HOME OF THE NINE TIME NCAA NATIONAL CHAMPIONS

CREDITS:
The 2004 Old Dominion University Field Hockey Brochure is a publication of the Old Dominion University Athletic Public Relations Office. Written by: Kimberly Zivkovich, Assistant Sports Information Director. Layout and Design by: Tina Price, Director of Athletic Publications and Christie Henri-Athletic Publications Graduate Assistant. Special Assistance by: Debbie Byrne, Associate Director of Public Relations & Marketing, Mary Comstock, Sports Information Secretary. Photography: Rick Voight, FestEvents, JMU Photography, Dennis Welch (NCAA) and Scott Brown (CAA). Printing: Letton Gooch of Norfolk, Virginia.

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2003 Senior tri-captains (Angie Loy, Melissa Leonetti, Tina Walker) pose with the CAA Championship Trophy
The Old Dominion University Sports Information Office welcomes all coverage of the women’s field hockey program and its student-athletes. Statistics, photos, or story ideas can always be obtained from Sports Information Director Carol Hudson, Jr. or from Assistant Sports Information Director/Field Hockey contact Kimberly Zivkovich.

To assist you in your coverage of Old Dominion field hockey, here are a few brief points to keep in mind:

**Interviews:**
Head Coach Beth Anders will be available for interviews immediately following all home games, after a ten minute cool down period. Player interviews are asked to be set up through the sports information office. Coach Anders is available during the week for interviews before and after practice and on game days after competition. Please contact the sports information office at (757) 683-3372 for more information.

**Photographers**
Only working photographers will be allowed on the playing field during games. Credentials must be secured at least two hours in advance of games. Photographers will be asked to wear a press photo pass at all times when shooting.

**Colonial Athletic Association**
Field hockey statistics for CAA schools are compiled throughout the fall at the conference office in Richmond, Va. and can be obtained through the office’s website at www.caasports.com.

**Press Box Facilities**
A fully enclosed press box high above the turf at Foreman Field serves a maximum of 32 media members at all home games. Three radio booths and a print media area are available for use. Old Dominion University’s Sports Information Office will furnish a complete NCAA box immediately following the conclusion of all home games upon request.

**Radio Broadcast Lines**
Visiting teams wishing to broadcast games from the Foreman Field are asked to contact the sports information office at least two weeks prior to the game. The stadium is located at Bluestone and 49th. All radio lines must be secured through the Verizon office in Norfolk, by calling (757) 683-3372.

More information on all Old Dominion athletic teams is available through our web site on the internet at:

www.odusports.com
Getting to Old Dominion

FROM THE NORTH: Highway 13 down the Eastern Shore, and through the Chesapeake Bay Bridge-Tunnel. Follow 13 (Northampton Blvd.) onto I-64 West. Take the I-564/Naval Base exit (exit 276) off I-64 West, and take the Terminal Blvd. exit off I-564. Turn left onto Hampton Blvd. Proceed approx. 4 miles and turn right onto 49th Street.


FROM THE WEST: I-64 East through the Hampton Roads Bridge-Tunnel. Take the I-564/Naval Base exit (exit 276) off I-64 East, and then take the Terminal Blvd. exit off I-564. Approximately 2 miles, turn left onto Hampton Blvd. Approximately 4 miles, turn right onto 49th Street.

Finding Your Way To Foreman Field

Directions to Foreman Field: Proceed west off Hampton Blvd. onto 49th Street (this will be a right hand turn if coming from I-564/Terminal Blvd.; a left hand turn if coming from downtown Norfolk). Turn right onto Bluestone Avenue; the stadium entrance will be the second parking lot on the right. Bus parking is available inside the stadium gates with prior notice.

Teams requiring additional information are asked to contact Greg Smith, Asst. A.D. for Event Management, at (757) 683-5924.

Media Outlets

Print Media
The Virginian Pilot
Sports Desk
150 W. Brambleton Avenue
Norfolk, VA 23510
757-446-2366
FAX: 757-533-9004

Newport News Daily Press
Sports Desk
7505 Warwick Blvd.
Newport News, VA 23607
757-247-6839
FAX: 757-247-9420

Richmond Times-Dispatch
Sports Desk
P.O. Box 8533
Richmond, VA 23293
804-649-6354
FAX: 804-775-8085

The Mace and Crown
Sports Editor
Webb University Center
Norfolk, VA 23529
757-683-3456

Radio
ESPN Radio 1310 AM
Tony Mercurio, Sports Director
5589 Greenwich Road
Virginia Beach, VA 23462
757-671-1000
FAX: 757-671-1313

WODU AM 1630
Sports Director
Webb University Center
Norfolk, VA 23529
757-683-3441

USA Today
Sports Department
1000 Wilson Blvd.
Arlington, VA 22223
703-276-3400 ex. 3721
FAX: 703-276-5527

Washington Post
Sports Department
1150 15th Street NW
Washington, DC 20071
202-334-7350
FAX: 202-334-7685

Television
WTKR TV-3 (CBS)
Ted Alexander, Sports Director
720 Boush Street
Norfolk, VA 23510
757-446-1352
FAX: 757-446-1376

WAVY TV-10 (NBC)
Bruce Rader, Sports Director
300 Wavy Street
Portsmouth, VA 23704
757-396-6181
FAX: 757-397-8279

WVEC TV-13 (ABC)
Scott Cash, Sports Director
613 Woodis Avenue
Norfolk, VA 23510
757-628-6215
FAX: 757-628-5855

National Media

Associated Press
Sports Editor
700 East Main Street
Suite 1380
Richmond, VA 23219
804-649-6646
FAX: 804-643-6223

Colonial Athletic Association
Tripp Sheppard, Assoc. Commissioner
Rob Washburn, Assoc. Commissioner
8625 Patterson Avenue
Richmond, VA 23229-6349
804-754-1616
FAX: 804-754-1830

Wire Services

The Virginian Pilot
Sports Desk
150 W. Brambleton Avenue
Norfolk, VA 23510
757-446-2366
FAX: 757-533-9004

Old Dominion has a loyal following. The Lady Monarchs draw some of the top crowds in the country for home games.
THE GAME OF
FIELD HOCKEY
THE PATRIARCH OF ALL “STICK AND BALL” GAMES

THE BASICS
- Two halves, 35 minutes each
- 11 players per side, one of whom is a goalkeeper
- The field is 100 yds. long and 60 yds wide, divided into two halves by a center line. A striking or shooting circle is marked 16 yds. out from each goal post.
- The goal cage measures seven feet high, and is 12 feet wide. Boards are attached to the back and sides of the cages, 18 inches high.
- Two umpires on the field; an additional umpire may sit at the scorer’s table during tournament play.

- A goal is scored when an attacker strikes the ball into the goal within the shooting circle.
- Goalkeepers wear protective ice hockey equipment to block the ball with their stick, body, hands, and feet. They must be inside the shooting circle to kick-clear or body save shots.

THE BALL
The ball is made of hard plastic, with a circumference of approximately 8-3/4 inches, and weighing between 5-1/2 and 5-3/4 oz.

THE STICK
The stick has a flat face on the left-hand side. The head is made of wood, and must have no metal fittings, sharp edges, or splinters. It must be narrow enough to pass through a ring with an interior diameter of 2 inches. Maximum weight: 23 oz.

SOURCES: History of the sport of field hockey, rules, and facts supplied by United States Field Hockey Association. Field and equipment information from USFHA and Rules of the Game: the complete illustrated encyclopedia of all the sports of the world.
THE RULES OF THE GAME

BASIC RULES
- Ball must be passed or “dribbled” down the field with the flat side of the stick.
- Players may not stand still to shield the ball using their body.
- A goal can only be counted if shot inside the shooting circle.

HOULS
- A player must not:
  - Trip an opponent;
  - shove or charge an opponent while trying to play the ball;
  - hit the ball with the rounded side of the stick;
  - obstruct an opponent with the body or the stick;
  - interfere in the game without a stick;
  - undercut or play the ball in a potentially dangerous way;
  - stop the ball in the air or on the ground with any part of the body;
  - use the foot or leg to support the stick in order to resist an opponent;
  - pick up, kick, throw, carry, or propel the ball except with the stick;
  - hit, hook, hold, or interfere with an opponent’s stick.

FREE HITS
A free hit is awarded to the non-offending side for infringements, and are usually taken at the area where the foul occurred.

Ball must be stationary and be hit along the ground with a legitimate stroke a minimum distance of one yard. Opposing players must be at least 5 yds. away. The hitter may not replay the ball until another player has touched it.

THE HISTORY OF FIELD HOCKEY

Field hockey is one of the few early sports where women were allowed to engage in strenuous activity and actually compete ferociously in a team athletic situation. Although field hockey began as an activity for primitive man, modern women has definitely made her mark on the sport. The origins of field hockey go back further than the ancient Greeks, but there is no conclusive evidence exactly how and where the game began. The earliest tangible record of field hockey (then known only as hockey) is a drawing done in 2050 B.C. on a tomb at Beni-Hasan in the Nile Valley in Egypt.

The sport originated in the Indian subcontinent, and it is believed that the game was played on the ancient Indian deity, known as hockey. The game evolved over the centuries, with different variations in the rules and equipment. In the 19th century, field hockey became more popular in the United Kingdom, and the modern version of the sport was developed.

By the end of the 19th century, women’s hockey had spread to New Zealand, South Africa, The Netherlands, Germany, Switzerland and elsewhere. In 1927, the International Federation of Women’s Hockey Associations (IFWHA) was formed. The women played according to the men’s rules, but were obstructed by their clothing. Their cumbersome skirts hung nearly to the ground to cover every inch of their legs. The extremely heavy peticoats, corsets, long sleeves and high, stiff collars impeded movement. Despite such handicaps, the women persisted, and international matches were soon underway.

At the onset of the 20th century, the game was introduced to women in the United States by Constance M.K. Applebee. The British physical education teacher presented a hockey exhibition at Harvard University in the summer of 1901. During the two years, she taught the game to women at such prestigious institutions as Smith, Wellesley, and Mt. Holyoke, as well as other colleges in the Northeast and Mid-Atlantic states. This part of the country remains a hotbed of field hockey.

At a time in the United States when “socially accepted” croquet and lawn tennis were the most arduous activities young women were allowed to practice outdoors, field hockey created quite a stir. The women were no longer restricted and took on the athleticism and intensity of the game as a great challenge. In fact, the first U.S. women’s team to travel abroad was the 25 yd. line. A penalty stroke is awarded for any intentional breach by the defenders in the circle, or an unintentional breach by the defenders which prevents a sure goal. The attacking player is permitted only one step while shooting, and the shot must be executed without a backing of the stick. The goalkeeper may not move from the goal line until the stroker moves the ball.

THE GAME OF FIELD HOCKEY IS PLAYED BY MEN AND WOMEN IN MORE THAN 130 COUNTRIES WORLDWIDE AND IS SECOND IN POPULARITY ONLY TO SOCCER AS A TEAM SPORT THROUGHOUT THE WORLD

**Beth Anders’ Ledger**

Two words describe Old Dominion field hockey coach Beth Anders...Proven Winner.

Anders has cemented her status as one of the greatest in field hockey in all facets of the game. As player, she has participated at every level possible, including World Cup and Olympic events and as a coach, her coaching achievements are nothing short of impressive, including nine national collegiate titles, a silver medal at the Pan American World Cup Games, and the distinction of being the winningest Division I field hockey coach in the country. Considered by many to be a pioneer of her sport, her resume is dotted with a long list of incredible achievements and monumental firsts.

At Old Dominion, Anders has mentored the field hockey team for over 20 years and has led her teams to perennial appearances in the NCAA tournament. Under her tutelage, the Lady Monarchs have achieved more honors than any other field hockey program in NCAA history. Among the most prestigious, Anders and her teams have brought the NCAA Championship trophy back to Norfolk an unprecedented nine times, including the most recent in 2000. In addition, the Lady Monarchs have won the CAA crown 11 of 12 times since joining the conference in 1991 under her guidance.

Anders has coached on the international level as well. In the summer of 2003, Anders took a leave of absence from Old Dominion to take over the reins of the U.S. National Team. During her year away from the Lady Monarchs, Anders guided the United States to a silver medal at the Pan American Games in the Dominican Republic and was just one game shy of heading to Athens in 2004 at the Olympic Qualifying Tournament in New Zealand. Also among her international coaching highlights with the national team are a bronze medal stint at the 1991 Pan Am Games and a qualifying campaign for the 1994 World Cup.

The love affair between Anders and field hockey, however, goes well beyond her immediate reign in the coaching ranks. For more than two decades, Anders has had a very influential impact on the sport of field hockey in our country, most recently in the coaching ranks, but also as a pupil. In 1980, Anders made the first of two Olympic field hockey teams as co-captain, but was forced...
because of the boycott in Moscow—to wait four more years to realize her dream of winning a medal. In 1984 though, nothing stood in the way of Anders and her teammates as they cashed in on a bronze medal at the Los Angeles games. Anders, whose strong penalty corner was consistently clocked in the 90 m.p.h. range, nearly single handedly lifted the U.S. team to victory, scoring eight of her team’s nine goals in its five-game performance for an Olympic record that still stands today.

Throughout her international playing career, Anders played in over 100 international matches, was a participant in every World Cup from 1971-84, was the world’s top field hockey athlete and a participant in every Olympic Games during her career, Anders played in over 100 internationals today. Throughout her international playing career, Anders played in over 100 international matches, was a participant in every World Cup from 1971-84, was the world’s top field hockey athlete and a participant in every Olympic Games during her career. Anders played in over 100 internationals today.

Old Dominion’s field hockey teams excel not only on the field, but also in the classroom. Since 1989, the Lady Monarch teams have had a G.P.A. of 3.0 or better. On the field, Old Dominion’s teams have had a G.P.A. of 3.0 or better. On the field, Old Dominion’s teams have had a G.P.A. of 3.0 or better.

This past season, the team put forth ten National Field Hockey Coaches Association (NFHCA) Academic Honor Roll student-athletes. Certainly the epitome of Anders’ student-athletes is Samantha Salvia, the school’s first ever Rhodes Scholar and recent Old Dominion Hall of Fame inductee who graduated in 1996 with a 4.0 GPA in environmental and civil engineering.

The key to Anders success on and off the field hockey field seems to be her love for and dedication to the game. Her development of the Futures Program during her national coaching stint in 1993 and her active mentoring of the field hockey youth are just two examples of her will to succeed better than anyone in her vocation.

A fine all-around athlete herself, Anders was a four-time All-College field hockey and lacrosse player before graduating from Ursinus College with a B.S. degree in health and physical education. The Norristown, PA native was also selected to the national collegiate basketball team and won the intercollegiate squash championship in 1970. Anders is the daughter of Alice and Stanley Anders. She has one brother and enjoys fitness, golf, tennis, reading, and creative teaching tools. She also authored two books, Field Hockey: Steps to Success published in 1999 and Lesson in Field Hockey released in 1996.

Anders resides in Virginia Beach.

### Old Dominion Year-by-Year Coaching Totals

<table>
<thead>
<tr>
<th>YEAR</th>
<th>COACH</th>
<th>RECORD</th>
<th>GF/GA</th>
<th>RANKING</th>
<th>TOTAL</th>
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<tr>
<td>1974</td>
<td>Carol Anthony</td>
<td>1-7-1</td>
<td>11/39</td>
<td></td>
<td>1-7-1 (167)</td>
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<tr>
<td>1975</td>
<td>Mikki Flowers</td>
<td>3-6-2</td>
<td>19/33</td>
<td>5th</td>
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<tr>
<td>1976</td>
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<td>5-13-0</td>
<td>22/48</td>
<td>5th</td>
<td></td>
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<tr>
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<td>Mikki Flowers</td>
<td>6-6-0</td>
<td>24/15</td>
<td>5th</td>
<td></td>
</tr>
<tr>
<td>1978</td>
<td>Mikki Flowers</td>
<td>11-7-0</td>
<td>36/27</td>
<td>5th</td>
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<tr>
<td>1979</td>
<td>Mikki Flowers</td>
<td>8-6-1</td>
<td>22/26</td>
<td>5th</td>
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<tr>
<td>1980</td>
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<td>18-4-0</td>
<td>74/22</td>
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<tr>
<td>1981</td>
<td>Beth Anders</td>
<td>13-2-2</td>
<td>49/8</td>
<td>Third</td>
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<tr>
<td>1982</td>
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<td>14-0-0</td>
<td>74/14</td>
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<td>1984</td>
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<td>23-0-0</td>
<td>127/10</td>
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<td>1985</td>
<td>Melissa Magee</td>
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<tr>
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<td>60/18</td>
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<td>69/18</td>
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<td>103/36</td>
<td>Ranked</td>
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<tr>
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<td>160/26</td>
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<tr>
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<td>2002</td>
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<td>Sue Myers</td>
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<td></td>
<td></td>
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<td>PROGRAM TOTAL</td>
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Susan Myers enters her 17th year as a member of the Lady Monarch coaching staff after taking over the reigns of the program in 2003 as Lady Monarch head coach Beth Anders served as the head coach of the U.S. National Team.

Myers guided the 2003 Lady Monarchs to a 14-10 overall record as Old Dominion took home its eighth straight and 11th overall Colonial Athletic Association title and returned to the NCAA Tournament for the 23rd consecutive appearance.

