Tournament matches and was a member of the 1990 USA National Field Hockey squad. In 1989, she was named to the NCAA Championship All-Tournament team. During her four years at Old Dominion the Lady Monarchs compiled a 99-5-1 record and won their last 36 matches.

Fosina Mustain was the first Old Dominion student athlete to receive the NCAA Women's Enhancement Program Post Graduate scholarship. She was a three-time Academic All-State selection and in 1992 was selected to the GTE/CosI/D Academic All-District squad.

She also lettered in lacrosse, scoring six goals and assisting on another. The Virginia Beach, Va., native graduated from Old Dominion in 1992 with a degree in health and physical education.
The Lady Monarchs may look a little different in 2003, but some things stay the same…including a long line of talent and an immeasurable desire to be the best.

Twenty-year veteran head coach Beth Anders, one of the top names in the world of field hockey, was granted a leave of absence from her squad this season as she prepares the U.S. National Team for a bid to the 2004 Olympic Games in Athens, Greece. However, Anders’ right hand assistant, Sue Myers, is ready to lead Old Dominion to another successful season. While aiding Anders on the sidelines for the last 15 years, Myers has helped the Lady Monarchs to a 319-51-4 record and six national championships.

The Lady Monarchs lose the services of seven letterwinners from last year’s squad, among them Honda Award Winner midfielder Tiffany Snow, two-time All-American midfielder Tara Herrmann, and four-time Academic All-American and starting goalie Marybeth Freeman. However, Old Dominion welcomes back five starters along with seven redshirt freshman and seven newcomers with a wealth of talent.

A trio of seniors, midfielder Angie Loy, defender Melissa Leonetti, and goalkeeper Tina Walker, will be the cornerstone of the 2003 squad. Over the last three seasons these three Lady Monarchs have helped Old Dominion compile a 64-10 record for an .865 winning percentage, three CAA Championships, consistent top five rankings, and a national championship in 2000.

Angie Loy, a 2002 First Team All-American, tied her Honda Award winning teammate Tiffany Snow last season with 75 points, ranking her second in the nation in scoring. Among her 25 goals last year, six of them proved to be game-winners including nationally ranked Kent State and Delaware and two game-winning goals against the Maryland Terrapins, one of Old Dominion fiercest rivals. In addition, Loy had the knack to find her open teammate in front of the opponent net as made evident by her team-leading 25 assists.

Defender Melissa Leonetti elevated her game to new heights in 2002 and the team should continue to benefit from her leadership and enthusiasm on the field in 2003. Leonetti earned her first All-American honor after helping Old Dominion to eight shutouts last year and recorded 19 assists as the team’s primary stick stopper on the penalty corner unit. Her 19 assists were second only to Loy on the team and she ranked among the top 10 in the nation in the category throughout the season. Her defensive efforts and ability to dictate the defense helped the Lady Monarchs outscore their opponents by a hundred goals, 131-31.

Tina Walker will look to join the starting 11 after serving as Old Dominion’s back-up keeper to former Lady Monarch Marybeth Freeman the last three seasons. Last season she was a part of three of Old Dominion’s eight shutouts and recorded her first career start at Maryland, a team that was ranked first in the nation at the time. To date, Walker holds an 1.11 goals against average.

Last year’s trio of true freshmen should also pack Old Dominion with a bigger punch. Midfielders Rosalinda “Chilly” Banuelos, Jennifer Angat, and defender Janelle Engle all cracked the starting line-up during their rookie seasons and are ready to build upon their experience. Chilly Banuelos returns as the team’s third leading scorer having registered 10 goals and two assists in her first season of collegiate field hockey. She was the only CAA player to garner the conference’s Rookie of the Week twice. Jennifer Angat, a local product from nearby Virginia Beach, recorded seven points on three goals and an assist, while Engle added two goals and an assist, also earning a Rookie of the Week nod.

Bolstering the Old Dominion line-up will be a pair of juniors, back Elizabeth Maddox and midfielder Lynn Farquhar. Maddox moved up to the starting line-up in the second game of the season last year while Farquhar was one of the top reserves off the bench adding in two goals and two assists in 2002.

The Lady Monarchs will once again play one of the country’s toughest schedules. On tap for 2003 will included perennial powerhouse rivals such as North Carolina, Maryland, and Princeton along with Old Dominion’s traditional CAA rivals. Old Dominion will once again be looking to dominate the conference scene having won seven straight league titles and not having lost a game to a conference opponent since the 1995 CAA Championship game. Despite the Lady Monarchs command of the CAA over the last several seasons, the CAA is as strong as ever as the conference finished the 2002 campaign with three nationally ranked teams that all earned NCAA Tournament births.
Meet the **Lady Monarchs**

**2003 Numerical Roster**

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<tr>
<th>No.</th>
<th>Name</th>
<th>Position</th>
<th>Class</th>
<th>Ht.</th>
<th>Hometown/High School</th>
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<td>5-7</td>
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Meet the

**Lady Monarch Seniors**

**Melissa Leonetti**
- **2002 (Junior):** Second Team All-America honors... First Team All-South Region... First Team All-CAA... Earned National Field Hockey Coaches Association Academic All-America honors for second consecutive year... Ranked ninth in the country in assists per game... Awarded National Field Hockey Coaches Association Academic All-America honors... Tied teammate and Honda Award winner Tiffany Snow for team lead in points (75)... Second on team in scoring with 25... Won CAA Player of the Week honors in October... Averaged one assist per game to lead the nation... Tied for third in the country in points per game... Fifth among Division I players in goals per game... Scored lone goal in 1-0 upset over #1 Maryland... Registered a career-high 12 points with four goals and three assists at Towson... Also performed a hat trick against Maryland in the second round of the NCAA Tournament... Played for the Tidewater Tempest in the US Field Hockey Summer League... 2001 (Sophomore): Second Team All-CAA honor... Joined the starting line-up as a sophomore with 23 starts... Tallied five goals and seven assists in her second season with the team... Awarded National Field Hockey Coaches Association Academic All-America honors... Honored as a member of her Final Four USFHA Summer League Team in 2002... 2000 (Freshman): Played in 16 games as a true freshman and scored her first career goal... Prior to Old Dominion: A four-year member of the Springfield Township field hockey team, she led the squad and the area in scoring, was a two-time all-league and all-area selection... Named the Springfield Sun Best Female High School Athlete her senior year... Scored 1,444 points for the basketball team for second all-time... An all-league hoopsster... Led team in scoring her final season... A three-time all-league and all-area lacrosse player... Led team in scoring as a senior... 2001: A Scholar-Athlete...

**Tina Walker**
- **2002 (Redshirt Junior):** Appeared in five contests last season... Elected NFHCA Academic All-American honors for second straight year... Capped up just three goals in 105 minutes in the cage... Recorded her first career start in net against then #1 Maryland... Played for the Tidewater Tempest in the US Field Hockey Summer League... 2001 (Redshirt Sophomore): NFHCA Academic All-American selection... Entered three contests last season... Allowed just one goal in over 36 minutes in net... Also recorded a shutout... Was the starting goalkeeper for the Tempest of the USFHA Summer League in 2002... 2000 (Redshirt Freshman): Saw action in six contests her sophomore year... Gave up zero goals in 105 minutes of playing time... 1999 (Freshman): Redshirted... Prior to Old Dominion: Played five seasons of field hockey and soccer at Nansemond-Suffolk... An all-state and all-conference selection... The team’s Defensive MVP... Stopped 92% of the shots she faced and every penalty stroke she faced... Two-time captain of the team... Also co-captain of soccer team... Two-time Coaches Award recipient in soccer... Personal: Born August 8, 1981... Daughter of Jean and Miley Walker... Has three sisters, Jean (26), Melissa (22), and Shelley (19)... Majoring in psychology.

**Career Stats:**

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Meet the Lady Monarchs

Jennifer Angat
Sophomore • Midfield • 5'8"
Virginia Beach, VA • Tallwood

2002 (Freshman): Started 23 of 25 contests as a true freshman...Had three goals and an assist all in CAA play...Recorded her first career goal against James Madison during the regular season...Scored one goal and added one assist in win over #10 JMU in the CAA Tournament semifinals...Also added a goal against Delaware...Played for the Tidewater Tempest in the US Field Hockey Summer League. Prior to Old Dominion: An All-American at Tallwood High School in Virginia Beach...Named First Team All-Tidewater. Received Second Team All-State honors...Also played soccer for four seasons and was a three time Second Team selection...Graduated with honors. Personal: Born November 5, 1983...Daughter of Joe and Imelda Angat...Has one brother, Jomel (27)....Majoring in graphic design.

Career Stats:

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Rosalinda Banuelos
Sophomore • Midfield • 5'6"
Escondido, CA • San Pasqual

2002 (Freshman): Two-time CAA Rookie of the Week...The only two-time Rookie of the Week winner in the conference...Started 24 of 25 matches as a true freshman...Fifth on team with 10 goals and 22 points...Scored first career goal versus Towson...Registered two goals against Towson, VCU, and James Madison. Prior to Old Dominion: A NFHCA High School All-American from San Pasqual High School...A two-time Most Valuable Player...Helped her squad to conference semi-final appearances in 2001 and 2002 and advanced to the championship game in 2000...A honor roll student...A three sport athlete participating in track, soccer, and field hockey...Ran the 400M and 4x4 relay for the track team which were CIF finalists...Personal: Born June 2, 1984...Daughter of Mario and Rosie Banuelos...Nickname is Chilly...Has two sisters, Dalinda (22) and Erika (20)...Majoring in graphic design.

Career Stats:

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Rachel Daubert
Freshman • Forward • 5'4"
Harisburg, PA • Lower Dauphin

2002 (Freshman): Redshirted...Prior to Old Dominion: A Mid Penn League All Star at Lower Dauphin High School in Hummelstown, PA...Named Second Team Big I-L. Scored 12 goals and recorded five assists in her senior season...Was also a two-year member of her high school's softball team. Personal: Born April 13, 1983...Daughter of Nancy and the late Buz Daubert...Has one brother, Rusty (22)...Majoring in education.

Career Stats:

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Rosanna Delutis
Freshman • Back • 5'6"
Virginia Beach, VA • Kempsville

2002 (Freshman): Redshirted...Prior to Old Dominion: A three sport athlete at Kempsville High School in Virginia Beach...A three year member of the field hockey team earning "Most Improved" during the 2000-01 season...Also played catcher for the softball team and was a sprinter on the track team. Personal: Born October 14, 1984...Daughter of James and Sara Delutis...Has two sisters, Francesca (20) and Amanda (16)...Major is undecided.

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Leslie Desimone
Freshman • Back • 5'7"
Flanders, NJ • Mount Olive

2002 (Freshman): Redshirted...Prior to Old Dominion: A four sport athlete at Mount Olive High School...A two-time All-State and three-time All-Area selection in field hockey...Led the team to two sectional championships...Recorded 190 career points on 72 goals and 46 assists...Led the team in scoring all four years...Holds school record for career goals and assists as well as the single season assist mark (16)...A member of the USFHA Futures Program...Also participated in track and field, swimming, and softball...Was the county sophomore champion in javelin...First female inducted into the Mount Olive Hall of Champions...A NFHCA Academic All-American and honor roll student. Personal: Born September 7, 1984...The only child of Carmine and Gerti Desimone...Majoring in education.

Career Stats:

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<th>Year</th>
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Janelle Engle
Sophomore • Back • 5'7"
Mt. Joy, PA • Lancaster Mennonite

2002 (Freshman): Started 13 contests as a back in her rookie season...Was named the CAA Player of the Week for the week ending September 15th...Scored her first collegiate goal against the University of New Hampshire...Also tallied a goal in victory over #8 JMU...Played for the Tidewater Tempest in the US Field Hockey Summer League. Prior to Old Dominion: A four-year letterwinner at Lancaster Mennonite High School in Lancaster, PA...Teams posted a 77-20-5 overall record during her career...Named First Team All Lancaster-Lebanon League and First Team PIAA All-State...In 2000 scored a single season school record 34 goals...Helped lead Lancaster Mennonite to four Lancaster-Lebanon Section II Championships...In 2001, her team was the PIAA District III runners up...Was also a Lancaster-Lebanon Second Team selection on the women's lacrosse team and a one year member of the basketball team...A National Honor Society member. Personal: Born February 16, 1984...Daughter of Charles and Kathleen Engle...Has one sister, Jocelyn (20), and one brother, Charles (17)...Majoring in psychology.

Career Stats:

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<th>Goals</th>
<th>Assists</th>
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</table>
Meet the Lady Monarchs

Lynn FAROUHAR

2002 (Redshirt Sophomore): Appeared in 21 games as a reserve. Scored two goals in CAA actions during her sophomore campaign...Tallied goals against Towson and William & Mary. Also recorded her first career assist against Towson. Emerged as the National Field Hockey Coaches Association Academic All-American Squad for the second straight season...Played for the Tideewater Tempest in the US Field Hockey Summer League. 2001 (Redshirt Freshman): Appeared in nine games and broke into the starting lineup at the end of 2001...Tallied two goals in her rookie campaign both in the post-season against Virginia Commonwealth and Princeton. Named an Academic All-American by the National Field Hockey Coaches Association. Played in the 2002 USFHA Summer League. 2000 (Freshman): Redshirted prior to Old Dominion. Captured her West Potomac team to a regional championship last season. Earned second team all-region honors...Was also a first team all-district and all-tournament selection...Earned second team all-region honors. Played basketball and soccer. A Scholar-Athlete and honor roll student. Personal: Born March 23, 1982. Daughter of Janice and Kevin Farquhar. Has two brothers, Greg (17) and Chris (13). Majoring in sports management/marketing.

Career Stats:

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Beth MADDOX

2002 (Redshirt Sophomore): Started in 23 of 24 contests as a midfielder during her sophomore campaign. Jumped into the starting line-up in the second game of the season after redshirting the previous season. Helped the Lady Monarch defense to eight shutouts in 2002. Played for the Tideewater Tempest in the US Field Hockey Summer League. 2001 (Sophomore): Redshirted. Played in the 2002 USFHA Summer League. 2002 (Freshman): Saw playing time in nine contests...Prior to Old Dominion: Played field hockey and soccer at nearby Salem high school. Was a two-time all-beach district choice and an all-Tidewater, all-region selection...Was named her team’s Most Valuable Offensive Player...Was also an all-beach player and MVP of her soccer team...An honor roll student. Personal: Born February 23, 1982. Daughter of Theresa and Michael Maddox. Has a brother, James (15). Majoring in history and sociology.

