

HOME OF THE NINE TIME NCAA NATIONAL CHAMPIONS



1982
1983
1984
1988
1990
1991
1992
1998
2000



2003 Senior tri-captains (Angie Loy, Melissa Leonetti, Tina Walker) pose with the CAA Championship Trophy

CREDITS:

The 2004 Old Dominion University Field Hockey Brochure is a publication of the Old Dominion University Athletic Public Relations Office. **Written by:** Kimberly Zivkovich, Assistant Sports Information Director. **Layout and Design by:** Tina Price, Director of Athletic Publications and Chrisie Henn Athletic Publications Graduate Assistant. **Special Assistance by:** Debbie Byrne, Associate Athletic Director, Public Relations & Marketing, Marcy Comstock, Sports Information Secretary. **Photography:** Rick Voight, FestEvents, JMU Photography, Dennis Welch (NCAA) and Scott Brown (CAA). **Printing:** Letton Gooch of Norfolk, Virginia.

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Media **INFO**

The Old Dominion University Sports Information Office welcomes all coverage of the women's field hockey program and its student-athletes. Statistics, photos, or story ideas can always be obtained from Sports Information Director Carol Hudson, Jr. or from Assistant Sports Information Director/Field Hockey contact Kimberly Zivkovich.

To assist you in your coverage of Old Dominion field hockey, here are a few brief points to keep in mind:

Interviews:

Head Coach Beth Anders will be available for interviews immediately following all home games, after a ten minute cool down period. Player interviews are asked to be set up through the sports information office. Coach Anders is available during the week for interviews before and after practice and on game days after competition. Please contact the sports information office at (757) 683-3372 for more information.

Photographers

Only working photographers will be allowed on the playing field during games. Credentials must be secured at least 24 hours in advance of games. Photographers will be asked to wear a press photo pass at all times when shooting.

Colonial Athletic Association

Field hockey statistics for CAA schools are compiled throughout the fall at the conference office in Richmond, Va. and can be obtained through the office's website at www.caasports.com.

Press Box Facilities

A fully enclosed press box high above the turf at Foreman Field serves a maximum of 32 media members at all home games. Three radio booths and a print media area are available for use. Old Dominion University's Sports Information Office will furnish a complete NCAA box immediately following the conclusion of all home games upon request.

Radio Broadcast Lines

Visiting teams wishing to broadcast games from the Foreman Field are asked to contact the sports information office at least two weeks prior to the game. The stadium is located at Bluestone and 49th. All radio lines must be secured through the Verizon office in Norfolk, by calling (757) 667-5000.

More information on all Old Dominion athletic teams is available through our web site on the internet at:

www.odusports.com

Monarch Quick Facts

General Information:

Name of School: Old Dominion University
 City, Zip: Norfolk, Va. 23529-0201
 Founded: 1930 (Norfolk Div. of the College of William & Mary)
 Enrollment: 20,803
 Nickname: Lady Monarchs
 School Colors: Slate Blue, Sky Blue, & Silver
 Home Field: Foreman Field (Astroturf)
 Capacity: 20,000
 Affiliation: NCAA Division I
 Conference: Colonial Athletic Association
 President: Dr. Roseann Runte (SUNY New Paltz '68)
 Athletic Director: Dr. Jim Jarrett (SIU-Carbondale '59)

Sports Information:

Athletic Ticket Office: (757) 683-5484
 Sports Information Director: Carol Hudson
 Assistant Director (FH Contact): Kimberly Zivkovich
 SID Office Phone: (757) 683-3372
 SID Fax: (757) 683-3119
 Zivkovich Email: kzivkovi@odu.edu
 ODU Website: www.odusports.com
 SID Address: Athletic Admin. Bldg. Rm. 124
 Norfolk, VA 23529

Coaching Staff:

Head Coach: Beth Anders (Ursinus '73)
 Career Record: 429-64-7/21 seasons
 Record at ODU: 429-64-7/21 seasons
 Assistant Coaches: Susan Myers (Slippery Rock '73)
 Robin Smith (Old Dominion '92)
 Katie Moyer (Old Dominion '02)
 Angie Loy (Old Dominion '05)
 Office Phone: (757) 683-5368

Team Outlook:

2003 Record: 14-10
 2003 Conference Record: 6-1/1st
 2003 Post Season: NCAA Second Round
 Final Ranking: #8 NFHCA
 Letterwinners Returning/Lost: 11/9
 Starters Returning/Lost: 5/6

Key Returing Players

Name:	Pos:	Cl:	Gls:	Ast:	Pts:
Anna Rogers	F	So.	9	4	22
Janelle Engle	B	Jr.	5	9	19
Katie Claxton	MF	So.	6	1	13
Dana Sensenig	MF	So.	5	1	11



WHY MONARCHS?

Many people have wondered how the Old Dominion University athletic teams came to be officially known as the Monarchs.

For many years, the athletic teams of the Norfolk Division of the College of William & Mary (as Old Dominion was formerly called) were known as the Braves. This was a derivation of the William & Mary nickname of Indians. As Old Dominion achieved its own four-year status and saw its enrollment surpass that of its Williamsburg neighbor, it was no longer suitable or acceptable to have its teams called the Braves.

The name Monarchs evokes much of the early history of the Commonwealth of Virginia and of Old Dominion's mother institution, the College of William and Mary. The nickname "Old Dominion" was first coined to the Virginia colony by King Charles II after Virginia's loyalty to the crown during the English Civil War. Furthermore, William III and Mary II, whose patronage helped found the College of William and Mary in Virginia in 1693, ruled England at the invitation of Parliament as "joint monarchs."

The Monarch used by Old Dominion has a royal crown on a lion's head, representing an historic past and a strong future. The school's current family of athletic logos were adopted in April of 2002.

Media Outlets

Print Media

The Virginian Pilot
Sports Desk
150 W. Brambleton Avenue
Norfolk, VA 23510
757-446-2366
FAX: 757-533-9004

Newport News Daily Press
Sports Desk
7505 Warwick Blvd.
Newport News, VA 23607
757-247-4639
FAX: 757-247-9420

Richmond Times-Dispatch
Sports Desk
P.O. Box 85333
Richmond, VA 23293
804-649-6554
FAX: 804-775-8085

The Mace and Crown
Sports Editor
Webb University Center
Norfolk, VA 23529
757-683-3456

Television

WTKR TV-3 (CBS)
Ted Alexander, Sports Director
720 Boush Street
Norfolk, VA 23510
757-446-1352
FAX: 757-446-1376

WAVY TV-10 (NBC)
Bruce Rader, Sports Director
300 Wavy Street
Portsmouth, VA 23704
757-396-6181
FAX: 757-397-8279

WVEC TV-13 (ABC)
Scott Cash, Sports Director
613 Woodis Avenue
Norfolk, VA 23510
757-628-6215
FAX: 757-628-5855

Radio

ESPN Radio 1310 AM
Tony Mercurio, Sports Director
5589 Greenwich Road
Virginia Beach, VA 23462
757-671-1000
FAX: 757-671-1313

WODU AM 1630
Sports Director
Webb University Center
Norfolk, VA 23529
757-683-3441

National Media

USA Today
Sports Department
1000 Wilson Blvd.
Arlington, VA 22223
703-276-3400, ext. 3721
FAX: 703-276-5527

Washington Post
Sports Department
1150 15th Street NW
Washington, DC 20071
202-334-7350
FAX: 202-334-7685

Wire Services

Associated Press
Sports Editor
700 East Main Street
Suite 1380
Richmond, VA 23219
804-649-6646
FAX: 804-643-6223

Conference

Colonial Athletic Association
Tripp Sheppard, Assoc. Commissioner
Rob Washburn, Assoc. Commissioner
8625 Patterson Avenue
Richmond, VA 23229-6349
804-754-1616
FAX: 804-754-1830



Old Dominion has a loyal following. The Lady Monarchs draw some of the top crowds in the country for home games.

INFO

Getting to Old Dominion

FROM THE NORTH: Highway 13 down the Eastern Shore, and through the Chesapeake Bay Bridge-Tunnel. Follow 13 (Northampton Blvd.) onto I-64 West. Take the I-564/Naval Base exit (exit 276) off I-64 West, and take the Terminal Blvd. exit off I-564. Turn left onto Hampton Blvd. Proceed approx. 4 miles and turn right onto 49th Street.

FROM THE SOUTH: I-95 North to U.S. 58 (Emporia, Va.) OR I-85 North to U.S. 58 East (South Hill, Va.). Follow U.S. 58 East to Norfolk, to Hampton Blvd. Turn left onto 49th Street.

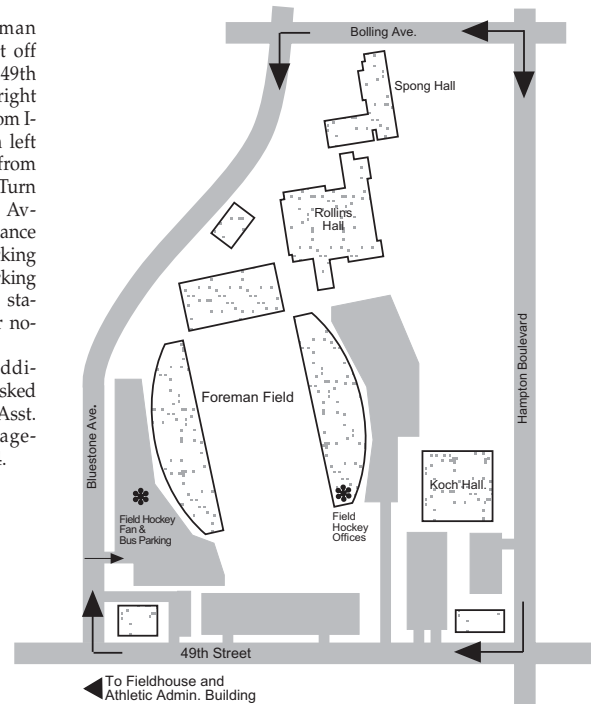
FROM THE WEST: I-64 East through the Hampton Roads Bridge-Tunnel. Take the I-564/Naval Base exit (exit 276) off I-64 East, and then take the Terminal Blvd. exit off I-564. Approximately 2 miles, turn left onto Hampton Blvd. Approximately 4 miles, turn right onto 49th Street.



Finding Your Way To Foreman Field

Directions to Foreman Field: Proceed west off Hampton Blvd. onto 49th Street (this will be a right hand turn if coming from I-564/Terminal Blvd.; a left hand turn if coming from downtown Norfolk). Turn right onto Bluestone Avenue; the stadium entrance will be the second parking lot on the right. Bus parking is available inside the stadium gates with prior notice.

Teams requiring additional information are asked to contact Greg Smith, Asst. A.D. for Event Management, at (757) 683-5924.

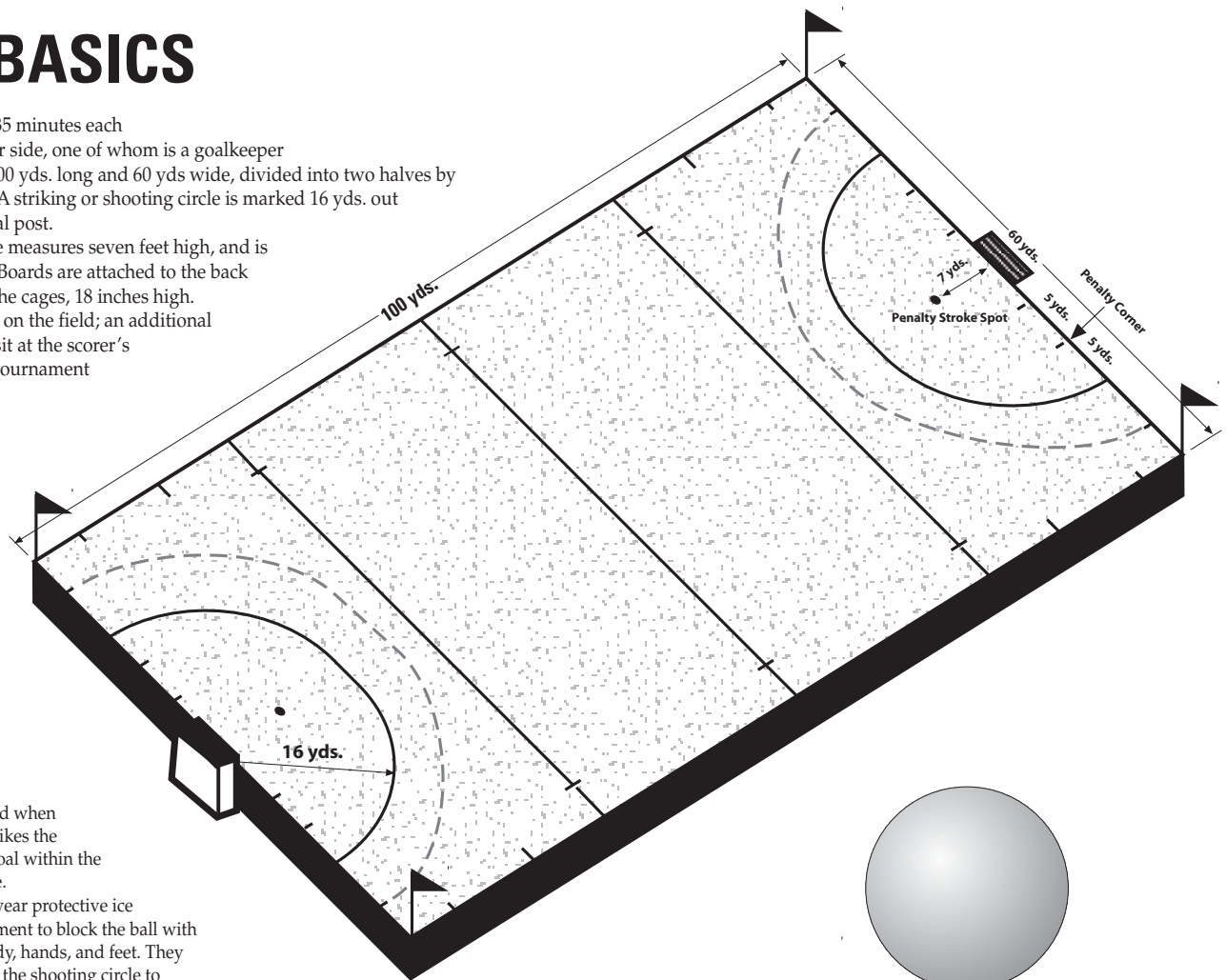


THE GAME OF **FIELD HOCKEY**

THE PATRIARCH OF ALL "STICK AND BALL" GAMES

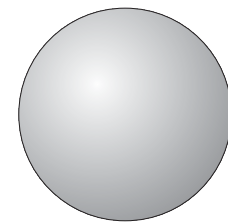
THE BASICS

- Two halves, 35 minutes each
- 11 players per side, one of whom is a goalkeeper
- The field is 100 yds. long and 60 yds. wide, divided into two halves by a center line. A striking or shooting circle is marked 16 yds. out from each goal post.
- The goal cage measures seven feet high, and is 12 feet wide. Boards are attached to the back and sides of the cages, 18 inches high.
- Two umpires on the field; an additional umpire may sit at the scorer's table during tournament play.



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- A goal is scored when an attacker strikes the ball into the goal within the shooting circle.
- Goalkeepers wear protective ice hockey equipment to block the ball with their stick, body, hands, and feet. They must be inside the shooting circle to kick-clear or body save shots.



THE BALL

The ball is made of hard plastic, with a circumference of approximately 8-3/4 inches, and weighing between 5-1/2 and 5-3/4 oz.

THE EQUIPMENT



THE STICK

The stick has a flat face on the left-hand side. The head is made of wood, and must have no metal fittings, sharp edges, or splinters. It must be narrow enough to pass through a ring with an interior diameter of 2 inches. Maximum weight: 23 oz.

SOURCES: History of the sport of field hockey, rules, and facts supplied by United States Field Hockey Association. Field and equipment information from USFHA and *Rules of the Game: the complete illustrated encyclopedia of all the sports of the world.*

NINE TIME NCAA CHAMPIONS * 1983 * 1984 * 1988 * 1990 * 1991 * 1992 * 1998 * 2000 *

THE RULES OF THE GAME

BASIC RULES

- Ball must be passed or “dribbled” down the field with the flat side of the stick.
- Players may not stand still to shield the ball using their body.
- A goal can only be counted if shot inside the shooting circle.

FOULS

A player must not:

- trip an opponent;
- shove or charge an opponent while trying to play the ball;
- hit the ball with the rounded side of the stick;
- obstruct an opponent with the body or the stick;
- interfere in the game without a stick;
- undercut or play the ball in a potentially dangerous way;
- stop the ball in the air or on the ground with any part of the body;
- use the foot or leg to support the stick in order to resist an opponent;
- pick up, kick, throw, carry, or propel the ball except with the stick;
- hit, hook, hold, or interfere with an opponent’s stick.

FREE HITS

A free hit is awarded to the non-offending side for infringements, and are usually taken at the area where the foul occurred.

The ball must be stationary and be hit along the ground with a legitimate stroke a minimum distance of one yard. Opposing players must be at least 5 yds. away. The hitter may not replay the ball until another player has touched it.

PENALTY CORNERS

Penalty corners are awarded against defenders for deliberately playing the ball over the back line; committing a foul within the striking circle; committing a deliberate foul within the 25 yd. line.

A penalty corner is a free hit awarded to an attacking player from a point on the back line, at least 10 yards away from the goal. All remaining attackers must be outside the striking circle before the hit is taken. A maximum of five defenders may be behind the goal line, while the remaining defenders must be beyond the center line.

Typically, the attacking player taking the free hit passes the ball toward her teammates positioned outside the striking circle. A player will stop the ball with her stick, while another player will move in and hit the ball toward the goal.

16-YARD HITS/DEFENSE HITS

When the attacking team plays the ball over the backline, the defense receives a 16-yard hit. The free hit is taken 16 yds. from the backline where the ball crossed.

THE PUSH-IN / HIT-IN

A push-in or hit-in is awarded to the opposition if a player hits the ball wholly over the sideline. A push-in or hit-in is played along the ground with the stick.

Opposing players and their sticks must be at least 5 yds. away (beyond the 5 yd. lines, which are marked on the endlines, the center line, and the 25 yd. lines). The person putting the ball into play may not touch it again until another player has touched it first.

Any violation by the player putting the ball into play is penalized by a free hit to the opposition.

PENALTY STROKES

A penalty stroke is a one-on-one shot where the offensive player positions seven yards in front of the goal vs. goalkeeper on the goal line, with all other players beyond the 25 yd. line. A penalty stroke is awarded for any intentional breach by the defenders in the circle, or an unintentional breach by the defenders which prevents a sure goal. The attacking player is permitted only one step while shooting, and the shot must be executed without a backswing of the stick. The goalkeeper may not move from the goal line until the stroker moves the ball.

CARD REPRIMANDS

Umpires carry three different colored cards to warn players of bad behavior or dangerous play: Green - caution; Yellow - Five minute or more suspension; Red - Ejection. Yellow and red card penalties leave teams at a number disadvantage for the time specified.

SUBSTITUTIONS

Player substitution is very similar to ice hockey, as the number is unlimited and players being replaced have unlimited reentry. The player being substituted for must run completely off the side of the field near the center before the substitute may enter the field. Only two subs may enter at a given time. No substitutions are permitted during penalty corners or strokes.

THE GAME OF FIELD HOCKEY IS PLAYED BY MEN AND WOMEN IN MORE THAN 130 COUNTRIES WORLDWIDE AND IS SECOND IN POPULARITY ONLY TO SOCCER AS A TEAM SPORT THROUGHOUT THE WORLD

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THE HISTORY OF FIELD HOCKEY

Field hockey is one of the few early sports where women were allowed to engage in strenuous activity and actually compete fer-vently in a team athletic situation. Although field hockey began as an activity for primitive man, modern woman has definitely made her mark on the sport.

The origins of field hockey go back further than the ancient Greeks, but there is no conclusive evidence exactly how and where the game began. The earliest tangible record of field hockey (then known only as hockey) is a drawing done in 2050 B.C. on a tomb at Beni-Hasan in the Nile Valley in Egypt.

On the wall of one tomb, six drawings of athletic activities were sketched. One illustration depicted two men holding sticks with curved ends. Between the sticks is a round object, possibly a hoop or a ball. Because of this evidence, historians believe field hockey is the patriarch of all sports played with such implements.

From pre-Christian times to Roman prominence and through the Middle Ages, the game of hockey - or a similar activity - was enjoyed by people in many lands. Rules have differed and playing surfaces have changed, but the concept of a two team stick-and-ball game remains the same.

It was not until the first half of the 19th century, however, that field hockey became firmly established. The first club was Blackheath, headquartered in southeast London prior to 1861. The club played on a large piece of open ground with crudely designed sticks. The ball was a solid cube of black rubber. There were little offensive or defensive tactics to the game.

Field hockey's role as a liberator also took hold at this time. For some time in the second half of the 19th century, it was considered the only proper team sport for women. A women's club was started in Surrey, England in 1887 and the first national association - the Irish Ladies Hockey Union - emerged in Dublin seven years later.

By the end of the 19th century, women's hockey had spread to New Zealand, South Africa, The Netherlands, Germany, Switzerland and elsewhere. In 1927, the International Federation of Women's Hockey Associations (IFWHA) was formed.

The women played according to the men's rules, but were obstructed by their clothing. Their cumbersome skirts hung nearly to the ground to cover every inch of their legs. The extremely heavy petticoats, corsets, long sleeves and high, stiff collars impeded movement. Despite such handicaps, the women persisted, and international matches were soon underway.

At the onset of the 20th century, the game was introduced to women in the United States by Constance M.K. Applebee. The British physical education teacher presented a hockey exhibition at Harvard University in the summer of 1901. During the two years, she taught the game to women at such prestigious institutions as Smith, Wellesley, and Mt. Holyoke, as well as other colleges in the Northeast and Mid-Atlantic states. This part of the country remains a hotbed of field hockey.

At a time in the United States when “socially accepted” croquet and lawn tennis were the most arduous activities young women were allowed to practice outdoors, field hockey created quite a stir. The women were no longer restricted and took on the athleticism and intensity of the game as a great challenge. In fact, the first U.S. women's team to travel abroad for the purposes of a single athletic competition sailed to England in 1920 to play in a hockey tournament. Shortly after, in 1922, the U.S. Field Hockey Association, the National Governing Body for field hockey in the United States, was established.

The long-standing tradition of the game serves as a gentle reminder of the hard work and dedication put forth by thousands of men and women who strive to perpetuate the sport for future generations.



HEAD COACH **BETH ANDERS**

Beth Anders' Ledger



HONORS RECEIVED

- 1975/'80 All-World All-Star Team
- 1980 U.S. Olympian (Co-Captain)
Sportswoman of the Year by the United States Olympic Committee (Field Hockey)
- 1981 Sportswoman of the Year by the Olympic Committee (Field Hockey)
- 1984 Southland Olympian Award
U.S. Olympian (Bronze Medal Winner - Co-captain)
Amateur Olympic Athlete of the Year (Field Hockey)
Philadelphia Sportswriters Amateur Athlete of the Year
Virginia Coach of the Year
Virginia Beach Sports Club Coach of the Year
Portsmouth Sports Club Coach of the Year
- 1988 Ursinus College Hall of Fame
Portsmouth Sports Club Coach of the Year
Virginia Beach Sports Club Coach of the Year
- 1989 United States Field Hockey Association Hall of Fame
- 1990 Portsmouth Sports Club Coach of the Year
- 1991 CAA Coach of the Year
Special Citation from Norfolk City Council and Mayor
- 1992 CAA Coach of the Year
- 1992/'93 Norfolk Sports Club Coach of the Year
Honored by Virginia State Senate and House of Representatives
Old Dominion University Citation for Distinguished Services from Board of Visitors
Special Citation from Norfolk City Council and Mayor
- 1997 CAA Coach of the Year
- 1998 CAA Coach of the Year
NFHCA/Dita National Coach of the Year
Pennsylvania Sports Hall of Fame
Norfolk City Council Citation
Norfolk Sports Club Coach of the Year
Portsmouth Sports Club Coach of the Year
Norfolk Sports Club MACE Award
- 1999 CAA Coach of the Year
- 2000 CAA Coach of the Year
NFHCA/Dita National Coach of the Year
Norfolk Sports Club Coach of the Year
Portsmouth Sports Club Coach of the Year
- 2001 Dita/NFHCA South Region Coach of the Year
- 2002 CAA Coach of the Year
- 2003/'04 US National Team Coach

MISCELLANEOUS

- Participant in the 1998 World Cup coaches clinic
- 14 years on the US National Field Hockey Team, with the last five as team captain.
- Holds the Olympic scoring record for most goals scored in one Olympiad (8 in 1984).
- Scored over 100 goals in international play.
- Led the U.S. team five years in a row in most goals scored.
- As head coach of the U.S. field hockey team, took the bronze medal in the 1991 Pan American games and qualified for the 1994 World Cup.
- Written several articles and books on the sport of field hockey, its fundamentals, and methods of teaching. Latest book "Steps for Success" was released summer of 1999.
- Silver Medal at the 2003 Pan Am Games

Two words describe Old Dominion field hockey coach Beth Anders...Proven Winner.

Anders has cemented her status as one of the greatest in field hockey in all facets of the game. As player, she has participated at every level possible, including World Cup and Olympic events and as a coach, her coaching achievements are nothing short of impressive, including nine national collegiate titles, a silver medal at the Pan American World Cup Games, and the distinction of being the winningest Division I field hockey coach in the country. Considered by many to be a pioneer of her sport, her resume is dotted with a long list of incredible achievements and monumental firsts.

At Old Dominion, Anders has mentored the field hockey team for over 20 years and has led her teams to perennial appearances in the NCAA tournament. Under her tutelage, the Lady Monarchs have achieved more honors than any other field hockey program in NCAA history. Among the most prestigious, Anders and her teams have brought the NCAA Championship trophy back to Norfolk an unprecedented nine times, including the most recent in 2000. In addition, the Lady Monarchs have won the CAA crown 11 of 12 times since joining the league in 1991 under her guidance.

Anders has coached on the international level as well. In the summer of 2003, Anders took a leave of absence from Old Dominion to take over the reigns of the U.S. National Team. During her year away from the Lady Monarchs, Anders guided the

United States to a silver medal at the Pan American Games in the Dominican Republic and was just one game shy of heading to Athens in 2004 at the Olympic Qualifying Tournament in New Zealand. Also among her international coaching highlights with the national team are a bronze medal stint at the 1991 Pan Am Games and a qualifying campaign for the 1994 World Cup.