As an assistant, Myers has been on the sidelines for six of Old Dominion’s national titles as well as “The Streak,” a string of 66 consecutive wins spanning from 1996-93. Among Myers’ on-field duties include coaching Old Dominion goalkeepers, while her off-field duties include recruiting, statistical records, video documentation and camp organization.

Myers’ coaching career began in 1973 when she became Carlisle Senior High School’s head coach of basketball, field hockey, and softball. She was also the coach of the state champion 4 X 100 relay team of the track and field squad. She held that post at the Pennsylvania school for 12 years, before becoming a graduate assistant coach at Old Dominion in 1987. During the 1988 season, Myers became a full-time assistant in the post she currently holds today. Alongside Anders, Myers also helped coach the United States National field hockey team during the 1990-93 seasons.

A seven-time United States National Team member, Myers was a superior field hockey player during her athletic career. She captained the Lady Rockets of Slippery Rock during her junior and senior campaigns and was the team’s leading scorer for three seasons. Myers was also an active member of the national field hockey scene. She was on the United States National Team from 1972-79 and played on the very first United States World Cup champion 4 X 100 relay team of the track and field squad. She held that post at the Pennsylvania school for teams based out of Harrisburg, Pennsylvania.

She has co-authored several field hockey publications with Anders, including the most recent Steps to Success, which was released in the summer of 1999.

A four-year defensive standout for the Lady Monarchs, Katie Moyer begins her first season as assistant coach with the Lady Monarchs.

During her career from 1999-2002, Moyer helped Old Dominion to an 84-17 overall mark, four undefeatedCAA seasons, four CAA titles, two Final Four appearances, and a national championship in 2000. As a junior, the Lady Monarchs ranked ninth nationally in defense, while she anchored the defense to seven shutouts en route to a Final Four appearance as a senior in 2002. During her final year with the Lady Monarchs she fired off five goals, including both game-winners en route to Old Dominion’s seventh straight CAA title, to go along with five assists.

A National Field Hockey Coaches’ Association (NFHCA) Academic Honor Roll honoree, CAA Scholar-Athlete, and Dean’s List student, Moyer finished her undergraduate degree in biology in 2002.

Moyer came to Old Dominion from Virginia Beach’s Salem High School where she was a two-time team MVP, First Team All-Beach, and Second Team All-Tidewater selections.

PERSONAL: Born January 4, 1980. Daughter of Vicki Splinter and Chuck Moyer. Has three brothers, Chuck Moyer III (19), Matthew Moyer (16), and Zachary Splinter (14) and a sister Sarah Splinter (12).

Robin Smith returns to the Old Dominion coaching staff for her seventh season as an assistant, helping the Lady Monarchs on a part-time basis during fall.

A two-time captain and team MVP, Smith was an integral player in what became known in Old Dominion field hockey history as “The Streak,” a string of 66 wins and 48 shutouts spanning the 1990-93 seasons and producing three national championships.

Graduating in 1992, Smith made her own mark in the record books as well. During her career, she scored 66 goals and collected 18 assists for 150 career points, placing her ninth in the record books for goals. A four-year letter winner and starter, Smith was honored as an All-CAA player who won the CAA Player of the Year Award in 1991. Smith also received a nomination for the prestigious Honda Broderick Award in 1991 and was named Old Dominion’s Female Athlete of the Year in 1992.


Smith was a member of the United States National field hockey team from 1990 to 1992, and played on the 12th-ranked 1990 World Cup team and the 1991 bronze medal Pan American Games. She was inducted into the Old Dominion Hall of Fame in April of 2000. Smith works at Towne Bank in Portsmouth, where she currently resides.


PERSONAL: Hometown: Shippensburg, Pennsylvania. \(\text{Alma Mater: Old Dominion University, 1992; B.S. in business management. Robin is the daughter of Kay and John Smith. She has one sister Dawn (27).}\)

A four-year defensive standout for the Lady Monarchs, Angie Loy begins her first season as an undergraduate assistant coach under Old Dominion head coach Beth Anders, Loy was named to the U.S. Field Hockey National Team roster on Dec. 8, 2003. Playing under Old Dominion head coach Beth Anders, Loy was starting forward at the 2004 Olympic Qualifiers in New Zealand and took home a silver medal at the Pan Am Games in Barquisimeto.

A native of Losyville, PA and graduate of West Perry High School, she finished her stellar career ranked fifth in career goals (77), ninth in career assists (56), and fourth all-time in scoring with 210 career points. She is also the third Lady Monarch in history to earn National Field Hockey Coaches’ Association (NFHCA) Academic Honor Roll honors for four consecutive years.

Loy continues her playing career having been named to the U.S. Field Hockey National Team roster on Dec. 8, 2003. Playing under Old Dominion head coach Beth Anders, Loy was starting forward at the 2004 Olympic Qualifiers in New Zealand and took home a silver medal at the Pan Am Games in Barquisimeto.

2004 SEASON PREVIEW

BETH ANDERS IS BACK TO LEAD A YOUNG LADY MONARCH TEAM

The nation’s winningest collegiate field hockey coach is back home. Beth Anders, the two decade veteran who has led the Lady Monarchs to record setting nine national championships, returns to the familiar sidelines of Foreman Field as the Lady Monarchs prepare to return to the tops of the collegiate field hockey scene.

Anders took a leave of absence from Old Dominion last season to help guide the U.S. National Team on its quest to return to the Olympic Games and among the way helped the United States bring home a silver medal from the Pan American Games. This season she begins her 22nd season at the helm of the Lady Monarch program on its quest to continue its dominating presence as one of the strongest and storied programs in history.

Anders will guide a young Lady Monarch squad which features just two seniors in Lynn Farquhar and Beth Maddox. Maddox will be asked to take over the void left by departing Lady Monarch, two-time All-American and CAA Defender of the Year, Melissa Leonetti. Maddox’s leadership and experience should be the driving force behind the stingy Lady Monarch defense in 2004. The Hampton Roads native has been an essential member of the starting line-up over the last two seasons, which has seen the Old Dominion defense strike up 12 shutouts.

Farquhar jumped into a starting midfield role in 2003 and proved herself battle tested and ready to produce under pressure on both the offensive and defensive sides of the field. Last season, Farquhar’s keen timing helped her lead the Lady Monarchs in defensive saves, including one that kept Old Dominion on top of the CAA standings with a crucial block against the 11th-ranked Delaware Blue Hens in a 6-5 overtime victory. Farquhar will be looked upon to continue to fire upon the opponent net and continue to be a key player in the Lady Monarch’s transition on the field.

A duo of juniors will bolster the line-up in 2004 as well. The Lady Monarchs return second team All-CAA member junior Janelle Engle, who will team with Maddox to anchor Old Dominion’s defensive efforts. Engle, who has started 13 games in the backfield as a freshman and every game as a sophomore, comes to the field in 2004 as the Lady Monarchs’ second leading scorer. Last season she tallied five goals and nine assists for 19 points as a vital member of the penalty corner unit.

Local product junior midfielder Jenny Angat begins her third year as one of the more veteran Lady Monarchs. Angat had a successful freshman campaign as only one of two true rookies to earn a starting nod leading to three goals and an assist. Last season, Angat was relied upon as a spark off the bench as one of the top reserve midfielders.

Seven sophomores and two-redshirt freshmen comprise the 2004 roster, with many of them having gained a vast amount of experience in just one year on the squad. Forward Anna Rogers comes to the turf as Old Dominion’s top returning scorer. As a freshman, Rogers blasted home 22 points off of nine goals and four assists, which included a game-winner against the 12th-ranked Virginia Cavaliers and multiple point outings against fierce CAA rivals James Madison and Delaware.

Midfielder Dana Sensenig will also continue her starting role in the midfield after a productive rookie campaign as one of the most consistent Lady Monarchs. Along with five goals and nine assists, Sensenig was key in the transition off Old Dominion’s defense. Her naming to the national Under-21 team should also bolster the skills and talent that she brings to the field this season.

Among last year’s reserves that will be asked to step up is Mary Cate Gordon, who will look to fill the cage. Her naming to the national Under-21 team should also prepare her for a role as the Lady Monarch’s second leading scorer having tallied six goals to go along with an assist.

Rounding out the Lady Monarch roster will be seven incoming freshman, who under Anders’ tutelage, will be ready to contribute immediately in their first collegiate hockey season.

Old Dominion’s schedule, as it is every year, will test the Lady Monarchs through the season in both conference and non-conference competition. Beth William & Mary and Delaware finished last season ranked in the top 20 and will once again prove to be formidable foes for the Lady Monarchs in CAA action as Old Dominion looks continue to dominate the Colonial Athletic Association. The schedule also featured home and away dates with perennial powerhouse Maryland, along with 2003 national runner-up Duke. In all, six of Old Dominion’s non-conference opponents for the upcoming season were nationally ranked at the conclusion of last year.
Meet the **Lady Monarchs**

### 2004 Numerical Roster

<table>
<thead>
<tr>
<th>No.</th>
<th>Name</th>
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<td>GK</td>
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<td>Oreland, Pa./Springfield Township</td>
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<tr>
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<td>Lara Meyer</td>
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<td>Sr.</td>
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<td>4</td>
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<td>Alexandria, Va./West Potomac</td>
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<td>Sami McLenegan</td>
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Assistant Coaches: Susan Myers (Slippery Rock ’73), Robin Smith (ODU ’92) Katie Moyer (ODU ’01)
Undergraduate Assistant: Angie Loy (ODU ’05)

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Undergraduate Assistant: Angie Loy (ODU ’05)
Meet the Lady Monarchs Seniors

Lynn FARQUHAR
Senior • Forward/Midfield • 5’7”
Alexandria, VA • West Potomac


2000 (Freshman): Redshirted. Prior to Old Dominion: Captained her West Potomac team to a regional championship last season...Earned second team all-region honors...Was also a first team all-district and all-tournament selection...Earned second team all-region honors...Played basketball and soccer...A Scholar-Athlete and honor roll student. Personal: Born March 23, 1982...Daughter of Janice and Kevin Farquhar...Has two brothers Greg (18) and Chris (14)...Majoring in sports management/marketing.

Career Stats:

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Beth MADDOX
Senior • Midfield • 5’7”
Virginia Beach, VA • Salem

2003 (Redshirt Junior): Started in 22 of her 23 appearances. Netted four goals on the season including her first career tally with two goals against Delaware (10/12) in a 6-5 victory. Also scored against #11 Princeton and against national runner-up Duke in the Second Round of the NCAA Tournament. Assisted on a goal in an 11-0 win over Towson (10/10). 2002 (Redshirt Sophomore): Started in 23 of 24 contests as a midfielder during her sophomore campaign. Jumped into the starting line-up in the second game of the season after redshirting the previous season. Helped the Lady Monarch defense to eight shutouts in 2002. Played for the Tidewater Tempest in the US Field Hockey Summer League. 2001 (Sophomore): Redshirted. Played in the 2002 USFHA Summer League. 2002 (Freshman): Saw playing time in only nine contests. Prior to Old Dominion: Played field hockey and soccer at nearby Salem high school...Was a two-time all-beach district choice and an all-Tidewater, all-region selection...Was named her team’s Most Valuable Offensive Player...Was also an all-beach player and MVP of her soccer team...An honor roll student. Personal: Born February 23, 1982...Daughter of Theresa and Michael Maddox...Has a brother James (16)...Majoring in history and sociology.

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Meet the Lady Monarchs

Jennifer ANGAT
Junior • Midfield • 5’8”
Virginia Beach, VA • Tallwood

2003 (Sophomore): Made 21 appearances including 10 starts. Provided a spark off the bench in the midfield. Took two shots on opponent net. 2002 (Freshman): Started 23 of 25 contests as a true freshman. Had three goals and an assist all in CAA play. Recorded her first career goal against James Madison during the regular season. Scored one goal and added one assist in win over #10 JMU in the CAA Tournament semi-finals. Also made a goal against Delaware. Played for the Tidewater Tempest in the US Field Hockey Summer League. Prior to Old Dominion: An All-American at Tidewater High School in Virginia Beach. Named First Team All-Tidewater. Received Second Team All-State honors. Also played soccer for four seasons and was a three time Second Team selection. Graduated with honors. Personal: Born November 5, 1983. Daughter of Joe and Imelda Angat. Has one brother, Jomel (28). Majoring in graphic design.

Career Stats:

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Katie CLAXTON
Sophomore • Forward • 5’7”
Virginia Beach, VA • Cox

2003 (Freshman): Made 22 appearances in her first season including 12 starts. Old Dominion’s fourth returning scorer entering her sophomore season. Recorded six goals, one assist, and 13 points in her first season with the Lady Monarchs. Tallied two goals in a 5-0 win at CAA rival James Madison (9/27). Recorded first career goal in a 4-2 victory over #10 Connecticut (9/14) during second straight season. 2002 (Freshman): Started 13 contests as a back in her rookie season. Was named the CAA Player of the Week for the week ending September 15th. Scored her first collegiate goal against the University of New Hampshire. Also tallied a goal in victory over #8 JMU. Played for the Tidewater Tempest in the US Field Hockey Summer League. National Field Hockey Coaches Association Academic All-American Squad. Prior to Old Dominion: A four-year letterwinner at Lancaster Mennonite High School in Lancaster, PA. Teams posted a 77-20-5 overall record during her career. Named First Team All Lancaster-Lebanon League and First Team PIAA All-State. In 2000 scored a single season school record 34 goals. Helped lead Lancaster Mennonite to four Lancaster-Lebanon Section II Championships. In 2001, her team was the PIAA District III runners up. Was also a Lancaster-Lebanon Second Team selection on the women’s cross country team and a one year member of the basketball team. A National Honor Society member. Personal: Born February 16, 1984. Daughter of Charles and Kathleen Engle. Has one sister, Jocelyn (21), and one brother, Charles (18). Majoring in music education.

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Janelle ENGLE
Junior • Back • 5’7”
Mt. Joy, PA • Lancaster Mennonite

2003 (Sophomore): Started 22 contests on defense. Second Team All-CAA honoree. Second returning leading scorer entering next year’s season after accumulating five goals and nine assists for 19 points. Third on the squad in assists with nine. Tallied the game-winner against UC-Berkeley (9/14) in a 4-2 victory. Recorded a season-high three points against Louisville (8/30), Stanford (9/7), and Delaware (10/12). Assisted on a career-high three goals in a 6-5 win over CAA rival Delaware. Named to the National Field Hockey Coaches Association Academic All-American squad for the second straight season. 2002 (Freshman): Started 13 contests as a back in her rookie season. Was named the CAA Player of the Week for the week ending September 15th. Scored her first collegiate goal against the University of New Hampshire. Also tallied a goal in victory over #8 JMU. Played for the Tidewater Tempest in the US Field Hockey Summer League. National Field Hockey Coaches Association Academic All-American Squad. Prior to Old Dominion: A four-year letterwinner at Lancaster Mennonite High School in Lancaster, PA. Teams posted a 77-20-5 overall record during her career. Named First Team All Lancaster-Lebanon League and First Team PIAA All-State. In 2000 scored a single season school record 34 goals. Helped lead Lancaster Mennonite to four Lancaster-Lebanon Section II Championships. In 2001, her team was the PIAA District III runners up. Was also a Lancaster-Lebanon Second Team selection on the women’s cross country team and a one year member of the basketball team. A National Honor Society member. Personal: Born February 16, 1984. Daughter of Charles and Kathleen Engle. Has one sister, Jocelyn (21), and one brother, Charles (18). Majoring in music education.

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Rosanna DELUTIS
Sophomore • Back • 5’6”
Virginia Beach, VA • Kempsville

2003 (Sophomore): Appeared in four games including contests against CAA rivals James Madison, Delaware, and Towson as well as #12 Virginia. 2002 (Freshman): Redshirted. Prior to Old Dominion: A three sport athlete at Kempsville High School in Virginia Beach. A three-year member of the field hockey team earning “Most Improved” during the 2000-01 season. Also played catcher for the softball team and was a sprinter on the track team. Personal: Born October 14, 1984. Daughter of James and Sara Delutis. Has two sisters, Francesca (21) and Amanda (17). Major is undecided.

Career Stats:

<table>
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<tr>
<th>Year</th>
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<th>Shots</th>
<th>Goals</th>
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</table>
Meet the Lady Monarchs

Mary Cate GORDON
Sophomore • Goalkeeper • 5’ 6”
Oreland, PA • Springfield Township

2003 (Redshirt Freshman): Made appearances in two contests. Made first career appearance against Towson (10/10). Played a season-high 29 minutes against Va. Commonwealth (10/26). Named to the National Field Hockey Coaches Association Academic All-American Squad. 2002 (Fresman): Redshirted. Played for the Tidewater Tempest in the US Field Hockey Summer League. Prior to Old Dominion: A four-year member of the varsity squad at Springfield Township High School in Enderleins, PA. Team posted a 14-4-2 overall mark in 2001. Held a 1.01 GAA her senior season. At-her time All-League honoree. Participated with the Futures National Tournament and was a Futures Elite member. Also played basketball and lacrosse. Was a member of the National Honor Society. Personal: Born June 30, 1984. Daughter of Kevin and Mary Gordon. Has three brothers, Kevin (18), Dan (16), and James (10). Majoring in English.

