Name of School: Old Dominion University
City, Zip: Norfolk, Va. 23529-0201
Founded: 1930 (as the Norfolk Division of the College of William & Mary)
Enrollment: 23,833
Nickname: Lady Monarchs
School Colors: Slate Blue, Sky Blue & Silver
Home Field: Powhatan Sports Complex (field turf)
Capacity: 1,500
Affiliation: NCAA Division I
Conference: Colonial Athletic Association
President: John R. Broderick
Athletic Director: Dr. Jim Jarrett
Office Phone: (757) 683-3369
Athletic Department Phone: (757) 683-3375
Athletic Ticket Office: (757) 683-4444

2009 Record: 11-5
2009 Conference Record: 5-2
2009 Post Season: Lost in CAA Semifinals
Letterwinners Returning/Lost: 20/9
Newcomers: 7

Top Returning Players
Name: Ashley Kellogg Pos: MF Cl: Sr. G: 45 A: 54 Pts: 54 GB: 12 CT: 6

Key Losses:

Sports Information
Sports Information Director: Carol Hudson, Jr.
Associate Director: Kim Zivkovich
Assistant Director (LAX Contact): Dustin Semonavick
Assistant Director: Rob Silsbee
SID Office Phone: (757) 683-5581
SID Fax: (757) 683-3119
Semonavick Cell Phone: (757) 544-8393
Semonavick Email: dsemonav@odu.edu
ODU Website: www.odusports.com
SID Address: Athletic Admin. Bldg. Rm. 1102, Norfolk, VA 23529

Coaching Staff
Head Coach: Sue Stahl (Ursinus ’66)
Career Record: 135-161/19 seasons
Record at ODU: 135-161/19 seasons
Assistant Coach: Heather Holt (Old Dominion ’95)
Office Phone: (757) 683-4541

2010 Schedule
March 6 at American 1:00 pm
March 10 RICHMOND 4:00 pm
March 20 SAINT JOSEPH’S 12:00 pm
March 24 at Longwood 7:00 pm
March 27 VIRGINIA TECH 1:00 pm
March 31 at Virginia 7:00 pm
April 2 LOUISVILLE 4:00 pm
April 4 NORTH CAROLINA 1:00 pm
April 9 at Drexel* 4:00 pm
April 11 at Hofstra* 1:00 pm
April 16 TOWSON* 7:00 pm
April 18 DELAWARE* 1:00 pm
April 23 JAMES MADISON* 7:00 pm
April 25 at George Mason* 1:00 pm
April 29 at William & Mary* 7:00 pm
May 6-May 8 CAA TOURNAMENT TBA