Career Stats:

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Mary Cate GORDON

2002 (Freshman): Redshirted. Played for the Tideewater Tempest in the US Field Hockey Summer League. Prior to Old Dominion: A four-year member of the varsity squad at Springfield Township High School in Erdemixon, PA. Team posted a 14-4-2 overall mark in 2001. Held a 1-01 CAA her senior season. A two-time All-League honoree. Participated with the Futures National Tournament and was a Futures Elite member. Also played basketball and lacrosse. Was a member of the National Honor Society. Personal: Born June 30, 1984. Daughter of Kevin and Mary Gordon. Has three brothers, Kevin (17), Dan (15), and James (9). Majoring in English.

Career Stats:

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Jenna MCLANE


Career Stats:

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Cora GERARDI


Career Stats:

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Darcy PINCHBECK


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Meet the Lady Monarchs

Anna Rodgers
Freshman ■ Forward
■ 5’ 8” ■ New Bloomfield, PA
■ West Perry

2002 (Freshman): Redshirted...Played for the Tidewater Tempest in the US Field Hockey Summer League...Prior to Old Dominion: The 2002 West Perry High School Outstanding Female Athlete of the Year...A First Team Mid-Penn All-Star and Second Team All-State selection her senior year...Named the 2002 West Perry Most Valuable Player in both field hockey and softball...Sentinel Athlete of Year runner up...A three-sport co-captain in field hockey, softball, and basketball...A four-time member of Who's Who Among American High School Students...Member of National Honor Society...Personal: Born December 21, 1984...Daughter of Richard and Madeline Rogers...Has one brother, Nicholas (18)...Majoring in health and physical education.

Elizabeth Sharpe
Junior ■ Forward
■ 5’ 7” ■ Durham, NC
■ C.E. Jordan

2002 (Redshirt Sophomore): Appeared in three contests during her sophomore season...Recorded her first career assist against #8 UNC...2001 (Redshirt Freshman): Made an appearance in six matches during her rookie season...2000 (Freshman): Redshirted...Prior to Old Dominion: Was a two-time team MVP and four-time Coaches Award winner for the C.E. Jordan High field hockey squad...Twice named an all-conference field hockey player...Also played soccer for four years, winning the All-Around Player Award...Ran track for three years...Personal: Born May 4, 1982...Daughter of Lois and David Sharpe...Has a brother Drew (24)...Majoring in graphic design.

Katie Claxton
Freshman ■ Forward
■ 5’ 7” ■ Virginia Beach, VA
■ Cox

Prior to Old Dominion: A four-year letterwinner at nearby Cox High School in Virginia Beach...Named the Virginia Beach Sports Club Female Athlete of the Year...Co-Captain of the team...Felthousen Award winner...Also played basketball all four years of high school...Earned the Gatorade “Will To Win” Award...Member of the Honor Roll...Personal: Born December 18, 1984...Daughter of Charles and Sandra Claxton...Has one sister, Amanda (25)...Major is undecided.

Sarah Mizenko
Freshman ■ Back
■ 5’ 7” ■ Hanover, PA
■ South Western

Prior to Old Dominion: Earned three varsity letters at midfield/back for Southwest High School...Evening Sun All-Area First Team as a senior and Second Team as a junior...York Daily Record All-Area Team in 2002...Member of the York County All-Star team her senior season...Participated in three Keystone Games taking home a silver medal in 2001 and a bronze in 1999...Also a member of the Southwest Track and Field team...Broke the school’s record in the 1600 meter...Was a district qualifier in 2000 and 2001...Member of the National Honor Society...Distinguished Honor Roll student...Personal: Born December 28, 1984...Daughter of David and Wendy Mizenko...Has one brother, David (22)...Major is undecided.
Meet the Lady Monarchs

Julia Muldrow
Freshman ■ Back ■ 5' 6" ■ Virginia Beach, VA ■ Ocean Lakes

Prior to Old Dominion: A four-year letterwinner in field hockey at nearby Ocean Lakes High School in Virginia Beach…Was a First Team All-Beach, All-Region, All-Tidewater, and All-State as a senior…Also co-captained the squad in her final season…Also played three years of softball as a catcher…Named to Who’s Who Among American High School Students…Member of the Honor Roll and Foreign Language National Honor Society Personal: Born September 9, 1985…Daughter of Reginald and Terri Muldrow…Has one brother, Leonard (19)…Majoring in communications.

Dana Sensenig
Freshman ■ Midfield ■ 5' 5" ■ Denver, PA ■ Cocalico

Prior to Old Dominion: Three-sport athlete at Cocalico High School…Cocalico High School’s Outstanding Athlete and Intelligencer Journal Female Athlete of the Year as a senior…Led her high school team to the Section Two Championship…Three-time Lancaster Lebanon First Team All-Star…League All-Star Offensive MVP and Pennsylvania All-State All-Star Team member as a senior…Also was a basketball and track and field standout…Scored over 1,000 points and was a two-time Lancaster Lebanon Section Two All-Star member in basketball…Was the 400 meter dash league champion in track her senior year…Cocalico Class of 2003 Valedictorian…Member of the National Honor Society…Named Who’s Who Among American High School Student and High School Sports…Personal: Born November 30, 1984…Daughter of Dr. Bruce and Denise Sensenig…Has two sisters, Kelly Jo (21), and Carrie (8), and one brother, Timothy (11)…Plans to major in math.

Caroline Nichols
Freshman ■ Midfield ■ 5' 6" ■ Virginia Beach, VA ■ Salem

Prior to Old Dominion: A four-sport athlete at local Salem High School…Played three positions, forward, midfield, and defense, as a four-year letterwinner on the field hockey squad…Was named First Team All-District, All-Tidewater, and All-State…Captained her team her senior season…Was also a Second Team All-District and captain of the women’s soccer squad…Also participated on the cross country and basketball teams for two seasons…Named to the Virginian Pilot Academic Excellence Team…An honor roll student…Personal: Born December 15, 1984…Daughter of Ken and Terry Nichols…Has a twin brother, Christopher (18)…Plans to major in physical education with an emphasis in exercise science.

Jamie Snow
Freshman ■ Back ■ 5' 8" ■ Escondido, CA ■ San Pasqual

Prior to Old Dominion: 2002-03 San Pasqual High School Female Athlete of the Year…Four-year varsity defender…Helped San Pasqual to a 26-3 record and a CIF League Championship during her career…First Team All-League, All-CIF, SGRRA All-Tournament Team, and All-Northern California…Also played softball for four seasons playing at shortstop…Earned the Coaches’ Award for outstanding play, leadership, and sportsmanship…Personal: Born August 29, 1985…Daughter of John and Delora…Has one brother, John (25), and one sister, Tiffany (21), a former Lady Monarch (1999-2002) …Major is undecided.

Nikki Saucier
Freshman ■ Midfield ■ 5' 6" ■ Burke, VA ■ Lake Braddock

Prior to Old Dominion: Northern Region & District Player of the Year at Lake Braddock High School…Three-Time All-Patriot District…Two-Time All-Northern Region, All-AA Virginia, All-Fairfax Journal, and All-Northern Region Tournament Team…First Team All-Metro Area as a senior…Led Lake Braddock in scoring for three seasons…Member of the Rampage, an U-19 Club Indoor Field Hockey team…Also participated in basketball and soccer…Five time member of the Virginia Olympic Development team…Helped the Pride of McLean club team to six Virginia State Cup Championships…Led Lake Braddock in scoring her sophomore and freshman years…Also played AAU basketball with the Pride of Northern Virginia…Honor Roll student…NFHCA High School Academic All-American…Personal: Born September 3, 1985…Daughter of Mark and Lucy Gambescia…Has one brother, Tony (10), and one sister, AnnMarie (12)…Majoring in sports management.
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#3 Katie Moyer  
25 25 28 5 5 15 0.179 1
#4 Lynn Farquhar  
20 0 10 2 2 6 0.200 0
#5 Tiffany Snow  
25 25 146 30 15 75 0.205 3
#6 Angie Loy  
25 25 82 25 25 75 0.305 0
#7 Anna Rogers  
0 0 0 0 0 0 0
#8 Lotte Bant  
25 25 69 18 6 42 0.261 0
#9 Eline Gunning  
2 0 0 0 0 0 0
#12 Rosalinda Banuelos  
25 24 44 10 2 22 0.227 0
#13 Rachel Daubert  
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#14 Tara Hermann  
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#15 Becky Loy  
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#16 Jennifer Angat  
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#27 Jenna McLane  
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Opponents 25 206 31 23 85 0.150 6

## 2002 Season Results

### Goal tenders

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<td>#10 William &amp; Mary (CAA)</td>
<td>W</td>
<td>2</td>
<td>0</td>
<td>19-3</td>
<td>K. Movert, Bant</td>
<td>K. Movert</td>
</tr>
<tr>
<td>16-Nov</td>
<td>H</td>
<td>Richmond (CAA)</td>
<td>L</td>
<td>5</td>
<td>1</td>
<td>20-3</td>
<td>T. Herreman (2)</td>
<td>T. Herreman</td>
</tr>
<tr>
<td>17-Nov</td>
<td>H</td>
<td>#5 Maryland (CAA)</td>
<td>W</td>
<td>4</td>
<td>1</td>
<td>21-3</td>
<td>A. Loy (2)</td>
<td>A. Loy</td>
</tr>
<tr>
<td>23-Nov</td>
<td>H</td>
<td>#6 Penn State (CAA)</td>
<td>L</td>
<td>2</td>
<td>3</td>
<td>21-4</td>
<td>T. Hermann, T. Hermann</td>
<td>—</td>
</tr>
</tbody>
</table>

Senior midfielder Tiffany Snow, Old Dominion’s sixth Honda Award winner in the sport of field hockey as the nation’s top player, led the squad with 75 points on 30 goals and 15 assists. Snow was tied for second in the nation in points (75), second in the country in goals scored (30), and 11th in the nation in assists (15). Defensively she led the Lady Monarchs to six shutouts and recorded a team-best three defensive saves. Snow led Old Dominion in scoring on six occasions, tallied four game-winning goals, and recorded a hat trick five times. Snow finished her career ranked sixth on the Old Dominion All-Time Goals Leaders list with 71 career tallies and also ranks sixth on the Old Dominion all-time Points Leaders list with 182 points over her four years in a Lady Monarch uniform. The Honda Award was also just one of many on a list of impressive honors and awards bestowed upon Snow in 2002. She earned her second First Team D1A/NFHCA All-America and First Team All-South Region honors and was also named the CAA Player of the Year and to the NCAA and CAA All-Tournament Teams.

Snow became the sixth Lady Monarch to be honored with the Honda Award joining former Old Dominion award winners Yolanda Hightower (’82), Christy Morgan (’84), Kelli James (’92), Mimi Smith (’98), and Marina DiGiacomo (’00). The Lady Monarchs hold the distinction of having produced the most Honda Award winners in the sport of field hockey.

Along with Snow, two other Lady Monarchs were named All-America in 2002. Junior midfielder Angie Loy moved up to the First Team after earning Second Team honors following the 2001 season. Loy, along with Snow, led the team with 75 points and also chipped in a team best 25 assists. She also recorded a team leading six game winning goals. She was named First Team All-CAA and First Team All-South Region and was also a CAA All-Tournament team member. Junior back Melissa Leonetti earned her first All-America honor after helping Old Dominion to eight shutouts during the year and recording 19 assists as the primary stick stopper on the penalty corner unit. Her 19 assists were only second to Loy on the team and she was ranked among the top 10 in Division I in the category throughout the season. Her defensive efforts helped Old Dominion outscore their opponents 131-31 in 2002. Along with Old Dominion’s three All-Americans, seven Lady Monarchs were honored regionally. Snow, Loy, and Leonetti were First Team All-South members, while sophomore Lotte Bant and seniors Tara Herrmann, Becky Loy, and Katie Moyer were Second Team picks.

Herrmann overcame a knee injury to still rank among the top scorers on the team. Herrmann posted 19 goals and one assist for a total of 39 points. Playing in just 20 of the team’s 25 games this past season, she ranked fourth on the Lady Monarchs squad in points. The 2001 CAA Rookie of the Year, Bant, enjoyed a highly successful second season with 18 goals, six assists, and 42 points. She was named CAA Player of the Week on Sept. 16th scoring three unanswered goals against then #15 Duke and serving as one of seven Lady Monarch goal scorers in a 8-1 win over New Hampshire. Loy overcame a stress fracture in her leg which sidelined her last year to have a stellar 2002 season. Becky Loy recorded nine goals and four assists and has also been an asset to the defensive side of the field. She tallied the game winner over then #14 Princeton in a 3-2 victory, avenging last year’s loss to the Tigers in the quarterfinals of the NCAA Tournament.

Moyer served as a vital cog of the Old Dominion defense. One of the most vocal members of the team, Moyer has led the team to eight shutouts (Towson, New Hampshire, William and Mary, VCU, #18 Virginia, Holstra, #1 Maryland). She was also a primary member on the penalty corner unit which has taken nearly 300 corners this season. Moyer has also recorded a defensive save against then #15 Princeton, scored the game-winner, also her first collegiate goal, against New Hampshire, and recorded her first collegiate assist against then #8 Michigan State.

The Lady Monarchs played once again one of the country’s toughest schedules. On the slate in 2002 included 12 different ranked opponents, among them three CAA opponents. Old Dominion dominated the conference scene again having won their seventh straight league title and have not lost a game to a CAA opponent since the 1995 championship game.