Career Stats:

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Caroline NICHOLS
Sophomore • Midfield • 5’ 6”
Virginia Beach, VA • Salem

2003 (Freshman): Made 23 appearances including 22 starts in her first season. Collected a goal and two assists. Notched her first career goal in a 5-2 victory over Stanford (9/7). Registered her first career assist in the 3-1 season opening victory over Louisville (8/30). Also collected an assist in a 4-2 victory over Connecticut (9/14). Played for the Tidewater Tempest in the US Field Hockey Summer League. Prior to Old Dominion: A four-sport athlete at local Salem High School...Played three positions, forward, midfield, and defense, as a four-year letterwinner on the field hockey squad...Was named First Team All-District, All-Tidewater, and All-State...Captained her team her senior season. Was also a Second Team All-District and captain of the women’s soccer squad...All participated on the cross country and basketball teams for two season...Named to the Virginia Pilot Academic Excellence Team...An honor roll student...Personal: Born December 15, 1984. Daughter of Ken and Terry Nichols. Has a twin brother, Christopher (18). Plans to major in physical education with an emphasis in exercise science.

Career Stats:

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<th>Year</th>
<th>GP/GS</th>
<th>Shots</th>
<th>Goals</th>
<th>Assists</th>
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Darcy PINCHBECK
Sophomore • Forward • 5’ 6”
Suffolk, VA • Lakeland

2003 (Freshman): Made appearances in 23 of Old Domian’s 24 games, including two starts during the NCAA Tournament. Collected 11 points on five goals and an assist in her first year with the Lady Monarchs. Tallied a goal in the 4-2 victory over Richmond (11/15) in the first round of the NCAA Tournament. Was one of five goal scorers against Delaware (11/9) in the 5-0 CAA Championship game. Captured a season-high five points with two goals and assist in a 11-0 route of CAA opponent Towson (10/10). Tallied her first career goal against #4 Maryland (9/6) in a 2-1 loss. Prior to Old Dominion: The Southeastern District Player of the Year at Lakeland High School in Suffolk, VA. Captained her team to an 18-1-1 record in 2001 with 14 goals and 19 assists. Named First Team All-District, All-Region, and All-Tidewater her senior season. Third Team All-State selection. Earned the Best All-Around trophy. Invited to the Futures Mid-Atlantic All-Star Camp. Participated in the Commonwealth of Virginia Games. A two-time Second Team All-District pick in softball. A two-time captain of the basketball team. Graduated with honors. Personal: Born December 23, 1984. Daughter of Dale and Vicky Pinchbeck. Has one sister, Stephanie (26), and one brother, Jonathan (17). Grandfather was inducted into the Randolph-Macon College Hall of Fame for football, baseball, and track achievements. Majoring in engineering.

Career Stats:

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<th>Goals</th>
<th>Assists</th>
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Anna ROGERS
Sophomore • Forward • 5’ 8”
New Bloomfield, PA • West Perry

2003 (Freshman): Appeared in all 24 games making 23 starts. The third leading scorer in 2003 and top returning scorer. Notched a career-high five points in a 4-1 victory over #12 Virginia (9/28) with two goals and an assist. Scored the game-winner against the Cavaliers. Also collected four points against CAA rivals James Madison (9/27) and Delaware (10/12). Had three multiple goal outings. Played for the Tidewater Tempest in the US Field Hockey Summer League for the second straight season. 2002 (Freshman): Redshirted. Played for the Tidewater Tempest in the US Field Hockey Summer League. Prior to Old Dominion: The 2002 West Perry High School Outstanding Female Athlete of the Year. A First Team Mid-Peren All-Star and Second Team All-State selection her senior year. Named the 2002 West Perry Most Valuable Player in both field hockey and softball. Sentinel Athlete of Year runner up. A three-sport co-captain in field hockey, softball, and basketball. A four-time member of Who’s Who Among American High School Students. Member of National Honor Society. Personal: Born December 21, 1984. Daughter of Richard and Madeline Rogers. Has one brother, Nicholas (19). Majoring in health and physical education.

Career Stats:

<table>
<thead>
<tr>
<th>Year</th>
<th>GP/GS</th>
<th>Shots</th>
<th>Goals</th>
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<td>9</td>
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Meet the Lady Monarchs

Dana
14
SENSENIG
Sophomore • Midfield • 5’ 5”
Denver, PA • Cocalico

Jamie
15
SNOW
Freshman • Back • 5’ 8”
Escondido, CA • San Pasqual

Julia
8
MULDROW
Freshman • Back • 5’ 6”
Virginia Beach, VA • Ocean Lakes

2003 (Freshman): Made 19 appearances, all in the starting line-up, in her first season with the Lady Monarchs. Talled 11 points on five goals and an assists as the team’s eighth leading scorer. Picked up her first career assist in a 2-1 victory over Stanford (9/7). Had a two-goal effort in the 2-0 upset victory over #8 Princeton (11/2) in the regular season finale. Was one of five goal scorers against Delaware (11/9) in the 5-0 CAA Championship game. Also tallied goals, including her first career tally, against CAA rival James Madison (9/27) and #4 Maryland (9/6). Named to the CAA All-Tournament Team. One of 20 members named to the U.S. Under-21 squad. Earned National Field Hockey Coaches Association Academic All-American Squad honors. Prior to Old Dominion: Three-sport athlete at Cocalico High School...Cocalico High School’s Outstanding Athlete and Intelligencer Journal Female Athlete of the Year as a senior...Led her high school team to the Section Two Championship...Three-time Lancaster Lebanon First Team All-Star...League All-Star Offensive MVP and Pennsylvania All-State All-Star Team member as a senior...Also was a basketball and track and field standout. Scored over 1,000 points and was a two-time Lancaster Lebanon Section Two All-Star member in basketball...was the 400 meter dash league champion in track her senior year...Cocalico Class of 2003 Valedictorian...Member of the National Honor Society...Named Who’s Who Among American High School Student and High School Sports...Personal: Born November 30, 1984...Daughter of Dr. Bruce and Denise Sensenig...Has one brother, Leonard (20). Majoring in communications.

Career Stats:

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<th>Year</th>
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Meet the **Lady Monarchs** 2003 NEWCOMERS

### Maggie HAYES
Freshman • Back/Goalkeeper • 5’10”
Coopersburg, PA • Southern Lehigh

**Note:** Will wear #21 when in goal.

**Prior to Old Dominion:** Earned 12 varsity letters at Southern Leigh High School. Played four years of varsity field hockey, swimming, and track and field. High school field hockey team coached by former Lady Monarch All-American Adrienne Yoder. Named the 2004 Southern Lehigh Female Athlete of the Year. First Team Colonial League and Second Team All-Area in 2002 and 2003. Captain her senior season in 2003. Also captained swimming and track and field teams. Named MVP as a junior in swimming. Captured third in the Colonial League 4x800 in track. Member of the National Honor Society. Won the Jennifer Kaufenberg Memorial Academic Achievement Scholarship. **Personal:** Born April 21, 1986. Daughter of Bill and Phyllis Hayes. Has two brothers Matthew (19) and Tim (15). Plans to major in political science.

### Lara MEYER
Freshman • Midfielder • 5’9”
Fredericksburg, VA • Stafford

**Prior to Old Dominion:** A two-sport varsity athlete at Stafford High School. Two-time First Team Commonwealth District and All-Region honoree. Named Freelance Star and Potomac News All-Area. Received Honorable Mention All-Met honors. Team captain. Named team’s Most Valuable Player. Also played four years of basketball. Led her team in rebounding and was the second leading scorer. Team captain. Named to the Winter Classic All-Star Team. Graduated with distinguished honors. **Personal:** Born June 5, 1986. Daughter of Russell and Paula Meyer. Has one sister, Fenda Meyer (20). Plans to major in exercise science.

### Sami McLENEGAN
Freshman • Back • 5’4”
Middletown, PA • Lower Dauphin

**Prior to Old Dominion:** Two-sport varsity letterwinner in field hockey and soccer at Lower Dauphin High School. Member of the All-State Team and Patriot News Big 11 Second Team. A Mid-Penn All-Star and All-State Academic Team Member. Captained her squad as a senior in 2003. Earned the Lower Dauphin Athletic Award for field hockey. Hummelstown Optimist Club Student Athlete of the Month. Member of the National Honor Society, Music Honor Society, Honor Roll, and National Society of High School Scholars. **Personal:** Born October 24, 1985. Is the only daughter of Samuel and Marilyn McLenegan. Plans to major in graphic design.

### Shannon MOBLEY
Freshman • Midfielder • 5’1”
Virginia Beach, VA • Tallwood

**Prior to Old Dominion:** A three-sport varsity athlete at nearby Tallwood High School in Virginia Beach. Second Team High School All-American. Named First Team All-Beach, All-Tidewater, All-Region, and All-State. Netted 15 goals as a senior and finished her four-year career with 18 goals and eight assists. Earned Most Valuable Player Honors. Named team captain. Also ran indoor track participating in the mile, 800, 1000, and 4x4. A four-year soccer letterwinner. Registered four goals. Named team captain. Member of the National Honor Roll and Spanish Honor Society. **Personal:** Born February 2, 1986. Daughter of Kevin and Cecilia Daley. Has one sister, Stacy (19) and one brother, Christopher (11). Plans to major in health and physical education.

### Lyndsay MEABON
Freshman • Goalkeeper • 5’7”
Dillsburg, PA • Northern

**Prior to Old Dominion:** A four-year varsity letterwinner in field hockey and soccer at Northern High School. Second Team All-State and Mid Penn All-Star as a senior. Honorable Mention. All-State, Honorable Mention Mid Penn All-Star, and Second Team All-Sentinel as a junior. Participated at the National Field Hockey Tournament in Palm Springs, CA in 2002 and 2003. Futures Program Regional and National Tournament qualifier in 2002 and Regional qualifier in 2003. As a sophomore earned All-Sentinel First Team Honors and was named to the Big 11 Underclassman Team. Named to the Patriot News All-Underclassman Team as a freshman and sophomore in soccer. A Who’s Who Among American High School Students. An Honor Roll student all four years of high school. **Personal:** Born February 17, 1986. Daughter of Mark and Pamela Meabon. Has twin sisters Amanda (22) and Allyson (22) and a brother Jason (28). Grandfather played in the minor leagues for the Philadelphia Phillies. Plans to major in sports management.

### Whitney TOSSONE
Freshman • Forward • 5’5”
Virginia Beach, VA • Kellam

**Prior to Old Dominion:** A two-sport athlete at Kellam High School. Earned Most Valuable Player, First Team All-District, and Second Team All-Region honors in field hockey. Amassed 19 goals and five assists. Also earned two varsity letters in gymnastics. A member of the honor roll. **Personal:** Born March 11, 1986. Daughter of Anthony and Mindy Tossone. Has two sisters Talia (16) and Spencer (8). Major is undecided.

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The Automated ScoreBook For Field Hockey

Old Dominion Combined Team Statistics (as of Dec 04, 2003)

All games

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**RECORD:**

**OVERALL**

- ALL GAMES: (14-10-0)  (9-4-0)  (4-6-0)  (1-0-0)

- CONFERENCE: (6-1-0)  (3-0-0)  (3-1-0)  (0-0-0)

- NON-CONFERENCE: (8-9-0)  (6-4-0)  (1-5-0)  (1-0-0)

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**TEAM STATISTICS**

- Old Dominion: 290 249 282 282
- Opponents: 282 282 282 282

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**GOALS**

- Shots/Attempts: 86-357 59-251
- Goals: 3.51 2.44
- Shots attempted: .241 .235
- Shots on goal: 14.3 10.5
- Assists: .62 .41
- Penalty corners: 221 143
- Penalty shots: 0 0
- Penalties: 0 0
- Fouls: 0 0
- Yellow cards: 0 0
- Red cards: 0 0
- Attendance:
  - Total: 2850 2496
  - Dates/Avg Per Date: 13/217 10/250
  - Neutral site #/Avg: 1/200

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**SHOTS BY PERIOD**

- 1st 2nd OT  Total
- Opponents: 86 122 173 .259
- Old Dominion: 44 187 237 .285

**GOAL TENDERS**

- GP Minutes GA Avg Sv Pct W L T Sh-At DS
- 22 Walker, Tina 24 1658:11 57 2.41 127 .690 13 10 0 8
- 1 Gordon, Mary Cate 2 34:36 3.83 .000 0 0 0 0
- 1 Total 24 1694:47 59 2.44 127 .683 13 10 0 5
- 24 1694:47 85 3.51 173 .671 10 12 0 2

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**Saves by Period**

- 1st 2nd OT Total
- Opponents: 24 1658:11 57 2.41 127 .690 13 10 0 8
- Old Dominion: 44 187 237 .259
- 1 Total 24 1694:47 59 2.44 127 .683 13 10 0 5
- 24 1694:47 85 3.51 173 .671 10 12 0 2

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- 1 Gordon, Mary Cate 2 34:36 3.83 .000 0 0 0 0
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- 24 1694:47 85 3.51 173 .671 10 12 0 2
**2003 SEASON REVIEW**

The Old Dominion field hockey team was asked to “Step-Up” in the 2003 season as new faces were asked to keep the same Lady Monarch tradition alive.

Sue Myers, long-time Old Dominion assistant coach, took over the reins of the program from 21-year veteran head coach Beth Anders, who took a leave of absence to coach the U.S. National Team in its quest to return to the Olympic Games. Myers, who had served under Anders for 15 seasons, had the task of taking over a squad which had lost seven members off its 2002 Final Four team and featured seven redshirt freshman and seven newcomers on its roster.

The Lady Monarchs finished the season with a 14-10 overall mark in playing the traditionally strong schedule that featured nine ranked opponents. In conference play, the Lady Monarchs suffered their first defeat in Colonial Athletic Association play since 1995, snapping a 58-game conference win streak, but still managed to top the CAA standings and capture their eighth consecutive and 12th overall title. Old Dominion, the only Division I school to appear in every NCAA Tournament since its inception back in 1981, returned to the NCAA Tournament for the 23rd time and advanced to the second round where they fell to eventual national runner-up, Duke.

The 2003 Lady Monarchs were led by a trio of seniors in midfielder Angie Loy, defender Melissa Leonetti, and goalkeeper Tina Walker. Loy finished her stellar career with 245 career points, ranking her third on Old Dominion’s all-time points leaders list. In her four-year career, the Loysville, PA native collected 77 goals and 56 assists. In addition to becoming the seventh Lady Monarch to earn CAA Player of the Year honors, Loy earned her second First Team All-America distinction. During the 2003 campaign, the senior midfielder led the Lady Monarchs with 24 goals, 21 assists, and 69 points ranking second nationally in scoring.

Leonetti, the driving force behind Old Dominion’s trademark tough defense, earned 2003 CAA Defender of the Year honors as well as earning her second All-America honor, being named to the third team. Earning her first nod to the All-CAA First Team, Leonetti ended her senior campaign with three goals to go along with a team-second best 12 assists. Defensively, the ERdenhiem, PA native helped her Lady Monarch team to shutouts over conference rivals William & Mary, Delaware, James Madison, Hofstra, and Towson.

Walker became the Lady Monarchs’ starting goalkeeper after spending the last three seasons as a reserve. The Suffolk, VA native played all but 36 minutes in net in Old Dominion’s 24 games in 2003, while recording a .690 save percentage and 2.41 goals against average. Walker made 127 stops in net and was in the cage for all eight Lady Monarch shutouts.

The three seniors had a plethora of young talent to aid them in their winning ways, as two of the three Lady Monarchs’ top scorers were sophomores. Defender Janelle Engle earned second team All-CAA honors, as she helped anchor the backfield and served a pivotal role in the penalty corner unit. Engle, who will return in 2004 as the Lady Monarchs’ second leading scorer, had five goals and nine assists for 19 points. Fellow second team All-CAA member sophomore midfielder Chilly Banuelos, was also a focal point on the offense as the squad’s second leading scorer amassing 10 goals, six assists, and 26 points, despite missing eight contests.

Additionally upperclassmen Lynn Farquhar and Beth Maddox bolstered the Lady Monarch line-up. Farquhar, a junior midfielder, moved into the starting-lineup after serving as a key reserve the previous season. In addition to recording a goal and an assist versus Towson, Farquhar tied for a team-best two defensive saves. Maddox was also a fundamental piece of the defensive unit for the second straight season. Offensively, she tallied four goals and an assist in 2003 including her first career goal against in a thrilling 6-5 overtime regular season victory over #11 Delaware.

Seniors Elizabeth Sharpe and Cora Gerardi along with sophomore Jennifer Angat entered the turf as reserves. Sharpe played in 17 match-ups and tallied her first career net in an upset over #11 Princeton. Additionally, Gerardi made seven appearances also reaching the back of the net in the upset victory over the Tigers. Angat entered 21 of the 24 contests for the Lady Monarchs in the midfield.

Six members of the freshman class cracked the 11-member starting line-up led by midfielder Anna Rogers, who will enter next season as the Lady Monarchs’ returning leading scorer. In her inaugural season as a Lady Monarch, Rogers tallied nine goals and four assists and was named a CAA Player of the Week as a rookie.