The love affair between Anders and field hockey, however, goes well beyond her immediate reign in the coaching ranks. For more than two decades, Anders has had a very influential impact on the sport of field hockey in our country, most recently in the coaching ranks, but also as a pupil. In 1980, Anders made the first of two Olympic field hockey teams as co-captain, but was forced-



Beth Anders' Year-by-Year Records

<u>YEAR</u>	<u>RECORD</u>	<u>HIGHEST RANKING</u>	<u>GF/GA</u>
1980	18-4-0	Fifth nationally - AIAW	74-22
1981	13-2-2	NCAA Championship - Third place	49-8
1982	20-1-0	NCAA National Champions	74-14
1983	19-1-0	NCAA National Champions	90-8
1984	23-0-0	NCAA National Champions	127-10
1987	17-5-1	Fourth nationally	79-26
1988	26-1-0	NCAA National Champions	124-15
1989	24-2-0	NCAA National Finalists	114-13
1990	23-2-1	NCAA National Champions	117-12
1991	26-0-0	NCAA National Champions/CAA Champions	145-10
1992	25-0-0	NCAA National Champions/CAA Champions	163-4
1993	17-4-2	Seventh nationally/CAA Champions	60-18
1994	17-6-1	Fourth nationally/CAA Champions	69-18
1995	16-9-0	Sixth nationally	64-24
1996	19-5-0	NCAA National Semifinalists/CAA Champions	120-45
1997	22-3-0	NCAA National Finalists/CAA Champions	154-28
1998	23-2-0	NCAA National Champions/CAA Champions	136-23
1999	17-7-0	NCAA Regionals/CAA Champions	101-36
2000	25-1-0	NCAA National Champions/CAA Champions	160-26
2001	18-5-0	NCAA Regionals/CAA Champions	87-25
2002	21-4-0	NCAA National Semi Finals/CAA Champions	131-31
TOTALS	429-64-7		

Assistant COACHES

SUE MYERS

ASSISTANT COACH



Susan Myers enters her 17th year as a member of the Lady Monarch coaching staff after taking over the reigns of the program in 2003 as Lady Monarch head coach Beth Anders served as the head coach of the U.S. National Team.

Myers guided the 2003 Lady Monarchs to a 14-10 overall record as Old Dominion took home its eighth straight and 13th overall Colonial Athletic Association title and returned to the NCAA Tournament for the 23rd consecutive appearance.

As an assistant, Myers has been on the sidelines for six of Old Dominion's national titles as well as "The Streak," a string of 66 consecutive wins spanning from 1990-93. Among Myers' on-field duties include coaching Old Dominion goaltenders, while her off-field duties include recruiting, statistical records, video documentation and camp organization.

Myers' coaching career began in 1973 when she became Carlisle Senior High School's head coach of basketball, field hockey, and softball. She was also the coach of the state champion 4 X 100 relay team of the track and field squad. She held that post at the Pennsylvania school for 12 years, before becoming a graduate assistant coach at Old Dominion in 1987. During the 1988 season, Myers became a full-time assistant in the post she currently holds today. Alongside Anders, Myers also helped coach the United States National field hockey team during the 1990-93 seasons.

A seven-time United States National Team member, Myers was a superior field hockey player during her athletic career. She captained the Lady Rockets of Slippery Rock during her junior and senior campaigns and was her team's leading scorer for three seasons.

Myers was an active member of the national field hockey scene. She was on the United States National Team from 1972-79 and played on the very first United States World Cup team of 1975.

After her college career, Myers was an active player in club field hockey. A five-time national club team champion, Myers was a player and co-founder of the Red Rose Field Hockey Club based in southeastern Pennsylvania from 1975-85, where she played alongside Anders on the club circuit.

A four-sport athlete in college, Myers also participated in basketball, softball, and track and field. She was an MVP selection of her basketball team and played with Rutgers head women's basketball coach C. Vivian Stringer. A veteran ASA fast-pitch softball class AAA player, Myers was a four-time Eastern United States League batting champion while playing for teams based out of Harrisburg, Pennsylvania.

She has co-authored several field hockey publications with Anders, including the most recent Steps to Success, which was released in the summer of 1999.

ROBIN SMITH

ASSISTANT COACH



Robin Smith returns to the Old Dominion coaching staff for her seventh season as an assistant, helping the Lady Monarchs on a part-time basis during fall.

Smith, a standout player under Anders, was a main cog in the Old Dominion dynasty of the early 1990s. The All-NCAA Tournament team member and CAA Player of the Year played on three of Old Dominion's eight national championship teams (1990-1992) and was also on the team that finished runner up in 1989.

During her playing career, Smith's squads posted an impressive 98-4-1 record, scoring 539 goals while allowing just 39. A two-time captain and team MVP, Smith was an integral player in what

became known in Old Dominion field hockey history as "The Streak," a string of 66 wins and 48 shutouts spanning the 1990-93 seasons and producing three national championships.

Graduating in 1992, Smith made her own mark in the record books as well. During her career, she scored 66 goals and collected 18 assists for 150 career points, placing her ninth in the record books for goals. A four-year letter winner and starter, Smith was honored as an All-CAA player who won the CAA Player of the Year award in 1991. Smith also received a nomination for the prestigious Honda Broderick Award in 1991 and was named Old Dominion's Female Athlete of the Year in 1992.

Smith's individual honors include two-time CFHCA All-American (1991, 1992), CAA Player of the Year (1991), CAA Tournament MVP (1992), All-CAA first team (1991, 1992), All-South Region first team (1990, 1991, 1992), and NCAA All-Tournament team (1990, 1991, 1992).

Smith was a member of the United States National field hockey team from 1990 to 1992 and played on the 12th-ranked 1990 World Cup team and the 1991 bronze medal team at the Pan American Games. She was inducted into the Old Dominion Hall of Fame in April of 2000. Smith works at Towne Bank in Portsmouth, where she currently resides. COACHING CAREER: [Volunteer assistant coach] Old Dominion University, 1994-1996. [Assistant Coach] Old Dominion University, 1997-1998, 2000-present.

PERSONAL: Hometown: Shippensburg, Pennsylvania Alma Mater: Old Dominion University, 1992; B.S. in business management. Robin is the daughter of Kay and John Smith. She has one sister Dawn (27).

KATIE MOYER

ASSISTANT COACH



A four-year defensive standout for the Lady Monarchs, Katie Moyer begins her first season as assistant coach with the Lady Monarchs.

During her career from 1999-2002, Moyer helped Old Dominion to an 84-17 overall mark, four undefeated CAA seasons, four CAA titles, two Final Four appearances, and a national championship in 2000. As a junior, the Lady Monarchs ranked ninth nationally in defense, while she anchored the defense to seven shutouts en route to a Final Four appearance as a senior in 2002. During her final year with the Lady Monarchs she fired off five goals, including both game-winners en route to Old Dominion's seventh straight CAA title, to go along with five assists.

A National Field Hockey Coaches' Association (NFHCA) Academic Honor Roll honoree, CAA Scholar-Athlete, and Dean's List student, Moyer finished her undergraduate degree in biology in 2002.

Moyer came to Old Dominion from Virginia Beach's Salem High School where she was a two-time team MVP, First Team All-Beach, and Second Team All-Tidewater selections.

PERSONAL: Born January 4, 1980...Daughter of Vicki Splinter and Chuck Moyer...Has three brothers, Chuck Moyer III (19), Matthew Moyer (16), and Zachary Splinter (14) and a sister Sarah Splinter (12).

ANGIE LOY

UNDERGRADUATE ASSISTANT COACH



Angie Loy, two-time First Team All-American and 2003 Colonial Athletic Association (CAA) Player of the Year, begins her coaching career serving as an undergraduate assistant with the Lady Monarchs in 2004.

Last season Loy led the Monarchs to their eighth consecutive CAA title and 23rd consecutive bid to the NCAA Tournament earning first-team All-American honors from both the NFHCA and womens field hockey.com for the second consecutive season. Loy, named the CAA Tournament MVP, ranked second nationally with 69 points, 2.875 points per game, and 21 assists.

A native of Loysville, PA and graduate of West Perry High School, she finished her stellar career ranked fifth in career goals (77), ninth in career assists (56), and fourth all-time in scoring with 210 career points. She is also the third Lady Monarch in history to earn National Field Hockey Coaches' Association (NFHCA) Academic Honor Roll honors for four consecutive years.

Loy continues her playing career having been named to the U.S. Field Hockey National Team roster on Dec. 8th, 2003. Playing under Old Dominion head coach Beth Anders, Loy was starting forward at the 2004 Olympic Qualifiers in New Zealand and took home a silver medal at the Pan Am Games in Barbados.

PERSONAL: Born April 23, 1982...Daughter of Linda and Robert Loy...Has a brother Josh (26) and a sister Becky (24), a former Lady Monarch midfielder from 1998-2002...Majoring in health and physical education.

2004 SEASON PREVIEW

BETH ANDERS IS BACK TO LEAD A YOUNG LADY MONARCH TEAM

The nation's winningest collegiate field hockey coach is back home. Beth Anders, the two decade veteran who has led the Lady Monarchs to a record setting nine national championships, returns to the familiar sidelines of Foreman Field as the Lady Monarchs prepare to return to the tops of the collegiate field hockey scene.

Anders took a leave of absence from Old Dominion last season to help guide the U.S. National Team on its quest to return to the Olympic Games and among the way helped the United States bring home a silver medal from the Pan American Games. This season she begins her 22nd season at the helm of the Lady Monarch program on its quest to continue its dominating presence as one of the strongest and storied programs in history.

Anders will guide a young Lady Monarch squad which features just two seniors in Lynn Farquhar and Beth Maddox. Maddox will be asked to take over the void left by departing Lady Monarch, two-time All-American and CAA Defender of the Year, Melissa Leonetti. Maddox's leadership and experience should be the driving force behind the stingy Lady Monarch defense in 2004. The Hampton Roads native has been an essential member of the starting line-up over the last two seasons, which has seen the Old Dominion defense strike up 12 shutouts.

Farquhar jumped into a starting midfield role in 2003 and proved herself battle tested and ready to produce under pressure on both the offensive and defensive sides of the field. Last season, Farquhar's keen timing helped her lead the Lady Monarchs in defensive saves, including one that kept Old Dominion on top of the CAA standings with a crucial block against the 11th-ranked Delaware Blue Hens in a 6-5 overtime victory. Farquhar will be looked upon to continue to fire upon the opponent net and continue to be a key player in the Lady Monarch's transition on the field.

A duo of juniors will bolster the line-up in 2004 as well. The Lady Monarchs return Second Team All-CAA member junior Janelle Engle, who will team with Maddox to anchor Old Dominion's defensive efforts. Engle, who has started 13 games in the backfield as a freshman and every game as a sophomore, comes to the field in 2004 as the Lady Monarchs' second leading scorer. Last season she tallied five goals and nine assists for 19 points as a vital member of the penalty corner unit.

Local product junior midfielder Jenny Angat begins her third year as one of the more veteran Lady Monarchs. Angat had a successful freshman campaign as only one of two true rookies to earn a starting nod leading to three goals and an assist. Last season, Angat was relied upon as a spark off the bench as one of the top reserve midfielders.

Seven sophomores and two-redshirt freshmen comprise the 2004 roster, with many of them having gained a vast amount of experience in just one year on the squad. Forward Anna Rogers comes to the turf as Old Dominion's top returning scorer. As a freshman, Rogers blasted home 22 points off of nine goals and four assists, which included a game-winner against the 12th-ranked Virginia Cavaliers and multiple point outings against fierce CAA rivals James Madison and Delaware.

Midfielder Dana Sensenig will also continue her starting role in the midfield after a productive rookie campaign as one of the most consistent Lady Monarchs. Along with five goals and nine assists, Sensenig was key in the transition off Old Dominion's defense. Her naming to the national Under-21 team should also bolster the skills and talent that she brings to the field this season.

Among last year's reserves that will be asked to step up is Mary Cate Gordon, who will look to fill the cage



*Sophomore Anna Rogers (above)
and junior Janelle Engle (right)*



come the start of the season. Gordon completed her redshirt freshman season watching four-year veteran Mary Beth Freeman help Old Dominion to seven shutouts and the Final Four in 2002 and also saw action in two games under last year's keeper in Tina Walker. Challenging Gordon for the role will be two newcomers in freshmen Maggie Hayes and Lyndsay Meabon.

Reservists Darcy Pinchbeck and Katie Claxton will also be asked to step up their roles for the upcoming season. Pinchbeck, a forward out of nearby Suffolk, Va., grew as the season progressed last season making her mark in the post-season with game-winning goals in the NCAA as well as CAA Tournaments. Claxton, also a forward who made 12 starts in 22 of her appearances, comes back as the Lady Monarch's third leading scorer having tallied six goals to go along with an assist.

Rounding out the Lady Monarch roster will be seven incoming freshman, who under Anders' tutelage, will be ready to contribute immediately in their first collegiate hockey season.

Old Dominion's schedule, as it is every year, will test the Lady Monarchs through the season in both conference and non-conference competition. Both William & Mary and Delaware finished last season ranked in the top 20 and will once again prove to be formidable foes for the Lady Monarchs in CAA action as Old Dominion looks continue to dominate the Colonial Athletic Association. The schedule also featured home and away dates will perennial powerhouse Maryland, along with 2003 national runner-up Duke. In all, six of Old Dominion's non-conference opponents for the upcoming season were nationally ranked at the conclusion of last year.

Meet the **LADY MONARCHS**

2004 Numerical Roster

<u>No.</u>	<u>Name</u>	<u>Position</u>	<u>Class</u>	<u>Ht.</u>	<u>Hometown/High School</u>
1	Mary Cate Gordon	GK	So.	5-6	Oreland, Pa./Springfield Township
3	Lara Meyer	MF	Fr.	5-9	Fredericksburg, VA/Stafford
4	Lynn Farquhar	F/M	Sr.	5-7	Alexandria, Va./West Potomac
6	Sami McLenegan	B	Fr.	5-4	Middletown, Pa./Lower Dauphin
7	Anna Rogers	F	So.	5-8	New Bloomfield, Pa./West Perry
8	Julia Muldrow	B	Fr.	5-6	Va. Beach, Va./Ocean Lakes
9	Darcy Pinchbeck	F	So.	5-6	Suffolk, Va./Lakeland
10	Beth Maddox	MF	Sr.	5-7	Va. Beach, Va./Salem
11	Whitney Tossone	F	Fr.	5-5	Va. Beach, Va./Kellam
14	Dana Sensenig	MF	So.	5-5	Denver, Pa./Cocalico
15	Jamie Snow	B	Fr.	5-8	Escondido, Ca./San Pasqual
16	Jennifer Angat	M	Jr.	5-8	Va. Beach, Va./Tallwood
18	Shannon Mobley	MF	Fr.	5-1	Va. Beach, VA/Tallwood
19	Janelle Engle	B	Jr.	5-7	Mt. Joy, Pa./Lancaster Mennonite
20	Caroline Nichols	MF	So.	5-6	Va. Beach, Va./Salem
22	Lyndsay Meabon	GK	Fr.	5-7	Dillsburg, Pa./Northern
23	Rosanna Delutis	B	So.	5-6	Va. Beach, Va./Kempsville
25	Joelle Potter	MF	Fr.	5-5	Claremont, Australia/St. Hildas
26	Katie Claxton	F	So.	5-7	Va. Beach, Va./Cox
27, 21	Maggie Hayes	B/GK	Fr.	5-10	Coopersburg, Pa./Southern Lehigh

Head Coach:
Assistant Coaches:
Undergraduate Assistant:

Beth Anders (Ursinus '73)
Susan Myers (Slippery Rock '73), Robin Smith (ODU '92) Katie Moyer (ODU '01)
Angie Loy (ODU '05)

10

2004 Alphabetical Roster

<u>No.</u>	<u>Name</u>	<u>Position</u>	<u>Class</u>	<u>Ht.</u>	<u>Hometown/High School</u>
16	Jennifer Angat	M	Jr.	5-8	Va. Beach, Va./Tallwood
26	Katie Claxton	F	So.	5-7	Va. Beach, Va./Cox
23	Rosanna Delutis	B	So.	5-6	Va. Beach, Va./Kempsville
19	Janelle Engle	B	Jr.	5-7	Mt. Joy, Pa./Lancaster Mennonite
4	Lynn Farquhar	F/M	Sr.	5-7	Alexandria, Va./West Potomac
1	Mary Cate Gordon	GK	So.	5-6	Oreland, Pa./Springfield Township
27, 21	Maggie Hayes	B/GK	Fr.	5-10	Coopersburg, Pa./Southern Lehigh
10	Beth Maddox	MF	Sr.	5-7	Va. Beach, Va./Salem
6	Sami McLenegan	B	Fr.	5-4	Middletown, Pa./Lower Dauphin
22	Lyndsay Meabon	GK	Fr.	5-7	Dillsburg, Pa./Northern
3	Lara Meyer	MF	Fr.	5-9	Fredericksburg, VA/Stafford
18	Shannon Mobley	MF	Fr.	5-1	Va. Beach, VA/Tallwood
8	Julia Muldrow	B	Fr.	5-6	Va. Beach, Va./Ocean Lakes
20	Caroline Nichols	MF	So.	5-6	Va. Beach, Va./Salem
9	Darcy Pinchbeck	F	So.	5-6	Suffolk, Va./Lakeland
25	Joelle Potter	MF	Fr.	5-5	Claremont, Australia/St. Hildas
7	Anna Rogers	F	So.	5-8	New Bloomfield, Pa./West Perry
14	Dana Sensenig	MF	So.	5-5	Denver, Pa./Cocalico
15	Jamie Snow	B	Fr.	5-8	Escondido, Ca./San Pasqual
11	Whitney Tossone	F	Fr.	5-5	Va. Beach, Va./Kellam

Head Coach:
Assistant Coaches:
Undergraduate Assistant:

Beth Anders (Ursinus '73)
Susan Myers (Slippery Rock '73), Robin Smith (ODU '92) Katie Moyer (ODU '01)
Angie Loy (ODU '05)

Meet the **LADY MONARCHS** **SENIORS**



Lynn
4 FARQUHAR

Senior • Forward/Midfield • 5' 7"
Alexandria, VA • West Potomac

2003 (Redshirt Junior): Appeared and started in 23 games. Tallied a goal and an assist in a 11-0 victory against CAA rival Towson (10/10). Named to the National Field Hockey Coaches Association Academic All-American Squad for the third straight year. **2002 (Redshirt Sophomore):** Appeared in 20 games as a reserve. Scored two goals in CAA actions during her sophomore campaign. Tallied goals against Towson and William & Mary. Recorded her first career assist against Towson. Named to the National Field Hockey Coaches Association Academic All-American Squad for the second straight season. Played for the Tidewater Tempest in the US Field Hockey Summer League. **2001 (Redshirt Freshman):** Appeared in nine games and broke into the starting line-up at the end of 2001. Tallied two goals in her rookie campaign both in the post-season against Virginia Commonwealth and Princeton. Named an Academic All-American by the National Field Hockey Coaches Association. Played in the 2002 USFHA Summer League. **2000 (Freshman):** Redshirted. **Prior to Old Dominion:** Captained her West Potomac team to a regional championship last season...Earned second team all-region honors...Was also a first team all-district and all-tournament selection...Earned second team all-region honors...Played basketball and soccer...A Scholar-Athlete and honor roll student. **Personal:** Born March 23, 1982...Daughter of Janice and Kevin Farquhar...Has two brothers Greg (18) and Chris (14)...Majoring in sports management/marketing.

Year:	GP/GS	Shots:	Goals:	Assists:	Points:
2001:	9/6	16	2	0	4
2002:	20/0	10	2	2	6
2003:	23/23	12	1	1	3
Totals:	52/29	38	5	3	13



Beth
10 MADDUX

Senior • Midfield • 5' 7"
Virginia Beach, VA • Salem

2003 (Redshirt Junior): Started in 22 of her 23 appearances. Netted four goals on the season including her first career tally with two goals against Delaware (10/12) in a 6-5 victory. Also scored against #11 Princeton and against national runner-up Duke in the Second Round of the NCAA Tournament. Assisted on a goal in an 11-0 win over Towson (10/10). **2002 (Redshirt Sophomore):** Started in 23 of 24 contests as a midfielder during her sophomore campaign. Jumped into the starting line-up in the second game of the season after redshirting the previous season. Helped the Lady Monarch defense to eight shutouts in 2002. Played for the Tidewater Tempest in the US Field Hockey Summer League. **2001 (Sophomore):** Redshirted. Played in the 2002 USFHA Summer League. **2002 (Freshman):** Saw playing time in nine contests. **Prior to Old Dominion:** Played field hockey and soccer at nearby Salem high school...Was a two-time all-beach district choice and an all-Tidewater, all-region selection...Was named her team's Most Valuable Offensive Player...Was also an all-beach player and MVP of her soccer team...An honor roll student. **Personal:** Born February 23, 1982...Daughter of Theresa and Michael Maddox...Has a brother James (16)...Majoring in history and sociology.

Year:	GP/GS	Shots:	Goals:	Assists:	Points:
2000:	9/0	1	0	0	0
2001:	DNP-Redshirt				
2002:	24/23	4	0	0	0
2003:	24/23	18	4	1	9
Totals:	57/46	23	4	1	9



Meet the **LADY MONARCHS**



Jennifer
16 ANGAT

Junior • Midfield • 5'8"
Virginia Beach, VA • Tallwood

2003 (Sophomore): Made 21 appearances including 10 starts. Provided a spark off the bench in the midfielder. Took two shots on opponent net. **2002 (Freshman):** Started 23 of 25 contests as a true freshman. Had three goals and an assist all in CAA play. Recorded her first career goal against James Madison during the regular season. Scored one goal and added one assist in win over #10 JMU in the CAA Tournament semifinals. Also added a goal against Delaware. Played for the Tidewater Tempest in the US Field Hockey Summer League. **Prior to Old Dominion:** An All-American at Tallwood High School in Virginia Beach. Named First Team All-Tidewater. Received Second Team All-State honors. Also played soccer for four seasons and was a three time Second Team selection. Graduated with honors. **Personal:** Born November 5, 1983. Daughter of Joe and Imelda Angat. Has one brother, Jomel (28). Majoring in graphic design.

Career Stats:

Year:	GP/GS	Shots:	Goals:	Assists:	Points:
2002:	25/23	21	3	1	7
2003:	21/10	2	0	0	0
Totals:	46/33	23	3	1	7



Janelle
19 ENGLE

Junior • Back • 5'7"
Mt. Joy, PA • Lancaster Mennonite

2003 (Sophomore): Started all 24 contests on defense. Second Team All-CAA honoree. Second returning leading scorer entering next year's season after accumulating five goals and nine assists for 19 points. Third on the squad in assists with nine. Tallied the game-winner against UConn (9/14) in a 4-2 victory. Recorded a season-high three points against Louisville (8/30), Stanford (9/7), and Delaware (10/12). Assisted on a career-high three goals in a 6-5 win over CAA rival Delaware. Named to the National Field Hockey Coaches Association Academic All-American Squad for the second straight season. **2002 (Freshman):** Started 13 contests as a back in her rookie season. Was named the CAA Player of the Week for the week ending September 15th. Scored her first collegiate goal against the University of New Hampshire. Also tallied a goal in victory over #8 JMU. Played for the Tidewater Tempest in the US Field Hockey Summer League. National Field Hockey Coaches Association Academic All-American Squad. **Prior to Old Dominion:** A four-year letterwinner at Lancaster Mennonite High School in Lancaster, PA. Teams posted a 77-20-5 overall record during her career. Named First Team All Lancaster-Lebanon League and First Team PIAA All-State. In 2000 scored a single season school record 34 goals. Helped lead Lancaster Mennonite to four Lancaster-Lebanon Section II Championships. In 2001, her team was the PIAA District III runners up. Was also a Lancaster-Lebanon Second Team selection on the women's lacrosse team and a one year member of the basketball team. A National Honor Society member. **Personal:** Born February 16, 1984. Daughter of Charles and Kathleen Engle. Has one sister, Jocelyn (21), and one brother, Charles (18). Majoring in music education.

Career Stats:

	GP/GS	Shots:	Goals:	Assists:	Points:
2002:	23/13	8	2	1	5
2003:	24/24	9	5	9	19
Totals:	47/37	17	7	10	24



Katie
26 CLAXTON

Sophomore • Forward • 5' 7"
Virginia Beach, VA • Cox

2003 (Freshman): Made 22 appearances in her first season including 12 starts. Old Dominion's fourth returning scorer entering her sophomore season. Recorded six goals, one assists, and 13 points in her first season with the Lady Monarchs. Tallied two goals in a 5-0 win at CAA rival James Madison (9/27). Recorded first career goal in a 4-2 victory over #10 Connecticut (9/14). Made first career assist at conference opponent Drexel (10/5) in a 2-1 victory. Also registered goals against #5 Duke, #12 Virginia, and CAA opponent Towson. **Prior to Old Dominion:** A four-year letterwinner at nearby Cox High School in Virginia Beach. Named the Virginia Beach Sports Club Female Athlete of the Year. Co-Captain of the team. Felthousen Award winner. Also played basketball all four years of high school. Earned the Gatorade "Will To Win" Award. Member of the Honor Roll. **Personal:** Born December 18, 1984. Daughter of Charles and Sandra Claxton. Has one sister, Amanda (26). Major is undecided.

Career Stats:

	GP/GS	Shots:	Goals:	Assists:	Points:
2003:	22/12	17	6	1	13
Totals:	22/12	17	6	1	13



Rosanna
23 DELUTIS

Sophomore • Back • 5'6"
Virginia Beach, VA • Kempsville

2003 (Sophomore): Appeared in four games including contests against CAA rivals James Madison, Drexel, and Towson as well as #12 Virginia. **2002 (Freshman):** Redshirted. **Prior to Old Dominion:** A three sport athlete at Kempsville High School in Virginia Beach. A three-year member of the field hockey team earning "Most Improved" during the 2000-01 season. Also played catcher for the softball team and was a sprinter on the track team. **Personal:** Born October 14, 1984. Daughter of James and Sara DeLutis. Has two sisters, Francesca (21) and Amanda (17). Major is undecided.