At the conference level, six Lady Monarchs were honored. Snow, Loy, and Leonetti were First Team All-CAA members, while Bant, Herrmann, and senior goalkeeper Marybeth Freeman were Second Team All-CAA award winners. The Lady Monarchs not only shone on the field, but off the field as well. Twelve Old Dominion field hockey players were named Academic All-Americans after achieving a 3.4 or better cumulative grade point average. Among the twelve was senior goalkeeper Marybeth Freeman who became just the second Lady Monarch to achieve Academic All-American status throughout her four-year career.
 Husky Schedule  
**August**  
26. . . . . Lafayette  
September  
1. . . . . Lehigh  
7. . . . . @ Penn State  
10. . . . . Quinnipiac  
14. . . . . @ Old Dominion  
20. . . . . Villanova  
24. . . . . @ Harvard  
27. . . . . Northern  
**November**  
1. . . . . Providence  

CONNECTICUT  
**September 14**  
**August**  
23. . . . . St. Joseph's  
31. . . . . Duke  
31. . . . . Rutgers  
**September**  
9. . . . . @ Providence  
15. . . . . vs. Quinnipiac  
19. . . . . @ Northeastern  
29. . . . . @ Temple  
29. . . . . LaSalle  
**November**  
1. . . . . Fairfield  

Blue Devil Schedule  
**August**  
30. . . . . @ Delaware  
31. . . . . vs. West Chester  
September  
6. . . . . Madison  
13. . . . . @ Wake Forest  
21. . . . . Old Dominion  
22. . . . . vs. Michigan State  
26. . . . . vs. Northeastern  
28. . . . . vs. North Carolina  
October  
3. . . . . vs. North Carolina  
11. . . . . vs. Rhode Island  
16. . . . . vs. North Carolina  
19. . . . . vs. William & Mary  
23. . . . . vs. Davidson  
November  
2. . . . . vs. Richmond  
2. . . . . vs. Virginia  

DUKE  
**September 12**  
**August**  
28. . . . . American  
31. . . . . vs. Quinnipiac  
**September**  
13. . . . . Duke  
24. . . . . vs. Old Dominion  
27. . . . . @ Virginia  
14. . . . . @ North Carolina  
10. . . . . @ VCU  
8. . . . . vs. Pennsylvania  
13. . . . . Sacred Heart  
19. . . . . vs. James Madison  
26. . . . . @ Syracuse  
19. . . . . @ Rutgers  
4. . . . . vs. New Hampshire  
24. . . . . vs. Harvard  
14. . . . . @ Old Dominion  
10. . . . . vs. Quinnipiac  
**October**  
2. . . . . vs. West Chester  
3. . . . . vs. Princeton  
6. . . . . vs. Virginia  
7. . . . . vs. Virginia  
12. . . . . vs. Old Dominion  
19. . . . . vs. North Carolina  
22. . . . . vs. James Madison  
23. . . . . vs. Rider  
30. . . . . vs. James Madison  
**November**  
2. . . . . vs. Hofstra  

HOFSTRA  
**October 3**  
**August**  
20. . . . . LaSalle  
31. . . . . vs. Rhode Island  
**September**  
2. . . . . vs. Brown  
6. . . . . vs. Sempio  
9. . . . . vs. Hartford  
20. . . . . vs. Fairfield  
24. . . . . vs. Binghamton  
**October**  
5. . . . . Old Dominion  
6. . . . . vs. William & Mary  
9. . . . . vs. James Madison  
10. . . . . vs. VCU  
13. . . . . vs. Delaware  
23. . . . . vs. Delaware  
24. . . . . vs. Delaware  
29. . . . . vs. Rutgers  
29. . . . . vs. Hofstra  
**November**  
20. . . . . vs. Hofstra  

LOUISIANA  
**August 30**  
30. . . . . vs. New Hampshire  
31. . . . . vs. Massachusetts  
**September**  
6. . . . . Boston University  
12. . . . . vs. Michigan State  
14. . . . . vs. Ohio State  
20. . . . . vs. Central Michigan  
27. . . . . vs. Ball State  
October  
7. . . . . vs. Miami (OH)  
13. . . . . vs. Michigan  
16. . . . . vs. Ohio  
19. . . . . vs. Kent State  
26. . . . . vs. Central Michigan  
28. . . . . vs. Ball State  
29. . . . . vs. Cal. Berkeley  
31. . . . . vs. Miami (OH)  
**November**  
1. . . . . vs. Indiana  
4. . . . . vs. VCU  
5. . . . . vs. Ohio State  
12. . . . . vs. Duke  
18. . . . . vs. Old Dominion  
19. . . . . vs. Delaware  
25. . . . . vs. North Carolina  
28. . . . . vs. American  
31. . . . . vs. James Madison  

MARYLAND  
**September 6**  
**August**  
30. . . . . vs. College Park, MD  
31. . . . . vs. Norfolk, VA  
**September**  
3. . . . . vs. Quinnipiac  
6. . . . . vs. Old Dominion  
13. . . . . Rutgers  
16. . . . . vs. Delaware  
18. . . . . vs. Rutgers  
19. . . . . vs. Delaware  
24. . . . . vs. Towson  
30. . . . . vs. Towson  
**October**  
6. . . . . vs. Towson  
7. . . . . vs. Towson  
12. . . . . vs. Towson  
13. . . . . vs. Towson  
19. . . . . vs. Towson  
25. . . . . vs. Towson  
<table>
<thead>
<tr>
<th>Wolverine Schedule</th>
<th>Tar Heel Schedule</th>
<th>North Carolina Schedule</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>August</strong></td>
<td><strong>August</strong></td>
<td><strong>September</strong></td>
</tr>
<tr>
<td>6. Wake Forest</td>
<td>6. vs. Wake Forest</td>
<td>29. Chapel Hill, NC</td>
</tr>
<tr>
<td>7. @ Northeastern</td>
<td>7. vs. North Carolina</td>
<td>1. November 1, North Carolina</td>
</tr>
<tr>
<td>12. @ Boston College</td>
<td>12. vs. Virginia Tech</td>
<td></td>
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<tr>
<td>19. vs. Maryland</td>
<td>19. vs. Old Dominion</td>
<td></td>
</tr>
<tr>
<td>21. vs. James Madison</td>
<td>21. vs. Wake Forest</td>
<td></td>
</tr>
<tr>
<td>26. @ Northeastern</td>
<td>26. vs. Wake Forest</td>
<td></td>
</tr>
<tr>
<td>29. Kent State</td>
<td>29. October 24</td>
<td></td>
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<tr>
<td><strong>October</strong></td>
<td><strong>October</strong></td>
<td><strong>November</strong></td>
</tr>
<tr>
<td>4. vs. Iowa</td>
<td>4. Duke</td>
<td>29. vs. St. Louis</td>
</tr>
<tr>
<td>6. vs. Iowa</td>
<td>6. vs. Virginia</td>
<td>30. vs. Appalachian St.</td>
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<tr>
<td>7. vs. Maryland</td>
<td>7. vs. Wake Forest</td>
<td></td>
</tr>
<tr>
<td>10. vs. Temple</td>
<td>10. @ Temple</td>
<td>31. vs. St. Louis</td>
</tr>
<tr>
<td>12. vs. Virginia</td>
<td>12. vs. Temple</td>
<td></td>
</tr>
<tr>
<td>15. vs. James Madison</td>
<td>15. vs. Virginia</td>
<td></td>
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<tr>
<td>20. vs. Old Dominion</td>
<td>20. vs. St. Louis</td>
<td></td>
</tr>
<tr>
<td>21. vs. Iowa</td>
<td>21. vs. Temple</td>
<td></td>
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<tr>
<td>26. vs. Iowa</td>
<td>26. vs. Temple</td>
<td></td>
</tr>
<tr>
<td>28. vs. Iowa</td>
<td>28. vs. Iowa</td>
<td></td>
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<tr>
<td><strong>November</strong></td>
<td><strong>November</strong></td>
<td><strong>December</strong></td>
</tr>
<tr>
<td>1. vs. Old Dominion</td>
<td>1. vs. Temple</td>
<td>8. vs. Old Dominion</td>
</tr>
<tr>
<td>3. vs. William &amp; Mary</td>
<td>3. vs. Old Dominion</td>
<td></td>
</tr>
<tr>
<td><strong>Location</strong></td>
<td><strong>Location</strong></td>
<td><strong>Location</strong></td>
</tr>
<tr>
<td>Ann Arbor, MI</td>
<td>Chapel Hill, NC</td>
<td>Chapel Hill, NC</td>
</tr>
<tr>
<td>11. vs. Iowa</td>
<td>11. vs. Virginia</td>
<td>11. vs. Virginia</td>
</tr>
<tr>
<td>vs. Temple</td>
<td>vs. Iowa</td>
<td>vs. Iowa</td>
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<tr>
<td>vs. James Madison</td>
<td>vs. Iowa</td>
<td>vs. Iowa</td>
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<tr>
<td>vs. Old Dominion</td>
<td>vs. Iowa</td>
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<td>vs. Iowa</td>
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</tbody>
</table>

**Note:** The schedule includes games against various universities and locations with dates and results provided. The schedule is comprehensive and covers multiple months from August to November, with team names, locations, and event dates clearly listed.
The Streak” (66-0)

In 1990, the Lady Monarchs went 23-2-1 on route to winning their fifth NCAA trophy. At the tail end of the season, the club began what became known as “The Streak,” a string of 66 wins that spanned the ’90, ’91, ’92, and ’93 seasons with 48 shutout victories included. In 1991 and 1992, the team enjoyed back-to-back perfect seasons, compiling an impeccable 51-0 record over the two additional national championship seasons. With the wins, Old Dominion became the only team in field hockey history to win 66 consecutive games and are the only program to ever achieve back-to-back perfect seasons.

In addition to the impressive winning ways of the Old Dominion program in the early ’90’s, the Lady Monarch teams showed complete domination on both ends of the field. During that three year span, Old Dominion outscored their opponents by a 325-26 margin. The team allowed just four goals in the 1992 season while scoring 163.

Melissa Leonetti

WILLIAM & MARY
1974
(1-7-1)

Longwood
L,1-7
William & Mary
L,6-12
Westhampton
T,1-1
Hampton Club
W,2-7
William & Mary
L,2-7

Head Coach: Carol Anthony

1975
(3-6-3)

Westhampton
L,2-3
Longwood
L,0-9
Virginia Beach Club
L,1-2
Cavalier Club
W,6-2
William & Mary
L,0-5
Mary Washington
T,1-1
William & Mary
L,0-7
Longwood
L,0-7

Head Coach: Carol Anthony

1976
(5-13)

Westhampton
L,0-3
Longwood
L,1-4
Bridgewater
L,0-1
Eastern Mennonite
L,0-6
Virginia Commonwealth
L,0-1
Cavalier Club
W,5-0
William & Mary
L,0-7
Mary Washington
W,2-1
Virginia
L,3-3
East Carolina
W,3-0
Hampton Club
W,6-2
Westhampton
L,0-1
Longwood
L,0-1
Bridgewater
L,0-1
Virginia Commonwealth
L,0-1
William & Mary
L,0-7
Mary Washington
W,2-1
Virginia
L,0-2

Head Coach: Carol Anthony

1977
(6-6)

Mary Washington
W,2-0
Virginia Beach Club
W,2-0
William & Mary
L,3-1
Bridgewater
L,2-3
Virginia Commonwealth
W,3-0
Eastern Mennonite
W,4-3
Virginia
L,0-3
Longwood
L,0-1
East Carolina
W,1-3
Richmond Club
L,2-1
Cavalier Club
W,8-0
Westhampton
L,0-1

Head Coach: Carol Anthony

1978
(11-1)

East Carolina
W,4-0
Mary Washington
W,2-1
Cavalier Club
W,5-1
Salisbury St.
L,3-4
Virginia Commonwealth
W,3-0
William & Mary
L,3-3
Bridgewater
W,2-1
Westhampton
W,3-2
Longwood
W,3-0
American
W,4-0
Virginia
L,1-3
Sweetbriar
L,2-3
Holets
W,2-1
Virginia Tech
W,1-0
Clemson
W,1-1
North Carolina
W,2-1
High Point
W,1-0

* WIAA Tournament
** AAW Region II Tournament

Head Coach: Carol Anthony

1979
(6-6-1)

Connecticut
L,1-0
Colgate
W,1-0
Mary Washington
W,5-0
James Madison
L,1-0
Virginia Commonwealth
W,1-0
North Carolina
W,1-0
William & Mary
L,0-1
Bridgewater
W,4-0
Longwood
W,2-1
Richmond
W,0-1
East Carolina
W,4-2
Virginia
L,1-0
Salisbury St.
T,1-1
James Madison
L,1-4
Longwood
L,1-0

* AIAW Region II Tournament
** AIAW Tournament

Head Coach: Mikki Flowers

1980
(18-4)

Salisbury St.
W,4-2
Richmond
W,8-1
Virginia Tech
W,2-0
Virginia Commonwealth
W,8-6
Louisville
W,5-0
William & Mary (OT)
W,2-1
James Madison
L,5-1
Duke
W,5-1
Longwood
W,1-0
Virginia
W,5-6
Connecticut
L,1-2
Mary Washington
W,5-6
James Madison
W,3-0
William & Mary (OT)
W,1-1
Eastern Kentucky
W,2-0
North Carolina
W,1-3
William & Mary
W,1-2
Connecticut
W,1-0
Iowa
W,1-0
Davis & Elkins
W,4-2
New Hampshire
W,3-1
Connecticut
W,2-0

* WIAA Tournament

Head Coach: Mikki Flowers

1981
(13-2-2)

Rutgers
W,2-0
Springfield
W,3-1
Connecticut
W,4-0
William & Mary
W,7-0
Salisbury St.
W,4-1
Virginia Tech
W,2-0
Duke
W,5-2
James Madison
L,1-0
Delaware
T,1-1
Lafayette
W,4-0
Massachusetts
L,1-0
Temple
W,7-0
Virginia
W,1-0
North Carolina
W,5-0
Connecticut
L,1-0
Long Beach St. (OT)
W,2-1

* NCAA Tournament

Head Coach: Beth Anders

1982
(20-1)

Springfield
M,6-0
North Carolina
M,5-0
Maryland
M,5-0
James Madison
M,10-0
Virginia Commonwealth
W,10-0
North Carolina
L,1-0
William & Mary
L,1-0
Bridgewater
W,4-0
Longwood
W,2-1
Richmond
W,2-0
Virginia
W,2-1

* WIAA Tournament

Head Coach: Mikki Flowers

1983
(19-1)

** NCAA CHAMPIONS

William & Mary
W,5-0
James Madison
W,5-0
Davis & Elkins
W,4-0
Salisbury St.
W,6-0
North Carolina
W,3-0
Virginia Tech
W,1-0
Lafayette
W,5-1
Massachusetts
W,1-0
Temple
L,0-1
Richmond
W,7-0
Virginia Commonwealth
W,6-0
North Carolina
W,3-0
Massachusetts (OT)
W,3-2
Connecticut (OT)
W,3-1

* State Tournament
** NCAA Tournament

Head Coach: Beth Anders

1984
(23-0)

Ohio St.
W,10-0
Maryland
W,1-0
James Madison
W,7-0
Toledo
W,9-0
Davis & Elkins
W,4-0
William & Mary
W,5-0
Stanford
W,9-0
Lehigh
W,5-1
West Chester
W,8-0
Richmond
W,2-0
Massachusetts
W,5-0
Connecticut
W,2-0
Iowa
W,1-0

* WIAA Tournament
** AAW Tournament Region II
*** AAW Nationals

Head Coach: Beth Anders

1985
(17-5-1)

Ohio St.
M,10-0
Maryland
M,1-0
James Madison
M,7-0
Toledo
M,9-0
Davis & Elkins
M,4-0
William & Mary
M,5-0
Stanford
M,9-0
Lehigh
M,5-1
West Chester
M,8-0
Richmond
M,2-0
Massachusetts
M,5-0
Connecticut
M,2-0
Iowa
M,1-0

* NCAA Tournament

Head Coach: Beth Anders

1986
(18-2-1)

North Carolina
W,2-0
Iowa
W,2-1
Virginia Commonwealth
W,2-0
New Hampshire
W,1-3
Northwestern
W,1-0
Virginia
W,2-1
Temple
W,2-1
Lehigh
W,5-1
American
W,5-0
James Madison
W,3-1
Boston University
W,1-1
Lehigh
W,5-2
Virginia
W,1-0
James Madison
W,3-2
Penn State (OT)
W,1-0