In addition to Rogers, the midfield was aided by Jenna McLane, Katie Claxton, Darcy Pinckbeck, Dana Sensenig, and Caroline Nichols. Claxton and Pinckbeck joined senior Angie Loy as the only Lady Monarchs to tally more than one game-winner in the 2003 season. Claxton, who added six goals and an assist on the season, scored game winners against James Madison and Towson. Pinckbeck ripped off game-winners in tournament action against Delaware in the CAA championship game and versus Richmond in the first round of the NCAA Tournament. Rookie Dana Sensenig also had 11 points in her freshman season, despite missing five games with a concussion.

Other key reserves included Rachel Daubert and Leslie DeSimone. Daubert, Old Dominion’s first ever CAA Rookie of the Week, knocked in the game-winner against #11 Delaware in a 6-5 victory with 12.9 second left in overtime and also fired off two goals in an 11-0 shutout victory against Towson. DeSimone appeared in eight games scoring a tally against the Towson Tigers.

While on the field the Lady Monarchs picked up two All-America awards, four All-CAA Honors, and two CAA Player of the Year distinctions, Old Dominion was also awarded for their achievement in the classroom. Ten Lady Monarchs were named to the NFHCA National Academic Squad for achieving a grade point average of 3.3 or higher. Angie Loy became the third Old Dominion field hockey student-athlete to earn the national achievement throughout her four-year career, while fellow seniors Melissa Leonetti and Tina Walker along with junior Lynn Farquhar were named to the squad for the third straight year. Janelle Engle, Cora Gerardi, Mary Cate Gordon, and Jenna McLane all appeared on the team for the second consecutive year, while newcomer Dana Sensenig rounded out the Lady Monarch list.

Several members of the 2003 Old Dominion squad were asked to “step-up” their games on the national level. Departing Lady Monarchs Angie Loy and Melissa Leonetti were both asked to join Anders on the U.S. National Team, with Loy earning a starting nod at both the Olympic and Pan American Qualifiers. Additionally, freshman Dana Sensenig was named to the U.S. Under-21 Team.

2004 OPPONENTS

HOFSTRA

Pride Schedule
August 29 vs. Longwood 31 vs. Old Dominion
September 2 vs. Hofstra 7 vs. Penn State 9 vs. Maryland 10 vs. Virginia 16 vs. Richmond 19 vs. American
October 3 vs. Delaware 25 vs. Towson

Location: Hempstead, NY
Enrollment: 12,691
Nickname: Pride
Colors: Navy Blue and Gold
Conference: Colonial Athletic Association (CAA)
President: Dr. Constantine N. Papadakis
Athletic Director: Neil Latham
Home Field: James M. Shuart Stadium (15,000)
Head Coach: Gary Gait
School Record/Years: 8-2-0 (9 seasons)
Assistant Coaches: Matt Bunevicius, Timmy Canady

2003 Record: 9-7

2003 Conference Record: 1-1

Starting Returning/Lost: 11/12

Field Hockey SID: Scott Golden
SID Phone: 516-463-6000
SID Fax: 516-463-6000
SID Email: scg37@hofstra.edu

www.hofstra.edu/athletics

DREXEL

Tiger Schedule
August 28 vs. UMBC 31 vs. Bucknell
September 2 vs. Rutgers 7 vs. Pennsylvania 9 vs. Richmond 17 vs. George Washington
18 vs. Old Dominion 22 vs. William & Mary 24 vs. Quinebaug 25 vs. Georgetown
October 1 vs. Va. Commonwealth 3 vs. James Madison 10 vs. Virginia 19 vs. Old Dominion
10 vs. William & Mary 16 vs. Old Dominion 20 vs. Hofstra 22 vs. Towson
27 vs. Old Dominion 31 vs. Delaware

Location: Philadelphia, PA
Enrollment: 12,691
Nickname: Dragons
Colors: Black, Navy Blue
Conference: Colonial Athletic Association (CAA)
President: Dr. Robert C. Generali
Athletic Director: Michael C. Hackett
Home Field: Franklin Field/FMES Field
Head Coach: Gary Gait
School Record/Years: 8-2-0 (9 seasons)
Career Record/Years: 44-89-7 (12 seasons)
Assistant Coaches: Neil Latham, John McLinden

2003 Record: 9-7

2003 Conference Record: 1-1

Starting Returning/Lost: 11/12

Field Hockey SID: Scott Golden
SID Phone: 215-895-3800
SID Fax: 215-895-3800
SID Email: scg37@drexel.edu

www.drexel.edu/sports

VA COMMONWEALTH

Tribe Schedule
August 28 vs. Ohio 31 vs. Ball State
September 4 vs. Pennsylvania 8 vs. Rutgers 11 vs. Richmond 15 vs. Charlotte 16 vs. Virginia
25 vs. Louisville 29 at Old Dominion
October 2 vs. Western Carolina 7 vs. Louisiana-Monroe 10 vs. William & Mary 19 vs. Old Dominion
20 vs. Virginia 25 vs. James Madison 30 at Old Dominion
31 vs. Princeton

Location: Williamsburg, VA
Enrollment: 11,691
Nickname: Rams
Colors: Gold, Black, White
Conference: Colonial Athletic Association (CAA)
President: Dr. John D. W.Sidebotham
Athletic Director: Erik P. Strom
Home Field: Busch Field (27,711)
Head Coach: Gary Gait
School Record/Years: 44-89-7 (12 seasons)
Career Record/Years: 230-155-5 (20 seasons)
Assistant Coaches: Matt Bunevicius, Timmy Canady

2003 Record: 9-7

2003 Conference Record: 1-1

Starting Returning/Lost: 11/12

Field Hockey SID: Dan O'Connell
SID Phone: 804-982-3530
SID Fax: 804-982-3530
SID Email: doconnell@vcu.edu

www.VACommonwealthSports.com

TOWSON

Blue Hen Schedule
August 28 vs. Delaware 31 vs. Duke of Louisville
September 4 vs. West Chester 5 vs. College of Charleston 9 vs. Towson 10 vs. Old Dominion 14 vs. Fairfield 16 vs. Delaware
17 vs. Old Dominion 19 vs. Lafayette 24 vs. Delaware 27 vs. Towson 30 vs. Delaware

Location: Towson, MD
Enrollment: 16,000
Nickname: Blue Hens
Colors: Gold, Royal Blue
Conference: Colonial Athletic Association (CAA)
President: Dr. John D. W.Sidebotham
Athletic Director: Erik P. Strom
Home Field: Peden Stadium
Head Coach: Gary Gait
School Record/Years: 215-164-18 (23 seasons)
Career Record/Years: 14-7-2 (12 seasons)
Assistant Coaches: Matt Bunevicius, Timmy Canady

2003 Record: 9-7

2003 Conference Record: 1-1

Starting Returning/Lost: 11/12

Field Hockey SID: Dan O'Connell
SID Phone: 410-425-3000
SID Fax: 410-425-3000
SID Email: doconnell@towson.edu

www.towsontigers.com

DELaware

Tiger Schedule
September 2 vs. Old Dominion 10 vs. William & Mary 12 vs. Old Dominion 19 vs. Hofstra 24 vs. Hofstra 26 vs. Old Dominion
28 vs. Old Dominion 30 at Towson

Location: Newark, DE
Enrollment: 16,000
Nickname: Blue Hens
Colors: Gold, Royal Blue
Conference: Colonial Athletic Association (CAA)
President: Dr. John D. W.Sidebotham
Athletic Director: Erik P. Strom
Home Field: Peden Stadium
Head Coach: Gary Gait
School Record/Years: 215-164-18 (23 seasons)
Career Record/Years: 14-7-2 (12 seasons)
Assistant Coaches: Matt Bunevicius, Timmy Canady

2003 Record: 9-7

2003 Conference Record: 1-1

Starting Returning/Lost: 11/12

Field Hockey SID: Dan O'Connell
SID Phone: 302-831-3766
SID Fax: 302-831-8850
SID Email: doconnell@udel.edu

www.udel.edu/sportsinfo

Princeton University

Tribe Schedule
October 28 vs. Princeton 31 vs. Lafayette

Location: Princeton, NJ
Enrollment: 4,600
Nickname: Tigers
Colors: Orange and Black
Conference: Ivy League
President: Susan A. H. Martin
Athletic Director: Len Downey
Home Field: Shuster Field (4,000)
Head Coach: Gary Gait
School Record/Years: 215-164-18 (23 seasons)
Career Record/Years: 14-7-2 (12 seasons)
Assistant Coaches: Matt Bunevicius, Timmy Canady

2003 Record: 9-7

2003 Conference Record: 1-1

Starting Returning/Lost: 11/12

Field Hockey SID: Dan O'Connell
SID Phone: 609-258-5655
SID Fax: 609-258-5655
SID Email: daverose@princeton.edu

www.GoPrincetonTigers.com

JAMES MADISON

Duke Schedule
October 2 vs. Duke 5 vs. William & Mary 10 vs. Old Dominion 12 vs. Hofstra 19 vs. Hofstra 25 vs. Old Dominion

Location: Harrisonburg, VA
Enrollment: 10,000
Nickname: Dukes
Colors: Purple and Gold
Conference: Colonial Athletic Association
President: Dr. James M. Huggins
Athletic Director: Dr. John D. W.Sidebotham
Home Field: Shuster Field (4,000)
Head Coach: Gary Gait
School Record/Years: 215-164-18 (23 seasons)
Career Record/Years: 14-7-2 (12 seasons)
Assistant Coaches: Matt Bunevicius, Timmy Canady

2003 Record: 9-7

2003 Conference Record: 1-1

Starting Returning/Lost: 11/12

Field Hockey SID: Dan O'Connell
SID Phone: 540-568-3703
SID Fax: 540-568-3703
SID Email: ath2sjw@hofstra.edu

www.jmusports.com

www.vcurams.vcu.edu
In 1990, the Lady Monarchs went 23-2-1 en route to winning their fifth NCAA trophy. At the tail end of the season, the club began what became known as “The Streak,” a string of 66 wins that spanned the '90, '91, '92, and '93 seasons with 48 shutout victories included. In 1991 and 1992, the team enjoyed back-to-back perfect seasons, compiling an impeccable 51-0 record over the two additional national championship seasons. With the wins, Old Dominion became the only team in field hockey history to complete the “three-peat” two different times.

In addition to the impressive winning ways of the Old Dominion program in the early '90's, the Lady Monarch teams showed complete domination on both ends of the field. During that three year span, Old Dominion outscored their opponents by a 325-26 margin. The team allowed just four goals in the 1992 season while scoring 163.

Darcy Pinchbeck

Caroline Nichols
YEAR-BY-YEAR RESULTS

1991 (26-0)
NCAA CHAMPIONS
CAA CHAMPIONS
Northern Illinois W,10-0
Penn State W,9-2
Maryland W,7-2
Lafayette W,6-0
Boston University W,6-0
American W,11-0
Virginia W,6-0
North Carolina W,6-0
Richmond W,6-0
Marshall W,1-0
Washington W,1-0
Maryland W,1-0
Temple W,1-0

Head Coach: Beth Anders

1992 (25-0)
NCAA CHAMPIONS
CAA CHAMPIONS
North Carolina W,5-0
Virginia W,7-0
Northwestern W,6-0
American W,5-0
Maryland W,3-0
Richmond W,1-0
James Madison W,1-0
James Madison W,0-1
Virginia W,7-0
Penn State W,7-0
North Carolina W,7-0
North Carolina W,7-0
North Carolina W,7-0
Northeastern W,7-0
Maryland W,5-0

Head Coach: Beth Anders

1993 (17-4-2)
CAA CHAMPIONS
James Madison* W,3-2
James Madison (2OT) W,3-2
at VCU* (2OT) W,1-0
at William & Mary W,2-0
at St. Joseph’s W,1-0
at West Chester W,1-0
Penn State L,1-1
William & Mary (OT) L,1-0
at William & Mary W,2-0
at Virginia W,2-0
at Maryland L,1-2
at Duke W,2-0

Head Coach: Beth Anders

1994 (17-6-1)
CAA CHAMPIONS
St. Joseph’s W,4-0
at Radford* W,7-0
at James Madison (OT) W,1-0
at James Madison W,1-0
at William & Mary* W,2-0
at Virginia W,1-0
at William & Mary* W,1-0
at Virginia W,1-0
at William & Mary* W,2-0
at Virginia W,1-0
at St. Joseph’s W,4-0
at Temple W,1-0

Head Coach: Beth Anders

1995
NCAA CHAMPIONS
CAA RUNNER-UP
CAA CHAMPIONS
vs. James Madison% W,1-0
American% W,3-1
Temple W,15-0
at Princeton W,2-0
vs. Drexel W,4-0
at Radford* W,8-0

Head Coach: Beth Anders

1996 (19-5-0 CAA)
CAA CHAMPIONS
Duke W,7-0
at Penn State W,7-0
vs. Virginia W,4-2
Ball State W,3-3
vs. Virginia W,3-2
vs. North Carolina# W,1-2

Head Coach: Beth Anders

1997 (22-3-6 CAA)
CAA CHAMPIONS
Richmond W,1-0
Wake Forest W,6-0
America* W,11-0
Boston University W,7-0
Penn State W,8-1
Northeastern W,1-0
vs. Virginia W,2-0
at James Madison W,9-1
at Richmond W,9-0
at Temple W,8-1
at St. Joseph’s W,7-0

Head Coach: Beth Anders

1998 (23-2-6 CAA)
CAA CHAMPIONS
Duke W,7-0
James Madison* W,8-1
Ball State W,7-1
at Penn State W,7-1
Boston Univ. (OT) W,1-0
Northeastern W,1-0
at Virginia W,3-1
at William & Mary* W,7-0
at Virginia W,3-1

Head Coach: Beth Anders

1999 (17-7-5 CAA)
CAA CHAMPIONS
at Richmond* W,4-0
American* W,4-0
Maryland W,5-3
Northeastern W,5-3
Penn State W,1-0
Princeton W,4-0

Head Coach: Beth Anders

2000 (25-1-5 CAA)
NCAA CHAMPIONS
at Penn State W,4-3
at #1 Maryland (2OT) W,2-0
at #1 Temple W,6-0
at #14 Princeton W,3-2
at Virginia W,7-0
at #11 Maryland W,1-0

Head Coach: Beth Anders

2001 (18-5-3 CAA)
CAA CHAMPIONS
at Michigan State (OT) L,2-3
at #4 Michigan L,0-1
#2 Maryland W,4-0
#9 Penn State W,3-1
#5 Wake Forest W,3-2
Boston University W,4-0
at Virginia Commonwealth* W,7-1
at #2 Virginia L,0-1

Head Coach: Beth Anders

2002 (24-4-7 CAA)
CAA CHAMPIONS
#9 Michigan State W,3-2 (OT)
#19 Kent State W,6-2
at Towson* W,15-0
at #1 Maryland L,0-2
#15 Duke W,8-1
New Hampshire W,8-0
at #10 North Carolina L,0-2
at William & Mary* W,4-0
#9 James Madison W,3-0
Virginia Commonwealth W,10-8
#15 Virginia W,11-0
at #13 Princeton W,4-1
at #17 Delaware W,5-1
Hofstra W,5-0
#1 Maryland W,1-0
Drexel W,9-1
at #2 Michigan W,4-3 (OT)
at #8 Penn State L,2-3
at #14 Princeton W,3-2
#8 North Carolina W,3-2 (PS)
#10 James Madison W,2-1
#20 William & Mary %, W,2-0
Richmond # W,5-1
#5 Maryland W,2-1

Head Coach: Beth Anders

2003 (14-10-6 CAA)
CAA CHAMPIONS
Louisville W,5-1
#4 Penn St L,6-2
#3 Maryland W,2-1
Stanford W,5-2
#18 William & Mary %, W,5-0
at Northeastern W,4-0
at #2 North Carolina L,4-0at
#4 Duke W,3-2
at James Madison W,5-0
at #12 Virginia W,4-1
at Hofstra* W,2-0
Drexel W,5-1
Towson W,11-0

Head Coach: Beth Anders

2004
CAA CHAMPIONS
at Detroit W,3-1
at #4 Michigan W,5-0
at #19 Towson W,5-1
at #15 Duke W,6-5
New Hampshire W,8-0
at #10 North Carolina L,0-2
at William & Mary * W,4-0
at Virginia W,7-0
at #10 James Madison W,3-0
Virginia Commonwealth W,10-8