Career Stats:

	GP/GS	Shots:	Goals:	Assists:	Points:
2003:	4/0	0	0	0	0
Totals:	4/0	0	0	0	0

Meet the **LADY MONARCHS**



Mary Cate
1 GORDON

Sophomore • Goalkeeper • 5' 6"
Oreland, PA • Springfield Township

2003 (Redshirt Freshman): Made appearances in two contests. Made first career appearance against Towson (10/10). Played a season-high 29 minutes against Va. Commonwealth (10/26). Named to the National Field Hockey Coaches Association Academic All-American Squad. **2002 (Freshman):** Redshirted. Played for the Tidewater Tempest in the US Field Hockey Summer League. **Prior to Old Dominion:** A four-year member of the varsity squad at Springfield Township High School in Erdenheim, PA. Team posted a 14-4-2 overall mark in 2001. Held a 1.01 GAA her senior season. A two-time All-League honoree. Participated with the Futures National Tournament and was a Futures Elite member. Also played basketball and lacrosse. Was a member of the National Honor Society. **Personal:** Born June 30, 1984. Daughter of Kevin and Mary Gordon. Has three brothers, Kevin (18), Dan (16), and James (10). Majoring in English.

Career Stats:

	GP/GS:	Saves:	GAA:	Save%:	SO/SH:	Min:
2003:	2/0	0	3.83	.000	1/1	36:36
Totals:	2/0	0	3.83	.000	1/1	36:36



Caroline
20 NICHOLS

Sophomore • Midfield • 5' 6"
Virginia Beach, VA • Salem

2003 (Freshman): Made 23 appearances including 22 starts in her first season. Collected a goal and two assists. Netted her first career goal in a 5-2 victory over Stanford (9/7). Registered her first career assist in the 3-1 season opening victory over Louisville (8/30). Also collected an assist in a 4-2 victory over Connecticut (9/14). Played for the Tidewater Tempest in the US Field Hockey Summer League. **Prior to Old Dominion:** A four-sport athlete at local Salem High School...Played three positions, forward, midfield, and defense, as a four-year letterwinner on the field hockey squad...Was named First Team All-District, All-Tidewater, and All-State...Captained her team her senior season...Was also a Second Team All-District and captain of the women's soccer squad...All participated on the cross country and basketball teams for two seasons...Named to the Virginian Pilot Academic Excellence Team...An honor roll student...**Personal:** Born December 15, 1984. Daughter of Ken and Terry Nichols. Has a twin brother, Christopher (18). Plans to major in physical education with an emphasis in exercise science.

Career Stats:

	GP/GS	Shots:	Goals:	Assists:	Points:
2003:	23/22	7	1	2	4
Totals:	23/22	7	1	2	4



Darcy
9 PINCHBECK

Sophomore • Forward • 5' 6"
Suffolk, VA • Lakeland

2003 (Freshman): Made appearances in 23 of Old Dominion's 24 games, including two starts during the NCAA Tournament. Collected 11 points on five goals and an assist in her first year with the Lady Monarchs. Tallied a goal in the 4-2 victory over Richmond (11/15) in the first round of the NCAA Tournament. Was one of five goal scorers against Delaware (11/9) in the 5-0 CAA Championship game. Captured a season-high five points with two goals and assist in a 11-0 route of CAA opponent Towson (10/10). Tallied her first career goal against #4 Maryland (9/6) in a 2-1 loss. **Prior to Old Dominion:** The Southeastern District Player of the Year at Lakeland High School in Suffolk, VA. Captained her team to an 18-1-1 record in 2001 with 14 goals and 19 assists. Named First Team All-District, All-Region, and All-Tidewater her senior season. Third Team All-State selection. Earned the Best All-Around trophy. Invited to the Futures Mid-Atlantic All-Star Camp. Participated in the Commonwealth of Virginia Games. A two-time Second Team All-District pick in softball. A two-time captain of the basketball team. Graduated with honors. **Personal:** Born December 23, 1984. Daughter of Dale and Vicky Pinchbeck. Has one sister, Stephanie (26), and one brother, Jonathan (17). Grandfather was inducted into the Randolph-Macon College Hall of Fame for football, baseball, and track achievements. Majoring in engineering.

Career Stats:

	GP/GS	Shots:	Goals:	Assists:	Points:
2003:	23/24	16	5	1	11
Totals:	23/24	16	5	1	11



Anna
7 ROGERS

Sophomore • Forward • 5' 8"
New Bloomfield, PA • West Perry

2003 (Redshirt Freshman): Appeared in all 24 games making 23 starts. The third leading scorer in 2003 and top returning scorer. Notched a career-high five points in a 4-1 victory over #12 Virginia (9/28) with two goals and an assist. Scored the game-winner against the Cavaliers. Also collected four points against CAA rivals James Madison (9/27) and Delaware (10/12). Had three multiple goal outings. Played for the Tidewater Tempest in the US Field Hockey Summer League for the second straight season. **2002 (Freshman):** Redshirted. Played for the Tidewater Tempest in the US Field Hockey Summer League. **Prior to Old Dominion:** The 2002 West Perry High School Outstanding Female Athlete of the Year. A First Team Mid-Penn All-Star and Second Team All-State selection her senior year. Named the 2002 West Perry Most Valuable Player in both field hockey and softball. Sentinel Athlete of Year runner up. A three-sport co-captain in field hockey, softball, and basketball. A four-time member of Who's Who Among American High School Students. Member of National Honor Society. **Personal:** Born December 21, 1984. Daughter of Richard and Madeline Rogers. Has one brother, Nicholas (19). Majoring in health and physical education.

Career Stats:

	GP/GS	Shots:	Goals:	Assists:	Points:
2003:	23/24	23	9	4	22
Totals:	23/24	23	9	4	22

Meet the **LADY MONARCHS**



Dana
14 SENSENIG

Sophomore • Midfield • 5' 5"
Denver, PA • Cocalico

2003 (Freshman): Made 19 appearances, all in the starting line-up, in her first season with the Lady Monarchs. Tallied 11 points on five goals and an assists as the team's eighth leading scorer. Picked up her first career assist in a 5-2 victory over Stanford (9/7). Had a two-goal effort in the 8-2 upset victory over #8 Princeton (11/2) in the regular season finale. Was one of five goal scorers against Delaware (11/9) in the 5-0 CAA Championship game. Also tallied goals, including her first career tally, against CAA rival James Madison (9/27) and #4 Maryland (9/6). Named to the CAA All-Tournament Team. One of 20 members named to the U.S. Under-21 squad. Earned National Field Hockey Coaches Association Academic All-American Squad honors. **Prior to Old Dominion:** Three-sport athlete at Cocalico High School...Cocalico High School's Outstanding Athlete and Intellegencer Journal Female Athlete of the Year as a senior...Led her high school team to the Section Two Championship...Three-time Lancaster Lebanon First Team All-Star...League All-Star Offensive MVP and Pennsylvania All-State All-Star Team member as a senior...Also was a basketball and track and field standout...Scored over 1,000 points and was a two-time Lancaster Lebanon Section Two All-Star member in basketball...Was the 400 meter dash league champion in track her senior year...Cocalico Class of 2003 Valedictorian...Member of the National Honor Society...Named Who's Who Among American High School Student and High School Sports...**Personal:** Born November 30, 1984...Daughter of Dr. Bruce and Denise Sensenig...Has two sisters, Kelly Jo (22), and Carrie (9), and one brother, Timothy (12)...Majoring in math.

Career Stats:

	<u>GP/GS</u>	<u>Shots:</u>	<u>Goals:</u>	<u>Assists:</u>	<u>Points:</u>
14 2003:	19/19	9	5	9	19
Totals:	19/19	9	5	9	19



Julia
8 MULDROW

Freshman • Back • 5' 6"
Virginia Beach, VA • Ocean Lakes

2003 (Freshman): Redshirted. **Prior to Old Dominion:** A four-year letterwinner in field hockey at nearby Ocean Lakes High School in Virginia Beach. Was a First Team All-Beach, All-Region, All-Tidewater, and All-State as a senior. Also co-captained the squad in her final season. Also played three years of softball as a catcher. Named to Who's Who Among American High School Students. Member of the Honor Roll and Foreign Language National Honor Society. **Personal:** Born September 9, 1985. Daughter of Reginald and Terri Muldrow. Has one brother, Leonard (20). Majoring in communications.



Jamie
15 SNOW

Freshman • Back • 5' 8"
Escondido, CA • San Pasqual

2003 (Freshman): Redshirted. **Prior to Old Dominion:** 2002-03 San Pasqual High School Female Athlete of the Year...Four-year varsity defender...Helped San Pasqual to a 26-3 record and a CIF League Championship during her career...First Team All-League, All-CIF, SGRRA All-Tournament Team, and All-Northern California...Also played softball for four seasons playing at shortstop...Earned the Coaches' Award for outstanding play, leadership, and sportsmanship. **Personal:** Born August 29, 1985. Daughter of John and Delora. Has one brother, John (26), and one sister, Tiffany (22), a former Lady Monarch (1999-2002). Major is undecided.

Meet the **LADY MONARCHS** 2003 **NEWCOMERS**



Maggie
27 HAYES

Freshman • Back/Goalkeeper • 5'10"
Coopersburg, PA • Southern Lehigh

Note: Will wear #21 when in goal. **Prior to Old Dominion:** Earned 12 varsity letters at Southern Lehigh High School. Played four years of varsity field hockey, swimming, and track and field. High school field hockey team coached by former Lady Monarch All-American Adrienne Yoder. Named the 2004 Southern Lehigh Female Athlete of the Year. First Team Colonial League and Second Team All-Area in 2002 and 2003. Captain her senior season in 2003. Also captained swimming and track and field teams. Named MVP as a junior in swimming. Captured third in the Colonial League 4x800 in track. Member of the National Honor Society. Won the Jennifer Kaufenberg Memorial Academic Achievement Scholarship. **Personal:** Born April 21, 1986...Daughter of Bill and Phyllis Hayes...Has two brothers Matthew (19) and Tim (15). Plans to major in political science.



Lara
3 MEYER

Freshman • Midfielder • 5'9"
Fredericksburg, VA • Stafford

Prior to Old Dominion: A two-sport varsity athlete at Stafford High School...Two-time First Team Commonwealth District and All-Region honoree...Named Freeland Star and Potomac News All-Area...Received Honorable Mention All-Met honors...Team captain...Named team's Most Valuable Player...Also played four years of basketball...Led her team in rebounding and was the second leading scorer...Team captain...Named to the Winter Classic All-Star Team...Graduated with distinguished honors...Named All-Academic for each athletic season...**Personal:** Born June 5, 1986...Daughter of Russell and Paula Meyer...Has one sister, Fenda Meyer (20)...Plans to major in exercise science.



Sami
6 McLENEGAN

Freshman • Back • 5'4"
Middletown, PA • Lower Dauphin

Prior to Old Dominion: Two-sport varsity letterwinner in field hockey and soccer at Lower Dauphin High School. Member of the All-State Team and Patriot News Big 11 Second Team. A Mid-Penn All-Star and All-State Academic Team Member. Captained her squad as a senior in 2003. Earned the Lower Dauphin Athletic Award for field hockey. Hummelstown Optimist Club Student Athlete of the Month. Member of the National Honor Society, Music Honor Society, Honor Roll, and National Society of High School Scholars. **Personal:** Born October 24, 1985...Is the only daughter of Samuel and Marilyn McLenegan. Plans to major in graphic design.



Shannon
18 MOBLEY

Freshman • Midfielder • 5'1"
Virginia Beach, VA • Tallwood

15

Prior to Old Dominion: A three-sport varsity athlete at nearby Tallwood High School in Virginia Beach...Second Team High School All-American...Named First Team All-Beach, All-Tidewater, All-Region, and All-State...Netted 15 goals as a senior and finished her four-year career with 18 goals and eight assists...Earned Most Valuable Player Honors...Named team captain...Also ran indoor track participating in the mile, 800, 1000, and 4x4...A four-year soccer letterwinner...Registered four goals...Named team captain...Member of the National Honor Roll and Spanish Honor Society...**Personal:** Born February 2, 1986...Daughter of Kevin and Cecilia Daley...Has one sister, Stacy (19) and one brother, Christopher (11)...Plans to major in health and physical education.



Lyndsay
22 MEABON

Freshman • Goalkeeper • 5'7"
Dillsburg, PA • Northern

Prior to Old Dominion: A four-year varsity letterwinner in field hockey and soccer at Northern High School. Second Team All-State and Mid Penn All-Star as a senior. Honorable Mention All-State, Honorable Mention Mid Penn All-Star, and Second Team All-Sentinel as a junior. Participated at the National Field Hockey Tournament in Palm Springs, CA in 2002 and 2003. Futures Program Regional and National Tournament qualifier in 2002 and Regional qualifier in 2003. As a sophomore earned All-Sentinel First Team Honors and was named to the Big 11 Underclassman Team. Named to the Patriot News All-Underclassman Team as a freshman and sophomore in soccer. A Who's Who Among American High School Students. An Honor Roll student all four years of high school. **Personal:** Born February 17, 1986...Daughter of Mark and Pamela Meabon...Has twin sisters Amanda (22) and Allyson (22) and a brother Jason (28). Grandfather played in the minor leagues for the Philadelphia Phillies. Plans to major in sports management.



Whitney
11 TOSSONE

Freshman • Forward • 5'5"
Virginia Beach, VA • Kellam

Prior to Old Dominion: A two-sport athlete at Kellam High School. Earned Most Valuable Player, First Team All-District, and Second Team All-Region honors in field hockey. Amassed 18 goals and five assists. Also earned two varsity letters in gymnastics. A member of the honor roll. **Personal:** Born March 11, 1986...Daughter of Anthony and Mindy Tossone...Has two sisters Talia (16) and Spencer (8). Major is undecided.

2003 OLD DOMINION STATISTICS

14-10 OVERALL RECORD/ CAA CHAMPIONS

The Automated ScoreBook For Field Hockey
Old Dominion Combined Team Statistics (as of Dec 04, 2003)
All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES.....	(14-10- 0)	(9- 4- 0)	(4- 6- 0)	(1- 0- 0)
CONFERENCE.....	(6- 1- 0)	(3- 0- 0)	(3- 1- 0)	(0- 0- 0)
NON-CONFERENCE.....	(8- 9- 0)	(6- 4- 0)	(1- 5- 0)	(1- 0- 0)

DATE	OPPONENT	W/L	SCORE	ATT	## PLAYER	GP	G	A	Pts	Sh	Shot%	GW	PS-AT	DS
Aug 30	LOUISVILLE	W	3-1	143	6 Loy, Angie	24	24	21	69	112	.214	6	4-6	0
Aug 31	PENN STATE	L	2-6	211	12 Banuelos, Chilly	16	10	6	26	38	.263	0	0-0	0
Sep 06	MARYLAND	L	1-2	218	7 Rogers, Anna	24	9	4	22	23	.391	1	0-0	0
Sep 07	STAN	W	5-2	178	19 Engle, Janelle	24	5	9	19	9	.556	1	0-0	2
*Sep 13	#18 WILLIAM & MARY	W	3-0	206	2 Leonetti, Melissa	24	3	12	18	43	.070	0	0-1	0
Sep 14	#10 CONNECTICUT	W	4-2	187	27 McLane, Jenna	22	7	3	17	27	.259	0	0-0	0
Sep 20	at #2 North Carolina	L	0-4	233	26 Claxton, Katie	22	6	1	13	17	.353	2	0-0	0
Sep 21	at #4 Duke	L	2-3	100	14 Sensenig, Dana	19	5	1	11	18	.278	1	0-0	1
*Sep 27	at James Madison	W	5-0	170	9 Pinchbeck, Darcy	23	5	1	11	16	.312	2	0-0	0
Sep 28	at #12 Virginia	W	4-1	150	10 Maddox, Beth	23	4	1	9	18	.222	0	0-0	0
*Oct 03	at Hofstra	W	2-0	74	13 Daubert, Rachel	15	3	0	6	7	.429	1	0-0	0
*Oct 05	at Drexel	W	2-1	300	20 Nichols, Caroline	23	1	2	4	7	.143	0	0-0	0
*Oct 10	TOWSON	W	11-0	81	4 Farquhar, Lynn	23	1	1	3	12	.083	0	0-0	2
*Oct 12	#11 DELAWARE	W	OT 6-5	198	24 Sharpe, Elizabeth	17	1	0	2	3	.333	0	0-0	0
Oct 18	at #4 Maryland	L	2-3	556	18 DeSimone, Leslie	8	1	0	2	3	.333	0	0-0	0
Oct 19	at No. 11 Princeton	L	1-2	425	17 Gerardi, Cora	7	1	0	2	2	.500	0	0-0	0
Oct 24	#5 MICHIGAN	L	0-4	138	16 Angat, Jennifer	21	0	0	0	2	.000	0	0-0	0
*Oct 26	at Va. Commonwealth	L	4-5	88	23 Delutis, Rosanna	4	0	0	0	0	.000	0	0-0	0
Nov 01	#4 NORTH CAROLINA	L	2-4	287										
Nov 02	#8 PRINCETON	W	8-2	192	Total.....	24	86	62	234	357	.241	14	4-7	5
!Nov 08	#4 VA. COMMONWEALTH	W	7-2	542	Opponents.....	24	59	41	159	251	.235	10	0-0	7
!Nov 09	#3 DELAWARE	W	5-0	239										
^Nov 15	vs Richmond	W	4-2	200										
^Nov 16	at Duke	L	2-8	400										

16

! CAA Tournament (Foreman Field - Norfolk, VA)
^ NCAA Tournament (Durham, NC)

TEAM STATISTICS	ODU	OPP

SHOT STATISTICS.....		
Goals-Shot attempts....	86-357	59-251
Goals scored average...	3.51	2.44
Shot pct.....	.241	.235
Shots/Game.....	14.9	10.5
Assists.....	62	41
PENALTY CORNERS.....	221	143
PENALTY SHOTS.....	4-7	0-0
PENALTIES.....		
Fouls.....	0	0
Green cards.....	0	5
Yellow cards.....	0	0
Red cards.....	0	0
ATTENDANCE.....		
Total.....	2820	2496
Dates/Avg Per Date.....	13/217	10/250
Neutral Site #/Avg.....	1/200	

## GOALTENDERS	-GOAL AVERAGE-				-SAVES-					
	GP	Minutes	GA	Avg	Sv	Pct	W	L	T	Sho

22 Walker, Tina	24	1658:11	57	2.41	127	.690	13	10	0	8
1 Gordon, Mary Cate	2	36:36	2	3.83	0	.000	0	0	0	1
Total.....	24	1694:47	59	2.44	127	.683	13	10	0	5
Opponents.....	24	1694:47	85	3.51	173	.671	10	12	0	2

GOALS BY PERIOD										
	1st	2nd	OT	Total						
Old Dominion.....	40	44	1	85						
Opponents.....	31	28	0	59						

SHOTS BY PERIOD										
	1st	2nd	OT	Total						
Old Dominion.....	187	168	2	357						
Opponents.....	135	113	3	251						

SAVES BY PERIOD										
	1st	2nd	OT	Total						
Old Dominion.....	67	59	1	127						
Opponents.....	88	84	1	173						

PENALTY CORNERS										
	1st	2nd	OT	Total						
Old Dominion.....	98	122	1	221						
Opponents.....	75	67	1	143						

2003 SEASON REVIEW

The Old Dominion field hockey team was asked to "Step-Up" in the 2003 season as new faces were asked to keep the same Lady Monarch tradition alive.

Sue Myers, long-time Old Dominion assistant coach, took over the reigns of the program from 21-year veteran head coach Beth Anders, who took a leave of absence to coach the U.S. National Team in its quest to return to the Olympic Games. Myers, who had served under Anders for 15 seasons, had the task of taking over a squad which had lost seven members off its 2002 Final Four team and featured seven redshirt freshman and seven newcomers on its roster.

The Lady Monarchs finished the season with a 14-10 overall mark in playing the traditionally strong schedule that featured nine ranked opponents. In conference play, the Lady Monarchs suffered their first defeat in Colonial Athletic Association play since 1995, snapping a 58-game conference win streak, but still managed to top the CAA standings and capture their eighth consecutive and 12th overall title. Old Dominion, the only Division I school to appear in every NCAA Tournament since its inception back in 1981, returned to the NCAA Tournament for the 23rd time and advanced to the second round where they fell to eventual national runner-up, Duke.

The 2003 Lady Monarchs were led by a trio of seniors in midfielder Angie Loy, defender Melissa Leonetti, and goalkeeper Tina Walker.

Loy finished her stellar career with 245 career points, ranking her third on Old Dominion's all-time points leaders list. In her four-year career, the Loysville, PA native collected 77 goals and 56 assists. In addition to becoming the seventh Lady Monarch to earn CAA Player of the Year honors, Loy earned her second First Team All-America distinction. During the 2003 campaign, the senior midfielder led the Lady Monarchs with 24 goals, 21 assists, and 69 points ranking second nationally in scoring.

Leonetti, the driving force behind Old Dominion's trademark tough defense, earned 2003 CAA Defender of the Year honors as well as earning her second All-America honor, being named to the third team. Earning her first nod to the All-CAA First Team, Leonetti ended her senior campaign with three goals to go along with a team-second best 12 assists. Defensively, the Erdenhiem, PA native helped her Lady Monarch team to shutouts over conference rivals William & Mary, Delaware, James Madison, Hofstra, and Towson.

Walker became the Lady Monarchs' starting goalkeeper after spending the last three seasons as a reserve. The Suffolk, VA, native played all but 36 minutes in net in Old Dominion's 24 games in 2003, while recording a .690 save percentage and 2.41 goals against average. Walker made 127 stops in net and was in the cage for all eight Lady Monarch shutouts.

The three seniors had a plethora of young talent to aid them in their winning ways, as two of the three Lady Monarchs' top scorers were sophomores. Defender Janelle Engle earned second team All-CAA honors, as she helped anchor the backfield and served a pivotal roll in the penalty corner unit. Engle, who will return in 2004 as the Lady Monarchs' second leading scorer, had five goals and nine assists for 19 points. Fellow second team All-CAA member sophomore midfielder Chilly Banuelos, was also a focal point on the offense as the squad's second leading scorer amassing 10 goals, six assists, and 26 points, despite missing eight contests.

Additionally upperclassmen Lynn Farquhar and Beth Maddox bolstered the Lady

Colonial Athletic Association Player of the Year and Two-Time First Team All-American Angie Loy (right) helped guide Old Dominion to its eighth straight and 12th straight CAA Title (below).



Monarch line-up. Farquhar, a junior midfielder, moved into the starting-lineup after serving as a key reserve the previous season. In addition to recording a goal and an assist versus Towson, Farquhar tied for a team-best two defensive saves. Maddox was also a fundamental piece of the defensive unit for the second straight season. Offensively, she tallied four goals and an assist in 2003 including her first career goal against in a thrilling 6-5 overtime regular season victory over #11 Delaware.

Seniors Elizabeth Sharpe and Cora Gerardi along with sophomore Jennifer Angat entered the turf as reserves. Sharpe played in 17 match-ups and tallied her first career net in an upset over #11 Princeton. Additionally, Gerardi made seven appearances also reaching the back of the net in the upset victory over the Tigers. Angat entered 21 of the 24 contests for the Lady Monarchs in the midfield.

Six members of the freshman class cracked the 11-member starting line-up led by midfielder Anna Rogers, who will enter next season as the Lady Monarchs' returning leading scorer. In her inaugural season as a Lady Monarch, Rogers tallied nine goals and four assists and was named a CAA Player of the Week as a rookie.

In addition to Rogers, the midfield was aided by Jenna McLane, Katie Claxton, Darcy Pinchbeck, Dana Sensenig, and Caroline Nichols. Claxton and Pinchbeck joined senior Angie Loy as the only Lady Monarchs to tally more than one game-winner in the 2003 season. Claxton, who added six goals and an assist on the season, scored game winners against James Madison and Towson. Pinchbeck fired off game-winners in tournament action against Delaware in the CAA championship game and versus Richmond in the first round of the NCAA Tournament. Rookie Dana Sensenig also had

11 points in her freshman season, despite missing five games with a concussion. Other key reserves included Rachel Daubert and Leslie DeSimone. Daubert, Old Dominion's first ever CAA Rookie of the Week, knocked in the game-winner against #11 Delaware in a 6-5 victory with 12:9 second left in overtime and also fired off two goals in an 11-0 shutout victory against Towson. DeSimone appeared in eight games scoring a tally against the Towson Tigers.

While on the field the Lady Monarchs picked up two All-America awards, four All-CAA Honors, and two CAA Player of the Year distinctions, Old Dominion was also awarded for their achievement in the classroom. Its ten Lady Monarchs were named to the NFHCA National Academic Squad for achieving a grade point average of 3.3 or higher. Angie Loy became the third Old Dominion field hockey student-athlete to earn the national achievement throughout her four-year career, while fellow seniors Melissa Leonetti and Tina Walker along with junior Lynn Farquhar were named to the squad for the third straight year. Janelle Engle, Cora Gerardi, Mary Cate Gordon, and Jenna McLane all appeared on the team for the second consecutive year, while newcomer Dana Sensenig rounded out the Lady Monarch list.

Several members of the 2003 Old Dominion squad were asked to "step-up" their games on the national level. Departing Lady Monarchs Angie Loy and Melissa Leonetti were both asked to join Anders on the U.S. National Team, with Loy earning a starting nod at both the Olympic and Pan American Qualifiers. Additionally, freshman Dana Sensenig was named to the U.S. Under-21 Team.