* NCAA Tournament

Head Coach: Melissa Magee

1987
(13-2)

Massachusetts
W,2-1
Northwestern
L,0-3
North Carolina
L,1-2
William & Mary (OT)
W,3-2
Iowa
W,5-1
North Carolina
L,0-4
Richmond
W,4-1
Loyola
W,6-0
Boston College (OT)
W,2-1
Connecticut
W,2-0
Iowa
W,4-0

* NCAA Tournament

Head Coach: Melissa Magee

1988
(26-1)

Maryland
W,4-2
Temple
W,2-1
Lock Haven
W,2-1
Virginia Commonwealth* W,2-0
James Madison
W,3-2
New Hampshire
L,1-3
Northwestern
L,1-0
Virginia
W,2-1
North Carolina*
W,3-1
North Carolina*
W,2-2
Northwestern*
W,1-0
Connecticut
L,2-3

* NCAA Tournament

Head Coach: Beth Anders

1989
(24-2)

Penn State
W,3-0
Duke
W,2-1
Massachusetts
W,4-1
New Hampshire
W,3-1
North Carolina
W,3-0
Northeastern
W,5-0
North Carolina
W,1-0
Richmond
W,5-0
Springfield
W,5-0
American
W,6-1
Loyola
W,7-0
Virginia
W,1-0
North Carolina
L,2-5
Northwestern
W,2-1
Maryland
W,7-1
Temple
W,6-0
Virginia Commonwealth
W,3-0
Richmond
W,7-0
American
W,8-0
James Madison
W,7-0
William & Mary
W,3-0
Massachusetts
W,2-1
Northwestern (OT)
W,2-1
North Carolina (OT) W,1-0

* NCAA Tournament

Head Coach: Beth Anders


Head Coach: Beth Anders

NCAA CHAMPIONS

Northern Illinois
W,5-4
Northwestern
W,5-4
Northeastern
W,5-4
North Carolina
W,4-0
Virginia Tech
W,1-0

* South Atlantic Conf Tournament
** NCAA Tournament

Head Coach: Beth Anders
### 1991
*(26-0)*

**NCAA CHAMPIONS**

- Northern Illinois
- Penn State
- Maryland
- Lafayette
- Boston University
- American
- William & Mary
- North Carolina
- Richmond
- Massachusetts
- Connecticut
- Virginia
- Duke
- North Carolina
- Iowa
- Temple
- James Madison
- Virginia
- Radford
- Loyola
- Radford
- William & Mary
- Northeastern
- Maryland
- North Carolina #

**CAA Tournament**

* # NCAA Tournament

**Head Coach: Beth Anders**

#### 1994
*(17-6-1)*

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Phoenix W,2-0</td>
</tr>
<tr>
<td>at Virginia W,2-0</td>
</tr>
<tr>
<td>at Richmond W,3-0</td>
</tr>
<tr>
<td>Providence W,6-1</td>
</tr>
<tr>
<td>at Massachusetts L,0-2</td>
</tr>
<tr>
<td>vs. Penn State W,2-1</td>
</tr>
<tr>
<td>James Madison W,3-2</td>
</tr>
<tr>
<td>James Madison* W,3-2</td>
</tr>
<tr>
<td>vs. JMU % W,2-1</td>
</tr>
<tr>
<td>vs. Richmond % W,3-1</td>
</tr>
<tr>
<td>vs. North Carolina (OT) T,1-1</td>
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</table>

*CAA games*  

**CAA Tournament**

* # NCAA Tournament

**Head Coach: Beth Anders**

#### 1995
*(16-9)*

<table>
<thead>
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<tbody>
<tr>
<td>Penn State W,7-0</td>
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<tr>
<td>James Madison L,1-1</td>
</tr>
<tr>
<td>vs. Massachusetts W,2-0</td>
</tr>
<tr>
<td>at North Carolina L,0-2</td>
</tr>
<tr>
<td>at Richmond W,2-0</td>
</tr>
<tr>
<td>vs. Maryland L,1-2</td>
</tr>
<tr>
<td>vs. Virginia (OT) L,1-2</td>
</tr>
<tr>
<td>vs. William and Mary W,1-2</td>
</tr>
<tr>
<td>vs. Virginia W,6-0</td>
</tr>
<tr>
<td>vs. Northeastern W,1-0</td>
</tr>
<tr>
<td>vs. James Madison # W,1-0</td>
</tr>
<tr>
<td>vs. America% W,2-0</td>
</tr>
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<td>vs. NCU% W,2-1</td>
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<td>vs. Iowa % (OT) W,1-0</td>
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*CAA games*  

**CAA Tournament**

* # NCAA Tournament

**Head Coach: Beth Anders**

#### 1997
*(22-3/6-0 CAA)*

<table>
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<tr>
<td>Wake Forest W,10-1</td>
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<tr>
<td>vs. American% W,11-0</td>
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<tr>
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<td>vs. Northeastern (OT) W,4-5</td>
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<td>at Virginia W,2-0</td>
</tr>
<tr>
<td>at Maryland (PS) L,2-3</td>
</tr>
<tr>
<td>at Providence W,1-0</td>
</tr>
<tr>
<td>at Duke W,2-1</td>
</tr>
<tr>
<td>at North Carolina (OT) L,1-0</td>
</tr>
<tr>
<td>at Virginia W,1-0</td>
</tr>
<tr>
<td>at Virginia W,9-1</td>
</tr>
<tr>
<td>vs. James Madison% W,10-0</td>
</tr>
<tr>
<td>at Massachusetts W,2-0</td>
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<td>at Virginia W,9-1</td>
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</tr>
<tr>
<td>at James Madison% W,3-1</td>
</tr>
<tr>
<td>at James Madison W,10-0</td>
</tr>
<tr>
<td>at James Madison* W,9-1</td>
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<tr>
<td>vs. Temple W,7-0</td>
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<td>at Temple W,6-0</td>
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<td>vs. Virginia Commonwealth W,10-0</td>
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*CAA games*  

**CAA Tournament**

* # NCAA Tournament

**Head Coach: Beth Anders**

#### 1998
*(17-7/5-0CAA)*

### 1999
*(17-7/5-0CAA)*

<table>
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<tr>
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<td>vs. Virginia W,1-0</td>
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<td>vs. Princeton W,2-3</td>
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<td>vs. Princeton W,2-3</td>
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*CAA games*  

**CAA Tournament**

* # NCAA Tournament

**Head Coach: Beth Anders**

#### 2000
*(25-1/5-0CAA)*

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<td>at Ball State W,2-1</td>
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<tr>
<td>at Ball State W,4-3</td>
</tr>
<tr>
<td>at #2 Michigan W,4-3</td>
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<tr>
<td>vs. #13 James Madison% W,3-1</td>
</tr>
<tr>
<td>vs. James Madison% W,3-1</td>
</tr>
<tr>
<td>vs. Virginia W,4-1</td>
</tr>
<tr>
<td>vs. Virginia W,4-1</td>
</tr>
<tr>
<td>vs. Virginia W,4-1</td>
</tr>
<tr>
<td>vs. Mary Washington W,1-0</td>
</tr>
<tr>
<td>at #15 Northeastern W,7-1</td>
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<tr>
<td>at #11 Northeastern W,7-1</td>
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<tr>
<td>at #9 Northeastern W,7-1</td>
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<td>at #20 Virginia Commonwealth W,2-0</td>
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<tr>
<td>at #20 Virginia Commonwealth W,2-0</td>
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<tr>
<td>vs. Virginia W,4-1</td>
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<tr>
<td>vs. Virginia W,4-1</td>
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*CAA games*  

**CAA Tournament**

* # NCAA Tournament

**Head Coach: Beth Anders**

#### 2001
*(18-5/3-0CAA)*

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<tr>
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<tr>
<td>vs. James Madison% W,4-2</td>
</tr>
<tr>
<td>vs. Virginia Commonwealth W,6-0</td>
</tr>
<tr>
<td>vs. Radford W,8-0</td>
</tr>
<tr>
<td>vs. James Madison% W,4-2</td>
</tr>
<tr>
<td>vs. Drexel W,2-0</td>
</tr>
<tr>
<td>vs. Virginia Commonwealth W,6-0</td>
</tr>
<tr>
<td>vs. Temple W,6-0</td>
</tr>
<tr>
<td>vs. Temple W,6-0</td>
</tr>
<tr>
<td>vs. Virginia W,7-0</td>
</tr>
<tr>
<td>vs. Virginia W,7-0</td>
</tr>
<tr>
<td>vs. Virginia W,7-0</td>
</tr>
<tr>
<td>at Virginia Commonwealth W,6-0</td>
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<tr>
<td>vs. Virginia W,7-0</td>
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<td>vs. Virginia W,7-0</td>
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<tr>
<td>vs. Virginia W,7-0</td>
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*CAA games*  

**CAA Tournament**

* # NCAA Tournament

**Head Coach: Beth Anders**

#### 2002
*(24-4/7-0CAA)*

<table>
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<tbody>
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<tr>
<td>#9 Kent State W,6-2</td>
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<tr>
<td>at Towson W,1-0</td>
</tr>
<tr>
<td>at #1 Maryland L,1-0</td>
</tr>
<tr>
<td>#15 Duke W,6-1</td>
</tr>
<tr>
<td>at #10 North Carolina L,1-0</td>
</tr>
<tr>
<td>at #11 Duke W,6-0</td>
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<tr>
<td>vs. William &amp; &amp; Mary W,4-1</td>
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<tr>
<td>#8 James Madison W,7-3</td>
</tr>
<tr>
<td>Virginia Commonwealth W,10-0</td>
</tr>
<tr>
<td>#14 Virginia W,11-0</td>
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<tr>
<td>at #15 Princeton W,3-1</td>
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<tr>
<td>at #17 Delaware W,1-0</td>
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<tr>
<td>at Harvard W,5-2</td>
</tr>
<tr>
<td>#1 Maryland W,1-0</td>
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</table>

*CAA games*  

**CAA Tournament**

* # NCAA Tournament

**Head Coach: Beth Anders**
### NCAA Tournament Year-by-Year

<table>
<thead>
<tr>
<th>Year</th>
<th>Round</th>
<th>Team 1</th>
<th>Score</th>
<th>Team 2</th>
<th>Score</th>
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<tr>
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<td>Connecticut</td>
<td>3</td>
<td>Old Dominion</td>
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<td>Third Place</td>
<td>Old Dominion</td>
<td>2</td>
<td>Long Beach St.</td>
<td>1 (2OT-PS)</td>
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<tr>
<td>1982</td>
<td>Second Round</td>
<td>Old Dominion</td>
<td>1</td>
<td>Northwestern</td>
<td>0</td>
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<tr>
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<td>Semifinals</td>
<td>Old Dominion</td>
<td>4</td>
<td>Penn State</td>
<td>3 (OT)</td>
</tr>
<tr>
<td>1982</td>
<td>Finals</td>
<td>Old Dominion</td>
<td>3</td>
<td>Connecticut</td>
<td>2</td>
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<tr>
<td>1983</td>
<td>Second Round</td>
<td>Old Dominion</td>
<td>8</td>
<td>North Carolina</td>
<td>0</td>
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<tr>
<td>1983</td>
<td>Semifinals</td>
<td>Old Dominion</td>
<td>3</td>
<td>Massachusetts</td>
<td>2</td>
</tr>
<tr>
<td>1983</td>
<td>Finals</td>
<td>Old Dominion</td>
<td>3</td>
<td>Connecticut</td>
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<td>Old Dominion</td>
<td>10</td>
<td>Virginia</td>
<td>0</td>
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<tr>
<td>1984</td>
<td>Semifinals</td>
<td>Old Dominion</td>
<td>2</td>
<td>Connecticut</td>
<td>1</td>
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<tr>
<td>1984</td>
<td>Finals</td>
<td>Old Dominion</td>
<td>5</td>
<td>Iowa</td>
<td>1</td>
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<tr>
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<td>First Round</td>
<td>Old Dominion</td>
<td>3</td>
<td>Virginia</td>
<td>1</td>
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<tr>
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<td>3</td>
<td>North Carolina</td>
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<td>5</td>
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<tr>
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<td>Princeton</td>
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<td>Old Dominion</td>
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</table>

### NCAA Tournament Individual Records

- **Most Goals - One Game:** 10 - Old Dominion (10) vs. Virginia (0), 11/11/84
- **Most Goals - Both Teams:** 11 - Old Dominion (7) vs. Maryland (4), 11/17/96
- **Most Goals Per Game - One Tournament:** 5.67 - Old Dominion, three games (1984)
- **Fewest Goals Per Game Allowed - One Tournament:** 0.00 - Old Dominion, three games (1990); Old Dominion, three games (1992)
- **Most Saves - One Game:** 36 - Missy Farwell, Virginia (2) vs. North Carolina (1), 11/10/84
- **Fewest Goals Per Game - One Tournament:** 0.00 - Kathy Fosina, Old Dominion, three games, 1990; Kim Decker, Old Dominion, three games (1992)

### NCAA Tournament Team Records

- **Most Goals - One Game:** 10 - Old Dominion (10) vs. Virginia (0), 11/11/84
- **Most Goals - Both Teams:** 11 - Old Dominion (7) vs. Maryland (4), 11/17/96
- **Most Goals Per Game - One Tournament:** 5.67 - Old Dominion, three games (1984)
- **Fewest Goals Per Game Allowed - One Tournament:** 0.00 - Old Dominion, three games (1990); Old Dominion, three games (1992)
- **Most Penalty Corners - One Game:** 31 - Old Dominion (10) vs. Virginia (0) 11/11/84
ALL-TIME RECORDS

GOALS

1. Maaike Hilbrand .......... 167
2. Marina DiGiacomo ....... 167
3. Christy Morgan .......... 86
4. Kim Miller ............... 82
5. Laura Knorr ............. 76
6. Tiffany Snow ............. 71
7. Jill Fisher ............... 70
8. Robin Smith ............. 66
9. Kelli James ............. 65
10. Danielle Chellew ....... 62

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1. Jill Reeve .................. 138
2. Winnifred Sanders ....... 134
3. Pam Neiss ................. 80
4. Marina DiGiacomo ....... 80
5. Carolyn Sarr ............. 66
6. Kelli James ............. 66
7. Cheryl Van Kuren ....... 61
8. Adrienne Yoder ......... 61
9. Mimi Smith ............... 50
10. Cathy Large ............ 49
10. Sue Callahan ........... 49

POINTS

1. Marina DiGiacomo ....... 414
2. Maaike Hilbrand ....... 372
3. Christy Morgan ......... 219
4. Kim Miller ............... 200
5. Kelli James ............. 196
6. Tiffany Snow .......... 181
7. Laura Knorr ............. 171
8. Jill Reeve ............... 170
9. Jill Fisher ............... 165
10. Winnifred Sanders .... 164

SHUTOUTS (CAREER)

1. Kathy Fosina ............. 1988-91
2. Kim Decker .............. 1992-95
3. Patti Shea ............... 1980-83
5. Donna Lee ............... 1979-82
6. Eileen Moyer ........... 1988-91
7. Michele Brennam ...... 1988-91
8. Lori Heywood .......... 1988-91
9. Andrea Wieland ....... 1987-92

GOALS AGAINST AVERAGE (CAREER)

1. Kathy Fosina ............. 1988-91
2. Evelien Spee .......... 1987-89

** Please note these records are constantly under review as research continues. If you have any knowledge of changes that need to be made, please contact the ODU Athletic Public Relations Office.