Head Coach: Beth Anders

Interim Head Coach: Sue Myers

### NCAA TOURNAMENT YEAR-BY-YEAR

<table>
<thead>
<tr>
<th>Year</th>
<th>Round</th>
<th>Team 1</th>
<th>Score</th>
<th>Team 2</th>
<th>Score</th>
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<td>Semifinals</td>
<td>Connecticut</td>
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<td>0</td>
<td>Old Dominion 2, Long Beach St. 1 (2OT-PS)</td>
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<td>1982</td>
<td>Second Round</td>
<td>Old Dominion 1, Northwestern</td>
<td>0</td>
<td>Old Dominion 4, Penn State 3 (OT)</td>
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<tr>
<td>1983</td>
<td>Second Round</td>
<td>Old Dominion 8, North Carolina 0</td>
<td>Old Dominion 3, Massachusetts 2</td>
<td>Old Dominion 3, Connecticut 1 (3OT)</td>
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<td>1984</td>
<td>Second Round</td>
<td>Old Dominion 10, Virginia 0</td>
<td>Old Dominion 2, Connecticut 1</td>
<td>Old Dominion 5, Iowa 1</td>
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<td>1985</td>
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<td>Old Dominion 3, Virginia 1</td>
<td>Old Dominion 3, North Carolina 2</td>
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<td>Penn State 1, Old Dominion 0</td>
<td>Old Dominion 4, Virginia 0</td>
<td>Old Dominion 5, North Carolina 0</td>
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<td>Old Dominion 2, North Carolina 1</td>
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<td>Old Dominion 2, Iowa 1</td>
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<td>1989</td>
<td>Second Round</td>
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<td>Old Dominion 1, Northwestern 0 (OT)</td>
<td>North Carolina 2, Old Dominion 1 (3OT-PS)</td>
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<td>Old Dominion 1, Iowa 0</td>
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<td>1991</td>
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<td>Old Dominion 3, Maryland 1</td>
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<td>1992</td>
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<td>Old Dominion 6, Maryland 0</td>
<td>Old Dominion 5, North Carolina 0</td>
<td>Old Dominion 4, Iowa 0</td>
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<td>1993</td>
<td>First Round</td>
<td>James Madison 1, Old Dominion 0</td>
<td>Iowa 3, Old Dominion 2 (OT)</td>
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<td>1994</td>
<td>Second Round</td>
<td>Old Dominion 2, Virginia 1 (OT)</td>
<td>Maryland 1, Old Dominion 0</td>
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<tr>
<td>1996</td>
<td>Second Round</td>
<td>Old Dominion 7, Maryland 4</td>
<td>Princeton 4, Old Dominion 3 (OT)</td>
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<td>Old Dominion 9, Ball State 3</td>
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<td>North Carolina 3, Old Dominion 2</td>
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<td>1998</td>
<td>Second round Semifinals</td>
<td>Old Dominion 7, North Carolina 2</td>
<td>Old Dominion 3, Virginia 0</td>
<td>Old Dominion 3, Princeton 2</td>
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<td>1999</td>
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<td>Old Dominion 3, Virginia 0</td>
<td>Maryland 3, Old Dominion 2 (OT)</td>
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<td>2000</td>
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<td>Old Dominion 6, Stanford 1</td>
<td>Old Dominion 6, Connecticut 4</td>
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<td>2001</td>
<td>First Round</td>
<td>Old Dominion 6, Massachusetts 1</td>
<td>Princeton 2, Old Dominion 1</td>
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<td>2002</td>
<td>First Round</td>
<td>Old Dominion 5, Richmond 1</td>
<td>Old Dominion 4, Maryland 1</td>
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<td>2003</td>
<td>First Round</td>
<td>Old Dominion 4, Richmond 2</td>
<td>Duke 8, Old Dominion 2</td>
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</table>

### NCAA TOURNAMENT INDIVIDUAL RECORDS

- **Most Goals - One Game:** 4 - Kristy Gleason, Iowa (7) vs. Stanford (2), 11/8/90; Macha van der Vaart, Old Dominion (5) vs. North Carolina (0), 11/18/90; Kelli James, Old Dominion (6) vs. Maryland (0), 11/15/92; Chris Maloney, Penn St. (4) vs. Stanford (2), 11/15/92; and Marina DiGiacomo, Old Dominion (6) vs. Wake Forest(0), 11/17/00

- **Most Goals - One Tournament:** 11 - Marina DiGiacomo, Old Dominion, four games (2000)

- **Most Assists - One Game:** 6 - Cheryl Van Kuren, Old Dominion (10) vs. Virginia (0), 11/11/84

- **Most Assists - One Tournament:** 7 - Cheryl Van Kuren three games (1984)

- **Most Saves - One Game:** 36 - Missy Farwell, Virginia (2) vs. North Carolina (1), 11/10/84

- **Fewest Goals Per Game - One Tournament:** 0.00 - Kathy Fosina , Old Dominion, three games, 1990; Kim Decker, Old Dominion, three games (1992)

### NCAA TOURNAMENT TEAM RECORDS

- **Most Goals - One Game:** 10 - Old Dominion (10) vs. Virginia (0) 11/11/84

- **Most Goals - Both Teams:** 11 - Old Dominion (7) vs. Maryland (4), 11/17/96

- **Most Goals Per Game - One Tournament:** 5.67 - Old Dominion, three games (1984)

- **Fewest Goals Per Game Allowed - One Tournament:** 0.00 - Old Dominion, three games (1990); Old Dominion, three games (1992)

- **Most Penalty Corners - One Game:** 31 - Old Dominion (10) vs. Virginia (0) 11/11/84
**GOALS**

<table>
<thead>
<tr>
<th>Rank</th>
<th>Name</th>
<th>Team</th>
<th>Years</th>
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<td>199</td>
<td>Chris Dufner</td>
<td>SW Missouri St.</td>
<td>1976-79</td>
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<tr>
<td>167</td>
<td>Maaike Hilbrand</td>
<td>Old Dominion</td>
<td>88-89, 91-92</td>
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<tr>
<td>167</td>
<td>Marina DiGiacomo</td>
<td>Old Dominion</td>
<td>1997-2000</td>
</tr>
<tr>
<td>132</td>
<td>Kristy Gleason</td>
<td>Iowa</td>
<td>1989-93</td>
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<tr>
<td>126</td>
<td>Sally Northcroft</td>
<td>Ball State</td>
<td>1996-99</td>
</tr>
<tr>
<td>117</td>
<td>Sue Marcellus</td>
<td>Ohio State</td>
<td>1976-79</td>
</tr>
<tr>
<td>117</td>
<td>Jane Catanzaro</td>
<td>Temple</td>
<td>1987-90</td>
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<td>116</td>
<td>Carole Thate</td>
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<td>1993-95</td>
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<td>103</td>
<td>Stacey Ann-Siu-Butt</td>
<td>American</td>
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<td>101</td>
<td>Meredith Thorpe</td>
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<td>1995-98</td>
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**ASSISTS**

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<td>Jill Reeve</td>
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<td>129</td>
<td>Winnifred Sanders</td>
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<td>Pam Neiss</td>
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<tr>
<td>80</td>
<td>Marina DiGiacomo</td>
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<td>76</td>
<td>Kerri Schoulitz</td>
<td>Ball State</td>
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<td>71</td>
<td>Jen Pratt</td>
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<td>70</td>
<td>Jennifer Averill</td>
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<td>67</td>
<td>Michele Barnard</td>
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<td>67</td>
<td>Carolyn Sarr</td>
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<tr>
<td>66</td>
<td>Kelli James</td>
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**POINTS**

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<td>414</td>
<td>Marina DiGiacomo</td>
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<tr>
<td>398</td>
<td>Chris Dufner</td>
<td>SW Missouri St.</td>
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<td>372</td>
<td>Maaike Hilbrand</td>
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<td>230</td>
<td>Meredith Thorpe</td>
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**SHUTOUTS (CAREER)**

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<tr>
<td>56.0</td>
<td>Kim Decker</td>
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<td>54.0</td>
<td>Patti Shea</td>
<td>Massachusetts</td>
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<tr>
<td>49.0</td>
<td>Philippa Scott</td>
<td>Massachusetts</td>
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<td>48.0</td>
<td>Donna Lee</td>
<td>Iowa</td>
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<td>40.0</td>
<td>Eileen Moyer</td>
<td>Iowa</td>
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<tr>
<td>39.5</td>
<td>Michele Brennan</td>
<td>Penn State</td>
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<tr>
<td>38.5</td>
<td>Lori Heywood</td>
<td>Boston Univ.</td>
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<tr>
<td>36.0</td>
<td>Andrea Wieland</td>
<td>Iowa</td>
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**GOALS AGAINST AVERAGE (CAREER)**

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<tr>
<td>0.51</td>
<td>Evelyn Spee</td>
<td>North Carolina</td>
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<tr>
<td>0.54</td>
<td>Kathy Mulvey</td>
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</tbody>
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**Please note these records are constantly under review as research continues. If you have any knowledge of changes that need to be made, please contact the ODU Athletic Public Relations Office.**
**INDIVIDUAL & TEAM RECORDS**

**OLD DOMINION INDIVIDUAL RECORDS**

- Most Goals Scored, Game: 8 - Carina Benninga vs. Richmond 9/25/80
- Most Assists, Game: 7 - Heather Eastburn vs. VCU, 11/2/96
- Most Shutouts, Career: 70 - Kathy Fosina (1988-91)

**OLD DOMINION TEAM RECORDS**

- Most Victories: 26 - 1988 (26-1) & 1991 (26-0)
- Best Winning Percentage: 1.000 - 1984 (23-0), 1991 (26-0) & 1992 (25-0)
- Best Home Record: 17-0 in 2000
- Longest Home Winning Streak: 46 - 10/28/80 vs. Mary Washington to 10/22/85 vs. VCU
- Most Goals Scored: 163 in 1992
- Highest Scoring Avg.: 6.52 in 1992
- Most Goals Allowed: 45 in 1996
- Fewest Goals Allowed: 4 in 1992
- Most Shutouts: 21 in 1992
- Most Goals in One Game: 16 - vs. American (16-0) 10/6/89; vs. VCU (16-0) 11/2/96
- Most Shutouts in a row: 9 in 1989 & 1991

**CAA TOURNAMENT RECORDS**

- Most Goals - One Game: 5 - Marina DiGiacomo vs. Richmond, 11-6-99
- Most Assists - One Game: 6 - Kelli James and Jill Reeve vs. James Madison, 11/7/92
- Most Assists - One Tournament: 8 - Jill Reeve (1991)

**OLD DOMINION BY THE NUMBERS**

- 3: Old Dominion was the first school to win three consecutive NCAA national championships and the only school to do it twice. The Lady Monarchs pulled off the “three-peat” on two separate occasions, winning back-to-back-to-back titles in 1982, 1983, 1984 and again in 1990, 1991, 1992.
- 3: The Lady Monarchs have had three undefeated seasons (1984, 1991, 1992). In addition, during 17 years of Anders’ tenure, the team has had five or fewer losses.
- 3.0: The Old Dominion University field hockey program is a team steeped in excellence both on and off the field. Since 1989, the team has enjoyed a group GPA over 3.00.
- 4: Old Dominion University’s first-ever Rhodes Scholar was a product of the field hockey program. Sam Salvia (’96) graduated with a perfect 4.0 GPA in environmental engineering.
- 4: Old Dominion is the only school to make an appearance in all 23 NCAA tournaments that have been held in field hockey. The Lady Monarchs have been to 15 Final Fours and won an unmatched nine championships trophies.
- 23: 10 CAA Players of the Year, Nine Tournament MVPs, 32 Academic All-Americans, 16 members of Hall of Fame.
- 43: Old Dominion has produced 43 All-Americans, 31 Academic All-Americans, 11 former Olympians, nine CAA Players of the Year, eight CAA Tournament MVPs, five Rookie of the Year, and 15 members of the Old Dominion Hall of Fame.
- 66: Beginning in 1990 and spanning through to part of the 1993 season, Old Dominion compiled what has become known as “The Streak,” a string of 66 wins against no losses. Of those 66 wins, 48 of them were shutouts.
- 70: Old Dominion has played 70 different teams in the history of the school’s field hockey program. The Lady Monarchs have an edge in all but nine of those opponent series.
- 11: Under head coach Beth Anders, Lady Monarch field hockey teams have outscored their opponents nearly six to one, scoring 2238 goals while allowing just 416 over 20 seasons.
The Colonial Athletic Association celebrates its 20th Anniversary in 2004-05, proud of its past and excited about the future.

Boasting a roster of 10 (soon to be 12) well-respected academic institutions, the CAA has established itself as one of the nation’s top collegiate conferences. On the playing field, the league has produced 16 national team champions in five different sports, 33 individual national champions, 11 national coaches of the year, 11 national players of the year and 12 Honda Award winners. The CAA has consistently ranked among the top 15 in the Sears Directors Cup standings and has been the nation’s top-ranked Division I non-football conference in recent years.

Even more impressive, however, are the honors accumulated away from competition, which include five Rhodes Scholars and 16 NCAA post-graduate scholars. Last year, the CAA had eight CoSIDA Academic All-Americans, including five who were selected to the first team. Over 1,200 CAA student-athletes posted at least a 3.2 grade point average while lettering in a varsity sport and received the CAA Commissioner’s Academic Award in 2003-04.

With a geographic footprint that currently stretches from the shadow of the Statue of Liberty to the beaches of North Carolina, the landscape of the conference includes four of the nation’s top 25 media markets – New York (1), Philadelphia (4), Washington, D.C. (8) and Baltimore (24). That reach will expand even wider in 2006 with the addition of Georgia State University in Atlanta and Northeastern University in Boston, giving the CAA a presence in five of the nation’s nine largest metropolitan areas.

The CAA conducts championships in 21 sports. Male athletes compete for championships in baseball, basketball, cross country, golf, lacrosse, soccer, swimming & diving, tennis, track & field and wrestling. Female athletes battle for conference titles in basketball, cross country, field hockey, golf, lacrosse, soccer, softball, swimming & diving, tennis, track & field and volleyball.

In men’s basketball, the CAA has earned a reputation as a “giant killer” in the NCAA Tournament. Since 1981, CAA schools have posted 12 wins over higher-seeded teams. Last year, seven of the league’s 10 teams were among the top 100 in the RPI and four were ranked in the top 100. In women’s basketball, the CAA ranked ninth among the nation’s 31 conferences in 2003-04. Perennial power Old Dominion has captured three national championships (1979, 1980, 1985) and reached the title game again in 1997.

The conference has also excelled in many other sports. CAA squads have won 10 field hockey national titles since the championship began in 1981, which is not only more than any other conference but represents nearly half of all titles won. In baseball, at least two CAA teams have earned NCAA Tournament berths for seven consecutive seasons. The CAA is annually ranked among the nation’s top 10 conferences in men’s and women’s swimming & diving, men’s and women’s track & field and volleyball.

Under the direction of Commissioner Thomas E. Yeager, who has guided the CAA since its inception, the league currently includes 10 members and will expand to 12 in 2006. Core members George Mason University, James Madison University, the University of North Carolina at Wilmington, Old Dominion University, Virginia Commonwealth University, Hofstra University, Delaware, Drexel University, Old Dominion University and Towson University in 2001. Georgia State University and Northeastern University will become members of the conference in July, 2006.

The CAA traces its roots back to 1983 when three of its current members - George Mason, James Madison and William and Mary - were aligned with East Carolina University, the United States Naval Academy and the University of Richmond as a basketball league (ECAC South). The next two years, the league added 11 sports, acquired two new members (UNC Wilmington and American University) and decided to form a new association. The transformation from ECAC South to CAA took place on June 6, 1985. By the fall of 1986, the league gained automatic bids to NCAA Championships in men’s basketball, soccer, baseball and women’s basketball and formed an officials’ bureau. Old Dominion became a member of the CAA in 1991-92 and Virginia Commonwealth University joined the conference prior to the 1995-96 season.