2004 OPPONENTS

Lady Lion Schedule

PENN STATE

Location: University Park, PA
 August 28 Old Dominion
 September 4 @ UConn
 5 @ Northeastern
 10 @ James Madison
 2 North Carolina
 5 Temple
 17 Lafayette
 19 @ St. Joseph's
 21 @ Syracuse
 25 @ Ohio State
 28 Princeton
 October 2 Indiana
 3 @ West Chester
 9 @ Michigan State
 15 Iowa
 22 @ Northwestern
 23 @ Duke
 26 @ Bucknell
 30 Michigan

Enrollment: 41,795
 Nickname: Nittany Lions
 Colors: Blue and White
 Conference: Big Ten
 President: Dr. Graham Spanier
 Athletic Director: Tim Curley
 Home Field: Bigler Field (500)

Head Coach: Charlene Morett (Penn State '79)
 School Record/Years: 283-94-8 (17 seasons)
 Career Record/Years: 320-110-15 (20 seasons)
 Assistant Coaches: Lisa Bervinchak-Love (Penn State '89)
 Jon O'Haire (SUNY-Stone Brook '86)

2003 Record: 18-7
 2003 Conference Record: 3-3/4th
 Letterwinners Returning/Lost: 11/7
 Starters Returning/Lost: 6/6

Field Hockey SID: Erin Whiteside
 SID Phone: (814) 865-2497
 SID Fax: (814) 863-3165
 SID Email: eev10@psu.edu

August 28 August 28
 State College, PA



www.gopsusports.com

Tar Heel Schedule

NORTH CAROLINA

Location: Chapel Hill, N.C.
 August 28 vs. Michigan
 29 vs. Iowa
 September 4 vs. Iowa
 5 @ Temple or American
 10 @ Delaware
 12 @ Penn State
 18 Old Dominion
 19 Virginia
 22 Appalachian State
 25 @ Duke
 28 William & Mary
 28 Davidson
 October 2 Wake Forest
 3 Radford
 16 @ James Madison
 17 @ Virginia
 23 @ Maryland
 30 @ Old Dominion

Enrollment: 24,635
 Nickname: Tar Heels
 Colors: Carolina Blue and White
 Conference: Atlantic Coast
 President: James Moeser
 Athletic Director: Dick Baddour
 Home Field: Francis E. Henry Stadium (1,086)

Head Coach: Karen Shelton (West Chester '79)
 School Record/Years: 376-107-9 (23 seasons)
 Career Record/Years: 376-107-9 (22 seasons)
 Assistant Coaches: Cindy Werley (UNC '98)
 Jana Withrow (UNC '98)

2003 Record: 16-6
 2003 Conference Record: 2-2
 Letterwinners Returning/Lost: 12/2
 Starters Returning/Lost: 11/0

Field Hockey SID: Dana Gelin
 SID Phone: (919) 962-2123/0083
 SID Fax: (919) 962-0612
 SID Email: dgelin@unca.unc.edu

September 18 September 18
 Chapel Hill, NC

October 30 October 30
 Norfolk, VA



www.tarheelblue.com

Terp Schedule

MARYLAND

Location: College Park, MD
 August 28 vs. Boston College
 29 @ Boston University
 30 vs. Harvard
 September 4 Old Dominion
 5 Drexel
 11 Massachusetts
 12 Northwestern
 14 Towson
 17 @ Princeton
 19 @ Delaware
 25 @ Wake Forest
 26 Quinnipiac
 October 2 @ Virginia
 3 American
 9 Duke
 15 @ Old Dominion
 17 @ Michigan
 23 North Carolina
 29 James Madison

Enrollment: 34,801
 Nickname: Terrapins
 Colors: Red, White, Black, and Gold
 Conference: Atlantic Coast (ACC)
 President: Dr. C.D. Mote Jr.
 Athletic Director: Deborah A. Yow
 Home Field: Field Hockey & Lacrosse Complex (1,000)

Head Coach: Miss Meharg (Delaware '85)
 School Record/Years: 284-85-9 (16 seasons)
 Career Record/Years: 284-85-9 (16 seasons)
 Assistant Coaches: Andrew Griffiths (Western Ontario '95)
 Marybeth Freeman (Old Dominion '03)

2003 Record: 20-4
 2003 Conference Record: 2-2/t-3rd
 Letterwinners Returning/Lost: 15/6
 Starters Returning/Lost: 9/2

Field Hockey SID: Natalia Ciccone
 SID Phone: 301-314-7063
 SID Fax: 301-314-9094
 SID Email: nciccone.umd.edu

September 4 September 4
 College Park, MD

October 15 October 15
 Norfolk, VA



www.umterps.com

Blue Devil Schedule

DUKE

Location: Durham, NC
 August 28 vs. Louisville
 29 vs. Delaware
 September 4 New Hampshire
 5 Towson
 11 @ Wake Forest
 12 Kent State
 18 James Madison
 19 Old Dominion
 25 North Carolina
 October 2 Radford
 3 Davidson
 9 @ Maryland
 10 @ Villanova
 16 @ William & Mary
 17 @ Old Dominion
 23 vs. Penn State
 24 @ Northwestern
 30 Virginia

Enrollment: 6,347
 Nickname: Blue Devils
 Colors: Royal Blue and White
 Conference: Atlantic Coast
 President: Dr. Richard H. Brodhead
 Athletic Director: Joe Alleva
 Home Field: Williams Field

Head Coach: Beth Bozman (Trenton State '76)
 School Record/Years: 20-4 (1st season)
 Career Record/Years: 223-81-6 (17 seasons)
 Assistant Coaches: James Askeev (Plymouth '96)
 Kelly Baril (Princeton '03)

2003 Record: 20-4
 2003 Conference Record: 2-2/t-2nd
 Letterwinners Returning/Lost: 14/7
 Starters Returning/Lost: 8/3

Field Hockey SID: Matt Plizga
 SID Phone: (919) 694-3328
 SID Fax: (919) 694-2489
 SID Email: plizga@duke.edu

September 19 September 19
 Durham, NC

October 17 October 17
 Norfolk, VA



www.goduke.com

Wolverine Schedule

MICHIGAN

Location: Ann Arbor, MI
 August 28 vs. North Carolina
 29 @ Wake Forest
 31 @ Maine
 September 2 @ New Hampshire
 10 Syracuse
 11 Old Dominion
 17 Central Michigan
 19 Northeastern
 24 @ Indiana
 26 @ Ball State
 October 2 Northwestern
 3 Harvard
 9 @ Pacific
 10 @ Iowa
 16 Michigan State
 17 Maryland
 22 California
 23 Ohio State
 30 @ Penn State

Enrollment: 36,787
 Nickname: Wolverines
 Colors: Maize and Blue
 Conference: Big Ten
 President: Mary Sue Coleman
 Athletic Director: William C. Martin
 Home Field: Phyllis Ocker Field (500)

Head Coach: Marcia Pankratz (Iowa '87)
 School Record/Years: 130-49 (8 seasons)
 Career Record/Years: 130-49 (8 seasons)
 Assistant Coaches: Nancy Cox (Western Michigan '82)

2003 Record: 17-6
 2003 Conference Record: 5-1
 Letterwinners Returning/Lost: 19/3
 Starters Returning/Lost: 8/3

Field Hockey SID: TBA
 SID Phone: (734) 615-0680
 SID Fax: (734) 647-1188
 SID Email: TBA

September 11 September 11
 Ann Arbor, MI



www.mgoblue.com

Spiders Schedule

RICHMOND

Location: Richmond, VA
 August 28 Monmouth
 September 3 @ Pacific
 5 @ Syracuse
 8 @ Va. Commonwealth
 12 @ William & Mary
 15 Virginia
 18 @ American
 19 Towson
 24 @ Old Dominion
 28 James Madison
 October 3 @ Princeton
 8 @ Temple
 10 @ St. Joseph's
 15 West Chester
 17 LaSalle
 22 @ Rhode Island
 24 @ Massachusetts
 30 Appalachian State


Enrollment: 2,950
 Nickname: Spiders
 Colors: Red and Blue
 Conference: Atlantic 10
 President: Dr. William Cooper
 Athletic Director: Jim Miller
 Home Field: Crenshaw Field

Head Coach: Ange Bradley (Delaware '88)
 School Record/Years: 45-16 (3rd season)
 Career Record/Years: 84-41-2 (7th season)
 Assistant Coaches: Jill Murphy

2003 Record: 18-5
 2003 Conference Record: 6-0/1st
 Letterwinners Returning/Lost: 15/5
 Starters Returning/Lost: 8/3

Field Hockey SID: Scott Meyer
 SID Phone: 804-287-6313
 SID Fax: 804-289-8820
 SID Email: TBA

September 24 September 24
 Norfolk, VA



www.RichmondSpiders.com

Schedule

SYRACUSE

Location: Syracuse, NY
 August 21 Lehigh
 29 @ Temple
 September 5 Richmond
 6 Pacific
 10 @ Michigan
 12 vs. Old Dominion
 17 @ Rutgers
 19 @ Hofstra
 22 Penn State
 26 Boston College
 29 @ Cornell
 October 2 @ Massachusetts
 5 Albany
 8 @ Villanova
 10 @ Lafayette
 15 Providence
 17 Dartmouth
 22 @ Connecticut
 24 American
 27 Colgate


Enrollment: 10,800
 Nickname: Orange
 Colors: Orange
 Conference: Big East
 President: Nancy Cantor
 Athletic Director: John Crouthamel
 Home Field: Coyne Field

Head Coach: Kathleen Parker (Ithaca '71)
 School Record/Years: 284-187-12 (26 seasons)
 Career Record/Years: 284-187-12 (26 seasons)
 Assistant Coaches: Mary CmCracken (Ohio Wesleyan '79)

2003 Record: 7-11
 2003 Conference Record: 1-4/5th
 Letterwinners Returning/Lost: 20/2
 Starters Returning/Lost: 9/2

Field Hockey SID: Kerrin Pernicario
 SID Phone: (315) 443-3341
 SID Fax: (315) 443-2076
 SID Email: kpernici@syr.edu

September 12 September 12
 at Michigan
 Ann Arbor, MI



www.SUathletics.com

Cavalier Schedule

VIRGINIA

Location: Charlottesville, VA
 August 21 @American
 28 Bucknell
 29 Appalachian State
 September 5 Michigan State
 6 Miami Ohio
 10 vs. Quinnipiac
 12 @ Boston College
 15 @ Richmond
 19 @ North Carolina
 22 @ James Madison
 26 @ Old Dominion
 29 William & Mary
 October 2 Maryland
 6 Longwood
 10 Princeton
 13 Radford
 15 Va. Commonwealth
 17 North Carolina
 24 Wake Forest
 30 @ Duke

Enrollment: 12,500
 Nickname: Cavaliers
 Colors: Orange and Blue
 Conference: Atlantic Coast
 President: John T. Casteen, III
 Athletic Director: Craig Littlepage
 Home Field: University Hall Turf Field

Head Coach: Jessica Wilk (Maryland '90)
 School Record/Years: 60-45 (5 seasons)
 Career Record/Years: 60-45 (5 seasons)
 Assistant Coaches: John Kovack (Maryland '82)
 Meredith Thorpe (Virginian '99)
 Missi Sanders (Iowa '90)

2003 Record: 10-10
 2003 Conference Record: 0-4/4th
 Letterwinners Returning/Lost: 15/3
 Starters Returning/Lost: 10/1

Field Hockey SID: Chip Rogers
 SID Phone: (434) 982-5751
 SID Fax: (434) 982-5212
 SID Email: chipr@virginia.edu

September 26 September 26
 Norfolk, VA



www.virginiasports.com

2004 OPPONENTS

Pride Schedule


HOFSTRA *October 1 Norfolk, VA*

Location: Hempstead, NY
 Enrollment: 13,000
 Nickname: Pride
 Colors: Gold, White, and Blue
 Conference: Colonial Athletic Association (CAA)
 President: Stuart Rabinowitz
 Athletic Director: Harry Royle
 Home Field: James M. Shuart Stadium (15,000)

Head Coach: Kathy DeAngelis (UMass '92)
 School Record/Years: 52-66 (6 seasons)
 Career Record/Years: 79-140-3 (12 seasons)
 Assistant Coaches: Wendy Brady (UConn '97)

2003 Record: 12-8
 2003 Conference Record: 2-5
 Letterwinners Returning/Lost: 16/1
 Starters Returning/Lost: 10/1

Field Hockey SID: Sara Weber
 SID Phone: 516-463-2907
 SID Fax: 516-463-5033
 SID Email: ath2sjw@hofstra.edu



www.hofstra.edu/athletics

Duke Schedule

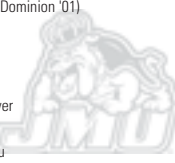
JAMES MADISON *October 22 Harrisonburg, VA*

Location: Harrisonburg, VA
 Enrollment: 16,000
 Nickname: Dukes
 Colors: Purple and Gold
 Conference: Colonial Athletic Association
 President: Dr. Linwood H. Rose
 Athletic Director: Jeffrey Bourne
 Home Field: JMU Field Hockey Field

Head Coach: Antoinette Lucas (Northwestern '92)
 School Record/Years: First Year
 Career Record/Years: First Year
 Assistant Coaches: Kristen Manson (James Madison '92)
 Crystal Carper (Old Dominion '01)

2003 Record: 6-5
 2003 Conference Record: 3-4/5th
 Letterwinners Returning/Lost: 16/8
 Starters Returning/Lost: 6/5

Field Hockey SID: Milla Sue Wisecarver
 SID Phone: (540) 568-6154
 SID Fax: (540) 568-3703
 SID Email: wisecams@jmu.edu



www.jmusports.com

Dragon Schedule

DREXEL *October 3 Norfolk, VA*

Location: Philadelphia, PA
 Enrollment: 11,691
 Nickname: Dragons
 Colors: Navy Blue and Gold
 Conference: Colonial Athletic Association (CAA)
 President: Dr. Constantine N. Papadakis
 Athletic Director: Dr. Eric Zillmer
 Home Field: Franklin Field/Finnesey Field

Head Coach: Denise Zelenak (West Chester '91)
 School Record/Years: 78-101 (9 seasons)
 Career Record/Years: 78-101 (9 seasons)
 Assistant Coaches: Nicky Hitchens (Penn '89)
 Jen Corsilli (Holy Cross '04)
 Sandra Cook (Drexel '01)

2003 Record: 6-12
 2003 Conference Record: 1-6/8th
 Letterwinners Returning/Lost: 16/6
 Starters Returning/Lost: 7/4

Field Hockey SID: Aimee Cicero
 SID Phone: 215-895-1570
 SID Fax: 215-895-2038
 SID Email: afc24@drexel.edu



www.drexel.edu/sports

Ram Schedule


VA COMMONWEALTH *October 24 Norfolk, VA*

Location: Richmond, VA
 Enrollment: 27,000
 Nickname: Rams
 Colors: Black and Gold (PMS 166C)
 Conference: Colonial Athletic Association
 President: Dr. Eugene P. Trani
 Athletic Director: Dr. Richard L. Sanders
 Home Field: Cary Street Field (1,200)

Head Coach: Shelly Behrens (Old Dominion '88)
 School Record/Years: 17-22 (2nd season)
 Career Record/Years: 47-76 (6 seasons)
 Assistant Coaches: Adrian Clewlow (Richmond '98)

2003 Record: 10-10
 2003 Conference Record: 4-3/4th
 Letterwinners Returning/Lost: 11/8
 Starters Returning/Lost: 3/7

Field Hockey SID: Melissa Kristofak
 SID Phone: (804) 828-1740
 SID Fax: (804) 828-9428
 SID Email: mkristofak@vcu.edu



vcurams.vcu.edu

Tiger Schedule


TOWSON *October 8 Towson, MD*

Location: Towson, MD
 Enrollment: 17,481
 Nickname: Tigers
 Colors: Gold, Black, White
 Conference: Colonial Athletic Association (CAA)
 President: Dr. Robert Caret
 Athletic Director: Nance Reed
 Home Field: Johnny Unitas Stadium at Towson University

Head Coach: Lynette Mitzel (Penn State '92)
 School Record/Years: 44-89 (7 seasons)
 Career Record/Years: 44-89 (7 seasons)
 Assistant Coaches: Michelle Webber (Goucher '99)
 John Kovach (Maryland '81)

2003 Record: 7-11
 2003 Conference Record: 1-6/7th
 Letterwinners Returning/Lost: 11/8
 Starters Returning/Lost: 5/6

Field Hockey SID: Dan O'Connell
 SID Phone: 410-704-3102
 SID Fax: 410-704-3861
 SID Email: doconnell@towson.edu



www.towsontigers.com

Tribes Schedule

WILLIAM & MARY *October 27 Williamsburg, VA*

Location: Williamsburg, VA
 Enrollment: 5,560
 Nickname: Tribe
 Colors: Green, Gold and Silver
 Conference: Colonial Athletic Association
 President: Timothy J. Sullivan
 Athletic Director: Terry Driscoll
 Home Field: Busch Field (2,271)

Head Coach: Peel Hawthorne (William & Mary '80)
 School Record/Years: 199-138-2 (16 seasons)
 Career Record/Years: 230-155-5 (20 seasons)
 Assistant Coaches: Quan Nim (Iowa '99)
 Kelly McQuade (William & Mary '04)

2003 Record: 12-6
 2003 Conference Record: 6-1/1st
 Letterwinners Returning/Lost: 10/5
 Starters Returning/Lost: 7/4

Field Hockey SID: Dan Wakely
 SID Phone: (757) 221-3368
 SID Fax: (757) 221-3412
 SID Email: ddwake@wm.com



www.tribeathletics.com

Blue Hen Schedule


DELAWARE *October 10 Newark, DE*

Location: Newark, DE
 Enrollment: 16,000
 Nickname: Fightin' Blue Hens
 Colors: Royal Blue & Gold
 Conference: Colonial Athletic Association (CAA)
 President: Dr. David P. Roselle
 Athletic Director: Edgar N. Johnson
 Home Field: Fred P. Rullo Stadium

Head Coach: Carol Miller (Delaware '82)
 School Record/Years: 129-89 (11 seasons)
 Career Record/Years: 215-141-18 (20 seasons)
 Assistant Coaches: Dawn Hill (Old Dominion '87)
 Amy Cohen (Lafayette '02)

2003 Record: 14-7
 2003 Conference Record: 6-3/3rd
 Letterwinners Returning/Lost: 12/3
 Starters Returning/Lost: 9/2

Field Hockey SID: Scott Selhelmer
 SID Phone: 302-831-2186
 SID Fax: 302-831-8653
 SID Email: selhelme@udel.edu



www.udel.edu/sportsinfo

Tiger Schedule


PRINCETON *October 31 Norfolk, VA*

Location: Princeton, NJ
 Enrollment: 4,600
 Nickname: Tigers
 Colors: Orange and Black
 Conference: Ivy League
 President: Shirely Tilghman
 Athletic Director: Gary D. Walters
 Home Field: Class of 1952 Stadium (4,000)

Head Coach: Kristen Holmes-Winn (Iowa '97)
 School Record/Years: 12-5 (1st season)
 Career Record/Years: 12-5 (1st season)
 Assistant Coaches: Melissa Meccage (Iowa '97)
 Erica Johnson (Rutgers '99)

2003 Record: 12-5
 2003 Conference Record: 7-0/1st
 Letterwinners Returning/Lost: 15/2
 Starters Returning/Lost: 9/2

Field Hockey SID: Dave Rosenfeld
 SID Phone: 609-258-5655
 SID Fax: 609-258-2399
 SID Email: daverose@princeton.edu



www.GoPrincetonTigers.com

2003 OPPONENTS

"The Streak" (66-0)

In 1990, the Lady Monarchs went 23-2-1 en route to winning their fifth NCAA trophy. At the tail end of the season, the club began what became known as "The Streak," a string of 66 wins that spanned the '90, '91, '92, and '93 seasons with 48 shutout victories included. In 1991 and 1992, the team enjoyed back-to-back perfect seasons, compiling an impeccable 51-0 record over the two additional national championship seasons. With the wins, Old Dominion became the only team in field hockey history to complete the "three-peat" two different times.

In addition to the impressive winning ways of the Old Dominion program in the early '90's, the Lady Monarch teams showed complete domination on both ends of the field. During that three year span, Old Dominion outscored their opponents by a 325-26 margin. The team allowed just four goals in the 1992 season while scoring 163.



Darcy Pinchbeck

20

Caroline Nichols



ALL-TIME SERIES WITH OPPONENTS

SCHOOL	W-L-T	PTC.	FIRST MTC.	LAST WIN	LAST LOSS
American	24-1-0	.960	1978	2000	1994
Ball State	2-0-0	1.00	1997	1998	—
Boston College	2-0-1	.833	1986	1988	—
Boston University	10-0-0	1.00	1986	2001	—
Bridgewater	2-3-0	.400	1977	1979	1977
Cal-Berkeley	2-0-0	1.00	1992	1997	—
Cavalier Club @	4-0-0	1.00	1975	1978	—
Clemson @	1-0-0	1.00	1978	1978	—
Colgate	1-0-0	1.00	1979	1979	—
Connecticut	23-9	.730	1979	2003	1999
Davis & Elkins	4-0-0	1.00	1980	1985	—
Delaware *	3-0-1	.750	1981	2003	—
Drexel *	3-0	1.00	1998	2003	—
Duke	14-3	.824	1980	2002	2003
East Carolina @	4-1-0	.800	1974	1979	—
Eastern Kentucky	1-0-0	1.00	1980	1980	—
Eastern Mennonite	1-1-0	.750	1976	1977	1976
Hampton Roads Club	3-0-0	1.00	1974	1976	—
High Point	0-1-0	.000	1978	1978	1978
Hofstra *	2-0	1.00	2002	2003	—
Hollins	1-0-0	1.00	1978	1978	—
Iowa	11-1-1	.885	1980	1994	1994
James Madison *	42-6	.875	1979	2003	1995
Kent St.	1-0-0	1.00	2002	2002	—
Lafayette	2-0-0	1.00	1983	1991	—
LaSalle	1-0-0	1.00	1981	1981	—
Lehigh	2-0-0	1.00	1984	1986	—
Lock Haven	1-0-0	1.00	1985	1985	—
Long Beach St. @	1-0-0	1.00	1981	1981	—
Longwood	4-6-0	.400	1974	1980	1977
Louisville	2-0	1.00	1980	2003	—
Loyola(MD) @	7-0-0	1.00	1986	1991	—
Mary Washington	7-1-1	.833	1974	1980	1974
Maryland	20-12-1	.606	1982	2002	2003
Massachusetts	16-4-0	.800	1981	2001	1995
Miami (Ohio)	1-0-0	1.00	1992	1992	—
Michigan	3-2	.600	1982	2002	2003
Michigan State	1-1-0	.500	2001	2002	2001
New Hampshire	21-1-0	.955	1980	2002	1985
North Carolina	30-24-2	.536	1978	2002	2003
Northeastern	10-2-1	.808	1984	2001	1998
Northern Illinois @	2-0-0	1.00	1990	1991	—
Northwestern	7-2-1	.750	1982	1994	1987
Ohio State	2-0-0	1.00	1984	1996	—
Pennsylvania	1-0-0	1.00	1988	1988	2002
Penn State	10-8	.556	1982	2002	2003
Princeton	9-4	.692	1996	2003	2003
Providence	2-0-0	1.00	1993	1994	—
Radford	19-0-0	1.00	1985	1999	—
Richmond	24-0	1.00	1979	2003	—
Richmond Club @	0-1-0	.000	1977	1977	1977
Rutgers	3-0-0	1.00	1981	2000	—
St. Joseph's	6-0-0	1.00	1993	1999	—
Salisbury St.	4-1-1	.750	1978	1983	1978
San Jose St. @	1-0-0	1.00	1985	1985	—
Springfield	5-0-0	1.00	1981	1989	—
Stanford	6-0	1.00	1984	2003	—
Sweetbriar	0-1-0	.000	1978	1978	—
Temple	17-1-1	.921	1981	2000	1982
Toledo	1-0-0	1.00	1984	1984	—
Towson *	2-0	1.00	2002	2003	—
Villanova	2-0-0	1.00	1993	1995	—
Virginia	28-9	.730	1976	2003	1996
Virginia Beach Club @	1-2-0	.333	1974	1977	1975
Va. Commonwealth *	33-4	.892	1974	2003	2003
Virginia Tech @	5-0-0	1.00	1978	1983	—
Wake Forest	3-0-0	1.00	1997	2001	—
West Chester	5-0-0	1.00	1981	1994	—
Westhampton @	1-4-1	.250	1975	1978	1977
William & Mary*	31-11-0	.738	1977	2002	1980

* indicates CAA Opponents
@ indicates program no longer exists

YEAR-BY-YEAR RESULTS

1974 (1-7-1)

Longwood	L,1-7
William & Mary	L,1-12
Westhampton	T,1-1
Mary Washington	L,2-3
Virginia Beach Club	L,1-5
East Carolina	L,0-4
Virginia Commonwealth	L,1-2
Hampton Roads Club	W,2-1
William & Mary	L,2-4

Head Coach: Carol Anthony

1975 (3-6-3)

Westhampton	L,2-3
Longwood	L,0-9
Virginia Beach Club	L,1-2
Cavalier Club	W,5-1
Virginia Commonwealth	T,0-0
Mary Washington	W,4-1
Hampton Club	W,6-2
William & Mary	L,0-5
Mary Washington	T,1-1
William & Mary	L,0-7
Longwood	L,0-2

Head Coach: Mikki Flowers

1976 (5-13)

Westhampton	L,0-3
Longwood	L,1-4
Bridgewater	L,0-1
Eastern Mennonite	L,0-6
Virginia Commonwealth	L,0-1
Cavalier Club	W,5-0
William & Mary	L,0-7
Mary Washington	W,2-1
Virginia	L,1-3
East Carolina	W,3-0
Hampton Club	W,8-2
Westhampton	L,0-1
Longwood	L,0-7
Bridgewater	L,0-1
Virginia Commonwealth	L,0-1
William & Mary	L,0-7
Mary Washington	W,2-1
Virginia	L,0-2

Head Coach: Mikki Flowers

1977 (6-6)

Mary Washington	W,2-0
Virginia Beach Club	W,2-0
William & Mary	L,0-3
Bridgewater	L,1-2
Virginia Commonwealth	W,3-0
Eastern Mennonite	W,4-3
Virginia	L,0-2
Longwood	L,0-1
East Carolina	W,3-1
Richmond Club	L,1-2
Cavalier Club	W,8-0
Westhampton	L,0-1

Head Coach: Mikki Flowers

1978 (11-7)

East Carolina	W,4-0
Mary Washington	W,2-1
Cavalier Club	W,3-1
Salisbury St.	L,3-4
Virginia Commonwealth	W,3-0
William & Mary	L,0-3
Bridgewater	W,2-1
Westhampton	W,3-2
Longwood	W,3-0
American	W,4-0
Virginia	L,1-3
Sweetbriar	L,1-2
Hollins *	W,2-1
Virginia Tech *	W,1-0
Virginia	L,0-1
Clemson **	W,4-3
North Carolina **	L,0-1
High Point **	L,0-4

* VALAW Tournament

** AIAW Region II Tournament

Head Coach: Mikki Flowers

1979 (8-6-1)

Connecticut	L,0-7
Colgate	W,1-0
Mary Washington	W,5-0
James Madison	L,0-3
Virginia Commonwealth	W,1-0
North Carolina	L,0-2
William & Mary	L,0-4
Bridgewater	W,4-0
Longwood	W,2-1
Richmond	W,2-1
East Carolina	W,4-0
Virginia	L,0-3
Salisbury St.	T,1-1
James Madison*	L,1-4
Longwood *	W,1-0