### Old Dominion Individual Records

<table>
<thead>
<tr>
<th>Category</th>
<th>Record</th>
<th>Year(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Most Goals Scored, Game: 8</td>
<td>Carina Benninga vs. Richmond</td>
<td>9/25/80</td>
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<tr>
<td>Most Goals, Single Season: 63</td>
<td>Marina DiGiacomo</td>
<td>2000</td>
</tr>
<tr>
<td>Most Assists, Game: 7</td>
<td>Heather Eastburn vs. VCU</td>
<td>11/2/96</td>
</tr>
<tr>
<td>Most Assists, Single Season: 64</td>
<td>Jill Reeve</td>
<td>1991</td>
</tr>
<tr>
<td>Most Points, Single Season: 151</td>
<td>Marina DiGiacomo</td>
<td>2000</td>
</tr>
<tr>
<td>Most Points, Career: 414</td>
<td>Marina DiGiacomo</td>
<td>1997-2000</td>
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<tr>
<td>Most Shutouts, Single Season: 21</td>
<td>Kim Decker</td>
<td>1992</td>
</tr>
<tr>
<td>Most Shutouts, Career: 70</td>
<td>Kathy Fosina</td>
<td>1988-91</td>
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### Old Dominion Team Records

<table>
<thead>
<tr>
<th>Category</th>
<th>Record</th>
<th>Year(s)</th>
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</thead>
<tbody>
<tr>
<td>Most Victories: 26 - 1988 (26-1) &amp; 1991 (26-0)</td>
<td></td>
<td></td>
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<tr>
<td>Best Winning Percentage: 1.000 - 1984 (23-0), 1991 (26-0) &amp; 1992 (25-0)</td>
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<tr>
<td>Best Home Record: 17-0 in 2000</td>
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<tr>
<td>Longest Home Winning Streak: 46 - 10/28/80 vs. Mary Washington to 10/22/85 vs. VCU</td>
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<tr>
<td>Most Goals Scored: 163 in 1992</td>
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<tr>
<td>Highest Scoring Avg.: 6.52 in 1992</td>
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<tr>
<td>Most Goals Allowed: 45 in 1996</td>
<td></td>
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</tr>
<tr>
<td>Fewest Goals Allowed: 4 in 1992</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Most Shutouts: 21 in 1992</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Most Goals in One Game: 16 vs. American (16-0) 10/6/89; vs. VCU (16-0) 11/2/96</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Most Shutouts in a row: 9 in 1989 &amp; 1991</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Old Dominion Hall of Fame

- 3 Old Dominion was the first school to win three consecutive NCAA national championships and the only school to do it twice. The Lady Monarchs pulled off the “three-peat” on two separate occasions, winning back-to-back-to-back titles in 1982, 1983, 1984 and again in 1990, 1991, 1992.
- 3 The Lady Monarchs have had three undefeated seasons (1984, 1991, 1992). In addition, during 17 years of Anders’ tenure, the team has had five or fewer losses.
- 3.0 The Old Dominion University field hockey program is a team steeped in excellence both on and off the field. Since 1989, the team has enjoyed a group GPA over 3.00.
- 4.0 Old Dominion University’s first-ever Rhodes Scholar was a product of the field hockey program. Sam Salvia (96) graduated with a perfect 4.0 GPA in environmental engineering.
- 66 Old Dominion is the only school to make an appearance in all 22 NCAA tournaments that have been held in field hockey. The Lady Monarchs have been to 15 Final Fours and won an unmatched nine championships trophies.
- 70 Old Dominion has won eleven of twelve conference championships held by the Colonial Athletic Association, including the last seven.
- 43 Old Dominion has produced 43 All-Americans, 31 Academic All-Americans, 11 former Olympians, nine CAA Players of the Year, eight CAA Tournament MVPs, five Rookies of the Year, and 15 members of the Old Dominion Hall of Fame.
- 2238 Beginning in 1990 and spanning through to part of the 1993 season, Old Dominion compiled what has become known as “The Streak,” a string of 66 wins against no losses. Of those 66 wins, 48 of them were shutouts.
- 22 Old Dominion has played 70 different teams in the history of the school’s field hockey program. The Lady Monarchs have an edge in all but nine of those opponent series.
- 70 Under head coach Beth Anders, Lady Monarch field hockey teams have outscored their opponents nearly six to one, scoring 2238 goals while allowing just 416 over 20 seasons.
The Colonial Athletic Association

Boasting a roster of 10 well-respected academic institutions, the Colonial Athletic Association continues to build on a proud history as one of the nation’s top collegiate conferences.

With a geographic footprint that stretches from the shadow of the Statue of Liberty to the beaches of North Carolina, the landscape of the CAA is dotted with major metropolitan areas that include New York (1), Philadelphia (4), Washington, D.C. (8) and Baltimore (24)

The CAA showcases the athletic and academic skills of some of the nation’s top student-athletes. On the playing field, the conference has produced 15 national team champions in four different sports, 28 individual national champions, 11 national coaches of the year and 10 national players of the year. In 2002-03, the conference sent two or more teams to the NCAA Tournament in seven different sports. The CAA has ranked as one of the nation’s top five conferences in four of the past six seasons. The CAA has ranked as one of the nation’s top five athletic programs by the National Association of College Directors of Athletics (NACDA) Academic Awards Program in each of the past six seasons. In 1999-2000, the CAA had 17 Verizon Academic All-Americans, 11 Honda Award winners, six NCAA Post-Graduate scholars and five Rhodes Scholars.

The conference has also excelled in many other sports. CAA schools have posted 12 wins over higher-seeded teams, including five Rhodes Scholars, 11 NCAA post-graduate scholars and 12 Honda Award winners. Last year, the CAA had 17 Verison Academic All-Americans, including six who were selected to the first team. Nearly 1,000 student-athletes posted at least a 3.2 grade point average while lettering in a varsity sport and received the CAA Commissioner’s Academic Award in 2002-03.

The CAA conducts championships in 21 sports. Male athletes compete for championships in baseball, basketball, cross country, golf, lacrosse, soccer, swimming & diving, tennis, track & field, wrestling and the Sears Directors Cup standings in recent years. Even more impressive, however, are the honors accumulated away from competition, which include five Rhodes Scholars, 11 NCAA post-graduate scholars and 12 Honda Award winners. Last year, the CAA had 17 Verison Academic All-Americans, including six who were selected to the first team. Nearly 1,000 student-athletes posted at least a 3.2 grade point average while lettering in a varsity sport and received the CAA Commissioner’s Academic Award in 2002-03.

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In men’s basketball, the CAA has earned a reputation as a “giant killer” in the NCAA Tournament. Since 1981, CAA schools have posted 12 wins over higher-seeded teams, including five Rhodes Scholars, 11 NCAA post-graduate scholars and 12 Honda Award winners. Last year, the CAA had 17 Verison Academic All-Americans, including six who were selected to the first team. Nearly 1,000 student-athletes posted at least a 3.2 grade point average while lettering in a varsity sport and received the CAA Commissioner’s Academic Award in 2002-03.

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LADY MONARCHS

- A -
Aardenburg, Willemien ........................................ 1984
Aikens, Maureen ................................................ 1983-85
Armstrong, Lisa .................................................. 1985
Augustine, Sarah .................................................. 1995-97
Barnes, Kim ........................................................ 1982
Bant, Lotte ........................................................... 2001-02
Baylor, Brianne .................................................... 1998
Bearor, Becky ...................................................... 1995-98
Behrens, Shelly .................................................... 1984-87
Benninga, Carina .................................................... 1980
Berrr, Jinger ........................................................ 1986
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Broadhurst, Lori .................................................... 1984
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Bruns, Carolin ..................................................... 1991
Burck, Kelly .......................................................... 1993-94
Callahan, Sue ....................................................... 1991-94
Carper, Crystal ..................................................... 1998-01
Chellson, Danielle ................................................ 1993-96
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Clark, Lois ............................................................. 1978
Cororan, Carol ..................................................... 1979-80
Creasy, Laura ........................................................ 1978-79
Currie, Lynn .......................................................... 1983-84
Cutler, Joyce ........................................................ 1982-85
Dano, Sue ............................................................. 1992-94
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Deckelman, Jen ..................................................... 1990
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DeHaas, Anneme .................................................. 1989
De Jager, Melanie .................................................. 2001
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Duvaer, Irene .......................................................... 1993
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Evans, Joey .......................................................... 1995-97
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Filo, JoAnn .......................................................... 1979
Fisher, Jill .............................................................. 1985-88
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Freeman, Marybeth ................................................ 1999-02

- G -
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Gockley, Dana ....................................................... 1992
Grady, Jackie ....................................................... 1983-86
Gulden, Wendy ..................................................... 1985-88

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Havens, Peggy ....................................................... 1979
Herrmann, Tara ..................................................... 1999-02
Hess, Heather ........................................................ 1994-96
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Hillbrand, Maaike .................................................. 1988-92
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LeFoose, Eveline ..................................................... 1992
Leonetti, Melissa .................................................. 2000-
Loy, Angie ............................................................ 2000-
Loy, Becky ........................................................... 1998-02

- M -
Maddox, Elizabeth .................................................. 2000-
McCargo, Nori ..................................................... 1986-88
Mahoney, Mary Beth ............................................. 1986-88
Mears, Adele ........................................................ 1982-83
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Miller, Ashleigh ..................................................... 1996-99
Miller, Kim ............................................................. 1996-99
Miracle, Julie ........................................................ 1998-01
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- N -
Neill, Laura ............................................................ 2003-01
Neiss, Karen ........................................................ 1991-94
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- O -
Olmstead, Dawn .................................................... 1995-98

- P -
Peterson, Carin ..................................................... 1983
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- R -
Rawston, Emma Sue ............................................... 1995
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Rhoades-Fisher, Casie .......................................... 1995-98
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Sarr, Carolyn ....................................................... 1986-89
Salvia, Sam .......................................................... 1992-95
Scholten, Brenda .................................................. 1977-78
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Sharpe, Elizabeth .................................................. 2001-
Shepherd, Jennifer ................................................. 1990-92
Simon, Heather ..................................................... 1994-97
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Snow, Tiffany ......................................................... 1999-02
Steadam, Laura ..................................................... 1998-02
Stewart, Amanda .................................................. 1982
Tillotson, Trish (Patricia) ......................................... 1977-80
Travis, Diane ......................................................... 1980
Tumas, Paula ......................................................... 1986-88

- V -
vander Rijt, Rosamaria ............................................ 1996-97
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van der Vaart, Dewi ................................................. 1992-93
van der Veldt, Danja .............................................. 1993
van Kuren, Cheryl ............................................... 1982-85
Veraart, Eveline ..................................................... 1983-84
Von Dassel, Catherine ............................................. 1981-82

- W -
Walker, Tina .......................................................... 1999-
Wallace, Cindy ..................................................... 1981-84
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Walton, Rhia .......................................................... 1977-78
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Wiest, Sheri ......................................................... 1994
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Wood, Tracy .......................................................... 1989
Sina Wulf ............................................................. 1997

- Y -
Yoder, Adrienne .................................................... 1998-01
Yost, Margie .......................................................... 1981-82


BETH MADDOX
LYNN FARGUHAR
<table>
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<tr>
<th>Name</th>
<th>Location</th>
<th>Major</th>
<th>Job</th>
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<tbody>
<tr>
<td>Denise O'Connell §</td>
<td>Virginia Beach, VA</td>
<td>Major: Physical Education</td>
<td>Job: Chiropractor</td>
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<tr>
<td>Deb (Turner) Fox §</td>
<td>Delaware</td>
<td>Major: Physical Education</td>
<td>Job: Environmental project supervisor</td>
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<td>Adele Means-Wenninger §</td>
<td>Delaware</td>
<td>Major: Criminal Justice</td>
<td>Job: Business administration</td>
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<tr>
<td>Christy Morgan §§-§'88</td>
<td>Virginia</td>
<td>Major: Physical Education</td>
<td>Job: Self-employed</td>
</tr>
<tr>
<td>Eveline Verraat §§</td>
<td>Delaware</td>
<td>Major: Sports Management</td>
<td>Job: Business administration</td>
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<tr>
<td>Diane (Brackenridge) Clauss §§-§'88</td>
<td>New York</td>
<td>Major: Business administration</td>
<td>Job: Pinnacle Software</td>
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<tr>
<td>Joyce Cutter §§</td>
<td>New York</td>
<td>Major: Physical Therapy</td>
<td>Job: Chiropractor</td>
</tr>
<tr>
<td>Dawn Hill §§-§'77</td>
<td>Delaware</td>
<td>Major: Physical Education</td>
<td>Job: Assistant Coach - University of Delaware</td>
</tr>
<tr>
<td>Cheryl Van Kuren §§-§'98</td>
<td>New York</td>
<td>Major: Sports Medicine</td>
<td>Job: Cardiac Rehab Manager</td>
</tr>
<tr>
<td>Denise O'Connell §</td>
<td>Virginia Beach, VA</td>
<td>Major: Physical Education</td>
<td>Job: Orthopedic Surgery Doctor</td>
</tr>
<tr>
<td>Cindy (Wallace) Hall §§</td>
<td>Virginia</td>
<td>Major: Marketing director</td>
<td>Job: Virginia</td>
</tr>
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**CLASS OF 1981**
- Greta Nicholson
  - Job: Master electrician contractor
  - Location: Virginia

**CLASS OF 1982**
- Judy Brinsfield
  - Job: International Field Hockey Umpire, Lafayette HS teacher & coach
  - Location: Williamsburg, VA