From all-star athletes to Nobel prize winning faculty, the CAA takes great pride in producing performers who stand out both on the playing field and in the classroom.
LADY MONARCHS

--- A ---
Aardenburg, Willemien .......................... 1984
Aikens, Maureen .............................. 1983-85
Armstrong, Lisa ................................. 1985
Augustine, Sarah .............................. 1995-97

--- B ---
Bant, Lotte ........................................ 2001-02
Banuelos, Chilly ................................ 2003
Barnes, Kim ........................................ 1982
Baylor, Brianne ................................. 1998
Beaor, Becky ....................................... 1995-98
Behrens, Shelly .................................. 1984-87
Benninga, Carina ............................... 1980
Berry, Jinger ....................................... 1986
Blom, Tessa ......................................... 1995-96
Borrelli, Diana .................................... 1989-92
Bouch, Mary Beth ................................. 1987
Bracalente, Diane ................................ 1981-84
Brandon, Margaret ................................ 1989-92
Broadhurst, Lori ................................... 1984
Brinsfield, Judy ................................... 1978-80
Bruns, Carolin ..................................... 1991
Burch, Kelly ....................................... 1993-94

--- C ---
Callahan, Sue ..................................... 1991-94
Carper, Crystal .................................... 1998-01
Chelllow, Danielle ............................... 1993-96
Cipolone, Maureen ............................... 1978
Clark, Lois .......................................... 1978

--- Claxton, Katie ---
Claxton, Katie ..................................... 2003
Cororan, Carol .................................... 1979-80
Creasy, Laura ...................................... 1978-79
Currie, Lynn ........................................ 1983-84
Cutler, Joyce ....................................... 1982-85

--- D ---
Dano, Sue .......................................... 1992-94
Daubert, Rachel .................................... 2003
Davis, Gwen ........................................ 1992-94
Davis, Karen ....................................... 1991-92
Deckelman, Jen .................................... 1990
Decker, Kim ........................................ 1992-95
DeHaas, Annette ................................... 1989
De Jager, Melanie .................................. 2001

--- Delutis, Rosanna ---
Delutis, Rosanna .................................. 2003
DeSimone, Leslie .................................. 2003
DiGaico, Marina ................................. 1997-00
Derr, Danielle ...................................... 1993-95
Duwaer, Irene ..................................... 1993
Doran, Lisa ......................................... 1986-89
Driscoll, Kelly ..................................... 1994-98

--- E ---
Eastburn, Heather ............................... 1994-97
Evans, Joey ........................................ 1995-97

--- F ---
Fosina, Kathy ......................................... 1988-91
Filo, JoAnn ......................................... 1979
Fisher, Jill ......................................... 1985-88
Fortanier, Lisette .................................. 1998
Freeman, Marybeth ............................... 1999-02

--- Gerardi, Cora ---
Gerardi, Cora ..................................... 2001-03
Gieson, Joepke ..................................... 1991
Glecky, Dena ........................................ 1992
Graham, Jackie ..................................... 1983-86
Gulden, Wendy ..................................... 1985-88

--- H ---
Hagan, Helen ....................................... 1979-80
Havens, Peggy ...................................... 1979
Herrmann, Tara .................................... 1999-02
Hess, Heather ....................................... 1994-96
Hicks, Sandy ........................................ 1978
Hightower, Yogi .................................... 1979-82
Hilbrand, Charlotte ................................ 1992
Hilbrand, Maaike .................................. 1988-92
Hill, Dawn ......................................... 1982-85
Hill, Janie ......................................... 1996-99
Hoirnsky, Carrie ................................... 1991-93
Hoirnsky, Lynn ..................................... 1987-90
Hoder, Mary Beth ................................... 1978-81
Houser, Renee ...................................... 1994-96
Hunt, Alana ......................................... 1992-94
Hurt, Gail .......................................... 1979

--- James, Kelli ---
James, Kelli ....................................... 1988-92
Jurriens, Marije ................................... 1988

--- K ---
Kamish, Sue ........................................ 1979-82
Kodde, Else ......................................... 1981
Knor, Laura .......................................... 1989-92

--- L ---
Large, Cathy ....................................... 1984-87
LePoole, Eveline ................................... 1982
Leonetti, Melissa .................................. 2000-03
Loy, Angie .......................................... 2000-03
Loy, Becky .......................................... 1998-02

--- Maddox, Elizabeth ---
Maddox, Elizabeth ................................ 2000-02
McCargo, Nori ...................................... 1986-88
McLane, Jenna ....................................... 2003
Mahoney, Mary Beth ............................... 1986-88
Mears, Adele ......................................... 1982-83
Mendes, Christy ..................................... 1990
Miller, Ashleigh ..................................... 1996-99
Miller, Kim .......................................... 1996-99
Miracle, Julie ....................................... 1998-01
Morgan, Christy ..................................... 1981-84
Moyer, Katie ........................................ 1999-02

--- N ---
Neill, Laura ........................................ 2000-01
Nee, Karen .......................................... 1991-94
Nee, Pam ............................................. 1988-91
Neumann, Katja ................................... 1993
Nichols, Nikki ...................................... 2003-06
Nicholson, Greta ................................... 1978-81

--- O ---
Olmstead, Dawn .................................... 1995-98

--- P ---
Peterson, Carin .................................... 1983
Phelps, Vikki ....................................... 1979
Finchbeck, Darcy .................................. 2003-04
Powers, Joanne .................................... 1985-86
Rawstron, Emma Sue ............................. 1995
Reeve, Jill ......................................... 1989-92
Rhoades-Fisher, Casie ............................ 1995-98
Rodgers, Heidi ..................................... 1977-79
Rodio, Donna ....................................... 1984-86
Rogers, Anna ....................................... 2003-05
Roskott, Anne-Margot ............................ 1998-00

--- S ---
San Giavanni, Terese ............................ 1984-86
Sanders, Winnifred ................................ 1987-90
Sarr, Carolyn ....................................... 1986-89
Salvia, Sat .......................................... 1992-95
Scholten, Brenda ................................... 1977-78
Seltman, Stelly ..................................... 1985-86
Seltzer, Patty ....................................... 1980
Senseny, Dana ..................................... 2003-06
Sharpe, Elizabeth .................................. 2001-03
Shepherd, Jennifer ............................... 1990-92
Simon, Heather ..................................... 1994-97
Smith, Mimi .......................................... 1995-98
Smith, Robin ........................................ 1989-92
Smith, Staci ......................................... 1996-98
Snow, Tiffany ....................................... 1999-02
Steadman, Laura .................................... 1998-02
Stewart, Amanda .................................... 1982

--- T ---
Tillotson, Trish (Patricia) ........................ 1977-80
Travis, Diane ........................................ 1980
Tumas, Paula ........................................ 1986-88

--- V ---
van der Rijt, Rosemarie ........................... 1996-97
van der Sommen, Marjolijn .................... 1999-00
van der Vaart, Macht ................................ 1990
van der Veldt, Danja ............................... 1993
Van Kuren, Cheryl .................................. 1982-85
Veraart, Eveline .................................... 1983-84
Von Dassel, Catharine .............................. 1981-82

--- W ---
Walker, Tina ........................................ 1999-03
Wallace, Cindy ...................................... 1981-84
Walsh, Jennifer ..................................... 1983
Walton, Rhia ........................................ 1977-78
Wiersma, Kimke .................................... 1990
Wiest, Sheri ......................................... 1994
Willems, Ilja ........................................ 1992
Williams, Tenille ................................... 1998-00
Wolf, Ingrid ......................................... 1983
Wood, Tracy ......................................... 1989
Sina Wulf ............................................. 1997

--- Y ---
Yoder, Adrienne .................................... 1998-01
Yost, Margie ........................................ 1981-82

--- Twelve Time CAA Champions ---

Where are they NOW?

CLASS OF 1981
Greta Nicholoson
Job: Master electrical contractor
Location: Virginia

CLASS OF 1982
Judy Brinsfield
Job: International Field Hockey
Umpire, Lafayette HS
teacher & coach
Location: Williamsburg, Virginia

CLASS OF 1983
Yogi (Highwater) Booth §-‡
Major: Health & Physical Education
Job: Ocean Lakes High School,
teacher
Location: Virginia Beach, Virginia

Carynne Claude
Job: NCAAR Representative
Location: Indianapolis, Indiana

Mary Beth Holder §
Job: Speech & Hearing Coach
Location: New Jersey

Sue Kamish
Job: State investigator
Location: Vermont

Helen (Hagan) Ritz
Job: Physical Therapist
Location: Virginia

Carol (Corcoran) Zeisler
Job: HS teacher and coach
Location: Norfolk, Virginia

Kim Barnes §
Job: Lake Taylor High School
Coach
Location: Virginia, Virginia

Dob (Tunney) Fox §
Job: Environmental project supervisor
Location: Delaware

CLASS OF 1984
Adelle Mears-Weninger §
Major: Criminal Justice
Location: Delaware

Christy Morgan §§-‡ 88
Major: Physical Education
Job: Self-employed
Location: Virginia

Eveline Veraart §
Major: Sports Management
Job: Business administration
Location: The Netherlands

Diane (Beauchamp) June §§-‡ 88
Job: Pinnacle Software
Location: New York

Joyce Cutler §
Major: Physical Therapy
Job: Chiropractor
Location: Georgia

Dawn Hill §§-
Major: Physical Education
Job: Assistant Coach
University of Delaware
Location: Newark, Delaware

Cheryl Van Kuren §§-‡ 88
Major: Sports Medicine
Job: Landmark Manager
Location: Maryland

Denise O’Connell §
Job: Princess Anne HS
teacher and coach
Location: Virginia Beach, Virginia

Cindy (Wallace) Hall §§-
Job: Marketing director
Location: Virginia

CLASS OF 1987
Jackie (Grady) Zenzerak §§-
Location: Philadelphia, Pennsylvania

Joanne Powers §
Job: Business
Location: Atlanta, Georgia

Donna (Rodis) Paternoster §
Job: Medical sales director
Location: Pennsylvania/New Jersey

Stelly (Seltman) Rechel §-
Job: Housewife
Location: Maryland

CLASS OF 1988
Shelly Behrens §
Major: Physical Education
Job: Head Coach, VCU
Location: Richmond, Virginia

Cathy (Large) Long §
Job: Sports Management and
Physical Education
Location: Virginia Beach, Virginia

Paula Tumas §
Job: Bank customer service mgr.
Location: Virginia

CLASS OF 1989
Mary Lib DeLong §
Job: HS teacher and coach
Location: Norfolk, Virginia

Wendy Gulden §
Major: Sports Management
Job: Teacher, First Colonial HS.
Location: Virginia Beach, Virginia

Lynd (Hoinsky) Barr §§-
Major: Elementary Education
Job: High school teacher and
coach
Location: New York

Carolyn (Sar) Sheehan §§-
Major: Elementary Education
Job: Elementary school
teacher and coach
Location: New Jersey

Mary Beth (Maloney) Nolan §
Major: Business
Job: Nurse
Location: Hartford, Connecticut

CLASS OF 1990
Mary Beth Bensley §
Job: Nurse
Location: Pennsylvania

Lisa Doran §
Major: Physical Education
Job: Business Owner/HS coach
Location: New Jersey

Winifred Sanders §§-
Major: International finance
Location: The Netherlands & London

Karen Davis §§-
Job: Private business
Location: Maryland

Kathy (Fonial Mustain §§-
Major: Physical Education
Job: Coach, Middle School
Location: Virginia Beach, Virginia

Pam (Neiss) Stuper §§-‡
Major: Marketing
Job: Assistant Coach, Yale
University
Location: Connecticut

Robin Smith §§-
Major: Business
Job: Towne Bank/ODU ass't
Location: Portsmouth, Virginia

Kelli James §§-‡ 96
Major: Marketing
Job: Housewife
Location: Atlanta, Georgia

CLASS OF 1993
Margaret Brandon §§-
Job: Bayside High School
teacher & head coach
Location: Virginia Beach, Virginia

Maaike Hillbrand §§-‡
Major: Marketing
Job: International marketing
specialist
Location: The Netherlands

Laura (Knotz) Moliniken §§-
Major: Counseling
Job: College coach
Location: Uruama, Pennsylvania

Jill Rieve §§-‡ 96
Major: Sports Management and
Physical Education
Location: Virginia Beach, Virginia

Tracy (Wood) Trapp §
Job: High school coach
Location: Lancaster, Pennsylvania

CLASS OF 1994
Carrie (Hoynes) Ritz §§-
Major: Physical Education
Job: Elementary teacher/coach
Location: Virginia Beach, Virginia

Wendy Mendes §
Major: Social services psychologist
Location: North Carolina

CLASS OF 1995
Suzanne (Dann) Kondan §
Major: Health & Physical Education
Job: Methacton High School
teacher & coach
Location: Pennsylvania

Gwen (Davis) Smith §§-
Major: Psychology
Job: Physical therapy
Location: Retriever Student Union

Alaina Hunt §
Major: Recreation Management
Job: Recreation manager
Location: Vermont

Karin Neiss §§-
Major: Physical Education
Job: Housewife
Location: Lansdowne, Pennsylvania

Sue Callahan §§-
Major: Finance
Location: Lancaster, Pennsylvania

CLASS OF 2000
Danielle Cheliew
Job: Marketing
Location: Virginia

Heather Hess
Major: Science
Job: Physical Therapy
Location: Delaware

Heather Eastburn §
Major: Elementary Education
Job: Teacher/Coach
Location: Delaware

Heather Simon
Major: Business & Economics
Job: Business administration
Location: Pennsylvania

Jill Rieve §§-‡ 96
Major: Sports Management
Job: PE teacher/coach
Location: Virginia Beach, Virginia

Kimmy (Miller) Folmar §
Major: Psychology/Counseling
Job: Teacher/Coach
Location: New York

Kelly Driscoll §§-
Major: Counseling
Job: Counseling & Social Services
Location: Connecticut

Jamie (Hill) Bearor §-
Job: Counselor
Location: Connecticut

Canis (Rhoades) Fisher §§-
Major: Physical Education
Job: PE teacher/coach
Location: Pennsylvania

Dawn Olmstead §
Major: Biology
Job: Engineer
Location: North Carolina

MINI SMITH §§-
Major: Psychology
Job: USA Field Hockey,
Social Services
Location: Virginia Beach, Virginia

Staci Smith §§-
Major: Marketing
Job: State Police
Location: Maine

CLASS OF 2003
Ashleigh Miller §
Major: Health & Physical Education
Job: PE teacher
Location: Canada

Kim (Miller) Folmar §§-
Major: Psychology
Job: USA Field Hockey,
Social Services
Location: Virginia Beach, Virginia

Marina DiGiacomo §§-
Major: International Field Hockey
Job: Communications, Argentina
National Team
Location: Buenos Aires, Argentina

Laura Steadman §§-
Major: Psychology
Job: Psychology & Counseling
Location: Delaware

Julie Miracle §§-
Major: History
Job: Graduate Assistantship, ODU
Location: Norfolk, Virginia

Tenille Williams §§-
Major: Information Systems
Job: Computer
Location: Chesapeake, Virginia

Debra Zerby §
Major: History
Job: Assistant Coach, MaryLand
Location: Norfolk, Virginia

Crystal Carper §§-
Major: Recreation Management
Job: USA Field Hockey
Location: Virginia Beach, Virginia

Becky Loy §§-
Major: Health & Physical Education
Job: Health Phys. Teacher
Location: Virginia Beach, Virginia

Katie Moyer §
Major: Psychology
Job: Assistant Coach - ODU
Location: Newport News, Virginia

Adrienne Yoder §§-
Major: Biology
Job: Biology Teacher
Location: Cooperstown, Pennsylvania

Marybeth Franklin §§-
Major: Health & Physical Education
Job: Colgate, University of
Location: College Park, Maryland

Tara Herrmann §-
Major: Biology
Job: College Coach
Location: Bucknell University

Tiffany Snow §§-
Major: Health & Physical Education
Job: USA Field Hockey
Location: Boston, Massachusetts

Christina Walker §
Major: Psychology
Job: Graduate - USA Field Hockey,
Sports Management - ODU
Location: Norfolk, Virginia

Melissa Leonetti §§-
Major: Health & Physical Education
Job: USA Field Hockey
Location: Virginia Beach, Virginia

Angie Loy §§-
Major: Health & Physical Education
Job: Student Teaching 2005
Location: Virginia Beach, Virginia

Cora Gerardi §§-
Major: Speech Pathology
Job: Grad School
Location: Towson Univ.

Elizabeth Sharp §
Major: Graphic Design
Job: Grad School - Appalachian St.
Location: Borne, North Carolina

The Old Dominion University Athletic Department offers a wide variety of programs to assist the academic and personal well-being of the student-athlete. These programs are overseen by Tianna Scott, the academic advisor for student-athletes, and April Brecht, the Life Skills Program director. Their offices are located in Webb Center, within convenient access to all the student-athletes.

Among the programs available to all student-athletes:

**SUPERVISED STUDY SESSIONS**

Supervised study sessions are required for all freshmen and transfer student-athletes, and organized according to the needs of the individual for upperclassmen. Study sessions meet in a variety of locations across campus, for a minimum of two hours per night, three nights per week.

**“RISING STARS” - THE LIFE SKILLS PROGRAM**

The Life Skills Program provides a comprehensive approach to the overall academic and personal development of student-athletes at Old Dominion University. With the student-athlete welfare in mind, the Athletic Department provides:

**The Academic Commitment**
- Academic, major choice and career counseling
- Academic advising - class scheduling and eligibility review
- Supervised study sessions three times per week
- Tutoring program by request and/or referral
- Computer room with specialized programs (Writing Tutor, Grammar Tools, Quatro, Word Perfect, etc.)
- Study Group sessions
- ELS 101 (University Orientation) class
- Academic progress/attendance reports during each semester
- Rising Stars monthly Life Skills newsletter articles
- Complementary campus programs (Instant study skills)
- Retention groups, probation groups, assessment instruments
- Intervention - illness, injuries, etc. reported to faculty

**The Athletic Commitment**
- Title IX information, coach and support staff standards of conduct, the coach as a teacher, departmental operations and standards, and athletic support program information
- Team-building and conflict resolution intervention/training

**The Personal Development Commitment**
- Educational programming for new students and teams: Understanding Values, Appreciating Diversity, Personal Health (Sexual Responsibility, Alcohol Choices, Stress Management), Interpersonal Communication and Media Relations, Social Development, and Fiscal Responsibility.
- Networking and appropriate campus program promotion
- Rising Stars newsletter - includes study skills, motivational and inspirational items, plus a calendar of coming events

**The Career Development Commitment**
- Networking and referral are provided in cooperation with our career management center
- Educational programming and career
- ELS 121 (Career Planning) class
- Interview, cover letter, and resume techniques

**SAM - STUDENT ATHLETE MENTORS**

The Student-Athlete Mentor (SAM) is a peer advising program. SAMs are nominated and elected by their peers. The goal is for each athletic team to have at least one SAM. A SAM on the team can help provide leadership, help teammates with problems, provide support for freshmen, answer questions, and refer teammates to University support services. SAMs are elected on a yearly basis and any upperclassmen may be chosen by their peers to serve as a SAM. All SAMs participate in a training program following elections.
Old Dominion University has been represented on the field hockey turf since 1974 when first-ever coach Carol Anthony and her squad played nine games, going just 1-7-1. Since then, one of the biggest and brightest dynasties in the sport has been calling Foreman Field in Norfolk its home.