* VALAW Tournament

Head Coach: Mikki Flowers

1980 (18-4)

Salisbury St.	W,4-2
Richmond	W,8-1
Virginia Tech	W,2-0
Virginia Commonwealth	W,8-1
Louisville	W,5-0
William & Mary (OT)	W,2-1
James Madison	W,3-1
Duke	W,5-1
Longwood	W,1-0
Virginia	W,5-0
Connecticut	L,2-3
Mary Washington	W,5-0
James Madison *	W,3-0
William & Mary (2OT)*	L,1-2
Eastern Kentucky **	W,2-0
North Carolina **	W,3-2
William & Mary **	L,2-3
Connecticut***	L,2-3
Iowa ***	W,1-0
Davis & Elkins ***	W,4-2
New Hampshire ***	W,4-1
Connecticut ***	W,2-0

* VALAW Tournament

** AIAW Tournament Region II

*** AIAW Nationals

Head Coach: Beth Anders

1981 (13-2-2)

Rutgers	W,2-0
Springfield	W,3-1
Connecticut	W,4-0
William & Mary	W,7-0
Salisbury St.	W,4-1
Virginia Tech	W,4-0
William & Mary	W,5-0
Duke	W,6-0
James Madison	W,1-0
Delaware	T,1-1
LaSalle	W,4-0
Massachusetts	L,0-1
Temple	T,0-0
Virginia	W,1-0
North Carolina	W,5-0
Connecticut*	L,0-3
Long Beach St. (OT) *	W,2-1

* NCAA Tournament

Head Coach: Beth Anders

1982 (20-1)

NCAA CHAMPIONS	
William & Mary	W,5-1
Duke	W,6-0
North Carolina	W,5-0
Salisbury St.	W,7-1
New Hampshire	W,5-0
West Chester	W,4-1
Massachusetts	W,5-1
Temple	L,1-2
William & Mary	W,4-1
Connecticut	W,1-0
Michigan	W,1-0
Iowa	W,4-0
Virginia Tech	W,2-1
Virginia	W,2-0

Springfield	W,6-0
North Carolina	W, 2-1
Maryland	W, 5-1
James Madison	W, 1-0
Northwestern *	W, 1-0
Penn State (OT) *	W,3-2
Connecticut *	W,3-2

* NCAA Tournament

Head Coach: Beth Anders

1983 (19-1)

NCAA CHAMPIONS

William & Mary	W,5-0
James Madison	W,5-0
Davis & Elkins	W,5-0
Salisbury St.	W,8-0
North Carolina	W,3-0
Virginia Tech	W,11-0
Lafayette	W,5-1
Massachusetts	W,1-0
Temple	W,3-1
Richmond	W,7-0
Connecticut	L,0-1
Springfield	W,6-0
Maryland	W,2-1
North Carolina	W,1-0
Virginia	W,5-1
Virginia Commonwealth*	W,6-0
James Madison *	W,3-0
North Carolina ^	W,8-0
Massachusetts (OT) ^	W,3-2
Connecticut (3OT) ^	W,3-1

* State Tournament

^ NCAA Tournament

Head Coach: Beth Anders

1984 (23-0)

NCAA CHAMPIONS

Ohio St.	W,10-0
Maryland	W,1-0
James Madison	W,7-1
Toledo	W,9-0
Davis & Elkins	W,4-0
William & Mary	W,5-0
Stanford	W,9-2
Lehigh	W,5-1
West Chester	W,8-0
Richmond	W,8-0
Temple	W,5-0
Massachusetts	W,7-1
Virginia	W,7-0
Connecticut	W,2-1
North Carolina	W,4-0
Northeastern	W,6-1
New Hampshire	W,1-0
Virginia Commonwealth	W,5-0
James Madison ^	W,4-1
Va. Commonwealth^	W,5-0
Virginia **	W,10-0
Connecticut **	W,2-1
Iowa **	W,5-1

^ South Atlantic Conf. Tournament

** NCAA Championships

Head Coach: Beth Anders

1985 (20-7)

NCAA RUNNER-UP

Radford	W,8-0
American	W,12-0
Stanford	W,4-2
North Carolina	W,2-0
William & Mary	W,4-1
San Jose St.	W,5-0
Davis & Elkins	W,4-2
Richmond	W,1-0
North Carolina	W,3-1
James Madison	W,2-1
Rutgers	W,4-2
Connecticut	L,1-3
Massachusetts	L,1-2
Virginia	L,1-2
Virginia Commonwealth	W,2-1

Maryland	W,4-2
Temple	W,2-1
Lock Haven	W,2-1
Virginia Commonwealth*	W,2-0
James Madison *	W,3-2
New Hampshire	L,1-3
Northwestern	L,0-1
Iowa	W,2-1
Virginia#	W,3-1
North Carolina#	W,3-2
Northwestern#	W,1-0
Connecticut#	L,2-3

* State Tournament #NCAA Tournament

Head Coach: Melissa Magee

1986 (18-2-1)

Massachusetts	W,2-0
Iowa	T,2-2
North Carolina	L,1-3
William & Mary	W,7-1
Richmond	W,7-0
American	W,5-0
James Madison	W,3-1
Boston University	W,3-1
Lehigh	W,8-2
Virginia	W,2-1
Connecticut	W,3-1
Radford	W,4-0
Maryland	W,2-0
New Hampshire	W,3-2
Temple	W,2-0
Virginia Commonwealth	W,6-0
Loyola	W,7-0
Boston College	T,3-3
American *	W,8-1
William & Mary *	W,5-0
James Madison *	W,3-2
Penn State #	L,0-1

* Conference Tournament

NCAA Tournament

Head Coach: Melissa Magee

1987 (17-5-1)

SAC CHAMPIONS

Massachusetts	W,2-1
Northwestern	L,0-3
North Carolina	L,1-2
William & Mary (OT)	W,3-2
Iowa	W,5-1
North Carolina	L,0-4
Richmond	W,4-1
American	W,12-0
Loyola	W,7-1
James Madison (2OT)	W,3-2
Boston College (OT)	W,2-1
Connecticut (2OT)	W,1-0
Northeastern	T,0-0
Virginia	W,2-0
Maryland	L,1-3
Temple	W,3-1
Virginia Commonwealth	W,8-0
Radford	W,9-0
Radford *	W,4-0
James Madison *	W,5-0
Va. Commonwealth (2OT) *	W,2-1
Virginia #	W,4-0
North Carolina #	L,1-3

* South Atlantic Conf. Tournament

NCAA Tournament

Head Coach: Beth Anders

1988 (26-1)

NCAA CHAMPIONS
SAC CHAMPIONS

Maryland	W,4-3
Northwestern	W,4-1
Loyola	W,10-0
American	W,5-0
William & Mary	W,5-0
North Carolina	W,4-0
Iowa	W,1-0
Richmond	W,6-0
Massachusetts	W,1-0
New Hampshire	W,5-0

Springfield	W,3-1
Boston College	W,2-0
Boston	W,3-1
Virginia	W,4-2
Connecticut	W,2-0
Temple	W,5-1
North Carolina (OT)	L,2-3
Stanford	W,4-1
Virginia Commonwealth	W,10-0
Radford	W,4-0
James Madison	W,11-0
American *	W,9-0
William & Mary *	W,8-0
James Madison *	W,5-0
North Carolina #	W,2-1
Pennsylvania #	W,4-0
Iowa #	W,2-1

* South Atlantic Conf. Tournament

NCAA Tournament

Head Coach: Beth Anders

1989 (24-2)

NCAA RUNNER-UP
SAC CHAMPIONS

Penn State	W,3-0
Duke	W,3-1
Massachusetts	W,4-1
New Hampshire	W,3-1
William & Mary	W,3-0
Northeastern	W,3-0
North Carolina	W,1-0
Richmond	W,5-0
Connecticut	W,1-0
Springfield	W,3-0
American	W,16-0
Loyola	W,7-0
Virginia	W,1-0
North Carolina	L,2-5
Northwestern	W,2-1
Maryland	W,7-1
Temple	W,6-0
Virginia Commonwealth	W,3-0
Radford	W,10-0
James Madison	W,7-0
American *	W,8-0
James Madison *	W,7-0
William & Mary *	W,5-0
Massachusetts #	W,2-1
Northwestern (OT) #	W,1-0
North Carolina (3OT) #	L,1-2

* South Atlantic Conf. Tournament

NCAA Tournament

Head Coach: Beth Anders

1990 (23-2-1)

NCAA CHAMPIONS

Northern Illinois	W,4-0
Northwestern	T,0-0
Maryland	W,3-1
William & Mary	W,8-0
Loyola	W,8-0
Penn State	W,2-1
American	W,1-0
Iowa	W,1-0
North Carolina	L,2-3
Richmond	W,10-0
Massachusetts	W,4-0
Northeastern	W,3-0
Connecticut	W,5-0
West Chester	W,9-0
Virginia	W,6-1
North Carolina	L,1-2
Temple	W,4-2
Radford	W,6-0
James Madison	W,1-0
Virginia Commonwealth	W,5-1
Radford	W,9-0
James Madison	W,8-0
Virginia Commonwealth	W,7-1
Massachusetts #	W,4-0
Iowa #	W,1-0
North Carolina #	W,5-0

NCAA Tournament

Head Coach: Beth Anders

YEAR-BY-YEAR RESULTS

1991 (26-0)

NCAA CHAMPIONS CAA CHAMPIONS

Northern Illinois	W,10-0
Penn State	W,5-2
Maryland	W,3-2
Lafayette	W,8-0
Boston University	W,6-0
American	W,11-0
William & Mary	W,6-0
North Carolina	W,1-0
Richmond	W,9-0
Massachusetts	W,1-0
Connecticut	W,3-0
Virginia	W,9-0
Duke	W,7-1
North Carolina	W,2-1
Iowa	W,4-1
Temple	W,3-1
James Madison	W,10-0
Virginia Commonwealth	W,5-0
Loyola	W,5-0
Radford	W,9-0
Loyola*	W,9-0
Radford*	W,4-0
William & Mary*	W,6-0
Northeastern #	W,4-1
Maryland #	W,3-1
North Carolina #	W,2-0

* CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

1992 (25-0)

NCAA CHAMPIONS CAA CHAMPIONS

North Carolina	W,5-0
Miami (Ohio)	W,7-0
Northwestern	W,6-0
American	W,5-0
Maryland	W,5-0
Richmond	W,12-1
Cal-Berkeley	W,9-0
Stanford	W,14-0
William & Mary	W,10-0
Va. Commonwealth	W,6-0
Massachusetts	W,3-0
Virginia	W,9-0
Duke	W,7-1
Connecticut	W,6-0
Temple	W,6-0
North Carolina	W,3-0
Penn State	W,2-1
New Hampshire	W,8-0
Radford	W,2-0
James Madison	W,7-0
James Madison*	W,10-1
Va. Commonwealth*	W,6-0
Maryland #	W,6-0
North Carolina #	W,5-0
Iowa #	W,4-0

* CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

1993 (17-4-2)

CAA CHAMPIONS

James Madison*	W,3-2
James Madison (2OT)	W,3-2
at VCU* (2OT)	W,4-3
at St. Joseph's	W,1-0
vs. West Chester	W,2-0
Penn State	L,1-2
North Carolina (2OT)	T,0-0
at William & Mary	W,2-0
at Massachusetts	L,0-2
at Connecticut	W,2-1
Providence	W,6-1
Villanova	W,4-0
at Richmond*	W,3-0
at Virginia	W,2-0
at Maryland	L,1-2
at Duke	W,2-0

* CAA games
% CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

at North Carolina (2OT)	T,1-1
American*	W,4-0
William & Mary*	W,5-0
Radford*	W,7-0
AmericanΔ	W,4-0
James MadisonΔ	W,2-1
James Madison#	L,0-1

*CAA games
Δ CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

1994 (17-6-1)

CAA CHAMPIONS

St. Joseph's	W,4-0
at Radford*	W,7-0
at James Madison (PS)*	L,1-2
Temple	W,8-1
North Carolina	L,0-1
Northwestern	W,3-0
Maryland	T,1-1
Virginia	W,4-1
at William and Mary*	W,2-0
Connecticut	W,2-0
Massachusetts	W,2-0
at Providence	W,1-0
at Northeastern	W,1-0
at American*	L,0-1
Va. Commonwealth*	W,6-0
Richmond*	W,9-0
at Penn State	L,1-2
vs. West Chester	W,5-1
at Duke	W,2-1
at North Carolina (OT)	L,0-1
vs. Richmond %	W,3-1
vs. American %	W,2-0
vs. JMU % (OT)	W,2-1
vs. Iowa # (OT)	L,2-3

* CAA games
% CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

1995 (16-9)

Penn State	W,7-0
James Madison*	L,0-1
Northeastern	W,4-2
vs. Massachusetts	W,2-0
at North Carolina	L,0-5
at Richmond*	W,2-0
at Maryland	L,1-2
at Virginia (OT)	L,1-2
William and Mary*	W,3-0
at Connecticut	L,0-2
vs. Massachusetts	L,0-1
Radford*	W,6-0
Duke	W,2-1
American*	W,5-0
at VCU*	W,6-1
at Villanova	W,7-0
at St. Joseph's	W,4-0
at Temple	W,2-1
Boston Univ. (OT)	W,1-0
North Carolina	L,1-2
vs. VCU %	W,6-0
vs. American (OT) %	W,1-0
vs. James Madison %	L,1-2
Virginia (OT) #	W,2-1
at Maryland #	L,0-1

* CAA games
% CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

1996 (19-5/6-0 CAA)

CAA CHAMPIONS

Duke	W,7-5
at Penn State	W,4-2
vs. Ohio State	W,3-1
Michigan	W,7-0
Richmond*	W,9-1
vs. American*	W,3-1
at North Carolina (2OT)	W,4-3
at William and Mary*	W,4-1
St. Joseph's	W,7-1

* CAA games
% CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

Maryland	L,0-1
Temple	W,8-1
Connecticut	W,2-0
at Boston University	W,5-4
at Northeastern	L,0-1
at Radford*	W,1-0
at James Madison*	W,4-0
North Carolina	L,2-4
Virginia	L,0-4
Princeton	W,7-4
VCU*	W,16-0
vs. Radford %	W,14-1
vs. American %	W,3-2
vs. Maryland #	W,7-4
vs. Princeton (OT) #	L,3-4

* CAA game
% CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

1997 (22-3/6-0 CAA)

NCAA RUNNER-UP CAA CHAMPIONS

Radford*	W,12-0
Wake Forest	W,6-0
American*	W,11-0
Boston University	W,7-1
Penn State	W,8-1
Northeastern	W,5-0
at North Carolina (OT)	W,4-5
at Duke	W,4-1
William & Mary*	W,10-0
at Virginia	W,2-0
at Maryland (PS)	L,2-3
at Virginia Commonwealth*	W,4-0
at Richmond*	W,9-0
at Connecticut	W,4-2
James Madison*	W,3-1
Cal-Berkeley	W,9-0
at St. Joseph's	W,7-0
at Temple	W,6-0
Princeton	W,10-3
North Carolina	L,1-2
vs. William & Mary%	W,11-1
vs. James Madison%	W,4-2
Ball State#	W,9-3
vs. Virginia#	W,3-2
vs. North Carolina#	L,2-3

* CAA games
% CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

1998 (23-2/6-0 CAA)

NCAA CHAMPIONS CAA CHAMPIONS

Duke	W,7-0
James Madison*	W,9-1
Ball State	W,7-1
vs. Penn State	L,3-4
vs. American*	W,3-1
at North Carolina	W,4-3
at William and Mary*	W,7-0
Richmond*	W,15-1
Virginia	W,4-2
at Boston University	W,8-0
at Northeastern	L,0-1
Maryland	W,7-0
Va. Commonwealth*	W,6-0
Connecticut	W,3-1
at Radford*	W,8-0
at James Madison*	W,4-2
vs. Drexel	W,4-0
at Princeton	W,2-0
Temple	W,15-0
North Carolina	W,3-1
American%	W,3-1
vs. James Madison%	W,1-0
vs. North Carolina#	W,7-2
vs. Virginia#	W,3-0
vs. Princeton#	W,3-2

* CAA games
% CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

1999 (17-7/5-0 CAA)

CAA CHAMPIONS

at Richmond*	W,4-0
American*	W,5-0
Maryland	W,5-3
Northeastern	W,7-1
Penn State	L,1-5
at North Carolina	L,0-1
at Duke	L,2-3
William & Mary*	W,3-1
Va. Commonwealth*	W,6-0
at Virginia (OT)	W,3-2
Boston University	W,6-5
St. Joseph's	W,12-1
at Connecticut	L,0-3
vs. New Hampshire	W,5-0
at Temple	W,8-1
at Maryland	L,0-2
James Madison*	W,2-0
Radford	W,9-0
North Carolina (OT)	L,1-2
Princeton	W,8-2
Richmond%	W,6-0
vs. James Madison%	W,3-1
vs. Virginia#	W,3-0
at Maryland# (OT)	L,2-3

* CAA games
% CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

2000 (25-1/5-0 CAA)

NCAA CHAMPIONS CAA CHAMPIONS

at #6 Penn State	W,4-3
vs. New Hampshire	W,5-2
at #1 Maryland (2OT)	L,4-5
Duke	W,5-0
Rutgers	W,11-0
at #2 North Carolina	W,1-0
at #11 William & Mary*	W,3-0
Va. Commonwealth*	W,13-0
#8 Virginia	W,5-1
American*	W,9-0
at #15 Boston University	W,7-1
at #11 Northeastern	W,8-0
#9 Connecticut	W,5-2
#8 Princeton (OT)	W,2-1
Richmond	W,11-0
#1 Maryland	W,2-1
at Richmond*	W,9-1
at #14 James Madison*	W,6-1
#2 North Carolina (OT)	W,2-1
Temple	W,9-1
Va. Commonwealth%	W,8-0
#13 James Madison%	W,10-0
Stanford#	W,6-1
#10 Connecticut#	W,6-4
#4 Wake Forest#	W,6-0
#2 North Carolina#	W,3-1

* CAA games
% CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

2001 (18-5/3-0 CAA)

CAA CHAMPIONS

at Michigan State (OT)	L,2-3
at #4 Michigan	L,0-1
#2 Maryland	W,2-1
#9 Penn State (OT)	W,1-0
#5 Wake Forest	W,3-2
Boston University	W,4-1
at Va. Commonwealth*	W,1-0
#12 Virginia	W,3-2
vs. Temple	W,9-0
at #5 Princeton	L,1-2
at Connecticut	W,3-0
vs. New Hampshire	W,8-0
#11 William and Mary*	W,2-0
at #1 Maryland (OT)	W,1-0
at #5 North Carolina	L,1-2
#17 James Madison*	W,4-3
American	W,11-0

* CAA games
% CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

#4 North Carolina	W,6-4
#19 Northeastern	W,6-0
vs. VCU%	W,7-1
vs. #17 James Madison%	W,5-0
vs. Massachusetts#	W,6-1
at #6 Princeton#	L,1-2

* CAA games
% CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

2002 (24-4/7-0 CAA)

CAA CHAMPIONS

#8 Michigan State	W,3-2 (OT)
#19 Kent State	W,6-2
at Towson*	W,13-0
at #1 Maryland	L,0-2
#15 Duke	W,8-1
New Hampshire	W,8-0
at #10 North Carolina	L,0-2
at William & Mary*	W,4-0
#8 James Madison*	W,7-3
Virginia Commonwealth*	W,10-8
#18 Virginia	W,11-0
at #15 Princeton	W,4-1
at #17 Delaware*	W,5-1
Hofstra*	W,5-0
#1 Maryland	W,1-0
Drexel*	W,8-1
vs. #2 Michigan	W,4-3 (OT)
at #6 Penn State	L,2-3
#14 Princeton	W,3-2
#8 North Carolina	W,3-2 (PS)
#10 James Madison %	W,14-1
#20 William & Mary %	W,2-0
Richmond #	W,5-1
#5 Maryland ^	W,4-1
#6 Penn State ^	L,2-3

* CAA games
% CAA Tournament
NCAA Tournament

Head Coach: Beth Anders

2003 (14-10/6-1 CAA)

CAA CHAMPIONS

Louisville	W,3-1
#4 Penn St	L,6-2
#3 Maryland	L,2-1
Stanford	W,5-2
#18 William & Mary*	W,3-0
#10 Connecticut	W,4-2
at #2 North Carolina	L,4-0at
at #4 Duke	L,3-2
at James Madison*	W,5-0
at #12 Virginia	W,4-1
at Hofstra*	W,2-0
at Drexel*	W,3-1
Towson*	W,11-0
#11 Delaware*(OT)	W,6-5
at #4 Maryland	L,3-2
at #11 Princeton	L,2-1
#5 Michigan	L,4-0
at Va Commonwealth*	L,5-4
#4 North Carolina	L,4-2
#8 Princeton	W,8-2
Va Commonwealth %	W,7-2
Delaware %	W,5-0
vs. #10 Richmond #	W,4-2
at #2 Duke #	L,8-2

* CAA games
% CAA Tournament
NCAA Tournament

Interim Head Coach: Sue Myers

NCAA RESULTS

NCAA TOURNAMENT YEAR-BY-YEAR

1981	Semifinals Third Place	Connecticut 3, Old Dominion 0 Old Dominion 2, Long Beach St. 1 (2OT-PS)
1982	Second Round Semifinals Finals	Old Dominion 1, Northwestern 0 Old Dominion 4, Penn State 3 (OT) Old Dominion 3, Connecticut 2
1983	Second Round Semifinals Finals	Old Dominion 8, North Carolina 0 Old Dominion 3, Massachusetts 2 Old Dominion 3, Connecticut 1 (3OT)
1984	Second Round Semifinals Finals	Old Dominion 10, Virginia 0 Old Dominion 2, Connecticut 1 Old Dominion 5, Iowa 1
1985	First Round Second Round Semifinals Finals	Old Dominion 3, Virginia 1 Old Dominion 3, North Carolina 2 Old Dominion 1, Northwestern 0 Connecticut 3, Old Dominion 2
1986	Second Round	Penn State 1, Old Dominion 0
1987	First Round Second Round	Old Dominion 4, Virginia 0 North Carolina 3, Old Dominion 1
1988	Second Round Semifinals Finals	Old Dominion 2, North Carolina 1 Old Dominion 4, Pennsylvania 0 Old Dominion 2, Iowa 1
1989	Second Round Semifinals Finals	Old Dominion 2, Massachusetts 1 Old Dominion 1, Northwestern 0 (OT) North Carolina 2, Old Dominion 1 (3OT-PS)
1990	Second Round Semifinals Finals	Old Dominion 4, Massachusetts 0 Old Dominion 1, Iowa 0 Old Dominion 5, North Carolina 0
1991	Second Round Semifinals Finals	Old Dominion 4, Northeastern 1 Old Dominion 3, Maryland 1 Old Dominion 2, North Carolina 0
1992	Second Round Semifinals Finals	Old Dominion 6, Maryland 0 Old Dominion 5, North Carolina 0 Old Dominion 4, Iowa 0
1993	First Round	James Madison 1, Old Dominion 0
1994	Second Round	Iowa 3, Old Dominion 2 (OT)
1995	First Round Second Round	Old Dominion 2, Virginia 1 (OT) Maryland 1, Old Dominion 0
1996	Second Round Semifinals	Old Dominion 7, Maryland 4 Princeton 4, Old Dominion 3 (OT)
1997	Second round Semifinals Finals	Old Dominion 9, Ball State 3 Old Dominion 2, Virginia 2 North Carolina 3, Old Dominion 2
1998	Second round Semifinals Finals	Old Dominion 7, North Carolina 2 Old Dominion 3, Virginia 0 Old Dominion 3, Princeton 2
1999	First round Second round	Old Dominion 3, Virginia 0 Maryland 3, Old Dominion 2 (OT)
2000	First Round Second round Semifinals Finals	Old Dominion 6, Stanford 1 Old Dominion 6, Connecticut 4 Old Dominion 6, Wake Forest 0 Old Dominion 3, North Carolina 1
2001	First Round Second Round	Old Dominion 6, Massachusetts 1 Princeton 2, Old Dominion 1
2002	First Round Second Round Semifinals	Old Dominion 5, Richmond 1 Old Dominion 4, Maryland 1 Penn State 3, Old Dominion 2
2003	First Round Second Round	Old Dominion 4, Richmond 2 Duke 8, Old Dominion 2

NCAA TOURNAMENT INDIVIDUAL RECORDS

Most Goals - One Game: 4 - Kristy Gleason, Iowa (7) vs. Stanford (2), 11/8/90; Macha van der Vaart, Old Dominion (5) vs. North Carolina (0), 11/18/90; Kelli James, Old Dominion (6) vs. Maryland (0), 11/15/92; Chris Maloney, Penn St. (4) vs. Stanford (2), 11/15/92; and Marina DiGiacomo, Old Dominion (6) vs. Wake Forest(0), 11/17/00

Most Goals - One Tournament: 11 - Marina DiGiacom, Old Dominion, four games (2000)

Most Assists - One Game: 6 - Cheryl Van Kuren, Old Dominion (10) vs. Virginia (0), 11/11/84

Most Assists - One Tournament: 7 - Cheryl Van Kuren three games (1984)

Most Saves - One Game: 36 - Missy Farwell, Virginia (2) vs. North Carolina (1), 11/10/84

Fewest Goals Per Game - One Tournament: 0.00 - Kathy Fosina , Old Dominion, three games, 1990; Kim Decker, Old Dominion, three games (1992)

NCAA TOURNAMENT TEAM RECORDS

23

Most Goals - One Game: 10 - Old Dominion (10) vs. Virginia (0) 11/11/84

Most Goals - Both Teams: 11 - Old Dominion (7) vs. Maryland (4), 11/17/96

Most Goals Per Game - One Tournament: 5.67 - Old Dominion, three games (1984)

Fewest Goals Per Game Allowed - One Tournament: 0.00 - Old Dominion, three games (1990); Old Dominion, three games (1992)

Most Penalty Corners - One Game: 31 - Old Dominion (10) vs. Virginia (0) 11/11/84



ALL-TIME RECORDS

ALL-TIME OLD DOMINION RECORDS

Goals

1t.	Maaike Hilbrand	167
1t.	Marina DiGiacomo	167
3.	Christy Morgan	86
4.	Kim Miller	82
5.	Angie Loy	77
6.	Laura Knorr	76
7.	Tiffany Snow	71
8.	Jill Fisher	70
9.	Robin Smith	66
10.	Kelli James	65