**CLASS OF 1983**
- Yogi (Hightower) Boothe §-§'88
  - Major: Health & Physical Education
  - Location: Maryland

**CLASS OF 1984**
- Kim Barnes §
  - Job: Lake Taylor High School teacher & coach
  - Location: Norfolk, VA

**CLASS OF 1985**
- Adele Means-Wenlinger §§
  - Major: Criminal Justice
  - Location: Delaware

**CLASS OF 1986**
- Diane (Brackenridge) Clauss §§-§'88
  - Major: Business administration
  - Location: New York

**CLASS OF 1987**
- Jackie (Grady) Gezahbe §-§
  - Job: Business teacher & coach
  - Location: Philadelphia, PA

**CLASS OF 1988**
- Shelly Betroms §
  - Major: Physical Education
  - Job: Head Coach, VCU
  - Location: Richmond, VA

**CLASS OF 1989**
- Jill Fisher §
  - Major: Biology
  - Job: Bio-research technician
  - Location: Philadelphia, PA

**CLASS OF 1990**
- Mary Lib DeTong §
  - Job: HS teacher and coach
  - Location: Norfolk, VA

**CLASS OF 1991**
- Mary Beth Bouc §
  - Major: Business
  - Location: Hartford, CT

**CLASS OF 1992**
- Karen Davis §§
  - Job: Private business
  - Location: Maryland

**CLASS OF 1993**
- Pam (Neiss) Stuper §§-§'
  - Job: Assistant Coach, Yale University
  - Location: Connecticut

**CLASS OF 1994**
- Carrie (Holsink) Rizzo §§
  - Major: Physical Education
  - Job: Elementary teacher and coach
  - Location: New York

**CLASS OF 1995**
- Suzanne (Danio) Konidas §
  - Major: Health & Physical Education
  - Job: Methodist High School teacher & coach
  - Location: Pennsylvania

**CLASS OF 1996**
- Kim Decker-Doreen §-§-§'
  - Major: Physical Education
  - Job: PE teacher
  - Location: Norfolk, VA

**CLASS OF 1997**
- Danielle Chellie —
  - Major: Marketing
  - Job: Sports Marketing
  - Location: DE

**CLASS OF 1998**
- Heather Hess ?
  - Major: Biology & Physical Therapy
  - Job: Physical Therapy
  - Location: NY

**CLASS OF 1999**
- Maizie Hilbrand §§-§'
  - Major: Business
  - Job: USA Field Hockey team
  - Location: Virginia Beach, VA

**CLASS OF 2000**
- Becky Beazor §
  - Major: Psychology/Counseling Coach
  - Job: Teacher / Coach

**CLASS OF 2001**
- Julie Miracle §
  - Major: Psychology
  - Job: Psychology & Counseling

**CLASS OF 2002**
- Tenille Williams §§
  - Major: Information Systems
  - Job: Computer

**CLASS OF 2003**
- Denita Acker §
  - Major: History
  - Job: Graduate Assistantship, ODU

**CLASS OF 2004**
- Crystal Carper §§
  - Major: Recreation Management
  - Job: Assistant Coach - James Madison Dita Inc.

**CLASS OF 2005**
- Becky Loy §§-§'
  - Major: Health & Physical Education
  - Job: Health & Phys., Teacher

**CLASS OF 2006**
- Katie Meyer §
  - Major: Biology
  - Job: Medical School / Sports Medicine

**CLASS OF 2007**
- Adrienne Yoder §§-§'
  - Major: Biology
  - Job: Biology Teacher

**CLASS OF 2008**
- Marybeth Freeman §
  - Major: Health & Physical Education
  - Job: Assistant Coach, Maryland

**CLASS OF 2009**
- Tara Herrmann §
  - Major: Biology
  - Job: Collegiate Asst Coach

**CLASS OF 2010**
- Tiffany Snow §
  - Major: Health & Physical Education
  - Job: University Of Assistant Coach

**CLASS OF 2011**
- Laura Steadman §§
  - Major: Psychology
  - Job: Psychology & Counseling

**CLASS OF 2012**
- Kim Miller §
  - Major: Psychology
  - Job: USA Field Hockey, Social Services

**CLASS OF 2013**
- Kim Miller (Fofter) §-§'
  - Major: Psychology
  - Job: USA Field Hockey, Social Services

**CLASS OF 2014**
- Dani Derr-VanNatta §
  - Major: Business Management
  - Job: Housewife

**CLASS OF 2015**
- Samanta Salvia §-§'
  - Major: Civil Environmental
  - Job: Engineer

**CLASS OF 2016**
- Ashleigh Miller §
  - Major: Health & Physical Education
  - Job: PE Teacher

**CLASS OF 2017**
- Kim Miller (Fofter) §-§'
  - Major: Psychology
  - Job: USA Field Hockey, Social Services

**CLASS OF 2018**
- Marina DiGiacomo §§-§'
  - Major: Interdisciplinary Studies
  - Job: Communication, Argentina

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**Note:**
- §- Indicates member of a National field hockey team
- Year- Indicates Olympian, and year of participation
- Indicates National Championships won
- Indicates All-American honoree
- Indicates Academic All-American honoree

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**NINE TIME NCAA CHAMPIONS:**
- 1983
- 1984
- 1988
- 1990
- 1991
- 1992
- 1998
- 2000

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**HOME:**
- Colonial High School
- Colonial High School
- Colonial High School
- Colonial High School
- Colonial High School
- Colonial High School
- Colonial High School
- Colonial High School
- Colonial High School

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**ON:**
- Colonial High School
- Colonial High School
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**WHERE ARE THEY NOW?:**
- Colonial High School
- Colonial High School
- Colonial High School
- Colonial High School
- Colonial High School
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- Colonial High School
- Colonial High School
- Colonial High School
he Old Dominion University Athletic Department offers a wide variety of programs to assist the academic and personal well-being of the student-athlete. These programs are overseen by Tianna Scott, the academic advisor for student-athletes, and April Brecht, the Life Skills Program director. Their offices are located in Webb Center, within convenient access to all the student-athletes. Among the programs available to all student-athletes:

**SUPERVISED STUDY SESSIONS**

Supervised study sessions are required for all freshmen and transfer student-athletes, and organized according to the needs of the individual for upperclassmen. Study sessions meet in a variety of locations across campus, for a minimum of two hours per night, three nights per week.

**“RISING STARS” - THE LIFE SKILLS PROGRAM**

The Life Skills Program provides a comprehensive approach to the overall academic and personal development of student-athletes at Old Dominion University. With the student-athlete welfare in mind, the Athletic Department provides:

**The Academic Commitment**
- Academic, major choice and career counseling
- Academic advising - class scheduling and eligibility review
- Supervised study sessions three times per week
- Tutoring program by request and/or referral
- Computer room with specialized programs (Writing Tutor, Grammar Tools, Quatro, Word Perfect, etc.)
- Study Group sessions
- ELS 101 (University Orientation) class
- Academic progress/attendance reports during each semester
- Rising Stars monthly Life Skills newsletter articles
- Complementary campus programs (Instant study skills)
- Retention groups, probation groups, assessment instruments
- Intervention - illness, injuries, etc. reported to faculty

**The Athletic Commitment**
- Title IX information, coach and support staff standards of conduct, the coach as a teacher, departmental operations and standards, and athletic support program information
- Team-building and conflict resolution intervention/training

**The Personal Development Commitment**
- Educational programming for new students and teams: Understanding Values, Appreciating Diversity, Personal Health (Sexual Responsibility, Alcohol Choices, Stress Management), Interpersonal Communication and Media Relations, Social Development, and Fiscal Responsibility.
- Networking and appropriate campus program promotion
- Rising Stars newsletter - includes study skills, motivational and inspirational items, plus a calendar of coming events

Above, Students can, by request, receive tutoring from fellow students.

◆ SAMs Program - Student-Athlete Mentor Peer Advising Program

**The Service Commitment**
- Monarch ReachOut service project referrals and contacts.
- Campus/community service through SAMs and class credit

**The Career Development Commitment**
- Networking and referral are provided in cooperation with our career management center
- Educational programming and career
- ELS 121 (Career Planning) class
- Interview, cover letter, and resume techniques

**SAM - STUDENT ATHLETE MENTORS**

The Student-Athlete Mentor (SAM) is a peer advising program. SAMs are nominated and elected by their peers. The goal is for each athletic team to have at least one SAM. A SAM on the team can help provide leadership, help teammates with problems, provide support for freshmen, answer questions, and refer teammates to University support services. SAMs are elected on a yearly basis and any upperclassmen may be chosen by their peers to serve as a SAM. All SAMs participate in a training program following elections.
Old Dominion University has been represented on the field hockey turf since 1974 when first-ever coach Carol Anthony and her squad played nine games, going just 1-7-1. Since then, one of the biggest and brightest dynasties in the sport has been calling Foreman Field in Norfolk its home.

The years that followed saw a slow but steady improvement for Old Dominion’s field hockey team. Current Senior Associate Athletic Director Mikki Baile guided the team from 1975-1979, when it improved from a 3-6-2 club in ’75 to an 11-7 club in ’78.

In 1980, current head coach Beth Anders took over the helm of the program and began the team’s quest for excellence in the world of field hockey. Over 21 seasons, Anders has compiled a 407-60-7 record for an impressive .866 winning percentage. The nation’s winningest field hockey coach, Anders recently became the first Division I coach to reach 400 career victories and only the third coach ever to do so.

In her first season at the helm, Anders’ club was 18-4 finishing fifth in the AIAW. In just her third year as a college head coach, Anders won her first NCAA title. In 1982, the team was 20-1, beginning a legacy that would stand unmatched through the present day. In 1983, the team lost just one game (19-1) en route to their second NCAA championship. Then in 1984, Old Dominion became the first school to win three consecutive national championships when the Lady Monarchs went through the season with a perfect 23-0 record.

In 1985 and 1986, Anders took a leave of absence to coach the US National team. Under Melissa Magee, Old Dominion continued its success with a 38-9-1 mark over the two years. Upon Anders’ return, the team went 17-5-1 in 1987 and 26-1 in 1988, winning their fourth national title.

The juggernaut that had already established itself as the premier field hockey program in the country would see its best days after its first three championships. The most impressive feats in the history of Old Dominion field hockey would take place in the early 1990’s, quieting those who believed success was just a fluke.

In 1990, the Lady Monarchs went 23-2-1 en route to winning their
fifth NCAA trophy. At the tail end of the season, the club began what became known as “The Streak,” a string of 66 wins that spanned the ’90, ’91, ’92, and ’93 seasons with 48 shutout victories included. In 1991 and 1992, the team enjoyed back-to-back perfect seasons, compiling an impeccable 51-0 record over the two additional national championship seasons. With the wins, Old Dominion became the only team in field hockey history to complete the “three-peat” two different times.

In addition to the impressive winning ways of the Old Dominion program in the early ’90’s, the Lady Monarch teams showed complete domination on both ends of the field. During that three year span, Old Dominion outscored their opponents by a 325-26 margin. The team allowed just four goals in the 1992 season while scoring 163.

In postseason NCAA play, Old Dominion owns an impressive 41-13 record, winning 77% of its tournament games. Old Dominion’s mark is boldly strewn over the NCAA record books as well. The team holds several NCAA team and individual records. Of the top ten goal-scorers in the NCAA, three are from Old Dominion, including the leader. In points and assists, seven of the top 10 are former Old Dominion players while two of the top nine goalkeepers are also former Lady Monarchs.

Not only does the Old Dominion field hockey team succeed on the field, but the program is proud of its off-field accomplishments as well. The University’s first-ever Rhodes Scholar, Samantha Salvia, was a 1996 graduate of the team while several players earn Academic All-American honors each season. Last season, 13 field hockey players made the Dean’s List…the second most of any one individual sport at Old Dominion. The program has produced 31 different Academic All-Americans and has had a team GPA of 3.0 or higher since 1989.

Continued success has followed many Lady Monarch alumni. Anders’ infectious love of the game has continued through her former players with 23 of them coaching in the high school or college ranks. Many of those former players return to the friendly confines of Foreman Field during the summer months in an effort to perpetuate the legacy through summer youth camps.

Though a handful of teams have exhibited their own superiority, no other team has enjoyed the longevity of success that has been part of Old Dominion’s field hockey team. When the sport was in its fledgling years, the Lady Monarchs were taking strides to move toward and stay at the front of the pack. With a steady and unchanged commitment to excellence over nearly two decades, Old Dominion remains the strongest foe in the world of collegiate field hockey.
<table>
<thead>
<tr>
<th>ALL-AMERICANS</th>
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<tbody>
<tr>
<td>Willemmien Aardenburg</td>
<td>1984 (1)</td>
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<tr>
<td>Diane Bracalente</td>
<td>1982 (1), 1984 (1)</td>
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<tr>
<td>Sue Callahan</td>
<td>1993 (1), 1994 (1)</td>
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<td>Danielle Chellw</td>
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<td>Kim Decker</td>
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<td>Marina DiGiacomo</td>
<td>1999 (1), 2000 (1)</td>
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<tr>
<td>Lisa Doran</td>
<td>1989 (2)</td>
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<td>Kelly Driscoll</td>
<td>1998 (3)</td>
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<tr>
<td>Jill Fisher</td>
<td>1987 (HM), 1988 (1)</td>
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<tr>
<td>Jackie Grady</td>
<td>1985 (HM), 1986 (1)</td>
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<tr>
<td>Tara Herrmann</td>
<td>2002 (1)</td>
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<tr>
<td>Yogi Hightower</td>
<td>1981 (1), 1982 (1)</td>
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<td>Maaike Hilbrand</td>
<td>1991 (1), 1992 (1)</td>
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<tr>
<td>Dawn Hill</td>
<td>1985 (1)</td>
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<tr>
<td>Jamie Hill</td>
<td>1998 (1)</td>
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<td>Mary Beth Holder</td>
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<tr>
<td>Kelli James</td>
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<tr>
<td>Laura Knorr</td>
<td>1991 (2), 1992 (2)</td>
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<td>Cathy Large</td>
<td>1987 (1)</td>
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<td>2002 (3)</td>
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<tr>
<td>Becky Bearer</td>
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<td>Sue Dano</td>
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<td>1993, 1994</td>
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<td>Kim Decker</td>
<td>1994, 1995</td>
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<tr>
<td>Melanie Delager</td>
<td>2001</td>
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<tr>
<td>Janelle Engle</td>
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</tr>
<tr>
<td>Lynn Farquhar</td>
<td>2001, 2002</td>
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<tr>
<td>Cassie Fisher</td>
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<tr>
<td>Lisette Fortanian</td>
<td>1998</td>
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<tr>
<td>Tara Herrmann</td>
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<td>Maaike Hilbrand</td>
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<td>Cora Geradi</td>
<td>2002</td>
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<td>Mary Cate Gordon</td>
<td>1995, 1996</td>
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<td>Heather Hess</td>
<td>2001</td>
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<tr>
<td>Becky Loy</td>
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<td>Jenna McLane</td>
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<td>Julie Miracle</td>
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<td>Ashleigh Miller</td>
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<td>Casie Rhoades</td>
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<td>Samantha Saliva</td>
<td>1993, 1994, 1995</td>
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<td>Rosemarie van der Rijt</td>
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<td>Tina Walker</td>
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<tr>
<td>Willemmien Aardenburg</td>
<td>1984</td>
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<tr>
<td>Diane Bracalente</td>
<td>1982, 1984</td>
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<td>Jill Fisher</td>
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<td>Cathy Large</td>
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<tr>
<td>Winnifred Sanders</td>
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<tr>
<td>Pam Neiss</td>
<td>1990, 1991</td>
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<tr>
<td>Jill Reeve</td>
<td>1991</td>
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<td>Winnifred Sanders</td>
<td>1998</td>
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<td>Jen Shepherd</td>
<td>1992</td>
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<tr>
<td>Mimi Smith</td>
<td>1997</td>
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<tr>
<td>Robin Smith</td>
<td>2000, 2001</td>
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<tr>
<td>Staci Smith</td>
<td>1997, 1998</td>
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<tr>
<td>Laura Steadman</td>
<td>2001</td>
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<tr>
<td>Marjolijn van der Sommen</td>
<td>20000</td>
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<tr>
<td>Machel van der Vaart</td>
<td>1990</td>
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<tr>
<td>Cheryl Van Kuren</td>
<td>1985</td>
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<tr>
<td>Eevine Veraat</td>
<td>1983</td>
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<tr>
<td>Jennifer Walsh</td>
<td>1983</td>
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<tr>
<td>Ingrid Wolf</td>
<td>1983</td>
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</table>