The years that followed saw a slow but steady improvement for Old Dominion’s field hockey team. Former Senior Associate Athletic Director Mikki Baile guided the team from 1975-1979, when it improved from a 3-6-2 club in ’75 to an 11-7 club in ’78.

In 1980, current head coach Beth Anders took over the helm of the program and began the team’s quest for excellence in the world of field hockey. Over 21 seasons, Anders has compiled a 407-60-7 record for an impressive .866 winning percentage. The nation’s winningest field hockey coach, Anders recently became the first Division I coach to reach 400 career victories and only the third coach ever to do so.

In her first season at the helm, Anders’ club was 18-4 finishing fifth in the AIAW. In just her third year as a college head coach, Anders won her first NCAA title. In 1982, the team was 20-1, beginning a legacy that would stand unmatched through the present day. In 1983, the team lost just one game (19-1) en route to their second NCAA championship. Then in 1984, Old Dominion became the first school to win three consecutive national championships when the Lady Monarchs went through the season with a perfect 23-0 record.

In 1985 and 1986, Anders took a leave of absence to coach the US National team. Under Melissa Magee, Old Dominion continued its success with a 38-9-1 mark over the two years. Upon Anders’ return, the team went 17-5-1 in 1987 and 26-1 in 1988, winning their fourth national title.

The juggernaut that had already established itself as the premier field hockey program in the country would see its best days after its first three championships. The most impressive feats in the history of Old Dominion field hockey would take place in the early 1990’s, quieting those who believed success was just a fluke.

In 1990, the Lady Monarchs went 23-2-1 en route to winning their...
fifth NCAA trophy. At the tail end of the season, the club began what became known as “The Streak,” a string of 66 wins that spanned the ’90, ’91, ’92, and ’93 seasons with 48 shutout victories included.

In 1991 and 1992, the team enjoyed back-to-back perfect seasons, compiling an impeccable 51-0 record over the two additional national championship seasons. With the wins, Old Dominion became the only team in field hockey history to complete the “three-peat” two different times.

In addition to the impressive winning ways of the Old Dominion program in the early ’90’s, the Lady Monarch teams showed complete domination on both ends of the field. During that three year span, Old Dominion outscored their opponents by a 325-26 margin. The team allowed just four goals in the 1992 season while scoring 163.

In postseason NCAA play, Old Dominion owns an impressive 42-14 record, winning 77% of its tournament games. Old Dominion’s mark is boldly strewn over the NCAA record books as well. The team holds several NCAA team and individual records. Of the top ten goal-scorers in the NCAA, three are from Old Dominion, including the leader. In points and assists, seven of the top 10 are former Old Dominion players while two of the top nine goalkeepers are also former Lady Monarchs.

Not only does the Old Dominion field hockey team succeed on the field, but the program is proud of its off-field accomplishments as well. The University’s first-ever Rhodes Scholar, Samantha Salvia, was a 1996 graduate of the team while several players earn Academic All-American honors each season. Last season, 10 field hockey players made the Dean’s List...the second most of any one individual sport at Old Dominion. The program has produced 32 different Academic All-Americans and has had a team GPA of 3.0 or higher since 1989.

Continued success has followed many Lady Monarch alumni. Anders’ infectious love of the game has continued through her former players with 23 of them coaching in the high school or college ranks. Many of those former players return to the friendly confines of Foreman Field during the summer months in an effort to perpetuate the legacy through summer youth camps.

Though a handful of teams have exhibited their own superiority, no other team has enjoyed the longevity of success that has been part of Old Dominion’s field hockey team. When the sport was in its fledgling years, the Lady Monarchs were taking strides to move toward and stay at the front of the pack. With a steady and unchanged commitment to excellence approaching three decades, Old Dominion remains the strongest foe in the world of collegiate field hockey.
Old Dominion’s first Rhodes Scholar

Field hockey alumni Samantha Salvia graduated from Old Dominion in August 1996 as one of the University’s most accomplished student athletes. The Norristown, PA native won several awards during her four years, including 1996 NCAA Woman of the Year finalist, CFHCA Academic All-American, Old Dominion University Presidential Scholar, and All-Colonial Athletic Association First Team honors. After finishing graduate work at Oxford University, she is currently employed with an engineering firm in San Francisco, California.
HONORED LADY MONARCHS

CAA PLAYERS OF THE YEAR

1991 Robin Smith
1992 Kelli James
1996 Danielle Chellew
2001 Adrienne Yoder
2002 Tiffany Snow
2003 Angie Loy

CAA ROOKIES OF THE YEAR

1995 Mimi Smith
1997 Marina DiGiacomo
1998 Adrienne Yoder (Co-Rookie)
2000 Angie Loy

CAA TOURNAMENT MVP’S

1991 Carolin Bruns
1992 Robin Smith
1996 Danielle Chellew (Co-MVP)
1997 Marina DiGiacomo
1998 Marina DiGiacomo
1999 Marina DiGiacomo
2000 Marina DiGiacomo
2001 Adrienne Yoder
2002 Tiffany Snow

CAA DEFENDERS OF THE YEAR

1998 Mimi Smith
2000 Adrienne Yoder
2001 Adrienne Yoder (Co-Defensive)
2003 Melissa Leonetti

CAA COACH OF THE YEAR


CAA TOURNAMENT MVP’S

1991 Carolin Bruns
1992 Robin Smith
1996 Danielle Chellew (Co-MVP)
1998 Marina DiGiacomo
1999 Marina DiGiacomo
2000 Marina DiGiacomo
2001 Adrienne Yoder
2002 Tiffany Snow

CAA COACH OF THE YEAR

Since 1982, when most elite field hockey players in the nation are named winners of the prestigious Honda Award, chances are you’ll find a player from Old Dominion University. The Lady Monarchs hold the distinction of having produced the most Honda Award winners with six.

The first Lady Monarch to earn this award was Yogi Hightower in 1983. She helped lead the Lady Monarchs to their first NCAA national championship in the fall of 1982. During her four years at Old Dominion, Hightower earned All-American honors twice.

In 1985 Christy Morgan, a three-time All-American, was the Honda Award recipient. She was a part of three NCAA National Championship teams from 1982-85. Morgan was the university’s Female Athlete of the Year in 1985 and completed her career with 86 goals and 133 career points.

Kelli James picked up the hardware in 1993 after leading Old Dominion to the 1992 title, their third straight. James was a two-time All-American and CAA Player of the Year in 1992. James completed her career with 66 assists and 196 points.

In 1999 the award came full circle when Mimi Smith received the honor. Smith played for Yogi Hightower at Ocean Lakes High School in nearby Virginia Beach, Va. Smith was one of the nation’s top defensive players and helped lead Old Dominion to the NCAA National Championship in 1998.

Marina DiGiacomo, earned the honor in 2000 as the Lady Monarchs captured their ninth NCAA National Championship. DiGiacomo was a four-time CAA Player of the Year and Tournament MVP. As a senior, she led the nation in points (151), goals (63) and goals per game (2.4) en route to becoming the NCAA’s all-time leading scorer with 167 goals, 80 assists, and 414 total points.

Old Dominion’s most recent winner, Tiffany Snow, earned the award in 2002 after leading the country in points (3.0) and goals (1.2) per game. A two-time All-American and the 2002 CAA Player of the Year, Snow completed her career ranked sixth on the ODU all-time scoring leaders list with 71 goals, 90 assists, and 181 points.
When it comes to participation and influence in the sport of Olympic field hockey, no other school is more convincing than Old Dominion University. From current coaches to former players, Old Dominion has produced a number of field hockey players representing the United States on a national and international level.

The reach of Old Dominion’s field hockey Olympians is wide and deep. Dating back to 1980, the Lady Monarchs have had at least one participant in each of the Olympic games through 2004. From Old Dominion field hockey alumni to the coaching staff, several Lady Monarchs have been involved with the most prestigious of international sporting events.

Men have been representing the United States in field hockey competition since 1932, but it wasn’t until the Moscow Olympics in 1980 that women’s field hockey was introduced. In that Olympiad, Zimbabwe, Czechoslovakia, and the USSR finished in medal spots with a third-ranked United States left out of competition because of a political boycott. Team captain Beth Anders was thus forced to wait another four years for a chance at international gold.

In 1984, however, two-time captain Anders and the U.S. field hockey contingent finally realized their medal dreams by winning the bronze. It was during those games that Anders set an Olympic scoring record that still stands today. In its five-game competition, the U.S. team scored nine goals...eight of them coming from the stick of Anders. In addition to Anders, two other players represented the Lady Monarchs as alternates at the Los Angeles Olympics. Yogi Hightower (’82) and Christy Morgan (’84) heralded the international influence of Old Dominion that would grow to span more than a dozen years.

In the 1988 Seoul Olympics, Old Dominion produced four members of the Olympic squad in Hightower, Morgan, Diane Bracalente (’84), and Cheryl van Kuren (’85). Similarly, Jill Reeve (’92) and Kelli James (’92) represented the United States at the 1996 Atlanta Olympic games as the U.S. team finished in fifth place.

What makes Old Dominion and its influence more impressive however it that it spans not only our native United States, but several other countries, including the Netherlands and Argentina.

In 1988 in Seoul, Willimien Aardenburg (’84), Carina Benninga (’80), and Ingrid Wolf (’83) represented the bronze-medal winning Dutch team. Macha van der Vaart (’90) helped the Dutch team repeat as bronze medallists at the 2000 Olympics in Sydney, Australia.

Although the United States fell just one game short of qualifying for the 2004 games to be held in Athens, Greece, two of Old Dominion’s alumni took to the field to help their respective country to the gold medal platform. Marina DiGiacomo, the NCAA’s all-time leading scorer, helped Argentina to a bronze medal while van der Vaart led the Netherlands to the silver medal.

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<th>1980 Moscow, USSR</th>
<th>1984 Los Angeles, USA</th>
<th>1988 Seoul, South Korea</th>
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<tr>
<td>Beth Anders ©</td>
<td>Beth Anders ©</td>
<td>Yogi Hightower</td>
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<td>USA</td>
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<td>Christy Morgan</td>
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<th>1992 Barcelona, Spain</th>
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<td>Carina Benninga</td>
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<td>Maacha van der Vaart</td>
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<td>Ingrid Wolf</td>
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<th>2004 Athens, Greece</th>
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<td>Marina DiGiacomo</td>
<td>Maacha van der Vaart</td>
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DONNA DOYLE SMITH

Donna Doyle Smith was a leader on and off the playing fields and courts starring in three sports as a student. She became her college’s first woman physical education graduate and later helped establish the first scholarship fund for women athletes at Old Dominion University. A star on campus in basketball, field hockey, and tennis, the dean’s list student became the namesake for the first athletic scholarship fund for women at ODU in 1975. Named the most outstanding female athlete at the Norfolk Division of William and Mary (now ODU) in 1955, she became the school’s first woman physical education graduate in 1958. The Donna Doyle Athletic Scholarship Fund provides scholarship support to female athletes in women’s sports at the university.

INDUCTED 1980

JEAN WHITEHURST

An all-state basketball forward and an all-tournament field hockey player, Jean Whitehurst has made substantial contributions to the university and its athletic program since graduating with a BS degree in Medical Technology in 1956. Whitehurst received the Distinguished Alumni Award in 1980 after serving on the Alumni Association board of directors for 20 years. An eight-year member of the Old Dominion University Intercollegiate Foundation board, she chaired the Donna Doyle committee for five years that has raised more than $100,000 for women’s sports scholarships.

INDUCTED 1984

YOGI HIGHTOWER

Yolanda “Yogi” Hightower was a vital part of Old Dominion University’s rise as a national power in women’s field hockey. During her four seasons at ODU, Hightower earned All-American honors twice and was a two-time member of the NCAA All-Tournament squad. The Virginia Beach, VA, native completed her career with 62 career points, which ranks her fifth on the all-time scoring list at ODU. She had 48 career assists which places her third on the ODU all-time list. Hightower’s field hockey career didn’t stop after her ODU playing days were over. Yogi was a member of the United States national field hockey team. She competed in the 1987 Pan American Games, was an alternate on the 1984 U.S. Olympic team and the Under-21 team, scored six goals in four tournament games. Hightower’s field hockey career didn’t stop after her ODU playing days were over.

INDUCTED 1989

CHRISTY MORGAN

Christy Morgan is the only three-time All-American in ODU field hockey history, and is the only field hockey player in NCAA history to earn a spot on the all-tournament team four times. Morgan earned the sports top honor in 1985 as she was awarded the Broderick Cup, as being the nation’s top female collegiate athlete. During her four years, ODU won three consecutive NCAA national championships from 1981-84. Morgan completed her career as ODU’s all-time leading scorer with 86 career goals and 131 career points. She is also the school’s fifth all-time assist leader with 47. During her career at ODU, Morgan was a member of the World Cup team, an alternate on the 1984 United States Olympic squad and later a member of the 1988 United States Olympic team. Morgan graduated in 1985 from Old Dominion University with a degree in Health and Physical Education.

INDUCTED 1990

DIANE BRACALENTE

One of the main cogs of the most awesome collegiate field hockey teams ever assembled, Bracalente twice earned All-America honors. During her four years as a Lady Monarch, Old Dominion compiled a 75-4-2 record. This included three NCAA national championships and one third place finish. In 1984 she co-captained the 23-0 team with fellow Hall of Famer Christy Morgan. That squad outscored their opponents 127-15, outshot them 625-135 and registered 15 shutouts. The Quakertown, PA, native competed in field hockey on the national and international level, including the Olympic Festival. In 1988 she was one of four Lady Monarchs to represent the United States in the Olympic Games in Seoul, Korea. Bracalente earned her degree in sports management.

INDUCTED 1991

CATHY VAN KUREN

An Olympian and All-American, Cheryl Van Kuren was an outstanding field hockey player at Old Dominion from 1982-85. She is Old Dominion’s second all-time career assist leader with 61. Van Kuren helped anchor the Lady Monarchs as they amassed an 82-9 record with three NCAA championships and one runner-up finish. Van Kuren was a two-time All-American selection and was selected to the NCAA All-Tournament team in 1985. In addition to the 61 assists, she scored 18 goals and compiled 79 career points which ranks her fifth on Old Dominion’s all-time point list. During the 1984 season she assisted on 37 goals and set an Old Dominion and NCAA Tournament record with six assists in one game against Virginia on Nov. 11, 1984. Van Kuren competed on the national and international level in field hockey as an undergraduate. She participated in the Olympic Sports Festivals, on the U.S. National team and in 1988 she competed in the summer Olympic Games in Seoul, Korea for the United States. The Cooperstown, Pa., native graduated with a bachelor’s degree in sports management and earned a Master’s degree in exercise science and wellness.

INDUCTED 1991

DAWN HILL

Dawn Hill was a four-year letterwinner and part of a dynasty which won three NCAA Field Hockey National Championships. Hill helped lead the Lady Monarchs to NCAA titles in 1982, 1983, 1984 and was the team’s leading scorer with 29 goals in 1985 as ODU took second in the NCAA Championships. That season, Hill established an NCAA record with six goals in four tournament games. Hill completed her four-year career at Old Dominion with 45 goals, seven assists and 52 total points. She ranks seventh in career goals and ninth in career points. In 1985 Hill was named first team All-American, First-Team All South Region and was named to the NCAA All-Tournament squad. She also competed in the United States Olympic Festivals in field hockey. The native of New Castle, DE graduated in 1986 with a degree in Health and Physical Education.

INDUCTED 1992

CATHY LARGE

Cathy Large was an outstanding athlete in both field hockey and lacrosse. She was a first team All-American in field hockey and was a member of the 1984 NCAA National Championship team. She completed her field hockey career with 24 goals, 49 assists, and 73 total points. She ranks sixth in assists all-time and ninth all-time in points at Old Dominion. Large was the Alumni Association’s Female Athlete-of-the-Year both as a junior in 1987 and senior in 1988.

INDUCTED 1993

JILL FISHER

Jill Fisher was a two-sport star in both field hockey and lacrosse at Old Dominion. She co-captained the 1988 NCAA field hockey national championship squad that went 26-1. Fisher earned First Team All-American honors as a senior and honorable mention All-American honors as a junior. She compiled 70 career goals, 25 career assists, and 95 career points. Fisher also competed in three Olympic Sports Festivals, along with the U.S. National team and the Under-21 field hockey team. She graduated with a degree in biology in 1989.

INDUCTED 1994

**Jackie Grady**

Jackie Grady was a two-sport standout in both field hockey and lacrosse at Old Dominion, and served as a captain for both teams. She was a two-time field hockey All-American in the fall of 1985 and 1986, and was named to the 1985 NCAA All-Tournament squad. Grady played on two NCAA national championship field hockey teams in 1983 and in 1984. In all, Grady helped lead the Lady Monarchs to a 80-10-2 record during her four seasons. The native of Drexel Hill, Pa., completed her career at Old Dominion as the school's sixth all-time goal scorer with 50, seventh all-time assistant leader with 38 and fifth all-time points leader with 88. Grady graduated in 1988 with a degree in health and physical education.