Assists

1.	Jill Reeve	138
2.	Winnifred Sanders	134
3t.	Pam Neiss	80
3t.	Marina DiGiacomo	80
5.	Carolyn Sarr	66
6.	Kelli James	66
7.	Cheryl Van Kuren	61
8.	Adrienne Yoder	61
9.	Angie Loy	56
10.	Mimi Smith	50

Points

1.	Marina DiGiacomo	414
2.	Maaike Hilbrand	372
3.	Christy Morgan	219
4.	Angie Loy	210
5.	Kim Miller	200
6.	Kelli James	196
7.	Tiffany Snow	181
8.	Laura Knorr	171
9.	Jill Reeve	170
10.	Jill Fisher	165



Maaike Hilbrand



Marina DiGiacomo



Kathy Fosina

ALL-TIME FIELD HOCKEY RECORDS

GOALS

199-	Chris Dufner	SW Missouri St.	1976-79
167 -	Maaike Hilbrand	Old Dominion	88-89, 91-92
167 -	Marina DiGiacomo	Old Dominion	1997-2000
132 -	Kristy Gleason	Iowa	1989-93
126 -	Sally Northcroft	Ball State	1996-99
117 -	Sue Marcellus	Ohio State	1976-79
117 -	Jane Catanzaro	Temple	1987-90
116 -	Carole Thate	James Madison	1993-95
103 -	Stacey Ann-Siu-Butt	American	1994-96
101 -	Meredith Thorpe	Virginia	1995-98

ASSISTS

139 -	Jill Reeve	Old Dominion	1988-92
129 -	Winnifred Sanders	Old Dominion	1987-90
80 -	Pam Neiss	Old Dominion	1988-91
80 -	Marina DiGiacomo	Old Dominion	1997-2000
76 -	Kerri Schoultz	Ball State	1996-99
71 -	Jen Pratt	Maryland	1995-98
70 -	Jennifer Averill	Northwestern	1983-86
67 -	Michele Barnard	Boston Univ.	1993-96
67 -	Carolyn Sarr	Old Dominion	1986-89
66 -	Kelli James	Old Dominion	1988-90, 92

POINTS

414 -	Marina DiGiacomo	Old Dominion	1997-2000
398-	Chris Dufner	SW Missouri St.	1976-79
372 -	Maaike Hilbrand	Old Dominion	88-89, 91-92
285 -	Kristy Gleason	Iowa	1989-93
270 -	Sally Northcroft	Ball State	1996-99
268 -	Carole Thate	James Madison	1993-95
254 -	Sue Marcellus	Ohio State	1976-79
247 -	Stacey Ann Siu-Butt	American	1994-96
245 -	Angie Loy	Old Dominion	2000-2003
234 -	Jane Catanzaro	Temple	1987-90
230 -	Meredith Thorpe	Virginia	1995-98

SHUTOUTS (CAREER)

71.0 -	Kathy Fosina	Old Dominion	1988-91
56.0 -	Kim Decker	Old Dominion	1992-95
54.0 -	Patti Shea	Massachusetts	1980-83
49.0 -	Philippa Scott	Massachusetts	1989-92
48.0 -	Donna Lee	Iowa	1979-82
40.0 -	Eileen Moyer	Iowa	1988-91
39.5 -	Michele Brennan	Penn State	1988-91
38.5 -	Lori Heywood	Boston Univ.	1988-91
36.0 -	Andrea Wieland	Iowa	1987-92

GOALS AGAINST AVERAGE (CAREER)

0.48 -	Kathy Fosina	Old Dominion	1988-91
0.51 -	Evelien Spee	North Carolina	1987-89
0.54 -	Kathy Mulvey	North Carolina	1984-87

** Please note these records are constantly under review as research continues. If you have any knowledge of changes that need to be made, please contact the ODU Athletic Public Relations Office

INDIVIDUAL & TEAM RECORDS

OLD DOMINION INDIVIDUAL RECORDS

Most Goals Scored, Game: 8 -
Carina Benninga vs. Richmond 9/25/80

Most Goals, Single Season: 63
Marina DiGiacomo (2000)

Most Goals, Career: 167
Maaike Hillbrand (1988-89, 1991-92) and
Marina DiGiacomo (1997-2000)

Most Assists, Game: 7 -
Heather Eastburn vs. VCU, 11/2/96

Most Assists, Single Season: 64
Jill Reeve (1991)

Most Assists, Career: 138
Jill Reeve (1989-92)

Most Points, Single Season: 151
Marina DiGiacomo (2000)

Most Points, Career: 414
Marina DiGiacomo (1997-2000)

Most Shutouts, Single Season: 21
Kim Decker (1992)

Most Shutouts, Career: 70
Kathy Fosina (1988-91)

OLD DOMINION TEAM RECORDS

Most Victories: 26 - 1988 (26-1) &
1991 (26-0)

Best Winning Percentage: 1.000 -
1984 (23-0), 1991 (26-0) & 1992 (25-0)

Best Home Record: 17-0 in 2000

Longest Winning Streak: 66-
Oct. 13, 1990 vs. UNC to Sept. 19,
1993 vs. West Chester

Longest Home Winning Streak: 46 -
10/28/80 vs. Mary Washington to 10/
22/85 vs. VCU

Most Goals Scored: 163 in 1992

Highest Scoring Avg.: 6.52 in 1992

Most Goals Allowed: 45 in 1996

Fewest Goals Allowed: 4 in 1992

Most Shutouts: 21 in 1992

Most Goals in One Game: 16
vs. American (16-0) 10/6/89; vs. VCU
(16-0) 11/2/96

Most Shutouts in a row: 9 in 1989 &
1991

CAA TOURNAMENT RECORDS

Most Goals - One Game: 5-
Marina DiGiacomo vs. Richmond,
11-6-99

Most Assists - One Game: 6 -
Kelli James and Jill Reeve vs. James
Madison, 11/7/92

Most Goals - One Tournament: 9 -
Maaike Hilbrand (1991)

Most Assists -One Tournament: 8 -
Jill Reeve (1991)



Robin Smith

25

OLD DOMINION BY THE NUMBERS

3 Old Dominion was the first school to win three consecutive NCAA national championships and the only school to do it twice. The Lady Monarchs pulled off the "three-peat" on two separate occasions, winning back-to-back-to-back titles in 1982, 1983, 1984 and again in 1990, 1991, 1992.

3 The Lady Monarchs have had three undefeated seasons (1984, 1991, 1992). In addition, during 17 years of Anders' tenure, the team has had five or fewer losses.

3.0 The Old Dominion University field hockey program is a team steeped in excellence both on and off the field. Since 1989, the team has enjoyed a group GPA over 3.00.

4.0 Old Dominion University's first-ever Rhodes Scholar was a product of the field hockey program. Sam Salvia ('96) graduated with a perfect 4.0 GPA in environmental engineering.

23 Old Dominion is the only school to make an appearance in all 23 NCAA tournaments that have been held in field hockey. The Lady Monarchs have been to 15 Final Fours and won an unmatched nine championships trophies.

43 10 CAA Players of the Year, Nine Tournament MVPs, 32 Academic All-Americans, 16 members of Hall of Fame.

11 Old Dominion has won eleven of twelve conference championships held by the Colonial Athletic Association, including the last seven.

43 Old Dominion has produced 43 All-Americans, 31 Academic All-Americans, 11 former Olympians, nine CAA Players of the Year, eight CAA Tournament MVPs, five Rookies of the Year, and 15 members of the Old Dominion Hall of Fame.

66 Beginning in 1990 and spanning through to part of the 1993 season, Old Dominion compiled what has become known as "The Streak," a string of 66 wins against no losses. Of those 66 wins, 48 of them were shutouts.

70 Old Dominion has played 70 different teams in the history of the school's field hockey program. The Lady Monarchs have an edge in all but nine of those opponent series.

2238 Under head coach Beth Anders, Lady Monarch field hockey teams have outscored their opponents nearly six to one, scoring 2238 goals while allowing just 416 over 20 seasons.

The COLONIAL ATHLETIC ASSOCIATION

The Colonial Athletic Association celebrates its 20th Anniversary in 2004-05, proud of its past and excited about the future.



Boasting a roster of 10 (soon to be 12) well-respected academic institutions, the CAA has established itself as one of the nation's top collegiate conferences. On the playing field, the league has produced 16 national team champions in five different sports, 33 individual national champions, 11 national coaches of the year, 11 national players of the year and 12 Honda Award winners. The CAA has consistently ranked among the top 15 in the Sears Directors Cup standings and has been the nation's top-ranked Division I non-football conference in recent years.

Even more impressive, however, are the honors accumulated away from competition, which include five Rhodes Scholars and 16 NCAA post-graduate scholars. Last year, the CAA had eight CoSIDA Academic All-Americans, including five who were selected to the first team. Over 1,200 CAA student-athletes posted at least a 3.2 grade point average while lettering in a varsity sport and received the CAA Commissioner's Academic Award in 2003-04.

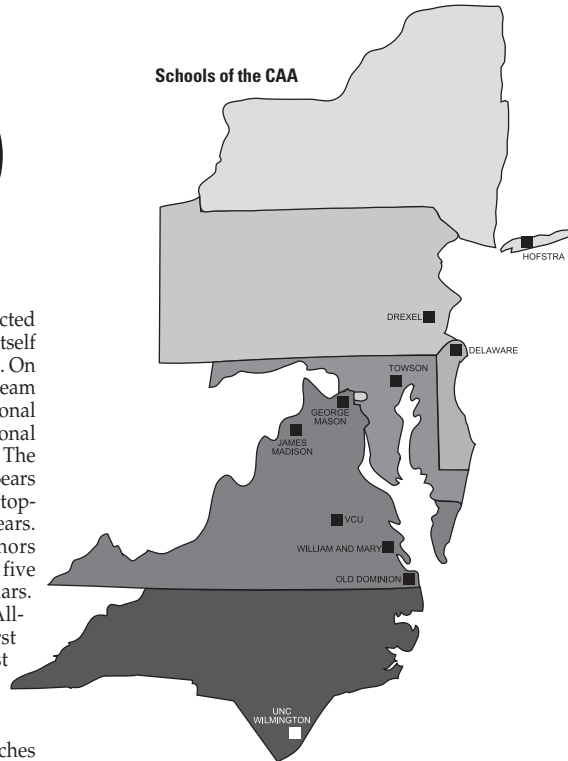
With a geographic footprint that currently stretches from the shadow of the Statue of Liberty to the beaches of North Carolina, the landscape of the conference includes four of the nation's top 25 media markets - New York (1), Philadelphia (4), Washington, D.C. (8) and Baltimore (24). That reach will expand even wider in 2006 with the addition of Georgia State University in Atlanta and Northeastern University in Boston, giving the CAA a presence in five of the nation's nine largest metropolitan areas.

The CAA conducts championships in 21 sports. Male athletes compete for championships in baseball, basketball, cross country, golf, lacrosse, soccer, swimming & diving, tennis, track & field and wrestling. Female athletes battle for conference titles in basketball, cross country, field hockey, golf, lacrosse, soccer, softball, swimming & diving, tennis, track & field and volleyball.

In men's basketball, the CAA has earned a reputation as a "giant killer" in the NCAA Tournament. Since 1981, CAA schools have posted 12 wins over higher-seeded teams. Last year, seven of the league's 10 teams were among the top 140 in the RPI and four were ranked in the top 100. In women's basketball, the CAA ranked ninth among the nation's 31 conferences in 2003-04. Perennial power Old Dominion has captured three national championships (1979, 1980, 1985) and reached the title game again in 1997.

The conference has also excelled in many other sports. CAA squads have won 10 field hockey national titles since the championship began in 1981, which is not only more than any other conference but represents nearly half of all titles won. In baseball, at least two CAA teams have earned NCAA Tournament berths for seven consecutive seasons. The CAA is annually ranked among the nation's top 10 conferences in men's and women's soccer, and has traditionally sent multiple teams to the NCAA Tournament. The conference finished the 2003-04 campaign with teams ranked among the top 25 nationally in cross country, field hockey, men's soccer, wrestling, softball, men's and women's tennis and men's and women's lacrosse.

CAA member institutions are also committed to excellence in the classroom. The Colonial Academic Alliance was created in 2002 by the league's presidents with a goal of expanding their partnership to all aspects of university life outside of intercollegiate athletics. Among the programs already established are an



undergraduate research conference, coordination of study abroad programs and granting visiting academic status to student-athletes traveling to an away contest so that they have access to libraries, academic resource centers and computer labs.

In 2002, two faculty members from CAA institutions were awarded academia's most coveted distinction - the Nobel Prize. John B. Fenn, a research professor in the Department of Chemistry at Virginia Commonwealth University, received the Nobel Prize for chemistry, and Vernon Smith, a professor of economics and law at George Mason University, shared the Nobel Prize in economic sciences.

Under the direction of Commissioner Thomas E. Yeager, who has guided the CAA since its inception, the league currently includes 10 members and will expand to 12 in 2006. Core members George Mason University, James Madison University, the University of North Carolina at Wilmington, Old Dominion University, Virginia Commonwealth University and the College of William & Mary were joined by the University of Delaware, Drexel University, Hofstra University and Towson University in 2001. Georgia State University and Northeastern University will become members of the conference in July, 2006.

The CAA traces its roots back to 1983 when three of its current members- George Mason, James Madison, and William and Mary - were aligned with East Carolina University, the United States Naval Academy and the University of Richmond as a basketball league (ECAC South). During the next two years, the league added 11 sports, acquired two new members (UNC Wilmington and American University) and decided to form a new association. The transformation from ECAC South to CAA took place on June 6, 1985. By the fall of 1986, the league gained automatic bids to NCAA Championships in men's basketball, soccer, baseball and women's basketball and formed an officials' bureau. Old Dominion became a member of the CAA in 1991-92 and Virginia Commonwealth University joined the conference prior to the 1995-96 season.

From all-star athletes to Nobel prize winning faculty, the CAA takes great pride in producing performers who stand out both on the playing field and in the classroom.

2003 CAA FIELD HOCKEY

2003 Final CAA Standings

Team	Conf. Record	Overall Record
Old Dominion	6-1	14-10
William & Mary	6-1	12-6
Delaware	5-2	14-7
VCU	4-3	10-10
James Madison	3-4	6-14
Hofstra	2-5	12-8
Towson	1-6	7-11
Drexel	1-6	6-12

2003 CAA Scoring Stats

Player	GP	G	A	Pts.
1. Angie Loy, ODU	22	22	20	64
2. Jennifer Howard, VCU	20	16	3	35
3. Jordan Steele, W&M	18	13	5	31
4. Erica LaBar, DEL	21	11	12	34
5. Chilly Banuelos, ODU	14	9	4	22
6. Kelly McQuade, W&M	18	12	4	28
7. Julie Lambi, TOW	18	9	9	27
8. Jesse Balmer, W&M	21	12	2	26
9. Jessica Breault, DEL	21	8	8	24
10. Anna Rogers, ODU	22	9	4	22

2003 CAA Goaltending Stats

Player	G	Min.	GA	GAA
1. Stacey Gaenzle, W&M	17	1069	21	1.38
2. Jessica Cowperthwait, HOF	20	1413	28	1.39
3. Megan Allen, DEL	21	1774	38	1.50
4. Katie Dougherty, DREX	18	1311	37	1.98
5. Abby Stiles, VCU	20	1345	41	2.13
6. Tina Walker, ODU	22	1518	47	2.17
7. Loren Wolf, TOW	18	1226	49	2.80
8. Lori Amico, JMU	12	815	36	3.09

Past CAA Champions

1991	Old Dominion University
1992	Old Dominion University
1993	Old Dominion University
1994	Old Dominion University
1995	James Madison University
1996	Old Dominion University
1997	Old Dominion University
1998	Old Dominion University
1999	Old Dominion University
2000	Old Dominion University
2001	Old Dominion University
2002	Old Dominion University
2003	Old Dominion University

LADY MONARCHS LETTERWINNERS

- A -

Aardenburg, Willemien 1984
 Aikens, Maureen 1983-85
 Armstrong, Lisa 1985
 Augustine, Sarah 1995-97

- B -

Bant, Lotte 2001-02
 Banuelos, Chilly 2003
 Barnes, Kim 1982
 Baylor, Brianne 1998
 Bearor, Becky 1995-98
 Behrens, Shelly 1984-87
 Benninga, Carina 1980
 Berry, Jinger 1986
 Blom, Tessa 1995-96
 Borrelli, Dina 1989-92
 Bouch, Mary Beth 1987
 Bracalente, Diane 1981-84
 Brandon, Margarete 1989-92
 Broadhurst, Lori 1984
 Brinsfield, Judy 1978-80
 Bruns, Carolin 1991
 Burch, Kelly 1993-94

- C -

Callahan, Sue 1991-94
 Carper, Crystal 1998-01
 Chellew, Danielle 1993-96
 Cipolone, Maureen 1978
 Clark, Lois 1978
Claxton, Katie 2003-
 Cororan, Carol 1979-80
 Creasy, Laura 1978-79
 Currie, Lynn 1983-84
 Cutler, Joyce 1982-85

- D -

Dano, Sue 1992-94
 Daubert, Rachel 2003
 Davis, Gwen 1992-94
 Davis, Karen 1991-92
 Deckelman, Jen 1990
 Decker, Kim 1992-95
 DeHaas, Anneme 1989
 De Jager, Melanie 2001
Delutis, Rosanna 2003-
 DeSimone, Leslie 2003
 DiGiacomo, Marina 1997-00
 Derr, Danielle 1993-95
 Duwaer, Irene 1993
 Doran, Lisa 1986-89
 Driscoll, Kelly 1994-98

- E -

Eastburn, Heather 1994-97
 Evans, Joey 1995-97

- F -

Fosina, Kathy 1988-91
 Filo, JoAnn 1979
 Fisher, Jill 1985-88
 Fortanier, Lisette 1998
 Freeman, Marybeth 1999-02

-- G -

Gerardi, Cora 2001-03
 Giesen, Joepke 1991
 Gockley, Dena 1992
 Grady, Jackie 1983-86
 Gulden, Wendy 1985-88

- H -

Hagan, Helen 1979-80
 Havens, Peggy 1979
 Herrmann, Tara 1999-02
 Hess, Heather 1994-96
 Hicks, Sandy 1978
 Hightower, Yogi 1979-82
 Hilbrand, Charlotte 1992
 Hilbrand, Maaik 1988-92
 Hill, Dawn 1982-85
 Hill, Janle 1996-
 Hoinsky, Carrie 1991-93
 Hoinsky, Lynn 1987-90
 Holder, Mary Beth 1978-81
 Houser, Renee 1994-96
 Hunt, Alaina 1992-94
 Hurt, Gail 1979

- J -

James, Kelli 1988-92
 Jurriens, Marije 1988

- K -

Kamish, Sue 1979-82
 Kodde, Else 1981
 Knorr, Laura 1989-92

- L -

Large, Cathy 1984-87
 LePoole, Eveline 1982
 Leonetti, Melissa 2000-03
 Loy, Angie 2000-03
 Loy, Becky 1998-02

- M -

Maddox, Elizabeth 2000-
 McCargo, Nori 1986-88
 McLane, Jenna 2003
 Mahoney, Mary Beth 1986-88
 Mears, Adele 1982-83
 Mendes, Christy 1990
 Miller, Ashleigh 1996-99
 Miller, Kim 1996-99
 Miracle, Julie 1998-01
 Morgan, Christy 1981-84
 Moyer, Katie 1999-02

- N -

Neill, Laura 2000-01
 Neiss, Karen 1991-94
 Neiss, Pam 1988-91
 Neumann, Katja 1993
Nichols, Nikki 2003-
 Nicholson, Gretta 1978-81

- O -

Olmstead, Dawn 1995-98

- P -

Peterson, Carin 1983
 Phelps, Vikki 1979
Pinchbeck, Darcy 2003-
 Powers, Joanne 1985-86

- R -

Rawstron, Emma Sue 1995
 Reeve, Jill 1989-92
 Rhoades-Fisher, Casie 1995-98
 Rodgers, Heidi 1977-79
 Rodio, Donna 1984-86
Rogers, Anna 2003-
 Roskott, Anne-Margot 1998-00

- S -

San Giavanni, Terese 1984-86
 Sanders, Winnifred 1987-90
 Sarr, Carolyn 1986-89
 Salvia, Sam 1992-95
 Scholten, Brenda 1977-78
 Seltman, Stelly 1985-86
 Seltzer, Patty 1980
Sensenig, Dana 2003-
 Sharpe, Elizabeth 2001-03
 Shepherd, Jennifer 1990-92
 Simon, Heather 1994-97
 Smith, Mimi 1995-98
 Smith, Robin 1989-92
 Smith, Staci 1996-98
 Snow, Tiffany 1999-02
 Steadman, Laura 1998-02
 Stewart, Amanda 1982

- T -

Tillotson, Trish (Patricia) 1977-80
 Travis, Diane 1980
 Tumas, Paula 1986-88

- V -

van der Rijt, Rosemarie 1996-97
 van der Sommen, Marjolijn 1999-00
 van der Vaart, Macha 1990
 van der Vaart, Dewi 1992-93
 van der Veldt, Danja 1993
 Van Kuren, Cheryl 1982-85
 Veraart, Eveline 1983-84
 Von Dassel, Cathrine 1981-82

- W -

Walker, Tina 1999-03
 Wallace, Cindy 1981-84
 Walsh, Jennifer 1983
 Walton, Rhia 1977-78
 Wiersma, Fimke 1990
 Wiest, Sheri 1994
 Willems, Ilja 1992
 Williams, Teneille 1998-00
 Wolf, Ingrid 1983
 Wood, Tracy 1989
 Sina Wulf 1997

- Y -

Yoder, Adrienne 1998-01
 Yost, Margie 1981-82

Where are they **NOW?**

CLASS OF 1981

Greta Nicholson
Job: Master electrical contractor
Location: Virginia

CLASS OF 1982

Judy Brinsfield
Job: International Field Hockey Umpire, Lafayette HS teacher & coach
Location: Williamsburg, Virginia

CLASS OF 1983

Yogi (Hightower) Boothe §-† '88
Major: Health & Physical Education
Job: Ocean Lakes High School, teacher
Location: Virginia Beach, Virginia

Carolyn Claude
Job: NCAA Representative
Location: Indianapolis, Indiana

Mary Beth Holder §-~
Job: Collegiate Coach
Location: New Jersey

Sue Kamish
Job: State investigator
Location: Virginia

Helen (Hagan) Ritz
Job: Physical Therapist
Location: Virginia

Carol (Corcoran) Zeisler
Job: HS teacher and coach
Location: Norfolk, Virginia

CLASS OF 1984

Kim Barnes §
Job: Lake Taylor High School Coach
Location: Norfolk, Virginia

Deb (Turner) Fox §
Job: Environmental project supervisor
Location: Delaware

CLASS OF 1985

Adele Mears-Wemlinger §§~
Major: Criminal Justice
Location: Delaware

Christy Morgan \$\$\$-† '88
Major: Physical Education
Job: Self-employed
Location: Virginia

Eveline Veraart §§~
Major: Sports Management
Job: Business administration
Location: The Netherlands

CLASS OF 1986

Diane (Bracalente) Clune \$\$\$-† '88
Job: Pinnacle Software
Location: New York

Joyce Cutler §
Major: Physical Therapy
Job: Chiropractor
Location: Georgia

Dawn Hill \$\$\$-†
Major: Physical Education
Job: Assistant Coach - University of Delaware
Location: Newark, Delaware

Cheryl Van Kuren \$\$\$-† '88
Major: Sports Medicine
Job: Cardiac Rehab Manager
Location: Maryland

Denise O'Connell §
Job: Princess Anne HS teacher and coach
Location: Virginia Beach, Virginia

Cindy (Wallace) Hall \$\$\$~
Job: Marketing director
Location: Virginia

CLASS OF 1987

Jackie (Grady) Gerzabek §§~
Job: Nurse
Location: Philadelphia, Pennsylvania

Joanne Powers §
Job: Business
Location: Atlanta, Georgia

Donna (Rodio) Paternoster §
Job: Medical sales director
Location: Pennsylvania/New Jersey

Stelly (Seltman) Reichel §-~
Job: Housewife
Location: Maryland

CLASS OF 1988

Shelly Behrens §
Major: Physical Education
Job: Head Coach, VCU
Location: Richmond, Pennsylvania

Cathy (Large) Long §-~
Major: Sports Management and Physical Education
Job: HS teacher & coach
Location: Pennsylvania

CLASS OF 1989

Jill Fisher §-†
Major: Biology
Job: Bio-research technician
Location: Philadelphia, Pennsylvania

Nori (McCargo) Smith §
Major: Business
Job: Business administrator
Location: Atlanta, Georgia

Paula Tumas §
Job: Bank customer service mgr.
Location: Virginia

CLASS OF 1990

Mary Lib DeLong §
Job: HS teacher and coach
Location: Norfolk, Virginia

Wendy Gulden §
Major: Sports Management
Job: Teacher, First Colonial H.S.
Location: Virginia Beach, Virginia

Lynn (Hoinsky) Barr §§
Major: Elementary Education
Job: High school teacher and coach
Location: New York

Carolyn (Sarr) Sheehan §§-~
Major: Elementary Education
Job: Elementary school teacher and coach
Location: New Jersey

Mary Beth (Maloney) Nolan §
Major: Business
Job: Nurse
Location: Hartford, Connecticut

CLASS OF 1991

Mary Beth Bouch §
Job: Nurse
Location: Pennsylvania

Lisa Doran §-~
Major: Physical Education
Job: Business Owner/HS coach
Location: New Jersey

Winnifred Sanders §§-~
Major: International finance
Location: The Netherlands & London

CLASS OF 1992

Karen Davis \$\$\$
Job: Private business
Location: Maryland

Kathy (Fosina) Mustain \$\$\$†
Major: Physical Education
Job: Coach, Middle School
Location: Virginia Beach, Virginia

Pam (Neiss) Stuper \$\$\$-†∞
Job: Assistant Coach, Yale University
Location: Connecticut

Robin Smith \$\$\$-†
Major: Business
Job: Towne Bank/ODU asst
Location: Portsmouth, Virginia

Kelli James \$\$\$-† '96
Major: Marketing
Job: Housewife
Location: Atlanta, Georgia

CLASS OF 1993

Margarete Brandon \$\$\$
Job: Bayside High School teacher & head coach
Location: Virginia Beach, Virginia

Maaike Hilbrand \$\$\$~∞
Major: Marketing
Job: International marketing specialist
Location: The Netherlands