Old Dominion’s first Rhodes Scholar
Field hockey alumni Samantha Saliva graduated from Old Dominion in August 1996 as one of the University’s most accomplished student athletes. The Norristown, PA native won several awards during her four years, including 1996 NCAA Woman of the Year finalist, CFCA Academic All-American, Old Dominion University Presidential Scholar, and All-Colonial Athletic Association First Team honors. After finishing graduate work at Oxford University, she is currently employed with an engineering firm in San Francisco, California.
CAA PLAYERS OF THE YEAR

CAA ROOKIES OF THE YEAR
1995  Mimi Smith
1997  Marrina DiGiacomo
1998  Adrienne Yoder (Co-Rookie)
2000  Angie Loy
2001  Lotte Bant

CAA TOURNAMENT MVP'S
1991  Carolin Bruns
1992  Robin Smith
1996  Danielle Chellew (Co-MVP)
1997  Marina DiGiacomo
1998  Marina DiGiacomo
1999  Marina DiGiacomo
2000  Marina DiGiacomo
2001  Adrienne Yoder
2002  Tiffany Snow

CAA DEFENDERS OF THE YEAR
1998  Mimi Smith
2000  Adrienne Yoder
2001  Adrienne Yoder (Co-Defensive)

CAA COACH OF THE YEAR
Beth Anders

HONORED LADY MONARCHS

CAA ROOKIES OF THE YEAR

CAA TOURNAMENT MVP'S

CAA DEFENDERS OF THE YEAR

CAA COACH OF THE YEAR
Since 1982, when most elite field hockey players in the nation are named winners of the prestigious Honda Award, chances are you’ll find a player from Old Dominion University. The Lady Monarchs hold the distinction of having produced the most Honda Award winners with six.

The first Lady Monarch to earn this award was Yogi Hightower in 1983. She helped lead the Lady Monarchs to their first NCAA national championship in the fall of 1982. During her four years at Old Dominion, Hightower earned All-American honors twice.

In 1985 Christy Morgan, a three-time All-American, was the Honda Award recipient. She was a part of three NCAA National Championship teams from 1982-85. Morgan was the university’s Female Athlete of the Year in 1985 and completed her career with 86 goals and 133 career points.

Kelli James picked up the hardware in 1993 after leading Old Dominion to the 1992 title, their third straight. James was a two-time All-American and CAA Player of the Year in 1992. James completed her career with 66 assists and 196 points.

In 1999 the award came full circle when Mimi Smith received the honor. Smith played for Yogi Hightower at Ocean Lakes High School in nearby Virginia Beach, Va. Smith was one of the nation’s top defensive players and helped lead Old Dominion to the NCAA National Championship in 1998.

Marina DiGiacomo, earned the honor in 2000 as the Lady Monarchs captured their ninth NCAA National Championship. DiGiacomo was a four-time CAA Player of the Year and Tournament MVP. As a senior she led the nation in points (151), goals (63) and goals per game (2.4) on route to becoming the NCAA’s all-time leading scorer with 167 goals, 80 assists, and 414 total points.

Old Dominion’s most recent winner, Tiffany Snow, earned the award in 2002 after leading the country in points (3.0) and goals (1.2) per game. A two-time All-American and the 2002 CAA Player of the Year, Snow completed her career ranked sixth on the ODU all-time scoring leaders list with 71 goals, 90 assists, and 181 points.
When it comes to participation and influence in the sport of Olympic field hockey, no other school is more convincing than Old Dominion University. From current coaches to former players, Old Dominion has produced a number of field hockey players representing the United States on a national and international level.

The reach of Old Dominion’s field hockey Olympians is wide and deep. Dating back to 1980, the Lady Monarchs have had at least one participant in each of the Olympic games through 2000. From Old Dominion field hockey alumni to the coaching staff, several Lady Monarchs have been involved with the most prestigious of international sporting events.

Men have been representing the United States in field hockey competition since 1932, but it wasn’t until the Moscow Olympics in 1980 that women’s field hockey was introduced. In that Olympiad, Zimbabwe, Czechoslovakia, and the USSR finished in medal spots with a third-ranked United States left out of competition because of a political boycott. Team captain Beth Anders was thus forced to wait another four years for a chance at international gold.

In 1984, however, two-time captain Anders and the U.S. field hockey contingent finally realized their medal dreams by winning the bronze. It was during those games that Anders set an Olympic scoring record that still stands today. In its five-game competition, the U.S. team scored nine goals...eight of them coming from the stick of Anders. In addition to Anders, two other players represented the Lady Monarchs as alternates at the Los Angeles Olympics, Yogi Hightower (‘82) and Christy Morgan (‘84) heralded the international influence of Old Dominion that would grow to span more than a dozen years.

In the 1988 Seoul Olympics, Old Dominion produced four members of the Olympic squad in Hightower, Morgan, Diane Bracalente (‘84), and Cheryl van Kuren (‘85). Similarly, Jill Reeve (‘92) and Kelli James (‘92) represented the United States at the 1996 Atlanta Olympic games as the U.S. team finished in fifth place.

What makes Old Dominion and its influence more impressive however it that it spans not only our native United States, but several other countries, including the Netherlands. In 1988 in Seoul, Willimien Aardenburg (‘84), Carina Benninga (‘80), and Ingrid Wolf (‘83) represented the bronze-medal winning Dutch team. Macha van der Vaart (‘90) helped the Dutch team repeat as bronze medallists at the 2000 Olympics in Sydney, Australia.

Anders is currently coaching the U.S. National Team in its quest for a bid to the 2004 Olympics in Athens, Greece and its mission to return to the medal platform for the first time since 1984. Two Lady Monarchs are currently donning the red, white, and blue for the national team as it prepares for the Pan American games, the qualifier for the Olympic summer games. Reeve and Mimi Smith (‘99), an alternate, will lead the U.S. delegation to Santo Domingo, in the Dominican Republic for the Pan Am games from August 2nd to 13th.

### Lady Monarch Olympians

<table>
<thead>
<tr>
<th>Year</th>
<th>City</th>
<th>Country</th>
<th>Player</th>
</tr>
</thead>
<tbody>
<tr>
<td>1980</td>
<td>Moscow, USSR</td>
<td>USA</td>
<td>Beth Anders</td>
</tr>
<tr>
<td>1984</td>
<td>Los Angles, USA</td>
<td>USA</td>
<td>Beth Anders</td>
</tr>
<tr>
<td>1988</td>
<td>Seoul, South Korea</td>
<td>USA</td>
<td>Yogi Hightower, Christy Morgan, Diane Bracalente, Cheryl Van Kuren, Willemien Aardenburg, Carina Benninga, Ingrid Wolf</td>
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### Lady Monarch Olympians

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<thead>
<tr>
<th>Year</th>
<th>City</th>
<th>Country</th>
<th>Player</th>
</tr>
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<tbody>
<tr>
<td>1992</td>
<td>Barcelona, Spain</td>
<td>Netherlands</td>
<td>Carina Benninga, Ingrid Wolf</td>
</tr>
<tr>
<td>1996</td>
<td>Atlanta, USA</td>
<td>USA</td>
<td>Kelli James, Jill Reeve</td>
</tr>
<tr>
<td>2000</td>
<td>Sydney, Australia</td>
<td>Netherlands</td>
<td>Maacha van der Vaart</td>
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DONNA DOYLE SMITH
Donna Doyle Smith was a leader on and off the playing fields and courts starring in three sports as a student. She became her college’s first women’s physical education graduate and later helped establish the first scholarship fund for women athletes at Old Dominion University. A star on campus in basketball, field hockey, and tennis, the dean’s list student became the namesake for the first athletic scholarship fund for women at ODU in 1975. Named the most outstanding female athlete at the Norfolk Division of William and Mary (now ODU) in 1955, she became this school’s first women’s physical educator graduate in 1958. The Donna Doyle Athletic Scholarship Fund provides scholarship support to female athletes in women’s sports at the university.

INDUCTED 1980

JEAN WHITEHURST
An all-state basketball forward and an all-tournament field hockey player, Jean Whitehurst has made substantial contributions to the university and its athletic program since graduating with a BS degree in Medical Technology in 1956. Whitehurst received the Distinguished Alumni Award in 1980 after serving on the Alumni Association board of directors for 20 years. An eight-year member of the Old Dominion University Intercollegiate Foundation board, she chaired the Donna Doyle committee for five years that has raised more than $100,000 for women’s sports scholarships.

INDUCTED 1984

YOGI HIGHTOWER
Yolanda “Yogi” Hightower was a vital part of Old Dominion University’s rise as a national power in women’s field hockey. During her four seasons at ODU, Hightower earned All-American honors twice and was a two-time member of the NCAA All-Tournament squad. The Virginia Beach, VA, native completed her career with 62 career points, which ranks her fifth on the all-time scoring list at ODU. She had 48 career assists which places her third on the ODU all-time list. Hightower’s field hockey career didn’t stop after her ODU playing days were over. Yogi was a member of the United States national field hockey team. She competed in the 1987 Pan American Games, was an alternate on the 1984 U.S. Olympic team and was one of seven former Lady Monarchs to represent ODU in the 1988 summer games. Hightower earned her degree in health and physical education and has served as an assistant coach at ODU for field hockey and lacrosse.

INDUCTED 1989

CHRISTY MORGAN
Christy Morgan is the only three-time All-American in ODU field hockey history, and is the only field hockey player in NCAA history to earn a spot on the all-tournament team four times. Morgan earned the sports top honor in 1985 as she was awarded the Broderick Cup, as being the nation’s top female collegiate athlete. During her four years, ODU won three consecutive NCAA national Championships from 1981-84. Morgan completed her career as ODU’s all-time leading scorer with 86 career goals and 133 career points. She is also the school’s fifth all-time assist leader with 47. During her career at ODU, Morgan was a member of the World Cup team, an alternate on the 1984 United States Olympic squad and later a member of the 1988 United States Olympic team, organ graduated in 1985 from Old Dominion University with a degree in Health and Physical Education.

INDUCTED 1990

DIANE BRACALENTE
One of the main cogs of the most awesome collegiate field hockey teams ever assembled. Bracalente twice earned All-America honors. During her four years as a Lady Monarch, Old Dominion compiled a 75-4-2 record. This included three NCAA national championships and one third place finish. In 1984 she captained the 23-0 team with fellow Hall of Famer Christy Morgan. That squad outscored their opponents 127-10, outshot them 625-135 and registered 15 shutouts. The Quakertown, Pa., native competed in field hockey on the national and international level, including the Olympic Festival. In 1988 she was one of four Lady Monarchs to represent the United States in the Olympic Games in Seoul, Korea. Bracalente earned her degree in sports management.

INDUCTED 1991

CHERYL VAN KUREN
An Olympian and All-American, Cheryl Van Kuren was an outstanding field hockey player at Old Dominion from 1982-85. She is Old Dominion’s second all-time career assist leader with 61. Van Kuren helped anchor the Lady Monarchs as they amassed an 82-9 record with three NCAA championships and one runners-up finish. Van Kuren was a two-time All-American selection and was selected to the NCAA All-Tournament team in 1985. In addition to the 61 assists, she scored 18 goals and compiled 79 career points which ranks her fifth on Old Dominion’s all-time point list. During the 1984 season she assisted on 37 goals and set an Old Dominion and NCAA Tournament record with six assists in one game against Virginia on Nov. 11, 1984. Van Kuren competed on the national and international level in field hockey as an undergraduate. She participated in the Olympic Sports Festivals, on the U.S. National team and in 1988 she competed in the summer Olympic Games in Seoul, Korea for the United States. The Coopersburg, Pa., native graduated with a bachelor’s degree in sports medicine and earned a Master’s degree in exercise science and wellness.

INDUCTED 1991

DAWN HILL
Dawn Hill was a four-year letterwinner and part of a dynasty which won three NCAA Field Hockey National Championships. Hill helped lead the Lady Monarchs to NCAA titles in 1982, 1983, and 1984 and was the teams leading scorer with 29 goals in 1985 as ODU took second in the NCAA Championships. That season, Hill established an NCAA record with six goals in four tournament games. Hill completed her four-year career at Old Dominion with 45 goals, seven assists and 52 total points. She ranks seventh in career goals and ninth in career points. In 1985 Hill was named first-team All-American, first-team All South Region and was named to the NCAA All-Tournament squad. She also competed in the United States Olympic Festivals in field hockey. The native of New Castle, DE graduated in 1986 with a degree in Health and Physical Education.

INDUCTED 1992

CATHY LARGE
Cathy Large was an outstanding athlete in both field hockey and lacrosse. She was a first team All-American in field hockey and was a member of the 1984 NCAA National Championship team. She completed her field hockey career with 24 goals, 49 assists, and 73 total points. She ranks sixth in assists all-time and ninth all-time in points at Old Dominion. Large was the Alumni Association’s Female Athlete-of-the-Year both as a junior in 1987 and senior in 1988.

INDUCTED 1993
JILL FISHER

Jill Fisher was a two-sport star in both field hockey and lacrosse at Old Dominion. She co-captained the 1988 NCAA field hockey national championship squad that went 26-1. Fisher earned first team All-American honors as a senior and honorable mention All-American honors as a junior. She compiled 70 career goals, 25 career assists, and 95 career points. Fisher also competed in three Olympic Sports Festivals, along with the U.S. National team and the Under-21 field hockey team. She graduated with a degree in biology in 1989.