**INDUCTED 1995**

**Kathy Fosina Mustain**

When Kathy Fosina completed her career in the fall of 1991, she had the lowest goals against career average in NCAA history at 0.48 and 71 career shoutouts. In all, she won part of three NCAA National Championship squads in 1988, 90 and 91. The 1991 team allowed only ten goals and went 26-0-4 on the season. In 1990, Fosina did not allow a goal in the three NCAA Tournament matches and was a member of the 1990 USA National Field Hockey squad. In 1989, she was named to the NCAA Championship All-Tournament team. During her four years at Old Dominion the Lady Monarchs compiled a 99-5-1 record and won their last 36 matches. Fosina was the first Old Dominion student athlete to receive the NCAA Women's Enhancement Program Post Graduate scholarship. She was a three-time Academic All-State selection and in 1992 was selected to the GTE/CoSIDA Academic All-District squad. The Virginia Beach, Va., native graduated from Old Dominion in 1992 with a degree in health and physical education.

**INDUCTED 1989**

**Pam Neiss**

Pam Neiss was a two time All-American and member of three NCAA National Championship teams. During the four years, the Lady Monarchs compiled a 99-5-1 record, which included winning the last 36 matches. Neiss completed her career with 80 career assists, 22 goals and 102 career points. She ranked third all-time in NCAA history in career assists, after graduation. Neiss earned All-American honors in 1990 and 1991. She also earned All-CAA in 1991, All-South Region honors in 1990 and 1991 and was named to the NCAA All-Tournament team in 1990 and 1991. Neiss was the first Lady Monarch field hockey player to achieve First Team GTE/CoSIDA Academic All-American honors in 1991. She was also a member of the U.S. National Field Hockey squad while at Old Dominion. The Lancaster, Pa. native graduated with a degree in health and physical education.

**INDUCTED 1988**

**Carolyn Sarr**

Carolyn Sarr helped lead the Lady Monarchs to two straight NCAA National Championship field hockey appearances in 1988 and 1989. The Granby, Ct. native was a first team All-American and All-South Regional selection in 1989 at the midfield position. In four seasons, her teams posted a stellar 85-10 record. Her 45 assists in 1989 was the second best in school history. She completed her career with 66 career assists, 76 total points and ten goals. Sarr ranks fifth all-time at Old Dominion in assists. Not just a standout in field hockey, Sarr excelled in lacrosse, lettering in the sport three times. Her leadership qualities earned her captain spots on both, the field hockey and lacrosse teams. Sarr graduated in 1990 with a degree in elementary education.

**INDUCTED 2000**

**Robin Smith**

Robin Smith was an integral part in the Lady Monarchs field hockey dominance in the early 1990’s. She helped lead Old Dominion to three straight NCAA National Championships and was a three-time NCAA All-Tournament selection. During her four years at Old Dominion, the Lady Monarchs compiled a 98-4-1 record, and two undefeated seasons. A two-time All-American, Smith was a member of the United States National field hockey team from 1990 to 1992, and played on the 12th ranked 1990 World Cup team and the 1991 bronze medal team at the Pan American Games. The three-time All-South Region pick completed her career with 66 goals, 18 assists for 150 points. Smith graduated with a degree in business management.

**INDUCTED 2001**

**Maaike Hilbrand**

Maaike Hilbrand from Amstelveen, Holland was one of the most dominant field hockey players in Lady Monarchs history. She earned All-American honors both on and off the field, leading the Lady Monarchs to three NCAA National Championships. She completed her career with 167 career goals which places her second all-time nationally with Marina DiGiacomo, also from Old Dominion. Her 372 career points places her third all-time in NCAA history. Hilbrand led the nation in goals scored and total points all four years she competed. Maaike earned first team All-American honors in 1991 and 1992 and was a Second Team GTE/CoSIDA Academic All-American selection. She graduated with a degree in marketing in 1993.

**INDUCTED 2002**

**Kelli James**

Kelli James was a two-time All-American field hockey player, leading Old Dominion to NCAA national championships in 1988, 1990, and 1992. In 1992, James became one of an impressive list of Lady Monarch field hockey players to win the coveted Honda Award as the nation’s top player in her sport leading the nation in scoring with 131 points and 59 assists. She completed her career with 65 career goals, 66 career assists, and 198 career points. James earned first team All-American honors in 1990 and 1992. She also earned All-CAA Olympic field hockey team which competed in the Atlanta Games. She served as vice-captain for the USA field hockey squad at the 1998 World Cup, and tied for the team scoring lead for team USA in the 1999 Pan American Games. The Medford, NJ native graduated with a degree in marketing education in 1992.

**INDUCTED 2003**

**Samantha Salvia**

Samantha Salvia became Old Dominion University’s first Rhodes Scholar and was a finalist for the NCAA Women’s of the Year Award. On the field she was a member of the US under-21 National Field Hockey squad. Salvia was a first-team All-CAA selection three straight years, an All-South Region pick in 1994 and 1995, and a third team All-American in 1995. She was also selected as a First Team CoSIDA Academic All-American and as a senior, Salvia ranked fourth nationally in assists. She helped guide the Lady Monarchs to four straight NCAA Tournaments. Salvia, a Norristown, PA native, graduated in 1996 with a perfect 4.0 grade point average in Civil Environmental Engineering. She then graduated from Oxford in England in 1998 with a B.A. in Philosophy and earned an M.S. degree in Environmental Fluid Mechanics from Stanford University in 2000.

**INDUCTED 2004**

Old Dominion University opened its doors 74 years ago in an abandoned public school building with 206 students as the Norfolk Division of the College of William and Mary, and became an independent institution in 1962. Today, the University enrolls more than 20,000 students, including approximately 6,500 graduate students. Its 188-acre Norfolk campus is the primary hub of activity, along with four additional higher education centers (Virginia Beach Center, Peninsula Center, Tri-Cities Center and Northern Virginia Center).

Old Dominion is a versatile university, committed to its students, their education, personal development and overall success. The University offers 66 bachelor’s degrees, 67 master’s degrees, two education specialist degrees and 24 doctoral degrees, and consists of six colleges: Arts and Letters, Business and Public Administration, Education, Engineering and Technology, Health Sciences, and Sciences.

Students who live on campus may choose residence hall or apartment-style living. The attractive Webb University Center provides a food court, video arcade, lounge areas and other shops to serve the student body.

Old Dominion is one of Virginia’s leading Ph.D. research institutions. The total value of its research activity is about $50 million annually. The University contributes approximately $600 million a year to the Hampton Roads economy and provides the community with a variety of programs and services, including the Bank of America Entrepreneurial Center, Technology Applications Center and Military Career Transition Program. A leader in space-related research, Old Dominion ranks first in the state in funding from NASA for research projects. The University operates one of the largest wind tunnels in the world at NASA’s Langley Research Center, and its Oceanography, Nuclear Physics, and Modeling and Simulation programs are among the best in the nation.

The University Village, a 75-acre development along the east side of Hampton Boulevard, is yet another economic spark for the region. The 8,600-seat Ted Constant Convocation Center, which opened in fall 2002, is the centerpiece of the project. The Village also currently includes 270 modern apartment units for students. Plans call for the addition of a hotel and parking garage, a variety of restaurants, a shopping center with a large grocery store and research facilities.

In the classroom, Old Dominion students continue to earn high marks. Former student-athlete and 1996 graduate Samantha Salvia became the University’s first Rhodes Scholar.

An international leader in delivering interactive instructional television, the University operates TELETECHNET, a distance learning system that offers students an opportunity to earn one of 17 baccalaureate or eight master’s degrees without leaving their area of residence. Since its inception in 1992, TELETECHNET has exceeded growth projections and is the largest televised, interactive distance learning program of its kind in the United States.

Old Dominion is also well known for its international focus in both its curricula and student population. More than 1,100 international students from 100 countries are enrolled at the University.

Old Dominion also contributes to the cultural life of Hampton Roads by presenting music and dance concerts, art exhibits, and annual literary and film and video festivals. In addition, the President’s Lecture Series brings a variety of nationally known speakers to campus each year.

The University is located about 200 miles south of Washington, D.C., and is but a short drive to Virginia Beach and the Outer Banks of North Carolina.
Dr. Jim Jarrett

When Jim Jarrett arrived on the campus of Old Dominion University in the fall of 1967 as a Health and Physical Education professor, he had little idea that his tenure would be counted in decades. During that time span, he has led the program from a well respected NCAA Division II member to a nationally respected Division I power that has captured 25 national championships.

Jarrett began his 34-year career as athletic director in 2004, taking over the reins in 1970 when Bud Metheny stepped down from that position. As one of the youngest athletic directors in the nation at that time, Jarrett quickly began to make a name for himself and ODU. He committed early on to a philosophy of "selective excellence," whereby the department "selected" its competitive sports and committed itself financially, academically and competitively to the sports it felt the University could best excel.

In 1974, Jarrett became the first athletic director in the state of Virginia to award grant-in-aid scholarships to women student-athletes. It was a bold move at the time for a young athletic director and equally young University, but one that paid great dividends. Just five years later, in 1979, the Lady Monarchs won the first of three national championships in women’s basketball, and led the nation in attendance.

Under his leadership, the department’s athletic venues have tripled and are considered state of the art facilities. They include the construction of the 2,500-seat Bud Metheny Baseball Complex in 1983, the Sailing Center in 1981, the Outdoor Tennis Complex which has been expanded to 15 lighted courts and a championship court with seating for 1,000-plus, the 4,000-seat ODU Soccer Stadium in 1990, renovations to Foreman Field, which included Astro-Turf and new locker rooms facilities, and the planning and construction of the 6,500-seat Constant Convocation Center.

For all his efforts, Jarrett’s has been honored many times by national and local groups. Most recently, Jarrett was named the 2003 Southeast Regional Athletic Director of the Year by NACDA. Other awards he’s received include the Collegiate Director’s Award from the Women's Basketball Coaches Association, and the Norfolk Sports Club Man of the Year. He served as a member of the NCAA Women’s Basketball Committee and is a past president of the Colonial Athletic Association and the Virginia Sports Hall of Fame.

An avid golfer and tennis player, Jarrett and his wife Sugie reside in Norfolk.

Dr. Roseann Runte

Dr. Roseann Runte became the seventh president of Old Dominion University in the summer of 2001. Runte, who has 21 years of experience as a professor and academic administrator, became only the third woman to head a four-year college or university in Virginia. Runte previously served as president of Victoria University in Toronto, principal of Glendon College (York University), president of l’Université Sainte-Anne in Nova Scotia and assistant dean of arts and science at Dalhousie University. She is an associate to the Council of the Royal College of Physicians and Surgeons of Canada, a board member of the National Bank of Canada and a member of the executive committee of the Club de Rome. Runte has served as president of the Canadian Commission for UNESCO for two terms, as president of the Humanities Federation of Canada, as a member of the advisory board of the National Library, as founding president of ACFAS-Toronto, as a board member for the Art Gallery of Nova Scotia and of the board of Associated Medical Services, as chair of the board of the Foundation for International Training, and as vice chair of the board of the Gardiner Museum of Ceramic Art. The author of five volumes of creative writing, she has edited nine books and has written more than 100 articles and book chapters on topics ranging from literature and education to economic and cultural development. Runte has a Ph.D. in French from the University of Kansas and has received honorary degrees from Acadia University, Memorial University and the universities of Timisoara and Arad in Romania. She received the prix François-Coppée from the Académie Française as well as the Palmes Académiques and the Order of Merit from the French government, the Order of Canada, the Queen Elizabeth Jubilee medal, and is a Fellow of the Royal Society of Canada and of the World Academy of Arts and Sciences.

ATHLETIC DIRECTORY

President: Dr. Roseann Runte ........................................ 683-3159
Athletic Director: Dr. Jim Jarrett .................................. 683-3369
Senior Associate Athletic Director: Deb Polka .................. 683-3358
Associate Athletic Director: Debbie H. Byrne ................. 683-3359
Assistant A.D./Finance: Mark Brown .............................. 683-3569
Assistant A.D./Event Management: Greg Smith ................ 683-6026
Compliance Coordinator: Jeff Wilson ............................ 683-5474
Sports Information Director: Carol R. Hudson, Jr. .......... 683-3372
Asst. Sports Information Director: Kimberly Zovickich ... 683-3372
Director of Athletic Publications: Tina Price .................... 683-3372
Asst. Athletic Ticket Manager: Scott Lowery .................... 683-4444
Athletic Camp Director: Mitzi Sadel-Adams ..................... 683-4358
Dir. of Sales & Corp. Sponsorships: Chuck Gray .................. 683-3372
Dir. of Game Atmosphere & Student Att.: David Weedon .... 683-3372
Academic Counselor: Tania Scott .................................. 683-3699
Asst. Academic Advisor: April Brecht .............................. 683-3709
Equipment Room Manager: Andrea Allan ....................... 683-3371
Head Athletic Trainer: Marty Bradley ............................. 683-3383
Asst. Athletic Trainer: Scott Johnson .............................. 683-3397
Asst. Athletic Trainer: TBA .......................................... 683-5444
Director of Recreational Sports: Dr. Kevin Martury ...... 683-3384
Athletic Faculty Representative: Dr. Janis Sanchez-Hudics .......... 683-4915
Baseball Coach: Jerry Meyers ....................................... 683-4360
Men’s Basketball Coach: Blaine Taylor ......................... 683-3362
Women’s Basketball Coach: Wendy Letter ..................... 683-3401
Field Hockey Coach: Beth Anderson ............................... 683-3795
Golf Coach: Dr. Murray Rudisill .................................... 683-3300
Women’s Golf Coach: .................................................. 683-4553
Lacrosse Coach (W): Sue Stahl ..................................... 683-4541
Sailing Coach (M&W): Misty Brindley ......................... 683-3387
Men’s Soccer Coach: Alan Dawson ............................... 683-4360
Women’s Soccer Coach: Joe Pereira .............................. 683-5343
Swimming Coach (M&W): Carol Winston ......................... 683-5752
Tennis Coach (M&W): Darryl Cummings ...................... 683-5312
Wrestling Coach: Steve Martin .................................... 683-5311
Strength & Conditioning Coach: Andy Zucker .................. 683-5313
FOREMAN FIELD - “HOME OF THE LADY MONARCHS”

DESIGNED in a Georgian architectural style and constructed entirely of brick that matches nearby Rolins Hall and the walkways of the Williamsburg Lawn, Foreman Field serves as the home of the Lady Monarch field hockey program.

Built in 1936 with state and federal funds provided during the Great Depression, Foreman Field was named after Norfolk attorney A.H. Foreman, a member of William and Mary's board of visitors and one of the founders of the Norfolk Division of William and Mary, which later became Old Dominion University. Originally intended as the home of the Norfolk Division football program, it found new life as the home to other college and community sports programs when football was dropped in 1941.

The 20,000-seat stadium was completely renovated in 1981, when Astroturf replaced the grass playing surface, and new bleachers, locker rooms, press boxes, concession stands, and lights were added at a cost of $3.2 million.

Field hockey was played at Foreman Field for the first time in 1974, when the field was shared with men’s soccer. Currently, field hockey and lacrosse are the only varsity sports to compete at Foreman Field.

The field hockey locker room is located under the east stands of Foreman Field, and provides the Lady Monarchs with a modern and spacious place to prepare for games and practices. Offices for Head Coach Beth Andrews and Assistant Coach Sue Myers are also located in the locker room complex.

The locker room features separate lockers for each player, equipment storage, and a team meeting area in the center of the locker room.

THE NCAA - KNOW THE RULES TO PLAY

So you were born ready to play in the NCAA? You’re one of the top freshmen recruits in the nation. You’re ready to rock, to dominate your competition. You’re ready to rock, to dominate your competition...to grab the headlines...to plan for the pros...

Hold on, superstar, your ninth-grade math class was not one of the 13 core courses required by the NCAA. You’re a nonqualifier and cannot practice or compete during your freshman year.

Don’t find yourself in the title role of this sad story. Did you know you want to play in the NCAA? Don’t find yourself in the title role of this sad story. Did you know you were born ready to play in the NCAA?

The regulations are in place for a reason. Did you know that all of a high school football player making it to the pros are about 1,000 to 1? The odds for a high school basketball player are 10,000 to 37? Take a hard look at those numbers and think about what will matter in the long run — a college education.

Arrive at college ready to compete in the classroom as well as on the playing field. Study as hard as you practice. And don’t wait to get started. If you wait until your senior year, it may be too late to reach the required grade-point average to enroll for the right kinds of courses.

If you want to play at the NCAA Division I level, make sure you qualify academically so you can participate athletically. Challenge yourself, because we all want you to succeed.

Core Courses

To play sports as a freshman in NCAA Division I, you must meet specific standards. You must graduate from high school and make at least a 2.00 grade point average based on a 4.0 scale in 13 core academic courses.

NCAA Div. I Core Academic Course Requirements

* Four years of English
* Two years of math (one year of algebra and one year of geometry or at least one year of a higher-level mathematics course for which geometry is a prerequisite)
* Two years of social science
* Two years of natural or physical science
* Two years of history, foreign language, or comparative religion

NCAA Div. I Grade and Test Score Requirements

Since the fall of 1996, a student-athlete wishing to play at the Division I level would need to use the following sliding scale to determine what SAT or ACT score is needed to practice, compete, and receive athletic scholarships as a freshman. The higher the GPA, the lower the test score required:

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*Requirements/rules are subject to change according to NCAA legislation.*