Laura (Knorr) Moliken \$\$\$-†
Major: Health & Physical Education
Job: College coach
Location: Ursinus, Pennsylvania

Jill Reeve \$\$\$-† '96
Major: Health & Physical Education
Job: USA Field Hockey team
Location: Virginia Beach, Virginia

Tracy (Wood) Trump §
Job: High school coach
Location: Lancaster, Pennsylvania

CLASS OF 1994

Carrie (Hoinsky) Rizzi §§
Major: Physical Education
Job: Elementary teacher/coach
Location: New York

Christy Mendes §
Job: Social services psychologist
Location: North Carolina

CLASS OF 1995

Suzanne (Dano) Kondas §∞
Major: Health & Physical Education
Job: Methacton High School teacher & coach
Location: Pennsylvania

Gwen (Davis) Smith §∞
Major: Sports Medicine
Job: Physical therapy
Location: Pennsylvania

Alaina Hunt §
Major: Recreational Management
Job: Recreation manager
Location: Vermont

Karen Neiss §§~
Major: Sports Management
Job: Housewife
Location: Lancaster, Pennsylvania

Sue Callahan §§-†
Major: Physical Education
Job: Teacher, coach First Colonial High School
Location: Virginia Beach, Virginia

CLASS OF 1996

Kim Decker-Docren §-†∞
Major: Physical Education
Job: PE Teacher
Location: Norfolk, Pennsylvania

Dani Derr-VanNatta
Major: Business Management
Job: Housewife
Location: Atlanta, Georgia

Samantha Salvia §-†∞
Major: Civil Environmental Engineering
Job: Engineer
Location: San Francisco, California

CLASS OF 1997

Danielle Chellew ~
Major: Marketing
Job: Sports Marketing
Location: Delaware

Heather Hess ∞
Major: Biology & Physical Therapy
Job: Physical Therapy
Location: New York

Renee Houser
Major: Elementary Education
Job: Elementary education
Teacher/Coach
Location: New York, New York

Rosemarie van der Rijt ∞
Major: Marketing Management
Job: Marketing Man.
Location: Netherlands

CLASS OF 1998

Heather Eastburn ∞
Major: Speech Pathology
Job: Speech Pathology
Location: Pennsylvania

Joey (Evans)
Major: Counseling
Job: Counseling
Location: Virginia

Heather Simon ~
Major: Business-Economics
Job: Business administration
Location: Pennsylvania

CLASS OF 1999

Becky Bearor §∞
Major: Psychology/Counseling
Job: Teacher / Coach
Location: New York

Kelly Driscoll §-†
Major: Counseling
Job: Counseling & Social Services
Location: Quakertown, Pennsylvania

Jamie (Hill) Bearor §-~∞
Major: Sociology
Job: Social Services/
Elem Educ Grad Student
Location: New York

Casie (Rhoades) Fisher §∞
Major: Health & Physical Education
Job: PE teacher, coach
Location: Lancaster, Pennsylvania

Dawn Olmstead §
Major: Geology
Job: Engineer
Location: North Carolina

Mimi Smith §-†
Major: Psychology
Job: USA Field Hockey;
Social Services
Location: Virginia Beach, Virginia

Staci Smith § †
Major: Recreational Management
Job: State Police
Location: Maine

CLASS OF 2000

Asleigh Miller §
Major: Health & Physical Education
Job: PE Teacher
Location: Canada

Kim (Miller) Folmar §-†
Major: Psychology
Job: USA Field Hockey,
Social Services
Location: Virginia Beach, Virginia

Marina DiGiacomo §§-†
Major: Interdisciplinary Studies
Job: Communications, Argentina
National Team
Location: Buenos Aires, Argentina

Laura Steadman §§∞
Major: Psychology
Job: Psychology & Counseling

CLASS OF 2001

Julie Miracle §§∞
Major: Psychology
Job: Psychology & Counseling
Location: Pennsylvania

Tenielle Williams §§
Major: Information Systems
Job: Computer
Location: Chesapeake, Virginia

CLASS OF 2002

Denita Acker §
Major: History
Job: Graduate Assistantship, ODU
Location: Norfolk, Virginia

Crystal Carper §§
Major: Recreation Management
Job: Dita Inc.
Location: Harrisonburg, Virginia

Becky Loy §§∞
Major: Health & Physical Education
Job: Health & Phys., Teacher
Location: Virginia Beach, Virginia

Katie Moyer §
Major: Biology
Job: Medical School/
Sports Medicine
Location: Va. Beach, Virginia

Adrienne Yoder §§~∞
Major: Biology
Job: Biology Teacher
Location: Coopersberg, Pennsylvania

CLASS OF 2003

Marybeth Freeman §§∞
Major: Health & Physical Education
Job: Assistant Coach, Maryland
Location: College Park, Maryland

Tara Herrmann §~∞
Major: Biology
Job: Collegiate Asst Coach
Location: Bucknell University

Tiffany Snow §-†
Major: Health & Physical Education
Job: Boston Univ. Assistant Coach
Location: Boston, Massachusetts

Christina Walker §∞
Major: Psychology
Job: Grad School -
Sports Management - ODU
Location: Norfolk, Virginia

CLASS OF 2004

Melissa Leonetti §-~
Major: Health & Physical Education
Job: USA Field Hockey
Location: Virginia Beach, Virginia

CLASS OF 2005

Angie Loy §~∞
Major: Health & Physical Education
Job: Student Teaching 2005
USA Field Hockey
Location: Virginia Beach, Virginia

Cora Gerardi §∞
Major: Speech Pathology
Job: Grad School - Towson Univ.
Location: Towson, Maryland

Elizabeth Sharp §∞
Major: Graphic Design
Job: Grad School - Appalachian St.
Location: Boone, North Carolina

KEY: §-Indicates National Championships won ~Indicates All-American honoree ∞Indicates Academic All-American honoree †Indicates member of a National field hockey team Year-Indicates Olympian, and year of participation

ACADEMIC SUPPORT

The Old Dominion University Athletic Department offers a wide variety of programs to assist the academic and personal well-being of the student-athlete.

These programs are overseen by Tianna Scott, the academic advisor for student-athletes, and April Brecht, the Life Skills Program director. Their offices are located in Webb Center, within convenient access to all the student-athletes.

Among the programs available to all student-athletes:

SUPERVISED STUDY SESSIONS

Supervised study sessions are required for all freshmen and transfer student-athletes, and organized according to the needs of the individual for upperclassmen. Study sessions meet in a variety of locations across campus, for a minimum of two hours per night, three nights per week.

"RISING STARS"- THE LIFE SKILLS PROGRAM

The Life Skills Program provides a comprehensive approach to the overall academic and personal development of student-athletes at Old Dominion University. With the student-athlete welfare in mind, the Athletic Department provides:

The Academic Commitment

- ◆ Academic, major choice and career counseling
- ◆ Academic advising - class scheduling and eligibility review
- ◆ Supervised study sessions three times per week
- ◆ Tutoring program by request and/or referral
- ◆ Computer room with specialized programs (Writing Tutor, Grammar Tools, Quatro, Word Perfect, etc.)
- ◆ Study Group sessions
- ◆ ELS 101 (University Orientation) class
- ◆ Academic progress/attendance reports during each semester
- ◆ Rising Stars monthly Life Skills newsletter articles
- ◆ Complementary campus programs (Instant study skills)
- ◆ Retention groups, probation groups, assessment instruments
- ◆ Intervention - illness, injuries, etc. reported to faculty

The Athletic Commitment

- ◆ Title IX information, coach and support staff standards of conduct, the coach as a teacher, departmental operations and standards, and athletic support program information
- ◆ Team-building and conflict resolution intervention/training

The Personal Development Commitment

- ◆ Educational programming for new students and teams: Understanding Values, Appreciating Diversity, Personal Health (Sexual Responsibility, Alcohol Choices, Stress Management), Interpersonal Communication and Media Relations, Social Development, and Fiscal Responsibility.
- ◆ Networking and appropriate campus program promotion
- ◆ Rising Stars newsletter - includes study skills, motivational and inspirational items, plus a calendar of coming events



Above, Students can, by request, receive tutoring from fellow students.

◆ SAMs Program - Student-Athlete Mentor Peer Advising Program

The Service Commitment

- ◆ Monarch ReachOut service project referrals and contacts.
- ◆ Campus/community service through SAMs and class credit

The Career Development Commitment

- ◆ Networking and referral are provided in cooperation with our career management center
- ◆ Educational programming and career
- ◆ ELS 121 (Career Planning) class
- ◆ Interview, cover letter, and resume techniques

SAM - STUDENT ATHLETE MENTORS

The Student-Athlete Mentor (SAM) is a peer advising program. SAMs are nominated and elected by their peers. The goal is for each athletic team to have at least one SAM. A SAM on the team can help provide leadership, help teammates with problems, provide support for freshmen, answer questions, and refer teammates to University support services. SAMs are elected on a yearly basis and any upperclassmen may be chosen by their peers to serve as a SAM. All SAMs participate in a training program following elections.



Top, Life-Skills Coordinator April Brecht and Academic Advisor Tianna Scott at their office in Webb University Center.

A Tradition



1982 NCAA National Champions (20-0-1)
Captains: Yogi Hightower and Adele Mears



30 1983 NCAA National Champions (19-1)
Captain: Christy Morgan



1984 NCAA National Champions (23-0)
Captains: Christy Morgan and Diane Bracalente



1988 NCAA National Champions (26-1)
Captains: Jill Fisher and Paula Tumas



1990 NCAA National Champions
Captains: Kathy Fosina and Winnifred Sanders

Old Dominion University has been represented on the field hockey turf since 1974 when first-ever coach Carol Anthony and her squad played nine games, going just 1-7-1. Since then, one of the biggest and brightest dynasties in the sport has been calling Foreman Field in Norfolk its home.

The years that followed saw a slow but steady improvement for Old Dominion's field hockey team. Former Senior Associate Athletic Director Mikki Baile guided the team from 1975-1979, when it improved from a 3-6-2 club in '75 to an 11-7 club in '78.

In 1980, current head coach Beth Anders took over the helm of the program and began the team's quest for excellence in the world of field hockey. Over 21 seasons, Anders has compiled a 407-60-7 record for an impressive .866 winning percentage. The nation's winningest field hockey coach, Anders recently became the first Division I coach to reach 400 career victories and only the third coach ever to do so.

In her first season at the helm, Anders' club was 18-4 finishing fifth in the AIAW. In just her third year as a college head coach, Anders won her first NCAA title. In 1982, the team was 20-1, beginning a legacy that would stand unmatched through the present day. In 1983, the team lost just one game (19-1) en route to their second NCAA championship. Then in 1984, Old Dominion became the first school to win three consecutive national championships when the Lady Monarchs went through the season with a perfect 23-0 record.

In 1985 and 1986, Anders took a leave of absence to coach the US National team. Under Melissa Magee, Old Dominion continued its success with a 38-9-1 mark over the two years. Upon Anders' return, the team went 17-5-1 in 1987 and 26-1 in 1988, winning their fourth national title.

The juggernaut that had already established itself as the premier field hockey program in the country would see its best days after its first three championships. The most impressive feats in the history of Old Dominion field hockey would take place in the early 1990's, quieting those who believed success was just a fluke.

In 1990, the Lady Monarchs went 23-2-1 en route to winning their

LARGER than LIFE

fifth NCAA trophy. At the tail end of the season, the club began what became known as "The Streak," a string of 66 wins that spanned the '90, '91, '92, and '93 seasons with 48 shutout victories included. In 1991 and 1992, the team enjoyed back-to-back perfect seasons, compiling an impeccable 51-0 record over the two additional national championship seasons. With the wins, Old Dominion became the only team in field hockey history to complete the "three-peat" two different times.

In addition to the impressive winning ways of the Old Dominion program in the early '90's, the Lady Monarch teams showed complete domination on both ends of the field. During that three year span, Old Dominion outscored their opponents by a 325-26 margin. The team allowed just four goals in the 1992 season while scoring 163.

In postseason NCAA play, Old Dominion owns an impressive 42-14 record, winning 77% of its tournament games. Old Dominion's mark is boldly strewn over the NCAA record books as well. The team holds several NCAA team and individual records. Of the top ten goal-scorers in the NCAA, three are from Old Dominion, including the leader. In points and assists, seven of the top 10 are former Old Dominion players while two of the top nine goalkeepers are also former Lady Monarchs.

Not only does the Old Dominion field hockey team succeed on the field, but the program is proud of its off-field accomplishments as well. The University's first-ever Rhodes Scholar, Samantha Salvia, was a 1996 graduate of the team while several players earn Academic All-American honors each season. Last season, 10 field hockey players made the Dean's List...the second most of any one individual sport at Old Dominion. The program has produced 32 different Academic All-Americans and has had a team GPA of 3.0 or higher since 1989.

Continued success has followed many Lady Monarch alumni. Anders' infectious love of the game has continued through her former players with 23 of them coaching in the high school or college ranks. Many of those former players return to the friendly confines of Foreman Field during the summer months in an effort to perpetuate the legacy through summer youth camps.

Though a handful of teams have exhibited their own superiority, no other team has enjoyed the longevity of success that has been part of Old Dominion's field hockey team. When the sport was in its fledgling years, the Lady Monarchs were taking strides to move toward and stay at the front of the pack. With a steady and unchanged commitment to excellence approaching three decades, Old Dominion remains the strongest foe in the world of collegiate field hockey.



1991 NCAA National Champions (26-0)
Captain: Robin Smith



1992 NCAA National Champions (25-0) **31**
Captains: Kelli James, Laura Knorr, and Robin Smith



1998 NCAA National Champions (23-2)
Captains: Mimi Smith, Casie Fisher, Marina DiGiacomo, and Becky Bearor



2000 NCAA National Champions
Captains: Marina DiGiacomo and Adrienne Yoder

HONORED LADY MONARCHS



Cheryl VanKuren



Jill Fisher



Pam Neiss



Jamie Hill



ALL-AMERICANS

Willemien Aardenburg	1984 (1)	Angie Loy	2002 (1), 2003 (1)
Diane Bracalente	1982 (1), 1984 (1)	Adele Mears	1983 (1)
Sue Callahan	1993 (1), 1994 (1)	Kim Miller	1997 (3), 1998 (2), 1999 (3)
Danielle Chellew	1996 (1)	Christy Morgan	1982 (1), 1983 (1), 1984 (1)
Kim Decker	1994 (3), 1995 (2)	Karen Neiss	1994 (2)
Marina DiGiacomo	1999 (1), 2000 (1)	Pam Neiss	1990 (1), 1991 (1)
Lisa Doran	1989 (2)	Jill Reeve	1992 (3)
Kelly Driscoll	1998 (3)	Samantha Saliva	1995 (3)
Jill Fisher	1987 (HM), 1988 (1)	Winnifred Sanders	1990 (1)
Jackie Grady	1985 (HM), 1986 (1)	Caroyln Sarr	1989 (1)
Tara Herrmann	2002 (1)	Stelly Seltman	1986 (1)
Yogi Hightower	1981 (1), 1982 (1)	Heather Simon	1996 (2), 1997 (2)
Maaike Hilbrand	1991 (1), 1992 (1)	Mimi Smith	1997 (3), 1998 (1)
Dawn Hill	1985 (1)	Robin Smith	1991 (1), 1992 (1)
Jamie Hill	1998 (1)	Tiffany Snow	2001 (1), 2002 (1)
Mary Beth Holder	1981 (1)	Marjolijn van der Sommen	2000 (1)
Kelli James	1990 (1), 1992 (1)	Cheryl Van Kuren	1984 (1), 1985 (1)
Laura Knorr	1991 (2), 1992 (2)	Evaline Veraat	1983 (1), 1984 (1)
Cathy Large	1987 (1)	Cindy Wallace	1984 (1)
Melissa Leonetti	2002 (2), 2003 (3)	Adrienne Yoder	1999 (3), 2000 (1), 2001 (1)

NATIONAL ACADEMIC SQUAD

Becky Bearor	1998
Danielle Chellew	1996
Sue Dano	1993, 1994
Gwen Davis	1993, 1994
Kim Decker	1994, 1995
Melanie DeJager	2001
Janelle Engle	2002, 2003
Lynn Farquhar	2001, 2002, 2003
Cassie Fisher	1998
Marybeth Freeman	1999, 2000, 2001, 2002
Lisette Fortanier	1998
Tara Herrmann	2000, 2001, 2002
Maaike Hilbrand	1992
Jamie Hill	1996, 1997, 1998
Cora Geradi	2002, 2003
Mary Cate Gordon	2002, 2003
Heather Hess	1995, 1996
Melissa Leonetti	2001, 2002, 2003
Angie Loy	2000, 2001, 2002, 2003
Becky Loy	1999, 2000, 2002
Jenna McLane	2002, 2003
Julie Miracle	2000, 2001
Ashleigh Miller	1999
Katie Moyer	2002
Pam Neiss	1991
Casie Rhoades	1996, 1997
Samanth Saliva	1993, 1994, 1995
Dana Sensenig	2003
Elizabeth Sharp	2003
Laura Steadman	1998, 1999, 2000
Rosemarie van der Rijt	1997
Adrienne Yoder	1998, 1999, 2000, 2001
Tina Walker	2001, 2002

NCAA ALL-TOURNAMENT

Willemien Aardenburg	1984
Diane Bracalente	1982, 1984
Danielle Chewelle	1996
Joyce Cutler	1985
Marina DiGiacomo	1997, 1999, 2000
Lisa Doran	1989
Kelly Driscoll	1997, 1998
Jill Fisher	1988
Kathy Fosina	1989
Marybeth Freeman	2000
Joepke Giesen	1991
Jackie Grady	1985
Maaike Hilbrand	1988, 1989, 1992
Yogi Hightower	1981, 1982
Dawn Hill	1995
Jamie Hill	1998
Mary Beth Holder	1981
Kelli James	1990, 1992
Laura Knorr	1990, 1992
Eveline LePo	ole 1982
Becky Loy	2000
Mary Beth Mahoney	1988
Kim Miller	1996, 1998
Julie Miracle	2000
Christy Morgan	1982, 1983, 1984
Pam Neiss	1990, 1991
Jill Reeve	1991
Winnifred Sanders	1998
Jen Shepherd	1992
Mimi Smith	1997
Robin Smith	1990, 1991, 1992
Staci Smith	1997, 1998
Laura Steadman	2000
Marjolijn van der Sommen	2000
Macha van der Vaart	1990
Cheryl Van Kuren	1985
Evaline Veraat	1983
Jennifer Walsh	1983
Ingrid Wolf	1983

Old Dominion's first Rhodes Scholar
Field hockey alumni Samantha Salvia graduated from Old Dominion in August 1996 as one of the University's most accomplished student athletes. The Norristown, PA native won several awards during her four years, including 1996 NCAA Woman of the Year finalist, CFHCA Academic All-American, Old Dominion University Presidential Scholar, and All-Colonial Athletic Association First Team honors. After finishing graduate work at Oxford University, she is currently employed with an engineering firm in San Francisco, California.

S HONORED LADY MONARCHS

CAA PLAYERS OF THE YEAR



Robin Smith
1991



Kelli James
1992



Danielle Chellew
1996



Marina DiGiacomo
1997, 1998, 1999,
2000



Adrienne Yoder
2001



Tiffany Snow
2002



Angie Loy
2003

CAA ROOKIES OF THE YEAR

1995	Mimi Smith
1997	Marrina DiGiacomo
1998	Adrienne Yoder (Co-Rookie)
2000	Angie Loy

CAA TOURNAMENT MVP'S

1991	Carolin Bruns
1992	Robin Smith
1996	Danielle Chellew (Co-MVP)
1997	Marina DiGiacomo
1998	Marina DiGiacomo
1999	Marina DiGiacomo
2000	Marina DiGiacomo
2001	Adrienne Yoder
2002	Tiffany Snow

CAA DEFENDERS OF THE YEAR

1998	Mimi Smith
2000	Adrienne Yoder
2001	Adrienne Yoder (Co-Defensive)
2003	Melissa Leonetti

CAA COACH OF THE YEAR



Beth Anders
1991, 1992, 1997, 1998, 1999,
2000, 2002

ALL-COLONIAL ATHLETIC ASSOCIATION

Lotte Bant	2002 (2)
Chilly Banuelos	2003 (2)
Sue Callahan	1993 (1), 1994 (1)
Crystal Carper	2001 (2)
Danielle Chellew	1995 (1), 1996 (1)
Sue Dano	1994 (2)
Kim Decker	1994 (2), 1995 (1)
Danielle Derr	1995 (2)
Marina DiGiacomo	1997 (1), 1998 (1), 1999 (1), 2000 (1)
Kelly Driscoll	1997 (1), 1998 (1)
Janelle Enge	2003 (2)
Joey Evans	1997 (2)
Kathy Fosina	1991 (1)
Marybeth Freeman	2001 (1), 2002 (2)
Tara Herrmann	2001 (1), 2002 (2)
Maaike Hilbrand	1991 (1), 1992 (1)
Jamie Hill	1998 (2)
Alaina Hunt	1993 (1), 1994 (1)
Kelli James	1992 (1)
Laura Knorr	1991 (1), 1992 (1)
Melissa Leonetti	2001 (2), 2002 (1), 2003 (1)
Angie Loy	2000 (2), 2001 (1), 2002 (1), 2003 (1)
Asleigh Miller	1999 (2)
Kim Miller	1997 (1), 1998 (1), 1999 (1)
Julie Miracle	2000 (2), 2001 (2)
Anne Muller	1996 (2)
Karen Neiss	1993 (1), 1994 (1)
Pam Neiss	1991 (1)
Jill Reeve	1991 (2), 1992 (2)
Sam Salvia	1993 (2), 1994 (1), 1995 (1)
Heather Simon	1996 (1), 1997 (1)
Mimi Smith	1996 (1), 1997 (1), 1998 (1)
Robin Smith	1991 (1), 1992 (1)
Staci Smith	1997 (2)
Tiffany Snow	1999 (2), 2000 (2), 2001 (1), 2002 (1)
Marioljin van der Sommen	1999 (2), 2000 (1)

HONDA AWARD WINNERS



Yogi Hightower

Since 1982, when most elite field hockey players in the nation are named winners of the prestigious Honda Award, chances are you'll find a player from Old Dominion University. The Lady Monarchs hold the distinction of having produced the most Honda Award winners with six.

The first Lady Monarch to earn this award was Yogi Hightower in 1983. She helped lead the Lady Monarchs to their first NCAA national championship in the fall of 1982. During her four years at Old Dominion, Hightower earned All-American honors twice.

In 1985 Christy Morgan, a three-time All-American, was the Honda Award recipient. She was a part of three NCAA National Championship teams from 1982-85. Morgan was the university's Female Athlete of the Year in 1985 and completed her career with 86 goals and 133 career points.



Christy Morgan

Kelli James picked up the hardware in 1993 after leading Old Dominion to the 1992 title, their third straight. James was a two-time All-American and CAA Player of the Year in 1992. James completed her career with 66 assists and 196 points.

In 1999 the award came full circle when Mimi Smith received the honor. Smith played for Yogi Hightower at Ocean Lakes High School in nearby Virginia Beach, Va. Smith was one of the nation's top defensive players and helped lead Old Dominion to the NCAA National Championship in 1998.

Marina DiGiacomo, earned the honor in 2000 as the Lady Monarchs captured their ninth NCAA National Championship. DiGiacomo was a four-time CAA Player of the Year and Tournament MVP. As a senior, she led the nation in points (151), goals (63) and goals per game (2.4) en route to becoming the NCAA's all-time leading scorer with 167 goals, 80 assists, and 414 total points.

Old Dominion's most recent winner, Tiffany Snow, earned the award in 2002 after leading the country in points (3.0) and goals (1.2) per game. A two-time All-American and the 2002 CAA Player of the Year, Snow completed her career ranked sixth on the ODU all-time scoring leaders list with 71 goals, 90 assists, and 181 points.



Kelli James



Mimi Smith



Marina DiGiacomo



Tiffany Snow

ODU OLYMPIANS

When it comes to participation and influence in the sport of Olympic field hockey, no other school is more convincing than Old Dominion University. From current coaches to former players, Old Dominion has produced a number of field hockey players representing the United States on a national and international level.

The reach of Old Dominion's field hockey Olympians is wide and deep. Dating back to 1980, the Lady Monarchs have had at least one participant in each of the Olympic games through 2004. From Old Dominion field hockey alumni to the coaching staff, several Lady Monarchs have been involved with the most prestigious of international sporting events.

Men have been representing the United States in field hockey competition since 1932, but it wasn't until the Moscow Olympics in 1980 that women's field hockey was introduced. In that Olympiad, Zimbabwe, Czechoslovakia, and the USSR finished in medal spots with a third-ranked United States left out of competition because of a political boycott. Team captain Beth Anders was thus forced to wait another four years for a chance at international gold.



In 1984, however, two-time captain Anders and the U.S. field hockey contingent finally realized their medal dreams by winning the bronze. It was during those games that Anders set an Olympic scoring record that still stands today. In its five-game competition, the U.S. team scored nine goals...eight of them coming from the stick of Anders. In addition to Anders, two other players represented the Lady Monarchs as alternates at the Los Angeles Olympics. Yogi Hightower ('82) and Christy Morgan ('84) heralded the international influence of Old Dominion that would grow to span more than a dozen years.



In the 1988 Seoul Olympics, Old Dominion produced four members of the Olympic squad in Hightower, Morgan, Diane Bracalente ('84), and Cheryl van Kuren ('85). Similarly, Jill Reeve ('92) and Kelli James ('92) represented the United States at the 1996 Atlanta Olympic games as the U.S. team finished in fifth place.

What makes Old Dominion and its influence more impressive however is that it spans not only our native United States, but several other countries, including the Netherlands and Argentina.

In 1988 in Seoul, Willemien Aardenburg ('84), Carina Benninga ('80), and Ingrid Wolf ('83) represented the bronze-medal winning Dutch team. Macha van der Vaart ('90) helped the Dutch team repeat as bronze medallists at the 2000 Olympics in Sydney, Australia.

Although the United States fell just one game short of qualifying for the 2004 games to be held in Athens, Greece, two of Old Dominion's alumni took to the field to help their respective country to the gold medal platform. Marina DiGiacomo, the NCAA's all-time leading scorer, helped Argentina to a bronze medal while van der Vaart led the Netherlands to the silver medal.