INDUCTED 1994

JACKIE GRADY

Jackie Grady was a two-sport standout in both field hockey and lacrosse at Old Dominion, and served as a captain for both teams. She was a two-time field hockey All-American in the fall of 1985 and 1986, and was named to the 1985 NCAA field hockey National Championship All-Tournament squad. Grady played on two NCAA national championship field hockey teams in 1983 and 1984. In all, Grady helped lead the Lady Monarchs to a 80-10-2 record during her four seasons. The native of Drexel Hill, Pa., completed her career at Old Dominion as the school’s sixth all-time goal scorer with 50, seventh all-time assist leader with 38 and fifth all-time points leader with 88. Grady graduated in 1988 with a degree in health and physical education.

INDUCTED 1995

KATHY FOSINA MUSTAIN

When Kathy Fosina completed her career in the fall of 1991, she had the lowest goals against career average in NCAA history at 0.48 and 71 career shutouts. In all, she was a part of three NCAA National Championship squads in 1988, 90 and 1991. The 1991 team allowed only ten goals and went 26-0 on the season. In 1990, Fosina did not allow a goal in the three NCAA Tournament matches and was a member of the 1990 USA National Field Hockey squad. In 1989, she was named to the NCAA Championship All-Tournament team. During her four years at Old Dominion the Lady Monarchs compiled a 99-5-1 record and won their last 36 matches. Fosina was the first Old Dominion student athlete to receive the NCAA Women’s Enhancement Program Post Graduate scholarship. She was a three-time Academic All-State selection and in 1992 was selected to the GTE/CoSIDA Academic All-District squad. The Virginia Beach, Va., native graduated from Old Dominion in 1992 with a degree in health and physical education.

INDUCTED 1989

PAM NEISS

Pam Neiss was a two time All-American and member of three NCAA National Championship teams. During the four years, the Lady Monarchs compiled a 99-5-1 record, which included winning the last 36 matches. Neiss completed her career with 80 career assists, 22 goals and 102 career points. She ranked third all-time in NCAA history in career assists, after graduation. Neiss earned All-American honors in 1990 and 1991. She also earned All-CAA in 1991, All-South Region honors in 1990 and 1991 and was named to the NCAA All-Tournament team in 1990 and 1991. Neiss was the first Lady Monarch field hockey player to achieve First Team GTE/CoSIDA Academic All-American honors in 1991. She was also a member of the U.S. National Field Hockey squad while at Old Dominion. The Lancaster, Pa., native graduated with a degree in health and physical education.

INDUCTED 1998

CAROLYN SARR

Carolyn Sarr helped lead the Lady Monarchs to two straight NCAA National Championship field hockey appearances in 1988 and 1989. The Granby, Ct. native was a first team All-American and All-South Regional selection in 1989 at the midfield position. In four seasons, her teams posted a stellar 85-10 record. Her 45 assists in 1989 was the second best in school history. She completed her career with 66 assists, 76 total points and ten goals. Sarr ranks fifth all-time at Old Dominion in assists. Not just a standout in field hockey, Sarr excelled in lacrosse, lettering the sport three times. Her leadership qualities earned her captain spots on both, the field hockey and lacrosse teams. Sarr graduated in 1990 with a degree in elementary education.

INDUCTED 2000

ROBIN SMITH

Robin Smith was an integral part in the Lady Monarchs field hockey dominance in the early 1990’s. She helped lead Old Dominion to three straight NCAA National Championships and was a three-time NCAA All-Tournament selection in 1990, 1991 and 1992. During her four years at Old Dominion, the Lady Monarchs compiled a 98-4-1 record, and two undefeated seasons. A two-time All-American, Smith was a member of the United States National field hockey team from 1990 to 1992, and played on the 12th ranked 1990 World Cup team and the 1991 bronze medal team at the Pan American games. The three-time All-South Region pick completed her career with 66 goals, 18 assists for 150 points. Smith graduated with a degree in business management.

INDUCTED 2001

MAAIKE HILBRAND

Maaike Hilbrand from Amstelveen, Holland was one of the most dominant field hockey players in Lady Monarchs history. She earned All-American honors both on and off the field, leading the Lady Monarchs to three NCAA National Championships. She completed her career with 167 career goals which places her second all-time nationally with Marina DiGiacomo, also from Old Dominion. Her 372 career points places her third all-time in NCAA history. Hilbrand led the nation in goals scored and total points all four years she competed. Maaike earned first team All-American honors in 1991 and 1992 and was a Second Team GTE/CoSIDA Academic All-American selection. She graduated with a degree in marketing in 1993.

INDUCTED 2002

KELLI JAMES

Kelli James was a two-time All-American field hockey player, leading Old Dominion to NCAA national championships in 1988, 1990, and 1992. In 1992, James became one of an impressive list of Lady Monarch field hockey players to win the coveted Honda Award as the nation’s top player in her sport leading the nation in scoring with 131 points and 59 assists after graduation. Neiss earned All-American honors in 1990 and 1991. She also earned All-CAA in 1991, All-South Region honors in 1990 and 1991 and was named to the NCAA All-Tournament team in 1990 and 1991. Neiss was the first Lady Monarch field hockey player to achieve First Team GTE/CoSIDA Academic All-American honors in 1991. She was also a member of the U.S. National Field Hockey squad while at Old Dominion. The Lancaster, Pa., native graduated with a degree in health and physical education.

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INDUCTED 1998

Old Dominion University opened its doors 73 years ago in an abandoned public school building with 206 students as the Norfolk Division of the College of William and Mary, and became an independent institution in 1962. Today, the University enrolls more than 20,000 students, including approximately 6,000 graduate students. Its 188-acre Norfolk campus is the primary hub of activity, along with four additional higher education centers (Virginia Beach Center, Peninsula Center, Tri-Cities Center and Northern Virginia Center).

Old Dominion is a versatile university, committed to its students, their education, personal development and overall success. The University offers 66 bachelor’s degrees, 67 master’s degrees and 24 doctoral degrees, and consists of six colleges: Arts and Letters, Business and Public Administration, Education, Engineering and Technology, Health Sciences, and Sciences.

Students who live on campus may choose residence hall or apartment-style living. The attractive Webb University Center offers a food court, cyber café, video arcade, lounge areas and other shops to serve the student body.

Old Dominion is one of Virginia’s leading Ph.D. research institutions and is a Carnegie Doctoral Research Extensive University, the highest research classification for the nation’s higher education institutions. The University contributes approximately $600 million a year to the Hampton Roads economy and provides the community with a variety of programs and services, including the Bank of America Entrepreneurial Center, Technology Applications Center and Military Career Transition Program. Old Dominion is a leader in space-related research and operates one of the largest wind tunnels in the world at NASA’s Langley Research Center. The University’s Coastal Physical Oceanography, Physical Therapy, Nuclear Physics, and Engineering Management and Systems Engineering programs are considered among the best in the country.

Old Dominion’s planned renovation of a 75-acre tract of land along the east side of Hampton Boulevard is yet another economic spark for the region. The 8,600-seat Ted Constant Convocation Center, which opened in fall 2002, is the centerpiece of the project. The first set of student residences opened nearby in fall 2003, and will soon be followed by a variety of shops.

In the classroom, Old Dominion students continue to earn high marks. Former student-athlete and 1996 graduate Samantha Salvia became the University’s first Rhodes Scholar, and the University has had three recent USA Today Academic All-Americans.

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An international leader in delivering interactive instructional television, the University operates TELETECHNET, a distance learning system that offers students an opportunity to earn one of 20 baccalaureate or eight master’s degrees without leaving their area of residence. TELETECHNET is the largest televised, interactive distance learning program of its kind in the United States.

Old Dominion is also well known for its international focus in both its curricula and student population. More than 1,200 international students from 100 countries are enrolled at the University. Old Dominion also contributes to the cultural life of Hampton Roads by presenting music and dance concerts, art exhibits, and annual literary and film and video festivals. In addition, the President’s Lecture Series brings a variety of nationally known speakers to campus each year.

The University is located about 200 miles south of Washington, D.C., and is but a short drive to Virginia Beach, Williamsburg and the Outer Banks of North Carolina.
Dr. Roseann Runte

Dr. Roseann Runte became the seventh president of Old Dominion University in the summer of 2001. Runte, who has 21 years of experience as a professor and academic administrator, became only the third woman to head a four-year college or university in Virginia. 

Runte previously served as president of Victoria University in Toronto, president of Glendon College (York University), president of Université Sainte-Anne in Nova Scotia and assistant dean of arts and science at Dalhousie University. 

She is an associate to the Council of the Royal College of Physicians and Surgeons of Canada, a board member of the National Bank of Canada and a member of the executive committee of the Club of Rome. 

Runte has served as president of the Canadian Commission for UNESCO for two terms, as president of the Humanities Federation of Canada, as a member of the advisory board of the National Library, as founding president of ACFAS-Toronto, as a board member for the Art Gallery of Nova Scotia and of the board of Associated Medical Services, as chair of the board of the Foundation for International Training, and as vice chair of the board of the Gardiner Museum of Ceramic Art. 

The author of five volumes of creative writing, she has edited nine books and has written more than 100 articles and book chapters on topics ranging from literature and education to economic and cultural development. 

Runte has a Ph.D. in French from the University of Kansas and has received honorary degrees from Acadia University, Memorial University and the universities of Timisoara and Arad in Romania. She received the prix François Coppée from the Académie française as well as the Palmes Académiques and the Order of Merit from the French government, the Order of Canada, the Queen Elizabeth Jubilee medal, and is a fellow of the Royal Society of Canada and of the World Academy of Arts and Sciences.

Dr. Jim Jarrett

When Jim Jarrett arrived on the campus of Old Dominion University in the fall of 1967 as a Health and Physical Education professor, he had little idea that his tenure would be counted in decades. During that time span, he has led the program from a well-respected NCAA Division II member to a nationally respected Division I power that has captured 25 national championships.

Jarrett began his 33rd year as athletic director in 2003, taking over the reins in 1970 when Bud Metheny stepped down from that position. As one of the youngest athletic directors in the nation at that time, Jarrett quickly began to make a name for himself and ODU. He committed early on to a philosophy of “selective excellence,” whereby the department selected its competitive sports and committed itself financially, academically and competitively to the sports it felt the University could best excel.

In 1974, Jarrett became the first athletic director in the state of Virginia to award grant-in-aids to women student-athletes. It was a bold move at the time for a young athletic director and equally young University, but one that paid great dividends. Just five years later, in 1979, the Lady Monarchs won the first of three national championships in women’s basketball, and led the nation in attendance.

Under his leadership, the department’s athletic venues have tripled and are considered state of the art facilities. They include the construction of the 2,500-seat Bud Metheny Baseball Complex in 1983, the Sailing Center in 1981, the Outdoor Tennis Complex which has been expanded to 15 lighted courts and a championship court with seating for 1,000-plus, the 4,000-seat ODU Soccer Stadium in 1990, renovations to Foreman Field, which included Astro-Turf and new locker room facilities, and the planning and construction of the 8,500 seat Constant Convocation Center.

For all his efforts, Jarrett’s has been honored many times by national and local groups. Most recently, Jarrett was named the 2003 Southeast Regional Athletic Director of the Year by NACDA. Other awards he’s received include the Collegiate Director’s Award from the Women’s Basketball Coaches Association, and the Norfolk Sports Club Man of the Year. He served as a member of the NCAA Women’s Basketball Committee and is a past president of the Colonial Athletic Association and the Virginia Sports Hall of Fame.

An avid golfer and tennis player, Jarrett and his wife Sugie reside in Norfolk.
Designated in a Georgian architectural style and constructed entirely of brick that matches nearby Rollins Hall and the walkways of the Williamsburg Lawn, Foreman Field serves as the home of the Lady Monarch field hockey program. Built in 1936 with state and federal funds provided during the Great Depression, Foreman Field was named after Norfolk attorney A.H. Foreman, a member of William and Mary’s board of visitors and one of the founders of the Norfolk Division of William and Mary, which later became Old Dominion University. Originally intended as the home of the Norfolk Division football program, it found new life as the home to other college and community sports programs when football was dropped in 1941.

The 20,000-seat stadium was completely renovated in 1981, when Astroturf replaced the grass playing surface, and new bleachers, locker rooms, press boxes, concession stands, and lights were added at a cost of $3.2 million.

Field hockey was played at Foreman Field for the first time in 1974, when the field was shared with men’s soccer. Currently, field hockey and lacrosse are the only varsity sports to compete at Foreman Field.

The field hockey locker room is located under the east stands of Foreman Field, and provides the Lady Monarchs with a modern and spacious place to prepare for games and practices. Offices for Head Coach Beth Anders and Assistant Coach Sue Myers are also located in the locker room complex.

The locker room features separate lockers for each player, equipment storage, and a team meeting area in the center of the locker room.

The regulations are in place for a reason. Did you know the odds of becoming an NFL player are 10,000 to 3? Take a hard look at those numbers and think about what will matter in the long run in 1974, when the field was shared with men’s soccer. Currently, field hockey and lacrosse are the only varsity sports to compete at Foreman Field.

Don’t find yourself in the title role of this sad story. If you wanna play, know the rules. You’re already taking the right steps — you’re reading this feature. Call the NCAA hotline at 1-800-638-3731.

Register with the NCAA Initial-Eligibility Clearinghouse. Ask your guidance counselor for registration forms or call the hotline to ask for copies. Student-Athlete. This material will walk you through the academic and core-course requirements. Use the number to order free copies of the NCAA Guide for the College-Bound Student-Athlete.

NCAA Div. I Grade and Test Score Requirements

Since the fall of 1996, a student-athlete wishing to play at the Division I level would need to use the following sliding scale to determine what SAT or ACT score is needed to practice, compete, and receive athletic scholarships as a freshman. The higher the GPA, the lower the test score required:

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The NCAA Div. I Core Academic Course Requirements

* Four years of English
* Eight years of social sciences
* Two years of natural or physical science (including one lab course if offered by your high school)
* One year of an additional course in English, math, or natural or physical science
* Two additional years of academic courses in any of the above areas or an foreign language, computer science, philosophy, or comparative religion

Steps to Success

Read: It’s never too early for student-athletes to start planning for college. Call the NCAA’s Wanna Play? Know the Rules hotline at 1-800-638-3731 to hear recorded information that will help you find out if you are on track to meet academic and core-course requirements. Use the number to order free copies of the NCAA Guide for the College-Bound Student-Athlete.

Register: If you want to participate in Division I sports in college, then you must register with the NCAA’s Initial-Eligibility Clearinghouse. Ask your guidance counselor for registration forms or call the hotline to ask for copies. Student-athletes should start the certification process when they are juniors in high school.

Also, register to take the ACT or SAT as a junior. Submit your Student Release Form to the Clearinghouse by the beginning of your senior year. Confused about registering? Ask questions of your coaches, your counselors, or call the hotline.