Lady Monarch Olympians

1980	Moscow, USSR		1992	Barcelona, Spain	
	Beth Anders ©	USA		Carina Benninga	Netherlands
1984	Los Angeles, USA			Ingrid Wolf	Netherlands
	Beth Anders ©	USA	1996	Atlanta, USA	
1988	Seoul, South Korea			Kelli James	USA
	Yogi Hightower	USA		Jill Reeve	USA
	Christy Morgan	USA	2000	Sydney, Australia	
	Diane Bracalente	USA		Maacha van der Vaart	Netherlands
	Cheryl Van Kuren	USA	2004	Athens, Greece	
	Willemien Aardenburg	Netherlands		Marina DiGiacomo	Argentina
	Carina Benninga	Netherlands		Maacha van der Vaart	Netherlands
	Ingrid Wolf	Netherlands			

ODU SPORTS HALL OF FAME



DONNA DOYLE SMITH

Donna Doyle Smith was a leader on and off the playing fields and courts starring in three sports as a student. She became her college's first woman physical education graduate and later helped establish the first scholarship fund for women athletes at Old Dominion University. A star on campus in basketball, field hockey, and tennis, the dean's list student became the namesake for the first athletic scholarship fund for women at ODU in 1975. Named the most outstanding female athlete at the Norfolk Division of William and Mary (now ODU) in

1955, she became this school's first woman physical educator graduate in 1958. The Donna Doyle Athletic Scholarship Fund provides scholarship support to female athletes in women's sports at the university.

INDUCTED 1980



JEAN WHITEHURST

An all-state basketball forward and an all-tournament field hockey player, Jean Whitehurst has made substantial contributions to the university and its athletic program since graduating with a BS degree in Medical Technology in 1956. Whitehurst received the Distinguished Alumni Award in 1980 after serving on the Alumni Association board of directors for 20 years. An eight-year member of the Old Dominion University Intercollegiate Foundation board, she chaired the Donna Doyle committee for five years that has raised more than \$100,000

for women's sports scholarships.

INDUCTED 1984

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YOGI HIGHTOWER

Yolanda "Yogi" Hightower was a vital part of Old Dominion University's rise as a national power in women's field hockey. During her four seasons at ODU, Hightower earned All-American honors twice and was a two-time member of the NCAA All-Tournament squad. The Virginia Beach, VA, native completed her career with 62 career points, which ranks her fifth on the all-time scoring list at ODU. She had 48 career assists which places her third on the ODU all-time list. Hightower's field hockey career didn't stop after her ODU playing days were over.

Yogi was a member of the United States national field hockey team. She competed in the 1987 Pan American Games, was an alternate on the 1984 U.S. Olympic team and was one of seven former Lady Monarchs to represent ODU in the 1988 summer games. Hightower earned her degree in health and physical education and has served as an assistant coach at ODU for field hockey and lacrosse.

INDUCTED 1989



CHRISTY MORGAN

Christy Morgan is the only three-time All-American in ODU field hockey history, and is the only field hockey player in NCAA history to earn a spot on the all-tournament team four times. Morgan earned the sports top honor in 1985 as she was awarded the Broderick Cup, as being the nation's top female collegiate athlete. During her four years, ODU won three consecutive NCAA national Championships from 1981-84. Morgan completed her career as ODU's all-time leading scorer with 86 career goals and 133 career points. She is also the school's fifth all-time assist leader with 47. During her career at

ODU, Morgan was a member of the World Cup team, an alternate on the 1984 United States Olympic squad and later a member of the 1988 United States Olympic team. Morgan graduated in 1985 from Old Dominion University with a degree in Health and Physical Education.

INDUCTED 1990



DIANE BRACALENTE

One of the main cogs of the most awesome collegiate field hockey teams ever assembled, Bracalente twice earned All-America honors. During her four years as a Lady Monarch, Old Dominion compiled a 75-4-2 record. This included three NCAA national championships and one third place finish. In 1984 she co-captained the 23-0 team with fellow Hall of Famer Christy Morgan. That squad outscored their opponents 127-10, outshot them 625-135 and registered 15 shutouts. The Quakertown, Pa., native competed in field hockey on the national and international level, including the Olympic Festival. In

1988 she was one of four Lady Monarchs to represent the United States in the Olympic Games in Seoul, Korea. Bracalente earned her degree in sports management.

INDUCTED 1991



CHERYL VAN KUREN

An Olympian and All-American, Cheryl Van Kuren was an outstanding field hockey player at Old Dominion from 1982-85. She is Old Dominion's second all-time career assist leader with 61. Van Kuren helped anchor the Lady Monarchs as they amassed an 82-9 record with three NCAA championships and one runner-up finish. Van Kuren was a two-time All-American selection and was selected to the NCAA All-Tournament team in 1985.

In addition to the 61 assists, she scored 18 goals and compiled 79 career points which ranks her fifth on Old Dominion's all-time point list. During the 1984 season she assisted on 37 goals and set an Old Dominion and NCAA Tournament record with six assists in one game against Virginia on Nov. 11, 1984. Van Kuren competed on the national and international level in field hockey as an undergraduate. She participated in the Olympic Sports Festivals, on the U.S. National team and in 1988 she competed in the summer Olympic Games in Seoul, Korea for the United States. The Coopersburg, Pa., native graduated with a bachelor's degree in sports medicine and earned a Master's degree in exercise science and wellness.

INDUCTED 1991



DAWN HILL

Dawn Hill was a four-year letterwinner and part of a dynasty which won three NCAA Field Hockey National Championships. Hill helped lead the Lady Monarchs to NCAA titles in 1982, 1983, 1984 and was the teams leading scorer with 29 goals in 1985 as ODU took second in the NCAA Championships. That season, Hill established an NCAA record with six goals in four tournament games. Hill completed her four-year career at Old Dominion with 45 goals, seven assists and 52 total points. She ranks seventh in career goals and ninth in career points. In 1985 Hill was named first-team All-American,

First-Team All South Region and was named to the NCAA All-Tournament squad. She also competed in the United States Olympic Festivals in field hockey. The native of New Castle, DE graduated in 1986 with a degree in Health and Physical Education.

INDUCTED 1992



CATHY LARGE

Cathy Large was an outstanding athlete in both field hockey and lacrosse. She was a first team All-American in field hockey and was a member of the 1984 NCAA National Championship team. She completed her field hockey career with 24 goals, 49 assists, and 73 total points. She ranks sixth in assists all-time and ninth all-time in points at Old Dominion. Large was the Alumni Association's Female Athlete-of-the-Year both as a junior in 1987 and senior in 1988.

INDUCTED 1993



JILL FISHER

Jill Fisher was a two-sport star in both field hockey and lacrosse at Old Dominion. She co-captained the 1988 NCAA field hockey national championship squad that went 26-1. Fisher earned First Team All-American honors as a senior and honorable mention All-American honors as a junior. She compiled 70 career goals, 25 career assists, and 95 career points. Fisher also competed in three Olympic Sports Festivals, along with the U.S. National team and the Under-21 field hockey team. She graduated with a degree in biology in 1989.

INDUCTED 1994

ODU SPORTS HALL OF FAME



JACKIE GRADY

Jackie Grady was a two-sport standout in both field hockey and lacrosse at Old Dominion, and served as a captain for both teams. She was a two-time field hockey All-American in the fall of 1985 and 1986, and was named to the 1985 NCAA All-Tournament squad. Grady played on two NCAA national championship field hockey teams in 1983 and in 1984. In all, Grady helped lead the Lady Monarchs to a 80-10-2 record during her four seasons. The native of Drexel Hill, Pa., completed her career at Old Dominion as the school's sixth all-time goal scorer with 50, seventh all-time assist leader with 38 and fifth all-time points leader with 88. Grady graduated in 1988 with a degree in health and physical education.

INDUCTED 1995



KATHY FOSINA MUSTAIN

When Kathy Fosina completed her career in the fall of 1991, she had the lowest goals against career average in NCAA history at 0.48 and 71 career shutouts. In all, she was a part of three NCAA National Championship squads in 1988, 90 and 1991. The 1991 team allowed only ten goals and went 26-0 on the season. In 1990, Fosina did not allow a goal in the three NCAA Tournament matches and was a member of the 1990 USA National Field Hockey squad. In 1989, she was named to the NCAA Championship All-Tournament team. During her four years at Old Dominion the Lady Monarchs compiled a 99-5-1 record and won their last 36 matches. Fosina was the first Old Dominion student athlete to receive the NCAA Women's Enhancement Program Post Graduate scholarship. She was a three-time Academic All-State selection and in 1992 was selected to the GTE/CoSIDA Academic All-District squad. The Virginia Beach, Va., native graduated from Old Dominion in 1992 with a degree in health and physical education.

INDUCTED 1989



PAM NEISS

Pam Neiss was a two time All-American and member of three NCAA National Championship teams. During the four years, the Lady Monarchs compiled a 99-5-1 record, which included winning the last 36 matches. Neiss completed her career with 80 career assists, 22 goals and 102 career points. She ranked third all-time in NCAA history in career assists, after graduation. Neiss earned All-American honors in 1990 and 1991. She also earned All-CAA in 1991, All-South Region honors in 1990 and 1991 and was named to the NCAA All-Tournament team in 1990 and 1991. Neiss was the first Lady Monarch field hockey player to achieve First Team GTE/CoSIDA Academic All-American honors in 1991. She was also a member of the U.S. National Field Hockey squad while at Old Dominion. The Lancaster, Pa. native graduated with a degree in health and physical education.

INDUCTED 1998



CAROLYN SARR

Carolyn Sarr helped lead the Lady Monarchs to two straight NCAA National Championship field hockey appearances in 1988 and 1989. The Granby, Ct. native was a first team All-American and All-South Regional selection in 1989 at the midfield position.

In four seasons, her teams posted a stellar 85-10 record. Her 45 assists in 1989 was the second best in school history. She completed her career with 66 career assists, 76 total points and ten goals. Sarr ranks fifth all-time at Old Dominion in assists. Not just a standout in field hockey, Sarr excelled in lacrosse, lettering in the sport three times. Her leadership qualities earned her captain spots on both, the field hockey and lacrosse teams.

Sarr graduated in 1990 with a degree in elementary education.

INDUCTED 2000



ROBIN SMITH

Robin Smith was an integral part in the Lady Monarchs field hockey dominance in the early 1990's. She helped lead Old Dominion to three straight NCAA National Championships and was a three-time NCAA All-Tournament selection in 1990, 1991 and 1992. During her four years at Old Dominion, the Lady Monarchs compiled a 98-4-1 record, and two undefeated seasons. A two-time All-American, Smith was a member of the United States National field hockey team from 1990 to 1992, and played on the 12th ranked 1990 World Cup team and the 1991 bronze medal team at the Pan American games. The three-time All-South Region pick completed her career with 66 goals, 18 assists for 150 points. Smith graduated with a degree in business management.

INDUCTED 2001



MAAIKE HILBRAND

Maaik Hilbrand from Amstelveen, Holland was one of the most dominant field hockey players in Lady Monarchs history. She earned All-American honors both on and off the field, leading the Lady Monarchs to three NCAA National Championships. She completed her career with 167 career goals which places her second all-time nationally with Marina DiGiacomo, also from Old Dominion. Her 372 career points places her third all-time in NCAA history. Hilbrand led the nation in goals scored and total points all four years she competed. Maaik earned first team All-American honors in 1991 and 1992 and was a Second Team GTE/CoSIDA Academic All-American selection. She graduated with a degree in marketing in 1993.

INDUCTED 2002



KELLI JAMES

Kelli James was a two-time All-American field hockey player, leading Old Dominion to NCAA national championships in 1988, 1990, and 1992. In 1992, James became one of an impressive list of Lady Monarch field hockey players to win the coveted Honda Award as the nation's top player in her sport leading the nation in scoring with 131 points and 59 assists. She completed her career with 65 career goals, 66 career assists, and 198 career points. James earned first team All-American honors in 1990 and 1992. She also earned All-CAA honors in 1992. James was a four-time All-South Region selection and was a 1990 and 1992 NCAA All-Tournament selection. James was a member of the 1996 U.S. Olympic field hockey team which competed in the Atlanta Games. She served as vice-captain for the USA field hockey squad at the 1998 World Cup, and tied for the team scoring lead for team USA in the 1999 Pan American games. The Medford, NJ native graduated with a degree in marketing education in 1992.

INDUCTED 2003



SAMANTHA SALVIA

Samantha Salvia became Old Dominion University's first Rhodes Scholar and was a finalist for the NCAA Women's of the Year Award. On the field she was a member of the US under-21 National Field Hockey squad. Salvia was a first team All-CAA selection three straight years, an All-South Region pick in 1994 and 1995, and a third team All-American in 1995. She was also selected as a First Team CoSIDA Academic All-American and as a senior, Salvia ranked fourth nationally in assists. She helped guide the Lady Monarchs to four straight NCAA Tournaments. Salvia, a Norristown, PA native, graduated in 1996 with a perfect 4.0 grade point average in Civil Environmental Engineering. She then graduated from Oxford in England in 1998 with a B.A. in Philosophy, Politics, and Economics and earned an M.S. degree in Environmental Fluid Mechanics from Stanford University in 2000.

INDUCTED 2004

OLD DOMINION UNIVERSITY



(Above) Rollins Hall overlooks the Williamsburg Lawn portion of campus.



(Left) The Ted Constant Convocation Center.

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Old Dominion University opened its doors 74 years ago in an abandoned public school building with 206 students as the Norfolk Division of the College of William and Mary, and became an independent institution in 1962. Today, the University enrolls more than 20,000 students, including approximately 6,500 graduate students. Its 188-acre Norfolk campus is the primary hub of activity, along with four additional higher education centers (Virginia Beach Center, Peninsula Center, Tri-Cities Center and Northern Virginia Center).

Old Dominion is a versatile university, committed to its students, their education, personal development and overall success. The University offers 66 bachelor's degrees, 67 master's degrees, two education specialist degrees and 24 doctoral degrees, and consists of six colleges: Arts and Letters, Business and Public Administration, Education, Engineering and Technology, Health Sciences, and Sciences.

Students who live on campus may choose residence hall or apartment-style living. The attractive Webb University Center provides a food court, video arcade, lounge areas and other shops to serve the student body.

Old Dominion is one of Virginia's leading Ph.D. research institutions. The total value of its

research activity is about \$50 million annually. The University contributes approximately \$600 million a year to the Hampton Roads economy and provides the community with a variety of programs and services, including the Bank of America Entrepreneurial Center, Technology Applications Center and Military Career Transition Program. A leader in space-related research, Old Dominion ranks first in the state in funding from NASA for research projects. The University operates one of the largest wind tunnels in the world at NASA's Langley Research Center, and its Oceanography, Nuclear Physics, and Modeling and Simulation programs are among the best in the nation.

The University Village, a 75-acre development along the east side of Hampton Boulevard, is yet another economic spark for the region. The 8,600-seat Ted Constant Convocation Center, which opened in fall 2002, is the centerpiece of the project. The Village also currently includes 270 modern apartment units for students. Plans call for the addition of a hotel and parking garage, a variety of restaurants, a shopping center with a large grocery store and research facilities.

In the classroom, Old Dominion students continue to earn high marks. Former student-athlete and 1996 graduate Samantha Salvia became

the University's first Rhodes Scholar.

An international leader in delivering interactive instructional television, the University operates TELETECHNET, a distance learning system that offers students an opportunity to earn one of 17 baccalaureate or eight master's degrees without leaving their area of residence. Since its inception in 1992, TELETECHNET has exceeded growth projections and is the largest televised, interactive distance learning program of its kind in the United States.

Old Dominion is also well known for its international focus in both its curricula and student population. More than 1,100 international students from 100 countries are enrolled at the University.

The University also contributes to the cultural life of Hampton Roads by presenting music and dance concerts, art exhibits, and annual literary and film and video festivals. In addition, the President's Lecture Series brings a variety of nationally known speakers to campus each year.

The University is located about 200 miles south of Washington, D.C., and is but a short drive to Virginia Beach and the Outer Banks of North Carolina.

ADMINISTRATION

Dr. Roseann Runte UNIVERSITY PRESIDENT



Dr. Roseann Runte became the seventh president of Old Dominion University in the summer of 2001. Runte, who has 21 years of experience as a professor and academic administrator, became only the third woman to head a four-year college or university in Virginia. Runte previously served as president of Victoria University in Toronto, principal of Glendon College (York University), president of Université Sainte-Anne in Nova Scotia and assistant dean of arts and science at Dalhousie University. She is an associate to the Council of the Royal College of Physicians and Surgeons of Canada, a board member of the National Bank of Canada and a member of the executive committee of the Club of Rome. Runte has served as president of the Canadian Commission for UNESCO for two terms, as president of the Humanities Federation of Canada, as a member of the advisory board of the National Library, as founding president of ACFAS-Toronto, as a board member for the Art Gallery of

Nova Scotia and of the board of

Associated Medical Services, as chair of the board of the Foundation for International Training, and as vice chair of the board of the Gardiner Museum of Ceramic Art. The author of five volumes of creative writing, she has edited nine books and has written more than 100 articles and book chapters on topics ranging from literature and education to economic and cultural development. Runte has a Ph.D. in French from the University of Kansas and has received honorary degrees from Acadia University, Memorial University and the universities of Timisoara and Arad in Romania. She received the prix François Coppée from the Académie française as well as the Palmes Académiques and the Order of Merit from the French government, the Order of Canada, the Queen Elizabeth Jubilee medal, and is a Fellow of the Royal Society of Canada and of the World Academy of Arts and Sciences.



Dr. Jim Jarrett ATHLETIC DIRECTOR



When Jim Jarrett arrived on the campus of Old Dominion University in the fall of 1967 as a Health and Physical Education professor, he had little idea that his tenure would be counted in decades. During that time span, he has led the program from a well respected NCAA Division II member to a nationally respected Division I power that has captured 25 national championships.

Jarrett began his 34th year as athletic director in 2004, taking over the reigns in 1970 when Bud Metheny stepped down from that position. As one of the youngest athletic directors in the nation at that time, Jarrett quickly began to make a name for himself and ODU. He committed early on to a philosophy of "selective excellence," whereby the department "selected" its competitive sports and committed itself financially, academically and competitively to the sports it felt the University could best excel.

In 1974, Jarrett became the first athletic director in the state of Virginia to award grant-in-aids to women student-athletes. It was a bold move at the time for a young athletic director and equally young University, but one that paid great dividends. Just five years later, in 1979, the Lady Monarchs won the first of three national championships in women's basketball, and led the nation in attendance.

Under his leadership, the department's athletic venues have tripled and are considered state of the art facilities. They include the construction of the 2,500-seat Bud Metheny Baseball Complex in 1983, the Sailing Center in 1981, the Outdoor Tennis Complex which has been expanded to 15 lighted courts and a championship court with seating for 1,000-plus, the 4,000-seat ODU Soccer Stadium in 1990, renovations to Foreman Field, which included Astro-Turf and new locker room facilities, and the planning and construction of the 8,500 seat Constant Convocation Center.

For all his efforts, Jarrett's has been honored many times by national and local groups. Most recently, Jarrett was named the 2003 Southeast Regional Athletic Director of the Year by NACDA. Other awards he's received include the Collegiate Director's Award from the Women's Basketball Coaches Association, and the Norfolk Sports Club Man of the Year. He served as a member of the NCAA Women's Basketball Committee and is a past president of the Colonial Athletic Association and the Virginia Sports Hall of Fame.

An avid golfer and tennis player, Jarrett and his wife Sugie reside in Norfolk.



ATHLETIC DIRECTORY

(757 Area Code)

President:	Dr. Roseann Runte.....	683-3159
Athletic Director:	Dr. Jim Jarrett	683-3369
Senior Associate Athletic Director:	Deb Polca	683-3358
Associate Athletic Director:	Debbie H. Byrne	683-3359
Assistant A.D./Finance:	Mark Brown	683-3569
Assistant A.D./Event Management:	Greg Smith	683-6026
Compliance Coordinator:	Jeff Wilson	683-5474
Sports Information Director:	Carol R. Hudson, Jr.	683-3372
Asst. Sports Information Director:	Kimberly Zivkovich	683-3372
Director of Athletic Publications:	Tina Price	683-3372
Asst. Athletic Ticket Manager:	Scott Lowery	683-4444
Athletic Camp Director:	Mindi Seidel-Adler	683-4358
Dir. of Sales & Corp. Sponsorships:	Chuck Gray	683-3372
Dir. of Game Atmosphere & Student Att.:	David Weissner	683-3372
Academic Counselor:	Tianna Scott	683-3699
Asst. Academic Advisor:	April Brecht	683-3709
Equipment Room Manager:	Andrea Allen	683-3371
Head Athletic Trainer:	Marty Bradley	683-3383
Asst. Athletic Trainer:	Scott Johnson	683-3397
Asst. Athletic Trainer:	TBA	683-5444
Director of Recreational Sports:	Dr. Kevin Marbury	683-3384
Athletic Faculty Representative:	Dr. Janis Sanchez-Hucles	683-4995
Baseball Coach:	Jerry Meyers	683-4360
Men's Basketball Coach:	Blaine Taylor	683-3362
Women's Basketball Coach:	Wendy Larry	683-3401
Field Hockey Coach:	Beth Anders	683-3785
Golf Coach:	Dr. Murray Rudisill	683-3300
Women's Golf Coach:	Pat Kotten	683-4553
Lacrosse Coach (W):	Sue Stahl	683-4541
Sailing Coach (M&W):	Mitch Brindley	683-3387
Men's Soccer Coach:	Alan Dawson	683-4360
Women's Soccer Coach:	Joe Pereira	683-5343
Swimming Coach (M&W):	Carol Withus	683-5752
Tennis Coach (M&W):	Darryl Cummings	683-5312
Wrestling Coach:	Steve Martin	683-5311
Strength & Conditioning Coach:	Andy Zucker	683-5313

FOREMAN FIELD - "HOME OF THE LADY MONARCHS"

DESIGNED in a Georgian architectural style and constructed entirely of brick that matches nearby Rollins Hall and the walkways of the Williamsburg Lawn, Foreman Field serves as the home of the Lady Monarch field hockey program.

Built in 1936 with state and federal funds provided during the Great Depression, Foreman Field was named after Norfolk attorney A.H. Foreman, a member of William and Mary's board of visitors and one of the founders of the Norfolk Division of William and Mary, which later became Old Dominion University. Originally intended as the home of the Norfolk Division football program, it found new life as the home to other college and community sports programs when football was dropped in 1941.

The 20,000-seat stadium was completely renovated in 1981, when AstroTurf replaced the grass playing surface, and new bleachers, locker rooms, press boxes, concession stands, and lights were added at a cost of \$3.2 million.

Field hockey was played at Foreman Field for the first time in 1974, when the field was shared with men's soccer. Currently, field hockey and lacrosse are the only varsity sports to compete at Foreman Field.

The field hockey locker room is located under the east stands of Foreman Field, and provides the Lady Monarchs with a modern and spacious place to prepare for games and practices. Offices for Head Coach Beth Anders and Assistant Coach Sue Myers are also located in the locker room complex.

The locker room features separate lockers for each player, equipment storage, and a team meeting area in the center of the locker room.



THE NCAA - KNOW THE RULES TO PLAY

So you were born ready to play in the NCAA? You're one of the top freshmen recruits in the nation. You're ready to rock, to dominate your competitors, to grab the headlines...to plan for the pros...

Hold on, superstar, your ninth-grade math class was not one of the 13 core courses required by the NCAA. You're a nonqualifier and cannot practice or compete during your freshman year.

Don't find yourself in the title role of this sad story. If you wanna play, know the rules.

You're already taking the right steps — you're reading this feature. Call the NCAA hotline at 1-800-638-3731. Register with the NCAA Initial-Eligibility Clearinghouse. Ask questions. The rules can be complex, so ask your school counselors and the NCAA for help.

The regulations are in place for a reason. Did you know the odds of a high school football player making it to the pros are about 1,000 to 1; the odds for a high school basketball player are 10,000 to 3? Take a hard look at those numbers and think about what will matter in the long run — a college education.

Arrive at college ready to compete in the classroom as well as on the playing field. Study as hard as you practice. And don't wait to get started. If you wait until your senior year, it may be too late to reach the required grade-point average or to enroll for the right kinds of courses.

If you want to play at the NCAA Division I level, make sure you qualify academically so you can participate athletically. Challenge yourself, because we all want you to succeed.

Core Courses

To play sports as a freshman in NCAA Division I, you must meet specific standards. You must graduate from high school and make at least a 2.000 grade point

average based on a 4,000 scale in 13 core academic courses.

NCAA Div. I Core Academic Course Requirements

- * Four years of English
- * Two years of math (one year of algebra and one year of geometry or one year of a higher-level mathematics course for which geometry is a prerequisite).
- * Two years of social science
- * Two years of natural or physical science (including one lab course if offered by your high school)
- * One year of an additional course in English, math, or natural or physical science
- * Two additional years of academic courses in any of the above areas or in foreign language, computer science, philosophy, or comparative religion

Steps to Success
Read: It's never too early for student-athletes to start planning for college. Call the NCAA's Wanna Play? Know the Rules hotline at 1-800-638-3731 to hear recorded information that will help you find out if you are on track to meet academic and core-course requirements. Use the number to order free copies of the NCAA Guide for the College-Bound Student-Athlete. This material will walk you through the academic standards, Initial-Eligibility Clearinghouse, financial aid, recruiting rules, and other issues.

Register: If you want to participate in Division I sports in college, then you must register with the NCAA's Initial-Eligibility Clearinghouse. Ask your guidance counselor for registration forms or call the hotline to ask for copies. Student-athletes should start the certification process when they are juniors in high school.

Also, register to take the ACT or SAT as a junior. Submit your Student Release Form to the Clearinghouse by the beginning of your senior year. Confused about registering? Ask questions of your coaches, your counselors, or call the hotline.

NCAA Div. I Grade and Test Score Requirements

Since the fall of 1996, a student-athlete wishing to play at the Division I level would need to use the following sliding scale to determine what SAT or ACT score is needed to practice, compete, and receive athletic scholarships as a freshman. The higher the GPA, the lower the test score required:

Core GPA	TEST SCORES	
	SAT (Old System)	SAT (New System)
2.500+	700	820
2.475	710	830
2.450	720	840-850
2.400	740	860
2.375	750	870
2.350	760	880
2.325	770	890
2.300	780	900
2.275	790	910
2.250	800	920
2.225	810	930
2.200	820	940
2.175	830	950
2.150	840	960
2.125	850	960
2.100	860	970
2.075	870	980
2.050	880	990
2.025	890	1000
2.000	900	1010

*Requirements/rules are subject to change according to NCAA legislation.